

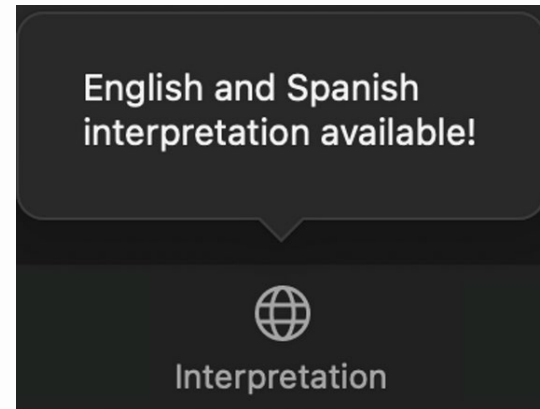


Healthier Together Oregon

HTO in Action: Healthy Youth
January 12th, 10:00 – 11:30 pm

Health
Oregon
Authority

Closed Captioning & Interpretation



Tribal lands acknowledgment

We acknowledge that what we now call Oregon is the ancestral lands of many Tribes, those now federally recognized and not.

We are here because this land was occupied, and its traditional people were displaced by colonists and settlers. As settlers and/or guests, we recognize the strong and diverse Native communities in our region today, from Tribes both local and distant, and offer respect and gratitude for their stewardship of these lands throughout the generations.

Learn about Oregon's tribes here: <https://native-land.ca/>

OHA Acknowledgements

- OHA acknowledges there are institutional, systemic and structural barriers that perpetuate inequity and have silenced the voices of communities over time.
- OHA is committed to partnerships, co-creation and co-ownership of solutions with communities disproportionately affected by health issues so they can actively participate in planning, implementing and evaluating efforts to address health issues.
- OHA recognizes community-engaged health improvement is a long-term and dynamic process.
- OHA is striving to engage with communities through deliberate, structured, emerging and best practice processes.
- OHA is striving to make engagement with public health effective for communities, especially those communities that experience institutional, systemic and structural barriers.

Purpose of “HTO in Action” events

Advance health equity through increased coordination and alignment of health improvement planning and implementation

Overview of HTO strategies and potential activities, by implementation area

Connect with others across the state doing similar work to identify next steps

Showcase examples of work in progress

Agenda

Overview of Healthy
Youth
implementation area

Examples of HTO in
action

Moving forward
together –
Breakout rooms for
relationship building
and dialogue

Implementation Framework



Priority Populations

Priority populations for Healthier Together Oregon

- Black, Indigenous, people of color, and American Indian/Alaska Native people (BIPOC-AI/AN)
- People with low-income
- People with disabilities
- People living in rural areas of the state
- People who identify as lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ+)
- Immigrants and refugees

Implementation Areas



Equity and
Justice



Healthy
Communities



Housing and
Food



Behavioral
Health



Healthy Families



Healthy Youth



Workforce
Development



Technology and
Health

Strategies and activities

End school related disparities for BIPOC-AI/AN children and youth through teacher training, monitoring of data and follow-up with teachers, administrators and schools.

Example activities

- *Implement ODE's Equity Strategic Plan*
- *Hiring of district level equity directors*
- *Implement:*
 - *American Indian/ Alaskan Native Student Success Plan*
 - *LGBTQ2SIA+ Student Success Plan*
 - *African American/Black Student Success Plan*

Strategies and activities

Increase use of mediation and restorative justice in schools to address conflict, bullying and racial harassment.

Example activities:

- *Social emotional learning*
- *Application of the Whole School, Whole Community, Whole Child framework*
- *Use of restorative justice as an alternative to traditional suspension and expulsion techniques*
- *Trauma informed schools*

Strategies and activities

Ensure all school districts are implementing K-12 comprehensive health education according to law.

Example activity:

- *Ensure school districts are in compliance with state standards.*

Strategies and activities

Expand recommended preventive health related screenings and interventions in schools.

Example activities:

- *Expand currently offered screenings (blood pressure hearing, vision, dental, height, weight and, posture) to include mental health, social determinants and other chronic medical conditions.*
- *Consider use of mobile clinics, and opportunities to outreach to home-schooled or out of school students.*
- *Expand school health service models (e.g. School Nurse Pilot Program, School Based Health Centers, telehealth)*

Strategies and activities

Increase access to dental care that is offered in schools, such as dental sealants and fluoride varnish.

Example activities:

- *Utilizing mid-level dental provider.*
- *Consider use of mobile clinics, and opportunities to outreach to home-schooled or out of school students.*

Strategies and activities

Provide culturally and linguistically responsive, trauma informed, multi-tiered behavioral health services and supports to all children and families.

Example activities:

- *Use two generation approaches.*
- *Screening for mental health conditions in early education system.*
- *Consider needs of BIPOC- Tribal youth, LGBTQ+ youth, and youth with special health care needs*
- *Incorporate role of school nurses*
- *Incorporate special education (IDD) needs with mental health*
- *Incorporate Community Health Workers into the school community*

Our favorite resources

- [Oregon's Student Health Survey](#)
- [Sexual Violence Prevention Resource Map](#)
- [Restorative Justice Coalition of Oregon](#)
- [Oregon Black Student Success Community Network](#)
- [DACAmented/Undocumented Toolkit](#)
- [African American/Black Student Success Plan](#)
- [Oregon Educator Equity Reports](#)
- [Trauma Informed Oregon](#)
- [Oregon Alliance to Prevent Suicide](#)
- [Tribal History/Shared History](#)
- [School Based Health Centers](#)
- [Raise up Oregon](#)

HTO in Action



University Center for Excellence in Developmental Disabilities

UCEDD: Who we are and what we do

DATE: January 12th, 2022

PRESENTED BY: Angie Stapleton M.P.A & Rachel Benson, MSW



OHSU's UCEDD

- One of 67 UCEDD's in the country
- 50 years at OHSU
- Our mission: Working to improve the health and quality of life for people with disabilities and their families.



Four Main Functions

- Education
- Research and Evaluation
- Community Service
- Information Sharing



Examples of youth related work:

- Summer Internship Program
- Advocacy and Building Community (ABC) Program
- Adolescent Transition Clinic
- Personal Responsibility Education Program (PREP)

The Friendships and Dating Program



The project and our partners



University Center for Excellence in
Developmental Disabilities



TRANSITION TECHNICAL
ASSISTANCE NETWORK



UAA Center for
Human Development
UNIVERSITY of ALASKA ANCHORAGE

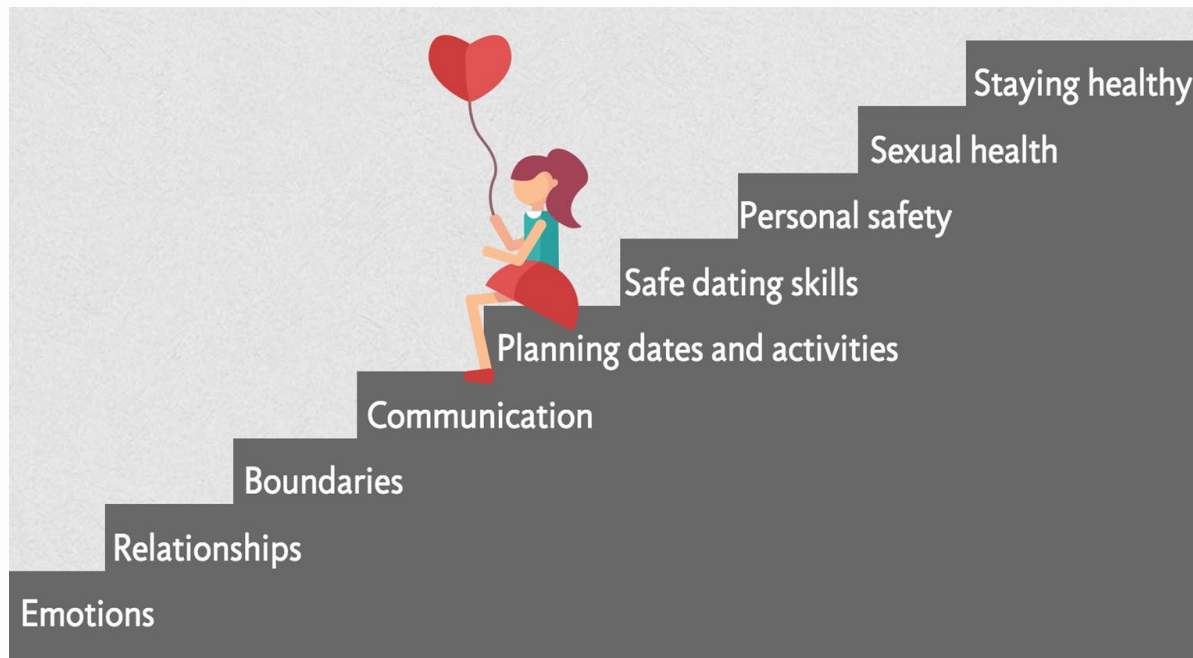


Sexual Health Equity for Individuals with Intellectual
and Developmental Disabilities (SHEIDD)

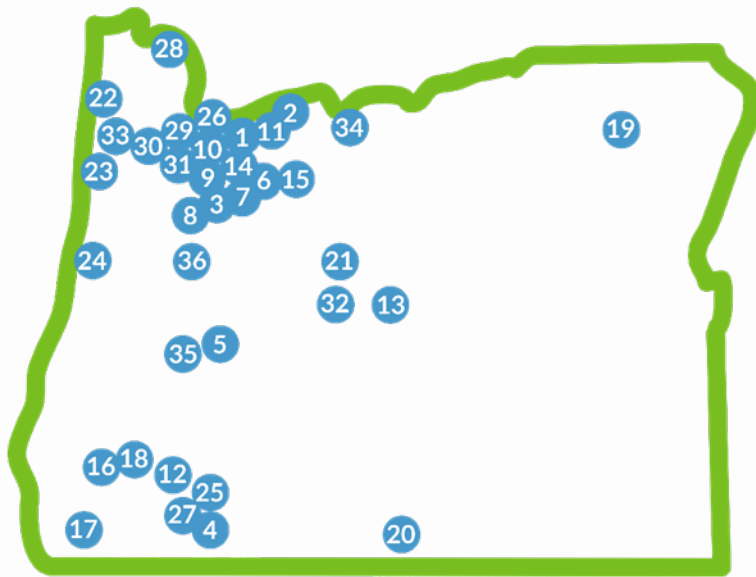
Growing connection, coordination and support



Curriculum overview



Oregon project overview



- 4 trainings
- 33 transition programs
- 2-3 facilitators per program
- 78 transition teachers/staff trained
- Approx. 200 students



Questions?

Please contact:

Angie Stapleton stapleta@ohsu.edu

Rachel Benson benzonra@ohsu.edu

Resources

- CDRC Lifespan Transition Clinic: <https://www.ohsu.edu/university-center-excellence-development-disability/lifespan-transition-clinic>
- Summer Internship Program: <https://www.ohsu.edu/university-center-excellence-development-disability/summer-internship-program>
- ABC Program: <https://www.ohsu.edu/university-center-excellence-development-disability/advocacy-and-building-community-program>
- PREP Program: <https://www.ohsu.edu/university-center-excellence-development-disability/oregon-friendships-and-dating-program>

HTO in Action: Youth Era



[HOME](#)

[IMPACT](#)

[PROGRAMS](#)

[CRISIS RESPONSE](#)

[TEAM](#)

[STORIES](#)

[CONTACT](#)

[WE'RE HIRING!](#)

[DONATE](#)

**EMPOWERMENT
HAPPENS HERE**



WHO IS YOUTH ERA?

YOUTH ERA WORKS TO PROVIDE ACCESSIBLE SUPPORT SERVICES TO ALL YOUNG PEOPLE. WE FOCUS ON DIRECT SERVICE, TRAINING, AND ADVOCACY—THE BUILDING BLOCKS FOR CREATING LASTING CHANGE FOR YOUNG PEOPLE IN COMMUNITIES ACROSS OREGON.

Drop In Centers. Virtual Support. Peer Support. Advocacy.

Community

cultural environments

Harm reduction supplies, and safe, stigma free places for people to use drugs

no "one size fits all" type of care

LGBTQ+ supports

He has a party na
everyone together like a big family of wolves living in a pack house with no barriers on someone's sexuality or gender, more of a free world where no judgement shall live.

this might mean that there are doctors who are willing to do house visits WITHOUT it costing a fortune

In a dream world, what services would your community have that requires no travel?

Access to therapists without having to meet insurance requirements. If I want support then I should be able to get it

People who ACTUALLY listen! And support me no matter what

support close to home

Easy access gender therapy

Justice for victims of violence and abuse of any kind

Relief of someone when they report their abuse of any kind

reference to spoon theory, where spoons are used to represent the energy someone has. ex-a shower might take no spoons for normal people, but for people with CFS it might take 5

easy, and fast emotional support

for people with chronic fatigue syndrome or other disabilities, there should be easier ways to get help that don't require all of the "spoons" of the day or week

Not having to go into debt to receive good care

Free housing with NO barriers

Black people/people of color

A place where you can go to spend time with your own age and get connect to resources and have a hot meal available

More exams for less misdiagnosis so I'm not in pain all the time

A social media that does more good than harm

Food for everyone

alternative options to traditional care

Doctors offices that have proper equipment so i don't have to figure out how to travel an hour to go to a visit for pain

Spaces for community connection with some of my intersecting identities

Specialized Mental Health treatment like clinics for eating disorders or weight issues

Someone who helps you get on the path of life you want to be involved with.

cooling/warming shelters with no barrier

wildlife preserves

Alternative treatments instead of just pushing pills on me

Money not being a barrier for creativity or health

WE ARE YOUTH ADVOCATES.

CLACK EVENTS

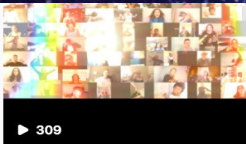
WE WILL DELIVER WHAT YOU NEED TO PARTICIPATE
SECOND AND LAST THURSDAY OF THE MONTH @ 3:30 PM
MESSAGE MIA @MIAYE86 503-314-9307 FOR ZOOM INFO

PAINTING WITH BOB ROSS - JAN 28TH

Come paint some nature with the OG painter Bob Ross. Paint Supplies and canvas included.

NO BAKE COOKIES - FEB. 11TH

Delicious cookies without the fuss of an oven. Let's make some no-bake treats. Baking supplies included.

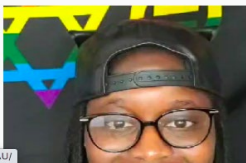


UPLIFT
BY YOUTH ERA
WWW.UPLIFTPEERS.COM

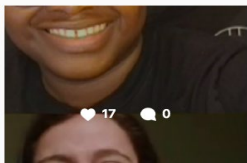
BOUNDARY SETTING
With Des and Zoe
▶ 145

FAMILIES
With Des and Nikobi
▶ 152

NEURODIVERSITY WITH ANDERS AND JASPER
▶ 185



HUMAN RIGHTS WITH THANH AND MIA



DAILY EVENTS DISCO

5:00 - 6:00 pm

Here's the schedule for the week of: **5/25 - 5/27**

MONDAY MEMORIAL DAY- DROPS CLOSED

TUESDAY COOKING WITH MIA

MAKE US LAUGH WITH SHANDEE AND AYL

KAREOKE WITH ALBERTO

LGBTQ+ EMPOWERMENT
SPECIAL GUEST @THEMILAJAM

DISCORD: [YOURURL.COM/YEDISCORD](https://www.yoururl.com/yediscord)

DISCORD CHANNELS: #DROP-IS-OPEN-3-6PM



Youth Era was live.

October 28, 2021 · 🌐

Come join this amazing community talk about life and enjoy games together



We good to roll. We good to go. It's that time. Let's do it.



NEW STREAMS FROM 8AM-3PM ON WEEKDAYS + A SATURDAY STREAM!

STREAM SCHEDULE
TWITCH.TV/YOUTHERA
& EVERY WEEKEND AFTER MIKE'S AFTERNOON STREAM, JOIN THE YOUTH ERA COMMUNITY IN DISCORD FOR OUR DROP IN HOURS

MONDAY THROUGH FRIDAY + SATURDAY

RISE AND SHINE WITH MIKE
8AM - 10AM PST

LET'S PLAY WITH MIA & THE J'S
10AM - 12PM PST

AFTERNOON HYPE WITH MIKE
1PM - 3PM PST

SPORTS PLAY SATURDAY WITH YOUR PALBERTO
10AM - 1PM PST

BLACK LIVES MATTER MILWAUKIE

SIT-IN FOR SOLIDARITY

**MILWAUKIE BAY PARK
TUESDAY, JUNE 9TH • 6PM**

WE ARE COMMUNITY.



The Clackamas Drop

June 9, 2020 · 🌐

From Program Manager, Mia Prohaska: "Hey everyone, I got a message from the schools about this event. Let me know if you're attending today and want some extra support, or just someone to sit with." ❤️



4

2 Comments 2 Shares



Like



Comment



Share

YOUTH VOICE ON JUSTICE & EQUALITY

JOIN US TODAY FROM 3:00 PM - 6:00 PM

THE GOAL OF TODAY'S DISCUSSION IS TO:
UNDERSTAND INSTITUTIONAL OPPRESSION.
UNDERSTAND RACISM. UNDERSTAND PRIVILEGE.
LEARN ABOUT EFFECTIVE ADVOCACY AND SAFETY.



[TINYURL.COM/YEDISCORD](https://tinyurl.com/yediscord)

NOW IS THE TIME TO EDUCATE
OURSELVES. NOW IS THE TIME TO SPEAK
OUT AND SHOW UP. IF NOT NOW, WHEN?

BUILD FROM THIS

A CONTEST TO CREATE AND EMPOWER
USE YOUR CREATIVITY TO HELP OTHER YOUTH
AROUND THE WORLD GET THROUGH COVID 19!

TOP 10 FINALISTS WILL RECEIVE A PRIZE - OPEN TO ALL YOUTH UNDER 25



Contest Instructions:

1. Create a tool or art piece youth can use to get through the pandemic.
2. Use any creative medium: photography, video, digital design, app, game design, writing, etc. Team up with a friend or create on your own.

1ST PLACE WINNER WILL RECEIVE

- \$600 WORTH OF GEAR TO EMPOWER THEM IN THEIR CREATIVE DREAM
- THEIR WORK SHARED WITH CHILDREN'S MENTAL HEALTH NETWORK
- A PERMANENT SPOT ON YOUTHEMPOWERMENT.COM

NEW DEADLINE ALERT!!!

DEADLINE FOR SUBMISSIONS EXTENDED TO: **AUGUST 1ST**
Email questions and submissions to: contest@youthera.org

YOUTH  EMPOWERMENT

Winners will be selected by a
Youth advisory panel from
YouthEmpowerment.com



WE ARE YOUTH EMPOWERMENT IN
ACTION.

"I TELL MY STUDENTS, 'WHEN YOU GET THESE JOBS THAT YOU
HAVE BEEN SO BRILLIANTLY TRAINED FOR, JUST REMEMBER
THAT YOUR REAL JOB IS THAT IF YOU ARE FREE, YOU NEED TO
FREE SOMEBODY ELSE. IF YOU HAVE SOME POWER, THEN YOUR
JOB IS TO EMPOWER SOMEBODY ELSE.'" - TONI MORRISON

HTO in Action



[ABOUT US](#)

[OUR WORK](#)

[GET INVOLVED](#)

[NEWS](#)

[DONATE](#)



Ensuring Every Oregon Child has a Chance to Thrive

We envision an Oregon where each child is seen, nurtured, and valued for the unique contributions they bring to our state. In our roles as advocates, connectors, and educators, we bring communities together to share best practices, learn from experience, and inform through data. Our energies are focused on uplifting Oregon families, so children across the state can reach their full potential.

Our Children Oregon Presentation

Raquel Salazar, she/her | Program Manager



Our Goal



Our Children Oregon is advancing equitable policymaking and whole-child advocacy statewide to ensure our children and youth have what they need, regardless of their race or where they live, to thrive by activating meaningful change for children and families.

Mission

Our Children Oregon is committed to advancing the common good of all Oregon children, ensuring all children have the resources and opportunities they need to reach their full potential.

Vision

We envision an Oregon where each child is seen, nurtured, and valued for the unique assets and contributions they bring to our state.



Policy & Advocacy: 2021 Children's Agenda

- Four Domains:
 - Economic Well-being
 - Health
 - Education
 - Family & Community
- Connecting 115 partners
- 44 concepts, 11 priorities
 - Finalized by the steering committee
- Using data to inform all concepts and elevating overall need within
 - Meetings with legislators
 - Written/oral testimonies
 - 1-pagers
 - Advocacy Alerts

Ensure No Worker is Left Behind: Include ITIN Filers in Oregon's EITC (HB 2819)

- Ensure individuals using an Individual Taxpayer Identification Number (ITIN) to file their taxes can access Oregon's Earned Income Tax Credit, ending the current exclusion.
- Elimination of this inequitable exclusion will boost the take-home pay of families in this vital, yet low-wage workforce, helping them meet basic needs.
 - Improve the educational outcomes and life opportunities for children and increase the flow of dollars to under-compensated, immigrant communities in our state
- Submitted by Causa, Oregon Center for Public Policy
- Link to [written testimony](#)
- **Passed as part of the omnibus tax expenditure bill**
 - Did not match the federal portion of the credit (only state)

Establish Profession of Licensed Dental Therapists (HB 2528)

- Establish the profession of licensed dental therapist in Oregon. Legislation establishes requirements for licensing, exams, supervision, scope, and updates Dental Practices Act to include dental therapists.
- Dental therapists are oral health care professionals that can provide basic dental care like exams, filings, and simple extractions under the supervision of a qualified dentist
 - Address dental care barriers for children and families
- 2017 Oregon Smile Survey Findings
 - Children of color and children facing poverty are suffering from high rates of dental disease
- Healthy Teeth Bright Futures - Barriers to Care Listening Sessions
 - appointment scheduling delays
 - scheduling conflicts with school and work
 - long wait times
 - lengthy drive times
- Submitted by NAYA Family Center
- Link to [written testimony](#)

Reduce/Eliminate Suspension and Expulsion in Early Childhood (SB 236)

- Preschool has the highest suspension and expulsion rates of any age—disproportionately impacting Black children.
 - Clearly defining suspension and expulsion
 - Collecting data for accountability and improvement
 - Supporting early childhood educators to build the skills that allow all children to thrive, such as anti-bias training and infant-toddler early childhood mental health consultation
 - Ending suspension and expulsion by July 1, 2026
- Oregon Preschool Development Grant found that children who were American Indian/Alaskan Native/Hawaiian Native and those who were multi-racial/multi-ethnic were about three times more likely than white children to be asked to leave care.
- Link to [written testimony](#)
- Submitted by Children’s Institute, National Black Child Development Coalition

Research & Data Overview

- [Annie E. Casey Foundation’s 2021 KIDS COUNT Data Book](#)

Oregon ranked **25th** in US for overall child well-being, based on 16 indicators:

- *Economic Well-being: 31st*
- *Education: 40th*
- *Health: 8th*
- *Family & Community: 19th*

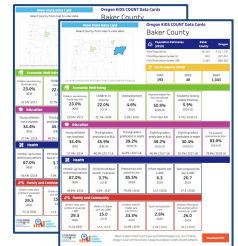


- [Our Children Oregon’s KIDS COUNT Data Cards](#)

State & county-level data on **21 indicators, disaggregated by race/ethnicity**

when available, to inform a more equitable post-pandemic recovery

- *2021 data cards predominantly based on 2019 data*



Research & Data Overview

- **KIDS COUNT Indicator Reevaluation**
Actively reviewing existing KIDS COUNT indicators & considering replacements with timely, pandemic-relevant data points
 - *What data best represent the nuances of **economic well-being, education, health, family & community** for Oregon's children & families in 2021?*
- **“Oregon’s Child Care Conundrum: Hurdles, Disparities, and Opportunities Amidst the Pandemic” Issue Brief**
Upcoming brief on latest findings surrounding the state of child care in Oregon, to be published in December 2021
 - *Covering Household Pulse Survey data, child care deserts & subsidies, RAPID-EC provider emotional distress, policy recommendations*
 - *Long- and short-form briefs, as well as two-page summary, to be released*

2022 Legislative Short Session

Formulating the 2022 Children's Agenda

Creation of a holistic legislative agenda lead by the **steering committee**, advocating to decision-makers to prioritize impactful, equitable, and community-driven policies and investments.

We will be accepting legislative concepts and budget requests under the following categories:

- **Climate and Sustainability (*new*)**
- **Economic Well-being**
- **Education**
- **Health**
- **Family & Community**


2022 Children's Agenda

- **January 27th:** 2022 Children's Agenda released
 - Using data to elevate concepts - potential concepts below
 - Protect Child Care Providers in Rental Homes (Economic Well-being)
 - Healthy Families Oregon Wage Parity (Education)
 - Homeless Youth Services Expansion & Homelessness Prevention (Economic Well-being)
- If you want to stay up to date and receive the 2022 Children's Agenda updates - use this link and check the legislative update box.
 - https://secure.everyaction.com/L3_ORVJ60kymuXVfACspeQ2

JOIN ACT


- All Children Thrive Collective
 - Network of committed advocates for Oregon's Future through accessible and cost-free civic engagement, education, and advocacy opportunities.
 - Rooted in shared values, ACT brings together families and individuals, alongside organizations, groups, and businesses statewide, to ACT collectively for Oregon's children and families.
 - If you'd like more info on ACT and to see past events please use this link:
<https://ourchildrenoregon.org/act/>
- Youth Engagement within ACT
 - Youth Moderated 2022 Governor's Debate
 - Stipends provided!!
 - Provide a launchpad to elevate, engage, and amplify Oregon youth voice
 - Informational Jan 20th

Upcoming Events: How to Obtain Your 2021 CTC



Join Our Children Oregon for A Discussion:

**HOW TO OBTAIN YOUR
2021 CHILD TAX
CREDIT**



SEE YOU WEDNESDAY, JANUARY
26TH, 2022 6-7 P.M ON
ZOOM!

Join us using the QR code above or
by visiting <https://loom.ly/Fli-5gQ>



ACOMPÁÑE A OUR CHILDREN OREGON EN UNA
PRESENTACIÓN SOBRE:

**COMO OBTENER SU
CREDITO TRIBUTARIO DE
NIÑOS DEL 2021**



26 DE ENERO 2022 6-7 P.M

Use el código QR que se encuentra arriba o use el
enlace de abajo para acompañarnos!
<https://loom.ly/Fli-5gQ>

***Event will be held in Spanish with English Interpretation**

Upcoming Events: Debate for Oregon's Future & ACT Leaders



**RSVP
HERE**

**LAUNCHING
Youth ACT Leaders**

Date: Thursday, January 20th, 2022
Location: Zoom
Time: 6:00pm - 7:00pm

Join us Thursday, January 20th to learn how you can become an ACT Leader!
ACT is a program of Our Children Oregon.

Our Children Thrive
ACT
COLLECTIVE

DEBATE FOR
oregon's
FUTURE

Relationship building and dialogue

#1 Introductions and networking– Share your name and pronouns, role or agency, and where in the state you are located.

#2 Discuss strategies – Share examples of how your community is advancing these strategies. What do you see that is working, or not working?

#3 Discuss priorities – If you could advise our community-based steering committee, the PartnerSHIP, on activities needed in your area, or opportunities for the future you'd like to see in your community, what would you tell them?

Polling

Polling question: Share one next step you will take as result of this webinar:

- Share webinar information with a friend or colleague
- Connect offline with someone I met during the event for further conversation
- Do more research and reading about a particular strategy or activity
- Something else

Thank you & Next Steps

- Visit healthiertogetheroregon.org to learn more about HTO
- Join us for another event in the series...
 - Equity and Justice, March 30th, 1-2:30pm
 - Technology and Health, May TBD
 - Workforce Development, July TBD
- Recording and slides will be emailed to registrants and available on the event website (healthoregon.org/ship)
- Email publichealth.policy@state.or.us to get invited to the Healthy Youth Basecamp for continued conversation and sharing
- Please complete [evaluation survey](#) - your feedback will be used to inform future HTO in action events