



Food Supports
Partnerships:
Adelante Mujeres,
Zenger Farm, Project
Access NOW, &
CareOregon

Health Related Services Convening
2021





AGENDA

- Introduction of partner organizations
- Current state & services offered
- Member stories
- Partnership web
- Food resources
- Contact us





Introduction of Partners

Behind the Scenes with C3CAP



- Supports health system staff by procuring goods & services for low-income patients.
- Serves as third-party administrator.
- Offers customizable scope, workflows, data collection and reporting for health systems.
- In early 2020, C3CAP worked with CareOregon to add Zenger Farm and Adelante Mujeres to our vendor network and offer their food support programs to CareOregon members.



Behind the Scenes with CareOregon

- In 2020, CareOregon & Project Access NOW partnered to set up both Adelante Mujeres and Zenger Farm as approved vendors
- Food supports are auto-approved upon receipt
- Participating clinics submit a health-related services flex request for eligible members
- 37 families were supported in 2020:
 - Adelante Mujeres – 19 families (98 individuals)
 - CSA Partnerships for Health – 24 families

Health-Related Services Flexible Services Funding Request & KPlan Letter Request



Request Type

Date (mm/dd/yyyy): Urgent? Yes No

CCO:   

Request type:

Flex request K Plan letter Wraparound request Choice request

Is this a reimbursement request or a request for future funding?

Reimbursement Funding

Member Information

Last name: First name:

Member ID: DOB:

Street address:

Mailing address (if different from above):

Phone#:

Primary diagnosis (diagnosis must be accompanied by ICD-10 or DSM code):

Additional diagnoses:

Requesting Party Information

Organization name:

Name: Email:

Office fax: Office phone:

Adelante Mujeres' Produce Rx Program

- Began in 2014 as a pilot funded by grants
- In partnership with Virginia Garcia Memorial Health Clinic, the program was created to improve health outcomes for low-income patients who suffer from, or are at risk for, diet-related diseases
- Benefits the Latinx community, a population shown to be disproportionately affected by obesity, diabetes, risk of stroke, & other chronic illnesses
- 26 weeks of vouchers for produce/food purchases at the Forest Grove and Cornelius Farmers Markets
- \$6 per person x # of household members x 26 weeks = total \$ benefit

[Learn About Our Produce Rx Program](#)



CSA Partnerships for Health

- CSA: Community Supported Agriculture, a food production model where farmers provide a 'share' of their harvest to CSA 'members'
- Created in 2015 as a pilot, enrolling 25 patients at the Multnomah County Mid County Health Center with Zenger Farm providing produce
- Prioritizes partnerships with local small businesses, BIPOC & women farmers
- Clinic clients (aka CSA Members) receive a weekly share of produce, enough to feed 2 to 4 people, for 22 weeks (June through October)
- Delivery due to pandemic in 2020 and 2021
- Bob's Red Mill donates grains, legumes and other shelf-stable products that are included with CSA produce





Member Stories

How have the CSA Partnership or Produce Rx programs impacted your health?

Member Stories

“Hi, this is Queenie! I just wanted to say how grateful I am, first of all, to be part of this CSA. I enjoyed sharing with family members, I have some single family members in my neighborhood and certain things that I didn’t want to cook that I could give to them and they knew exactly what to do with them.

I think that it helped my mental state, incorporating more greens and veggies than I would normally probably do on my own, so it’s great to have that. I was able to feed a lot of the foods to both my dogs, they benefited as well as I did. I made a lot of soups, a lot of creative things and just threw everything kind of in a modge podge and made wonderful soup with just a water base. Nothing special, some spices, call it yummy!”

- CSA Partnerships for Health client



Queenie's Story

Member Stories

"Hi, I'm Launa, and I'm part of the CSA clientele. Fresh greens are amazing, the greens, everything about the CSA helps me control my diabetes. They are-- their newsletters help exchange recipes that I've never had before. I love being adventurous with food."

- *CSA Partnerships for Health client*



Launa's Story

Member Stories

“I love this program because...my blood sugar:

Before > 400

Today < 130 fasting”

- CSA Partnerships for Health client



Member Stories

“Produce Rx is more than just going to the doctor and hearing information. It’s having options and the power to make changes. Before, each week I would say ‘this week I’m going to change things and eat better,’ but I never knew how to really do it.”

“The doctor had told my husband that he was overweight and pre-diabetic. Now he lost 15 pounds. When we went to his checkup, the doctor was surprised and congratulated him.”

- *Produce Rx clients*



Member Stories

“I’m eating more fruits and vegetables. My pain is going away, and so is my anxiety.”

“With the fruits and vegetables, my son lost weight and so did I.”

“I don’t want to be taking medicine because I don’t want to harm other parts of my body. The doctor said that I don’t need the medicine anymore. With this kind of healthy life, I’m even saving money because I’m not buying medicine.”

- *Produce Rx clients*





What's Next?

Adelante Mujeres & CSA Partnerships for Health

- Support of CareOregon and other financial backers permits both programs to expand their client bases, serving more families
- The CSA Partnerships for Health program is expanding to also include winter shares, to avoid interruption of fresh & local veggies

CareOregon

- Exploring options to scale up & expand services in Portland Metro region & all CareOregon service areas
- Partnering with Portland State University to begin analyzing health outcomes for participants

Project Access NOW

- C3CAP has expanded access to funding for food support programs to Kaiser Health Plan & OHSU Health Services patients via Health Share of Oregon, and intends to continue broadening access to these programs for both new and existing health system partners



Food Supports Partners

Food Resources In Portland Metro Area

Oregon Food Bank's Food Finder:

- A searchable map, available in multiple languages:
 - Online: [OregonFoodFinder.org](https://oregonfoodfinder.org)
 - By phone at 503-505-7061, between 9am-5pm, Monday through Friday

Sunshine Division:

- Two locations offering food boxes most days of the week, and food box delivery (in partnership with Portland Police officers)
 - More information: [SunshineDivision.org](https://sunshinedivision.org)

211 Info:

- A large database of free (or very low cost) resources, including food for humans, pet food, and discounts connected to SNAP benefits.
 - Online: 211info.org or via email: help@211info.org
 - By phone at 211, via their free phone app, or text your zip code to 898211 (TXT211)

Double Up Food Bucks:

- Double your SNAP dollars at area Farmers Markets
 - Searchable map for participating markets: [DoubleUpOregon.org](https://doubleuporegon.org)

Contact us!

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