



Uprise Health
Employee Assistance Program Rates
2022-23 Plan Year



Employer Paid Plans	
Plan Options	EAP Services (Per Employee/Per Month)
1-6 Counseling Visits including four weeks of digital behavioral health coaching	\$0.90

Employer Paid Worksite Services	
Plan Options	Worksite Services
Worksite Services Purchased during EE Plan Management*	\$225 per hour
Worksite Services Purchased after EE Plan Management*	\$250 per hour
Individual Resiliency Coaching**	\$995 per case

* Worksite services are not included in the per employee/per month cost and must be purchased separately. Discount applies if purchased during EE Plan Management.

** 8-10 individual coaching sessions provided over a 4-6 month time frame. Purchase as needed - no discount available.