
2020-2024 State Health Improvement Plan Behavioral Health Subcommittee

August 21, 2019



PUBLIC HEALTH DIVISION

Office of the State Public Health Director



SHIP SUBCOMITTEE MEETING #1: Behavioral Health

Wednesday, August 21st, 2:00 – 4:00pm
800 NE Oregon Street, Suite 900
Portland, OR 97232

OR

Go to webinar: <https://global.gotomeeting.com/join/732260405>
Conference call: 1-877-848-7030
Access Code: 2030826#

Vision: Oregon will be a place where health and wellbeing are achieved across the lifespan for people of all races, ethnicities, disabilities, genders, sexual orientation, socioeconomic status, nationalities and geographic locations.

Meeting Objectives:

- Get to know other members of the subcommittee
- Set the stage for subcommittee work
- Develop shared understanding of priority and communities of concern
- Define the goal

2:00 – 2:05 **Welcome and agenda overview**

2:05 – 2:20 **Get to know other members of the subcommittee**

- Introductions

2:20 – 3:00 **Set the stage**

- Review Subcommittee charter – consensus & communication expectations
- Approve ground rules
- Review SHIP framework
- Role of ADPC
- Review proposed work plan and process for strategy and measure development
- Review tools for subcommittee
- Identify a co-chair

3:00 – 3:25 **Develop a shared understanding**

- Understanding the data

3:25 – 3:50 **Define the goal**

3:50 – 3:55 **Public Comment**

3:55 – 4:00 **Wrap-up & Next Steps**

- Next meeting: September 18th
 - Identifying strategies
-
-

Welcome & introductions

Share name and pronouns

Tell us a bit about your vocation. What do you do, and what is the purpose of your agency or organization?

Why is this work important to you?

Setting the stage



PUBLIC HEALTH DIVISION

Office of the State Public Health Director

Oregon
Health
Authority

Subcommittee expectations

- Develop strategies and measures within health equity framework.
- Maintain vision, values and direction for the SHIP
- Facilitate two-way communication about the SHIP with your agency and community.
- Review materials ahead of the meeting and come prepared to discuss
- Respond to requests in between meetings
- Make decisions based on consensus

Ground Rules

- Explain jargon and acronyms
- Step up, step back
- Introduce self when talking
- Come prepared & stay present
- What is said here, stays here; what is learned here, leaves here
- No one knows everything; together we know a lot
- We cannot be articulate all the time
- Identify when you're speaking for a group vs speaking for yourself as an individual
- Expect and accept a lack of closure – we're working to solve complex challenges

Conference calls in real life:

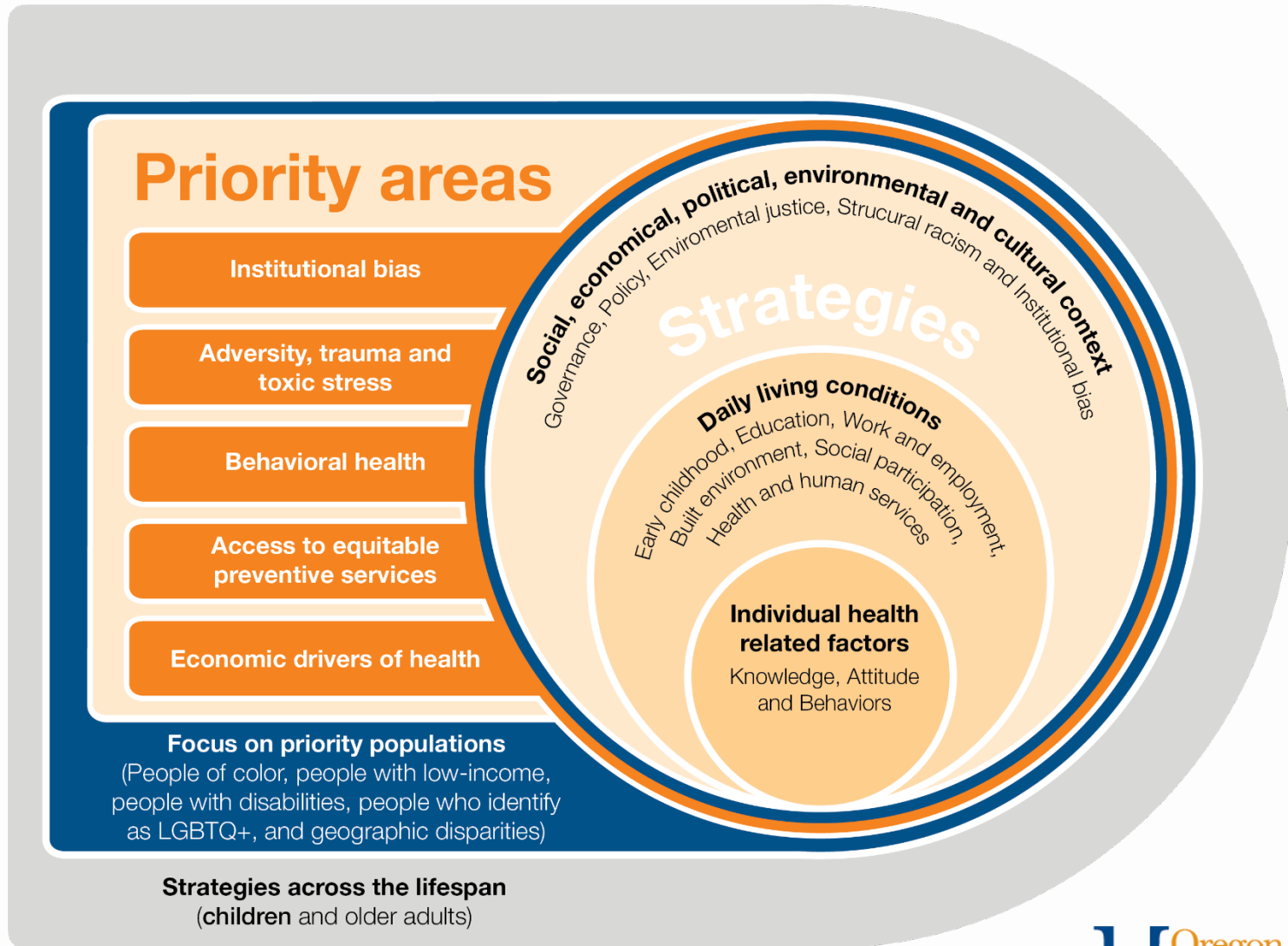
<https://www.youtube.com/watch?v=kNz82r5nyUw>

PUBLIC HEALTH DIVISION

Office of the State Public Health Director

Oregon
Health
Authority

SHIP Framework



Role of Alcohol, Drug & Policy Commission (ADPC)

ADPC Home

ADPC Home

Commission

Commission Actions

Commissioners

Public Meetings

Principles and Strategies

Alcohol/Drug Issues

Naloxone

Opiates or Opioids — What's the difference?

Cannabis Information



What is the ADPC?

The Alcohol and Drug Policy Commission is an independent state government agency that was created by the Oregon Legislature to improve the effectiveness and efficiency of state and local substance use disorder (SUD) prevention, treatment and recovery services for all Oregonians.

The Alcohol and Drug Policy Commission (ADPC) has as its purpose, to improve the effectiveness and efficiency of state and local substance use disorder (SUD) prevention, treatment and recovery services for all Oregonians.

State Law requires the Alcohol and Drug Policy Commission to do the following:

- By September 15, 2018, develop preliminary recommendations for the scope and framework of the comprehensive addiction, prevention, treatment and recovery plan. [Done: ADPC Strategic Plan.](#)
- By November 1, 2018, must develop the scope and framework for the request for proposal. [Done: ORPIN RFP \[LINK?\]](#)
- By December 31, 2018, report to the legislature on the status recommendations for the scope and framework of the plan and the request for proposal.
- By July 1, 2020, create the State's strategic plan including, but not limited to, recommendations regarding:

Next ADPC Meeting

ADPC Staff

Dr. Reginald C. Richardson, Sr.
Executive Director
971-720-0532
reginald.richardson@dhsosha.state.or.us

Heather Krys-York
Administrative Specialist 2
(503) 757-0989
Heather.Krys-York@dhsosha.state.or.us

Jill Gray, JD
Senior Policy Analyst
503-569-9484
jill.gray@dhsosha.state.or.us

Please join us!

Regional Town Hall Meetings on Substance Misuse Prevention and Intervention and Substance Use Disorder Treatment and Recovery

- [ADPC Regional Town Hall Meetings Schedule \(English\) - Bend](#)

¡Le invitamos a participar!

Asambleas públicas regionales sobre Prevención e intervención del uso

Proposed timeline and work plan

| Month | Goal | Key Questions |
|------------------|--|---|
| August | Introductions & identify goal | What are the desired end results related to this priority? |
| September | Identify strategies | What actions are needed to achieve our goal? |
| October | Narrow strategies | Will the proposed strategies address disparity? |
| November | Measure development | How will we measure the impact? |
| December | Feedback: OHA metrics and sector specific meetings | Are proposed strategies supported? |
| January 2020 | Finalize draft strategies and measures | Based on review of the vision and the strategies, does the original goal need revision? |
| February – April | PartnerSHIP and community feedback | Are proposed strategies and measures relevant to community? |
| May | Incorporate community feedback | Do strategies and measures meet the needs of community? |
| June | Finalize plan | |
| July | Launch plan – implementation begins | What activities need to happen to make progress on strategies? |

Subcommittee tools

- Base Camp – Meeting materials, documents and reference materials, chat and message boards
- Remote meetings – Gotowebinar & Zoom
- SHIP Website – Public access to meeting materials
- PHD Core Staff
 - Catherine Moyer, Admin support (meeting minutes, technology support)
 - Katrina Hedberg, Core group
 - Christy Hudson, SHIP coordinator

Discussion

- What networks do you have for purposes of sharing information about the SHIP? What resources do you need to enable information sharing?
- What agencies or voices are missing from our subcommittee?
- Who would like to be a co-chair of the subcommittee?
 - Co-facilitate meetings with OHA lead
 - Provide thought leadership for subcommittee
 - Represent the subcommittee at meetings or presentations with other stakeholders and partners as necessary.

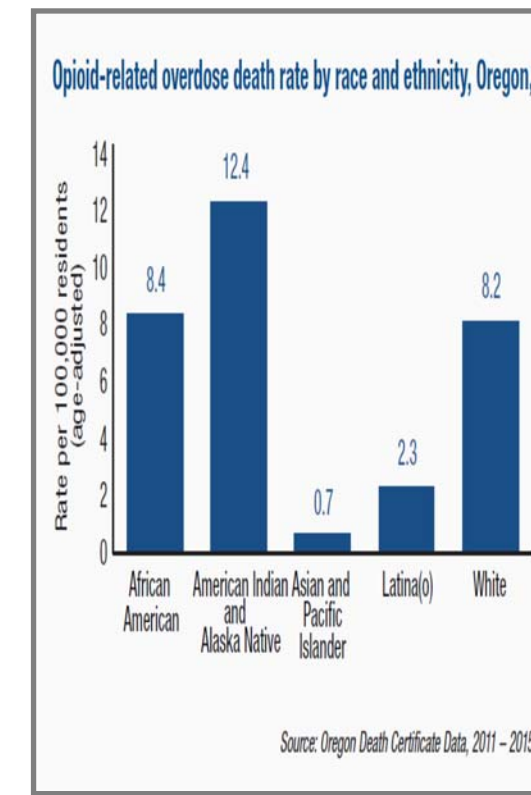
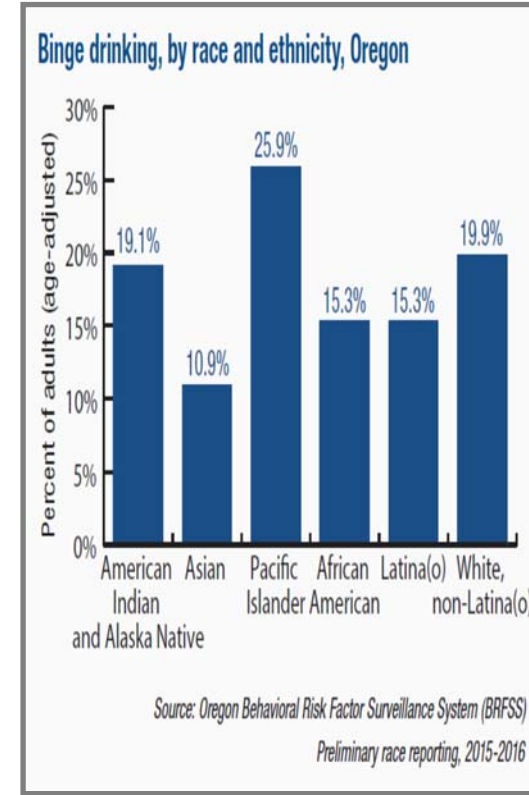
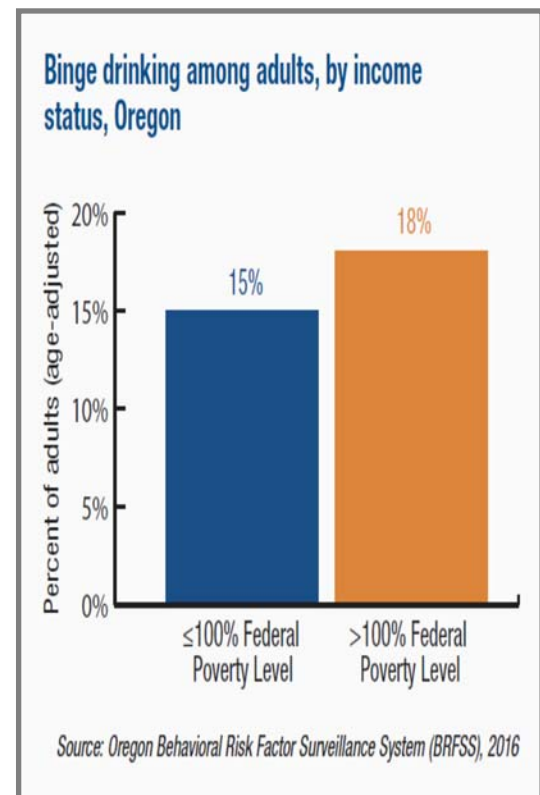
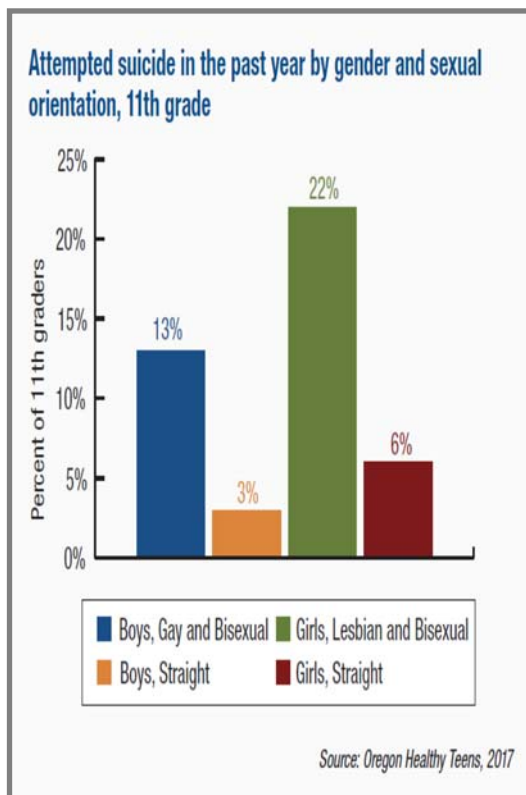
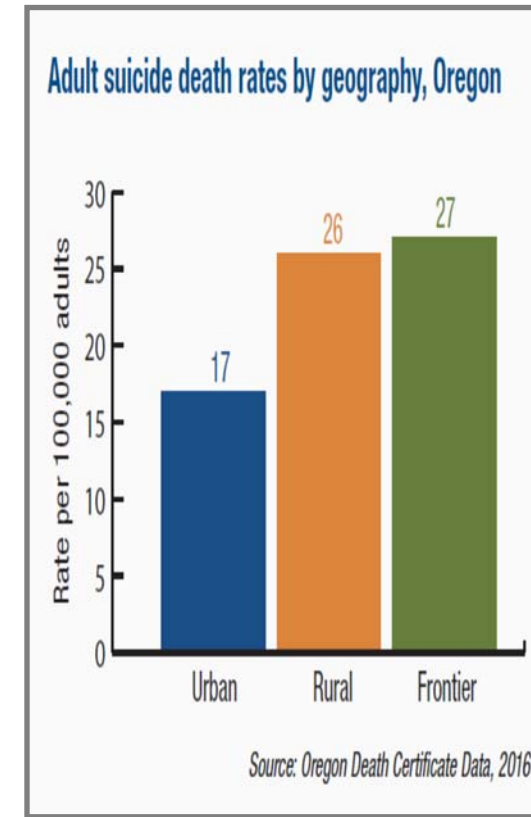
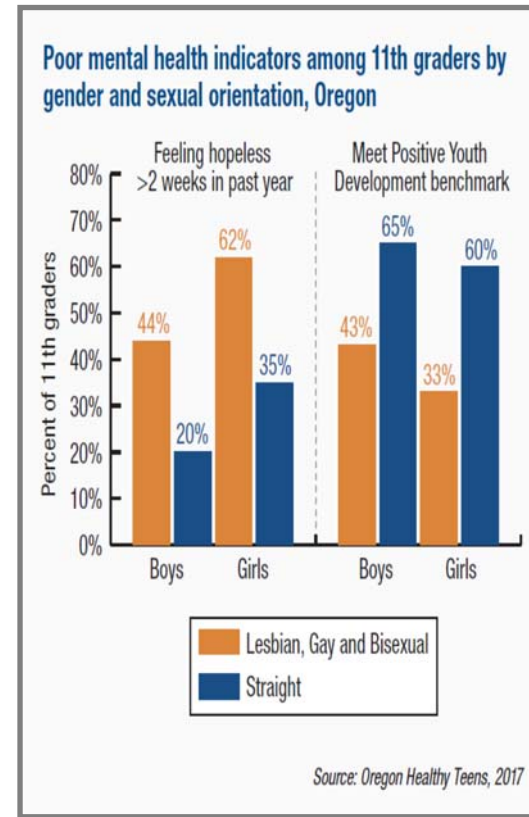
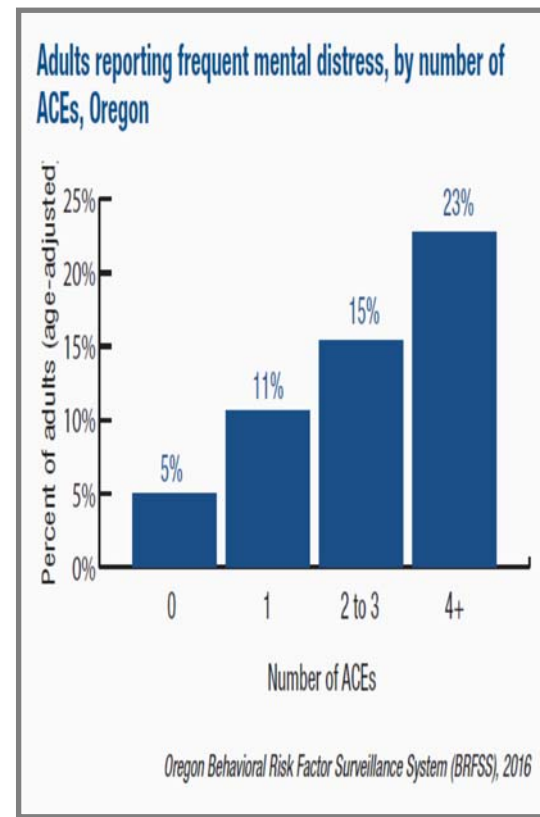
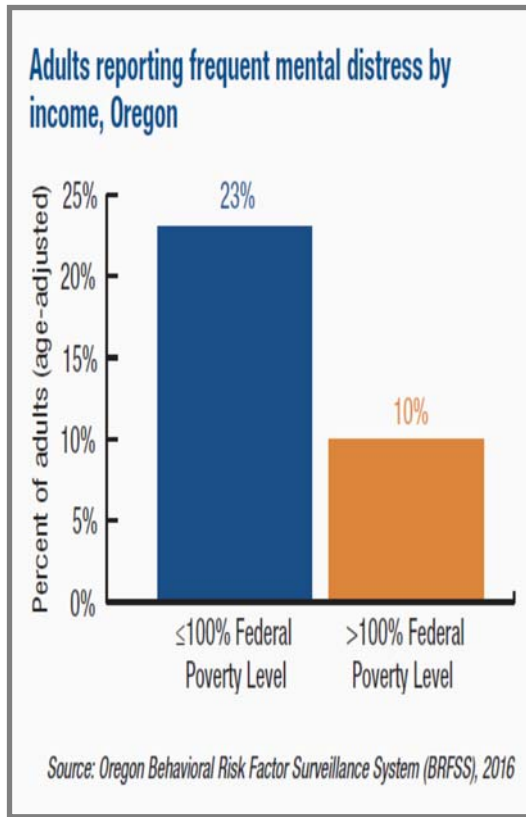
Develop a shared understanding

PUBLIC HEALTH DIVISION

Office of the State Public Health Director

Oregon
Health
Authority

DATA PLACEMAT: BEHAVIORAL HEALTH



COMMUNITY FEEDBACK

“Walk in mental health clinics. Access to appropriate medications for mental health. Schools better staffed to identify children and young adults with traumatic home situations-help address suicide risk.”

- Community Engagement Survey Respondent

“Treatments for addictions & mental illness instead of punitive action or incarceration, fines, etc.”

- Community Engagement Survey Respondent

“Stigma reduction, statewide substance use prevention programs that are embedded in community based programs rather than health system changes that isolate populations with little to no access to care. Increase in treatment centers and harm reductions agencies throughout rural Oregon.”

- Community Engagement Survey Respondent

“Better access to low cost mental health care”

- Community Engagement Survey Respondent

Defining the goal

Goals are broad statements of what we're hoping to accomplish. Goals are aspirational, often stated without limits.

Examples:

- Prevent deaths from suicide (*2015-2019 SHIP*)
- Reduce harms associated with alcohol and substance use (*2015-2019 SHIP*)
- Advance policy and community approaches to improve the social and emotional health of mothers, fathers, caregivers and children (*Colorado SHIP*)
- Equip our community with the knowledge, tools, and resources to empathetically accept and help individuals in needs of behavioral health supports (*Jackson Care Connect CCO CHIP*)

PUBLIC HEALTH DIVISION

Office of the State Public Health Director

Defining the goal

- What do we want to achieve by addressing this issue together?
- What are the desired end results related to this priority?
- How will we know we are successful?
- What communities experience behavioral health inequities?

For example: *The goal is to (effect, e.g. improve, decrease, etc.) the (problem/need/opportunity) of (target population) by/through (x mechanism).*

Public Comment

PUBLIC HEALTH DIVISION

Office of the State Public Health Director

Oregon
Health
Authority

Next Steps & Final Thoughts

-+/Delta feedback review

- Next subcommittee meeting is September 18th

-Homework: Please contribute/share existing strategic plans and strategies. Additional information will be shared soon.