



SHIP SUBCOMMITTEE MEETING

- Bias Trauma Economic Drivers Access to Care Behavioral Health

November 20, 2019 https://zoom.us/j/393128009 Conference call (669) 900 6833, ID 393 128 009

Members Present:

- Andrew White Don Erickson Karun Virtue
Angela Leet Gary McConahay Kate O'Donnell
Annaliese Dolph Gayle Woods Katrina Hedberg
Athena Goldberg Holden Leung Kera Hood
Carol Dickey Isabella Hawkins Rebekah Schiefer
Cheryl Ramirez Jackie Fabrick Reginald Richardson
Curtis Landers Janice Garceau Tatiana Dierwechter
Jeremy Wells

OHA Staff:

- Christy Hudson Liz Gharst

Members of the Public: Debby Jones

AGENDA ITEM #1 – Welcome, agenda overview and subcommittee business

Kate opened the meeting sharing her excitement of ZOOM and getting increased engagement for members joining in remotely. The November Digest has been posted on Basecamp, the digest presents a quick snapshot of the activities of the other committees throughout the month. The other subcommittees are working on finalizing indicators; it might be helpful to look at Basecamp to see where other subcommittees are in their processes.

The 2020-24 SHIP Subcommittee Feedback survey is out this month in an effort to evaluate this process and gauge any barriers to participation. Subcommittee members were encouraged to complete this short survey to determine if anything can be done to improve the experience of members. In addition, the Policy and Partnerships Team will be supporting sector specific meetings, the purpose of which is to ensure the agencies that will be engaged in the implementation of the plan are aware of the work being done.

This subcommittee has identified goals, outcome indicators and now is moving forward with strategies. Between now and February, the subcommittee will develop 10 to 15 strategies at the policy, community, and individual level relating to the two goals.

AGENDA ITEM #2 – Update from ADPC

Tatiana provided this update. The Alcohol, Drug, and Policy Commission is widely sharing the current version of their draft strategic plan for additional input, with the goal of completing the ADCP Statewide Strategic Plan by July 2020. This coincides with the proposed timeline for the completion of the SHIP, and staff and consultants

are working to closely coordinate both processes and strategies to maximize opportunities for alignment and collective impact.

AGENDA ITEM #3 – Identify Strategies

The subcommittee has identified the goals and outcome indicators, and now focused on strategies. (Listen to recording at 45:36 to 1:27:00 to hear the full discussion on strategies.) Katrina Hedberg suggested creating a logic model to track the work going on across the subcommittees. Liz Gharst will create this and send it prior to the December meeting. As many of the priority areas have overlap, this will be useful in looking at duplications as well as gaps.

It was also suggested looking at an evidence-base as a starting point. Existing plans are in the Reference Documents folder on Basecamp. One resource mentioned was the [Community Preventive Services Guide](#).

The aim is to have a total of 10-15 different strategies. There were several different approaches to developing strategies:

- Suggestion to look at strategies by key topic areas.
- Look at strategies one at a time across prevention, treatment and recovery continuum of care.
- There are several plans with strategies that we could look at (example: suicide) and align with those plans, using the criteria and considerations for lifespan (paying attention particularly to the needs of children and older adults), and priority populations (people of color, people with low income, people with disabilities, people who identify as LGBTQ+, and geographical disparities.)
- Strategies could be looked at across the two goals by individual, policy, and community level designation.
- The Adversity, Trauma and Toxic Stress Subcommittee is using a new form that has been created. It would populate into a spreadsheet that could be used to track progress. Subcommittee members agreed to use a similar form moving forward to help gather ideas between meetings. Liz will post the form to Basecamp.

AGENDA ITEM #4 – Public Comment – Debby Jones co-chairs the Addictions and Mental Health Planning and Advisory Council (AMHPAC). She talked about a campaign called “Cultivate: Compassion”, a locally-focused mental health stigma reduction campaign. This initiative was founded by their local federally qualified community health center, One Community Health, and developed and overseen by a collaborative group of organizations and community members from our 4 county Gorge region, the Gorge Wellness Alliance. For more information, visit www.gorgewellnessalliance.org.

WRAP UP & NEXT STEPS –

- Liz will create the logic model.
- Homework – Please contribute strategies via [the form](#) provided on Basecamp prior to the December meeting.

ADJOURN