# 2020-21 Workplan

Oregon Consumer Advisory Council (OCAC)



Oregon Revised Statutes ORS 430.073

Oregon Administrative Rules beginning at OAR 309-011-0024



### **OCAC General Council**

### 2020-21 Workplan Primary Goals

#### **Expanding Effective OHA Support**

#### **OCAC** in Statute

- Increase Understanding of Scope and Leveraging Power
- Advise Revisions on:
  - Outreach Ability
  - Choosing Priorities
  - Supporting Underserved Populations

#### Awareness Campaign

- For: Public, Stakeholders, Vendor-Providers, CCOs
- **By**: Lived experience types, Peer Supporters, Advocates
- On: Recovery, Wellness, Trauma, Terminology, Program Types



### **OCAC General Council**

### 2020-21 Workplan Peripheral Goals

#### Strengthen & Expand OCA

(Office of Consumer Activities)

# Improve Real-time Collaboration Between OHA and OCAC

#### **Education for OCAC Members:**

- ➤ How Change Happens
- ➤ Implicit & Explicit Bias
- >Trauma Response

# Planting and Nurturing Seeds for Change



#### **Committee Workplans** – Primary & Peripheral Goals

•	Development	&	Membership	DEV	
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- Peer Support & Housing
   PSC
- Tools, Technology & Access
- Trauma Informed Systems
   TIS



# **Development** Committee

# 2020-21 Workplan Primary Goals

Peer-Delivered Services Media Kit Development Work

Community Outreach & Diversity

**Continued Membership Support** 



### Development Committee

#### 2020-21 Workplan Peripheral Goals

Continue Community File Share (e.g. via Google Drive) access, management, and leadership

#### Membership Process Improvements

- Direct Friendly Contact
- Revision of Materials
- Diversity Matrix

**OCAC History Project** 



# Peer Support Committee

### 2020-21 Workplan Primary Goals

Recommendation for Autonomous, Independent Peer Certification Body

Peer Supervision Recommendation & Implementation Plan

Peer Respite Initiative (All)

Recommend Non-Medicaid & Waiver
Funding for Peer-Operated Community
Based Peer Services such as for Crisis
Prevention, Peer-Run Respites
Practicum to extend



## Peer Support Committee

### 2020-21 Workplan Peripheral Goals

Alternative Modalities for Prevention; Peer Supporter Self-care; Early Intervention

TIS x-over

Professional Wage; Career Ladder → Use of Wage Studies

Infrastructure for Peer-led Professional Representation and Healthy Collaborative Peer Leadership

Recognize Peer Support Communities as a Culture of Validation & Self-assurance



# Trauma-Informed Systems Committee 2020-21 Workplan Primary Goals

Advise OHA on Response to Systematic Racial Oppression

Address same within OCAC

Recommend Alternative Modalities for Individualized Wellness Options (support practice-based evidence)

Promote Excellence and Recovery Fidelity in Evidence-Based Practices (and review being trauma informed)

Coercion in programs as the new "forced" regarding medications and other forms of treatment/eligibility criteria



# Trauma-Informed Systems Committee 2020-21 Workplan Peripheral Goals

**OCAC Involvement on Site Reviews** 

Involvement with OHA Trauma-Informed Approach Policies

Promote Awareness of Common Ground in Individualized & Practice-Based Evidence

Promote Trauma Recovery Care



### Tools, Technology & Access Committee

## 2020-21 Workplan Primary Goals

Bridging the Digital Divide for Access to Public BH Services

**Promote Peer Telehealth/Telesupport** > Pros and cons for online (in Policy Option Packages)

#### Advising on COVID-19 issues:

- Obstacles to be seen in person
- communications vs. in-person
- Address information security and privacy concerns



# Tools, Technology & Access Committee 2020-21 Workplan Peripheral Goals

Parity for OCAC Technology Tools with other OHA Advisory Groups

Pursue Zoom for OCAC public meetings

Equity & Accessibility of Forms, OCAC Meeting Processes, etc.

#### "A right delayed is a right denied" - MLK Jr.

