

# 2018 Selected Reportable Communicable Disease Summary

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# Introduction

## About surveillance data

Oregon law specifies diseases of public health importance that diagnostic laboratories and health care professionals must report to local public health authorities. This report reflects reporting laws in effect for 2018. In general, local public health officials investigate reports of a communicable disease to characterize the illness and collect demographic information about the case, to identify possible sources of the infection, and to take steps to prevent further transmission. Basic information about each case is entered into a central database. In some cases (e.g., *Salmonella* infection), laboratories are required to forward bacterial isolates to the Oregon State Public Health Laboratory for subtyping. Together, these epidemiologic and laboratory data constitute our communicable disease surveillance system. This report summarizes data from 2018 and trends from recent years.

However, reportable disease data have many limitations. First, for most diseases, reported cases represent but a fraction of the true number. The most important reason for this is that many patients — especially those with mild disease — do not present themselves for medical care. Even if they do, the health care professional may not order a test to identify the causative microorganism. The reader may be scandalized to learn that not every reportable disease gets reported as the law requires. Cases are “lost” to surveillance along each step of the path from patient to physician to laboratory to public health department. In the case of salmonellosis, for example, reported cases are estimated to account for approximately 3% of the true number.

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Second, cases that do get reported are a skewed sample of the total. More severe illnesses (e.g., meningococcal disease) are more likely to be reported than milder illnesses. Infection with hepatitis A virus is more likely to cause symptoms (and those symptoms are more likely to be severe) in adults than in children. Testing is not random. Clinicians are more likely to test stool from children with bloody diarrhea for *E. coli* O157 than to test stool from adults with bloody diarrhea. Health care professionals may be more inclined to report contagious diseases such as measles — where the public health importance of doing so is obvious — than to report non-contagious diseases such as Lyme disease. Outbreaks of disease or media coverage about a particular disease can greatly increase testing and reporting rates. Despite these limitations, reportable disease data remain valuable in a variety of ways. They help identify demographic groups at higher risk of illness. They allow analysis of disease trends and identify outbreaks of disease.

Cases are assigned to the county of residence at the time of the report — not to the county in which the case received medical care, or the county where the exposure to infection occurred. Incidence is annualized by the date of record, which is the same as the onset date unless otherwise noted. For chronic hepatitis and Lyme disease, report date to the local health authority is used for counting purposes. Case counts include both confirmed and presumptive cases. For additional information on case definitions, see the Oregon Investigative Guidelines available online (<https://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/COMMUNICABLEDISEASE/REPORTINGCOMMUNICABLEDISEASE/REPORTINGGUIDELINES/Pages/index.aspx>).

Population estimates for crude rate calculations by county, sex and age group were obtained from the Population Research Center at Portland State University (<https://www.pdx.edu/pre>). Population estimates by race and ethnicity were obtained from the American Community Survey's five-year estimates. Using rates instead of case counts allows for comparisons between populations of different sizes — e.g., United States versus Oregon. Rates are usually reported as cases per 100,000 persons per year. However, if the population in which the rate is calculated is very small (e.g., in Oregon “frontier” counties), a case or two might mean the difference between a rate of zero and a very high rate. To compensate for this, some of our maps and rates by age show an average rate over multiple years of data. Even with multi-year aggregation, for some conditions the case counts remain small.



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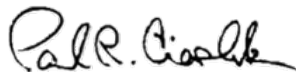
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Introduction  
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With all this in mind, we present the 2018 Oregon reportable communicable disease summary. We present 20 years of case counts whenever possible. For most diseases, you will find case counts by year, aggregate case counts by month to demonstrate any seasonal trends, incidence by age and sex, incidence in Oregon compared to national incidence over the past 20 years, incidence by race and ethnicity, and incidence by county. When appropriate, additional data on subtypes or risk factors for infection are included. At the end of this report is a tally of disease outbreaks investigated during 2018, a summary of enhanced data on gastroenteritis outbreaks, a summary table of statewide case counts over the past 20 years, counts of lower-incidence conditions, and disease totals by county.

We hope that you will find these data useful. If you have additional questions, please call our epidemiology staff at 971-673-1111 or email [ohd.acdp@state.or.us](mailto:ohd.acdp@state.or.us).



Paul R. Cieslak, MD  
Medical Director, Communicable Diseases and Immunizations

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Oregon  
Health  
Authority

Disease overview	Incidence by year and month	Incidence by age and sex	Incidence in Oregon vs. nationwide	Incidence by race and ethnicity	Incidence by county	Disease prevention
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# Campylobacteriosis

Campylobacteriosis is caused by the Gram-negative bacterium *Campylobacter*. It is characterized by acute onset of diarrhea, vomiting, abdominal pain, fever and malaise. Symptoms generally occur within two to five days of infection.

Campylobacteriosis is the most common bacterial enteric infection reported in Oregon. It is of worldwide epidemiologic importance due to the fecal-oral route of infection and the extensive reservoir of the organism in both wild and domestic animals. Many cases are thought to result from eating raw or undercooked meat (in particular, poultry) or through cross-contamination of uncooked or ready-to-eat foods.

In 2018, 975 cases were reported. Children aged 0–4 years have the highest rates of illness (34.5 per 100,000). Infections occur year-round in Oregon, with peak incidence in the summer months.

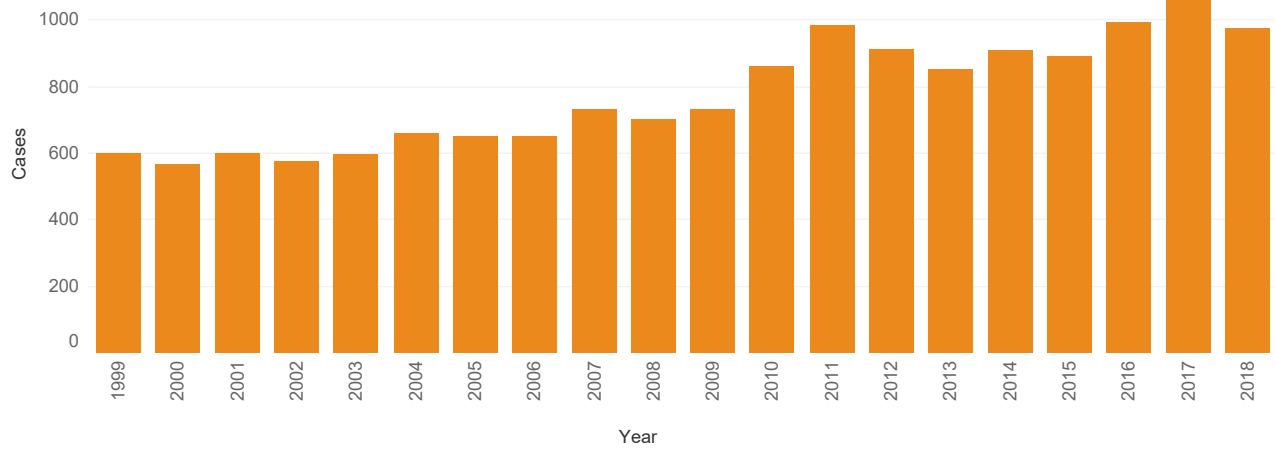
Most illnesses are sporadic, but outbreaks may be associated with undercooked meat (often chicken), unpasteurized milk, or direct contact with animals or non-chlorinated water. There was one outbreak in Oregon during 2018 that was foodborne.

From 2010–2018, twelve outbreaks of campylobacteriosis were investigated: seven foodborne, one from animal contact, one person-to-person and three where mode of transmission was not determined. Proper food handling and water treatment, along with good hygienic practices, are the keys to prevention.

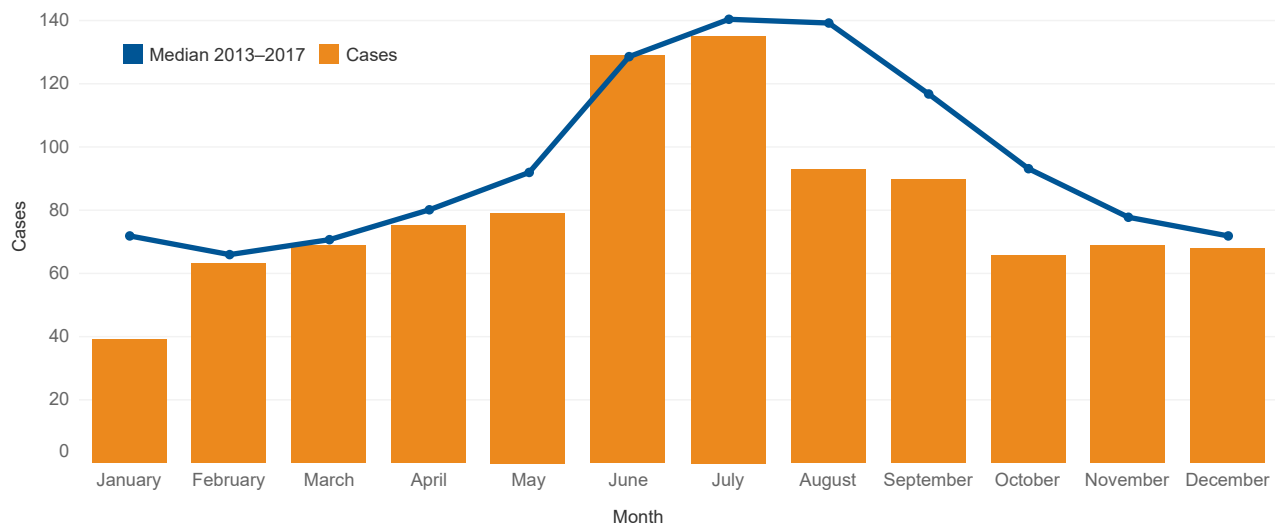


Disease overview	<b>Incidence by year and month</b>	Incidence by age and sex	Incidence in Oregon vs. nationwide	Incidence by race and ethnicity	Incidence by county	Disease prevention
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### Incidence of campylobacteriosis by year: Oregon, 1999–2018

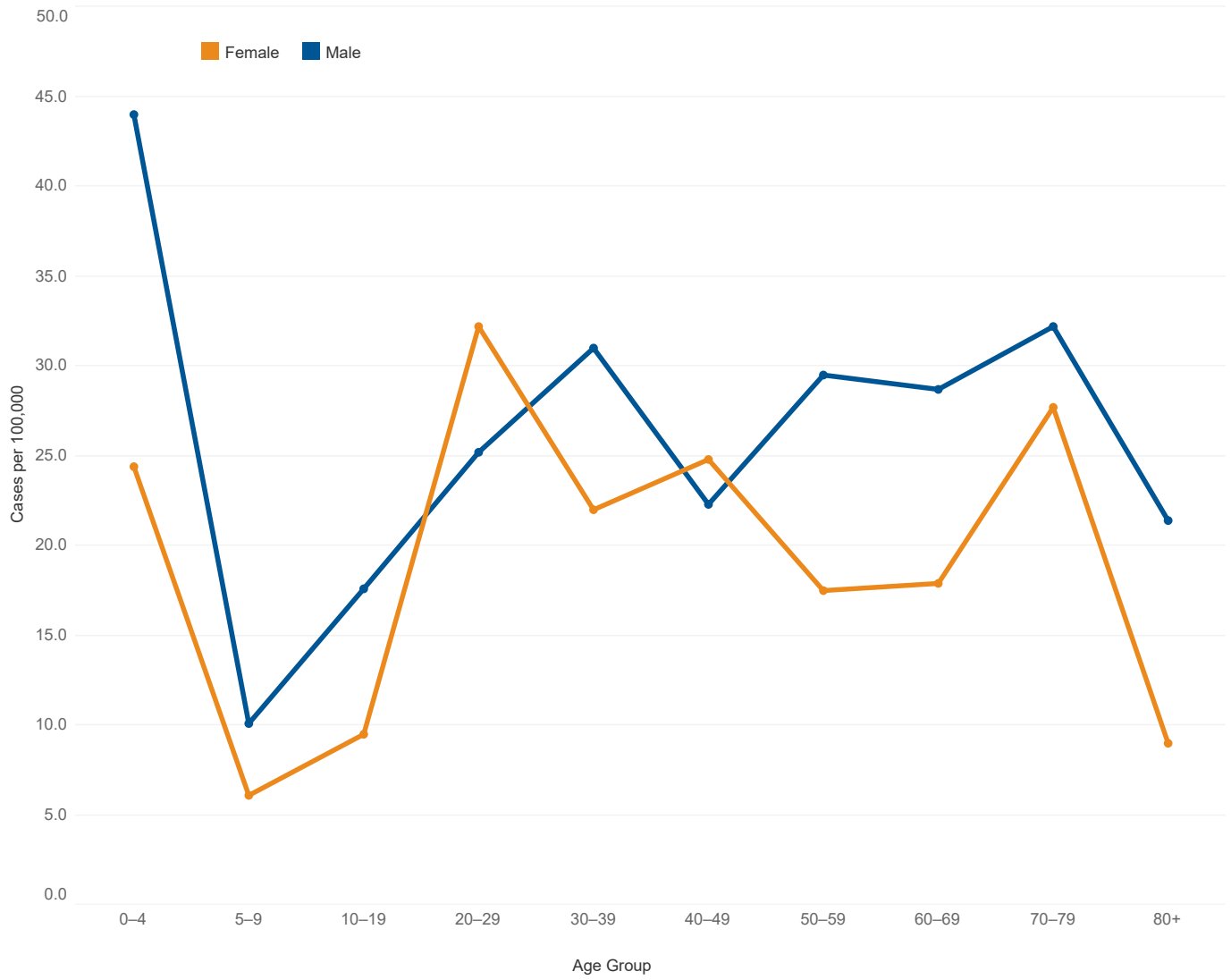


### Incidence of campylobacteriosis by month: Oregon, 2018



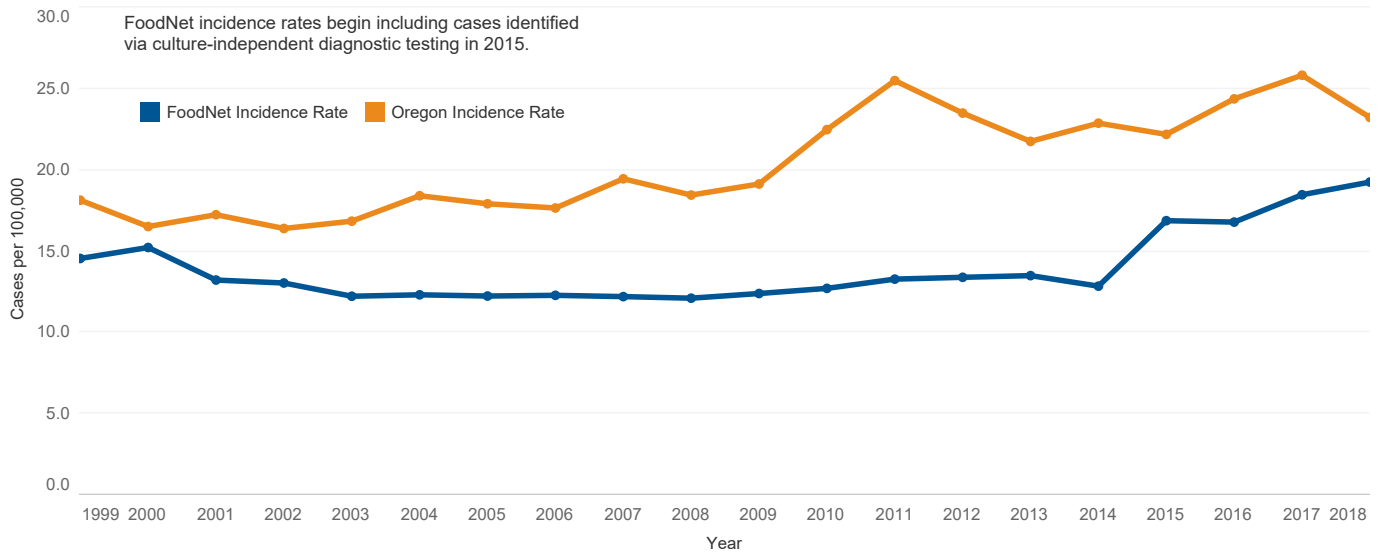
Disease overview	Incidence by year and month	<b>Incidence by age and sex</b>	Incidence in Oregon vs. nationwide	Incidence by race and ethnicity	Incidence by county	Disease prevention
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### Incidence of campylobacteriosis by age and sex: Oregon, 2018

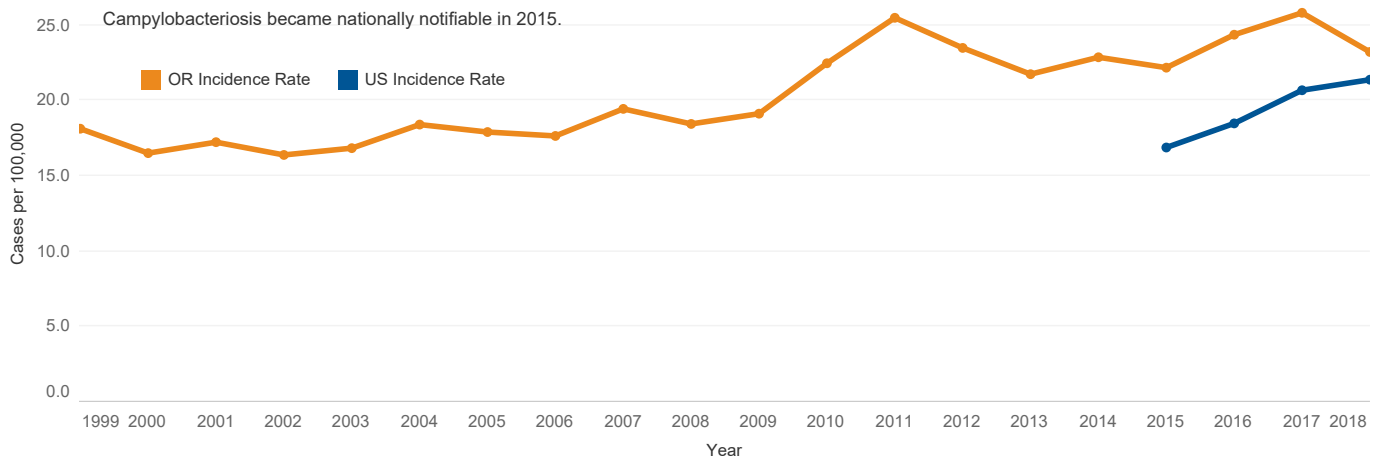


Disease overview	Incidence by year and month	Incidence by age and sex	<b>Incidence in Oregon vs. nationwide</b>	Incidence by race and ethnicity	Incidence by county	Disease prevention
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### Incidence of campylobacteriosis: Oregon vs. U.S. (FoodNet sites), 1999–2018



### Incidence of campylobacteriosis: Oregon vs. nationwide, 1999–2018

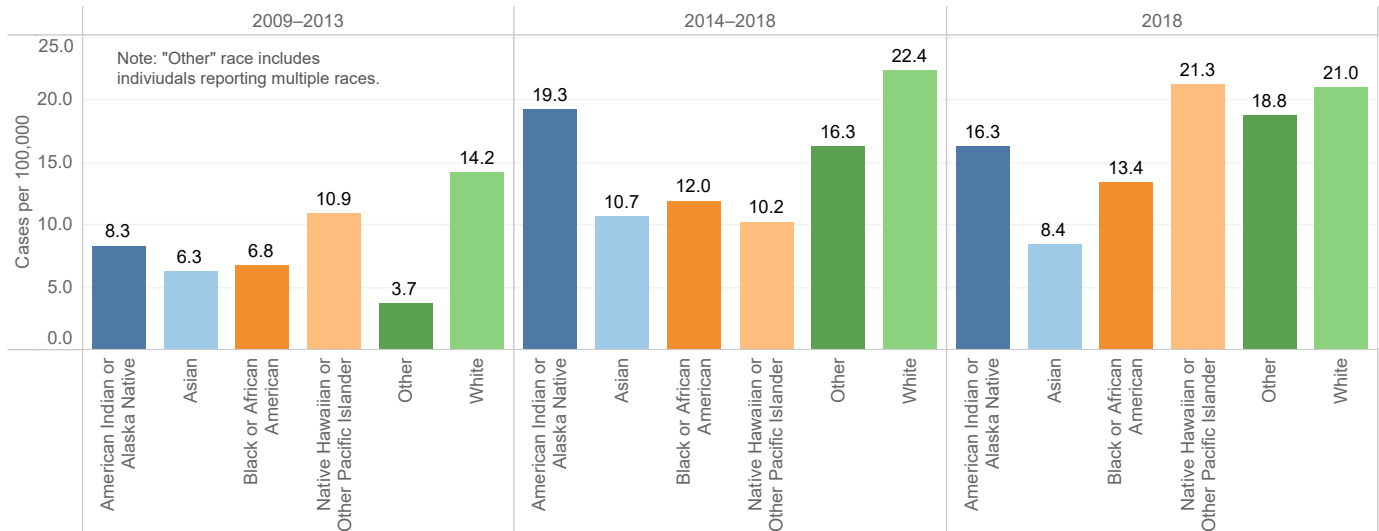




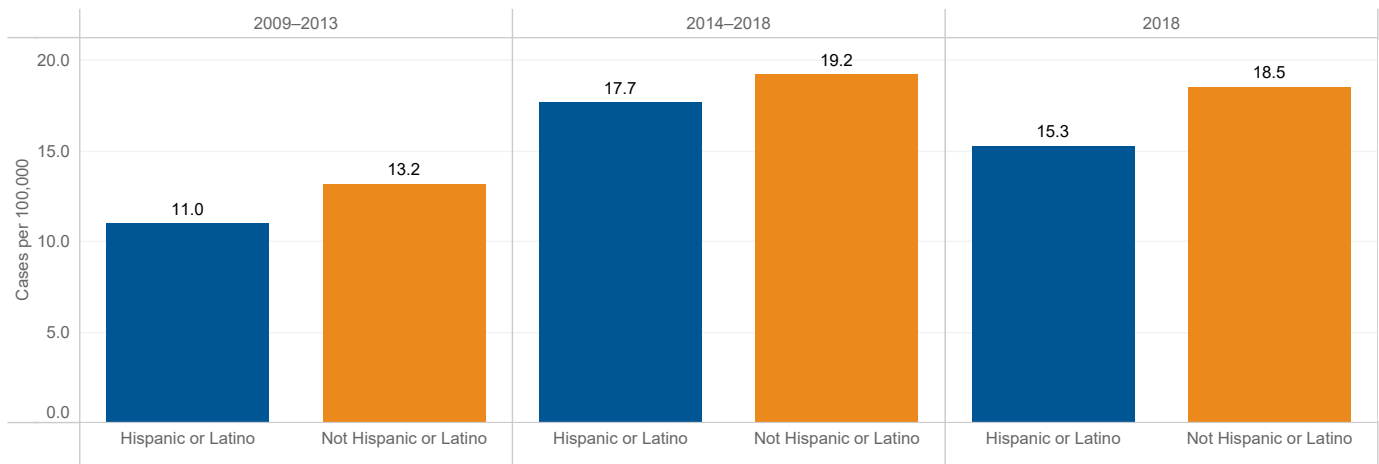
Disease overview	Incidence by year and month	Incidence by age and sex	Incidence in Oregon vs. nationwide	<b>Incidence by race and ethnicity</b>	Incidence by county	Disease prevention
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Select data variable to view  
Incidence Rate

### Incidence of campylobacteriosis by reported race: Oregon, 2009–2018



### Incidence of campylobacteriosis by reported ethnicity: Oregon, 2009–2018





Disease overview	Incidence by year and month	Incidence by age and sex	Incidence in Oregon vs. nationwide	Incidence by race and ethnicity	Incidence by county	Disease prevention
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## Prevention

- Thoroughly clean all cutting boards, countertops and utensils with soap and hot water after preparing foods of animal origin.
- Wash hands with soap and hot water before preparing food, after handling foods of animal origin and after contact with pet feces.
- Thoroughly cook all products of animal origin, especially poultry products.
- Do not drink unpasteurized (raw) milk or untreated surface water.
- Make sure persons with diarrhea thoroughly wash their hands with soap and warm water after using the bathroom.

Disease overview	Disease overview (continued)	Incidence by year and by age and sex	CRE cases by genus	Incidence by county	Disease Prevention
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## Carbapenem-resistant *Enterobacteriaceae* (CRE)

The *Enterobacteriaceae* include a large family of Gram-negative bacilli found in the human gastrointestinal tract. Commonly encountered species include *Escherichia coli*, *Klebsiella* spp. and *Enterobacter* spp. Carbapenem-resistant *Enterobacteriaceae* (CRE) are not susceptible to carbapenem antibiotics. They are broadly categorized based on the mechanism of their resistance as carbapenemase producers (CP-CRE) and non-carbapenemase producers.

Carbapenems are broad-spectrum antibiotics typically used to treat severe health care-associated infections (HAIs) caused by highly drug-resistant bacteria. Currently available carbapenems include imipenem, meropenem, ertapenem and doripenem. Although related to the  $\beta$ -lactam antibiotics, carbapenems retain antibacterial activity in the presence of most  $\beta$ -lactamases, including extended-spectrum  $\beta$ -lactamases (ESBLs) and extended-spectrum cephalosporinases (e.g., AmpC-type  $\beta$ -lactamases). Loss of susceptibility to carbapenems is a serious problem because few safe treatment alternatives remain against such resistant bacteria.

Infections caused by CRE occur most commonly among people with chronic medical conditions through use of invasive medical devices such as central venous and urinary catheters, frequent or prolonged stays in health care settings or extended courses of antibiotics. CP-CRE are most concerning and have spread rapidly across the nation and around the globe, perhaps because carbapenemases can be encoded on plasmids that are easily transferred within and among bacterial species.

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Disease overview	Disease overview (continued)	Incidence by year and by age and sex	CRE cases by genus	Incidence by county	Disease Prevention
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In December 2011, CRE bacterial isolates became reportable in Oregon. The CRE case definition has gone through major changes over the years, which is reflected in the big changes in case numbers from year to year. In 2013, the definition was non-susceptible (intermediate or resistant) to all carbapenems tested and resistant to any third generation cephalosporins tested. The definition was then revised in 2014 to non-susceptible to any carbapenem, excluding ertapenem, and resistant to all third generation cephalosporins tested. A CDC study found this definition to be too insensitive in picking up carbapenemase producers. The current definition, which changed July 1, 2015, is *Enterobacteriaceae* with resistance to any carbapenem antibiotic. This definition is simpler and aligned with the CDC's definition.

The Oregon State Public Health Laboratory offers specialized testing to determine whether reported CRE are carbapenemase producers, and the Oregon Public Health Division's HAI program performs detailed investigation of any reported cases.

One-hundred forty-nine cases of CRE infection or colonization were reported among Oregon residents in 2018. One-hundred-thirteen (76%) of cases were  $\geq 60$  years old, median age was 73, and 82 (55%) were female. Urine was the most common source (80%) and *Enterobacter cloacae* accounted for 59% of all isolates.

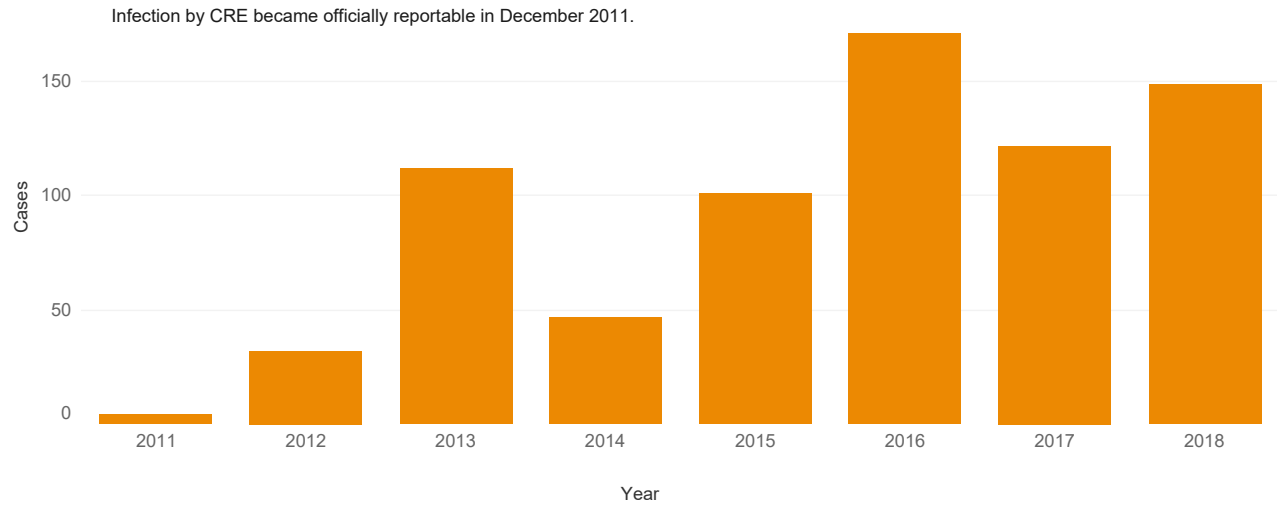
By the end of 2018, Oregon had 18 CP-CRE in Oregon residents; 11 *Klebsiella pneumoniae* carbapenemase (KPC), 5 New Delhi metallo- $\beta$ -lactamase (NDM) and 2 oxacillinase-48 (OXA-48). Fourteen (78%) of the CP-CRE were from patients with histories of health care exposure in other states or out of the United States.

Unlike much of the rest of the country, we have no indication CP-CRE are spreading in Oregon. We have instituted enhanced surveillance and prevention efforts and established the [Drug-Resistant Organism Prevention and Coordinated Regional Epidemiology \(DROP-CRE\) Network](#), a statewide network to rapidly detect, respond to and prevent CRE. For more information, including our CRE toolkit, please see Carbapenem-resistant *Enterobacteriaceae*.

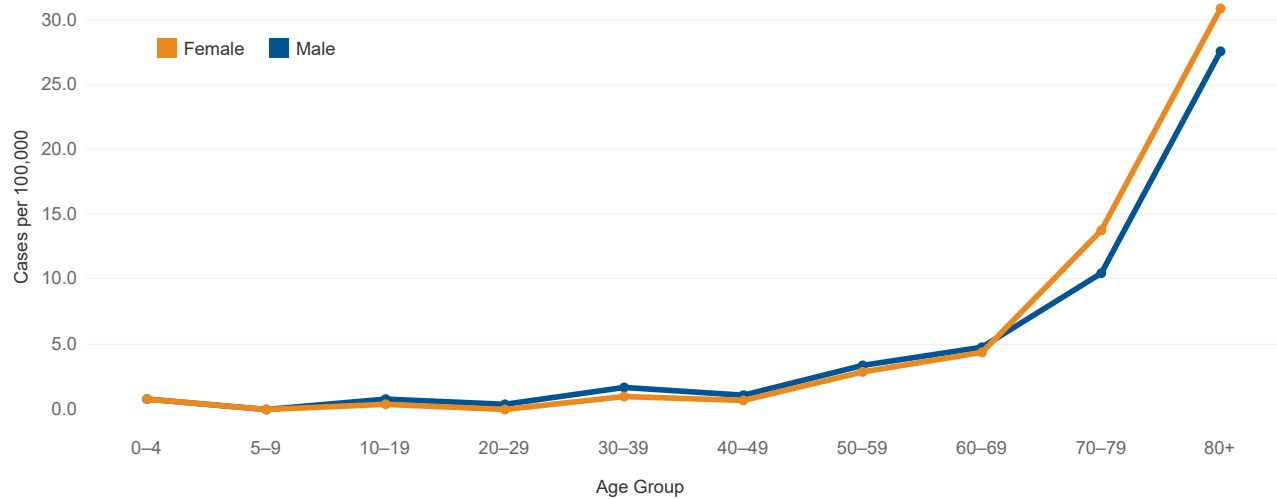


Disease overview	Disease overview (continued)	<b>Incidence by year and by age and sex</b>	CRE cases by genus	Incidence by county	Disease Prevention
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### Incidence of carbapenem-resistant *Enterobacteriaceae* infection by year: Oregon, 2011–2018



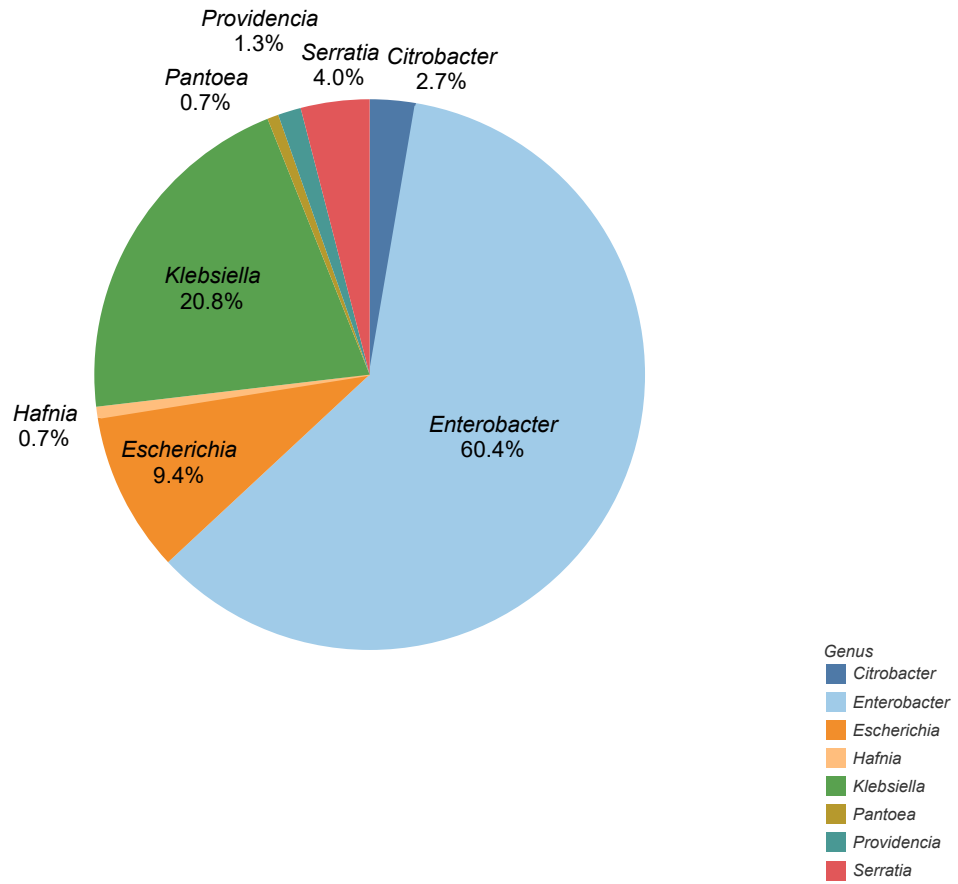
### Incidence of carbapenem-resistant *Enterobacteriaceae* infection by age and sex: Oregon, 2018



Disease overview	Disease overview (continued)	Incidence by year and by age and sex	<b>CRE cases by genus</b>	Incidence by county	Disease Prevention
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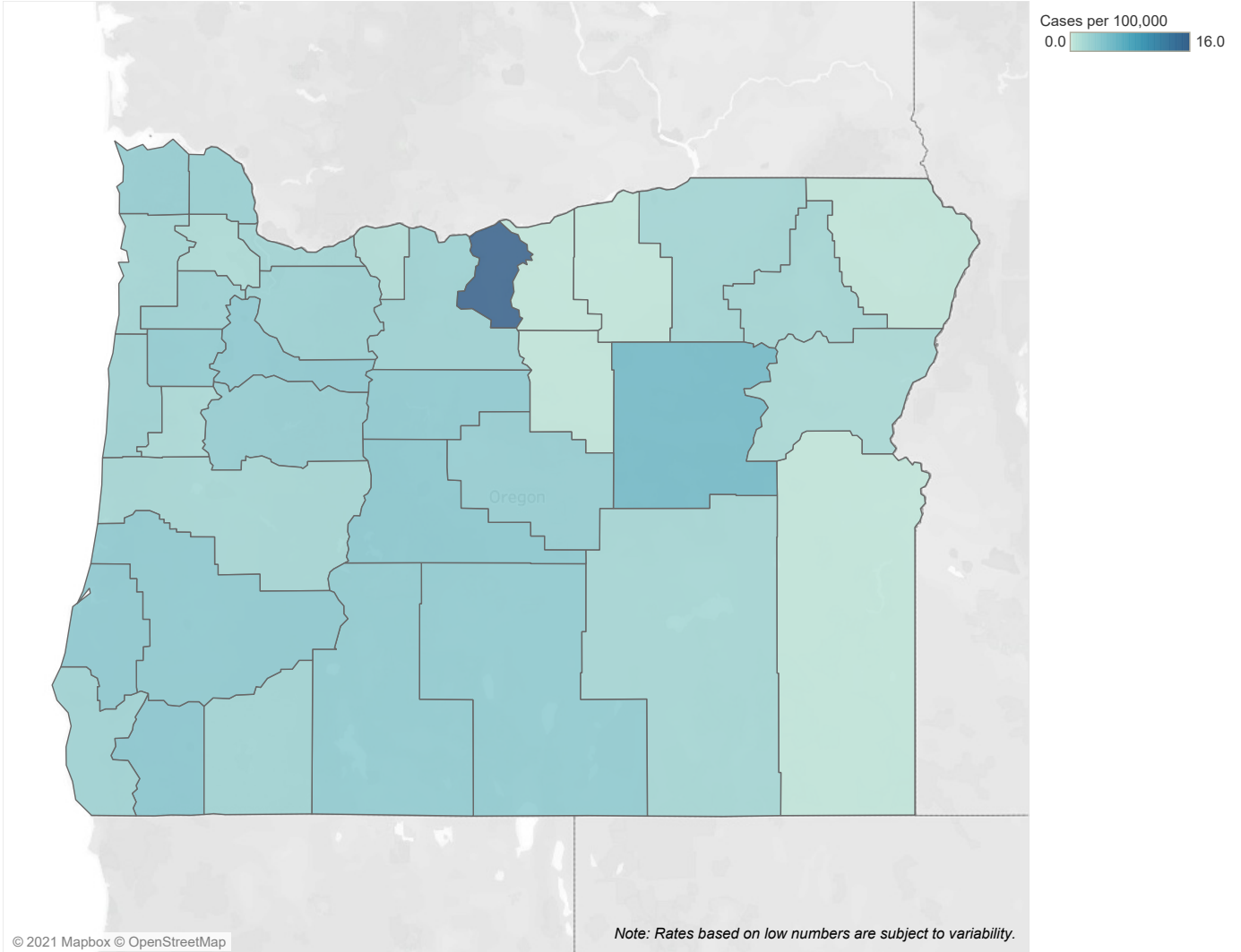
### Carbapenem-resistant *Enterobacteriaceae* by genus: Oregon, 2018

Hover over a section of the pie chart to see historical data.



Disease overview	Disease overview (continued)	Incidence by year and by age and sex	CRE cases by genus	<b>Incidence by county</b>	Disease Prevention
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### Incidence of carbapenem-resistant *Enterobacteriaceae* infection by county of residence: Oregon 2012–2018






Disease overview	Disease overview (continued)	Incidence by year and by age and sex	CRE cases by genus	Incidence by county	Disease Prevention
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# Prevention

Think "NICE" if you encounter CRE:

- **Notify** the county health department, pertinent clinical groups and your antibiotic stewardship program that CRE has been spotted.
- **Intervene** in all cases with core infection control activities: hand hygiene, contact precautions, private rooms and optimized environmental cleaning. Reduce unnecessary antibiotics and use of invasive devices. Additionally, for CP-CRE, screen patient contacts as well as cohort staff and patients.
- **Communicate** CRE infection or colonization status to the receiving facility upon patient transfer.
- **Educate** patients, staff and visitors about CRE.



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Disease overview	Disease overview (continued)	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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# Coccidioidomycosis

Valley fever, also called coccidioidomycosis, is an infection caused by a fungus, *Coccidioides*, found in soil. There are two main types of the fungus that cause valley fever: *Coccidioides immitis* and *Coccidioides posadasii*. Approximately 60% of *Coccidioides* infections are asymptomatic. Symptomatic cases typically present with a mild respiratory syndrome characterized by non-productive cough, shortness of breath, fatigue, night sweats, myalgias and, occasionally, a rash (erythema nodosum or erythema multiforme) between one and three weeks after the individual breathes in the spores. The typical pulmonary infection is self-limiting and clinically indistinguishable from other community-acquired pneumonias.

Immunocompromised patients — e.g., persons with solid organ transplants, human immunodeficiency infection (HIV), lymphoma, or those receiving immunosuppressive therapy such as high-dose steroids or anti-TNF medications — have a higher morbidity and mortality rate than the general population. Some populations — including pregnant women, people living with diabetes, racial groups (Blacks and Filipinos) and immunocompromised persons — are at elevated risk for severe illness.

*Coccidioides* lives in soil in areas of low rainfall, high summer temperatures and moderate winter temperatures. Unusually wet years lead to large blooms in the soil, while subsequent dry spells kick up the spores and render them airborne. *Coccidioides* is common in the Southwestern United States, including Arizona and Central California, part of Mexico and Central and South America. *Coccidioides immitis* has been found in soils of south-central Washington just across the Columbia River from Oregon. At this time, it is unknown if coccidioidomycosis is established in Oregon soil.



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Disease overview	Disease overview (continued)	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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Establishing a diagnosis of coccidioidomycosis may be challenging in humans and animals, and multiple tests including cytology, histopathology, culture and serology may be necessary. A chest X-ray can aid in the diagnosis; pulmonary lesions and hilar lymphadenopathy may be identified in humans and animals with respiratory disease. Isolates from potentially locally acquired cases (human or animal) of coccidioidomycosis should be sent to the Oregon State Public Health Laboratory.

Coccidioidomycosis became a reportable condition in Oregon in 2015. In 2018, there were 36 cases of coccidioidomycosis. Sixty-one percent were in males, the median age was 66 years and 78% were white.

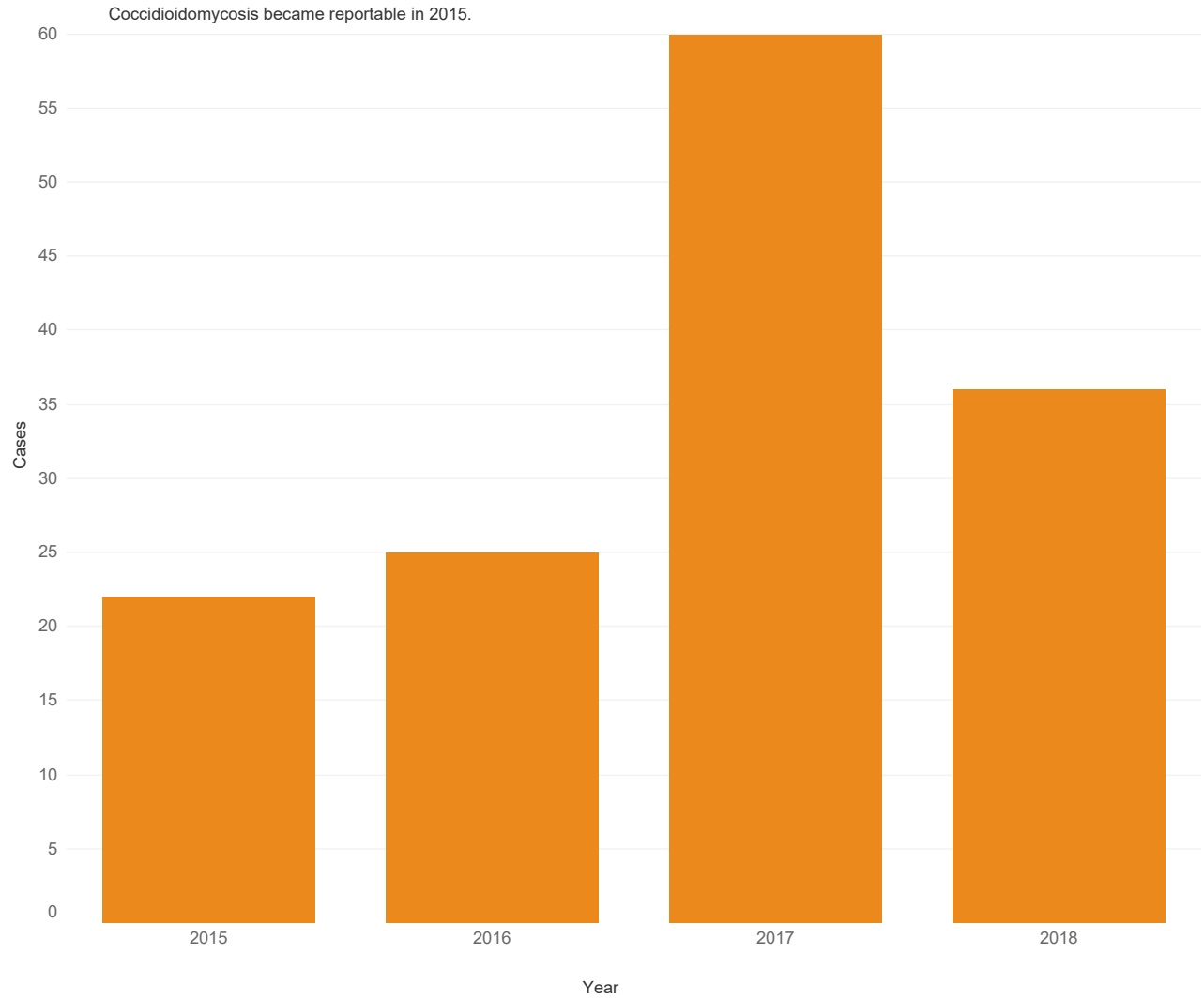
Most infections resolve without treatment, but patients should be monitored to document resolution. Patients with disseminated disease should be treated with antifungal therapy.

Coccidioidomycosis is not usually considered communicable from person to person; however, at least two cases of zoonotic transmission have been documented. In a recent report, a veterinary assistant developed a localized infection with osteomyelitis as the result of a bite from a cat with disseminated coccidioidomycosis. Another zoonotic case apparently acquired coccidioidomycosis by inhaling endospores during the necropsy of a horse with disseminated infection.



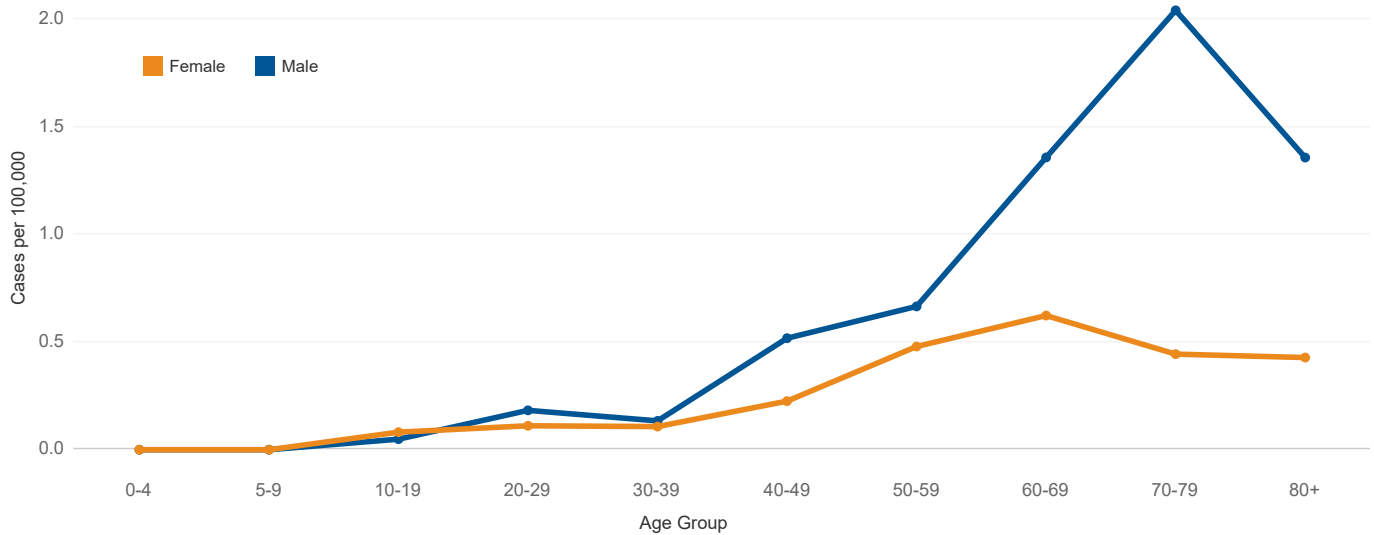
Disease overview	Disease overview (continued)	<b>Incidence by year</b>	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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### Incidence of coccidioidomycosis by year: Oregon, 2015–2018

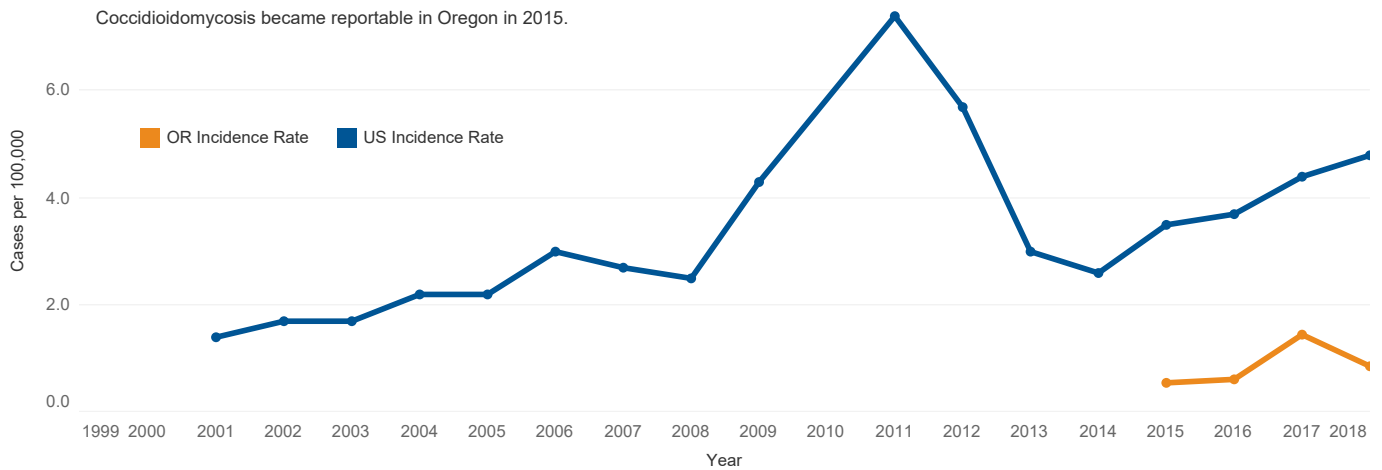


Disease overview	Disease overview (continued)	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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### Incidence of coccidioidomycosis by age and sex: Oregon, 2015–2018

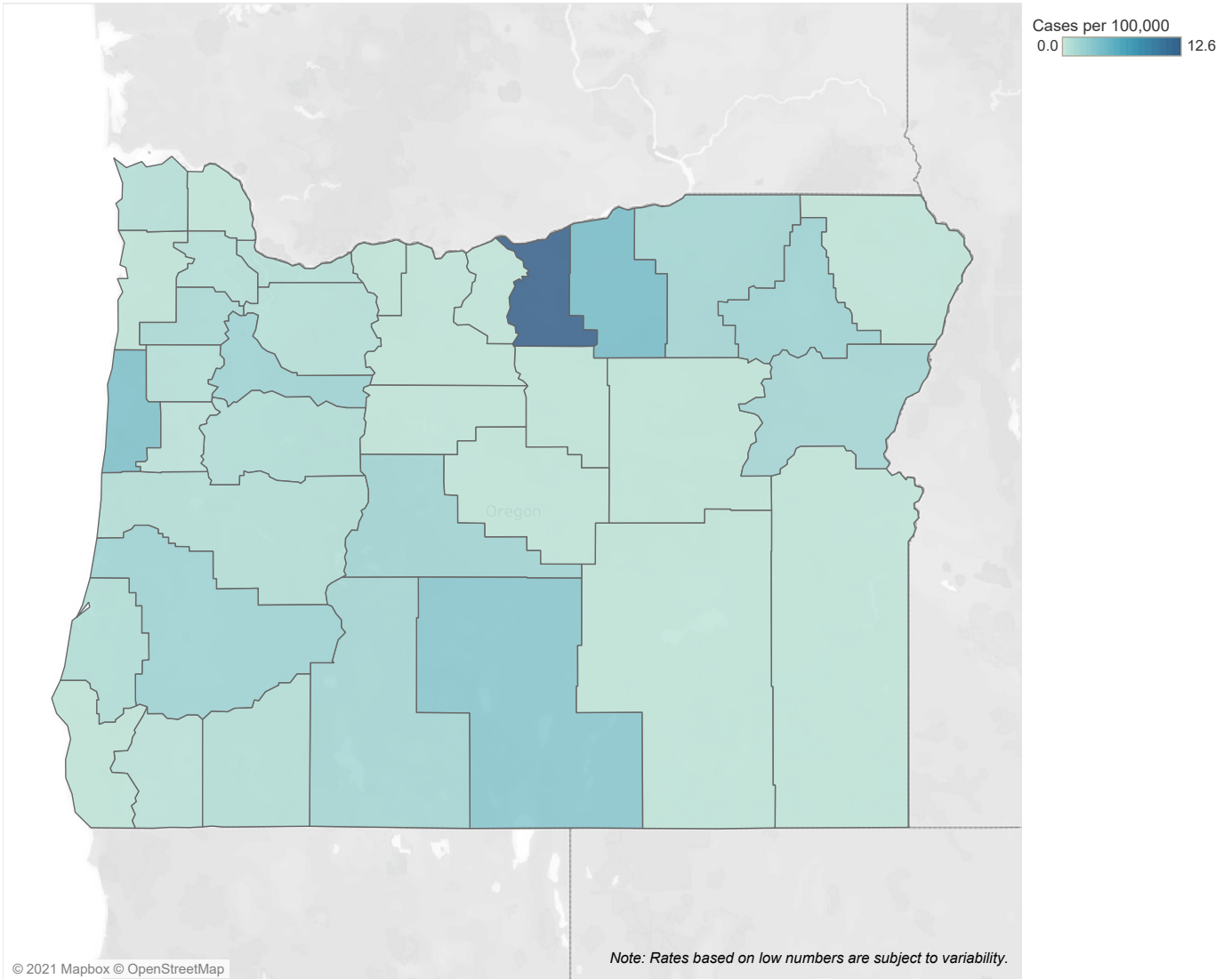


### Incidence of coccidioidomycosis: Oregon vs. nationwide, 1999–2018



Disease overview	Disease overview (continued)	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	<b>Incidence by county</b>	Disease prevention
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### Incidence of coccidioidomycosis by county of residence: Oregon, 2015–2018



Disease overview	Disease overview (continued)	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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# Prevention

- Regrettably, there are no practical methods for preventing exposure to *Coccidioides* in areas where it is common.
- People at higher risk (immunocompromised, pregnant) should avoid breathing in large amounts of dust if they are in these areas. They should also avoid activities that involve close contact with dirt or dust, such as gardening, yard work and digging.
- Patients with coccidioidomycosis can be helped with early diagnosis and treatment with antifungal drugs.



Disease overview	Incidence by year and by age and sex	Cryptococcosis cases by species	Incidence by county	Disease Prevention
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# Cryptococcosis

*Cryptococcus neoformans* has long been identified in humans with immunosuppressive conditions, especially AIDS. Before 1999, *Cryptococcus gattii* (*C. gattii*) infection seemed to be mainly limited to the tropics. During 1999, *C. gattii* began appearing in animals and humans on Vancouver Island in British Columbia, Canada.

Beginning in 2004, it started appearing among mainland British Columbia residents who had no exposure to Vancouver Island. In December 2004, a case of human *C. gattii* infection was reported in Oregon, associated with an outbreak on Vancouver Island and in mainland British Columbia. Infection by *Cryptococcus* became officially reportable in Oregon on Aug. 19, 2011.

Seventy-five cases occurred among Oregon residents in 2018. The most common infection was *C. neoformans* (21), followed by *C. albidus* (20), *C. gattii* (8), *C. terreus* (5), *C. laurentii* (2) and one each of *C. diffluens* and *C. uniguttulatus*. Seventeen cases were diagnosed by cryptococcal antigen test that does not differentiate between *C. gattii* and *C. neoformans* and, unfortunately, does not enhance our understanding of the epidemiology of the disease. Studies from British Columbia and elsewhere showed a median incubation period of six to seven months, with a range of between two and 13 months. In addition to testing human specimens, we also test animals and environments where animals are infected with *C. gattii* to localize the environmental reservoirs (they travel less than humans). The bottom line is *C. gattii* appears to be established in Oregon soil and serves as a source of infection. There is no potential for zoonotic transmission.

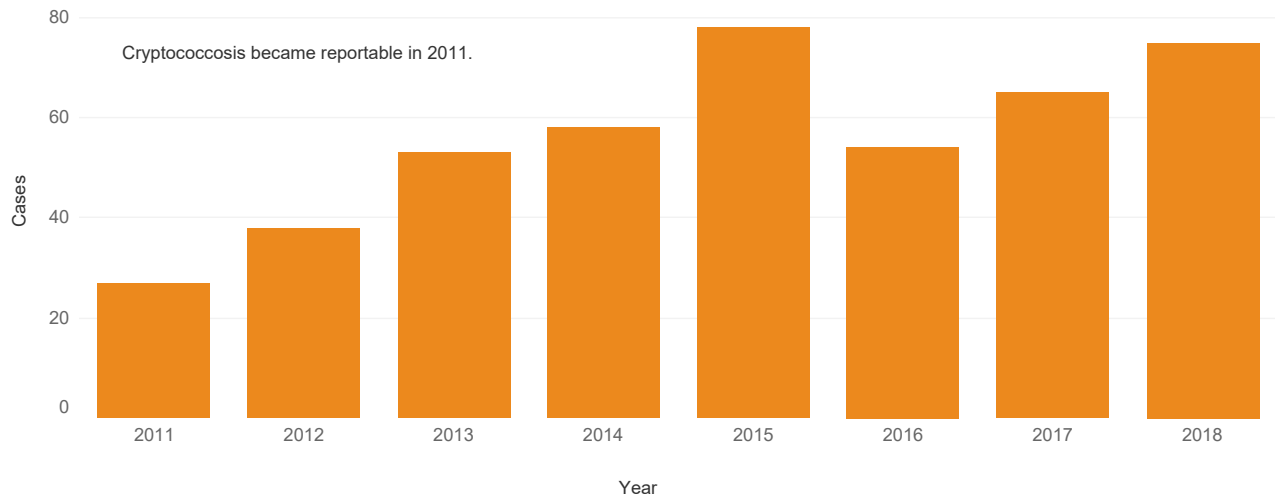
Healthy persons appear to be at low risk. Most infections are among immunocompromised or chronically ill persons. Over the last few years, detection of cryptococcal infection has changed from culturing the organism to using the cryptococcal antigen, making it impossible to further our knowledge of the epidemiology of *Cryptococcus gattii*. Treatment with extended use of antifungal agents (six months or longer) is recommended. For current treatment information, see guidelines published by the Infectious Disease Society of America.

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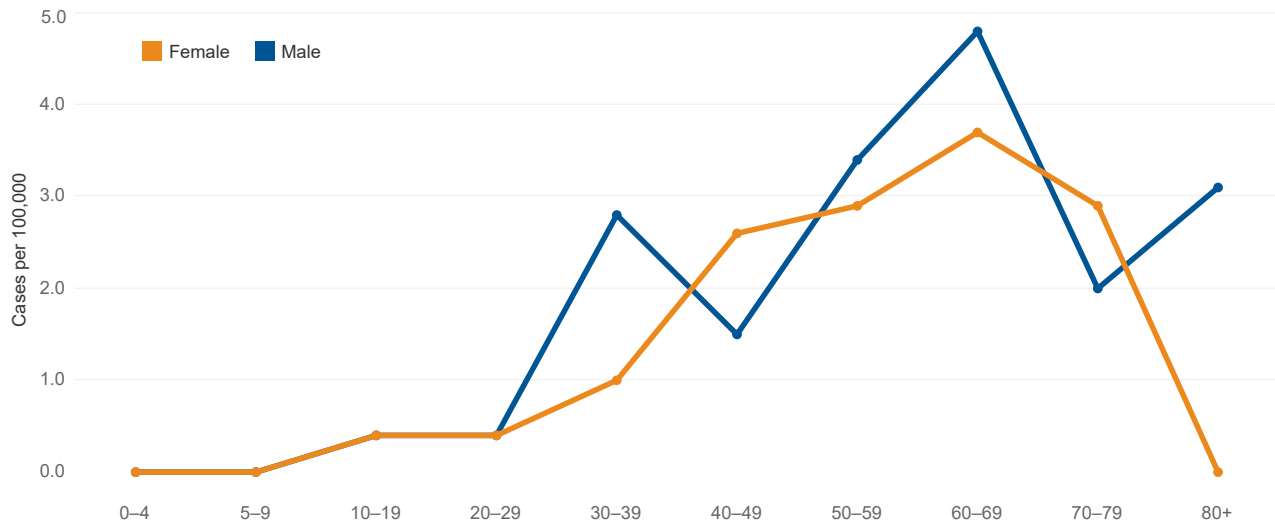


Disease overview	<b>Incidence by year and by age and sex</b>	Cryptococcosis cases by species	Incidence by county	Disease Prevention
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### Incidence of cryptococcosis by year: Oregon, 2011–2018



### Incidence of cryptococcosis by age and sex: Oregon, 2018

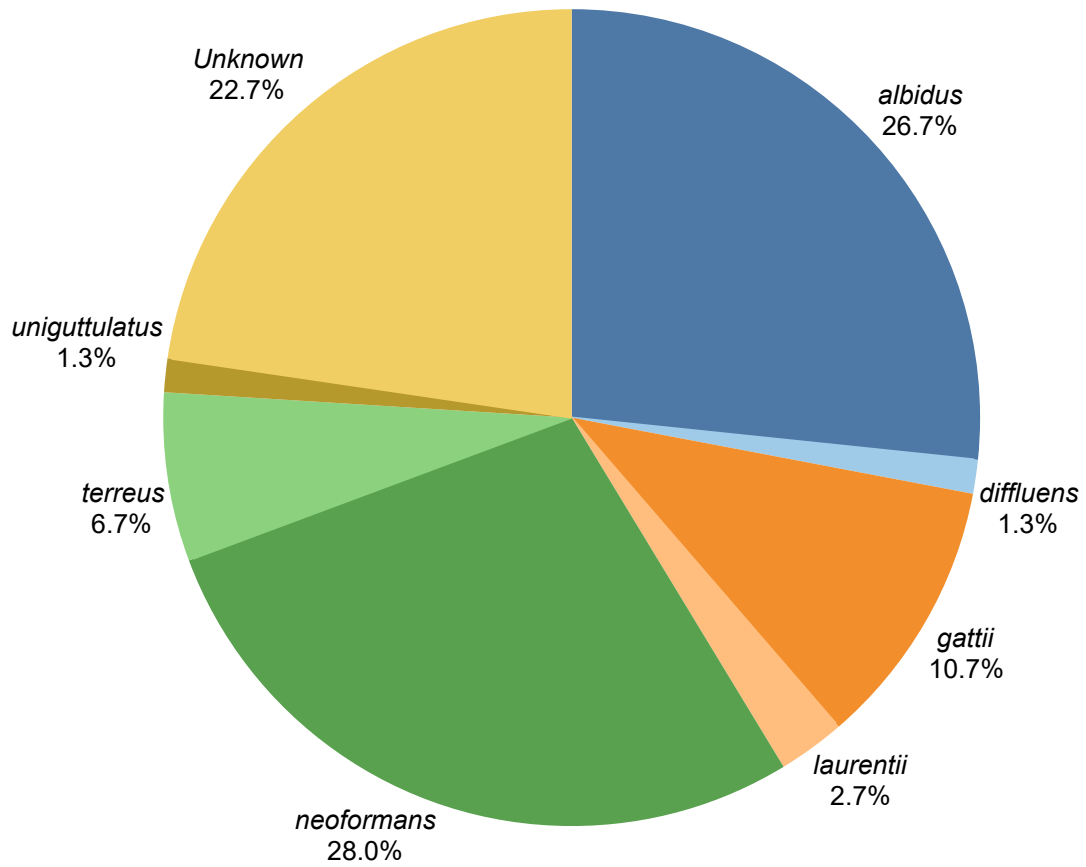


Disease overview	Incidence by year and by age and sex	<b>Cryptococcosis cases by species</b>	Incidence by county	Disease Prevention
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### Cryptococcosis cases by species: Oregon, 2018

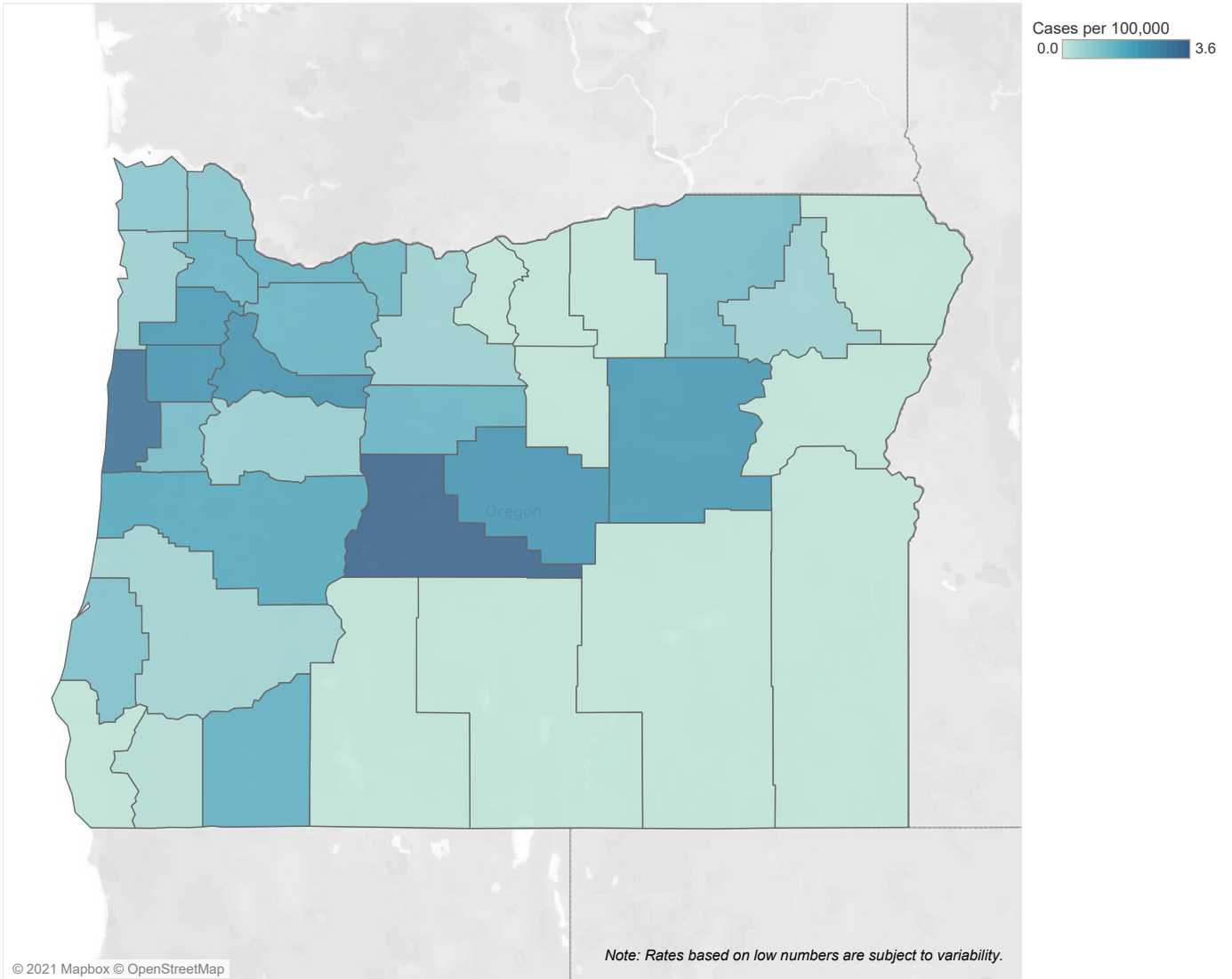
Hover over a section of the pie chart to see historical data.

- Species
- albidus*
  - diffluens*
  - gattii*
  - laurentii*
  - neoformans*
  - terreus*
  - uniguttulatus*
  - Unknown



Disease overview	Incidence by year and by age and sex	Cryptococcosis cases by species	<b>Incidence by county</b>	Disease Prevention
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### Incidence of cryptococcosis by county of residence: Oregon, 2013–2018



Disease overview	Incidence by year and by age and sex	Cryptococcosis cases by species	Incidence by county	Disease Prevention
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# Prevention

- Regrettably, practical methods for preventing cryptococcosis have not been identified.
- Patients with cryptococcosis can be helped with early diagnosis and treatment with antifungal drugs.



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Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Disease prevention
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# Cryptosporidiosis

Cryptosporidiosis in humans results from infection with protozoal parasites of the genus *Cryptosporidium* — most commonly *C. hominis* or *C. parvum*. Symptomatic infections are characterized by watery diarrhea and abdominal cramps.

Symptoms typically resolve in one to four weeks in immunocompetent persons, but infections in immunocompromised persons can be difficult or impossible to cure. Studies suggest the prevalence of cryptosporidiosis among young children, particularly those in large child care facilities, is surprisingly high. There are no symptoms for many of these infections.

In Oregon, the rate of infection with *Cryptosporidium* remains elevated from rates observed in 2000, with the 2018 rate of 7.1 per 100,000, remaining unchanged from 2017. Nationally, infections began to rise in the early millennium but leveled out. Oregon incidence of *Cryptosporidium* remains twice the national rate (3.3 per 100,000 persons). Cases occur year-round, however, in 2018 there was a rise in cases from January-April. The peak infection is generally August, coincident with increases in exposure to recreational water.

Rapid cartridge (ImmunoSTAT) tests and culture independent diagnostic testing for *Cryptosporidium* might be playing a role in the apparent increase in incidence. In 2018, 299 cases were reported. All cases are routinely investigated to identify the source of infection. No outbreak occurred in 2018.

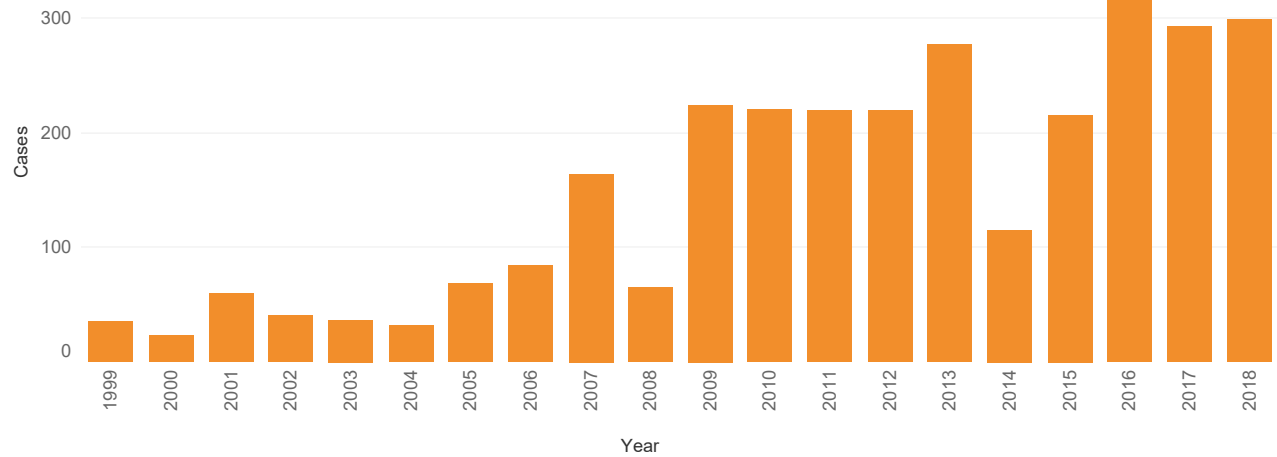
Treatment with an antiprotozoal agent has been shown effective in persons with a normal immune response; however, there are no proven effective treatments in immunocompromised hosts.



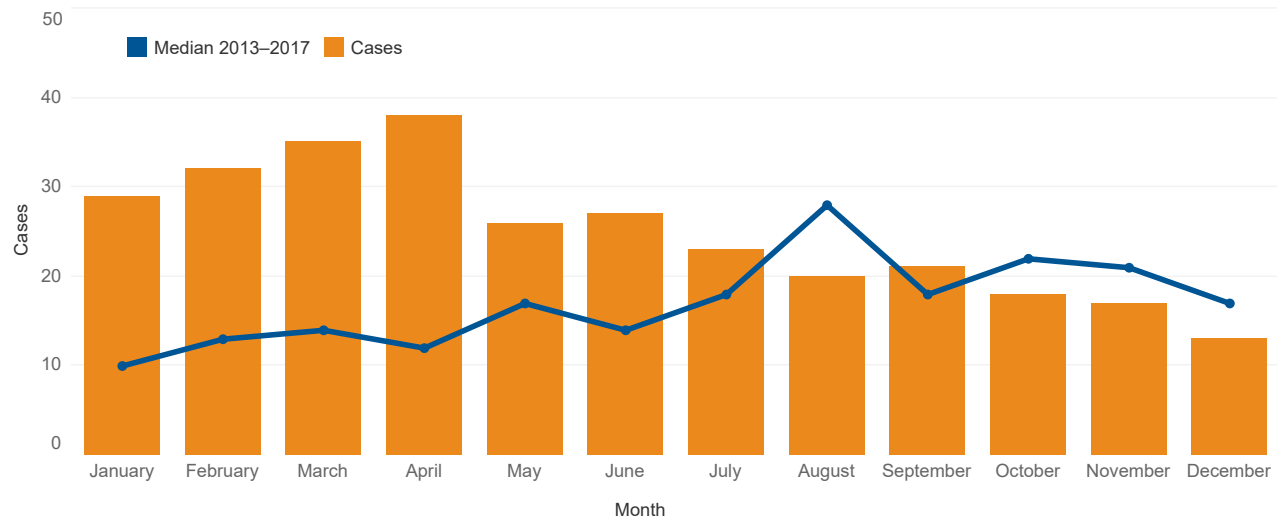
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Disease overview	<b>Incidence by year and month</b>	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Disease prevention
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### Incidence of cryptosporidiosis by year: Oregon, 1999–2018

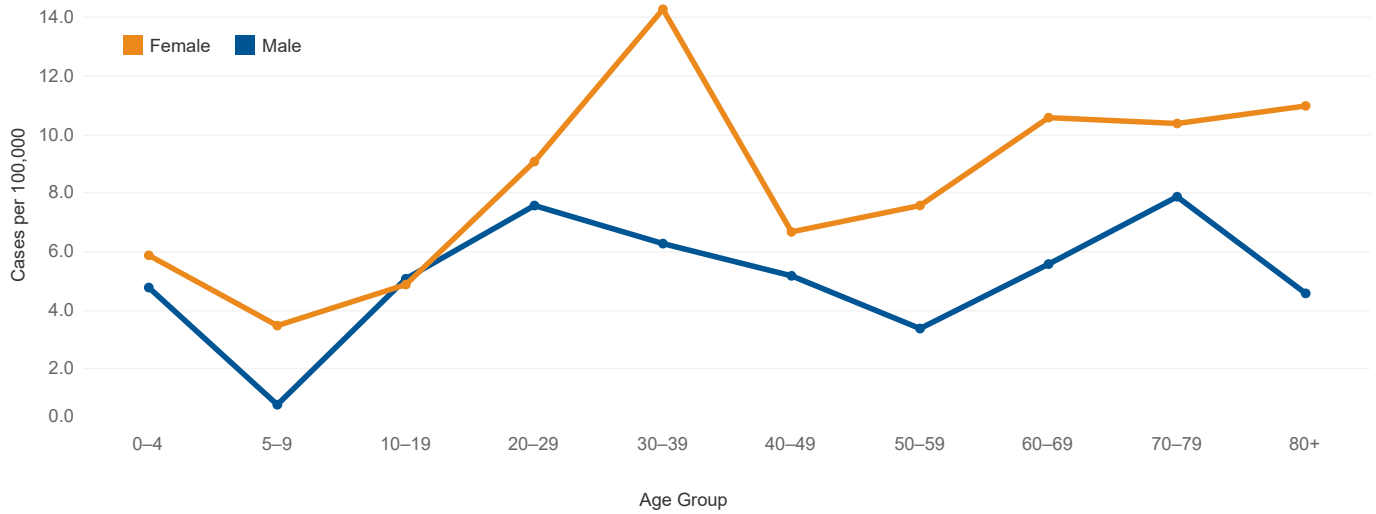


### Incidence of cryptosporidiosis by month: Oregon, 2018

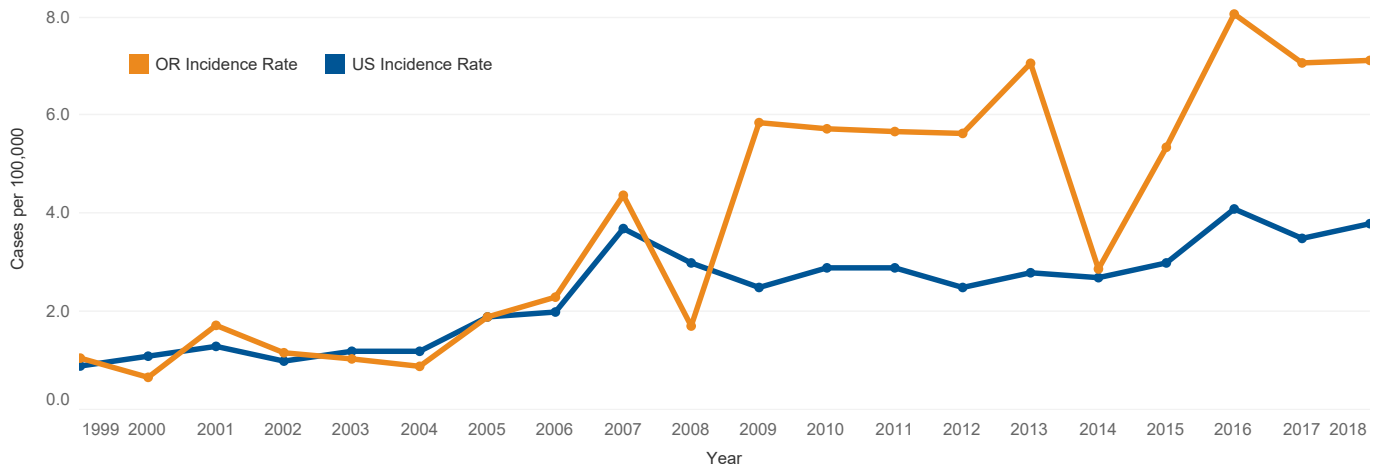


Disease overview	Incidence by year and month	<b>Incidence by age and sex and in Oregon vs. nation..</b>	Incidence by race and ethnicity	Incidence by county	Disease prevention
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### Incidence of cryptosporidiosis by age and sex: Oregon, 2018



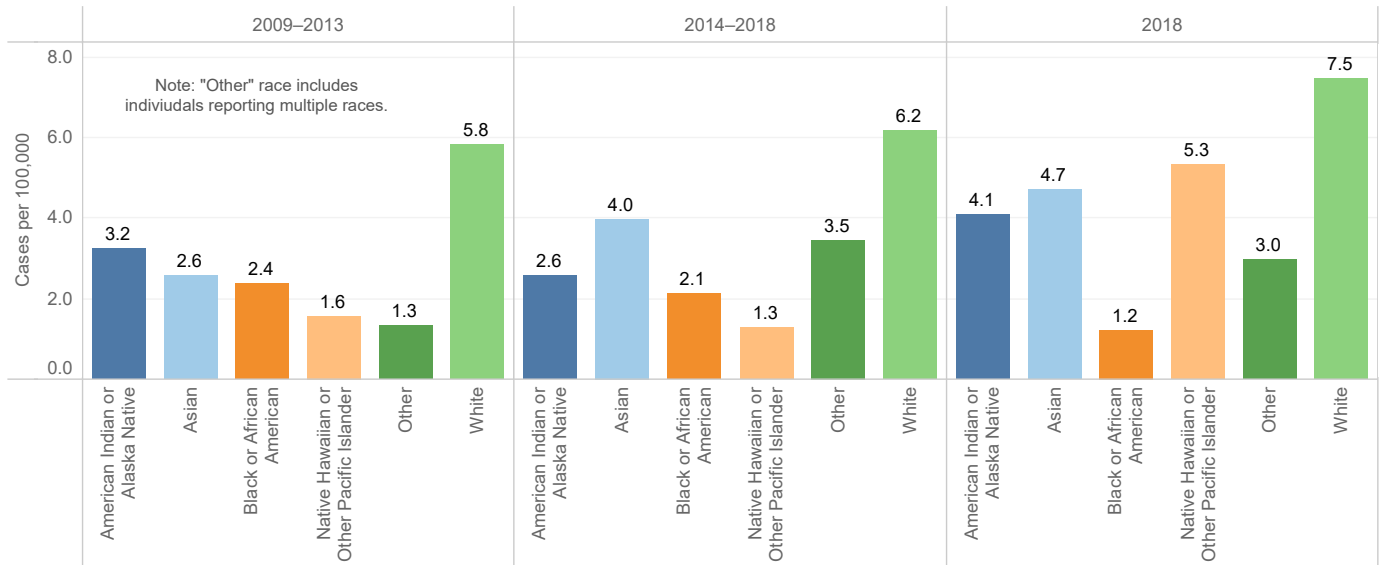
### Incidence of cryptosporidiosis: Oregon vs. nationwide, 1999-2018



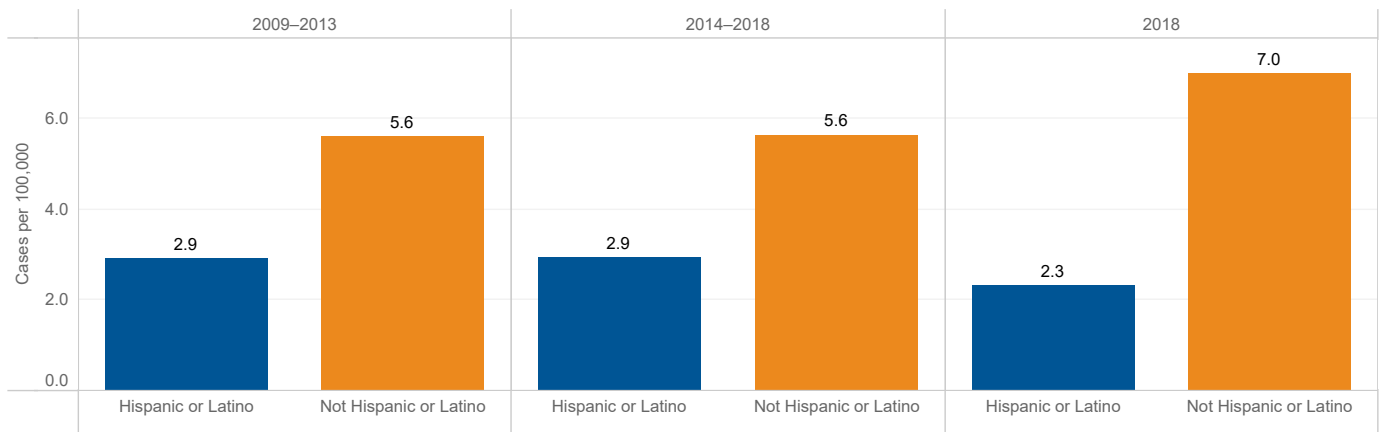
Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	<b>Incidence by race and ethnicity</b>	Incidence by county	Disease prevention
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Select data variable to view  
Incidence Rate

### Incidence of cryptosporidiosis by reported race: Oregon, 2009–2018



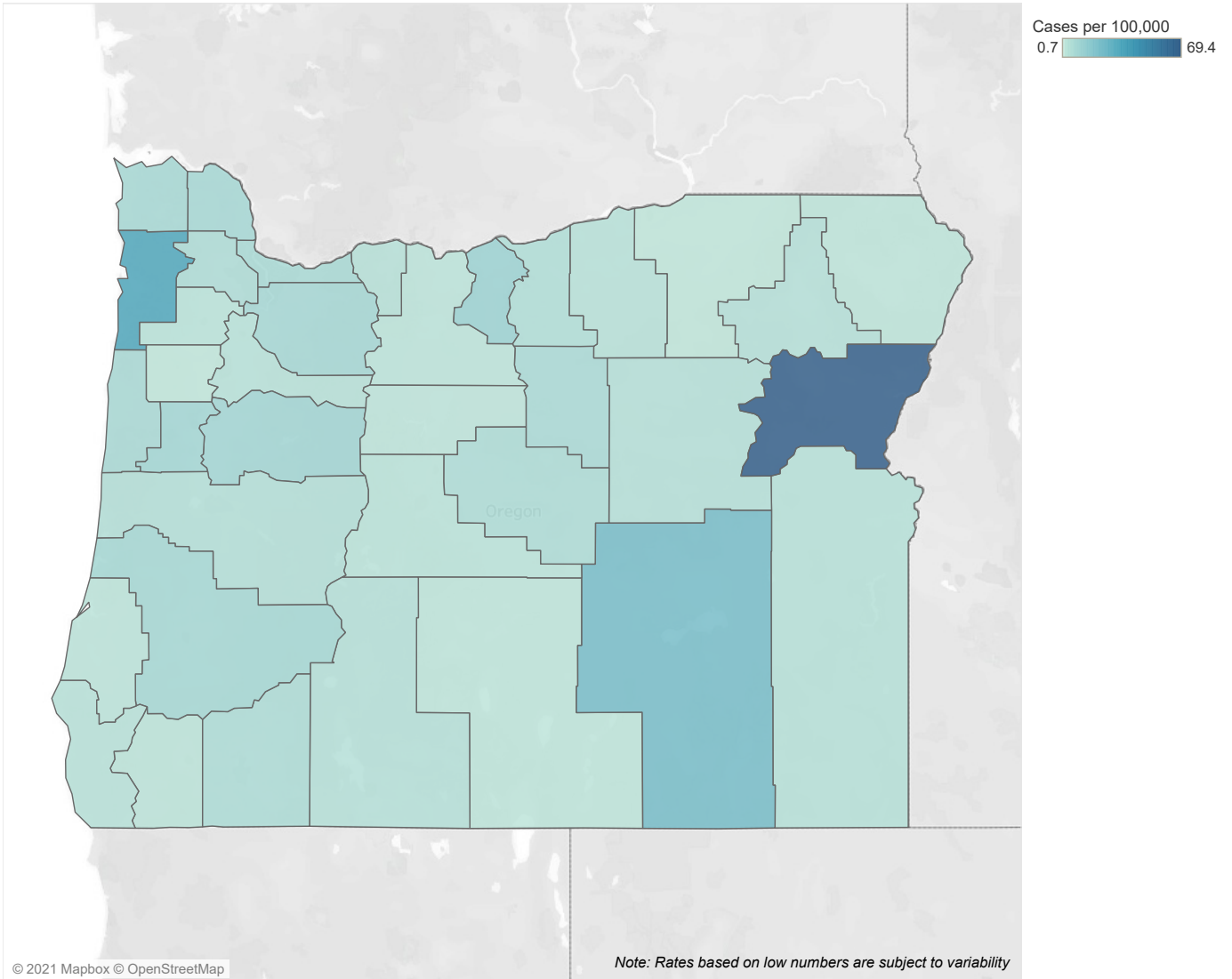
### Incidence of cryptosporidiosis by reported ethnicity: Oregon, 2009–2018





Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	<b>Incidence by county</b>	Disease prevention
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### Incidence of cryptosporidiosis by county of residence: Oregon, 2009–2018




Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Disease prevention
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# Prevention

- Wash hands carefully and frequently with soap and warm water, especially after going to the bathroom, changing diapers or touching livestock. Supervise hand washing of toddlers and small children after they use the toilet.
- Do not work or attend daycare, serve or prepare food or work in health care while ill with diarrhea.
- Refrain from recreational water activities (pools, hot tubs, splash pads) for two weeks after symptoms from a bout of cryptosporidiosis subside.
- Do not drink untreated surface water.



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Disease overview

Incidence by year

Disease prevention

# Dengue fever

Dengue is a mosquito-borne viral infection. It is caused by a *Flavivirus* (the same genus as West Nile, Zika and yellow fever viruses). There are four serotypes, identified as DENV 1–4. The disease is limited primarily to the tropics and subtropics, although imported cases occasionally occur.

Symptom severity ranges from subclinical, asymptomatic infections to high fever, headache, muscle aches and rash. A subset of patients may develop hemorrhagic fever, with bleeding and shock. Treatment for dengue is supportive. There is, alas, no vaccine yet that protects against dengue fever.

There is no evidence of transmission here in Oregon. The typical vectors, *Aedes albopictus*, *Aedes japonicus* and *Aedes aegypti*, are not native to Oregon, although there have been reports of all three species in California.

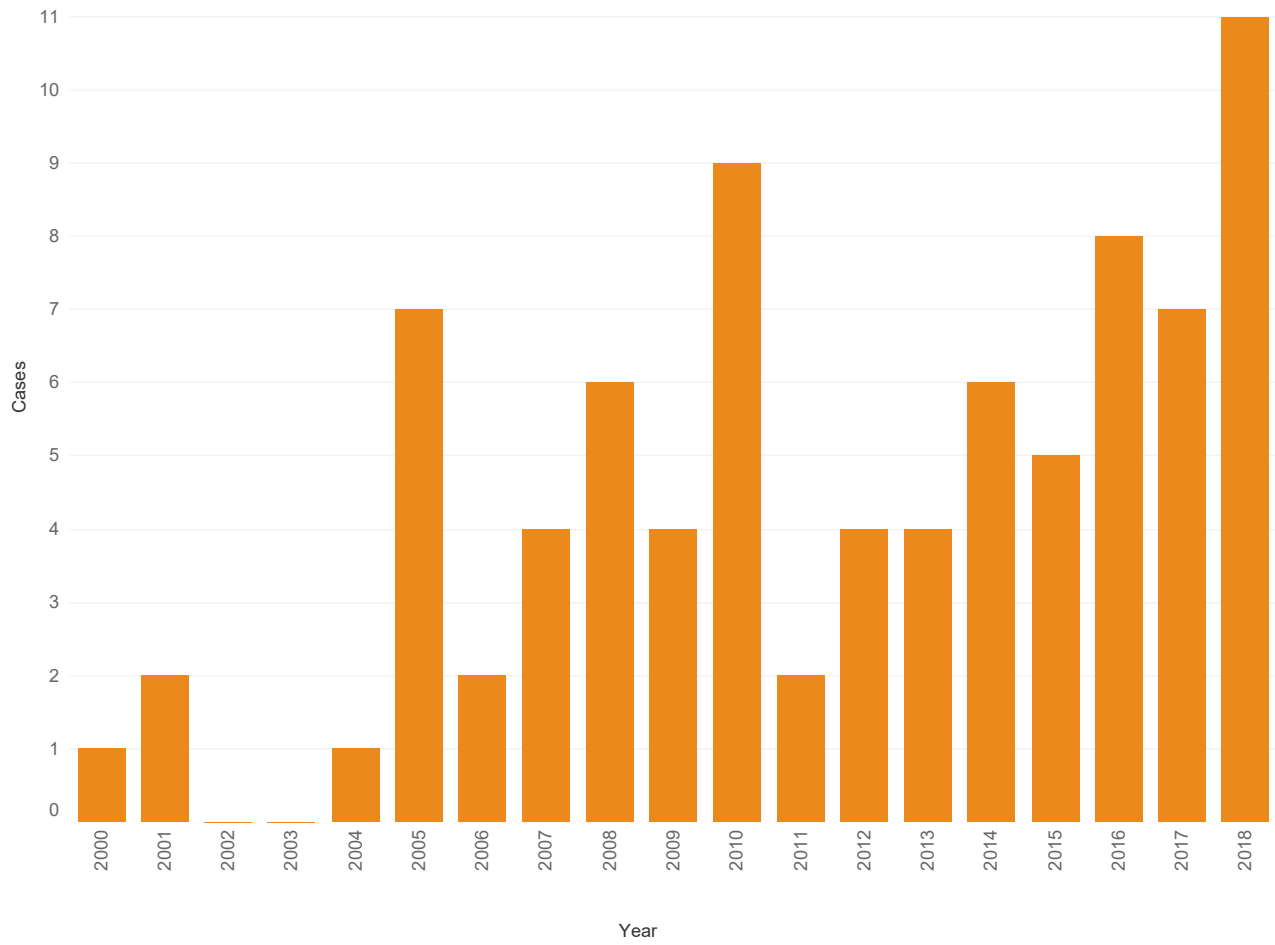
Eleven cases in Oregon residents were reported in 2018. All had a history of recent international travel to areas where dengue is endemic, including to Thailand and Mexico. Most (64%) were female. Cases were aged 13–67 years.



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### Incidence of dengue infection by year: Oregon, 2000–2018



# Prevention

Primary prevention measures are geared toward avoiding mosquito bites when visiting areas where dengue is circulating:

- Use mosquito repellent.
- Wear long sleeves, long pants, shoes and socks when out and about.
- Avoid outdoor activities at dawn, dusk and early evening, when more mosquitoes are out.
- Check screens on doors and windows where you are staying to make sure they are intact.
- Sleep under a treated mosquito net when nighttime exposure to mosquitoes could occur.
- Additionally, persons acutely ill with dengue should avoid exposure to domestic mosquitoes. (We don't want to find out the hard way that local species can harbor and transmit the virus, after all.)

Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence of O157 vs. non-O157 STEC infections	Incidence by county
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## *Escherichia coli* O157 and other Shiga toxin-producing *Escherichia coli* (STEC) infections

*Escherichia coli* O157 (O157) is one of the most dreaded causes of infectious gastroenteritis. Bloody diarrhea is a hallmark of this pathogen, but the real danger is post-diarrheal hemolytic uremic syndrome (HUS). Oregon has been the setting for many O157 outbreaks, and the investigations of those outbreaks, combined with the analysis of other surveillance data, has contributed greatly to our understanding of this pathogen. Spread by the fecal-oral route, O157 has several animal reservoirs, the most important of which are ruminants: cattle, goats, sheep, deer, elk, etc. Transmission often occurs from consumption of contaminated food or water, as well as direct person-to-person spread and environmental exposures. Mid-to-late summer is the peak season for O157 infections.

With increasing deployment of diagnostic kits that identify Shiga toxin-producing *E. coli* (rather than O157 per se) comes an appreciation of the significant role that other STEC play as human pathogens. In the United States (and in Oregon), O26, O45, O103, O111, O121 and O145 are the most common “other” serogroups of the enterohemorrhagic *E. coli*, making up approximately half of the reported cases. O157 infections are much more likely to result in HUS than is infection by STEC.

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Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence of O157 vs. non-O157 STEC infections	Incidence by county
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Over the past 10 years, the number of O157 cases reported statewide has ranged between 65 and 111 annually. After climbing to a peak of 2.9 per 100,000 in 2012, rates were declining. In 2018, the rate of 1.8 per 100,000 persons was up from the 2016–2017 rate of 1.6 per 100,000.

As for the non-O157 serogroups, those case counts have increased steadily from single digits in 2007 and 2008 to 140 confirmed cases in 2018. Of the 216 confirmed STECs serotyped in 2018, 76 were O157; 140 were non-O157, including O26 (33), O103 (23), O121 (15), O111 (14) and 30 other serogroups.

Six STEC outbreaks were investigated in 2018; three were foodborne, in two transmission was indeterminate, and one was person-to-person.

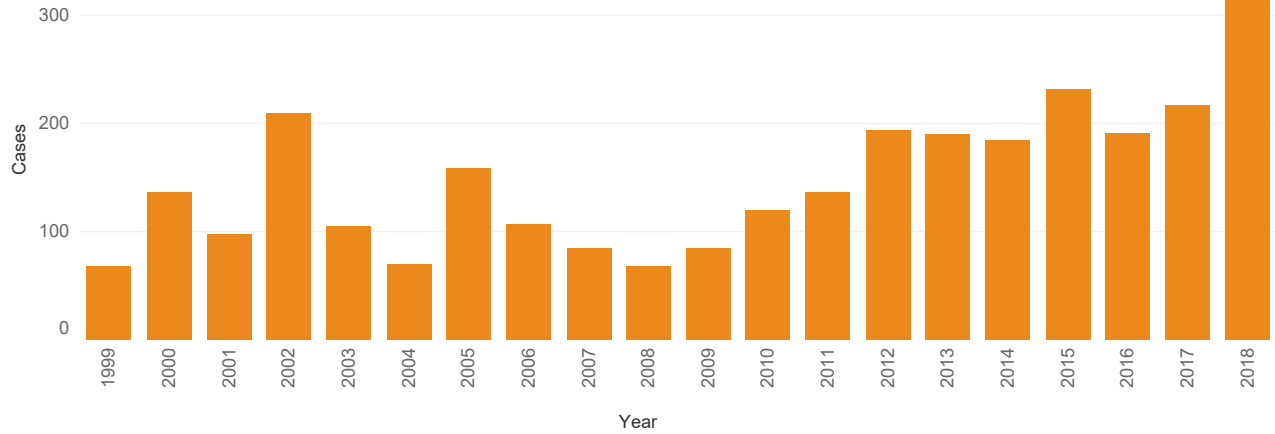
More labs are testing for the presence of Shiga toxin rather than just O157. Unfortunately, at the same time, many labs are dropping culture-based methods, leaving clinicians (and epidemiologists) in the dark as to the specifics of the etiologic agent, and putting more of the diagnostic burden on the public health reference lab.

Much of the heavy lifting for prevention must be done upstream, with plans to minimize contamination of crops and processing equipment. Hazard Analysis and Critical Control Point (HACCP) practices focus on documenting and controlling risks during food processing and commercial food preparation, as well as efforts to control water and other potential environmental sources of infection.

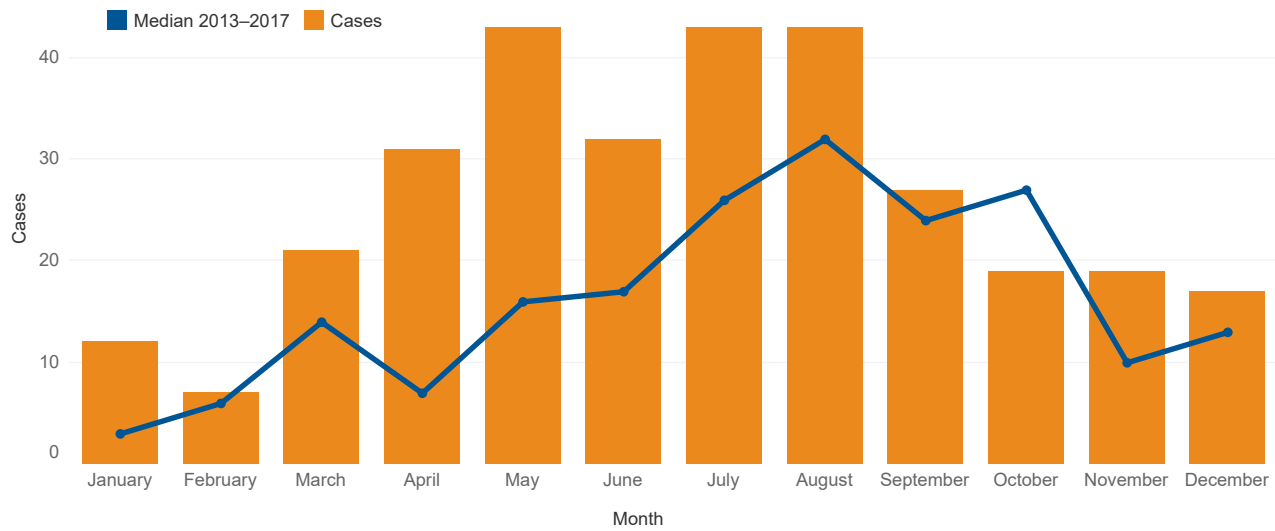


Disease overview	Disease overview (continued)	<b>Incidence by year and month</b>	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence of O157 vs. non-O157 STEC infections	Incidence by county
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### Incidence of STEC infection (including *E. coli* O157) by year: Oregon, 1999–2018



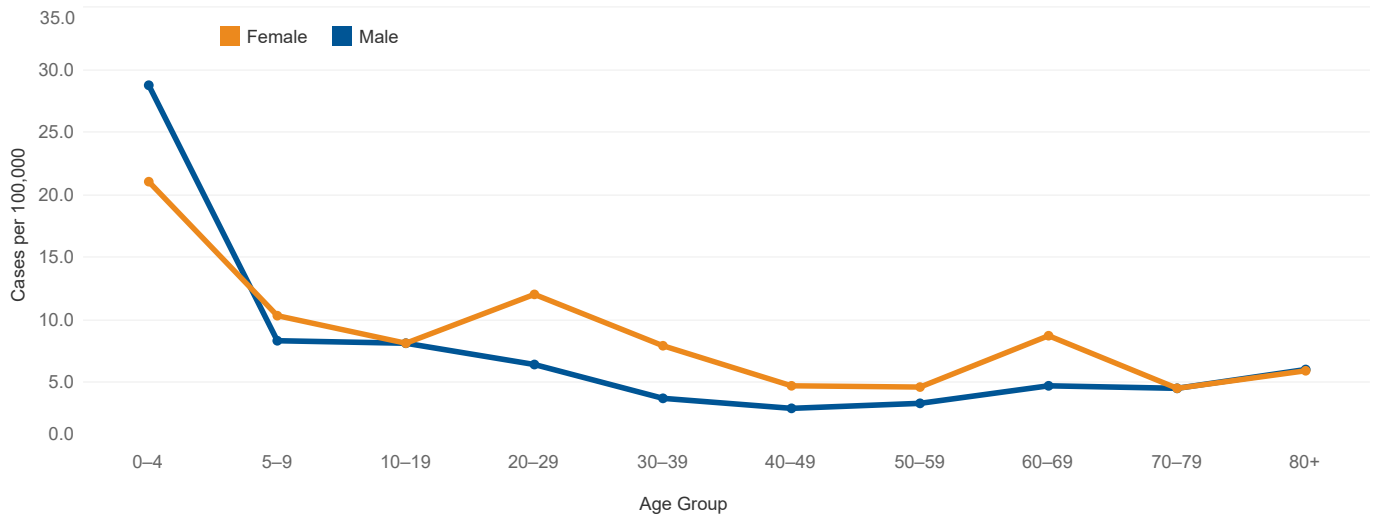
### Incidence of STEC infection by month: Oregon, 2018



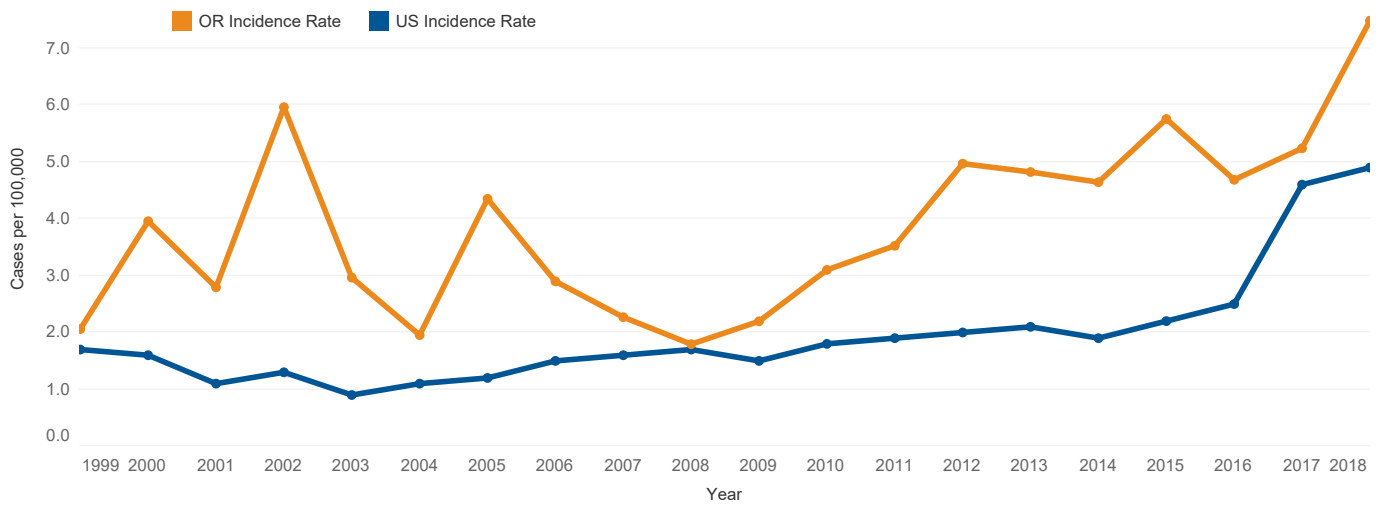


Disease overview	Disease overview (continued)	Incidence by year and month	<b>Incidence by age and sex and in Oregon vs. nation..</b>	Incidence by race and ethnicity	Incidence of O157 vs. non-O157 STEC infections	Incidence by county
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### Incidence of STEC infection by age and sex: Oregon, 2018



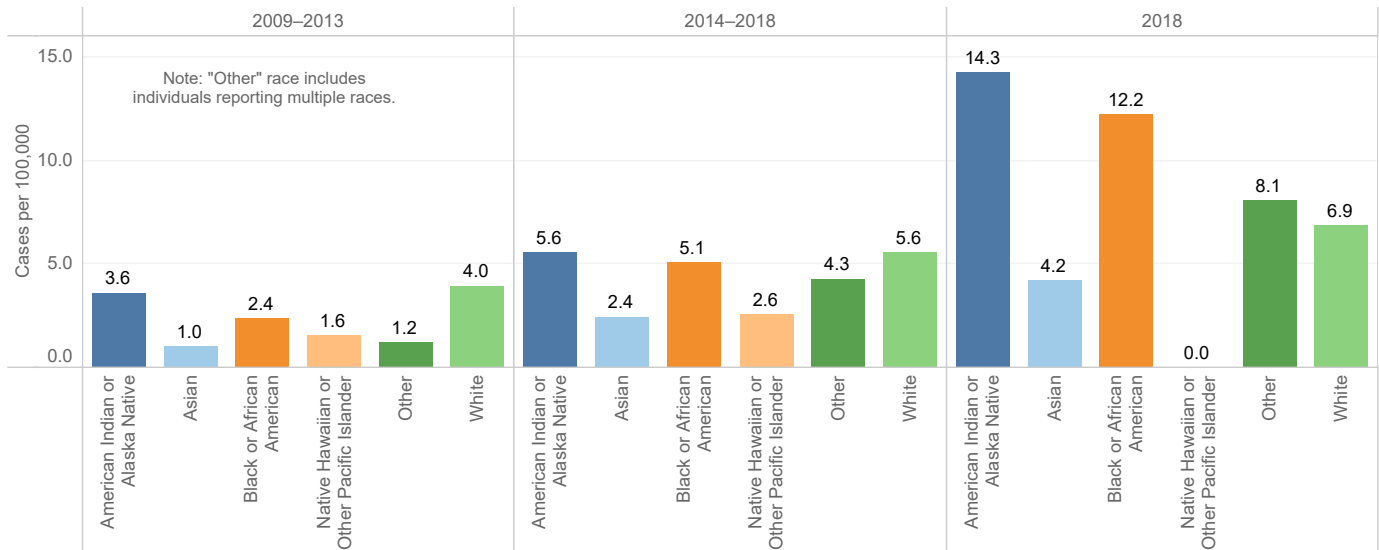
### Incidence of STEC infection: Oregon vs. nationwide, 1999–2018



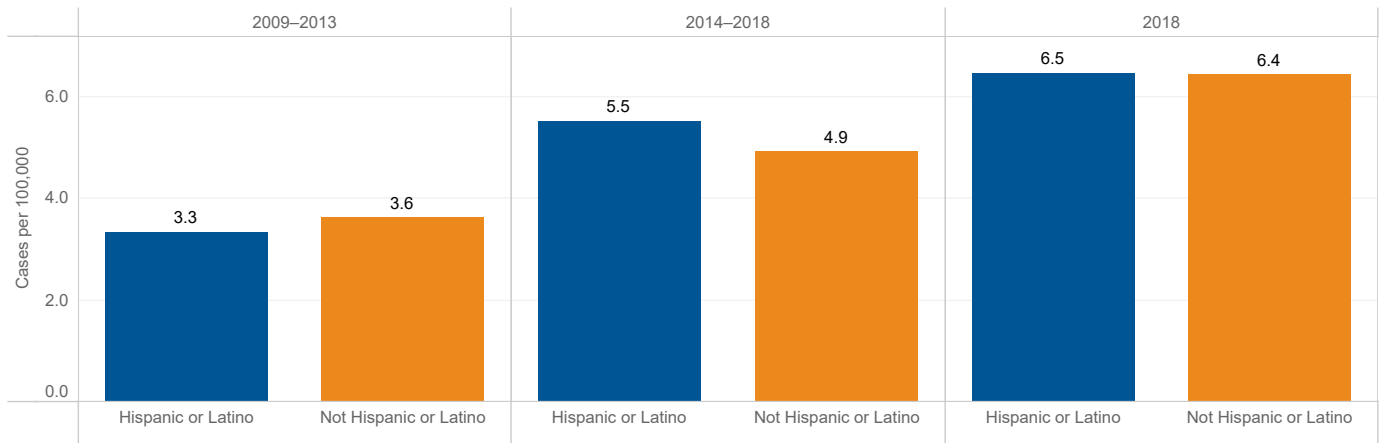
Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	<b>Incidence by race and ethnicity</b>	Incidence of O157 vs. non-O157 STEC infections	Incidence by county	Disease Prevention
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Select data variable to view  
Incidence Rate

### Incidence of STEC infection by reported race: Oregon, 2009–2018

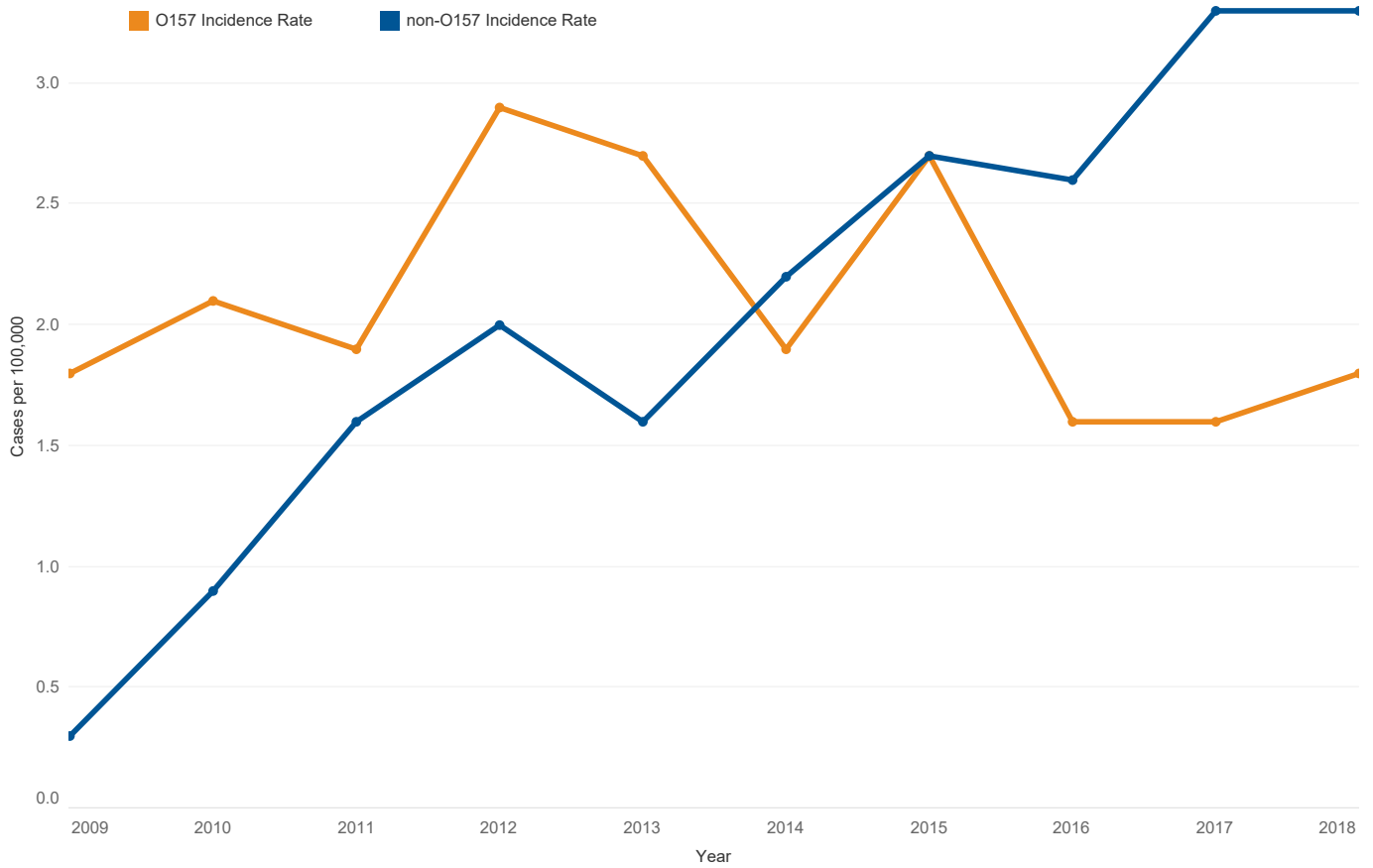


### Incidence of STEC infection by reported ethnicity: Oregon, 2009–2018



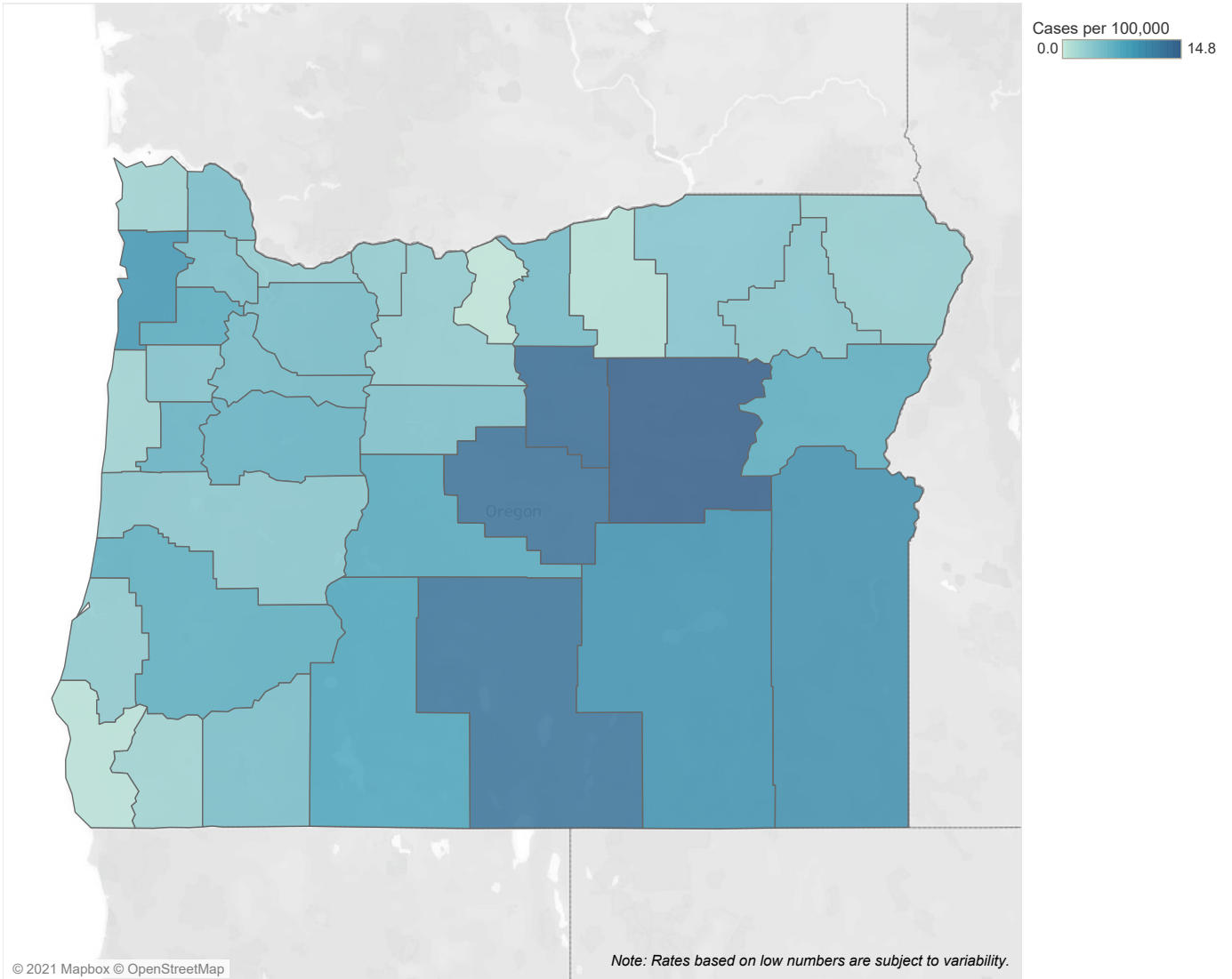
Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	<b>Incidence of O157 vs. non-O157 STEC infections</b>	Incidence by county	Disease Prevention
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Incidence of STEC infection, O157 vs. non-O157 type: Oregon, 2009–2018



Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence of O157 vs. non-O157 STEC infections	<b>Incidence by county</b>	Disease Prevention
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### Incidence of STEC infection by county of residence: Oregon, 2009–2018



Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence of O157 vs. non-O157 STEC infections	Incidence by county	Disease Prevention
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# Prevention

- Wash hands with soap carefully and frequently, especially after going to the bathroom, changing diapers or touching livestock. Supervise hand washing of toddlers and small children after they use the toilet.
- Do not work or attend daycare, serve or prepare food or work in health care while ill with diarrhea.
- Practice safe food handling. Rinse raw produce thoroughly under running tap water; separate uncooked meats from vegetables, cooked foods, and ready-to-eat foods; and cook meat to the proper temperatures.
- Do not drink raw milk and do not eat foods that have unpasteurized milk in them.

Disease overview

Disease overview  
(continued)

Incidence by year  
and by age and sex

Disease prevention

# Extrapulmonary nontuberculous mycobacterial disease (NTM)

Oregon surveillance for extrapulmonary nontuberculous mycobacterial disease (NTM) started in January 2014. Case reporting identifies outbreaks and potential sources of transmission. Other objectives of reporting are to prevent further transmission, identify epidemiologic trends and educate the exposed persons about signs and symptoms of the disease.

NTM are environmental organisms, usually associated with water and soil; there are more than 100 different species identified. Disease-causing *Mycobacterium* species frequently identified in the United States include: *M. avium* complex (MAC), *M. marinum*, *M. abscessus*, *M. chelonae*, *M. fortuitum*, *M. kansasii* and *M. xenopi* (in certain regions).

Extrapulmonary NTM disease presents as cutaneous, bone, joint, lymph node or central nervous system disease. These soft tissue infections cause purplish nodules that drain and may ulcerate or scar.

Cutaneous infections typically result from either:

- Direct inoculation during trauma
- Surgical or medical procedures
- Exposures to whirlpool baths, or
- Settings such as nail salons or tattoo procedures.

Lymphadenitis occurs most in otherwise healthy children, usually <5 years old. Lymph node disease results in large, reddened and tender nodes, which can drain or ulcerate.

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Disease overview	Disease overview (continued)	Incidence by year and by age and sex	Disease prevention
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Lymphadenitis occurs most in otherwise healthy children, usually <5 years old. Lymph node disease results in large, reddened and tender nodes, which can drain or ulcerate.

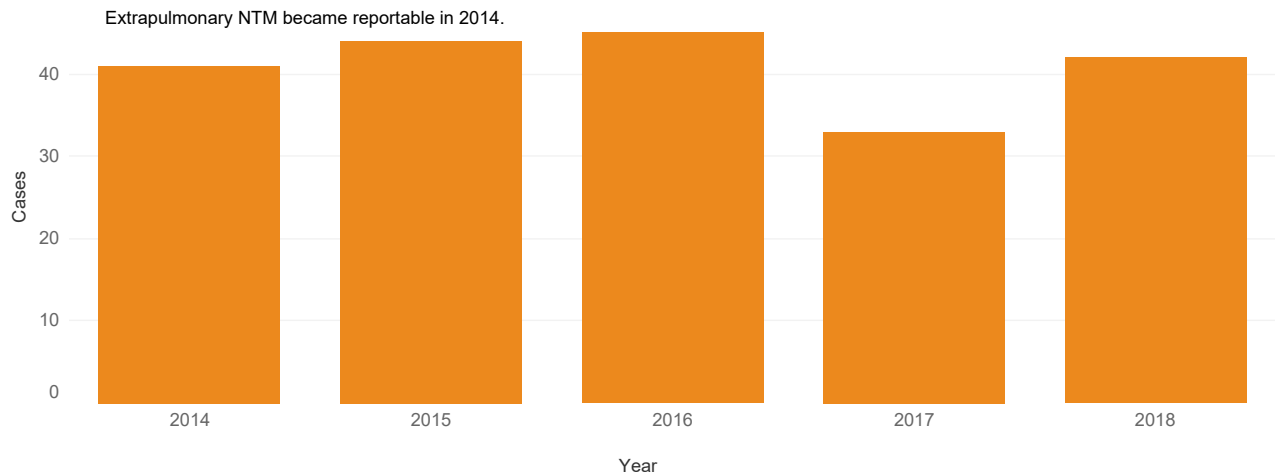
Generally, disseminated extrapulmonary disease occurs in immunocompromised patients (e.g., HIV, cancer, transplant and others). Symptoms include cough, fatigue, weight loss, fever and night sweats.

Treatment is based on the species identified and the site of infection. For the immunocompetent, infections are usually curable with a two to three drug regimen for two to six months, depending on site of infection. Susceptibility testing of the organism determines the appropriate antibiotic treatment. For those with disseminated disease, cure is difficult to achieve without restoration of the immune system.

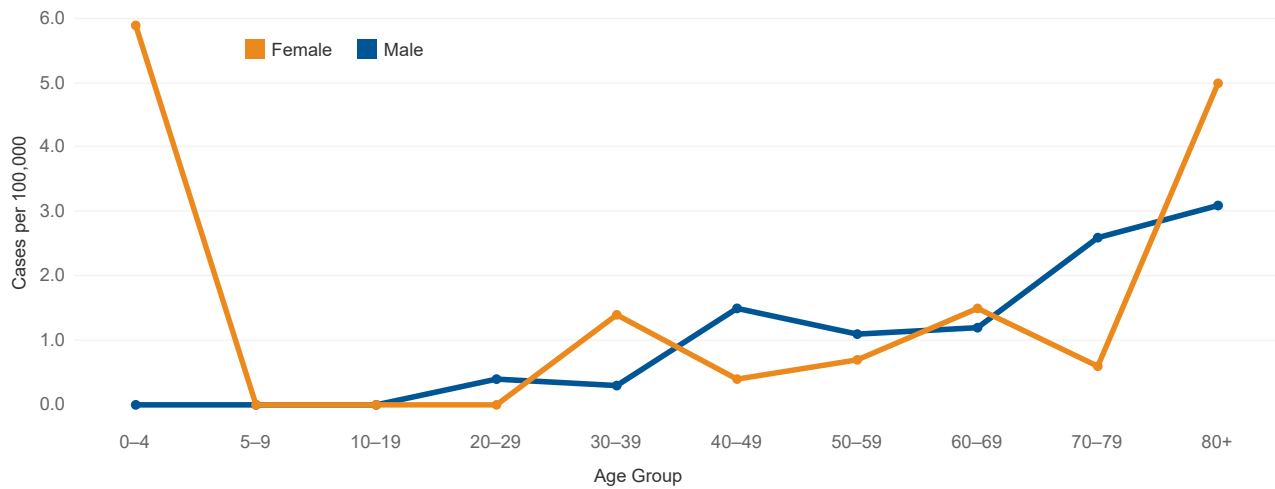
Forty-two cases of extrapulmonary NTM with disease onset in 2018 were reported among Oregonians. The median case age was 54 (range <1–96) years; 24 (57%) were female; 19 (45%) were hospitalized at the time of specimen collection. Tissue and wound cultures accounted for 30 (71%) of the specimen sources. *M. avium* complex was the species most frequently isolated at 16 (38%) of cases. Among the 7 (17%) cases in the 0-4 age group, *M. avium* complex was isolated from lymph nodes or tissue samples.

One NTM cluster was detected in 2018. In this cluster *M. abscessus* was isolated from peritoneal fluid or catheter sites of 3 patients associated with a single renal care clinic.

### Incidence of extrapulmonary nontuberculous mycobacterial disease (NTM) by year: Oregon, 2014–2018



### Incidence of extrapulmonary nontuberculous mycobacterial disease (NTM) by age and sex: Oregon, 2018






Disease overview	Disease overview (continued)	Incidence by year and by age and sex	Disease prevention
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# Prevention

- For surgical procedures, follow infection prevention best practices, which include following sterilization guidelines and not using tap water or ice in the operating room.
- Avoid dusts from potting soil.
- Adequately clean baths in nail salons.
- Tattoo ink should be diluted with sterile water.



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Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Disease prevention
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## Giardiasis

*Giardia intestinalis*, the flagellated protozoan originally named *G. lamblia*, is the most commonly identified parasitic pathogen in the United States. Children in daycare and their close contacts are at greatest risk, as are backpackers and campers (from drinking unfiltered, untreated water), persons drinking from shallow wells, travelers to disease-endemic areas and men who have sex with men.

*Giardia* cysts can be excreted in the stool intermittently for weeks or months, resulting in a protracted period of communicability. Transmission occurs when as few as 10 cysts are ingested through person-to-person or animal-to-person contact, or by ingesting fecally contaminated water or food. Because most human cases follow person-to-person transmission, identification and treatment of giardiasis as well as management of individuals' contacts should prevent further spread of infection.

Most *Giardia* infections occur without symptoms. When symptomatic, patients report chronic diarrhea, steatorrhea, abdominal cramps, bloating, frequent loose and pale, greasy stools, fatigue and weight loss.

In 2018, the reported incidence of giardiasis in Oregon remained almost twice that of the rest of the United States, with 7.7 cases per 100,000 persons. During 2018, 96% of the cases were reported as "sporadic"; 4% were transmitted among household members, and there were no outbreaks reported. Persons aged 50–59 years had the highest incidence in 2018, with 11.5 cases per 100,000 population. Rates of infection tend to be higher in the summer months with transmission related to outdoor activities in or near untreated water, however in 2018 the most cases were reported in January.

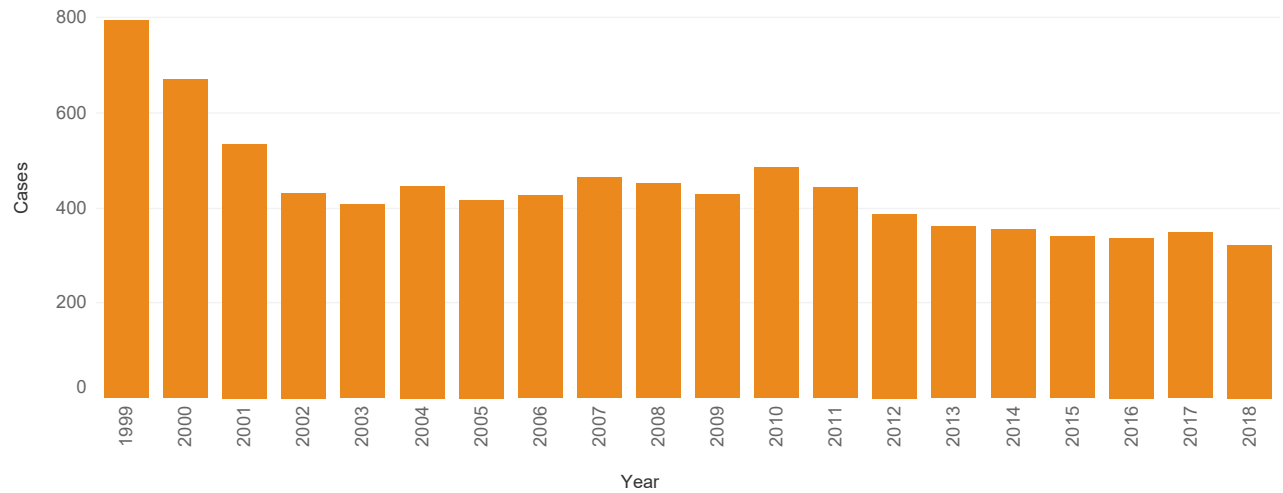
Giardiasis is treatable, though treatment fails 10% of the time. Treatment failure, however, is not thought to indicate resistance. A repeat course of the same or another medication may work.



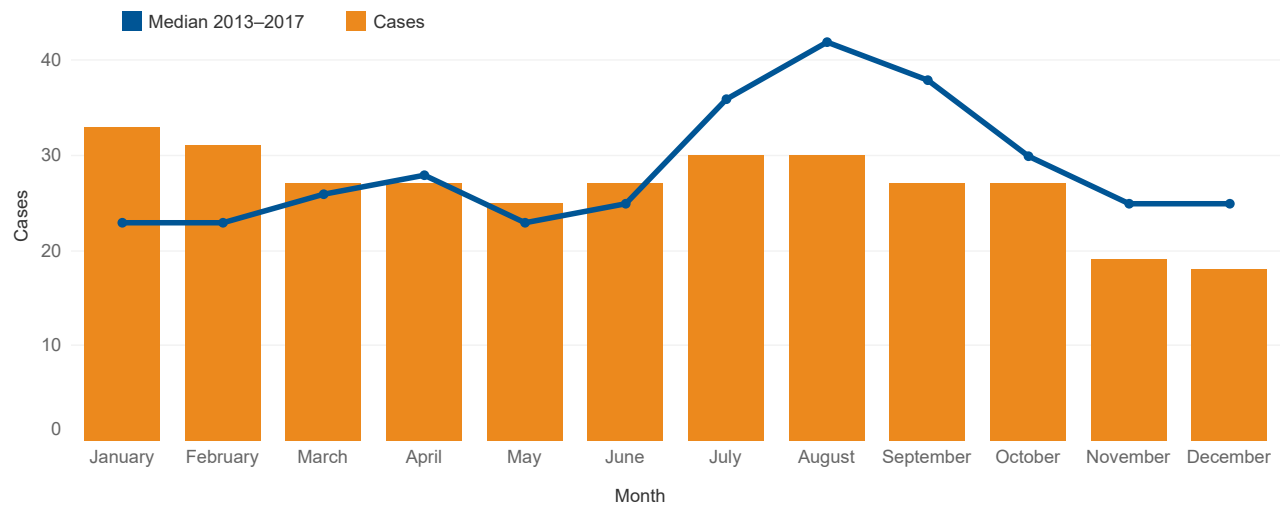
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Disease overview	<b>Incidence by year and month</b>	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Disease prevention
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### Incidence of giardiasis by year: Oregon, 1999–2018

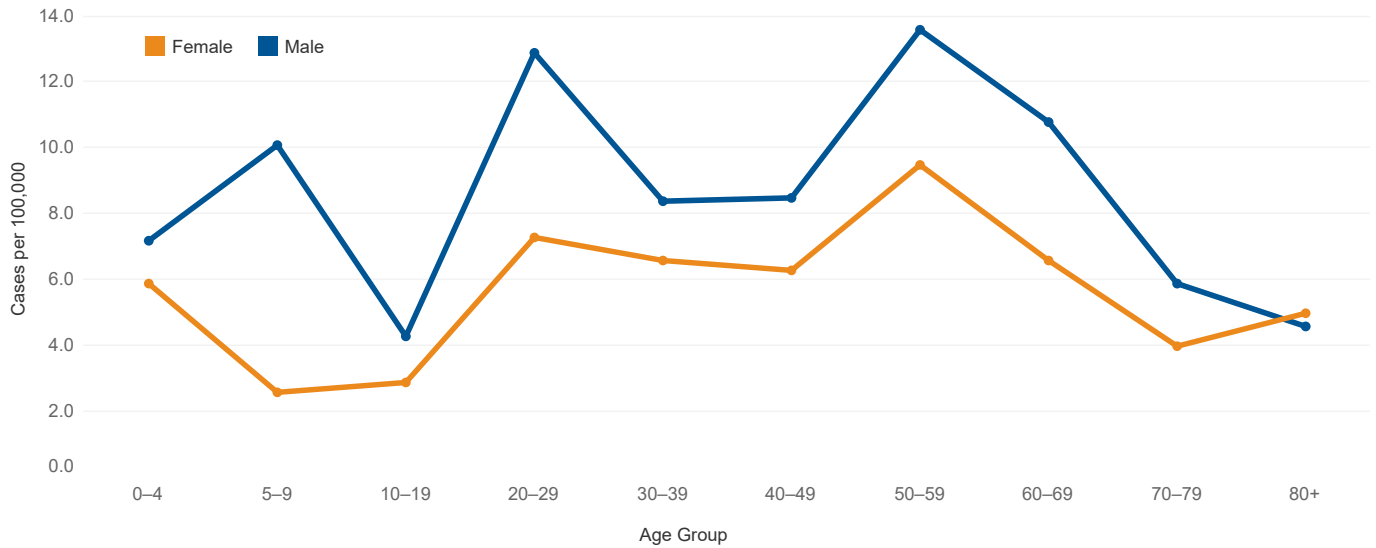


### Incidence of giardiasis by month: Oregon, 2018



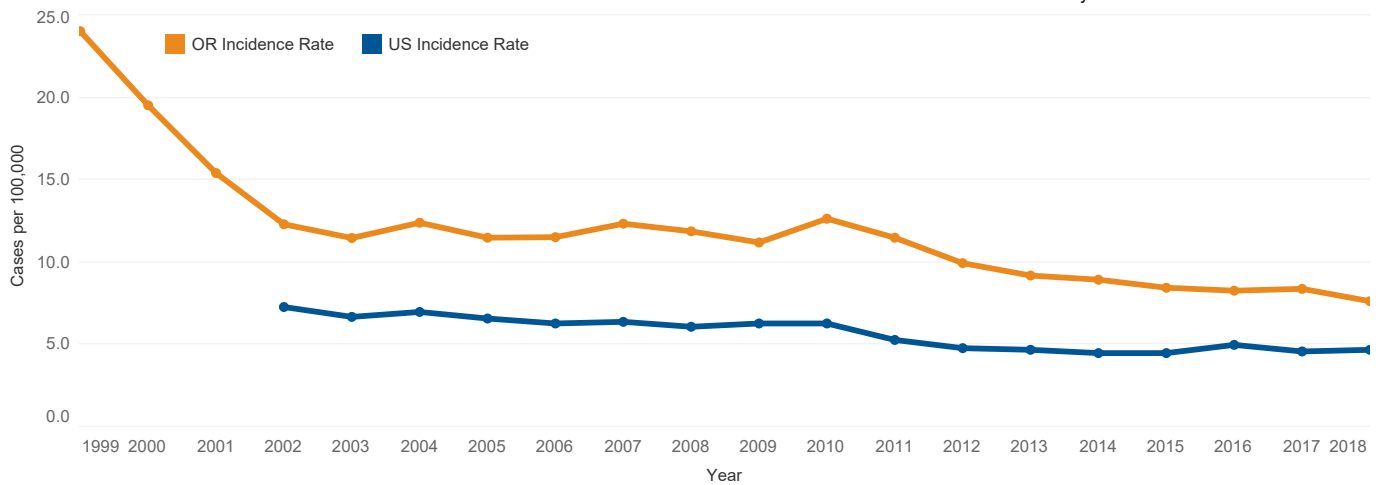
Disease overview	Incidence by year and month	<b>Incidence by age and sex and in Oregon vs. nation..</b>	Incidence by race and ethnicity	Incidence by county	Disease prevention
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### Incidence of giardiasis by age and sex: Oregon, 2018



### Incidence of giardiasis: Oregon vs. nationwide, 1999–2018

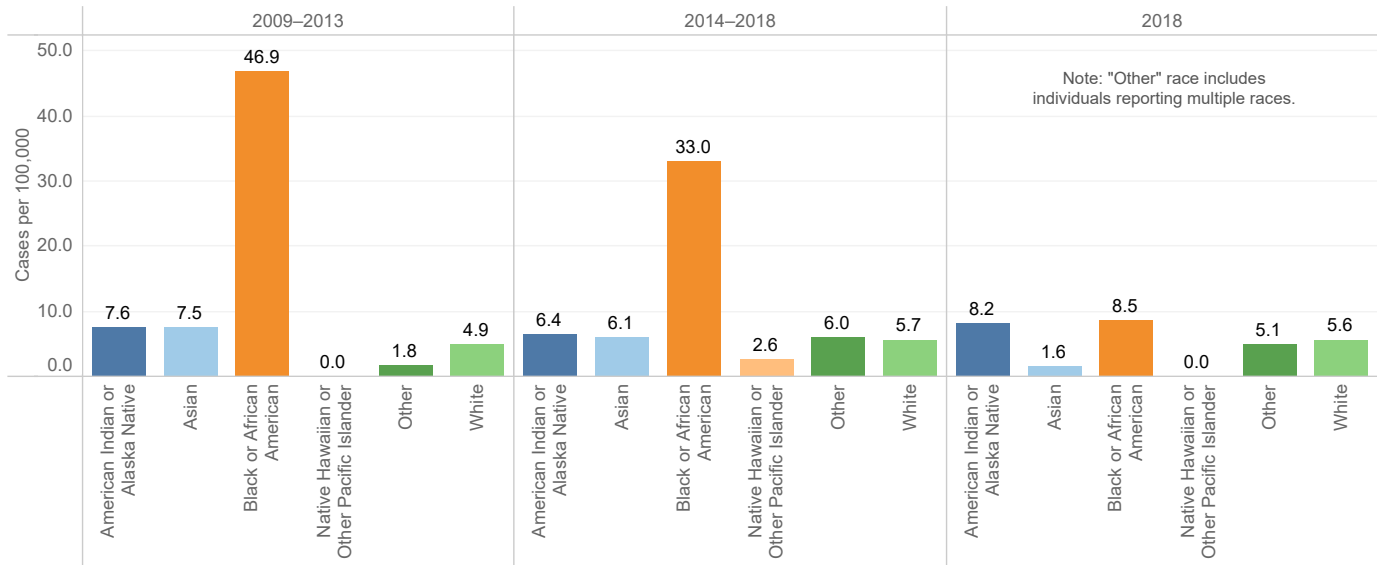
Giardiasis became nationally notifiable in 2002.



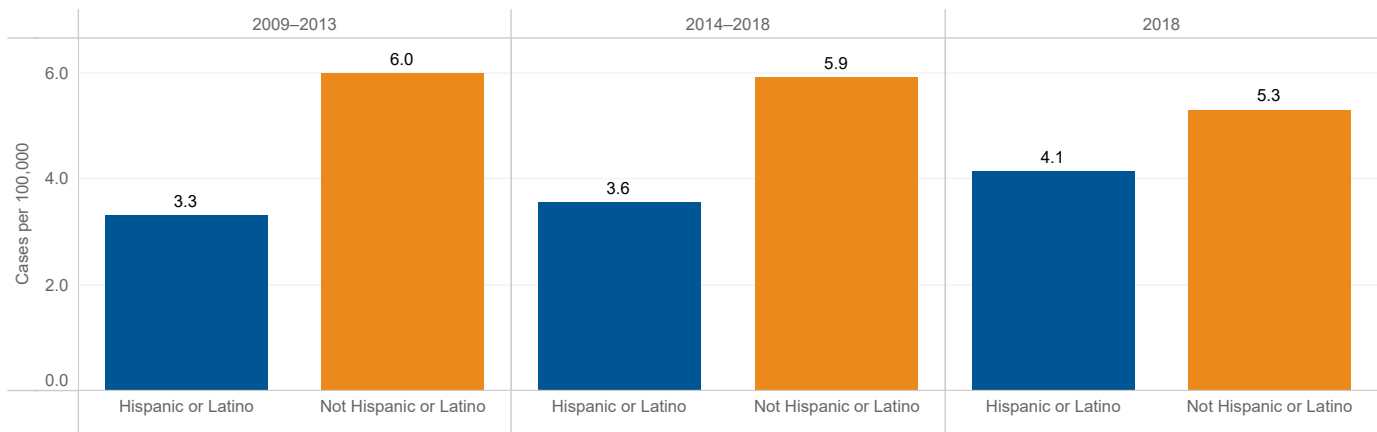
Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	<b>Incidence by race and ethnicity</b>	Incidence by county	Disease prevention
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Select data variable to view  
Incidence Rate

### Incidence of giardiasis by reported race: Oregon, 2009–2018

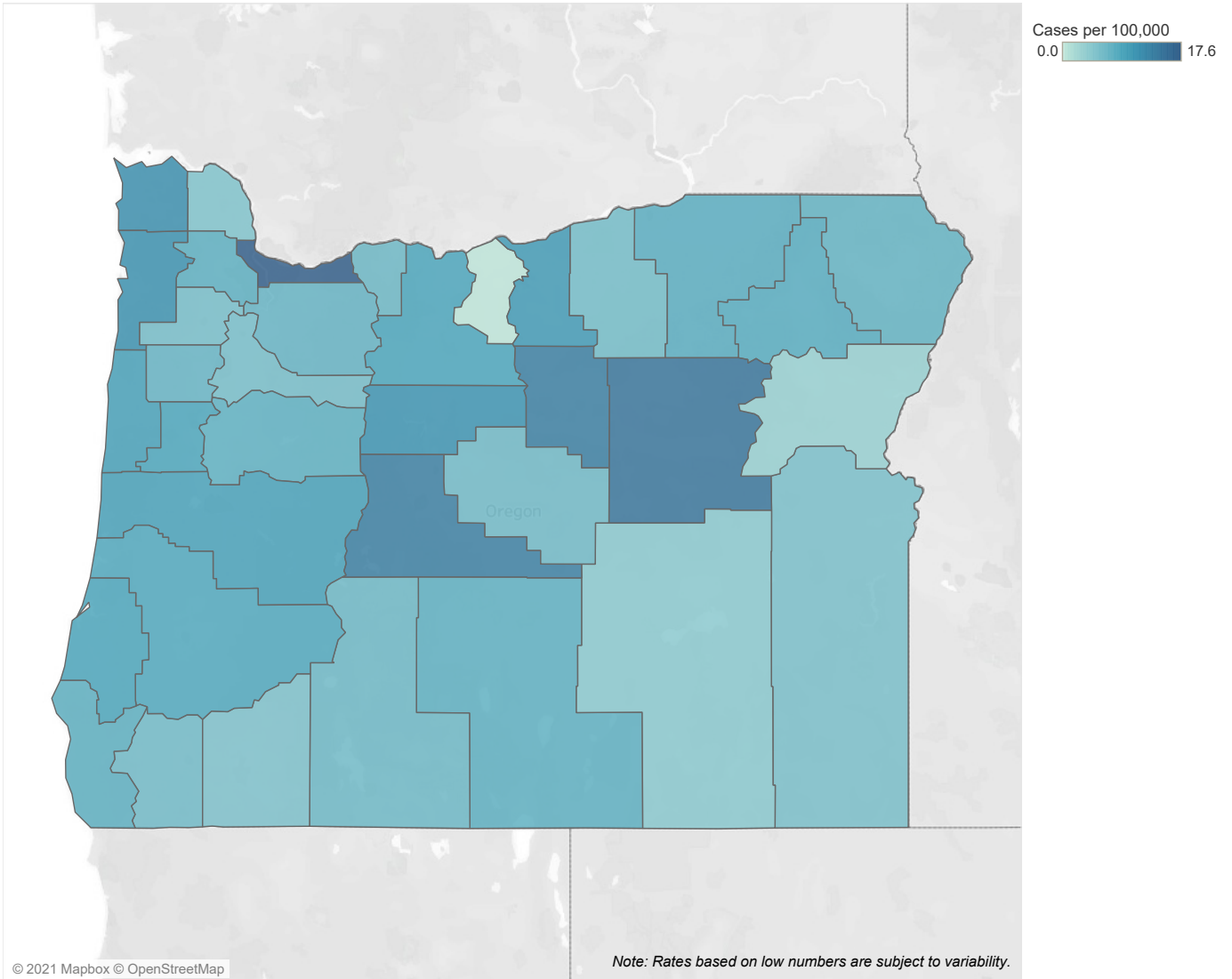


### Incidence of giardiasis by reported ethnicity: Oregon, 2009–2018



Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	<b>Incidence by county</b>	Disease prevention
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### Incidence of giardiasis by county of residence: Oregon, 2009–2018




Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Disease prevention
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# Prevention

- Wash hands with soap carefully and frequently, especially after going to the bathroom, changing diapers or after touching livestock. Supervise hand washing of toddlers and small children after they use the toilet.
- Do not work or attend daycare, serve or prepare food or work in health care while ill with diarrhea.
- Refrain from recreational water activities (pools, hot tubs, splash pads) for two weeks after symptoms from a bout of giardiasis subside.
- Do not drink untreated surface water.



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Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	H. influenzae cases by serotype	Incidence by county	Disease prevention
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## Haemophilus influenzae infection

Until the advent of an effective vaccine against *Haemophilus influenzae* serotype b (Hib) organisms, *H. influenzae* was the leading cause of bacterial meningitis in children <5 years of age in Oregon and elsewhere. It plummeted in the rankings, and *Streptococcus pneumoniae* is now in the lead. In 2018, one case of Hib was reported in a person aged >60 years. Appropriate use of conjugate vaccine will help ensure Hib infection remains minimal well into the future. All sterile-site *H. influenzae* isolates must be sent to the Oregon State Public Health Laboratory for additional typing.

Eighty-nine cases of invasive *H. influenzae* disease (IHiD, all serotypes) occurred in 2018. With the decline in invasive Hib disease in children, there has been increased recognition of nonserotype b and nontypeable cases in persons >5 years of age, especially among those ≥65 years of age. In 2018, 73% of cases were nontypeable, 6% were identified as serotype e, 4% were identified as serotype f, 7% were serotype a, and 1% was serotype b (the remaining 9% of cases were not serotyped). The burden of IHiD in 2018 was highest among those ≥65 years of age (6.8/100,000 persons), followed by those 0-4 years of age (4.1/100,000 persons) and then those 35-64 years of age (1.5/100,000 persons). *Haemophilus influenzae* is treated with antibiotics. In 2018, the top clinical syndrome of invasive IHiD reported in Oregon was pneumonia (57%). Ninety-two percent of cases were hospitalized. There were 10 deaths related to IHiD infection.



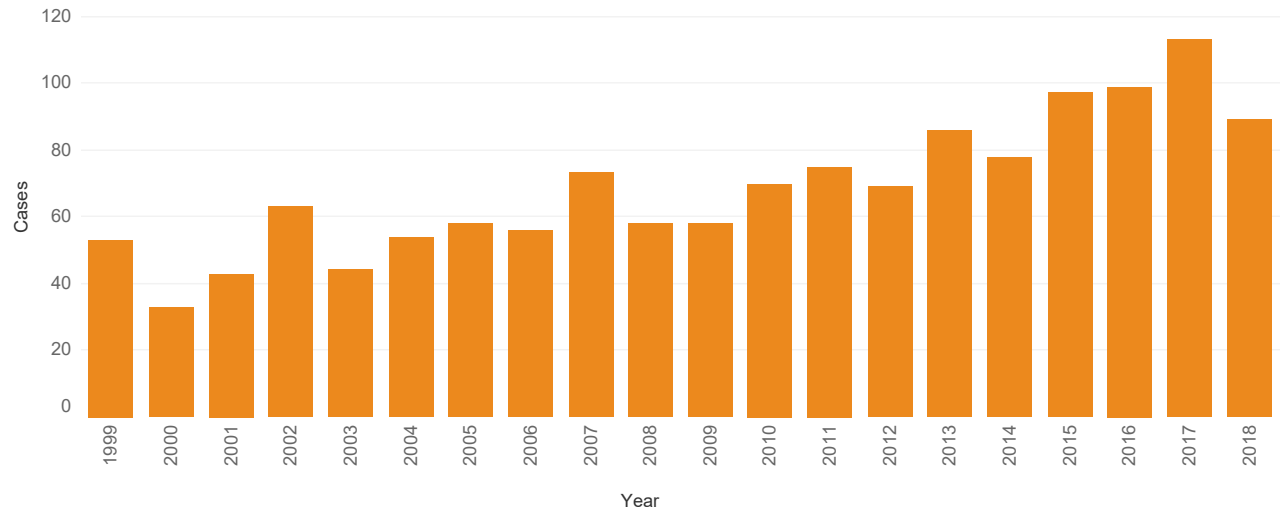
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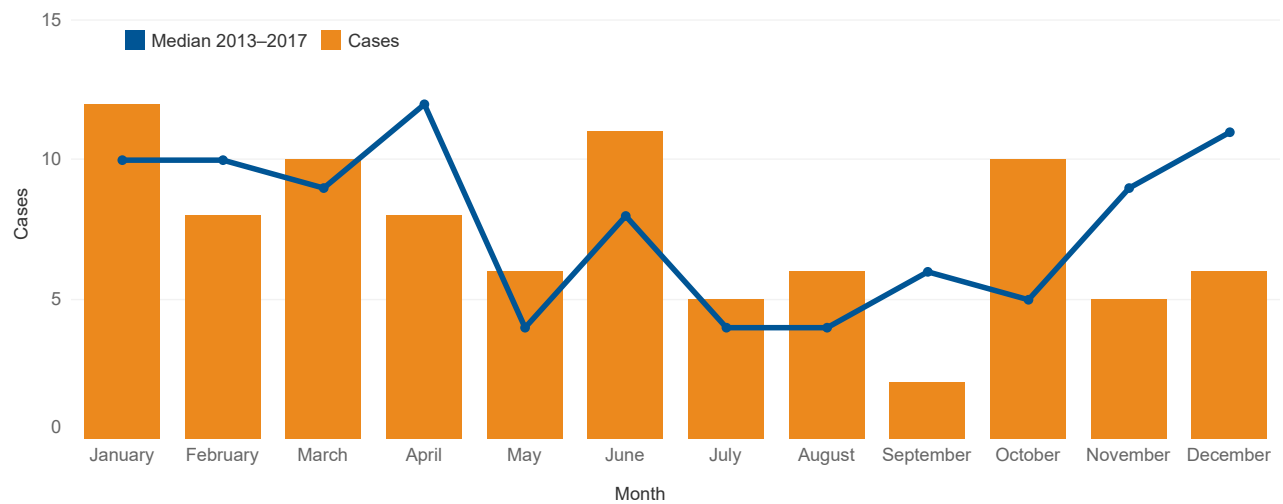


Disease overview	<b>Incidence by year and month</b>	Incidence by age and sex and in Oregon vs. nation..	H. influenzae cases by serotype	Incidence by county	Disease prevention
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### Incidence of *H. influenzae* infection by year: Oregon, 1999–2018

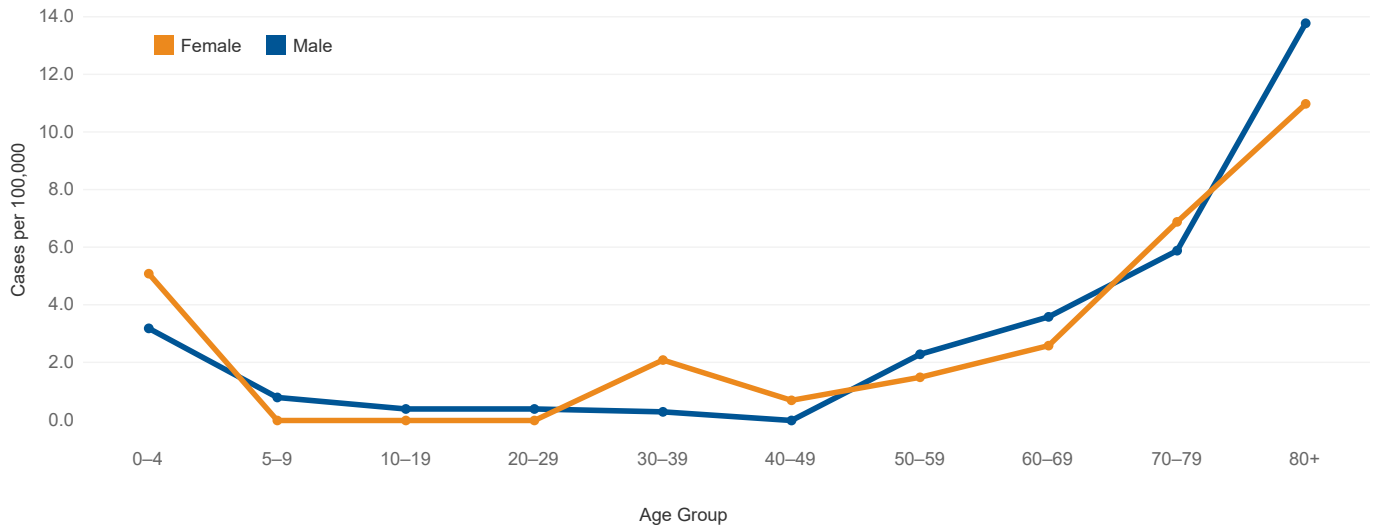


### Incidence of *H. influenzae* infection by month: Oregon, 2018

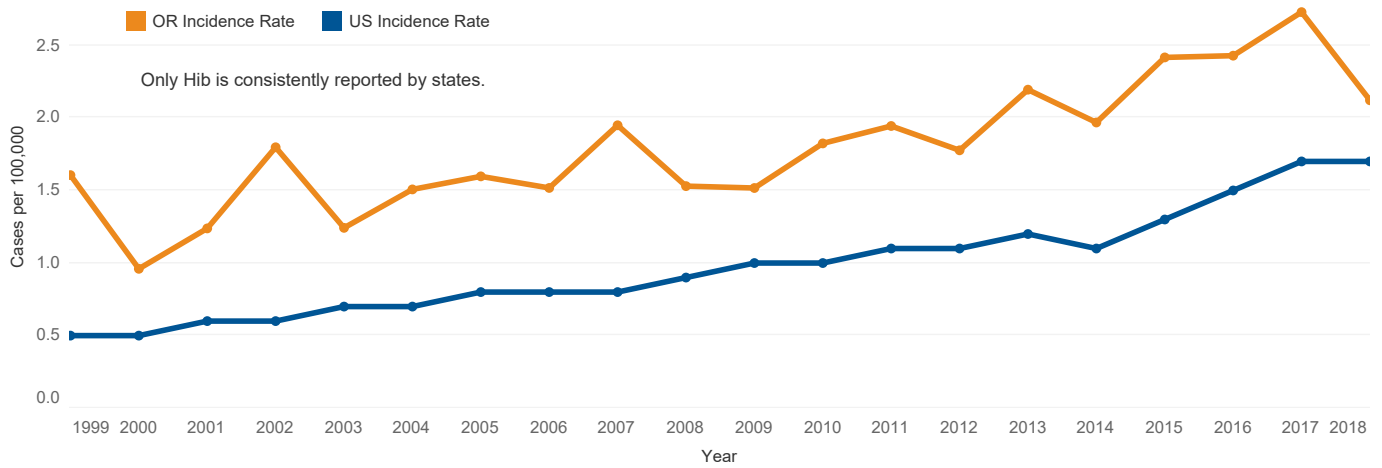


Disease overview	Incidence by year and month	<b>Incidence by age and sex and in Oregon vs. nation..</b>	H. influenzae cases by serotype	Incidence by county	Disease prevention
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### Incidence of *H. influenzae* infection by age and sex: Oregon, 2018



### Incidence of *H. influenzae* infection: Oregon vs. nationwide, 1999–2018

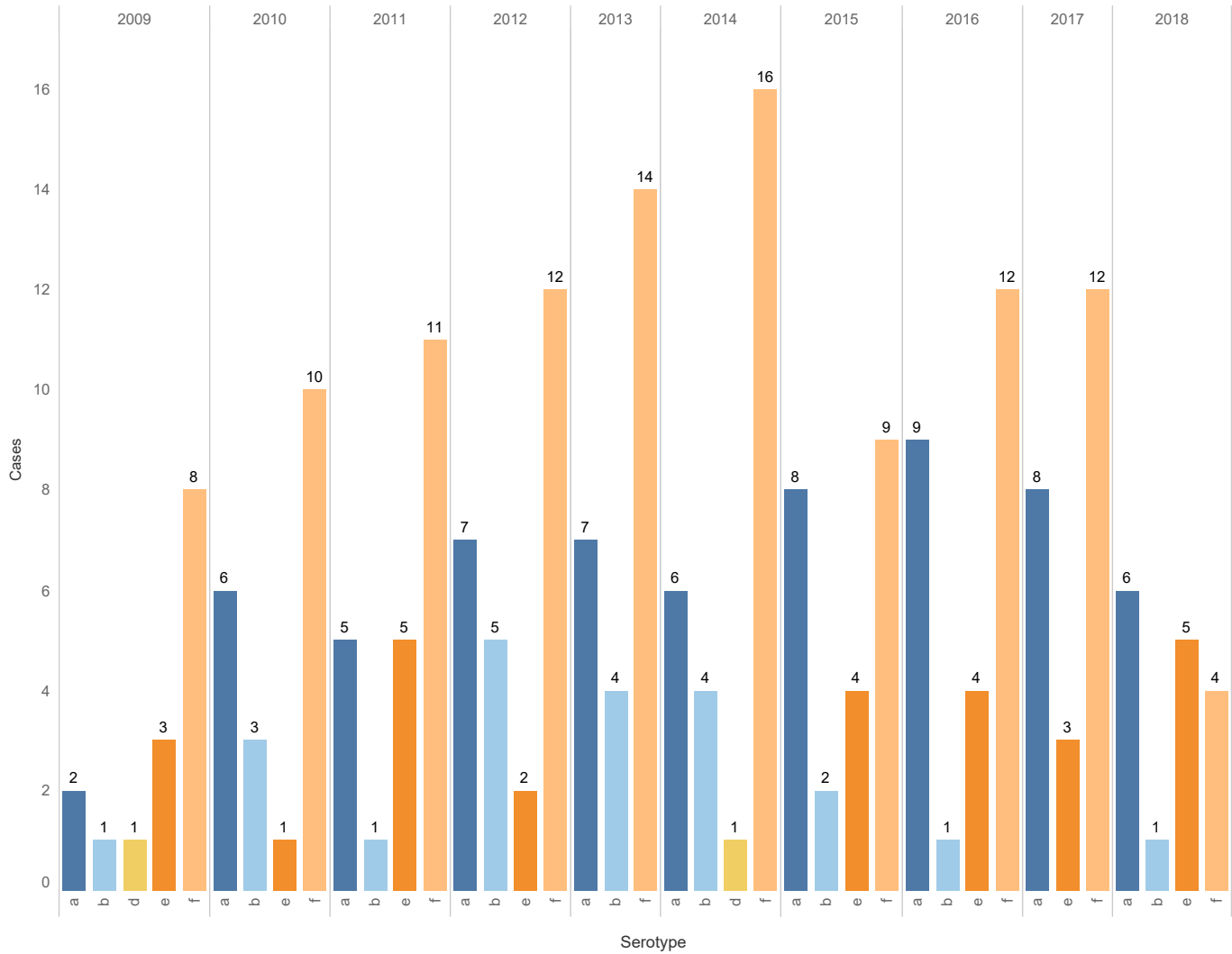


Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	<b>H. influenzae cases by serotype</b>	Incidence by county	Disease prevention
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Select a year(s) to view  
All

Select a subtype(s) to view  
Multiple values

### H. influenzae infection by year and serotype: Oregon, 2009–2018






Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	H. influenzae cases by serotype	Incidence by county	Disease prevention
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# Prevention

- Vaccinate all children against Hib at 2 months, 4 months, 6 months, and 12-15 months of age.
- Cover your cough and wash your hands.
- Close contacts of Hib cases can be treated prophylactically to prevent infection.



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Disease overview	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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## Acute hepatitis A

Hepatitis A is a liver disease caused by the hepatitis A virus, which infects humans through fecal-oral transmission. Hepatitis A can occur in situations ranging from isolated cases of disease to statewide outbreaks. However, since the licensure of the hepatitis A vaccine in 1995–1996, rates of infection have declined nationally as well as in Oregon, which had been one of the higher-incidence states. Most cases in Oregon are “sporadic” and occur mainly in persons who travel outside the United States. Oregon has seen small clusters of hepatitis A infections among injection drug users and jail inmates. There were no outbreaks of hepatitis A in Oregon in 2018.

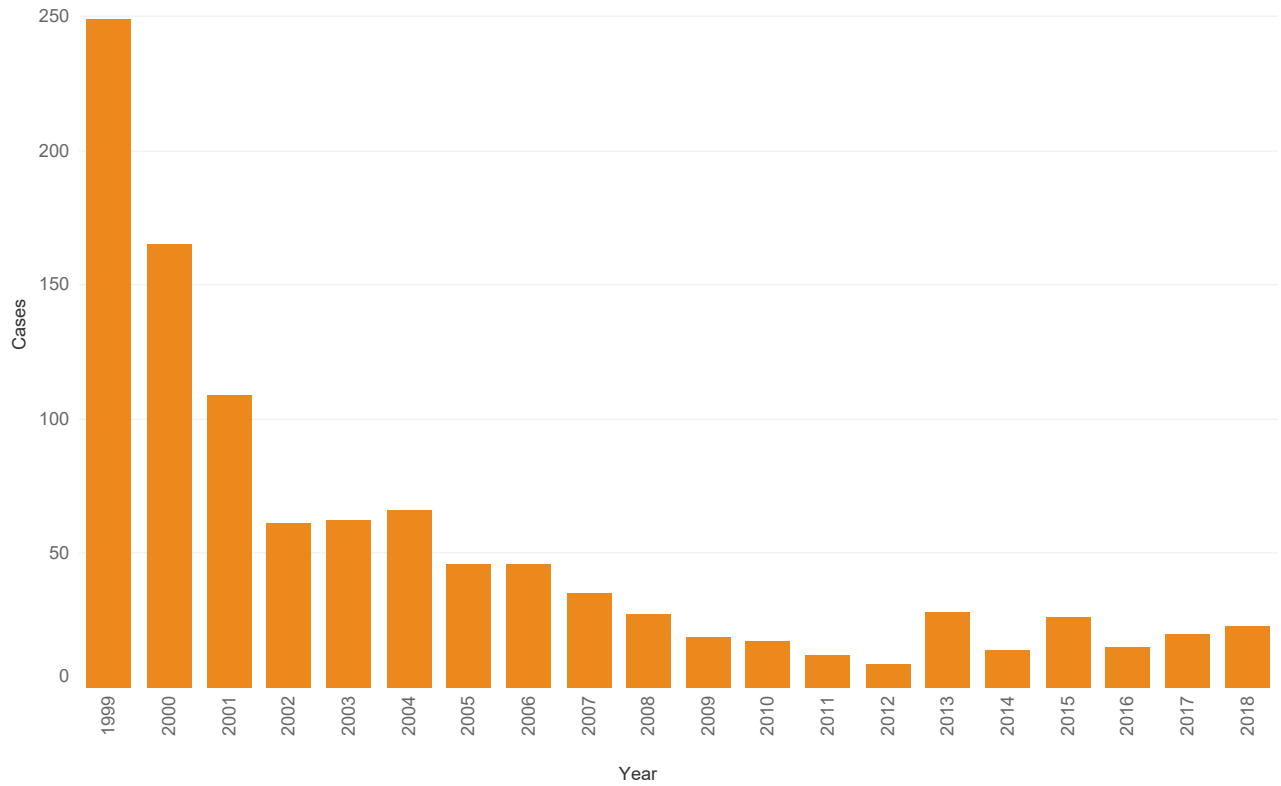
In 2018, Oregon logged 23 cases of acute hepatitis A. Nine of the 23 cases were acquired by venturing outside of Oregon or from household members with foreign travel, often to countries with high rates of hepatitis A, such as Mexico, India, Kenya, United Arab Emirates, Korea and Japan. Four cases were reported among men who have sex with men. No cases experiencing homelessness or injection drug use were reported. Three cases reported illicit drug use. Five cases had no identifiable risk factor for hepatitis A. Twenty-six percent of cases were <40 years of age.



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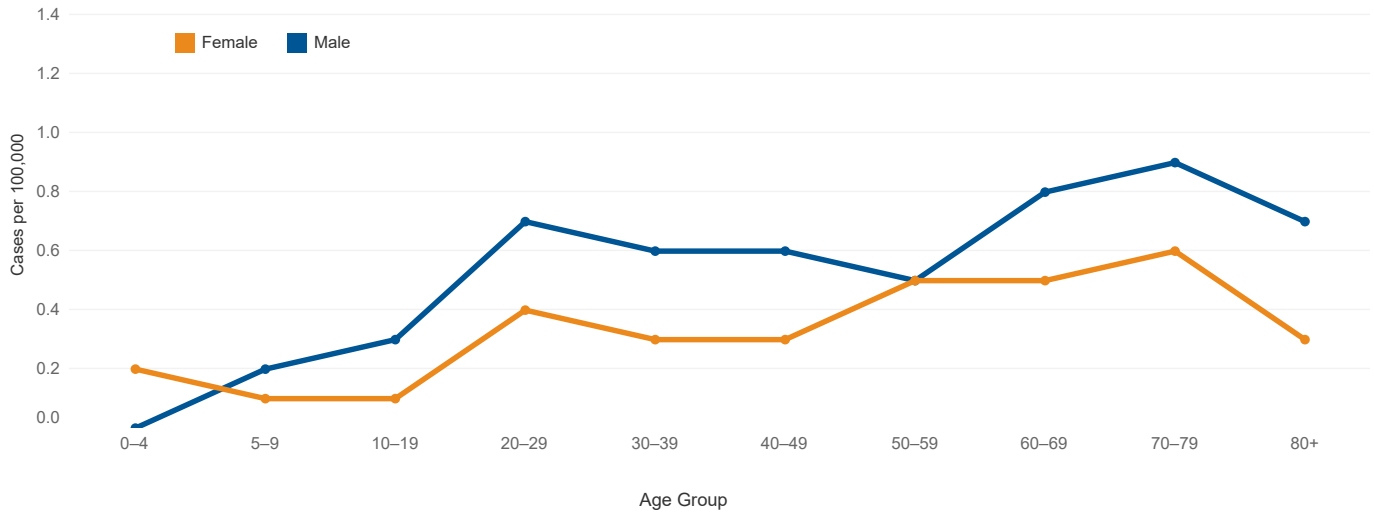
Disease overview	<b>Incidence by year</b>	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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### Incidence of hepatitis A by year: Oregon, 1999–2018

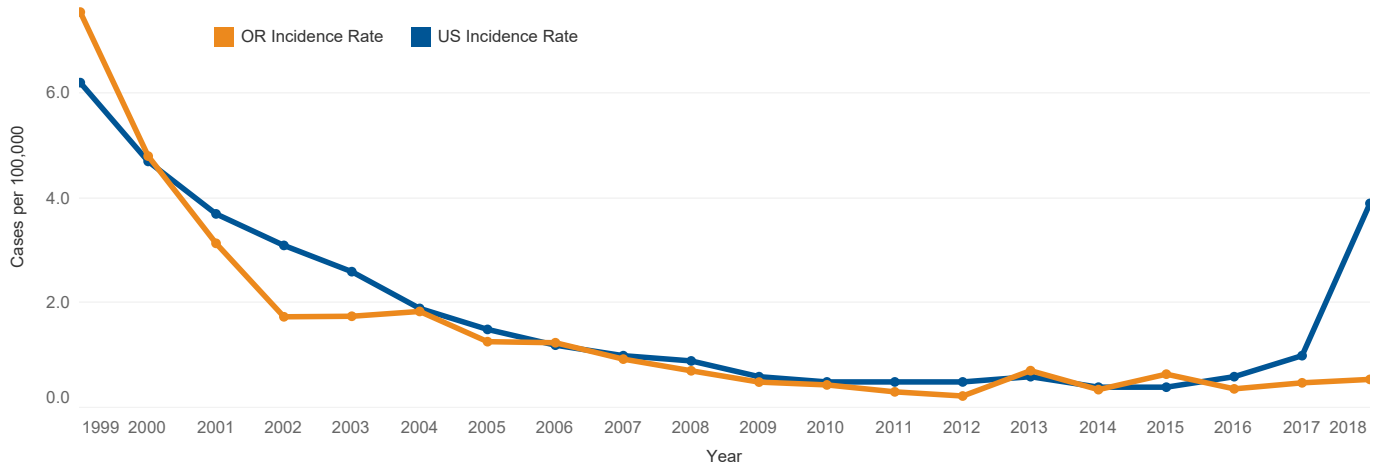


Disease overview	Incidence by year	<b>Incidence by age and sex and in Oregon vs. nation..</b>	Incidence by county	Disease prevention
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### Incidence of hepatitis A by age and sex: Oregon, 2009–2018



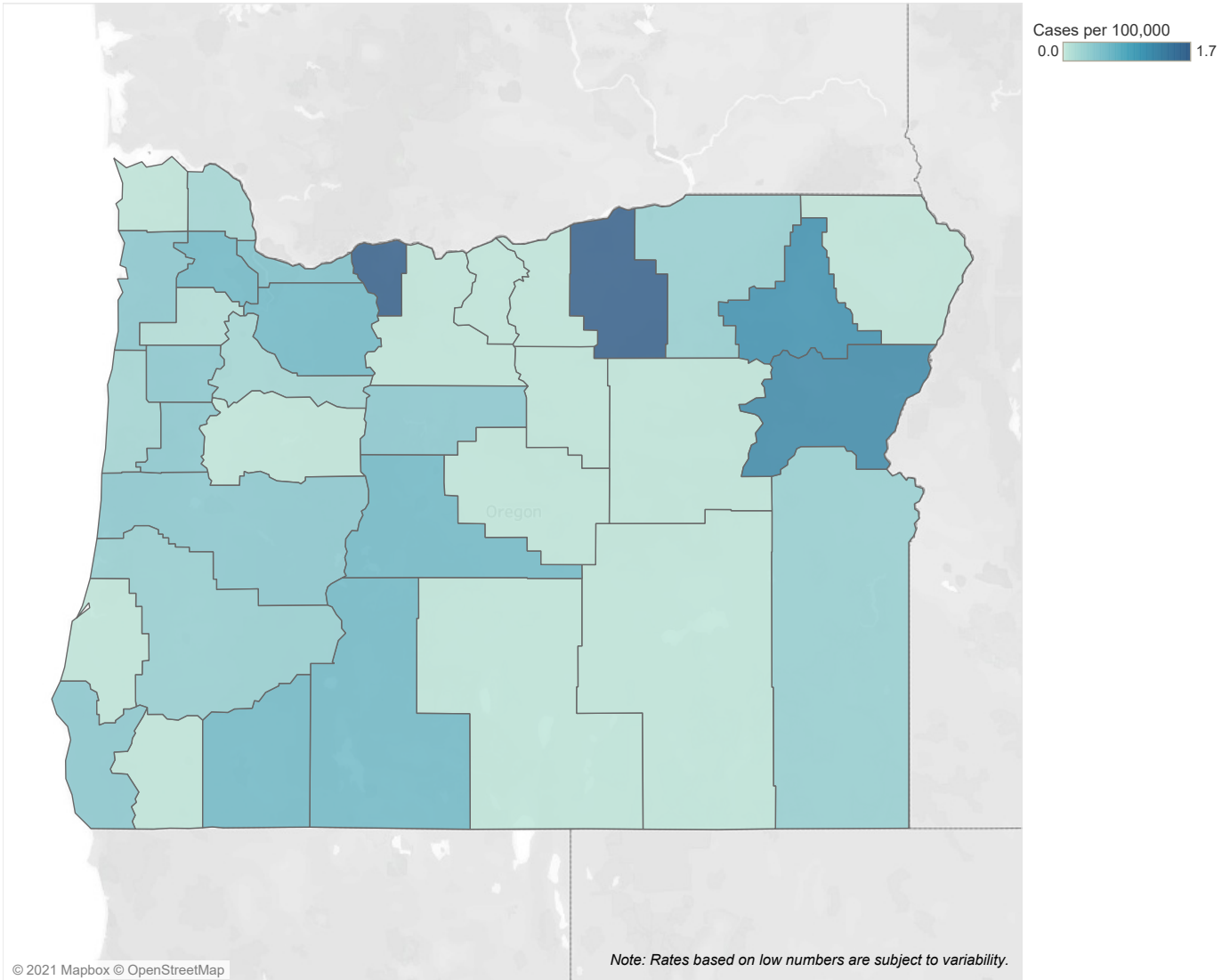
### Incidence of hepatitis A: Oregon vs. nationwide, 1999–2018





Disease overview	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	<b>Incidence by county</b>	Disease prevention
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### Incidence of hepatitis A by county of residence: Oregon, 2009–2018




Disease overview	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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# Prevention

- Vaccinate children > 1 year of age against hepatitis A.
- Wash hands with soap and warm water carefully and frequently, especially after going to the bathroom, after changing diapers, and before preparing food or beverages.
- Supervise hand washing of toddlers and small children after they use the toilet.
- Do not work or attend daycare, serve or prepare food, or work in health care while ill with diarrhea.
- Provide post-exposure prophylaxis to close contacts of acute hepatitis A cases.



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Disease overview	Disease overview (continued)	Incidence by year and by age and sex	Risk factors; Incidence in Oregon vs. nation..	Incidence by county	Disease prevention
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## Acute hepatitis B

Hepatitis B is a vaccine-preventable viral disease of the liver that occurs when the virus of an infected person passes (through blood, semen or saliva) into the bloodstream of a non-immune person. Percutaneous or permucosal exposures take place:

- When hypodermic needles are shared
- When blood splashes into an eye
- During sex
- By biting
- From lapses in hygiene involving glucometer and other finger stick devices to test blood sugar levels
- From breaches in infection control in health care settings, and
- When a baby is born whose mother is a hepatitis B carrier.

Acute hepatitis B virus (HBV) infection (diagnosed by the presence in serum of immunoglobulin M antibody to the hepatitis B core antigen [IgM anti-HBc] or hepatitis surface antigen [HBsAg]) usually, but not always, causes jaundice. Some infections are mild, even asymptomatic, and may go undetected. Hepatitis B has been preventable by vaccination since 1982 and, to promote universal vaccination and hence protection, was added to the recommended childhood immunization schedule in 1992 with the series starting at birth.



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Disease overview	Disease overview (continued)	Incidence by year and by age and sex	Risk factors; Incidence in Oregon vs. nation..	Incidence by county	Disease prevention
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Oregon acute hepatitis B rates stabilized in 2018 after a decade of decline — a decline that started after the hepatitis B vaccine was licensed in 1982.

Local health departments investigated and reported 18 acute cases in 2018. Sixty-seven percent of the cases were male. Sixty-seven percent were interviewed. The most commonly reported risk factors include reported dental care, having multiple sexual partners, receiving recent healthcare, and use of drugs (injection and non-injection). No risk factor was identified for 17% of cases.

There were no outbreaks in Oregon of acute hepatitis B in 2018.

HBV is not spread through food or water, sharing eating utensils, breastfeeding, hugging, kissing, hand holding, coughing or sneezing.

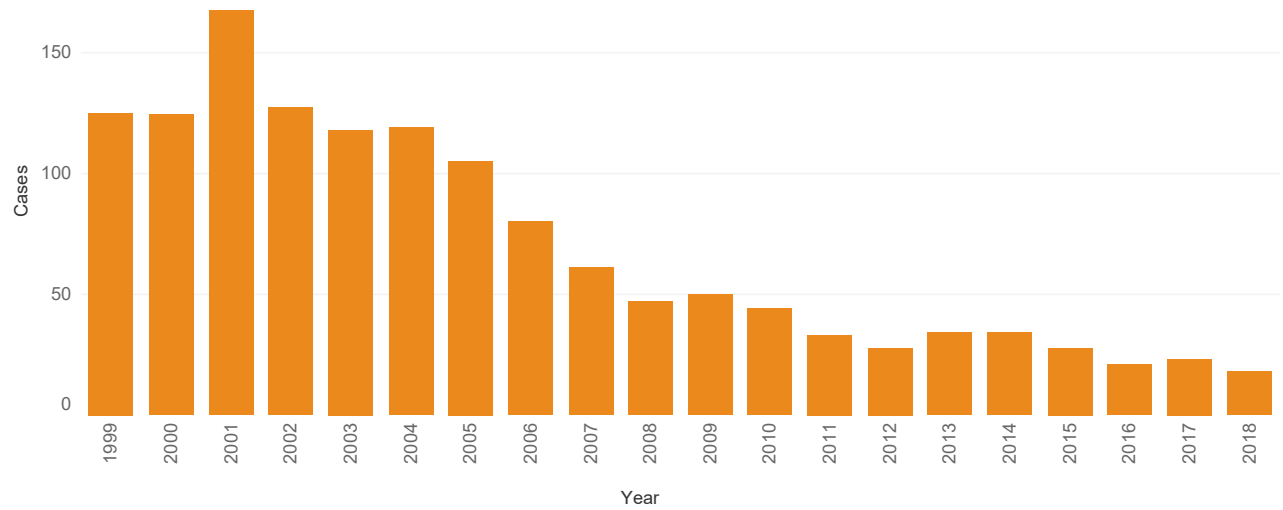
No cure is available for hepatitis B, so prevention is crucial. The best way to be protected from hepatitis B is to be vaccinated. Vaccines can provide protection in 90%–95% of healthy persons. The vaccine can be given safely to infants, children and adults in three doses over a period of six months.

Nationwide, the successful integration of hepatitis B vaccine into the immunization schedule has contributed to a 96% decline in the incidence of acute hepatitis B in children and adolescents. Approximately 95% of new infections occur among adults and unvaccinated adults with behavioral risk factors or who are household contacts or sex partners of HBV-infected people. For this reason, the Advisory Committee on Immunization Practices recommends health care providers implement standing orders to identify adults at risk and to administer hepatitis B vaccine as part of routine practice.

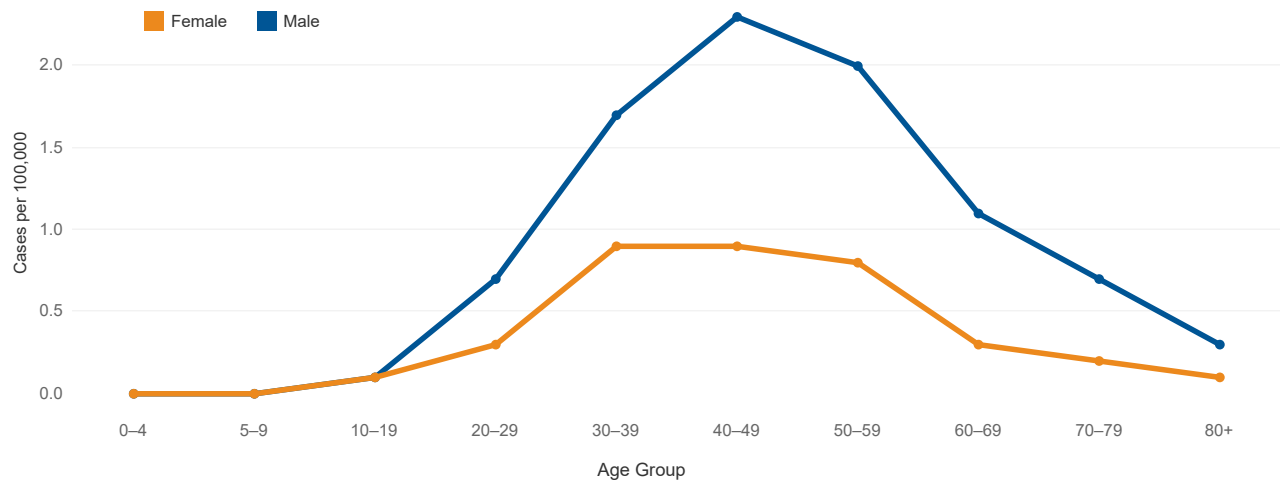


Disease overview	Disease overview (continued)	<b>Incidence by year and by age and sex</b>	Risk factors; Incidence in Oregon vs. nation..	Incidence by county	Disease prevention
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### Incidence of acute hepatitis B by year: Oregon, 1999–2018

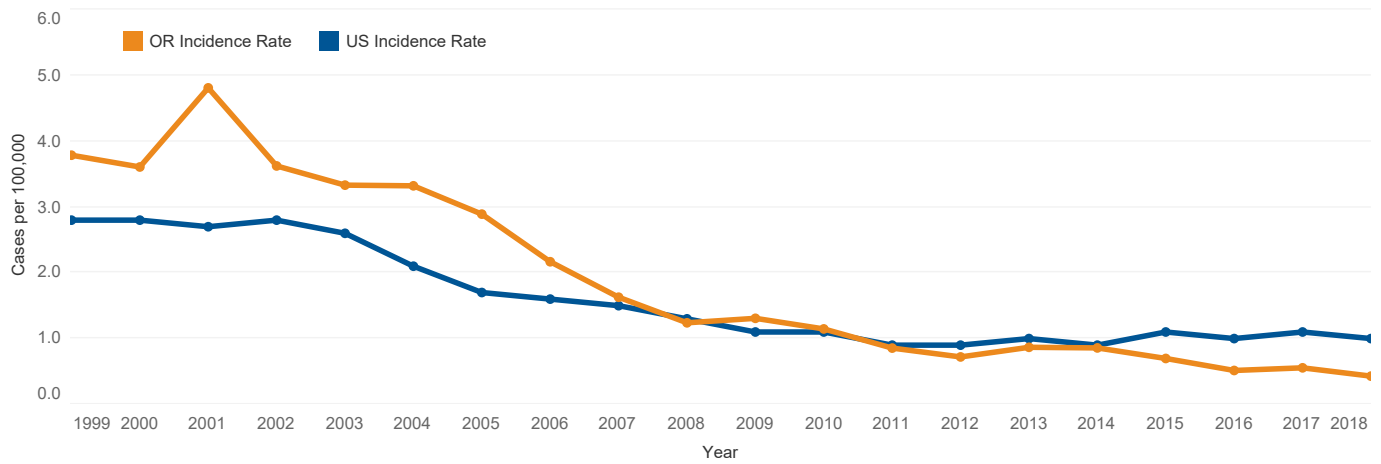


### Incidence of acute hepatitis B by age and sex: Oregon, 2009–2018

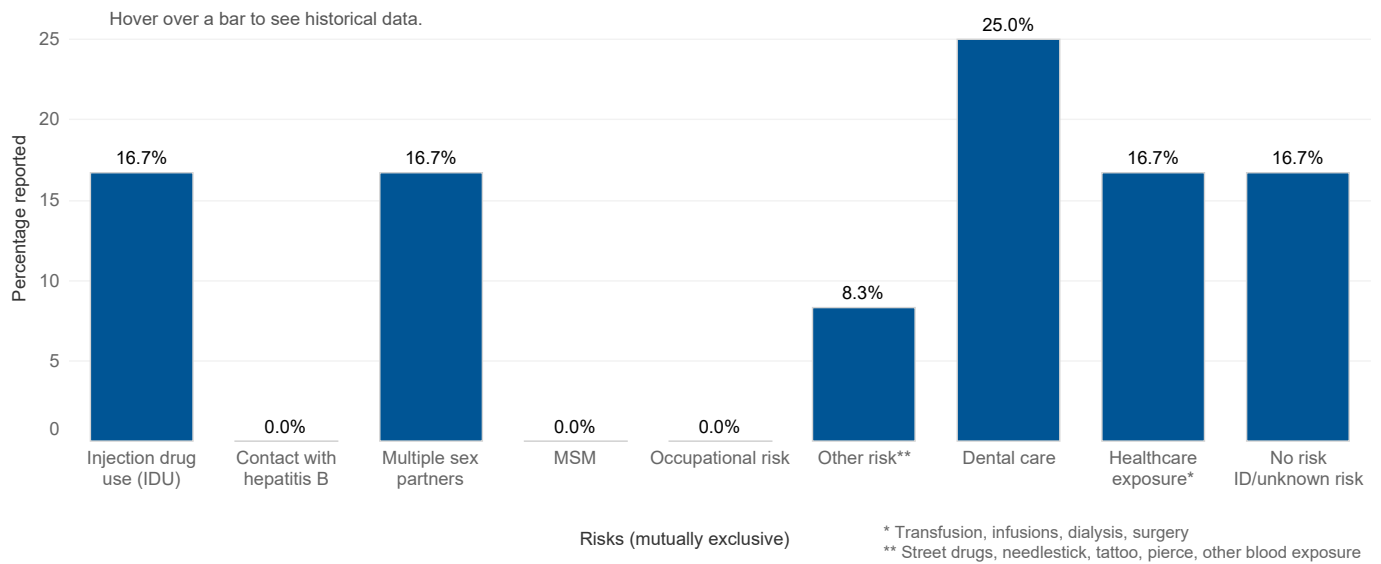


Disease overview	Disease overview (continued)	Incidence by year and by age and sex	<b>Risk factors; Incidence in Oregon vs. nation..</b>	Incidence by county	Disease prevention
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### Incidence of acute hepatitis B: Oregon vs. nationwide, 1999–2018



### Reported risk factors for acute hepatitis B among interviewed cases: Oregon, 2018





Disease overview	Disease overview (continued)	Incidence by year and by age and sex	Risk factors; Incidence in Oregon vs. nation..	Incidence by county	Disease prevention
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# Prevention

- Get vaccinated.
- Persons who are sexually active can:
  - › Limit the number of partners.
  - › Use condoms properly from start to finish when having sex.
- Persons who inject drugs can:
  - › Avoid sharing needles or works with others.
  - › Use only clean needles and works.
  - › Purchase new, sterile needles from pharmacies.
- Vaccinate all newborns against hepatitis B.
- Screen all pregnant women for hepatitis B. Infants born to hepatitis B-positive mothers should receive hepatitis immunoglobulin along with vaccine at birth.
- Chronic carriers should not share personal care items such as razors or toothbrushes.
- practices to prevent needlestick injuries.



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Disease overview	Incidence by year and by age and sex	Incidence by race and ethnicity	Incidence by county	Disease prevention
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## Chronic hepatitis B

Persons with chronic hepatitis B are known as “chronic carriers” — a state of infection defined by the persistence of hepatitis B surface antigen (HBsAg) in the blood for more than six months. The likelihood of becoming a chronic carrier varies by age at infection. Fewer than 6% of acutely infected adults in the United States become carriers, compared to 25% (with HBeAg-negative moms) to 90% (with HBeAg-positive moms) of children infected in early childhood or during birth. Perinatal infection can be prevented by prompt administration of hepatitis B immune globulin (HBIG) and initiation of the three-dose hepatitis B vaccination series. This perinatal intervention is widely practiced in the United States — all states have federal funding for perinatal hepatitis B prevention programs. This is not true in other parts of the world, particularly Asia and sub-Saharan Africa, where the prevalence of chronic hepatitis B is higher to begin with. Chronic carriers are at greater risk of developing life-threatening diseases (e.g., chronic active hepatitis, cirrhosis or liver cancer) decades later. Carriers will continue to transmit hepatitis B until vaccine-induced immunity is nearly universal.

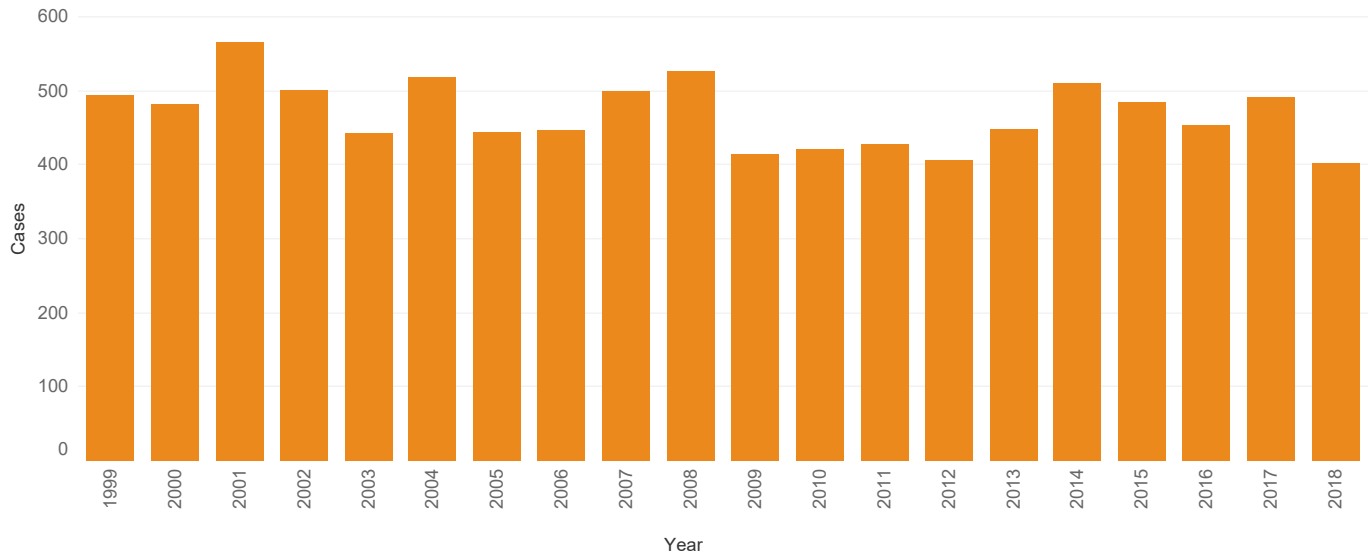
Recommendations and strategies to prevent new cases include the following: routinely vaccinating all infants at birth, screening all pregnant women for hepatitis B, administering HBIG in addition to hepatitis B vaccine to infants born to HBsAg-positive mothers, and ensuring all infants complete the hepatitis B vaccine series. Combined, the three-dose hepatitis B vaccine series and HBIG are nearly 95% effective in preventing hepatitis B disease in children born to HBV-infected mothers. In 2018, there were no cases of perinatal hepatitis B identified in Oregon.

In 2018, there were 403 newly reported carriers in Oregon, a decrease from the 490 reported in 2017. Thirty-nine percent of these were women who tend to be diagnosed earlier than men, perhaps due to prenatal screening. Among women of child-bearing age, 39% were pregnant. A large majority, 79% of cases who reported their country of birth, were born outside of the United States. Chronic carriers are not reportable in many states, so a table comparing Oregon to the rest of the United States is not provided.

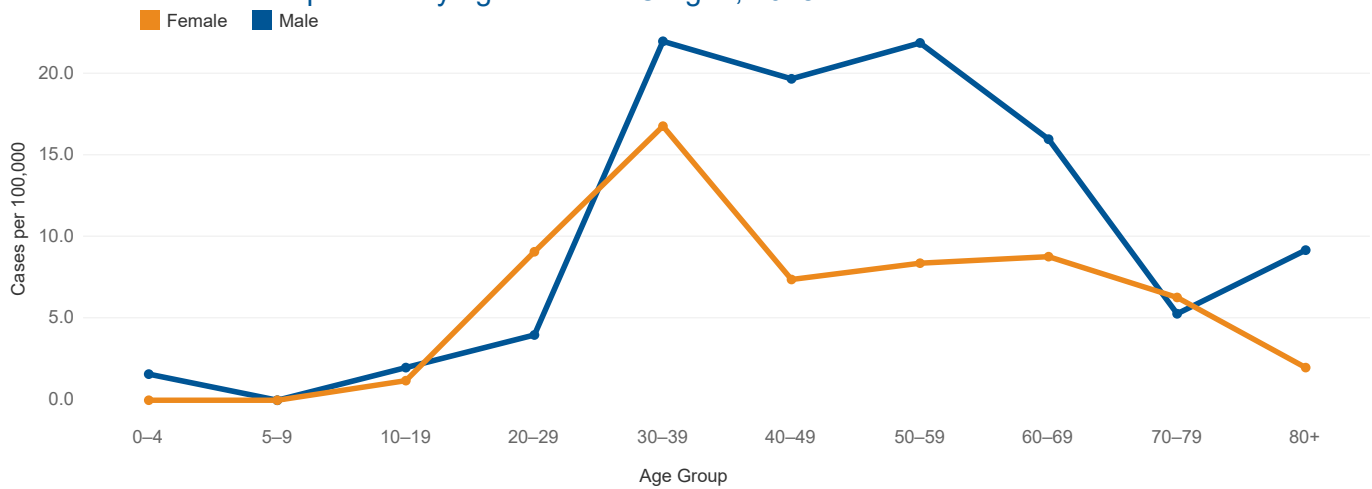
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Disease overview	<b>Incidence by year and by age and sex</b>	Incidence by race and ethnicity	Incidence by county	Disease prevention
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### Newly reported chronic hepatitis B by year: Oregon, 1999–2018

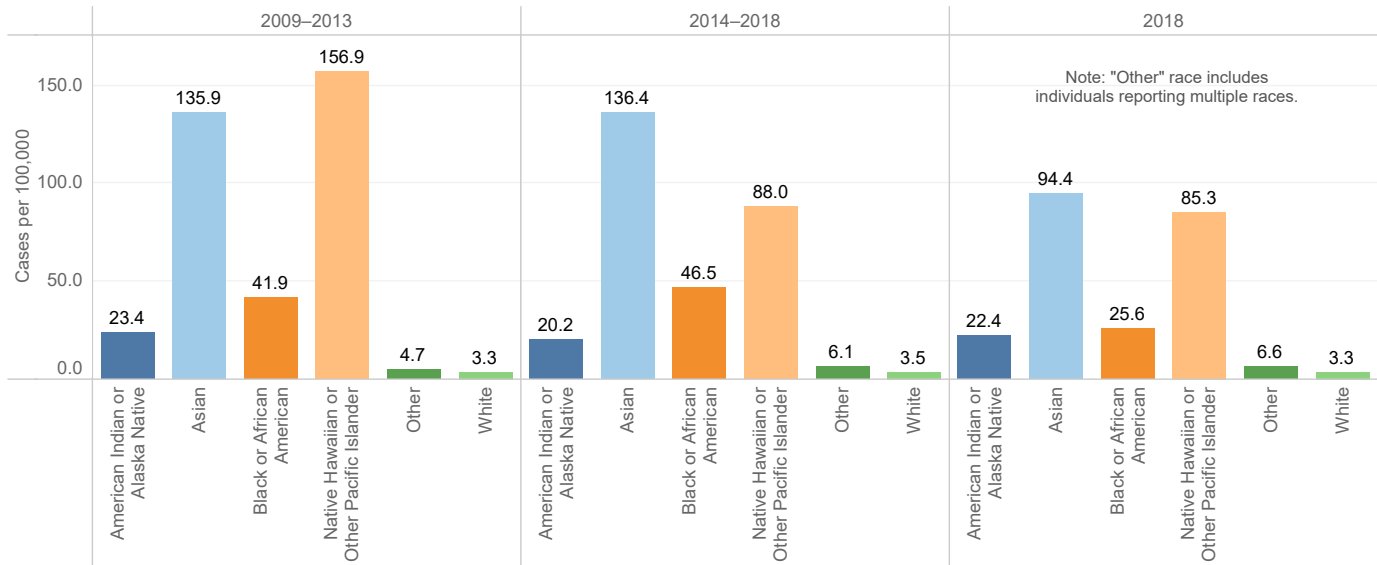


### Incidence of chronic hepatitis B by age and sex: Oregon, 2018

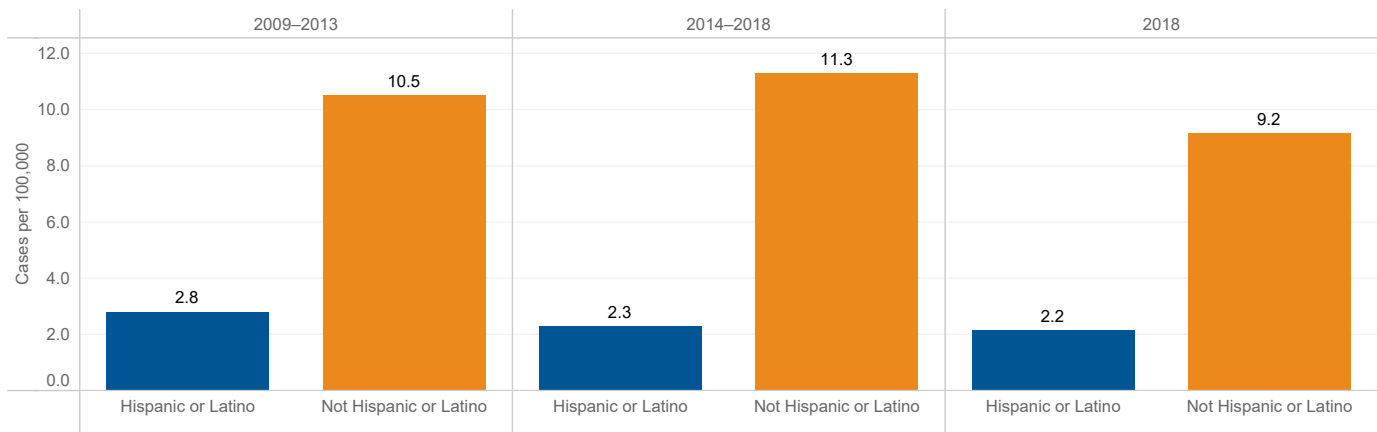


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Incidence Rate

Incidence of chronic hepatitis B by reported race: Oregon, 2009–2018

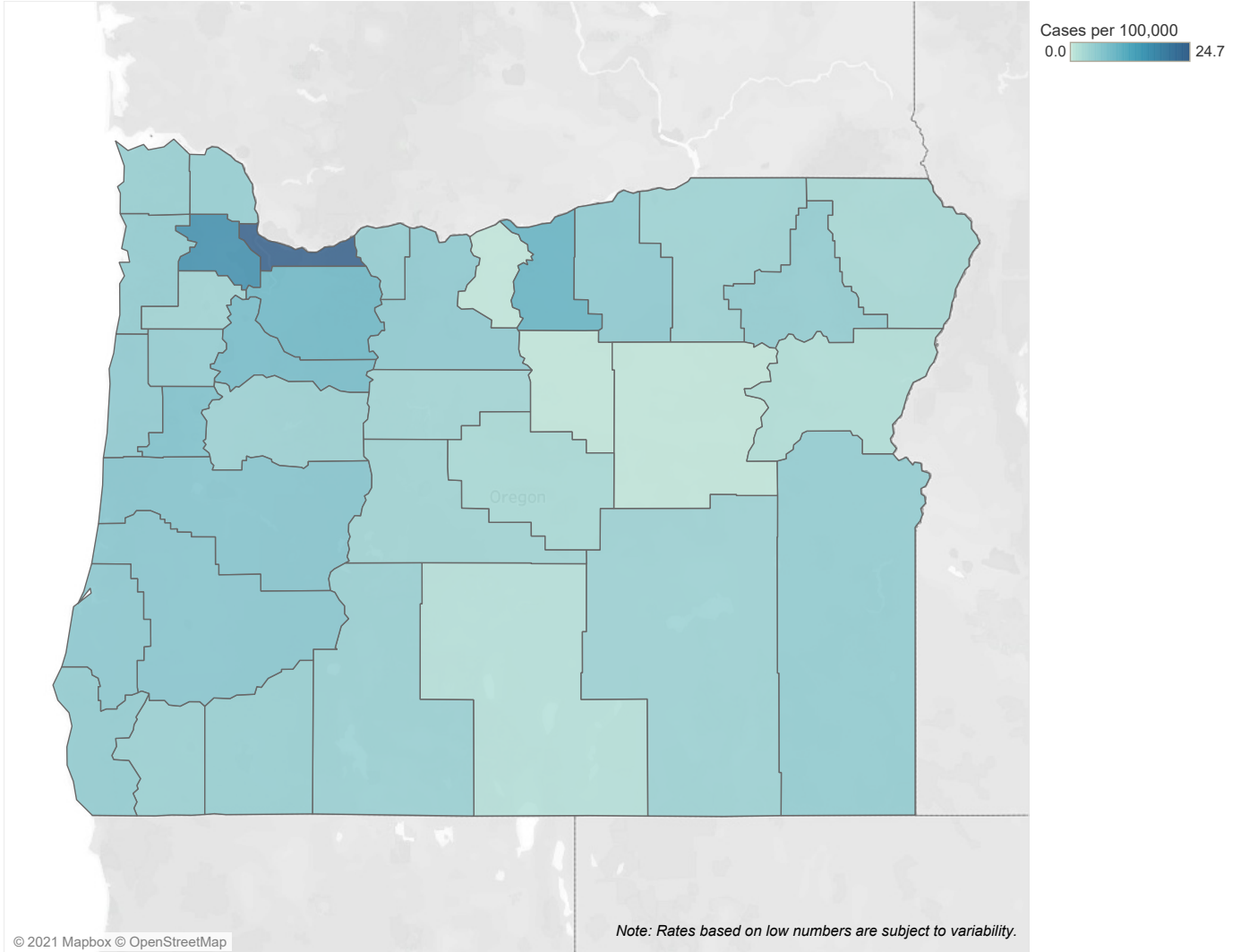


Incidence of chronic hepatitis B by reported ethnicity: Oregon, 2009–2018



Disease overview	Incidence by year and by age and sex	Incidence by race and ethnicity	<b>Incidence by county</b>	Disease prevention
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### Incidence of newly reported chronic hepatitis B by county of residence: Oregon, 2009–2018



Disease overview	Incidence by year and by age and sex	Incidence by race and ethnicity	Incidence by county	Disease prevention
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# Prevention

- Get vaccinated.
- Persons who are sexually active can:
  - › Limit the number of partners.
  - › Use condoms properly from start to finish when having sex.
- Persons who inject drugs can:
  - › Avoid sharing needles or works with others.
  - › Use only clean needles and works.
  - › Purchase new, sterile needles from pharmacies.
- Use universal precautions and best ..
- Vaccinate all newborns against hepatitis B.
- Screen all pregnant women for hepatitis B. Infants born to hepatitis B-positive mothers should receive hepatitis immunoglobulin along with vaccine at birth.
- Chronic carriers should not share personal care items such as razors or toothbrushes.
- Investigate cases, including the identification of unvaccinated contacts to encourage vaccination.

Disease overview	Disease overview (continued)	Incidence by year and by age and sex	Risk factors; Incidence in Oregon vs. nation..	Incidence by county	Disease prevention
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# Hepatitis C

Hepatitis C virus (HCV) is a bloodborne infection that may cause both acute and chronic hepatitis C. The most common signs and symptoms of acute hepatitis C include jaundice, fatigue, dark urine, abdominal pain, loss of appetite and nausea. Acute hepatitis C cases are underreported because 80% are asymptomatic, and laboratories cannot distinguish between acute and chronic HCV infection. Most people do not experience acute hepatitis C infection symptoms and many people with chronic hepatitis C have few symptoms for the first 10 to 15 years after infection. Chronic hepatitis C can lead to liver damage and sometimes death due to cirrhosis and liver cancer. In the United States, an estimated 2.7–3.9 million people are infected with HCV. Chronic liver disease develops in up to 70% of chronically infected persons. Heavy alcohol use can also speed the progression of hepatitis C disease. Approximately 20% to 30% of people with untreated chronic hepatitis C will develop cirrhosis over 20–30 years. Among people with cirrhosis caused by chronic hepatitis C infection, 1% to 4% develop end-stage liver disease or liver cancer each year. Chronic hepatitis C infection is a leading indication for liver transplant in the United States and Oregon. New, highly effective hepatitis C treatments can cure more than 95% of people living with hepatitis C and successful hepatitis C treatment can slow or stop liver disease progression.

Analysis of U.S. mortality data shows a steady increase in deaths from HCV during the last 15 years, reaching 19,659 deaths in 2014. Factors associated with HCV-related deaths included chronic liver disease, HBV co-infection, alcohol-related conditions, minority status and HIV co-infection. Mirroring national trends, deaths from HCV in Oregon have risen steadily over the last decade, averaging more than 500 deaths annually in Oregon during the last five years. In 2015, Oregon's hepatitis C mortality rate of 9.9 deaths per 100,000 population was twice the U.S. hepatitis C death rate of 4.9 deaths per 100,000 populations. The most recent available national hepatitis C data are from 2015.



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Disease overview	Disease overview (continued)	Incidence by year and by age and sex	Risk factors; Incidence in Oregon vs. nation..	Incidence by county	Disease prevention
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Some of the state's highest chronic hepatitis C rates are in rural areas. In Oregon, hepatitis C disproportionately affects African Americans and American Indians compared to Whites. There is no vaccine for hepatitis C and no post-exposure prophylaxis. Hepatitis C is spread from one person to another primarily by percutaneous exposure to human blood; most infections are due to illegal injection drug use. Uncommonly, the virus can also be transmitted through sexual contact and from infected mothers to their infants at the time of birth. The risk for perinatal HCV transmission is approximately 4%. If the mother is co-infected with HIV, the risk for perinatal infection increases to approximately 19%. Since the adoption of routine blood donor screening in 1992, HCV is transmitted less than one time for every 2 million units of blood transfused. Cases can occur in health care settings, most commonly related to improper reuse of syringes or multidose vials.

## Acute hepatitis C

On average during 2009–2018, there were 23 acute hepatitis C cases reported annually in Oregon. In 2018, 24 cases were reported. Twenty-three (96%) of the cases were <40 years of age, and 16 (67%) were female. Among interviewed cases (n=9), injection drug use remains the predominant risk factor reported by cases (78%). There were no health care-associated acute hepatitis C cases in 2018. Currently there is no vaccine for hepatitis C.

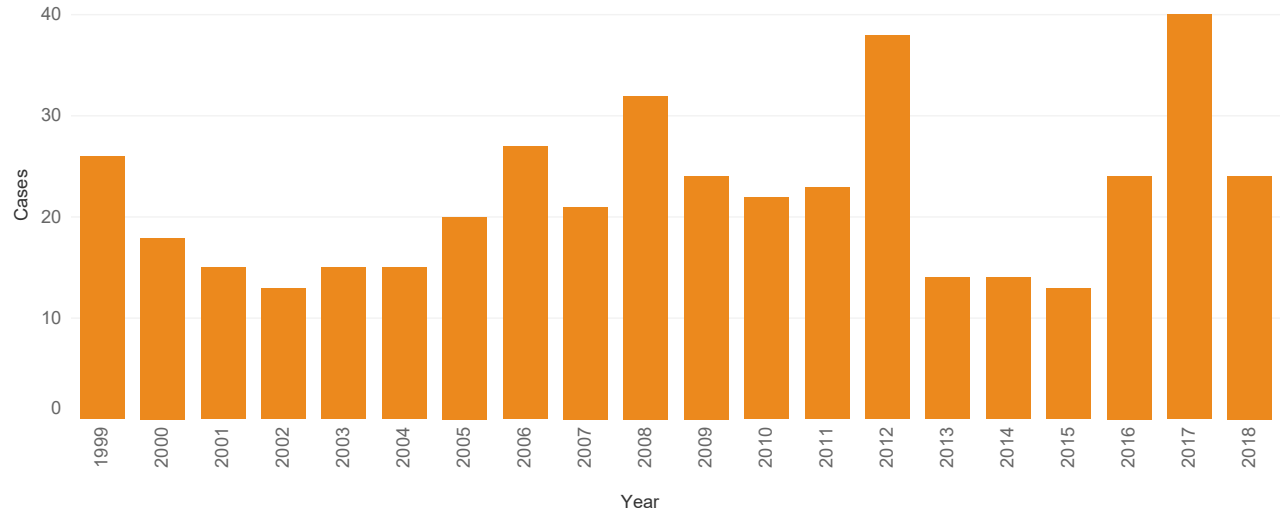


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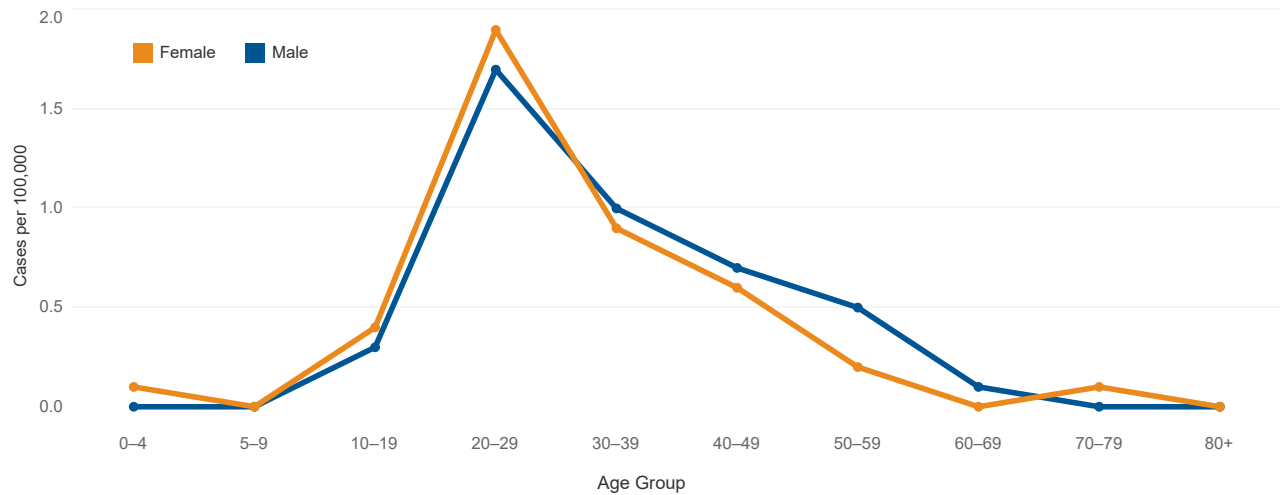


Disease overview	Disease overview (continued)	<b>Incidence by year and by age and sex</b>	Risk factors; Incidence in Oregon vs. nation..	Incidence by county	Disease prevention
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### Incidence of acute hepatitis C by year: Oregon, 1993–2018



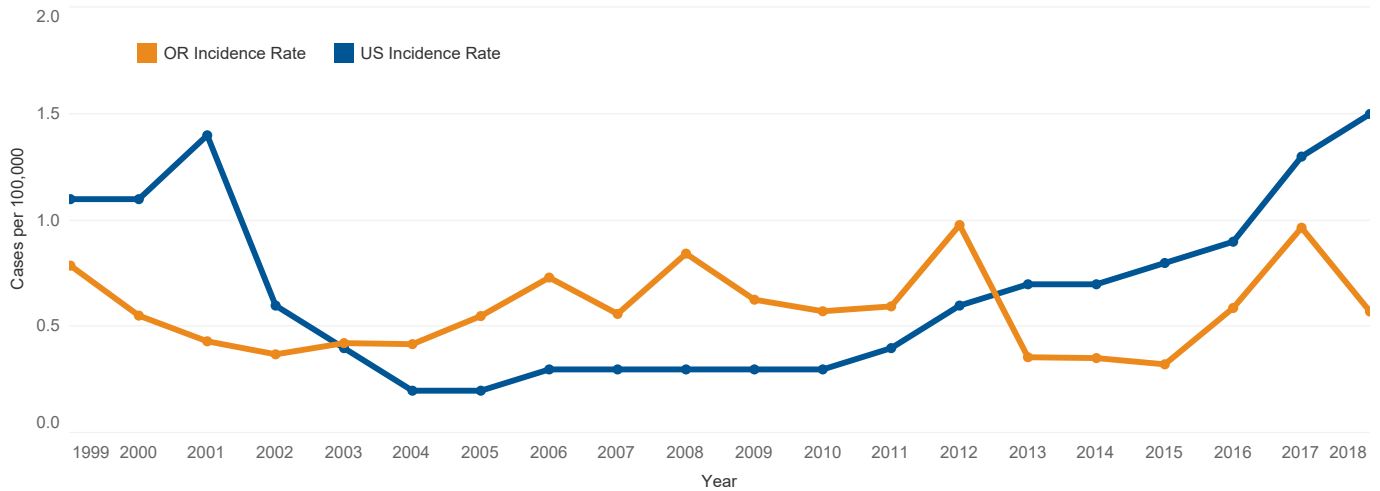
### Incidence of acute hepatitis C by age and sex: Oregon, 2009–2018



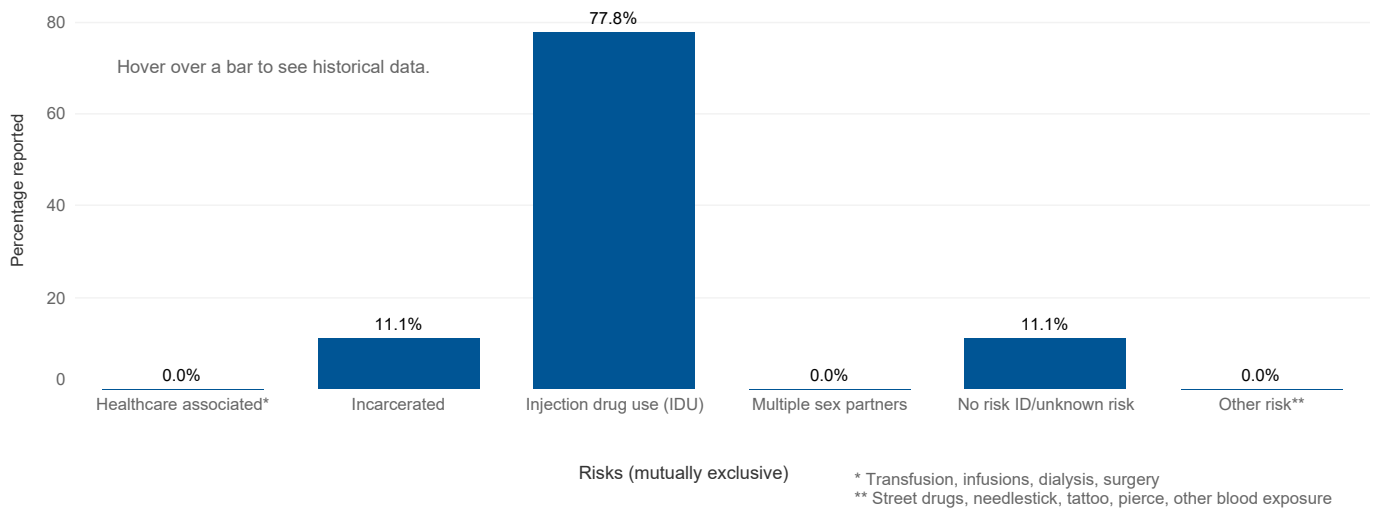


Disease overview	Disease overview (continued)	Incidence by year and by age and sex	<b>Risk factors; Incidence in Oregon vs. nation..</b>	Incidence by county	Disease prevention
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### Incidence of acute hepatitis C: Oregon vs. nationwide, 1999–2018

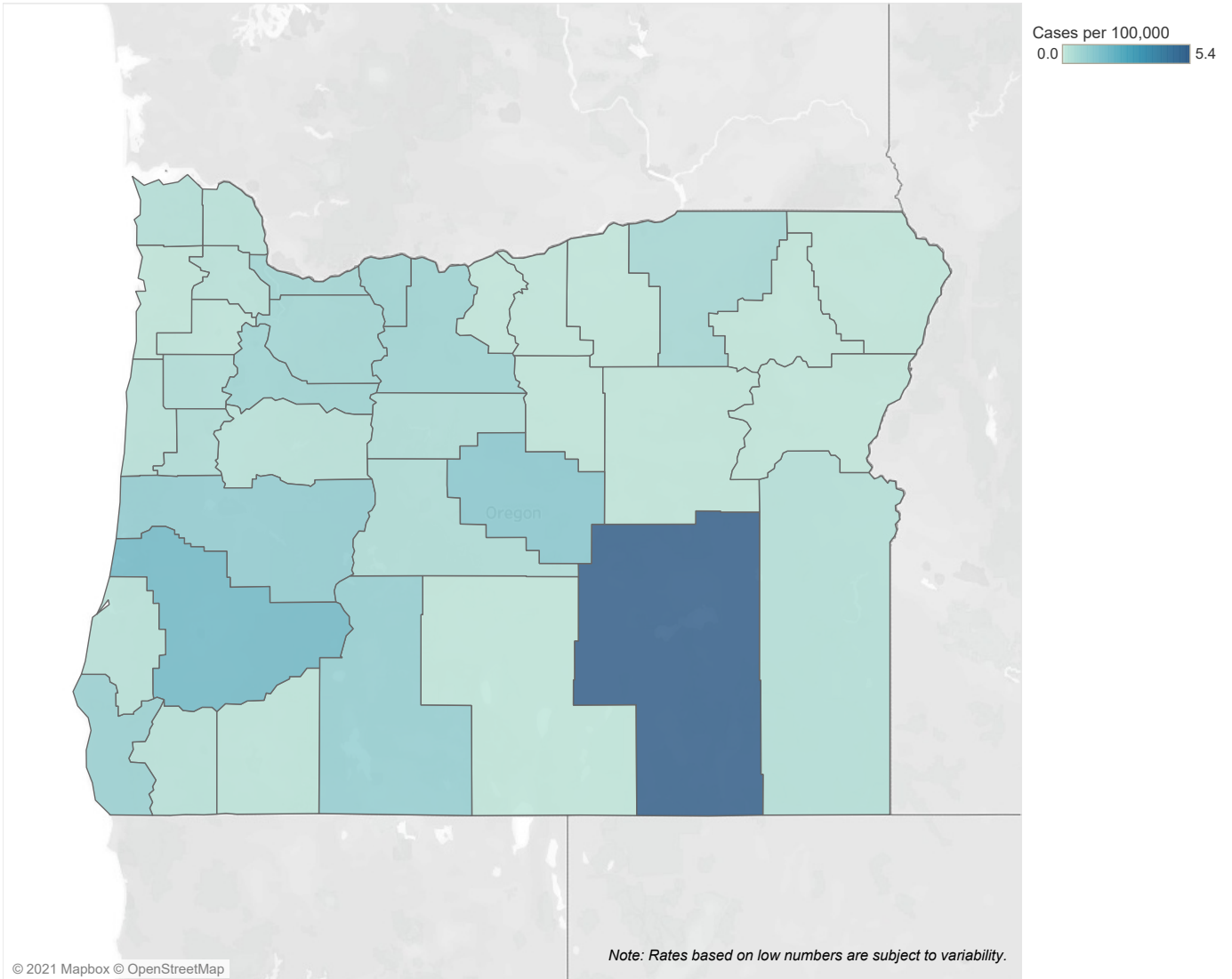


### Reported risk factors for acute hepatitis C among interviewed cases: Oregon, 2018



Disease overview	Disease overview (continued)	Incidence by year and by age and sex	Risk factors; Incidence in Oregon vs. nation..	<b>Incidence by county</b>	Disease prevention
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### Incidence of acute hepatitis C by county of residence: Oregon, 2009–2018



Disease overview	Disease overview (continued)	Incidence by year and by age and sex	Risk factors; Incidence in Oregon vs. nation..	Incidence by county	Disease prevention
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# Prevention

- Persons who inject drugs can:
  - › Avoid sharing needles or works with others.
  - › Use only clean needles and works.
  - › Purchase new, sterile needles from pharmacies.
- Health care workers should use universal precautions and best practices to prevent needlestick injuries.



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Disease overview	Disease overview (continued)	Incidence by year and by age and sex	Incidence by race and ethnicity	Incidence by county	Disease prevention
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# Hepatitis C

Hepatitis C virus (HCV) is a bloodborne infection that may cause both acute and chronic hepatitis C. The most common signs and symptoms of acute hepatitis C include jaundice, fatigue, dark urine, abdominal pain, loss of appetite and nausea. Acute hepatitis C cases are underreported because 80% are asymptomatic, and laboratories cannot distinguish between acute and chronic HCV infection. Most people do not experience acute hepatitis C infection symptoms and many people with chronic hepatitis C have few symptoms for the first 10 to 15 years after infection. Chronic hepatitis C can lead to liver damage and sometimes death due to cirrhosis and liver cancer. In the United States, an estimated 2.7–3.9 million people are infected with HCV. Chronic liver disease develops in up to 70% of chronically infected persons. Heavy alcohol use can also speed the progression of hepatitis C disease. Approximately 20% to 30% of people with untreated chronic hepatitis C will develop cirrhosis over 20–30 years. Among people with cirrhosis caused by chronic hepatitis C infection, 1% to 4% develop end-stage liver disease or liver cancer each year. Chronic hepatitis C infection is a leading indication for liver transplant in the United States and Oregon. New, highly effective hepatitis C treatments can cure more than 95% of people living with hepatitis C and successful hepatitis C treatment can slow or stop liver disease progression.

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Disease overview	Disease overview (continued)	Incidence by year and by age and sex	Incidence by race and ethnicity	Incidence by county	Disease prevention
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## Chronic hepatitis C

Chronic hepatitis C became reportable in Oregon as of July 1, 2005. In 2018, 5,481 chronic hepatitis C cases were reported. These numbers are likely an underestimate of the true incidence because most infections are asymptomatic and, therefore, not diagnosed or reported to public health. Infection in males (157/100,000) is more common than in females (102/100,000). The highest prevalence of HCV infection is among persons born between 1945 and 1965. The CDC estimates this age group comprises 75% of chronic hepatitis C cases in the United States; among 2018 Oregon cases, 49% belong to this age group. However, the rates of chronic infection in people under the age of 30 are rising, primarily due to injection drug use.



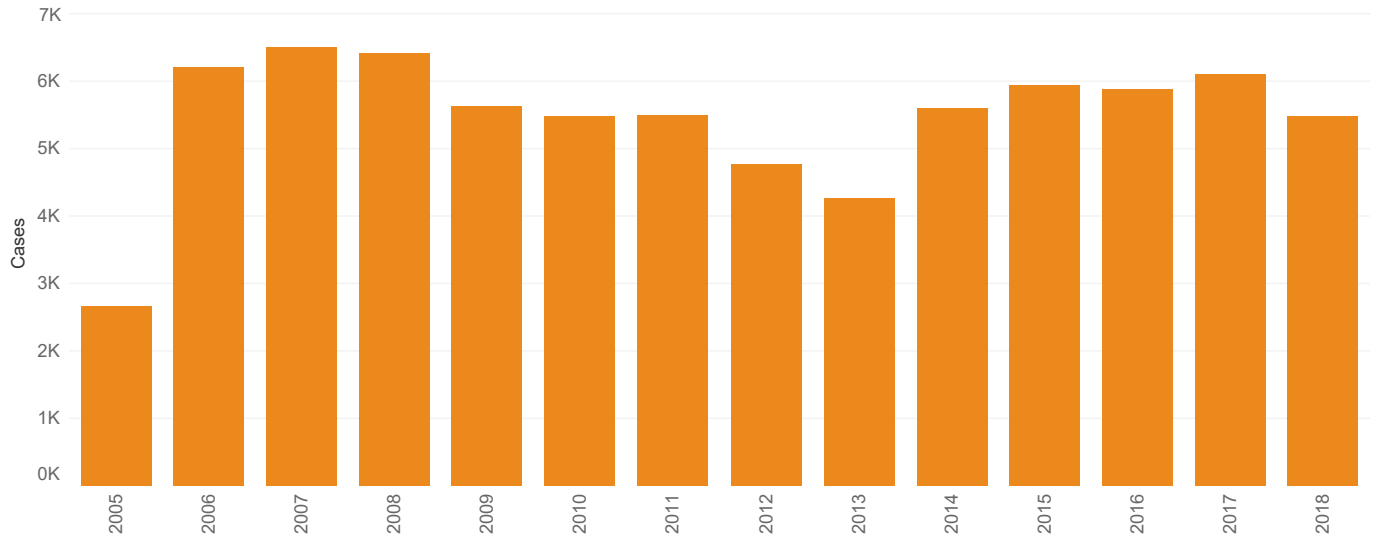
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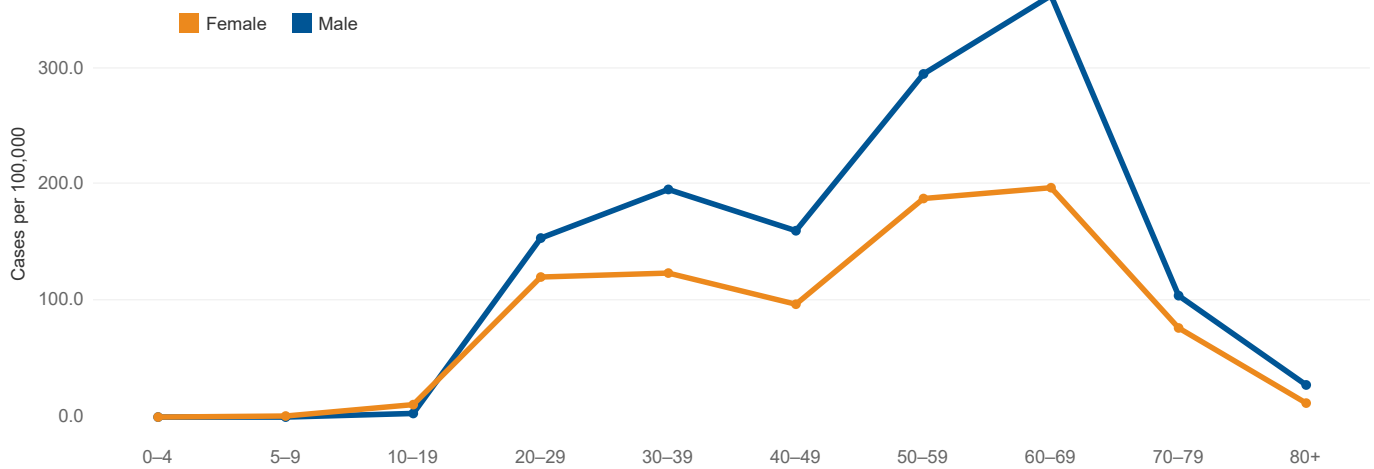
Disease overview	Disease overview (continued)	<b>Incidence by year and by age and sex</b>	Incidence by race and ethnicity	Incidence by county	Disease prevention
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### Newly reported chronic hepatitis C by year: Oregon, 2005–2018

Chronic hepatitis C became reportable in July 2005.



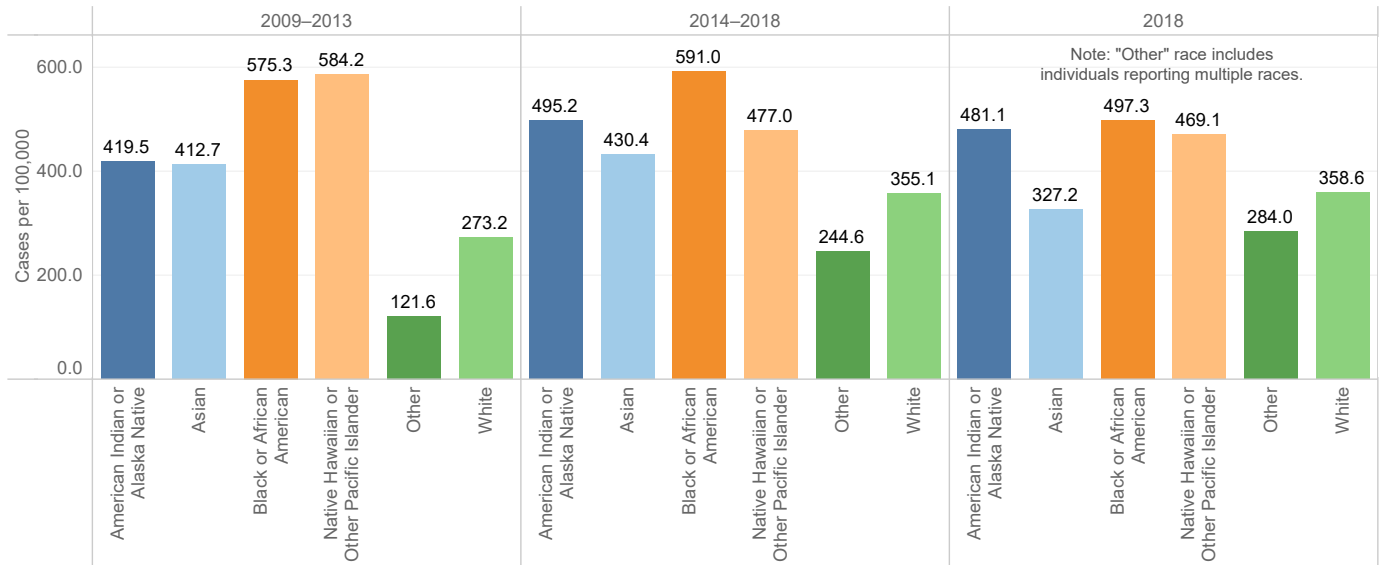
### Incidence of chronic hepatitis C by age and sex: Oregon, 2018



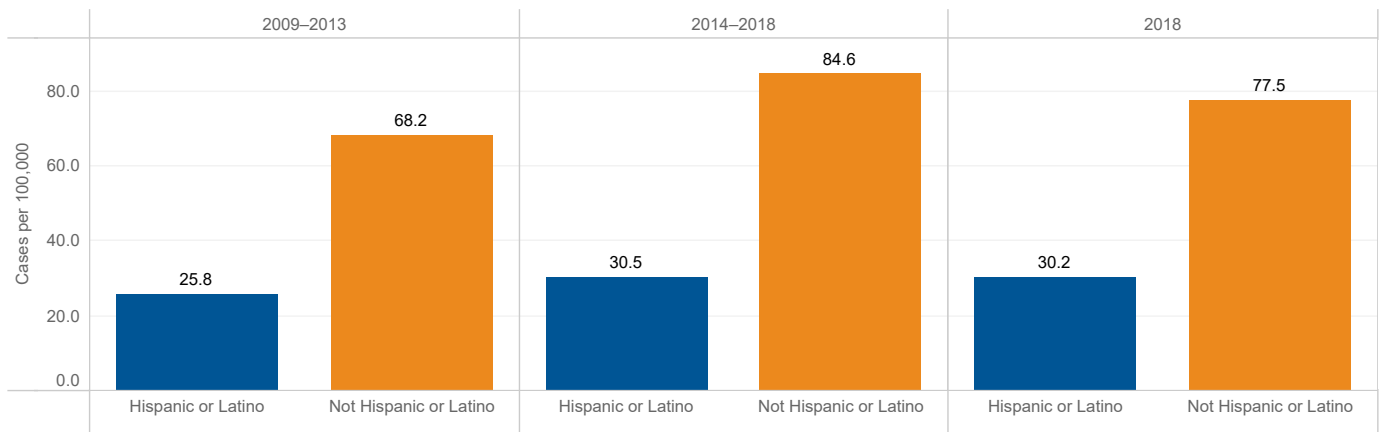
Disease overview	Disease overview (continued)	Incidence by year and by age and sex	<b>Incidence by race and ethnicity</b>	Incidence by county	Disease prevention
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Incidence Rate

### Incidence of chronic hepatitis C by reported race: Oregon, 2009–2018

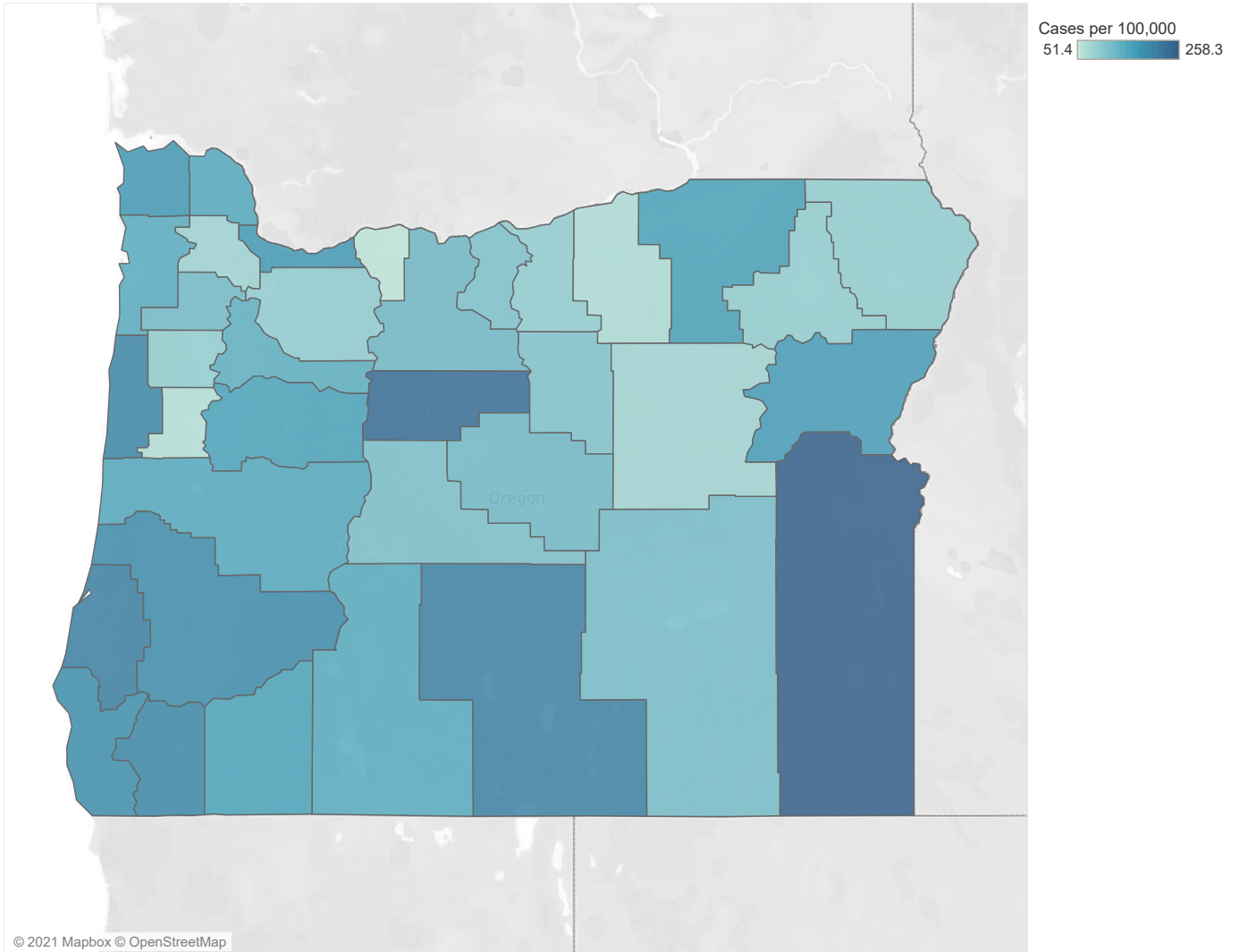


### Incidence of chronic hepatitis C by reported ethnicity: Oregon, 2009–2018



Disease overview	Disease overview (continued)	Incidence by year and by age and sex	Incidence by race and ethnicity	<b>Incidence by county</b>	Disease prevention
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### Incidence of newly reported chronic hepatitis C by county of residence: Oregon, 2009–2018





Disease overview	Disease overview (continued)	Incidence by year and by age and sex	Incidence by race and ethnicity	Incidence by county	Disease prevention
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# Prevention

precautions and best practices to prevent needlestick injuries.

- Persons who inject drugs can:
  - › Avoid sharing needles or works with others.
  - › Use only clean needles and works.
  - › Purchase new, sterile needles from ..
- Newer direct-acting antiviral agents are highly effective and can be prescribed by primary care providers to Medicaid patients without requirements for sobriety.



Disease overview	Disease overview (continued)	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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# Legionellosis

Legionellosis is usually an acute respiratory tract infection that begins two to 14 days after exposure to *Legionella* spp. Signs of the disease can include a high fever, chills and cough, in addition to headache and muscle aches. Symptoms are similar to those seen in other forms of pneumonia, so the diagnosis is rarely obvious and can be difficult to make. Available confirmatory diagnostic tests include urine antigen detection, polymerase chain reaction (PCR), direct fluorescent antibody staining and culture.

“Pontiac fever,” a milder illness associated with *Legionella* bacteria, is characterized by fever and muscle aches without pneumonia. It typically occurs a few hours to two days after exposure.

*Legionella* bacteria are found naturally in the environment, usually in water, and grow best in warm conditions such as hot tubs, cooling towers, hot-water tanks, large plumbing systems or the air-conditioning systems of large buildings. They are transmitted by inhalation of aerosolized water or soil infected with the bacteria. Person-to-person transmission does not occur.

Risks for infection include older age, smoking, chronic lung disease (e.g., emphysema), renal insufficiency, diabetes and immune deficiency. Death occurs in 10%–15% of cases; a substantially higher proportion of fatal cases occur during outbreaks in hospitals or other health care facilities. Infections are treated with antibiotics.



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Disease overview	Disease overview (continued)	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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Risks for infection include older age, smoking, chronic lung disease (e.g., emphysema), renal insufficiency, diabetes and immune deficiency. Death occurs in 10%–15% of cases; a substantially higher proportion of fatal cases occur during outbreaks in hospitals or other health care facilities. Infections are treated with antibiotics.

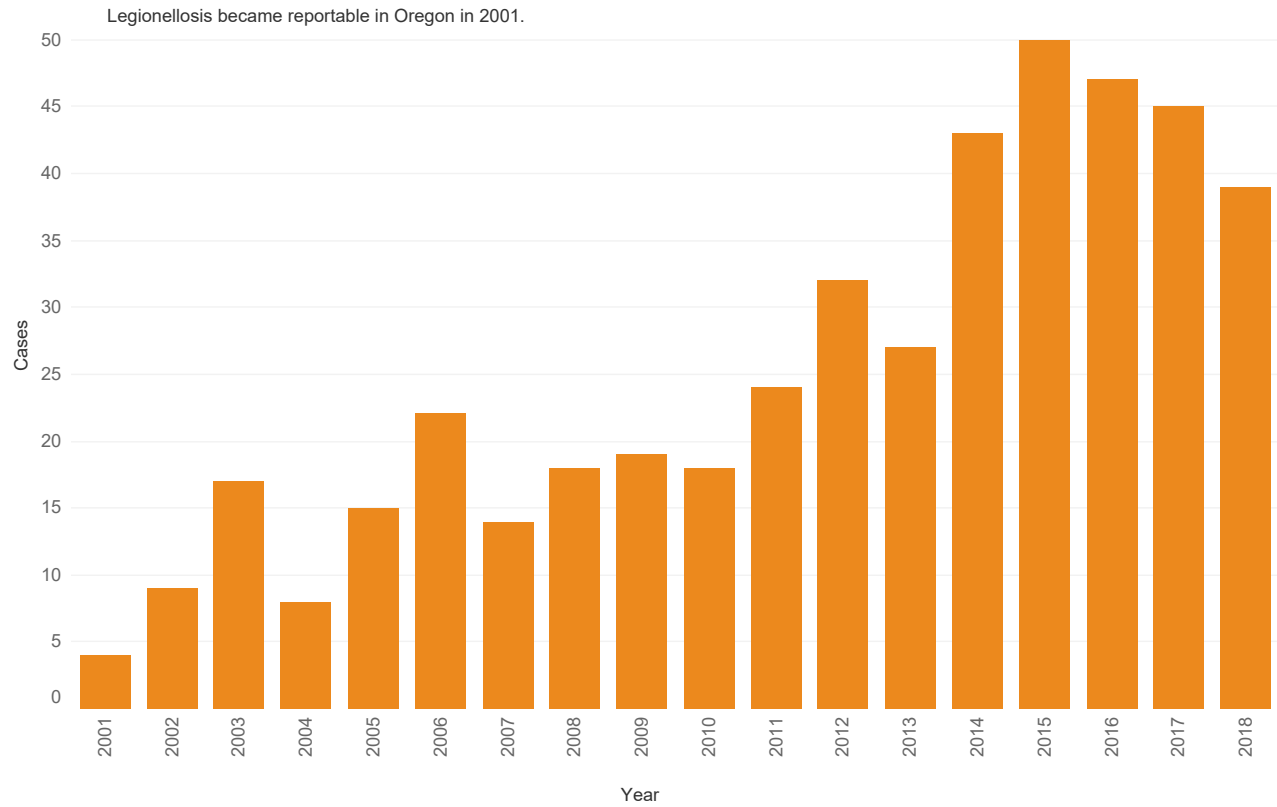
Legionellosis became officially reportable in Oregon in 2001 and nationally in 2009. Rates of reported illness have increased each year nationally. In Oregon, rates of reported illness were increasing until 2015, but have since been slowly declining. The cause of the rise is unknown; however, increases in older persons and those with underlying disease, aging plumbing infrastructure, and increased detection and reporting may have played a role.

In 2018, 39 cases of legionellosis occurred among Oregonians; 95% were hospitalized, and seven died. While outbreaks occurred in several cities in the United States, no outbreaks were reported in Oregon. Due to an increasing number of cases in recent years, the CDC has developed a water management toolkit for building owners and managers. Facilities receiving Medicare/Medicaid funds must now have a water management plan. Effective water and infrastructure management and better testing protocols can prevent *Legionella* outbreaks.



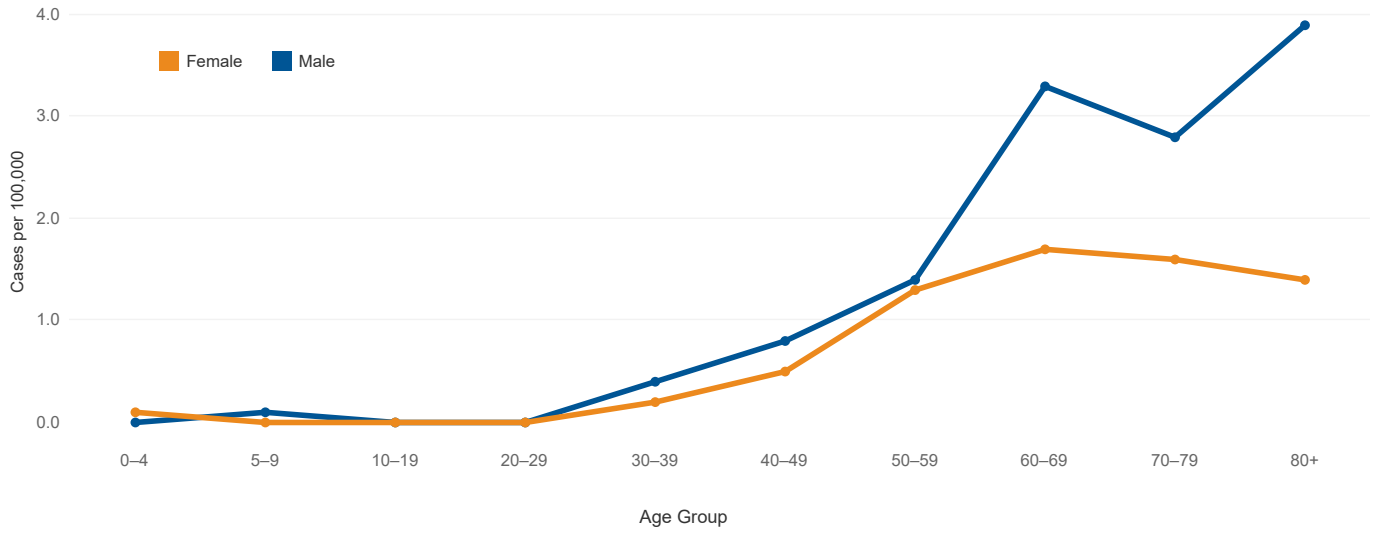
Disease overview	Disease overview (continued)	<b>Incidence by year</b>	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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### Incidence of legionellosis by year: Oregon, 2001–2018

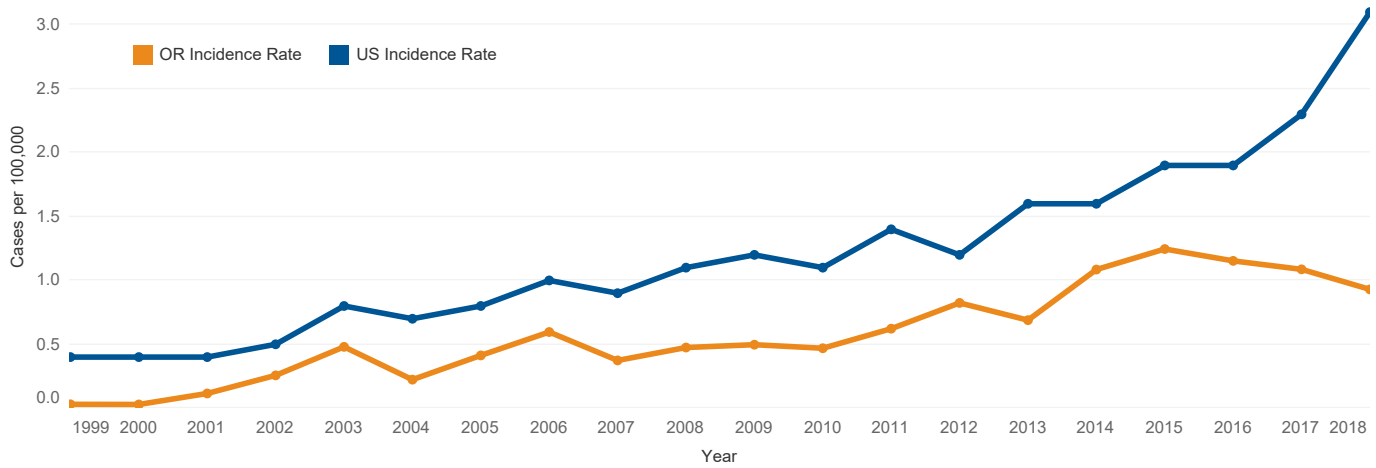


Disease overview	Disease overview (continued)	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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### Incidence of legionellosis by age and sex: Oregon, 2009–2018

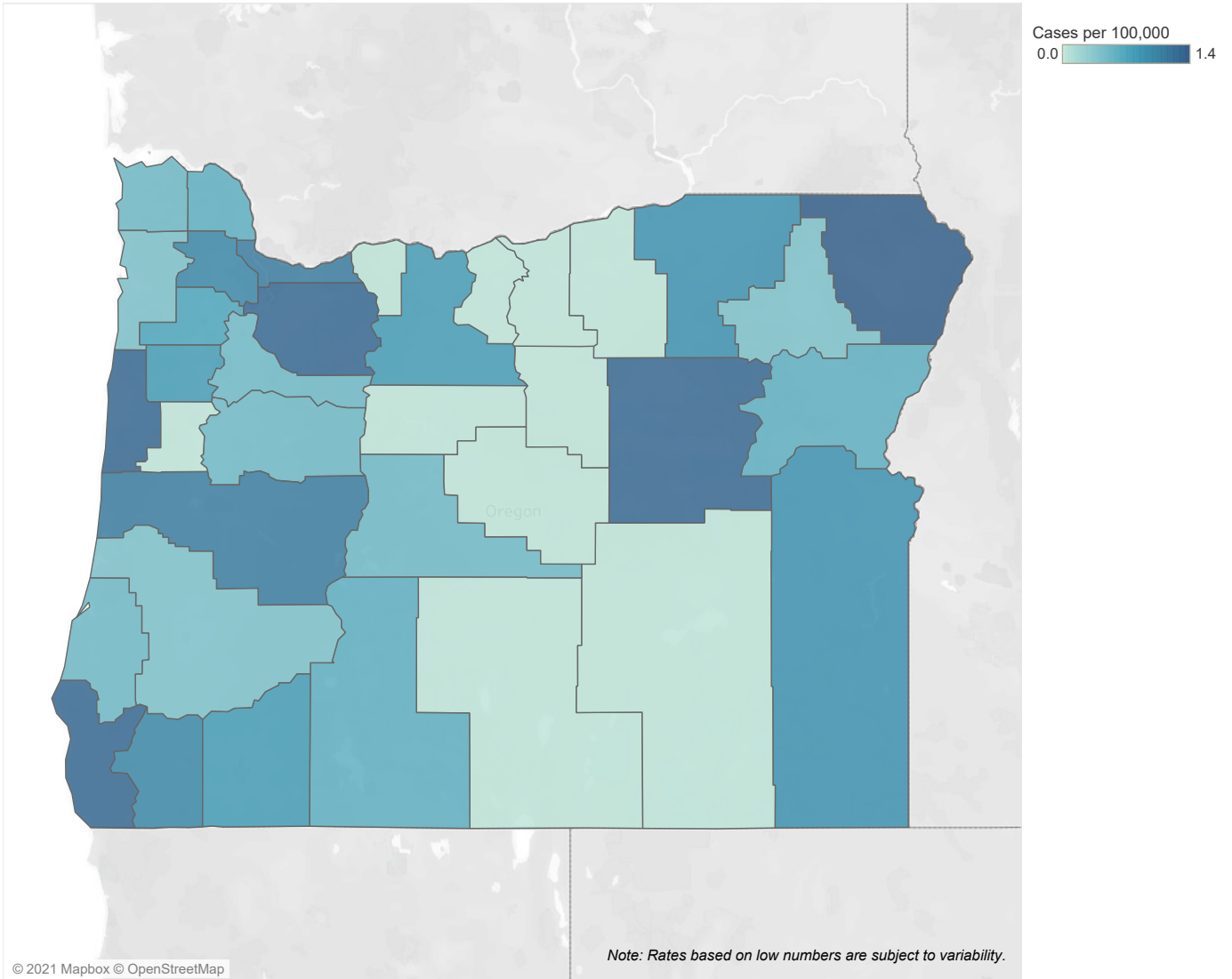


### Incidence of legionellosis: Oregon vs. nationwide, 1999–2018



Disease overview	Disease overview (continued)	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	<b>Incidence by county</b>	Disease prevention
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### Incidence of legionellosis by county of residence: Oregon, 2009–2018



Disease overview	Disease overview (continued)	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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# Prevention

- Not smoking can lower your chances of developing Legionnaires' disease if you are exposed to *Legionella* bacteria.
- Persons at increased risk of infection may choose to avoid high-risk exposures, such as being in or near a hot tub.
- Prevent water conditions that allow *Legionella* to grow by doing the following:
  - › Maintain and clean cooling towers and evaporative condensers twice yearly, and periodically use chlorine.
  - › Maintain domestic water heaters at 60°C (140°F) and water temperature at 50°C (122°F) or higher at the faucet.
  - › Don't allow water to stagnate. Large water-storage tanks exposed to sunlight can produce warm conditions favorable to growth of *Legionella*. Flushing infrequently used water lines will help alleviate stagnation.

Disease overview	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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# Listeriosis

Listeriosis is a bacterial infection that may present as an influenza-like illness with high fever, headache and muscle aches; as a gastrointestinal illness; or as an invasive disease with sepsis or meningitis. In pregnant women, listeriosis may cause miscarriages or stillbirths. The case fatality rate of invasive listeriosis is as high as 30% in infants infected prenatally and in non-pregnant adults.

Most cases of listeriosis are “sporadic” rather than part of outbreaks. However, several large outbreaks have been associated with consumption of contaminated foods. It is important to track the incidence of this disease to identify such outbreaks, and to identify high-risk groups. The rate is higher among pregnant women, newborns, the elderly and immunocompromised persons. Cooking food properly is the most important means of prevention. When listeriosis is diagnosed, treatment with antibiotics should be instituted promptly.

In 2018, nine cases were reported. All cases were hospitalized and there was one death (11%).

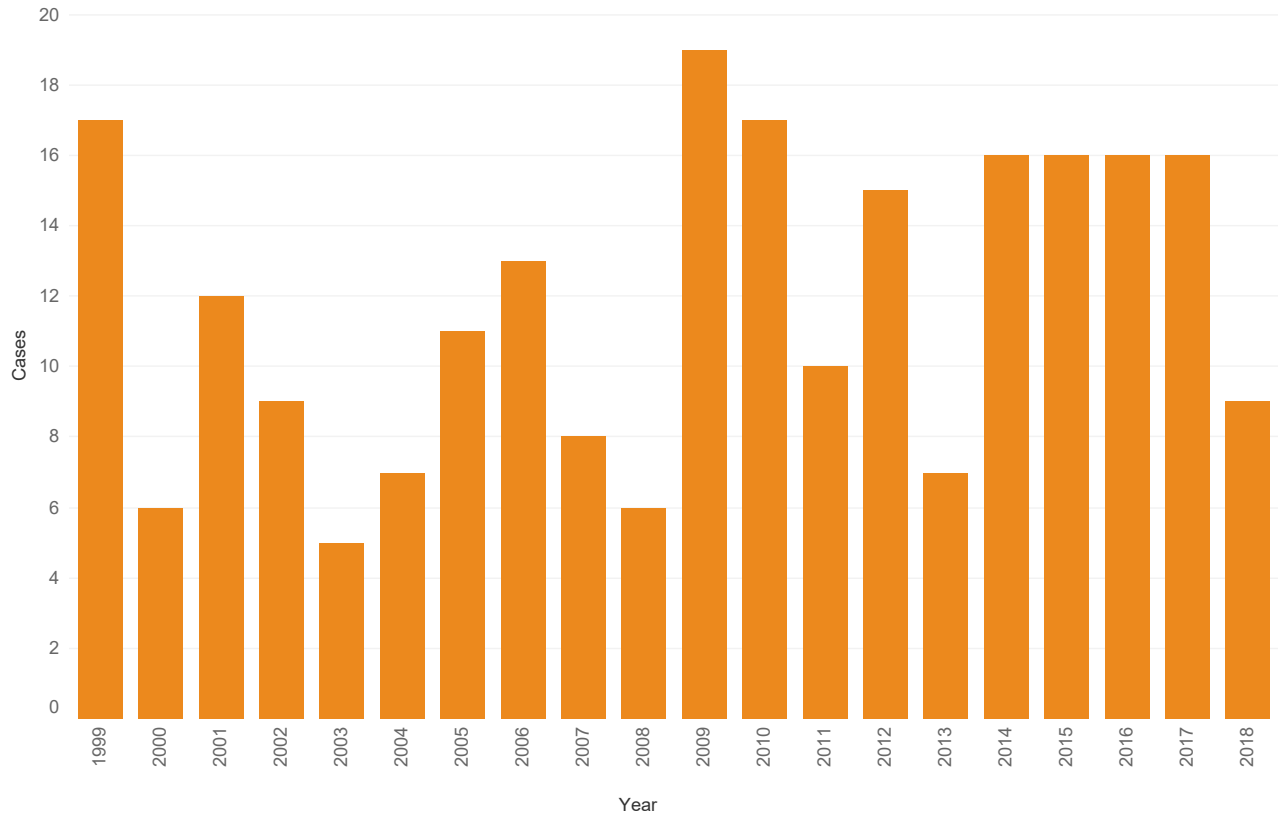


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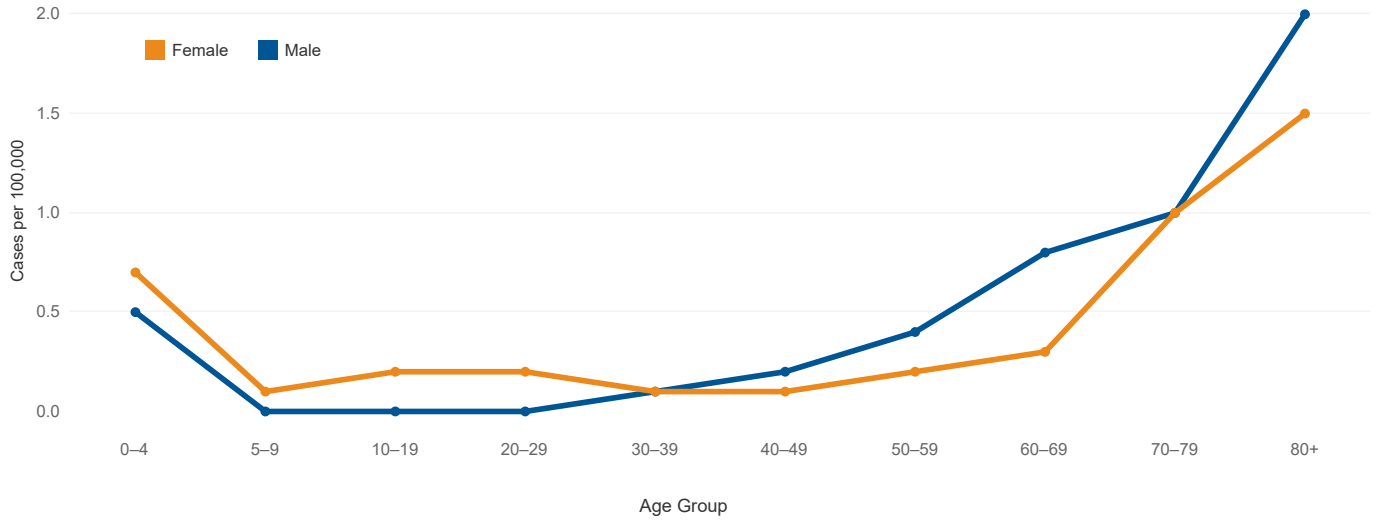
Disease overview	<b>Incidence by year</b>	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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### Incidence of listeriosis by year: Oregon, 1999–2018

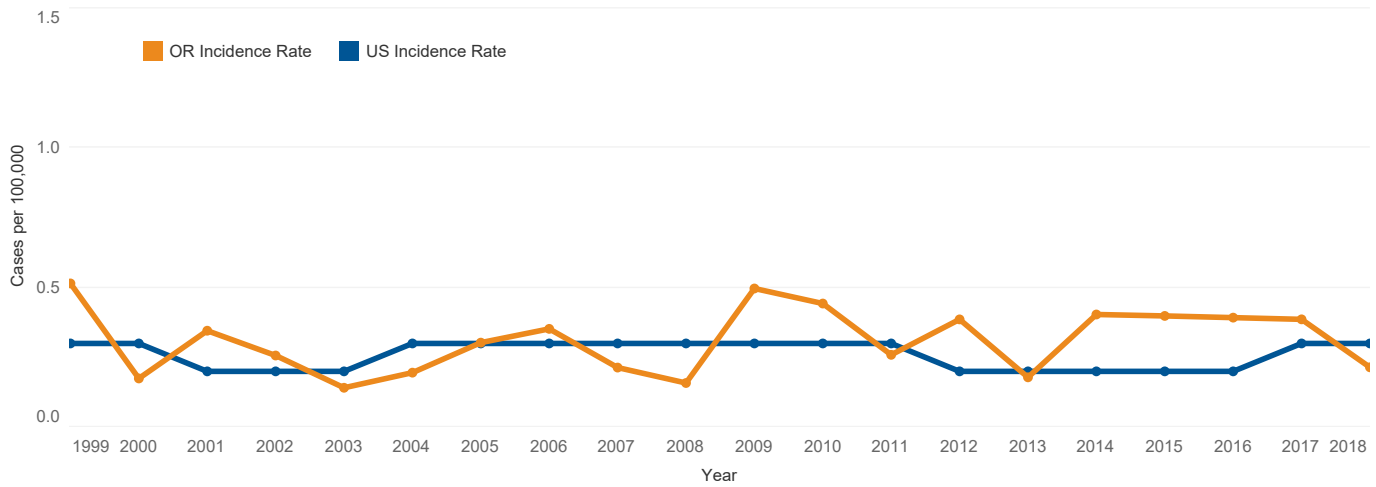


Disease overview	Incidence by year	<b>Incidence by age and sex and in Oregon vs. nation..</b>	Incidence by county	Disease prevention
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### Incidence of listeriosis by age and sex: Oregon, 2009–2018

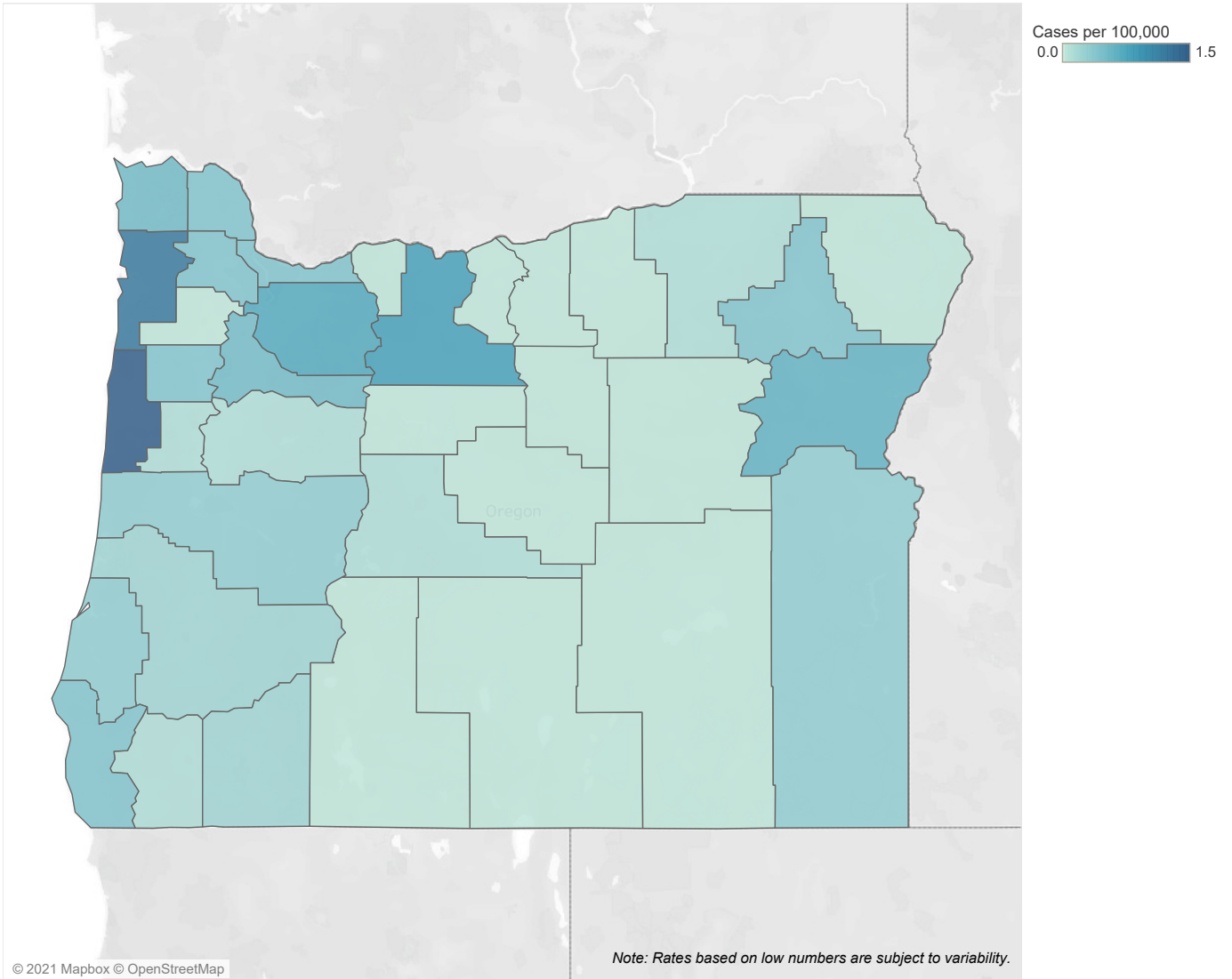


### Incidence of listeriosis: Oregon vs. nationwide, 1999–2018



Disease overview	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	<b>Incidence by county</b>	Disease prevention
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### Incidence of listeriosis by county of residence: Oregon, 2009–2018



Disease overview	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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# Prevention

- Practice safe food handling. Rinse raw produce thoroughly under running tap water; separate uncooked meats and poultry from vegetables, cooked foods and ready-to-eat foods; cook meat and poultry to the proper temperatures.
- Do not drink raw milk and do not eat foods that have unpasteurized milk in them.
- Higher-risk persons (pregnant women, immunocompromised and elderly):
  - › Avoid eating hot dogs, luncheon meats, cold cuts and other deli meats unless they are heated.
  - › Do not eat soft cheese such as feta, queso fresco, Brie or Camembert unless it is labeled as made with pasteurized milk.
  - › Do not eat refrigerated smoked seafood unless it is contained in a cooked dish such as a casserole.



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Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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## Lyme disease

Lyme disease is a tick-borne zoonotic disease caused by the spirochete *Borrelia burgdorferi*. The first manifestation in approximately 60% of patients appears as a red spot or bump that expands slowly with clearing in the middle, forming a ring or “target,” or a bull’s eye sometimes with multiple similar lesions. This distinctive skin lesion is called “erythema migrans.” In most cases, the tick must be attached for 36–48 hours or more before the Lyme disease bacterium can be transmitted. Most humans are infected through the bites of immature ticks called nymphs. Nymphs are tiny (less than 2 mm) and difficult to see, which is why they may be attached for many hours without being detected. Nymphs feed during the spring and summer months. The incubation period for Lyme disease ranges from three to 30 days after tick exposure; however, the early stages of the illness may be asymptomatic, and the patient may later develop systemic symptoms and joint, neurologic or cardiac problems in varying combinations during a period of months to years. Infections are treated with antibiotics.

Currently, increasing recognition of the disease is redefining areas where ticks may carry *B. burgdorferi*; Lyme disease cases have been reported in 49 states, and in Ontario and British Columbia, Canada. Related borrelioses have been found in Europe, the former Soviet Union, China and Japan. In 1997–1998, the CDC and the Oregon Public Health Division collected and identified ticks and tested them for *Borrelia burgdorferi* in Deschutes, Josephine and Jackson counties. No ticks from Deschutes County were identified as carrying *Borrelia* in this study.

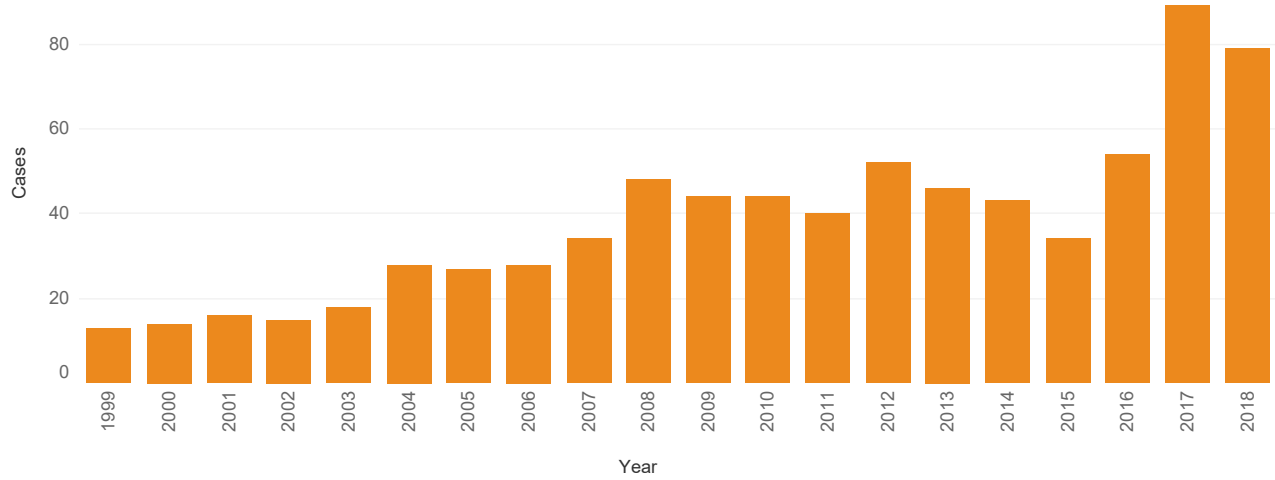
The organism was isolated in 3.5% of *Ixodes pacificus* ticks tested. During 2018, 79 cases of Lyme disease were reported in Oregon. The median age was 38 years of age. Fifty-two (66%) cases were female. The highest number of reported cases by residence (11 each) was in Multnomah and Jackson counties. Since 2015, we have identified an upward trend in the number of cases reported with Lyme disease. This could be related to greater local interaction with ticks in the environment as well as acquiring the infections from out-of-state areas where Lyme disease is more prevalent.

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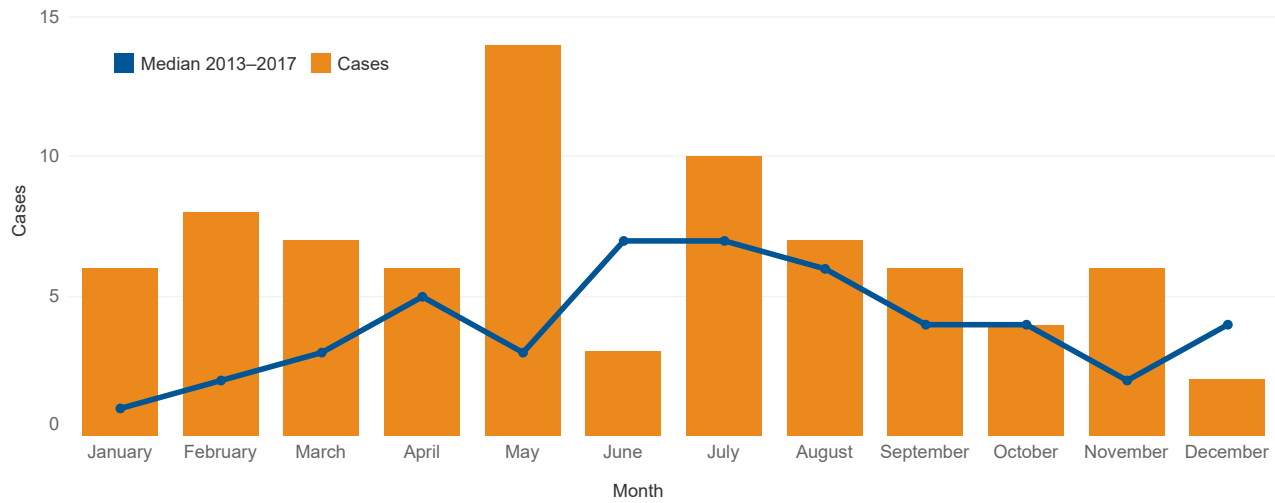


Disease overview	<b>Incidence by year and month</b>	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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### Incidence of Lyme disease by year: Oregon, 1999–2018

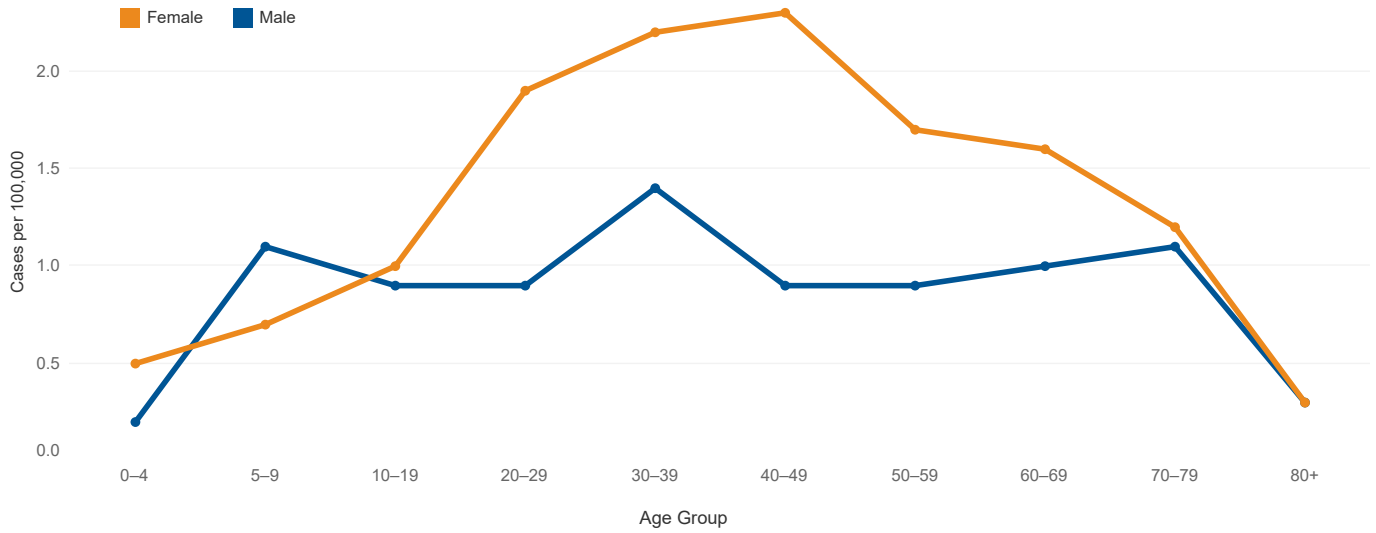


### Incidence of Lyme disease by month: Oregon, 2018

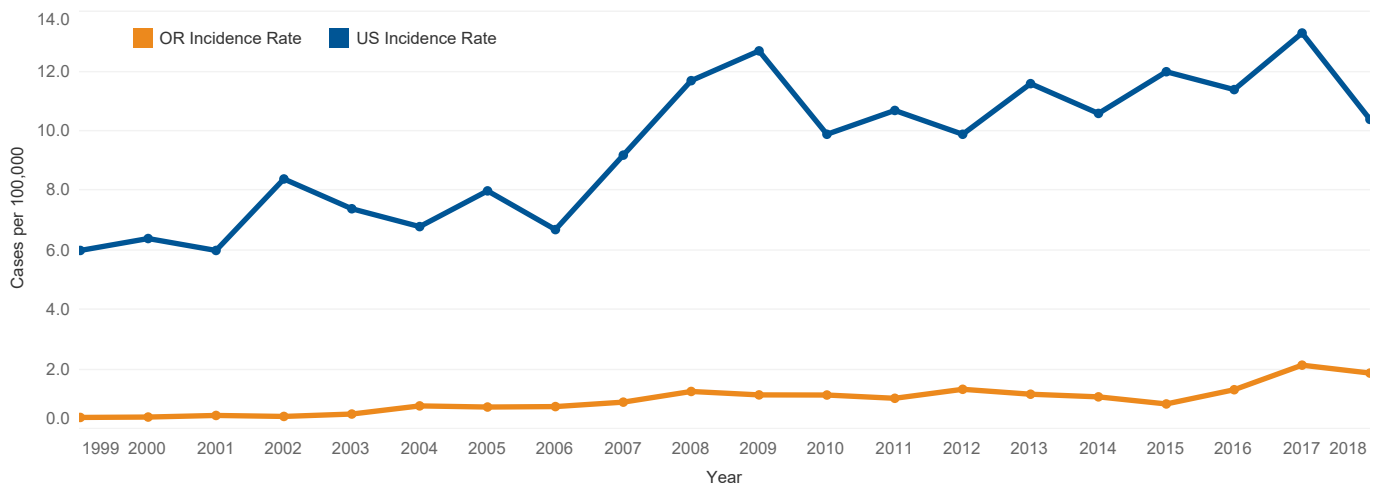


Disease overview	Incidence by year and month	<b>Incidence by age and sex and in Oregon vs. nation..</b>	Incidence by county	Disease prevention
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### Incidence of Lyme disease by age and sex: Oregon, 2009–2018

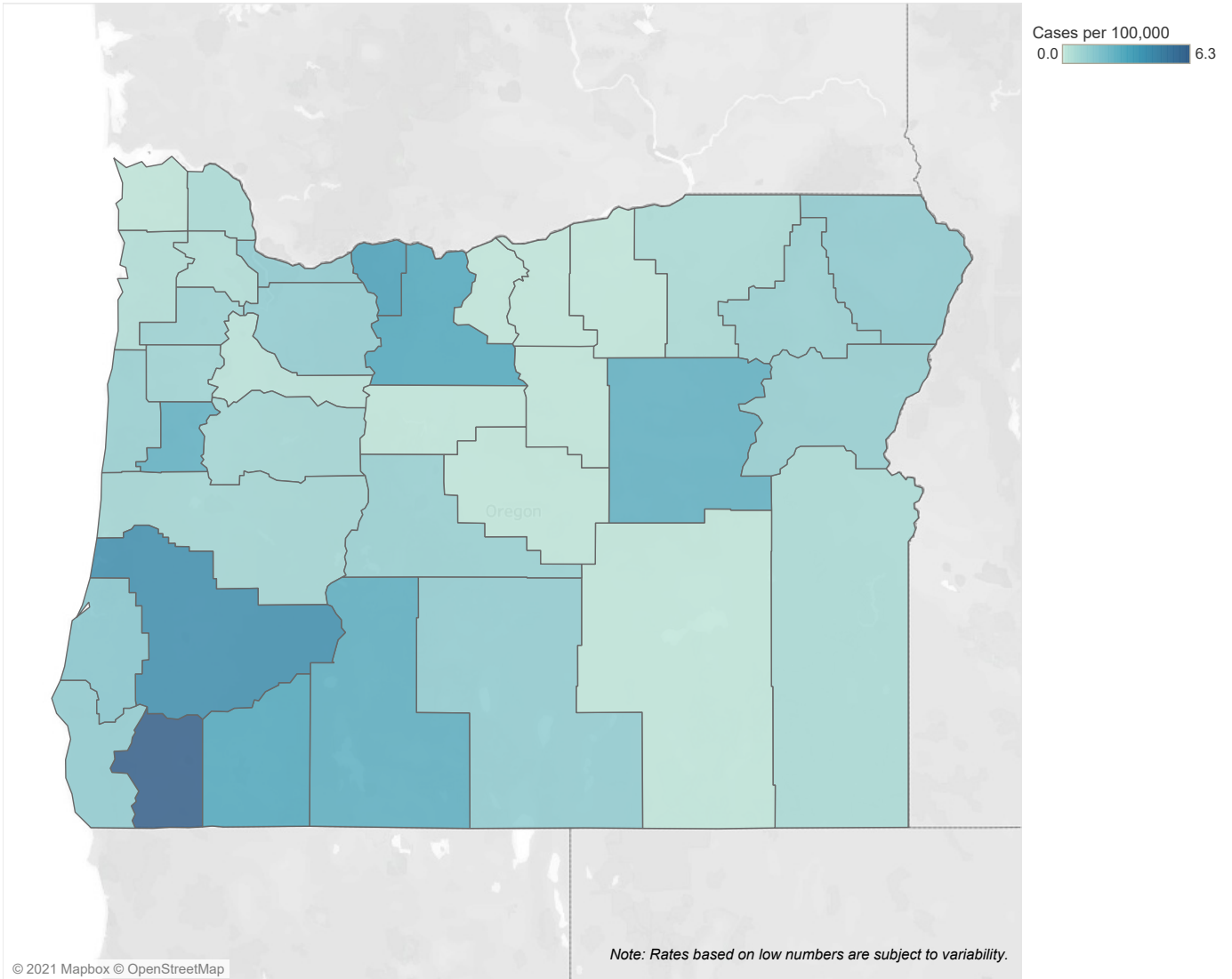


### Incidence of Lyme disease: Oregon vs. nationwide, 1999–2018



Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	<b>Incidence by county</b>	Disease prevention
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### Incidence of Lyme disease by county of residence: Oregon, 2009–2018






Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by county	Disease prevention
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## Prevention

- Avoid exposure to ticks. Wear long sleeves, long pants and socks when outdoors.
- Check yourself, your children and your pets for ticks. Be especially vigilant after spending time in wooded or grassy areas. Remove a tick as soon as possible with tweezers. Gently grasp the tick near its head or mouth. Don't squeeze or crush the tick, but pull carefully and steadily.
- Use insect repellents when you go outdoors. Repellents containing DEET, lemon eucalyptus and para-menthane, 2-undecanone products provide longer-lasting protection. To optimize safety and effectiveness, use repellents according to the label instructions.
- For more information about these products, please visit this EPA site: <https://www.epa.gov/insect-repellents/find-repellent-right-you>
- Do your best to tick-proof your yard. Clear brush and leaves where ticks live. Keep woodpiles in sunny areas.

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Disease overview	Incidence by year and by age and sex	Incidence in Oregon vs. nationwide; Cases..	Disease prevention
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# Malaria

Worldwide, malaria is one of the most devastating of the communicable diseases, causing perhaps 1–2 million deaths annually, in addition to an enormous burden of disability and medical costs. It is caused by parasites of the genus *Plasmodium* transmitted among humans by *Anopheles* mosquitoes. While transmission has not been documented in Oregon for decades, malaria is reported every year in our state; all cases have resulted from exposures outside the United States. *Anopheles* mosquitoes capable of transmitting malaria live in Oregon, so local transmission remains a theoretical possibility — albeit one we don’t lose much sleep over.

Sixteen confirmed and one presumptive cases of malaria were reported in Oregon in 2018. Eight (47%) were *Plasmodium falciparum* — the worst kind to have and the most common worldwide. Oregon surveillance data contribute to the national database, which informs recommendations for prevention and treatment. Of the 17 Oregon cases reported in 2018, 11 (65%) reported pre-onset travel in Africa or were immigrants from Africa. Three cases had been in South America, two had been in Asia, and one had been in both Asia and South America.

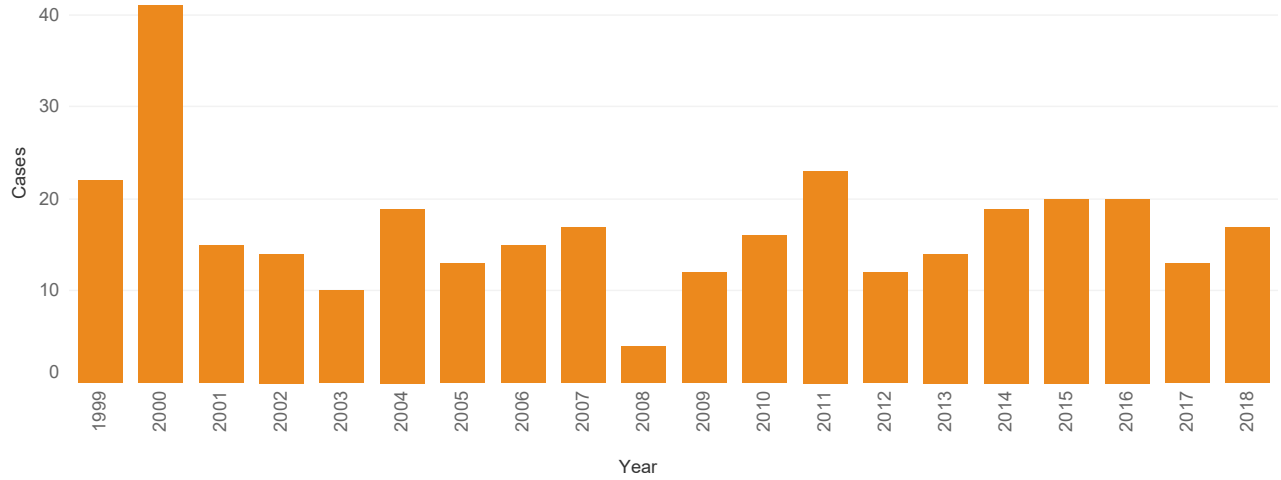
Competent advice about behavioral and chemical interventions can reduce risk to travelers, but refugees and other immigrants may carry long-harbored infections.

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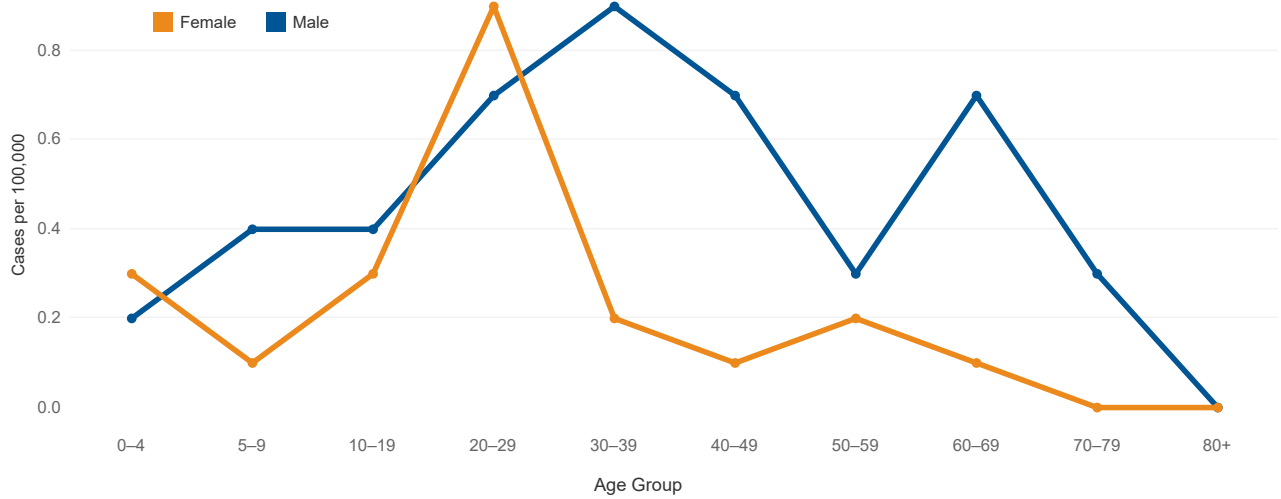


Disease overview	<b>Incidence by year and by age and sex</b>	Incidence in Oregon vs. nationwide; Cases..	Disease prevention
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### Incidence of malaria by year: Oregon, 1999–2018

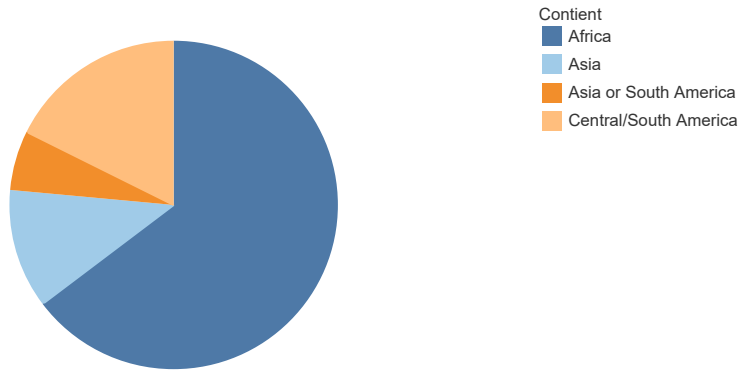


### Incidence of malaria by age and sex: Oregon, 2009–2018

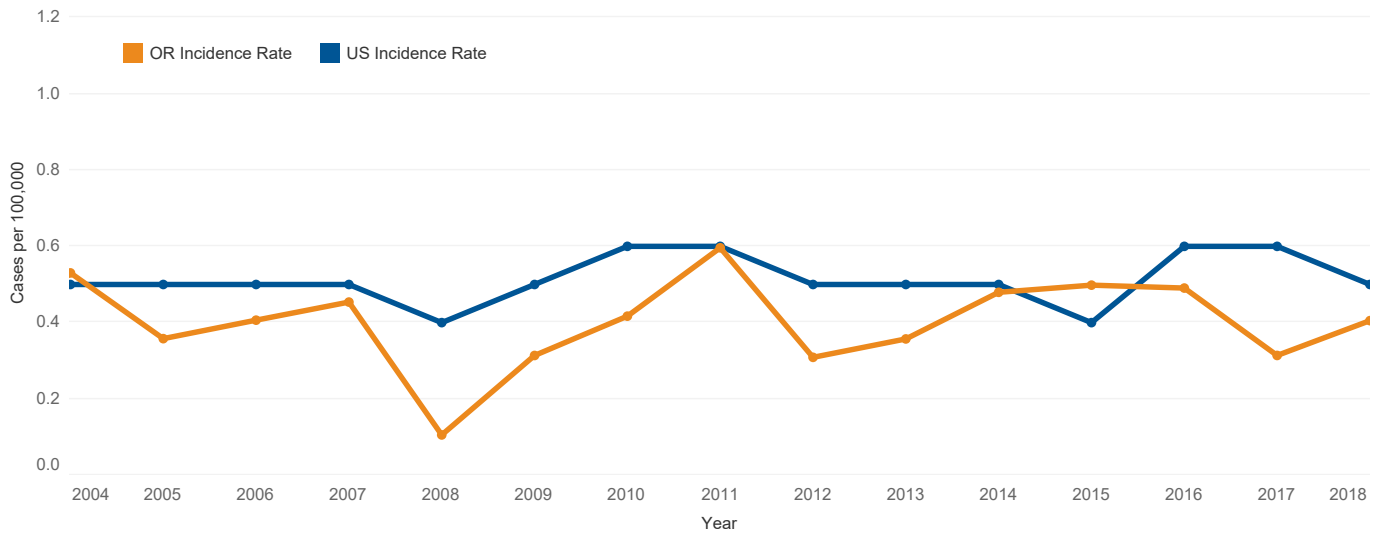


### Malaria cases by continent of acquisition: Oregon, 2018

Click on items in the legend or pieces of the chart to view the data.



### Incidence of malaria: Oregon vs. nationwide, 2004–2018



Disease overview	Incidence by year and by age and sex	Incidence in Oregon vs. nationwide; Cases..	Disease prevention
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## Prevention

- Understanding the current situation with malaria in one's travel destinations is essential. Consult with a travel medicine expert or, if nothing else, read the country-by-country assessment online from the CDC: [https://www.cdc.gov/malaria/travelers/country\\_table/a.html](https://www.cdc.gov/malaria/travelers/country_table/a.html)
- Because *Anopheles* mosquitoes feed at night, minimize your risk of getting bitten by sleeping under an insecticide-impregnated mosquito net or in an air-conditioned room (or both!).
- If out an about at night, wear long-sleeved shirts and pants and use topical mosquito repellents.
- Chemoprophylaxis (antimalarial medicine) provides the backstop you need when bite prevention is imperfect - as it always is.
- Many effective medicines are available in the United States (<http://www.cdc.gov/malaria/travelers/drugs.html>), and even more elsewhere. Weighing their relative merits and side effect can be complex; consult a travel expert for individualized advice. Don't wait until the last minute; most drugs should be started before and continued after the liekly exposure period. See <http://www.cdc.gov/malaria/travelers/drugs.html> for a list.

Disease overview	Disease overview (continued)	Incidence by year; Cases by country of importation	Incidence in Oregon vs. nationwide	Disease prevention
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# Measles

Measles is an acute, highly communicable viral illness known for its red, blotchy rash. The rash starts on the face and then spreads widely over the body. It is preceded by a febrile prodrome that includes cough, coryza and conjunctivitis; photophobia and Koplik spots in the mouth also sometimes appear.

Detection of measles ribonucleic acid (RNA) by polymerase chain reaction and measles-specific immunoglobulin M (IgM) antibody are the most common methods for confirming measles infection (in a patient who has not recently been immunized). Treatment is supportive.

A focus on increasing vaccination among preschool children by following the 1989 recommendation for two doses of measles, mumps and rubella (MMR) vaccine resulted in a dramatic reduction in measles in the United States. In Oregon, two doses of measles-containing vaccine have been required for entry into kindergarten since 1998. In 2018 about 96% of K–12 kids had received two doses.



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Disease overview	Disease overview (continued)	Incidence by year; Cases by country of importation	Incidence in Oregon vs. nationwide	Disease prevention
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Since 2004, 28 cases have been reported in Oregon; 15 of these were imported and another 13 were linked to imported cases. Most imported cases originated in Asia or Europe and struck both Oregon citizens traveling abroad and persons visiting Oregon from other countries. The median age of cases has been 20.5 years (range, 8 months–49 years) since 2004. Seventeen cases were unvaccinated; seven were vaccinated; the vaccination status of three could not be documented; and one was too young for vaccine.

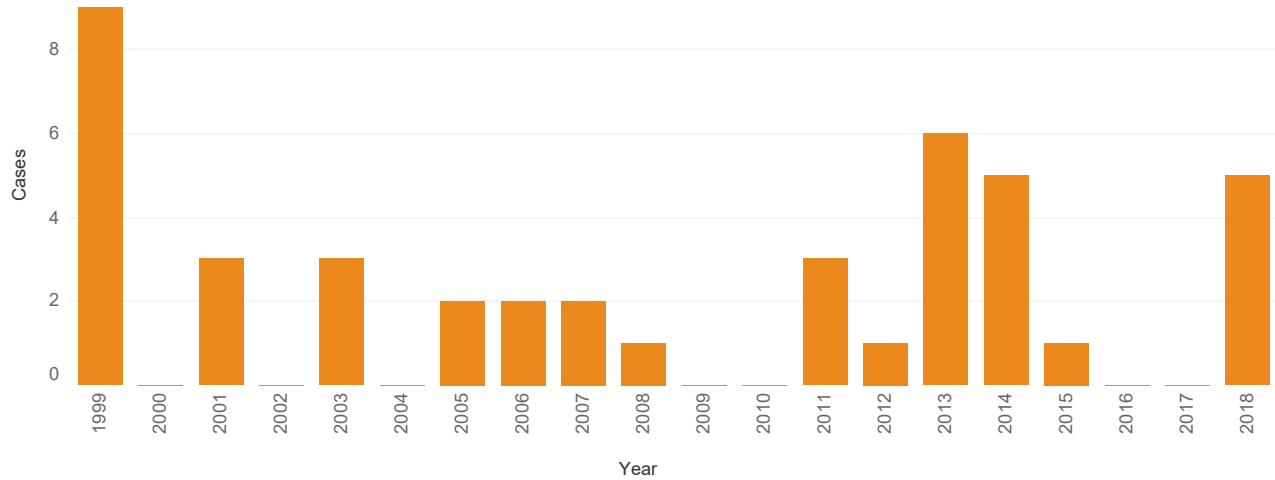
After a measles-free 2016 and 2017, five cases of measles were reported in Oregon during 2018. Two were imported, and another 3 were linked to importations. The median age of cases was 23 years (range, teens to 40s). Three were unvaccinated, one had been vaccinated abroad, and one could not provide documentation.

Though measles is highly infectious, the risk of exposure to measles in Oregon remains low. Sustaining high levels of vaccination is important to limit the spread of measles from imported cases and to prevent it from becoming re-established as an endemic disease in the United States.



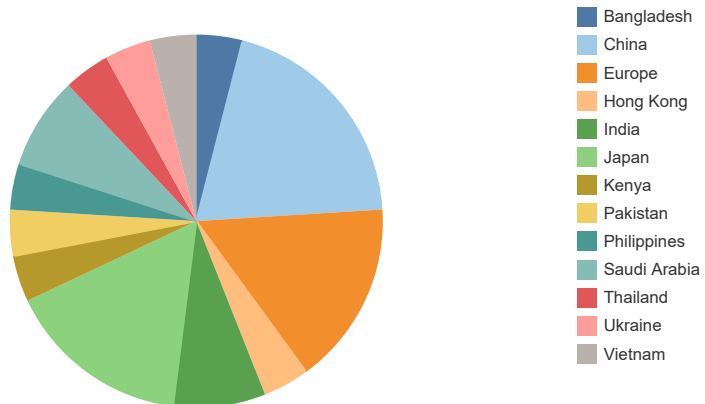
Disease overview	Disease overview (continued)	<b>Incidence by year; Cases by country of importation</b>	Incidence in Oregon vs. nationwide	Disease prevention
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### Incidence of measles by year: Oregon, 1999–2018



### Measles by country of importation: 1997–2018

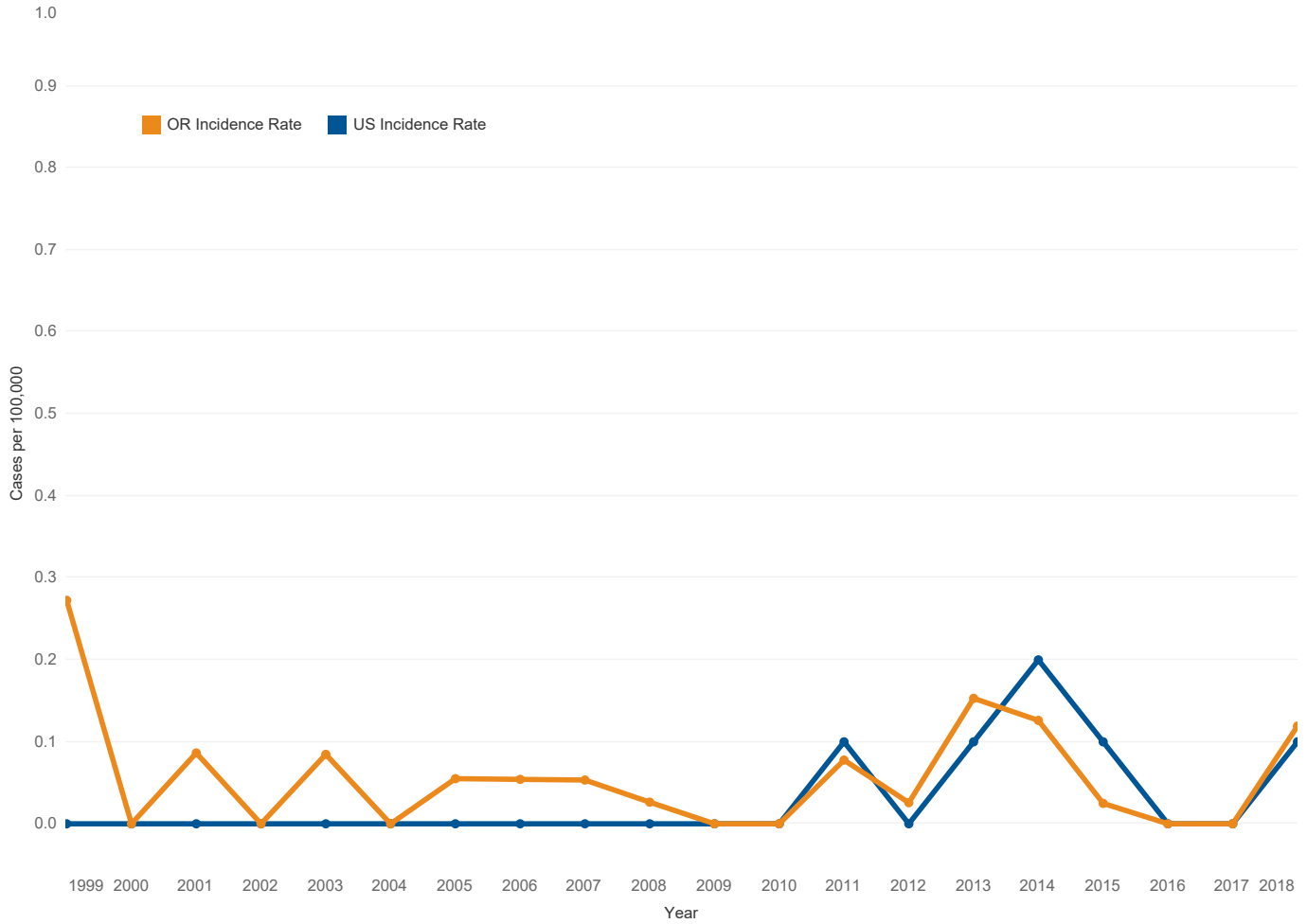
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Disease overview	Disease overview (continued)	Incidence by year; Cases by country of importation	<b>Incidence in Oregon vs. nationwide</b>	Disease prevention
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### Incidence of measles: Oregon vs. nationwide, 1999–2018



Disease overview	Disease overview (continued)	Incidence by year; Cases by country of importation	Incidence in Oregon vs. nationwide	Disease prevention
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# Prevention

- Vaccinate:
  - › One dose for preschool-age children >12 months of age and for persons born during or after 1957; a second dose for school-age children and for adults at high risk of measles exposure (e.g., health care personnel, international travelers and students at post-high school educational institutions).
  - › Post-exposure vaccination can prevent or lessen illness if given within 72 hours of exposure.



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Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Meningococcal disease cases by serogroup	Incidence by county	Disease prevention
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## Meningococcal disease

Reported cases of invasive meningococcal infections, including sepsis and meningitis, have declined from the hyperendemic levels seen in 1993–1997 attributable to a clonal strain of serogroup B *Neisseria meningitidis*. Respiratory secretions and droplets continue to be shared among Oregonians and predispose us to secondary cases.

In 2018, there were 14 reported cases and two deaths from meningococcal disease in Oregon. From the early 1990s through 2011, serogroup B predominated in Oregon but, for the past several years, other serogroups have been more prominent. In 2016, 43% of cases were serogroup B; serogroup C accounted for 48% of cases; 2017, 40% of cases were serogroup B; serogroup C accounted for 52% of cases; 2018, 7% of cases were serogroup B; serogroup C accounted for 71% of cases. In 2018, there was a meningococcal serogroup C outbreak in a homeless shelter, with two cases reported. Over 100 close contacts were identified, and if indicated, post-exposure prophylaxis was administered. A vaccination clinic was initiated with the target population being all shelter residents aged <30 years (n=24). The vaccination clinic was able to vaccinate 71% of the target population. No secondary cases were reported.

Meningococcal disease is treated with intravenous antibiotics.



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Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Meningococcal disease cases by serogroup	Incidence by county	Disease prevention
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American Committee on Immunization Practices (ACIP) recommends routine vaccination with quadrivalent (contains antigens from serogroups A, C, Y and W-135) meningococcal conjugate vaccine for all persons 11–21 years of age.

Meningococcal vaccine is also recommended for persons 2 months to 55 years of age who are at increased risk for the disease due to complement deficiency, travel to or residence in a country where meningococcal disease is hyperendemic or epidemic, or inclusion in a defined risk group during a community or institutional outbreak.

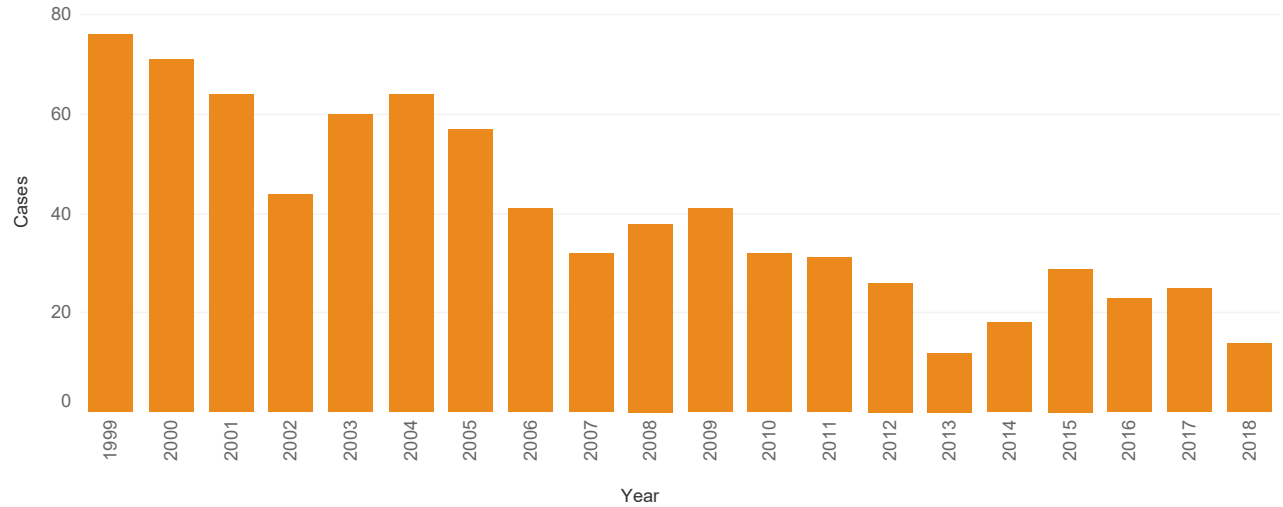
In October 2014, the Food and Drug Administration (FDA) licensed the first serogroup B meningococcal vaccine (MenB-FHbp, Trumenba®). FDA approved this vaccine for use in people 10–25 years of age as a three-dose series. On Jan. 23, 2015, FDA licensed a second serogroup B meningococcal vaccine (MenB-4C, Bexsero®). FDA approved this vaccine for use in people 10–25 years of age as a two-dose series.

MenB vaccination is now recommended for those ≥10 years of age with complement deficiencies, anatomic or functional asplenia, microbiologists who have contact with *N. meningitidis*, and others at increased risk during a serogroup B outbreak. MenB vaccine may also be administered to adolescents and young adults 16–23 years of age to provide short-term protection against most strains of serogroup B meningococcal disease.

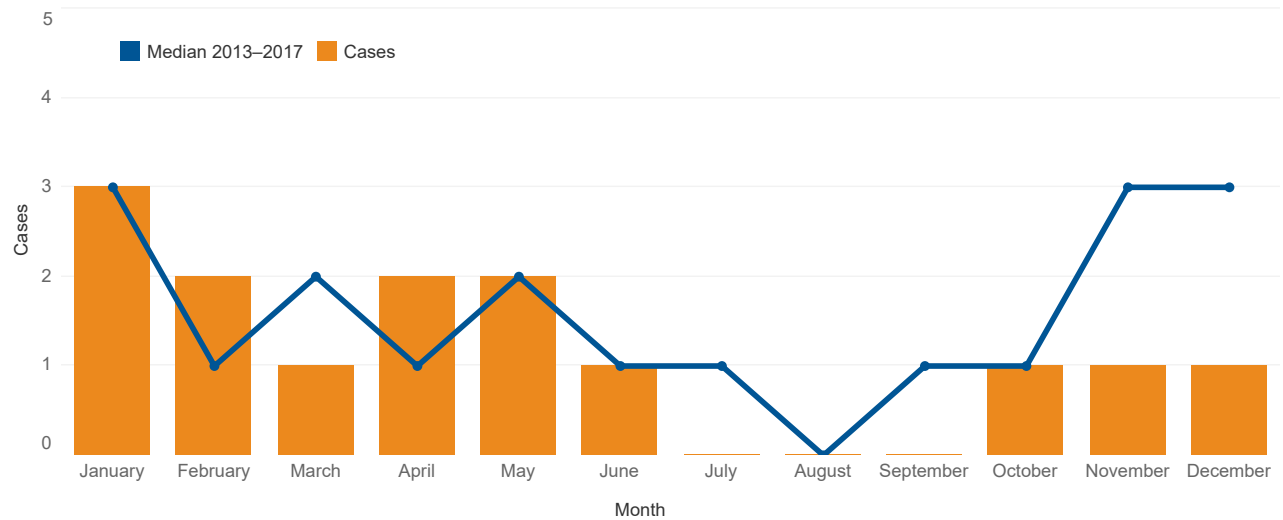


Disease overview	Disease overview (continued)	<b>Incidence by year and month</b>	Incidence by age and sex and in Oregon vs. nation..	Meningococcal disease cases by serogroup	Incidence by county	Disease prevention
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### Incidence of meningococcal disease by year: Oregon, 1999–2018

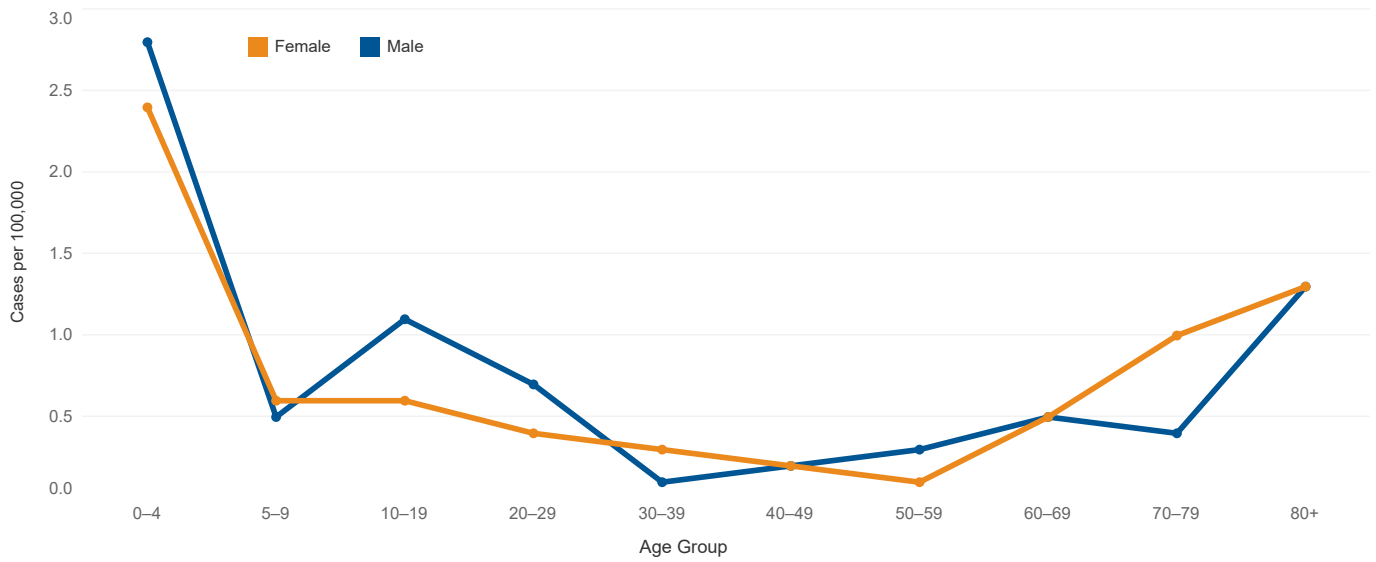


### Incidence of meningococcal disease by month: Oregon, 2018

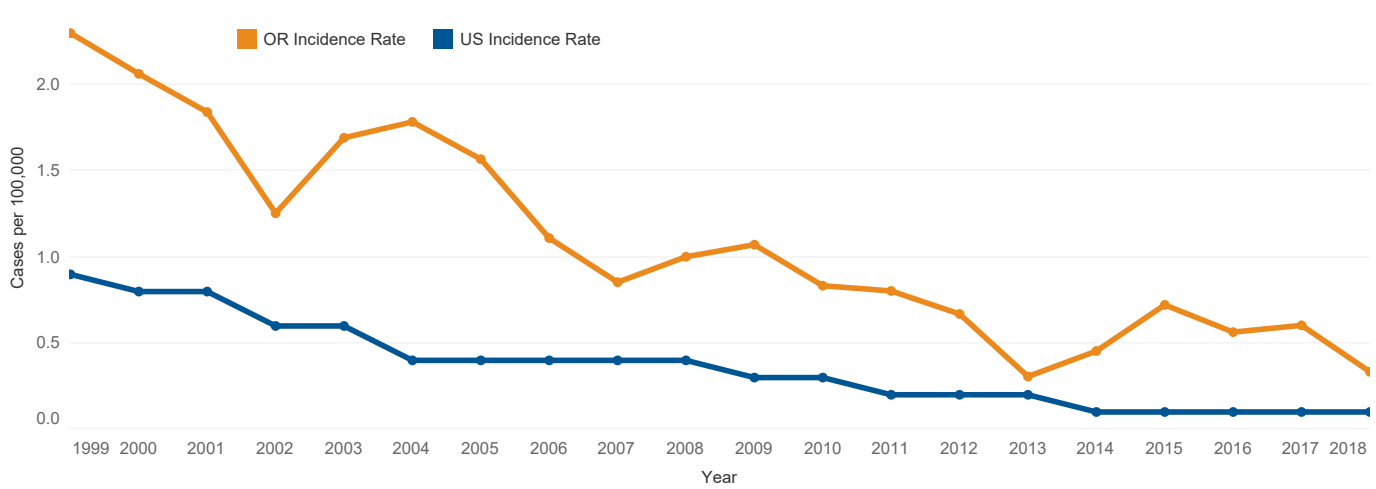


Disease overview	Disease overview (continued)	Incidence by year and month	<b>Incidence by age and sex and in Oregon vs. nation..</b>	Meningococcal disease cases by serogroup	Incidence by county	Disease prevention
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### Incidence of meningococcal disease by age and sex: Oregon, 2009–2018

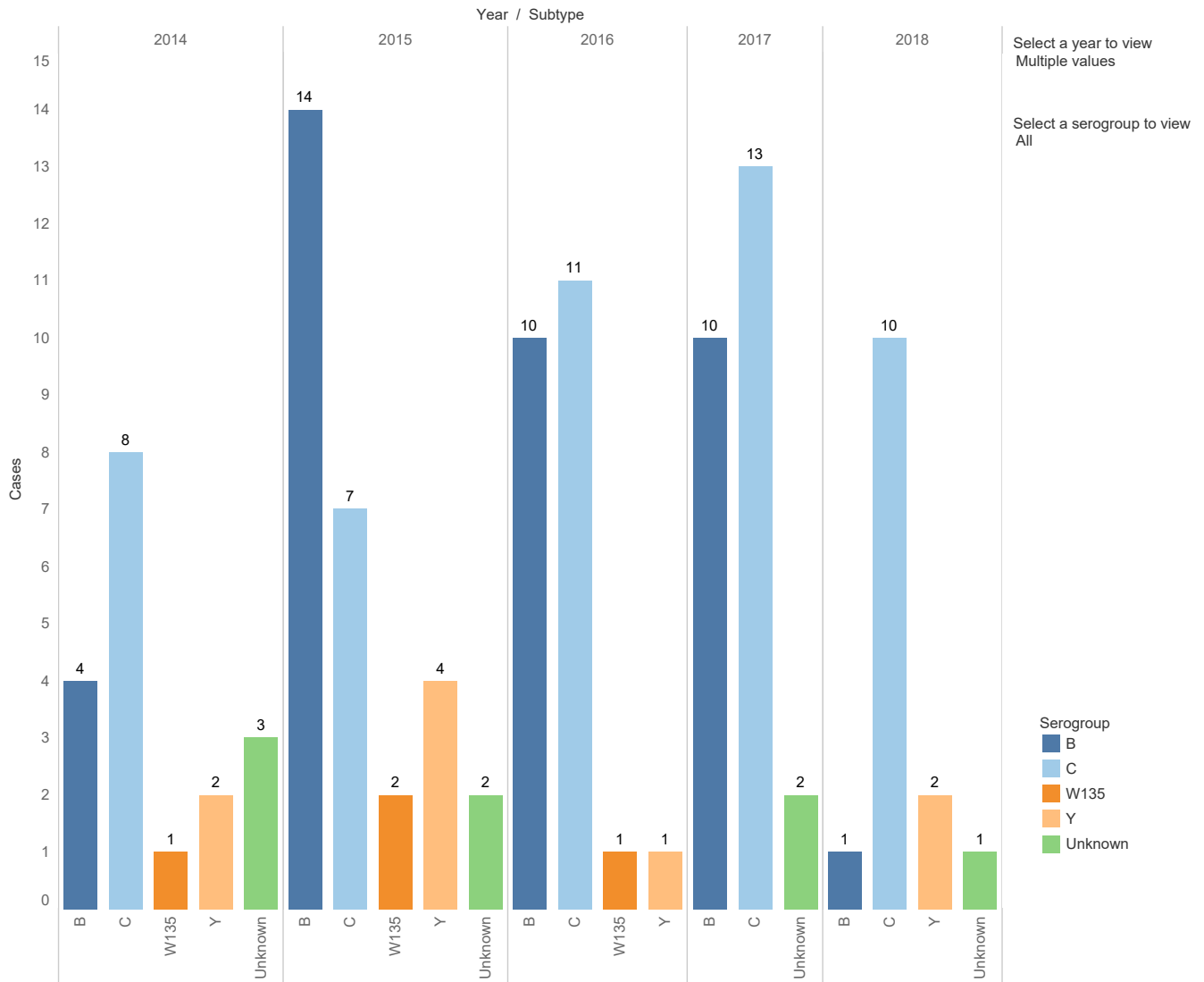


### Incidence of meningococcal disease: Oregon vs. nationwide, 1999–2018



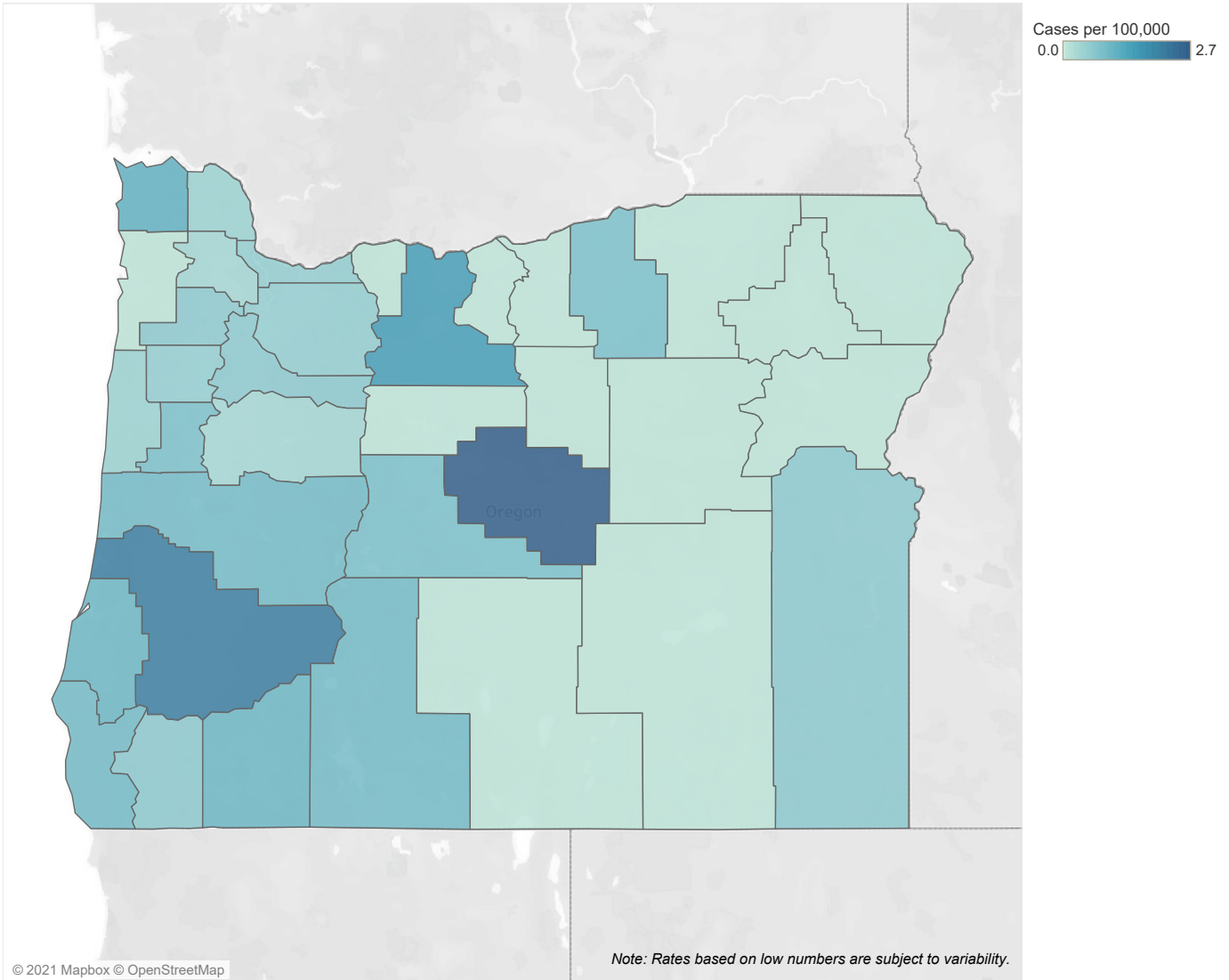
Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	<b>Meningococcal disease cases by serogroup</b>	Incidence by county	Disease prevention
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### Meningococcal disease by serogroup: Oregon, 2009–2018



Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Meningococcal disease cases by serogroup	<b>Incidence by county</b>	Disease prevention
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### Incidence of meningococcal disease by county of residence: Oregon, 2009–2018





Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Meningococcal disease cases by serogroup	Incidence by county	Disease prevention
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# Prevention

- Vaccinate to prevent illness from serogroups A, C, Y, W-135 per ACIP guidelines.
- Vaccinate to prevent illness from serogroup B per ACIP guidelines.
- Identify and recommend prophylaxis of close contacts of confirmed and presumptive cases.
- Avoid exposing children to tobacco smoke. These behaviors have been associated with an increased risk of invasive meningococcal disease in children.

Disease overview	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Disease prevention
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# Mumps


Mumps is an acute viral illness characterized by fever and swelling of the salivary glands, typically the parotids. Transmission is generally through respiratory droplets or through direct contact with nasal secretions.

Laboratory diagnosis of mumps in highly vaccinated populations is challenging. Studies have shown negative serologic tests in a person with true mumps as well as a negative RT-PCR if the buccal swab is collected more than three days after parotitis onset. To increase the likelihood of detecting mumps, collecting both serum and buccal swab is recommended from all patients with suspected mumps.

Once an almost universal childhood infection, mumps incidence decreased in the United States with routine childhood vaccination. Reporting of this vaccine-preventable viral infection was discontinued in Oregon in 1981 but prompted by outbreaks, reestablished July 1, 2006.

Seventeen sporadic cases were reported in Oregon during 2018. Among 7 cases <19 years of age, 4 were up to date on vaccination. Complications included one case of: orchitis, deafness, mastitis, oophoritis and one hospitalization. Because as many as 20% of mumps virus infections are asymptomatic, and nearly 50% are associated with nonspecific or primarily respiratory symptoms (with or without parotitis), mumps infections are significantly underreported.

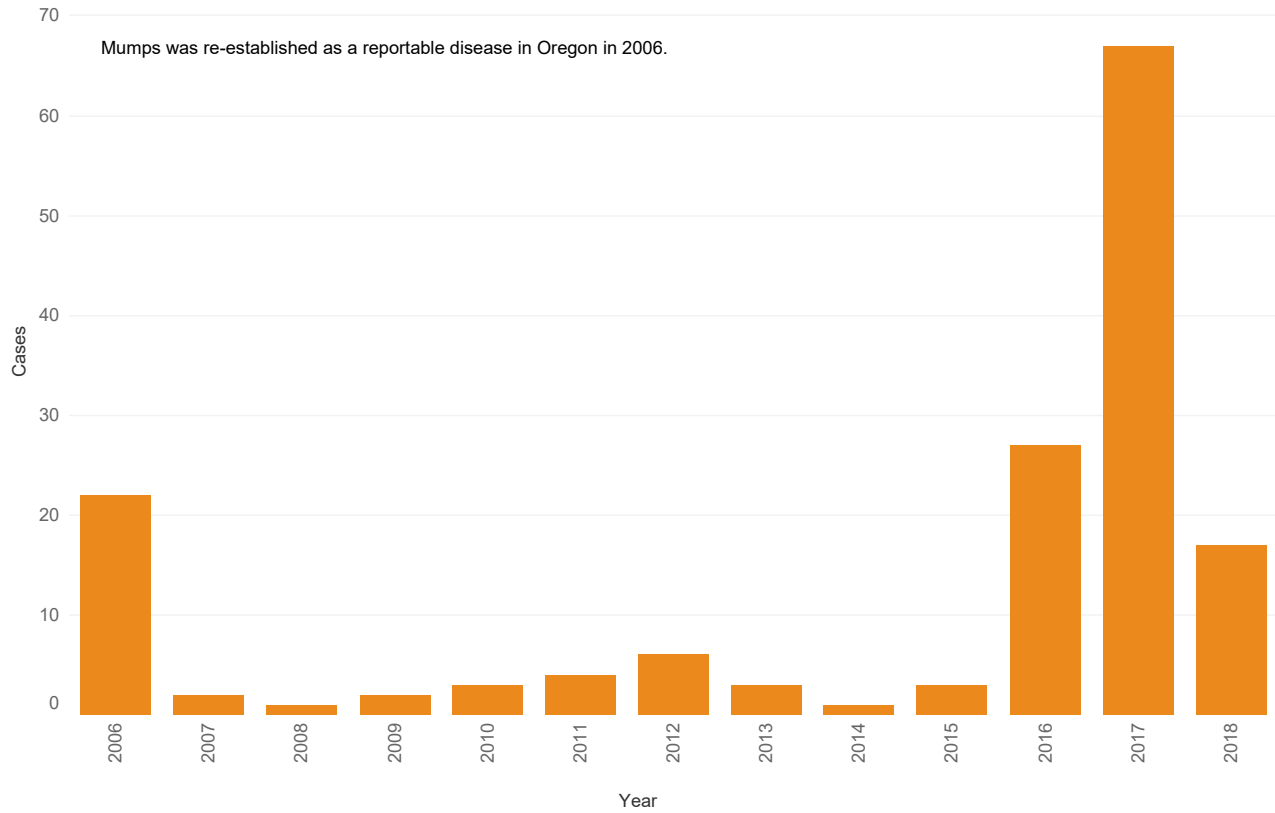
Outbreaks can still occur in highly vaccinated communities, particularly in close-contact settings. Two doses of the vaccine are 88% effective at protecting against mumps; one dose is 78% effective. The driving forces for the outbreaks might be a combination of the imperfect vaccine effectiveness, waning immunity, and the intensity of exposure. Still, high vaccination coverage helps limit the size, duration and spread of mumps cases. Also, because of vaccination, complications of mumps have been substantially reduced. Mumps remains endemic, and vaccination is the best prevention tool.

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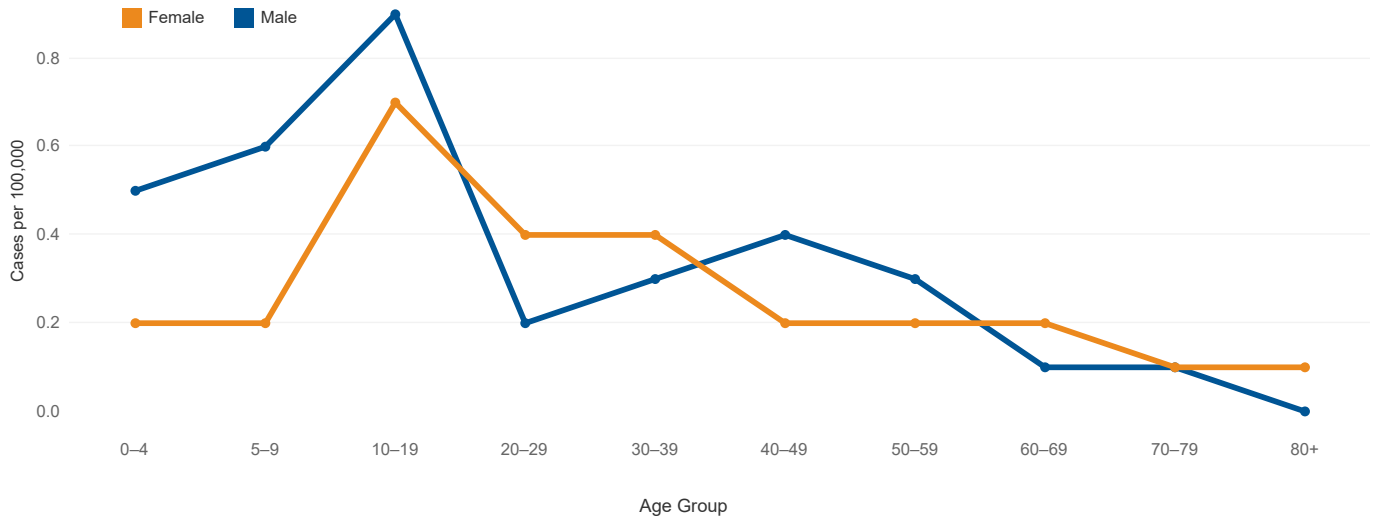
Disease overview	<b>Incidence by year</b>	Incidence by age and sex and in Oregon vs. nation..	Disease prevention
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### Incidence of mumps by year: Oregon, 2006–2018



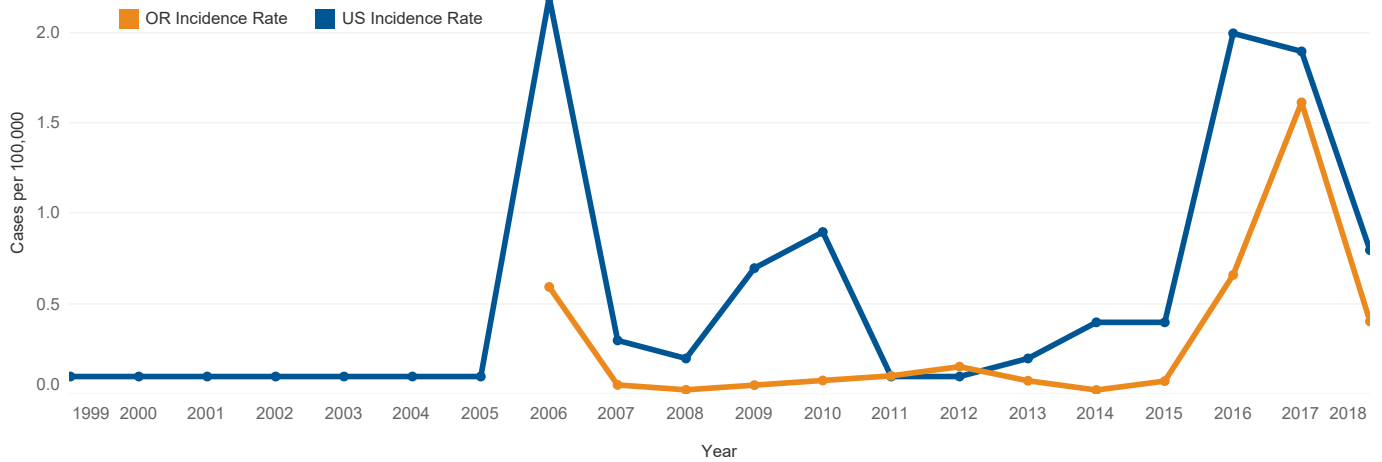
Disease overview	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Disease prevention
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### Incidence of mumps by age and sex: Oregon, 2009–2018



### Incidence of mumps: Oregon vs. nationwide, 1999–2018

Mumps was re-established as a reportable disease in Oregon in 2006.



Disease overview	Incidence by year	Incidence by age and sex and in Oregon vs. nation..	Disease prevention
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# Prevention

- One dose of vaccine (as MMR) for all children at 12-15 months of age.
- A second dose (as MMR) for school-age children and for adults at high risk of mumps exposure (e.g., health care personnel, international travelers and students at post-high-school educational ..
- One dose of vaccine (as MMR) for all persons born during or after 1957 who are not at high risk of mumps exposure.



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Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Disease prevention
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# Pertussis

Pertussis is a highly contagious, acute respiratory infection caused by the bacterium *Bordetella pertussis*. It is transmitted from person to person through contact with respiratory secretions (i.e., droplet transmission). The disease is most severe in infants and young children, many of whom suffer the intense fits of coughing that may end with an inspiratory “whoop.” Although the disease is generally less severe in older persons, any infected person can transmit the disease to other susceptible persons, including unimmunized or incompletely immunized infants.

Despite high childhood immunization coverage, pertussis remains endemic in the United States, with epidemics every few years. In 2012, Oregon experienced a pertussis epidemic with the most cases (910) seen in a single year since 1953. Because pertussis often goes undiagnosed in adolescents and adults, it is likely the actual number of cases greatly exceeds the number reported. During 2013–2017, 1925 cases have been reported here—an average of 385 per year.

Pertussis incidence was up in Oregon during 2018, with 500 cases reported. Lane County was hit hardest: 227 cases in a community-wide outbreak. As usual, the incidence statewide was highest among infants (88/100,000), followed by those 10–19 years of age (46/100,000). We are noticing an increase in the relative burden among school-aged children and adolescents, who accounted for 294 (59%) of the year’s cases. Twelve outbreaks were reported, almost all occurring in schools.



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Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Disease prevention
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The incidence has been increasing in recent years among adolescents and adults. Since 2003, 56% of pertussis cases reported in Oregon have been in children >10 years of age. The year 2015 was also noteworthy for a historically high proportion of reported pertussis cases among older teenagers. Immunity wanes with time, so adolescents and adults need a Tdap booster dose, both to protect themselves and to avoid spreading it to vulnerable infants. All persons  $\geq 10$  years of age who have not already received Tdap are advised to get a single dose.

Infants with pertussis are also the most likely to suffer complications and death. Since 2003, 257 (34%) of the 763 infants diagnosed with pertussis in Oregon have been hospitalized and five have died.

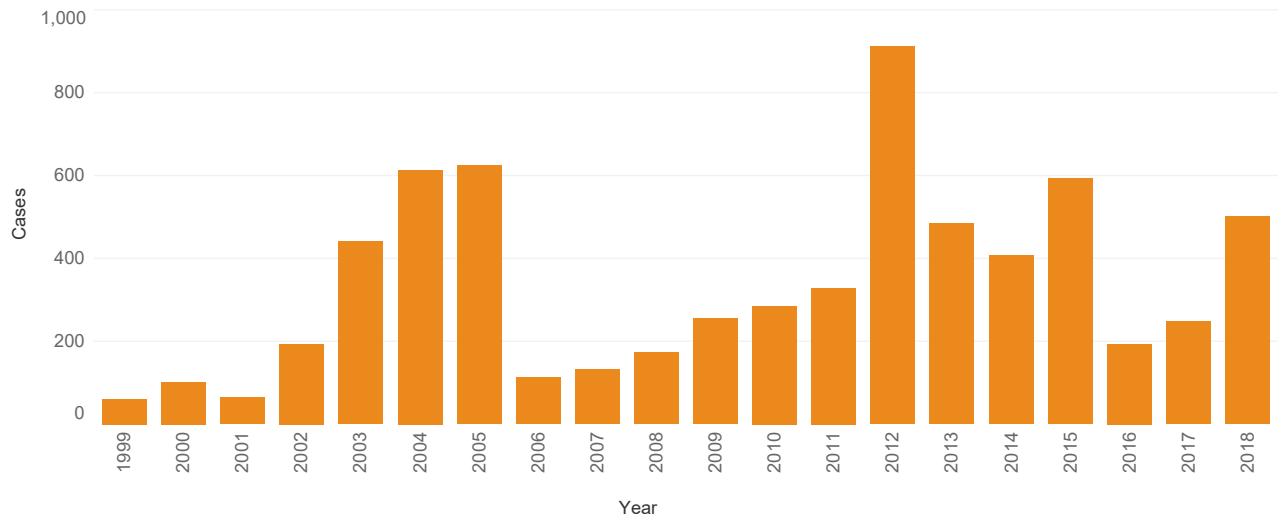
Previously published Oregon data have demonstrated that even during an epidemic year, the risk of pertussis is higher among the unvaccinated. Pregnant women should receive Tdap, preferably at 27–36 weeks’ gestation, so they can develop antibodies to pertussis and pass them to their babies before birth. Vaccination of health care workers is strongly encouraged. Children need a series of five DTaP vaccinations before kindergarten, starting at two months of age.

Since 2010, with funding from the CDC, Oregon launched the Metropolitan Area Pertussis Surveillance (MAPS) project, with enhanced surveillance for pertussis in Clackamas, Multnomah and Washington counties. Each reported case is investigated extensively and standardized data are collected. These data help guide regional and national public health policy.

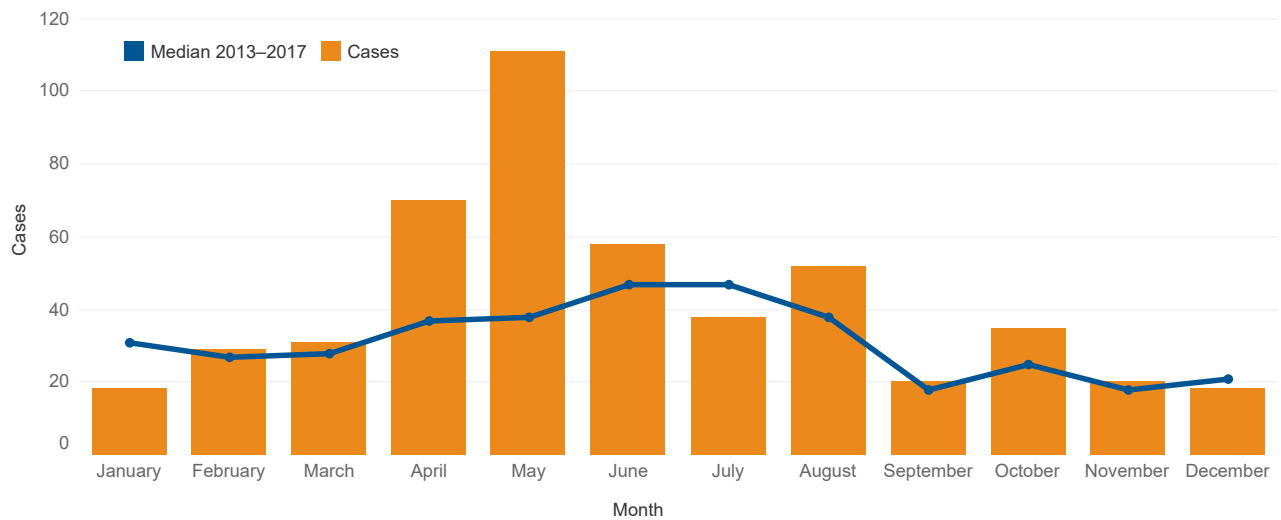


Disease overview	Disease overview (continued)	<b>Incidence by year and month</b>	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Disease prevention
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### Incidence of pertussis by year: Oregon, 1999–2018



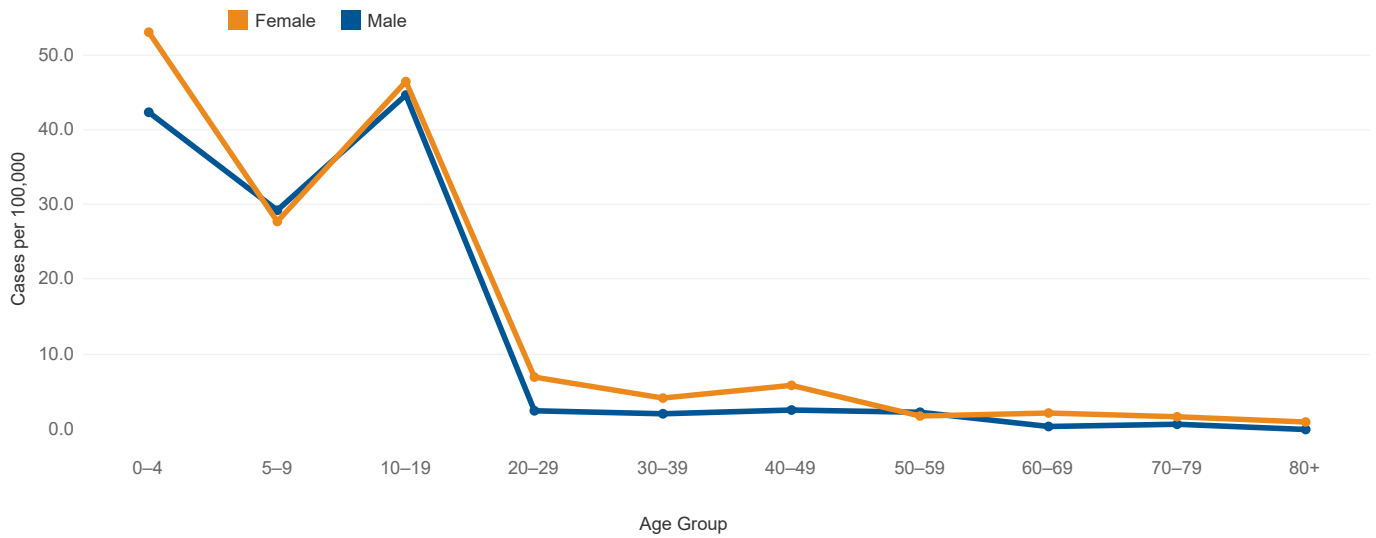
### Incidence of pertussis by month: Oregon, 2018



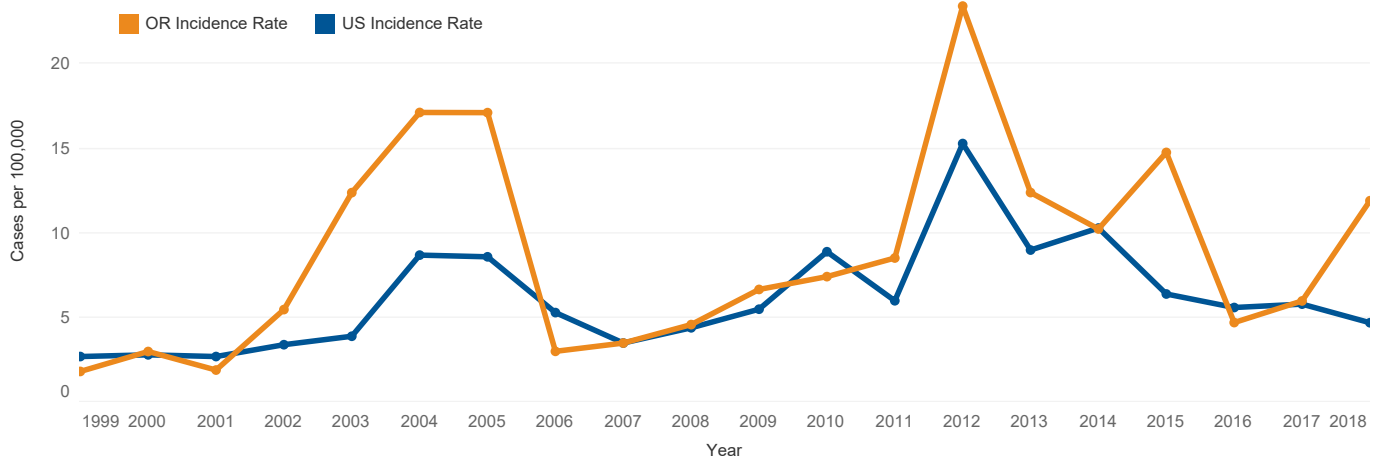


Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Disease prevention
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### Incidence of pertussis by age and sex: Oregon, 2018



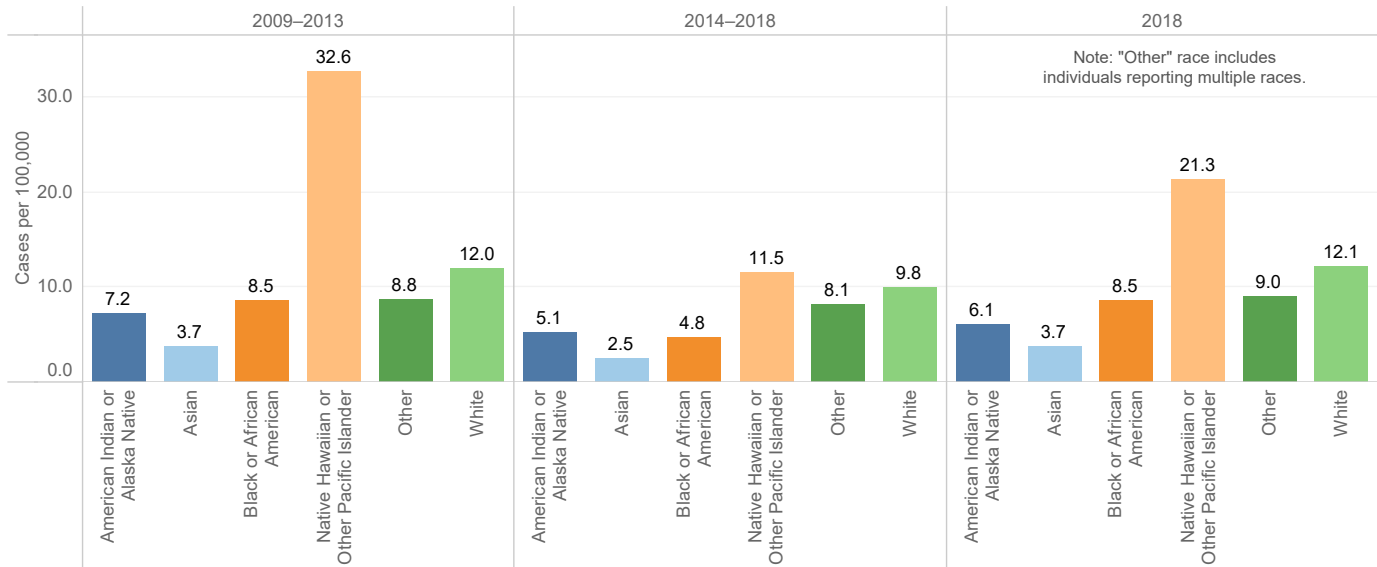
### Incidence of pertussis: Oregon vs. nationwide, 1999-2018



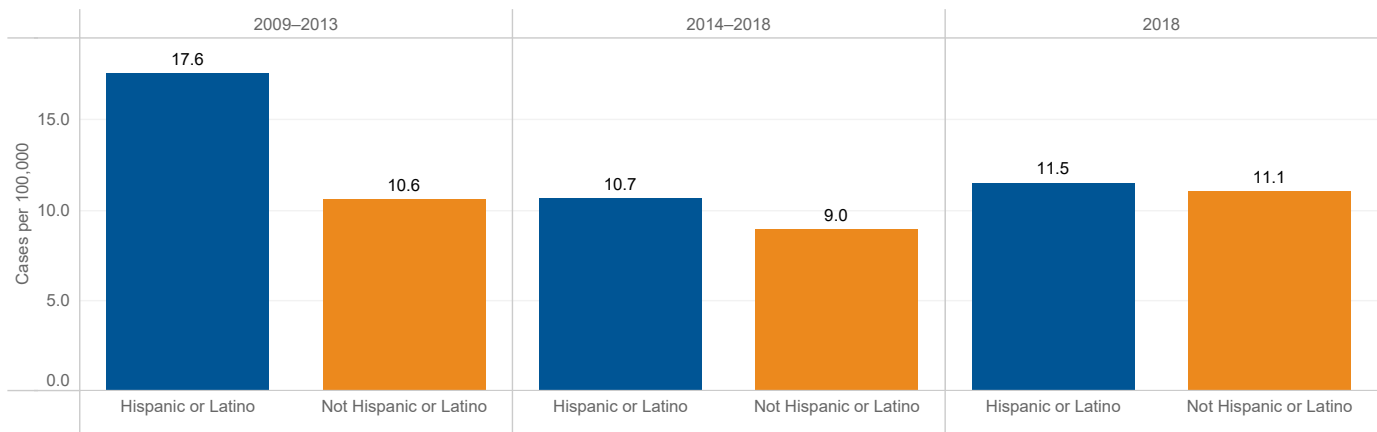
Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	<b>Incidence by race and ethnicity</b>	Incidence by county	Disease prevention
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Select data variable to view  
Incidence Rate

### Incidence of pertussis by reported race: Oregon, 2009–2018

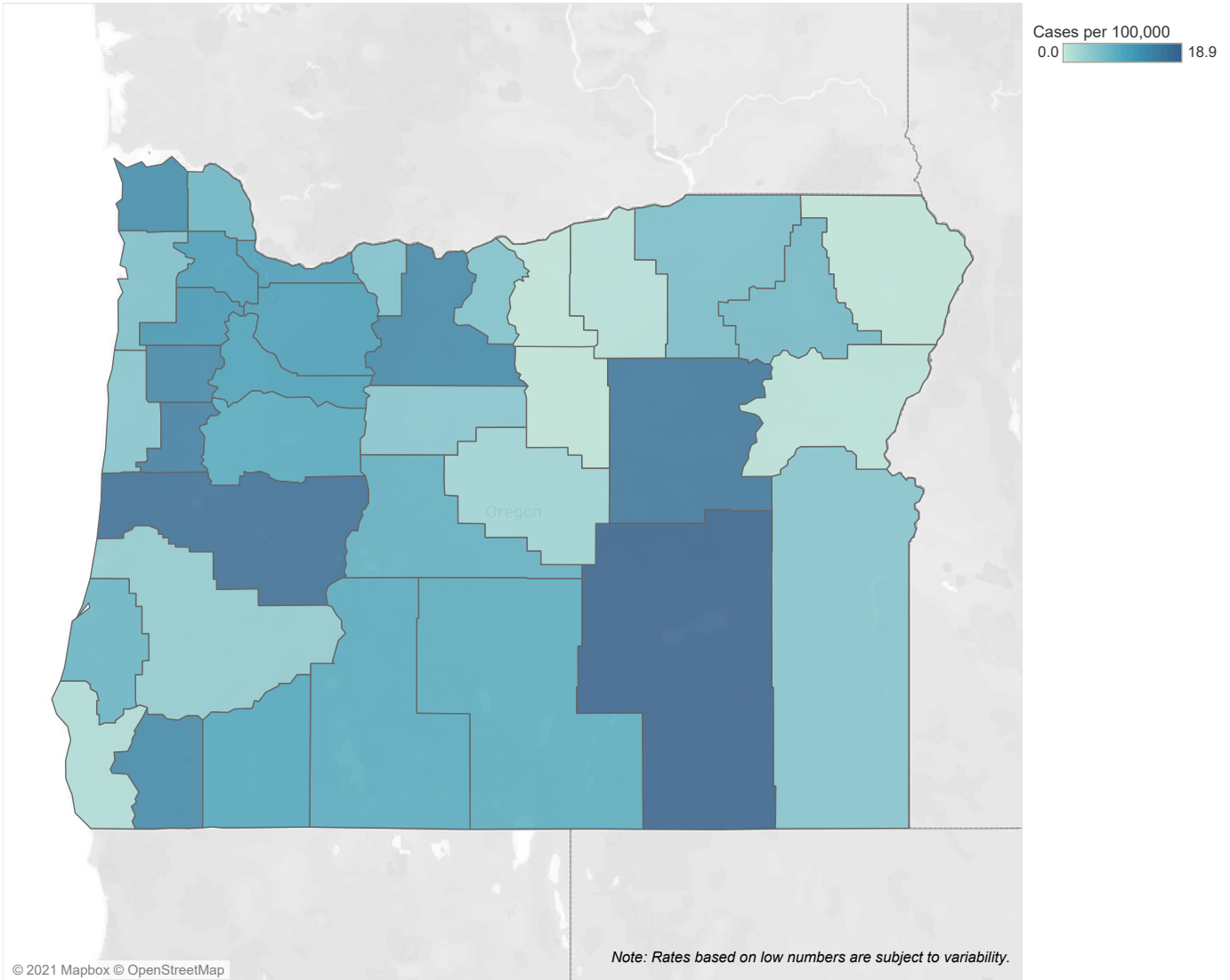


### Incidence of pertussis by reported ethnicity: Oregon, 2009–2018



Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	<b>Incidence by county</b>	Disease prevention
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### Incidence of pertussis by county of residence: Oregon, 2009–2018



Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Disease prevention
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# Prevention

- Immunization is the best way to prevent pertussis.
- Cover your cough and wash your hands.
- Keep babies away from anyone who is coughing.

Disease overview

Incidence by year  
and in Oregon vs.  
nationwide

Disease prevention

## Q fever

Q fever is a bacterial infection caused by *Coxiella burnetii*. It can result in acute or chronic illness in humans. Veterinarians and sheep, goat and dairy farmers are usually most at risk. It is usually acquired through inhalation of barnyard dust or aerosols contaminated with bacteria from the placentas, body fluids or excreta from infected animals. The bacteria can become airborne and travel for miles. The primary reservoirs are cattle, sheep and goats. Infection may also result from consumption of unpasteurized milk. Veterinarians and sheep, goat and dairy farmers are most at risk.

A host of symptoms can accompany acute Q fever; they include high fever, severe headache, malaise, myalgia, chills, sweats, nausea, vomiting, dry cough, diarrhea, abdominal pain and chest pain. Most people recover from acute Q fever, but some (<5%) develop chronic illness, which often manifests as endocarditis. People with valvular heart disease, pregnant women and people with compromised immune systems are at risk for chronic Q fever after an acute infection. Chronic infection can be treated with long courses of antibiotics.

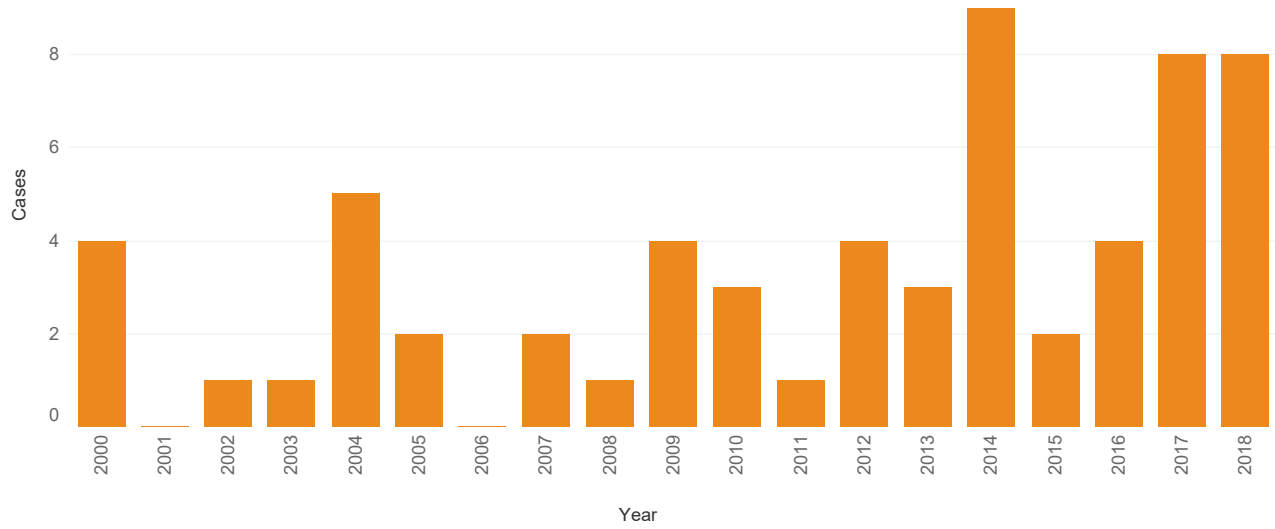
Q fever reports are rare in Oregon. However, the number of cases in 2018 was 8, marking two consecutive years with higher than average case counts. Nationally, 215 cases were reported in 2018, the highest ever documented. The Pacific Northwest had the highest regional count.

Oregon  
Health  
Authority

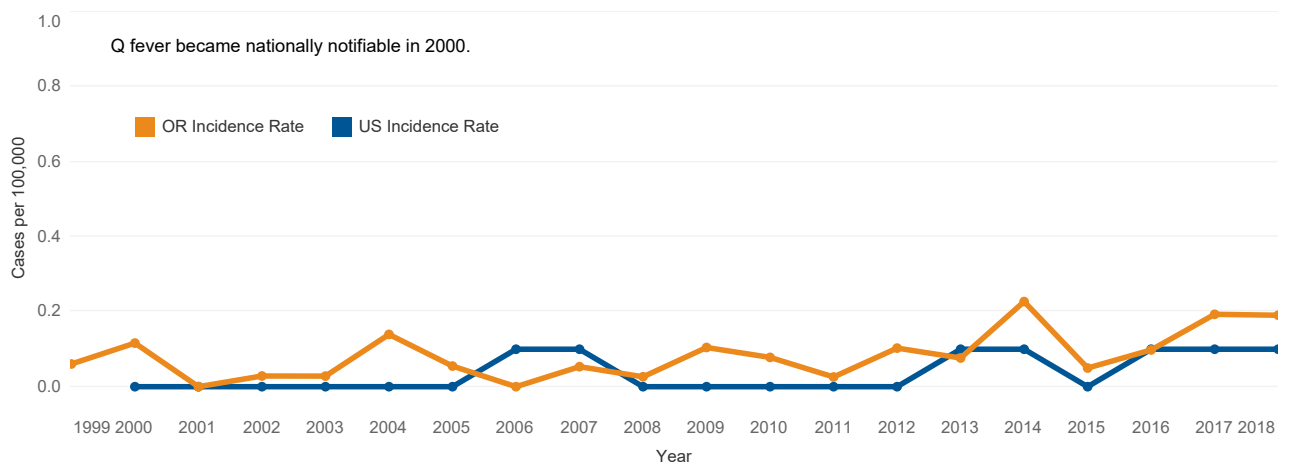
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### Incidence of Q fever by year: Oregon, 2000–2018



### Incidence of Q fever: Oregon vs. nationwide, 1999–2018



Disease overview

Incidence by year  
and in Oregon vs.  
nationwide

Disease prevention

## Prevention

- Barns and laboratories housing potentially infected animals should have restricted access, and holding facilities for sheep should be located away from populated areas.
- Appropriately dispose of placenta, birth products, fetal membranes, and aborted fetuses at facilities housing sheep and goats.
- Use only pasteurized milk and milk ..

Oregon  
Health  
Authority

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Disease overview	Disease overview (continued)	Incidence by year and in Oregon vs. nationwide	Rabies testing in animals	Incidence by county	Disease prevention
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# Rabies

Rabies is an acute infection of the central nervous system caused by a neurotropic rhabdovirus of the genus *Lyssavirus*. All mammals, including humans, are susceptible to rabies. In humans, rabies causes a rapidly progressive and fatal encephalomyelitis. The incubation period in humans is usually 2–12 weeks, but there have been documented incubation periods as long as seven years. Bites from infected animals constitute the primary route of transmission. Transplanted organs, including corneas from patients with undiagnosed rabies, have also caused infection in recipients.

The Pacific Northwest is considered to be free of terrestrial rabies. In Oregon, the main reservoir of rabies is bats. Mammals like foxes and cats may encounter rabid bats, acquire the infection and can transmit it to humans. Since 2000, 9% of the bats tested in Oregon have been positive for rabies. This, of course, is not a random sample of Oregon's bats; rather it represents bats that were neurologically impaired enough to have bitten humans or their pets, and then to have been captured. Any contact between a bat and a human should be evaluated carefully and immediately. All potential human exposures should result in a call to a local public health department office. Testing of an exposing mammal involves killing the animal, removing the head, and sending it to a laboratory for special staining and microscopic examination of brain tissue. The Oregon State Public Health Laboratory will test mammals involved in bona fide human exposures at no cost to the patient; and (for a fee) the Oregon State University's Veterinary Diagnostic Laboratory will test mammals involved in other exposures.



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Disease overview	Disease overview (continued)	Incidence by year and in Oregon vs. nationwide	Rabies testing in animals	Incidence by county	Disease prevention
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In 2018, 15 bats tested positive for rabies. Oregon has identified two rabies-positive cats; one in 2015 and one in 2017. Bat rabies variant continues to be responsible for all rabies-positive wildlife cases in Oregon. This implies that there may have been a greater interaction between rabid bats and other wildlife in the state. Despite the low rate, it is important to remember we can only protect pets' health and, in turn, human health through vaccination.

Rabies in humans is 100% preventable through prompt appropriate medical care, beginning with thorough cleaning of the wound. Persons not previously immunized for rabies who are exposed to a rabid animal should be given human rabies immune globulin (HRIG), with as much as possible infiltrated into and around the bite wound(s), and the rest administered intramuscularly. They should also receive four doses of rabies vaccine, one each on days 0, 3, 7 and 14.

Before 2008, a five-dose vaccine regimen was recommended. However, review of serologic and case data indicated four doses of vaccination in combination with HRIG elicited a protective immune response and a fifth dose of vaccine provided no additional benefit.

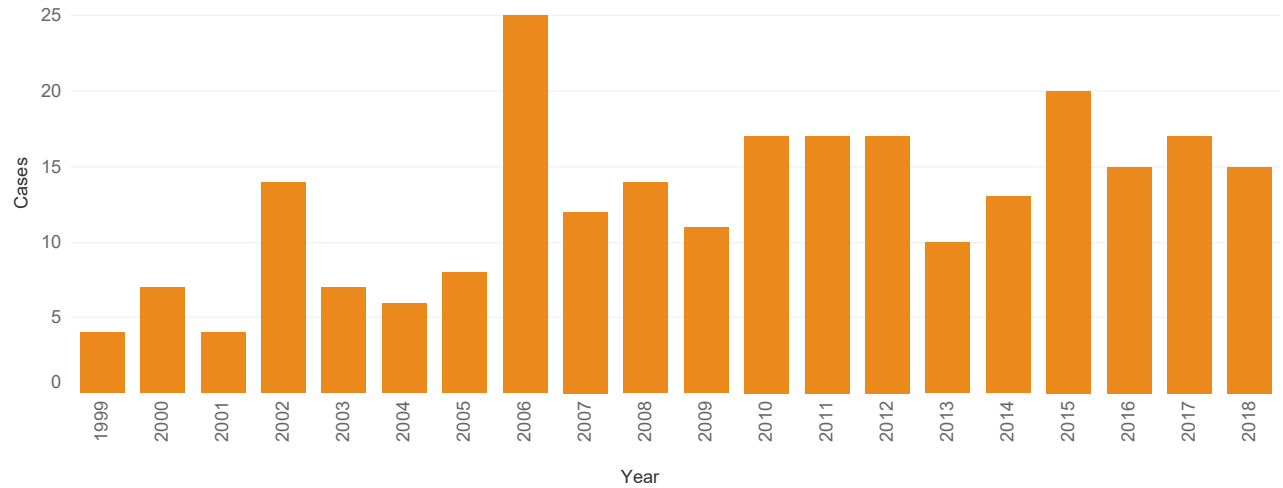
Though bats are the reservoir for rabies in Oregon, canine rabies still accounts for most human rabies cases worldwide. Travelers to rabies-zoonotic countries should be warned to seek immediate medical care if they are bitten by any mammal.

Additional information and an algorithm for assessment of rabies risk are available on the Communicable Disease website (<https://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/DISEASESAZ/RABIES/Pages/rabies.aspx>).

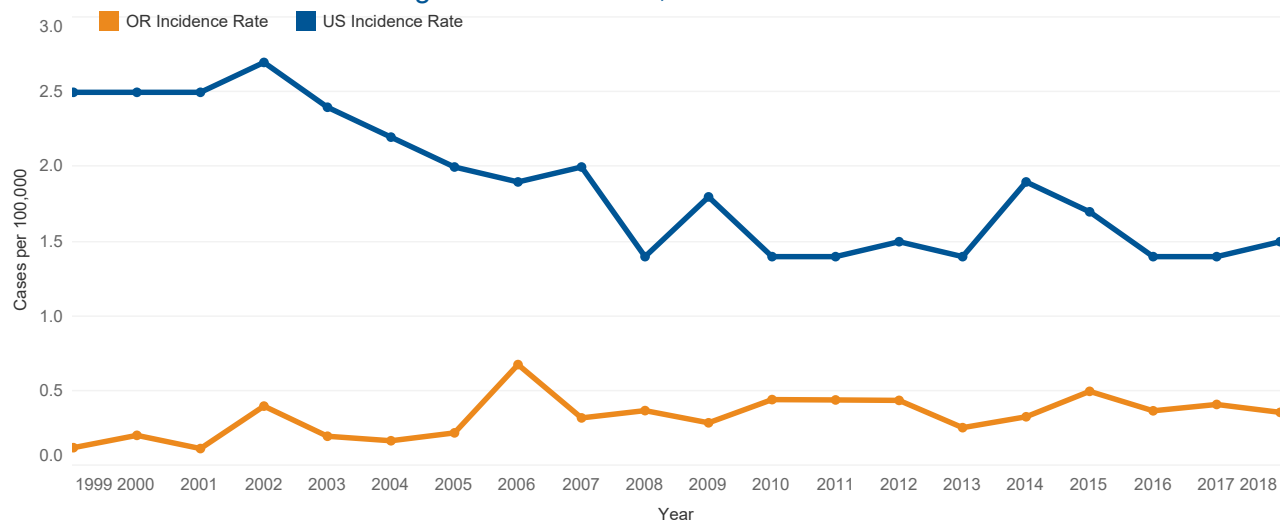


Disease overview	Disease overview (continued)	<b>Incidence by year and in Oregon vs. nationwide</b>	Rabies testing in animals	Incidence by county	Disease prevention
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### Incidence of animal rabies by year: Oregon, 1999–2018



### Incidence of animal rabies: Oregon vs. nationwide, 1999–2018



2018 Selected Reportable Communicable Disease Summary

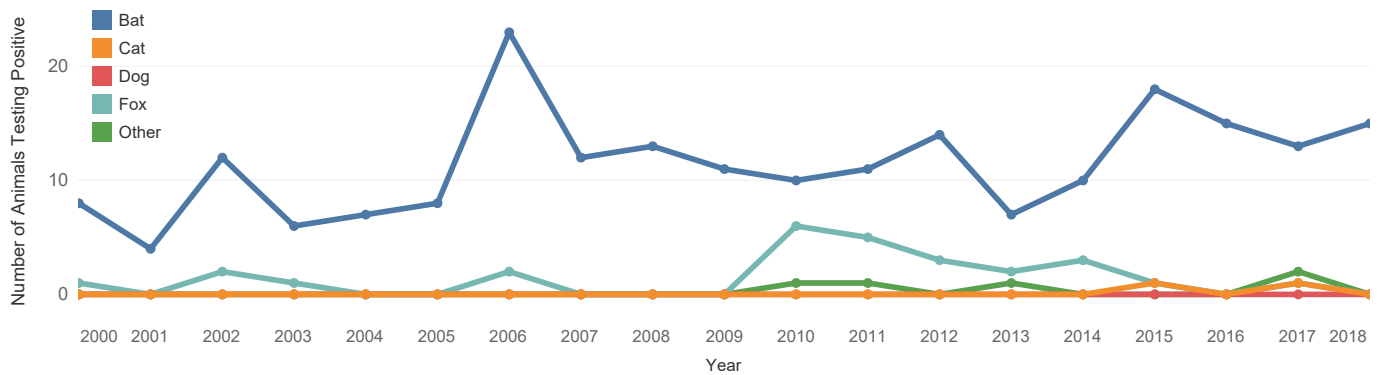
Disease overview	Disease overview (continued)	Incidence by year and in Oregon vs. nationwide	<b>Rabies testing in animals</b>	Incidence by county	Disease prevention
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Rabies tests in Oregon, 2000–2018 (number of positive/total tested)

	Bat	Cat	Dog	Fox	Other
2000	8/73	0/79	0/56	1/4	0/4
2001	4/59	0/67	0/46	0/1	0/41
2002	12/134	0/102	0/27	2/4	0/29
2003	6/61	0/75	0/36	1/5	0/39
2004	7/88	0/105	0/42	0/2	0/27
2005	8/83	0/100	0/48	0/1	0/23
2006	23/126	0/72	0/26	2/4	0/41
2007	12/153	0/80	0/33	0/1	0/26
2008	13/128	0/58	0/23	0/3	0/53
2009	11/117	0/73	0/27	0/4	0/42
2010	10/104	0/67	0/41	6**/15	1/48 (goat)
2011	11/143	0/86	0/32	5**/44	1**/61 (coyote)
2012	14/203	0/79	0/37	3**/28	0/45
2013	7/193	0/90	0/36	2/34	1/53 (coyote)
2014	10/148	0/79	0/39	3/7	0/31
2015	18/219	1/89	0/39	1/4	0/37
2016	15/211	0/77	0/33	0/0	0/31
2017	13/188	1/110	0/35	1/4	2/36 (1 coyote, 1 skunk)
2018	15/205	0/87	0/27	0/1	0/32
<b>Totals 2000-2018</b>	217/253 (8.57%)	2/1575 (0.13%)	0/683 (0.00%)	27/163 (16.56%)	5/698 (0.72%)

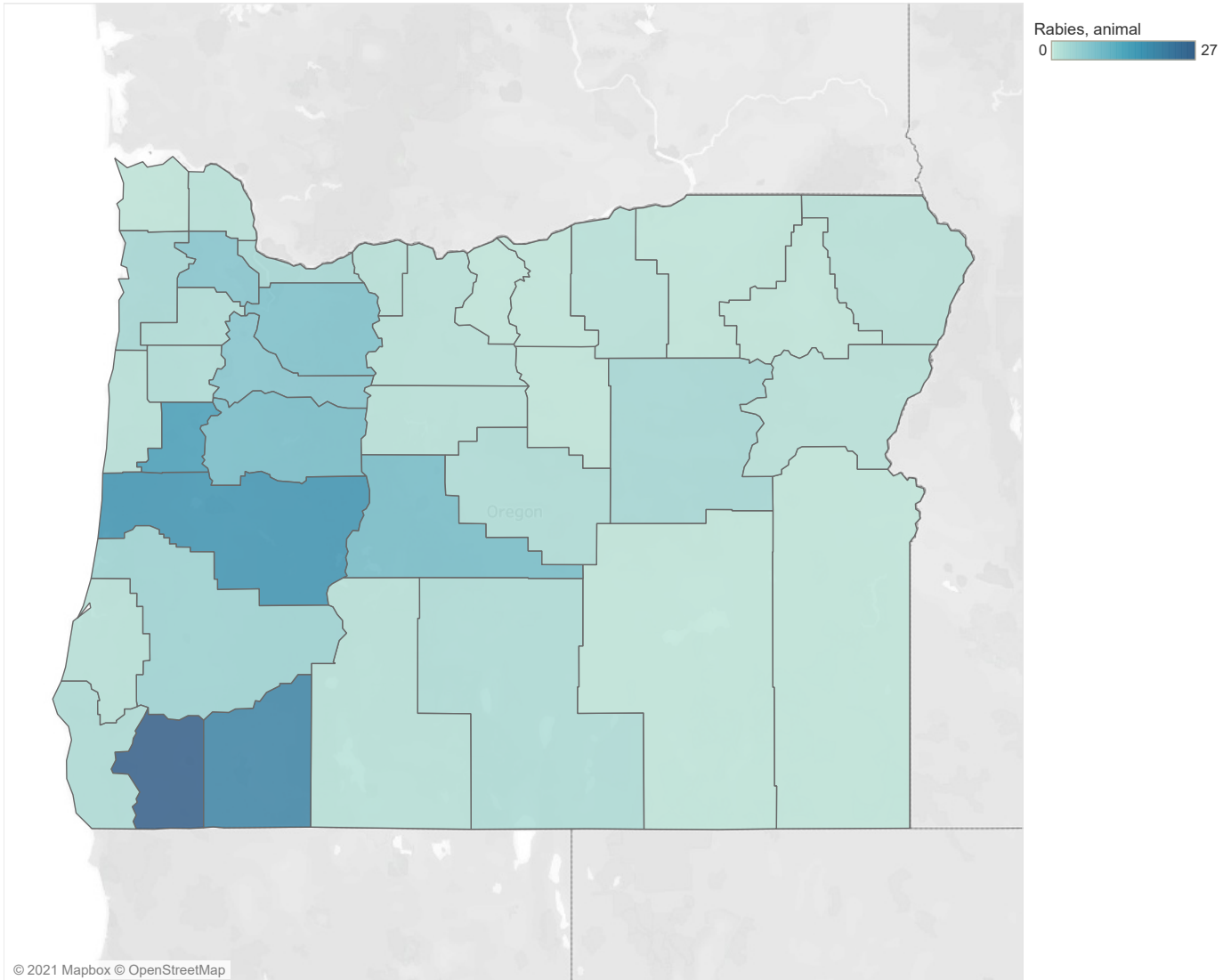
\*\*enhanced surveillance due to positive goat and foxes in 2010–2014

Number of animals testing positive for rabies by species and year



Disease overview	Disease overview (continued)	Incidence by year and in Oregon vs. nationwide	Rabies testing in animals	<b>Incidence by county</b>	Disease prevention
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### Animal rabies by county of residence: Oregon, 2009–2018



Disease overview	Disease overview (continued)	Incidence by year and in Oregon vs. nationwide	Rabies testing in animals	Incidence by county	Disease prevention
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# Prevention

- Keep rabies vaccinations up to date for all pet cats, ferrets and dogs.
- Maintain control of pets by keeping cats and ferrets indoors and keeping dogs under direct supervision.
- Spay or neuter pets to help reduce the number of unwanted pets that may not be properly cared for or vaccinated regularly.
- Call animal control to remove stray animals from your neighborhood because these animals may be unvaccinated or ill.
- Do not handle wildlife, especially bats and foxes.



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Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Salmonellosis cases by serot..
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# Salmonellosis

Salmonellosis is a bacterial illness characterized by acute abdominal pain, diarrhea and often fever that usually begins one to five days after exposure. Excretion of *Salmonella* may persist for several days or even months beyond the acute phase of illness. Antibiotics are not needed by most patients (the exceptions being those at high risk of invasive infection), and they may increase the duration of excretion.

A wide range of domestic and wild animals are carriers of *Salmonella*, including poultry, swine, cattle, rodents, iguanas, tortoises, turtles, snakes, young poultry (e.g., baby chicks), dogs and cats. Most human infections are thought to come from consumption of fecally contaminated food or water, but other environmental exposures may be hard to document and, therefore, underappreciated. Raw or undercooked produce and products of animal origin — such as eggs, milk, meat and poultry — have been implicated as common sources of animal and human salmonellosis. Though not as common as *Escherichia coli* O157 infection, person-to-person transmission of salmonellosis is well documented. The incidence of reported infection is highest among children <5 years of age. In 2018, Oregon's incidence among children <5 years of age was 21 per 100,000.



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Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Salmonellosis cases by serot..
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In 2018, sixty-four different *Salmonella* serotypes were identified from reported Oregon salmonellosis cases. Of approximately 2,500 known serotypes, only about 200 are detected in the United States in any given year. In Oregon, *S. enteritidis* and *S. typhimurium* have historically been the two most commonly reported serotypes, comprising 16% and 12% of all lab-confirmed isolates in 2018, respectively. Sixty-three percent of cases were sporadic, 15% associated with an outbreak and 3% documented transmission within a household.

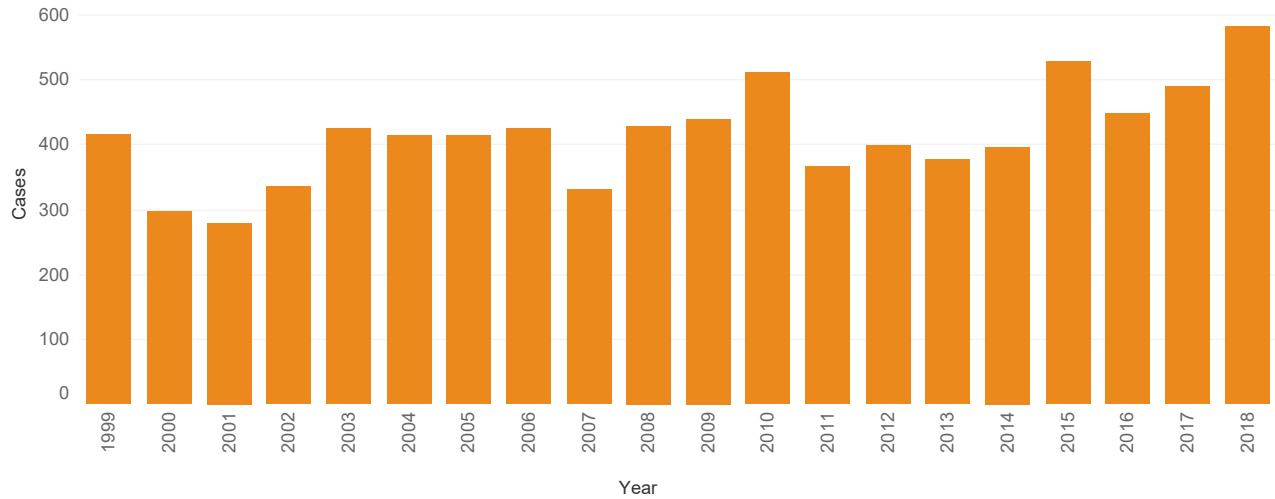
In 2018, 582 salmonellosis cases were reported in Oregon. Fourteen outbreaks of salmonellosis were detected. These outbreaks included 150 cases. One large outbreak with 38 Oregon cases was associated with eating raw ground beef. Another national outbreak with fourteen confirmed Oregon cases was associated with consumption of kratom (*Mitragyna speciosa*), a plant extract derived from the leaves of a tropical evergreen plant native to Southeast Asia. Outbreaks of multiple *Salmonella* serotypes (Infantis, Manhattan, Newport, Braenderup and Oranienburg) were related to contact with nationally-distributed live poultry.

In total, 10 outbreaks were foodborne, two were associated with animal contact and, despite investigation, the route of transmission for two other outbreaks remained unknown.

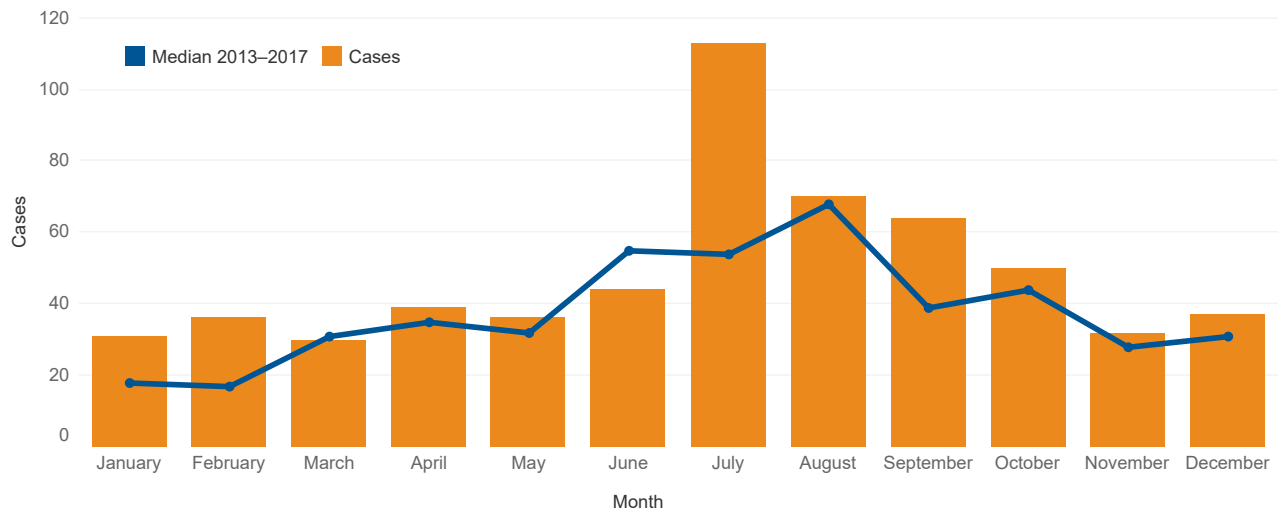


Disease overview	Disease overview (continued)	<b>Incidence by year and month</b>	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Salmonellosis cases by serot..
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### Incidence of salmonellosis by year: Oregon, 1999–2018



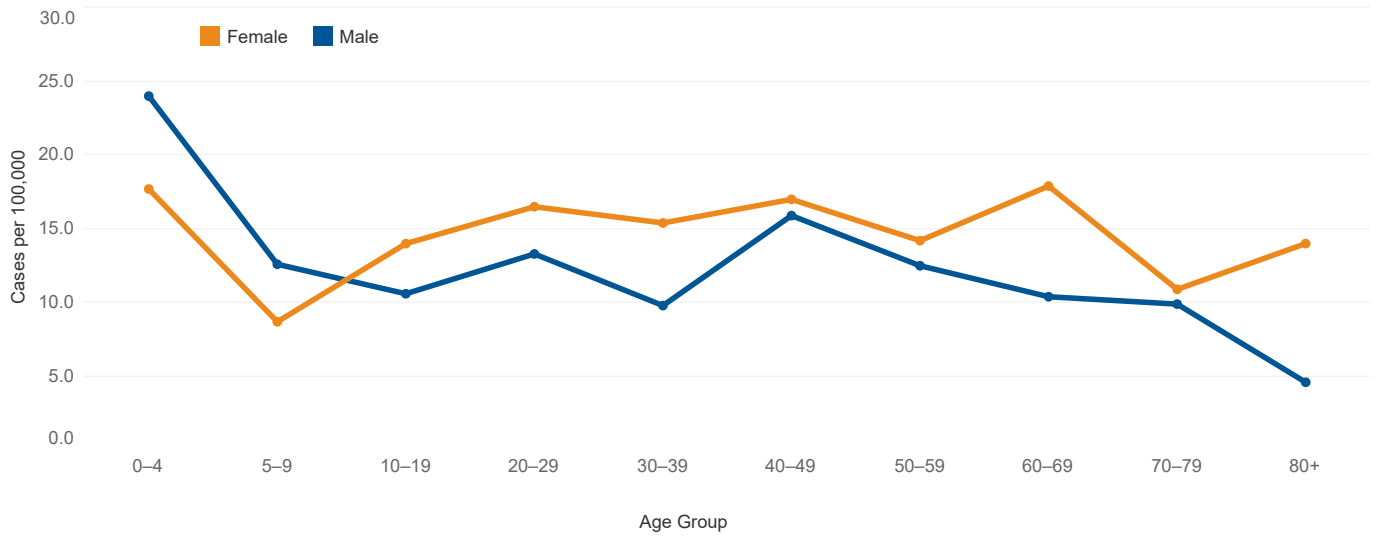
### Incidence of salmonellosis by month: Oregon, 2018



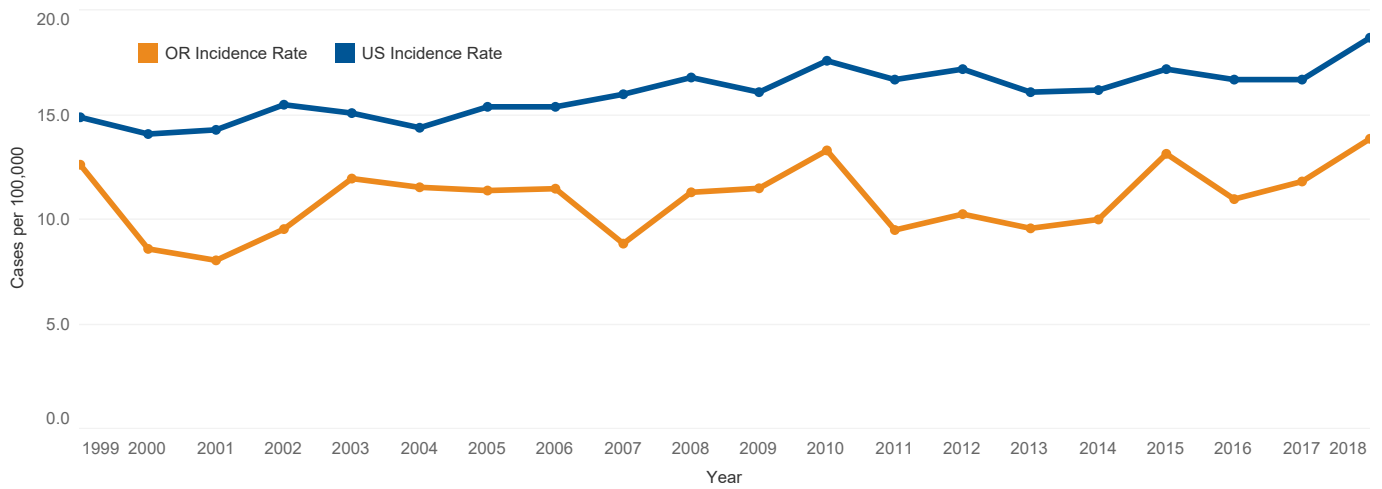


Disease overview	Disease overview (continued)	Incidence by year and month	<b>Incidence by age and sex and in Oregon vs. nation..</b>	Incidence by race and ethnicity	Incidence by county	Salmonellosis cases by serotype
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### Incidence of salmonellosis by age and sex: Oregon, 2018



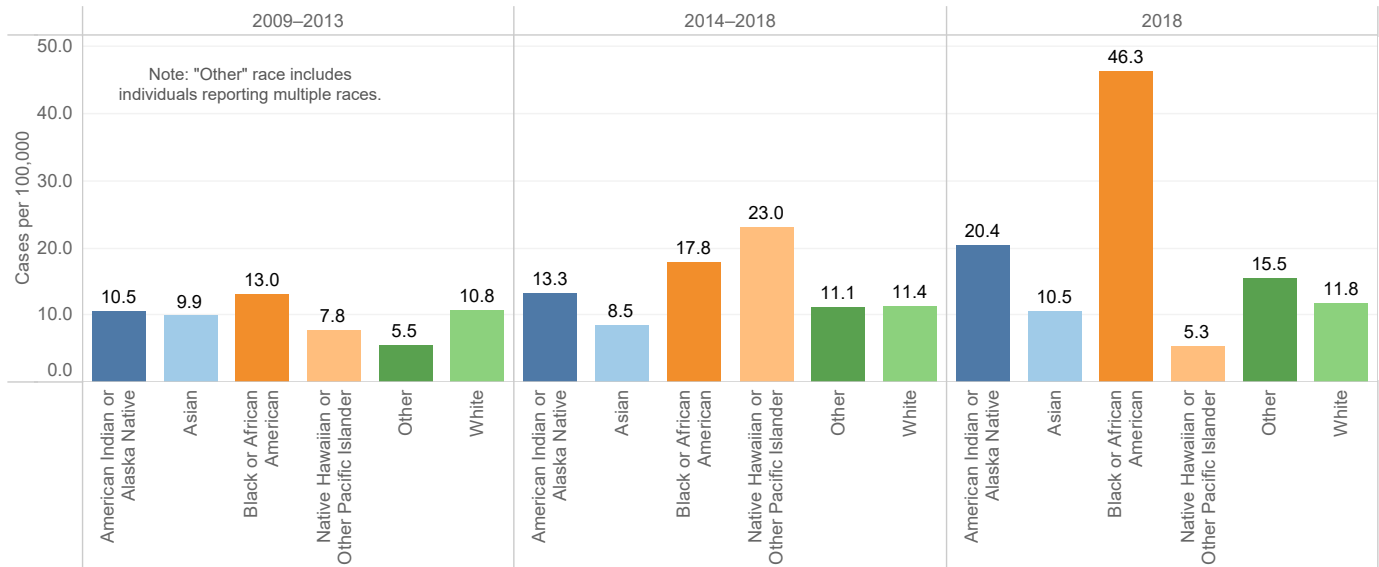
### Incidence of salmonellosis: Oregon vs. nationwide, 1999-2018



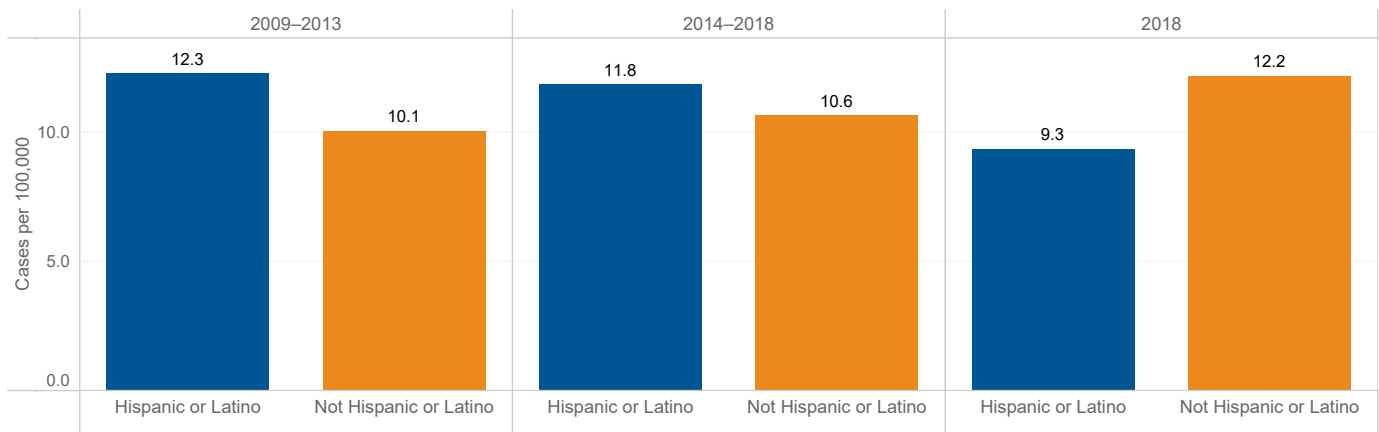
Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	<b>Incidence by race and ethnicity</b>	Incidence by county	Salmonellosis cases by serotype	Disease prevention
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Select data variable to view  
Incidence Rate

### Incidence of salmonellosis by reported race: Oregon, 2009–2018

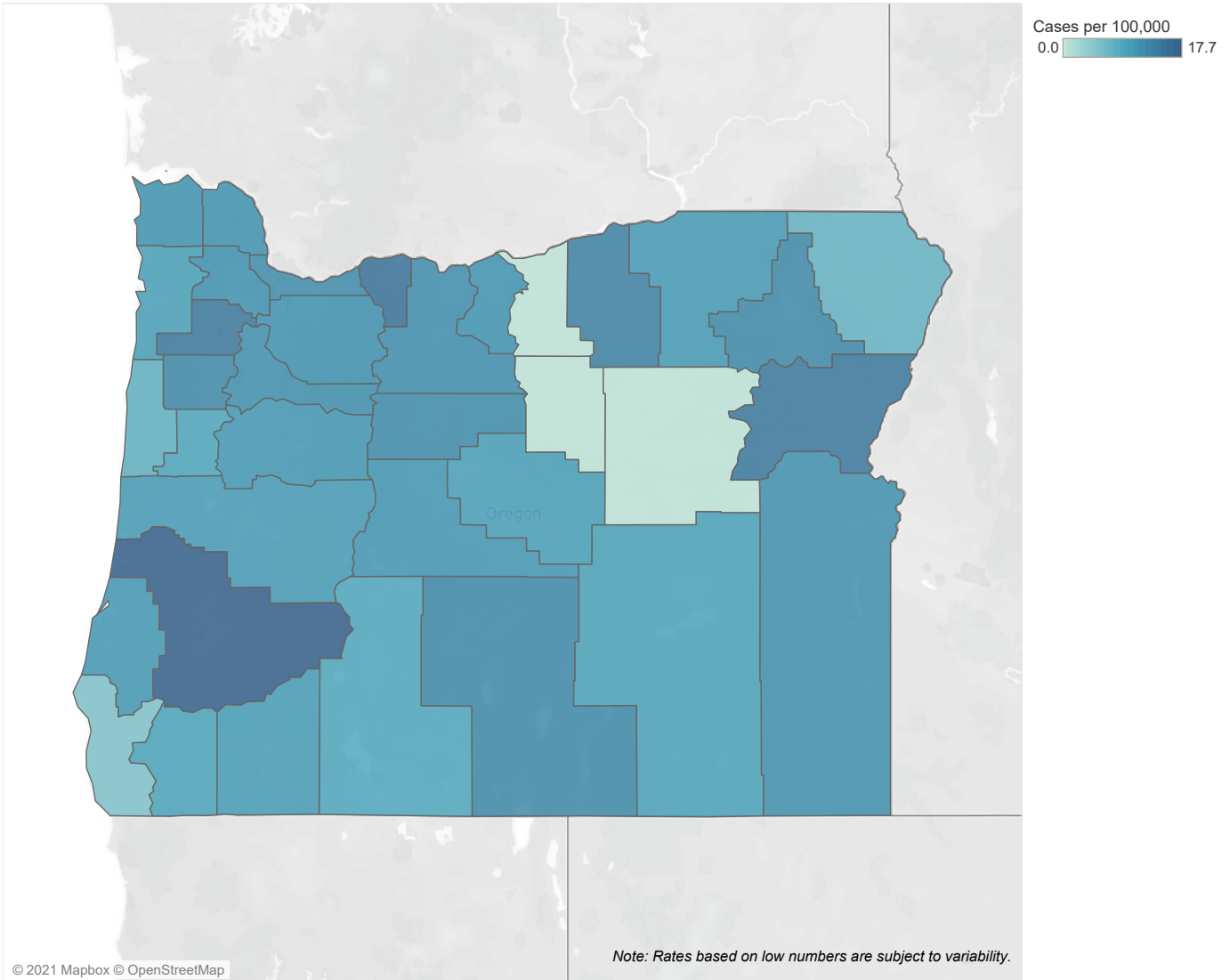


### Incidence of salmonellosis by reported ethnicity: Oregon, 2009–2018



Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	<b>Incidence by county</b>	Salmonellosis cases by serotype	Disease prevention
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Incidence of salmonellosis by county of residence: Oregon, 2009–2018



2018 Selected Reportable Communicable Disease Summary

Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Salmonellosis cases by serotype	Disease prevention
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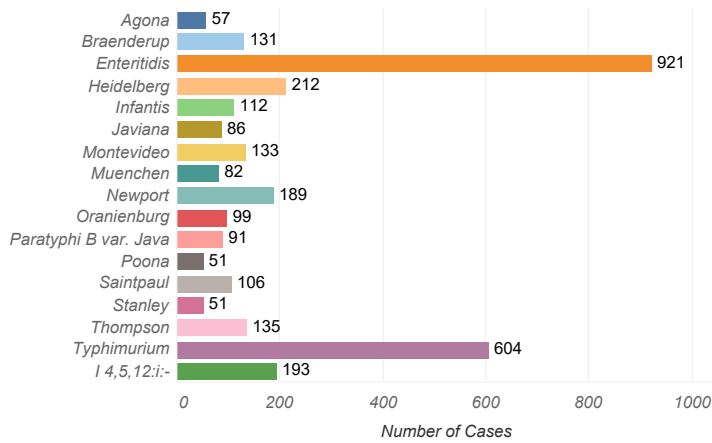
Selected\* salmonellosis cases by serotype, Oregon, 2009–2018

Click on table headers to filter the charts below.

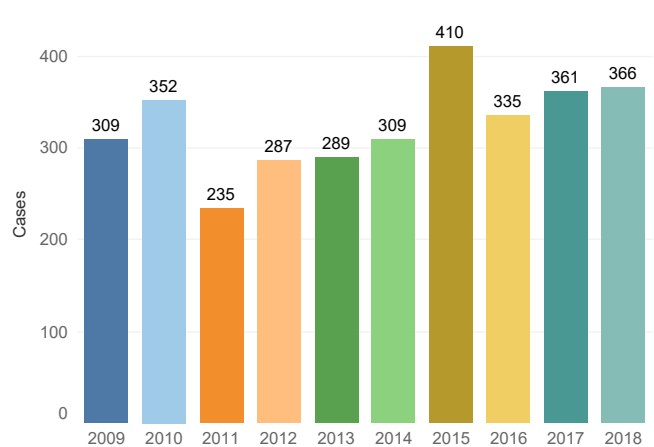
	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
<i>Agona</i>	4	7	4	7	3	5	4	6	6	11
<i>Braenderup</i>	21	36	9	10	7	12	9	9	9	9
<i>Enteritidis</i>	61	123	67	74	80	103	129	111	81	92
<i>Heidelberg</i>	44	28	13	57	23	21	8	10	6	2
<i>Infantis</i>	9	9	13	15	10	6	11	7	21	11
<i>Javiana</i>	1	9	2	4	4	5	10	13	22	16
<i>Montevideo</i>	22	12	17	13	5	4	20	13	15	12
<i>Muenchen</i>	10	9	5	5	3	5	8	13	15	9
<i>Newport</i>	15	24	13	8	15	18	14	30	21	31
<i>Oranienburg</i>	6	8	11	8	9	12	13	13	8	11
<i>Paratyphi B var. Java</i>	3	5	7	7	3	4	4	6	32	20
<i>Poona</i>	2		2	3	3	2	29	3	5	2
<i>Saintpaul</i>	10	13	8	3	12	10	19	12	6	13
<i>Stanley</i>	4	7	9	5		1	6	7	7	5
<i>Thompson</i>	12	14	14	9	12	18	6	13	13	24
<i>Typhimurium</i>	74	40	32	50	82	61	80	48	66	71
<i>I 4,5,12:i:-</i>	11	8	9	9	18	22	40	21	28	27

\*Selected because at least one case was reported in 2018 and it is a more common serotype.

Salmonella cases by serotype for selected year



Salmonella cases by year for selected serotype



Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Salmonellosis cases by serotype	Disease prevention
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# Prevention

- Cook poultry, ground beef and eggs thoroughly.
- Do not eat or drink food containing raw eggs or raw (unpasteurized) milk.
- If you are served undercooked meat, poultry or eggs in a restaurant, send it back to the kitchen for further cooking.
- Wash hands, kitchen work surfaces and utensils with soap and warm water immediately after they have been in contact with raw meat or poultry.
- Be particularly careful with foods prepared for infants, the elderly and the immunocompromised.
- Wash hands with soap and warm water after handling reptiles, birds or baby chicks, and after contact with pet feces.
- Avoid direct or even indirect contact between reptiles (turtles, iguanas, other lizards, snakes) and infants or immunocompromised persons.
- Don't work with raw poultry or meat and an infant (e.g., feeding or changing diaper) at the same time.



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Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Shigellosis cases by species	Disease prevention
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# Shigellosis

Shigellosis is an acute bacterial infection characterized by (sometimes bloody) diarrhea, vomiting, abdominal cramps and, often, fever. In Oregon, shigellosis is typically caused by *S. sonnei* or *S. flexneri*. The other species — *S. boydii* and *S. dysenteriae* — are more common in developing countries. Humans are the only known reservoir. Shigellosis is transmitted from person to person, and just a few organisms can cause illness. The rate has historically been highest among children 1–4 years of age. The incidence of shigellosis typically peaks in late summer and fall. Treatment reduces duration of illness and, importantly, the period of communicability. However, the organism has become resistant to many antibiotics used for empiric therapy; for example, high levels of resistance to ampicillin and trimethoprim/sulfamethoxazole have been found in Oregon. Testing for antibiotic susceptibility is important for treatment.

Outbreaks in daycare centers are common, mainly due to the poor hygienic practices of small children. Hand washing is the most important means of prevention.

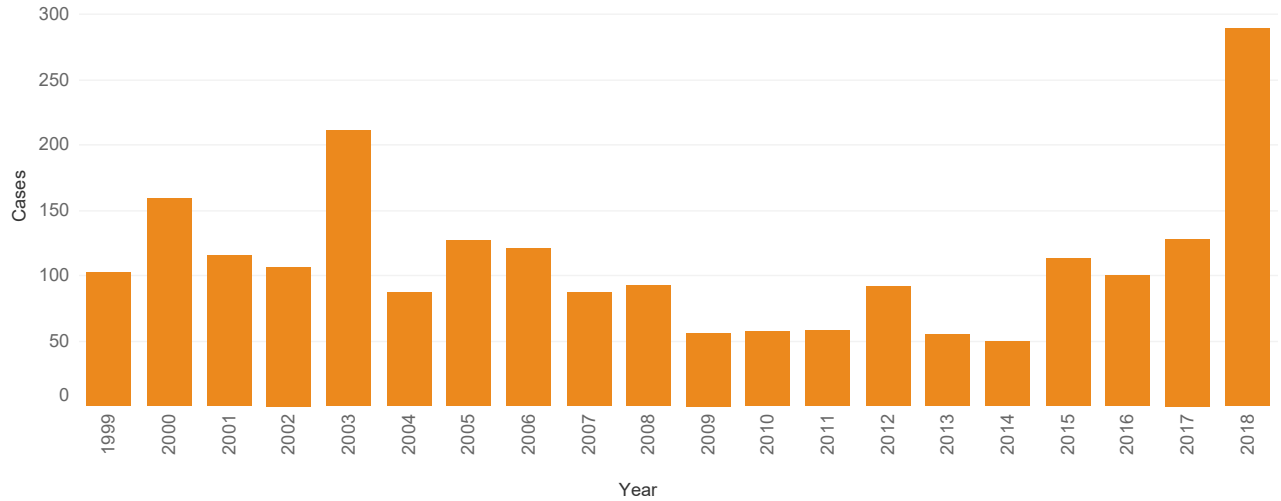
After a historic low of 50 cases in 2014, the number of cases jumped to 112 in 2015; 101 in 2016; 128 in 2017; and 289 in 2018. Of these 289 cases, 103 were *S. sonnei* and 51 were *S. flexneri*.

Three *Shigella* outbreaks were investigated in 2018. One foodborne outbreak of *Shigella flexneri* was associated with 112 cases and two outbreaks of *Shigella sonnei* (one waterborne and one person-to-person outbreak) accounted for an additional 21 cases.

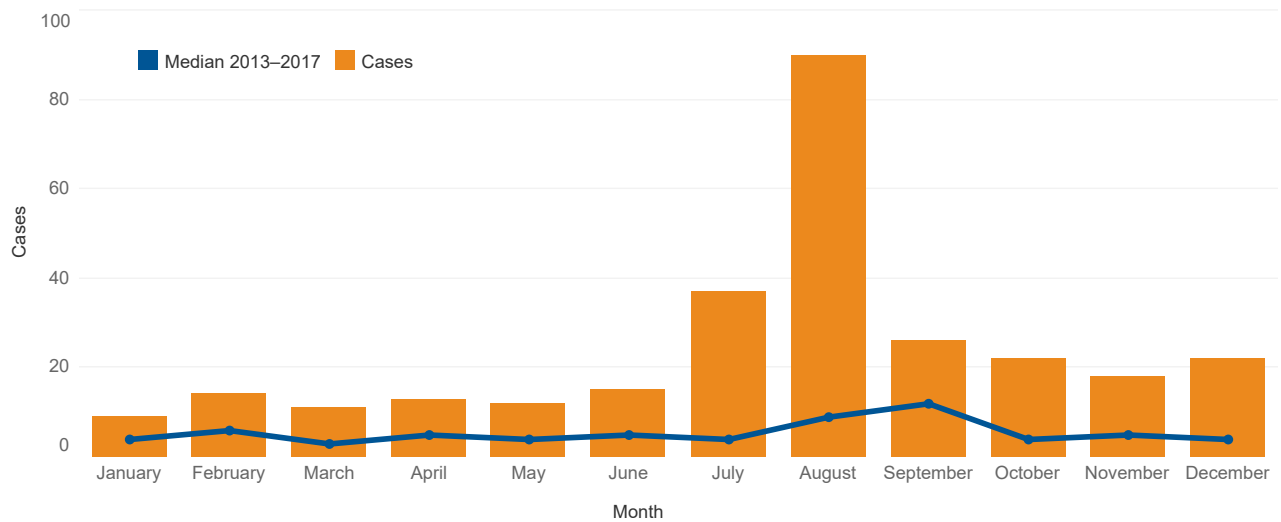


Disease overview	<b>Incidence by year and month</b>	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Shigellosis cases by species	Disease prevention
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### Incidence of shigellosis by year: Oregon, 1999–2018

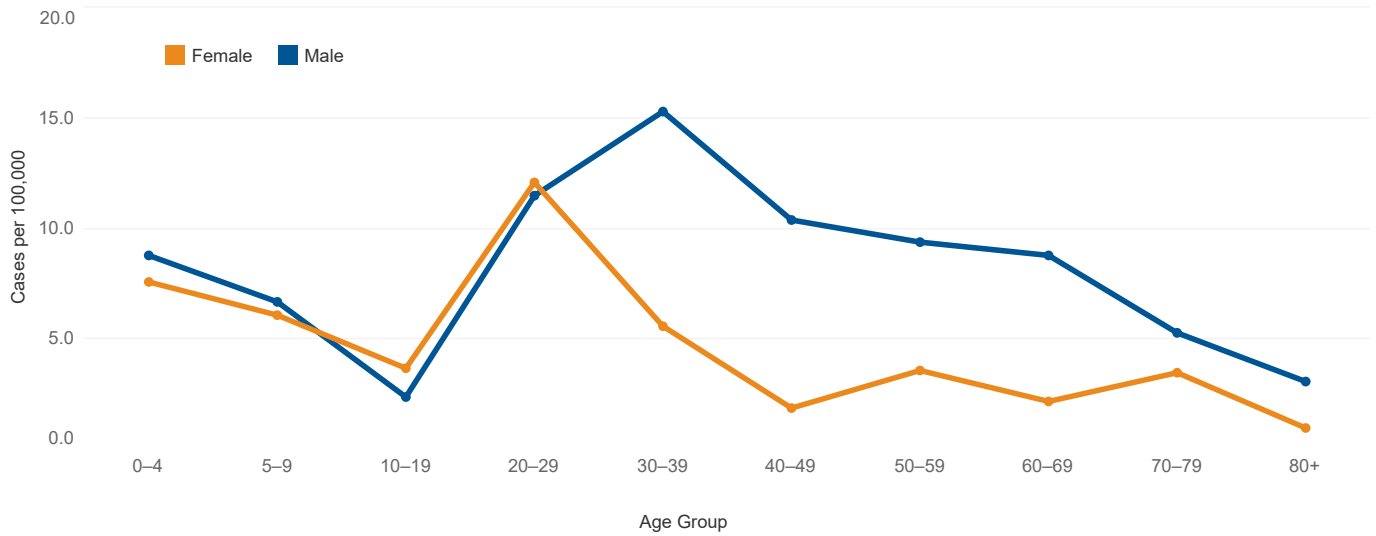


### Incidence of shigellosis by month: Oregon, 2018

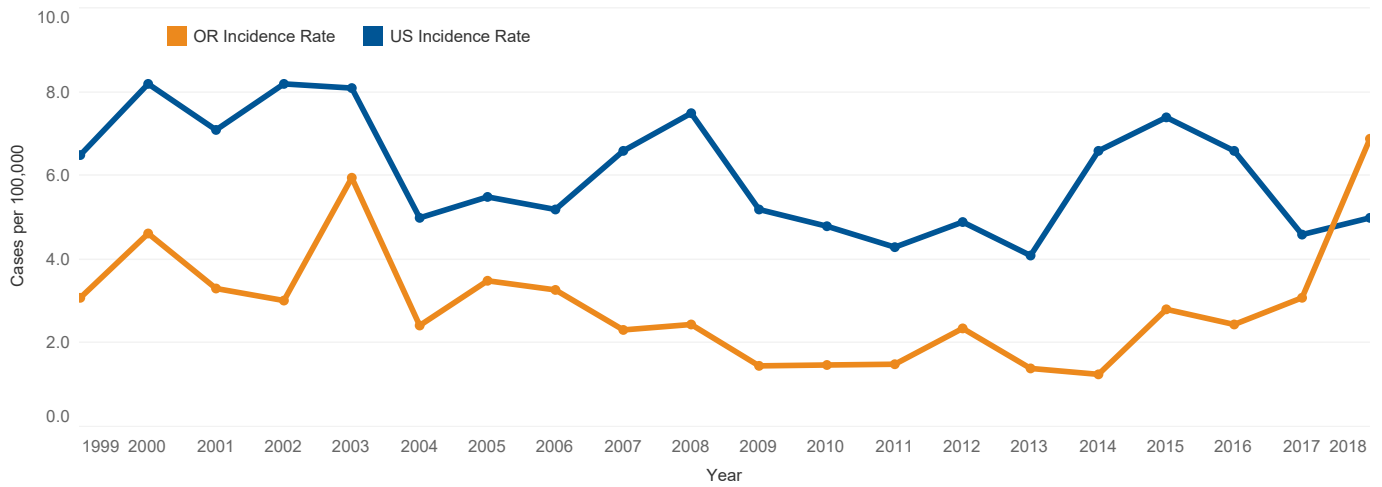


Disease overview	Incidence by year and month	<b>Incidence by age and sex and in Oregon vs. nation..</b>	Incidence by race and ethnicity	Incidence by county	Shigellosis cases by species	Disease prevention
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### Incidence of shigellosis by age and sex: Oregon, 2018



### Incidence of shigellosis: Oregon vs. nationwide, 1999-2018

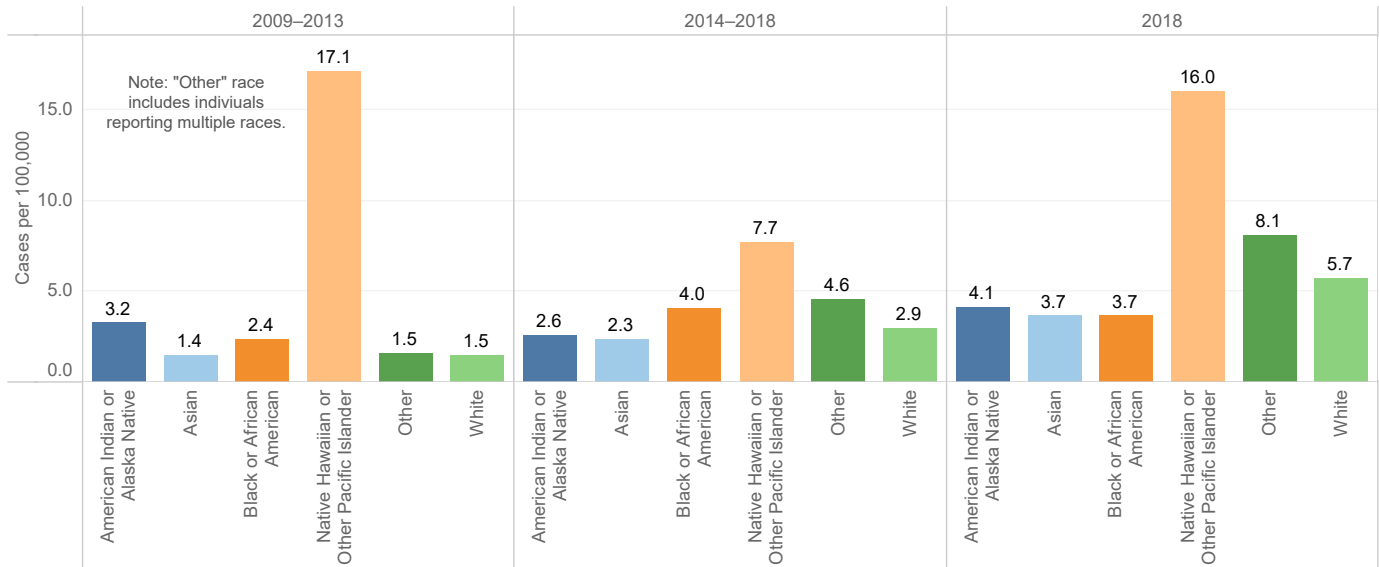




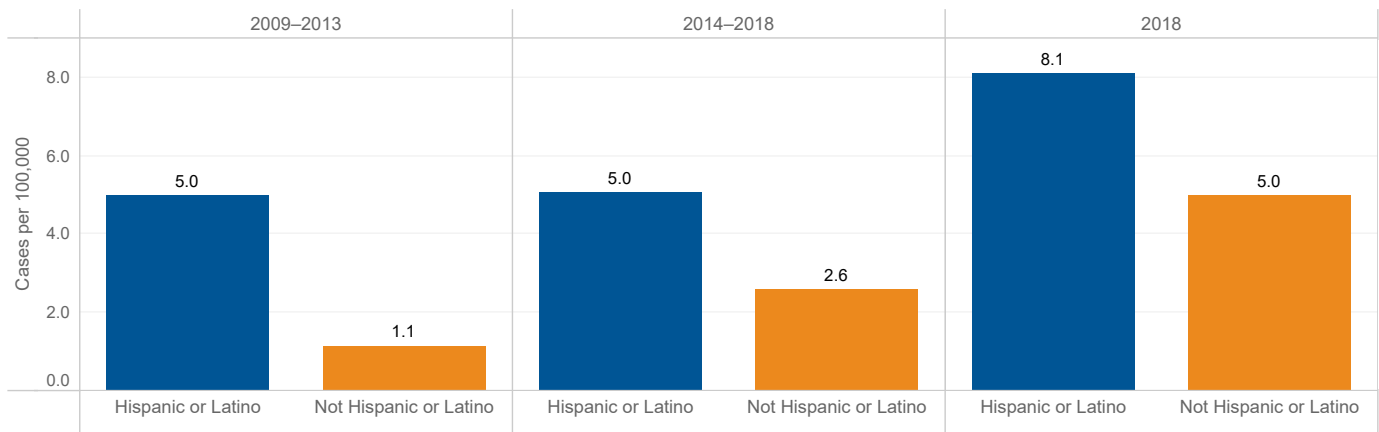
Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	<b>Incidence by race and ethnicity</b>	Incidence by county	Shigellosis cases by species	Disease prevention
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Select data variable to view  
Incidence Rate

### Incidence of shigellosis by reported race: Oregon, 2009–2018

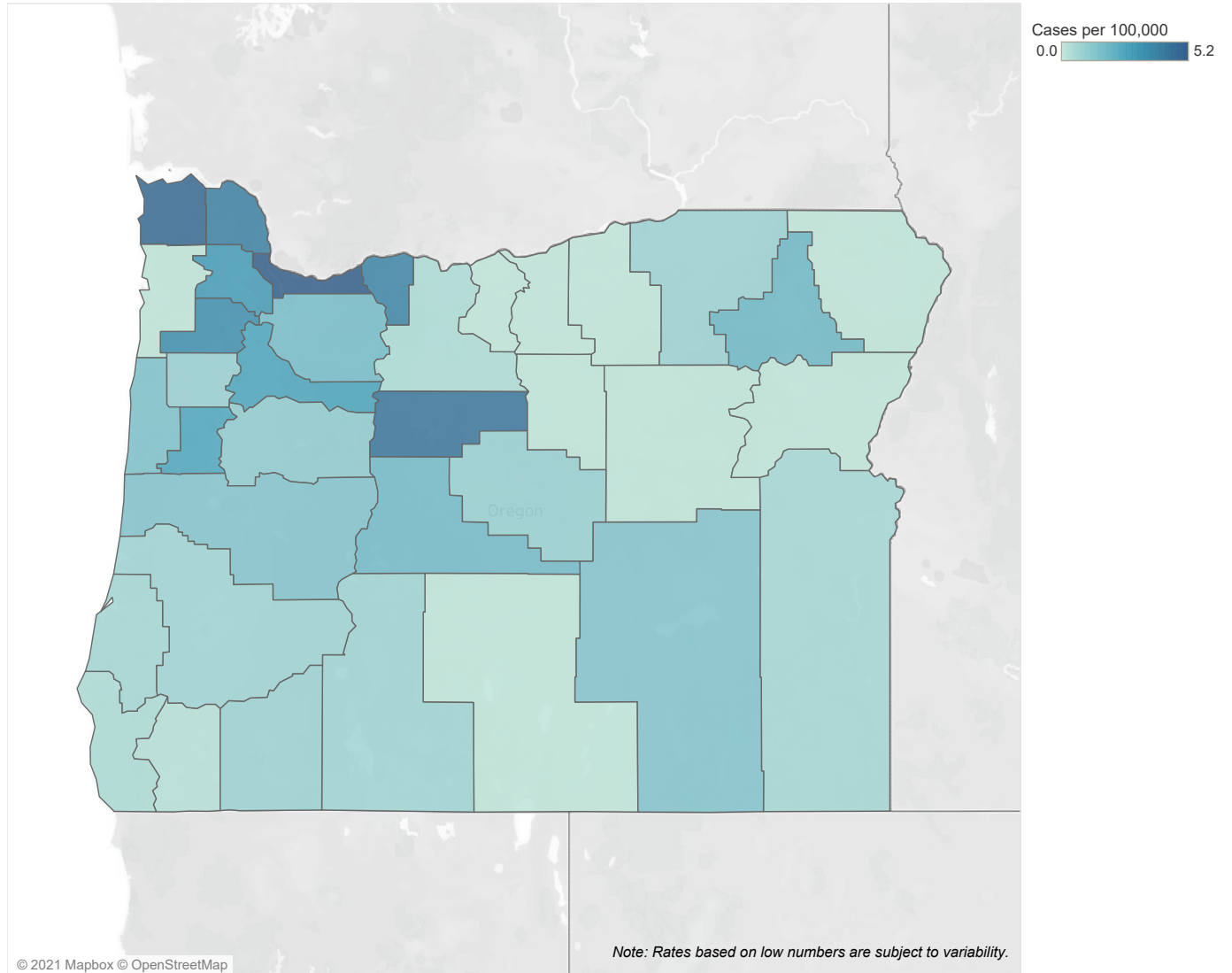


### Incidence of shigellosis by reported ethnicity: Oregon, 2009–2018



Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	<b>Incidence by county</b>	Shigellosis cases by species	Disease prevention
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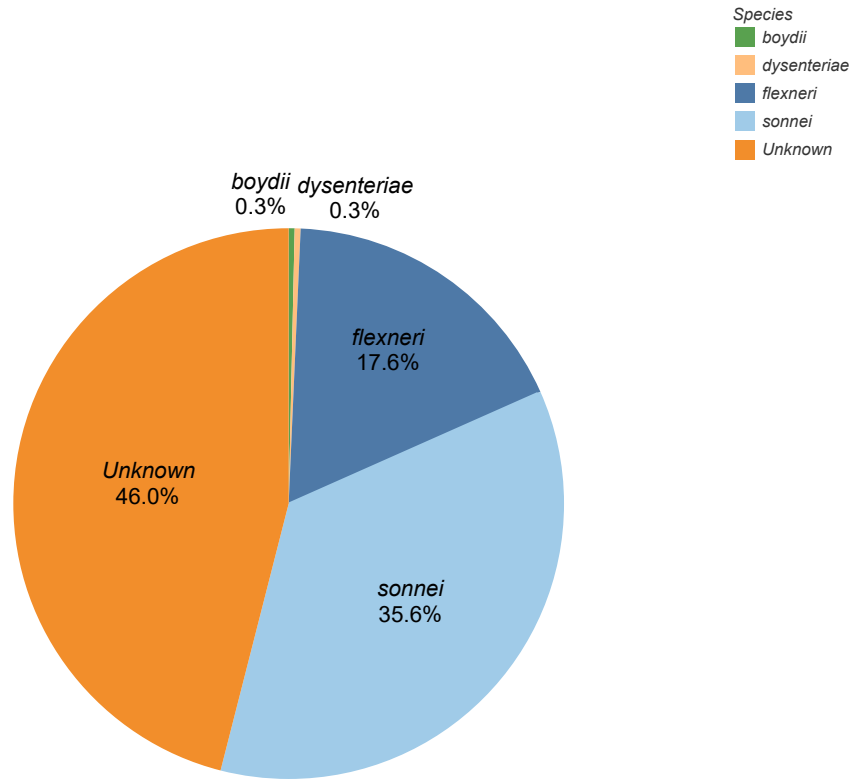
### Incidence of shigellosis by county of residence: Oregon, 2009–2018



Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	<b>Shigellosis cases by species</b>	Disease prevention
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### Shigellosis by species: Oregon, 2018

Hover over the pie chart to see historical data.



Disease overview	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Incidence by race and ethnicity	Incidence by county	Shigellosis cases by species	Disease prevention
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## Prevention

- Wash hands with soap and warm water carefully and frequently, especially after going to the bathroom or after changing diapers and before preparing food or beverages.
- Properly dispose of soiled diapers.
- Disinfect diaper changing areas after using them.
- Keep children with diarrhea out of child care settings.
- Supervise hand washing of toddlers and small children after they use the toilet.
- Do not prepare food for others while ill with diarrhea.
- Avoid swallowing water from ponds, lakes or untreated pools.

Disease overview

Incidence by year  
and in Oregon vs.  
nationwide

Disease prevention

# Tularemia

Tularemia, also known as rabbit or deer-fly fever, is considered a “category A” agent of potential bioterrorism. It is caused by *Francisella tularensis*, a hardy organism found in rodents, rabbits and squirrels; in ticks, deer flies and mosquitoes; and in contaminated soil, water and animal carcasses. The organism is remarkably infective; as few as 10–50 organisms can cause disease.

Tularemia occurs throughout the United States. People get infected primarily through handling contaminated animals; the bite of infective deer flies, mosquitoes or ticks; direct contact with or ingestion of contaminated food, water or soil; or inhalation of infective aerosols. *Francisella tularensis* is highly infectious when grown in culture and can be a risk for infection among laboratory workers. For potentially exposed workers, management options include a “fever watch” or antimicrobial prophylaxis.

Disease onset is usually sudden, and includes fever, malaise, myalgia, headache, chills, rigors and sore throat. Tularemia has six clinical forms, depending on the bacterium’s portal of entry. Ulceroglandular tularemia is the most common form of the disease, accounting for 75%–85% of naturally occurring cases.

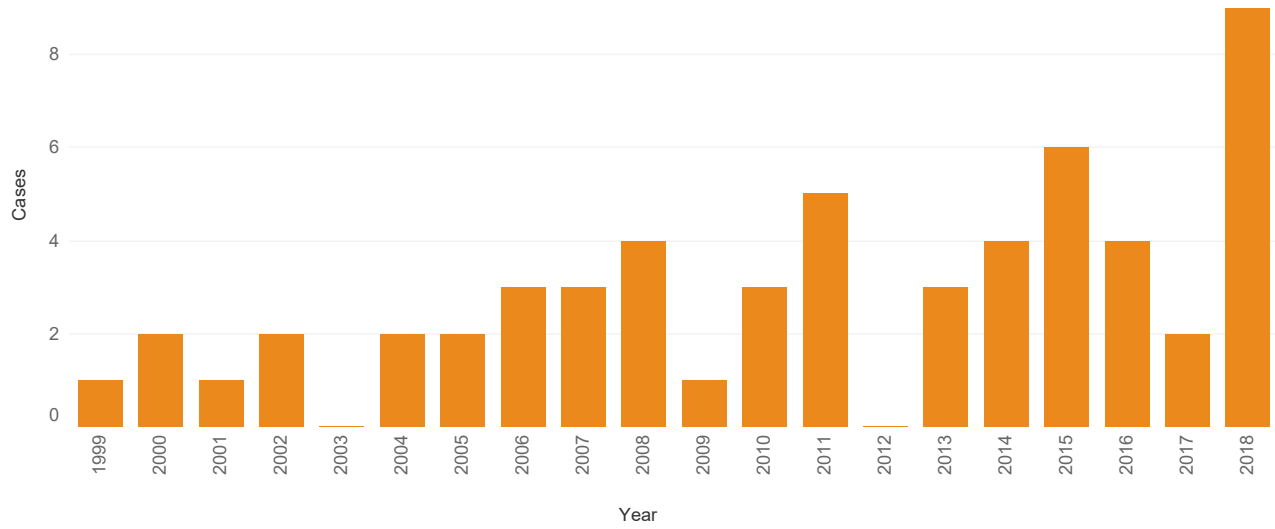
Other clinical forms include pneumonic (pulmonary symptoms); typhoidal (gastrointestinal symptoms and sepsis); glandular (regional adenopathy without a skin lesion); oculoglandular (painful, purulent conjunctivitis with adenopathy); and oropharyngeal (pharyngitis with adenopathy).

Nine sporadic cases were reported in Oregon in 2018.

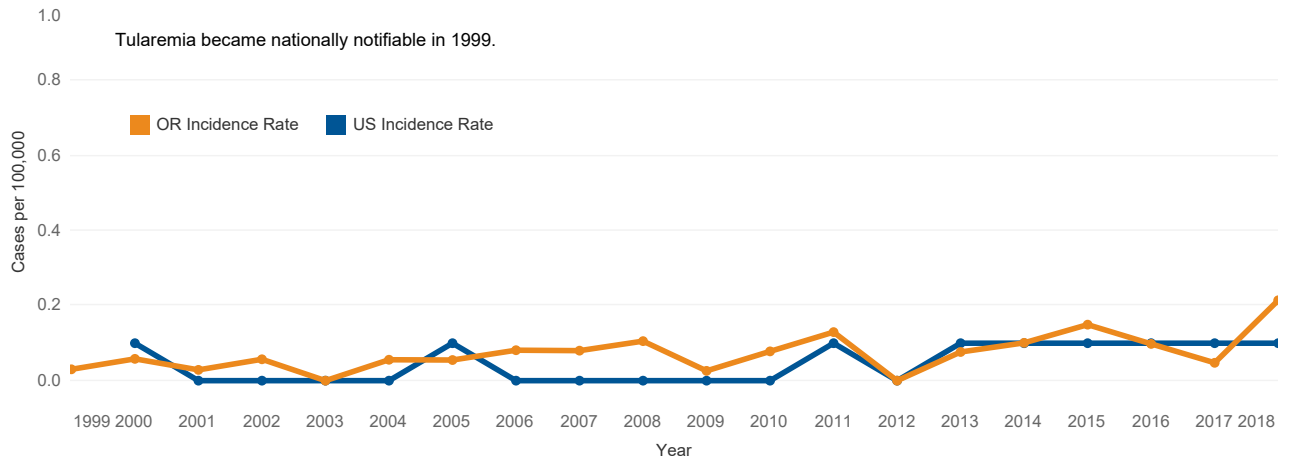
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### Incidence of tularemia by year: Oregon, 1999–2018



### Incidence of tularemia: Oregon vs. nationwide, 1999–2018



# Prevention

- Use precautions when hiking, hunting, camping or working outdoors:
  - › Use insect repellents containing 20%–30% DEET, picaridin or IR3535.
  - › Wear long pants, long sleeves and long socks to keep ticks and deer flies off your skin.
  - › Remove attached ticks promptly with fine-tipped tweezers.
  - › Don't drink untreated surface water.
  - › Don't run over sick or dead animals (or *any* animals for that matter) with a lawn mower.
- If you hunt, trap or skin animals:
  - › Use gloves when handling animals, especially rabbits, muskrats, prairie dogs and other rodents.
  - › Cook game meat thoroughly before eating.
- Laboratory workers should use precautions when working with suspect cultures:
  - › Procedures that manipulate cultures and might produce aerosols or droplets should be done under biosafety level 3 conditions.

Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Vibriosis cases by species	Disease prevention
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## Vibriosis

Vibriosis is caused by infection with bacteria from the *Vibrionaceae* family. This family of bacteria includes the species that causes cholera, and public health investigators typically distinguish between either cholera (infection with toxigenic *V. cholerae*) and other “vibriosis” (infection with any other *Vibrionaceae*, including those vibrios lately rechristened as “*Grimontia*”).

Commonly, vibriosis is acquired by eating raw or undercooked molluscan shellfish and presents as watery diarrhea, abdominal cramps and fever. In Oregon, *V. parahaemolyticus* is the most frequently reported species, as this pathogen is found naturally in the coastal waters and shellfish of the Pacific Northwest, especially during summer months. Non-foodborne infections with *Vibrio* species can also occur through contact with sea or brackish water (e.g., infection with *V. alginolyticus* after swimming with an open wound, or through a laceration while shucking an oyster). These types of infections can produce bullae, cellulitis, muscle pain, fever and sepsis.

Vibriosis was not reportable until 1998 in Oregon and 2007 nationwide. Today, all *Vibrio* infections are nationally notifiable. Case reporting is essential to the identification of contaminated shellfish beds and removal of these shellfish from the raw seafood market. In 2013, the CDC FoodNet Program estimated every reported case of *Vibrio* represented 142 people not diagnosed with the infection.



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Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Vibriosis cases by species	Disease prevention
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Nationally, reported rates of vibriosis have trended upwards in the past decade. Scientists now believe that *V. parahaemolyticus* is an indicator of climate change; the bug requires temperatures warmer than 59°F to grow and is proliferating in waters that had historically been too cool. With warmer water temperatures in the Pacific Northwest, we can expect more bacteria in the waters and more contamination of shellfish growing in these waters.

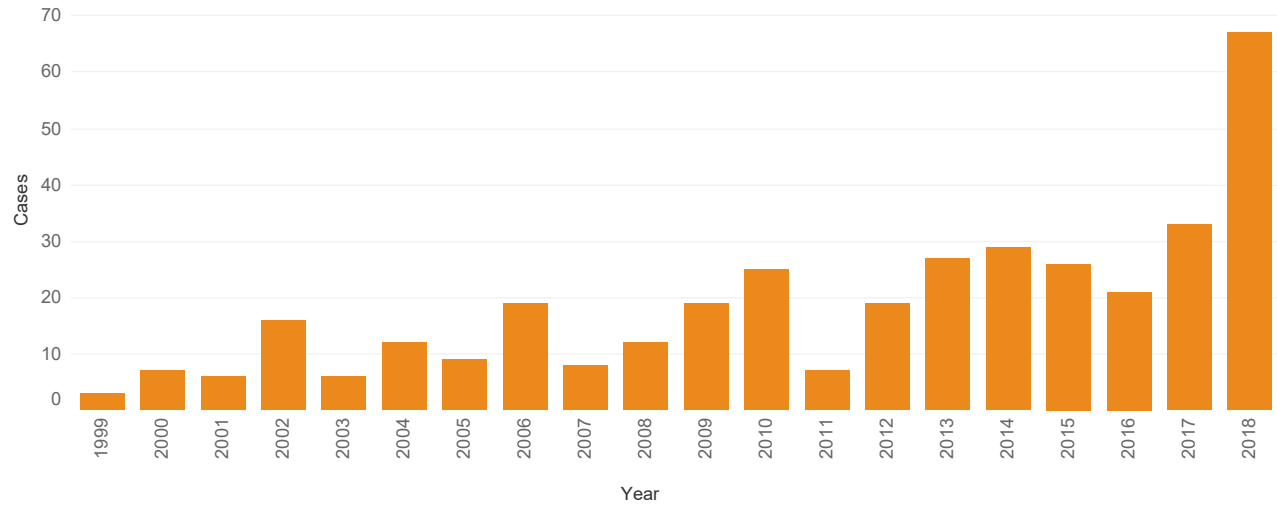
In 2018, Oregon counted 67 confirmed or presumptive cases of vibriosis, the highest number reported to date. Males outnumbered females (35 to 32). Part of the substantial increase in cases in 2018 may be related to false positives that were associated with some types of culture independent diagnostic testing. Oregon changed the case definition for *Vibrio* infections to exclude some of these tests, in an attempt to mitigate the problem. Not all of the increase in cases can be attributed to changes in culture independent diagnostic testing, however, as most of the cases were culture confirmed.

There were fewer non-typed cases reported in 2018 (9) compared to 2017 (16). The rest of the cases were *V. parahaemolyticus* (53), *V. alginolyticus* (2), *V. cholerae* (2), and *V. vulnificus* (1).

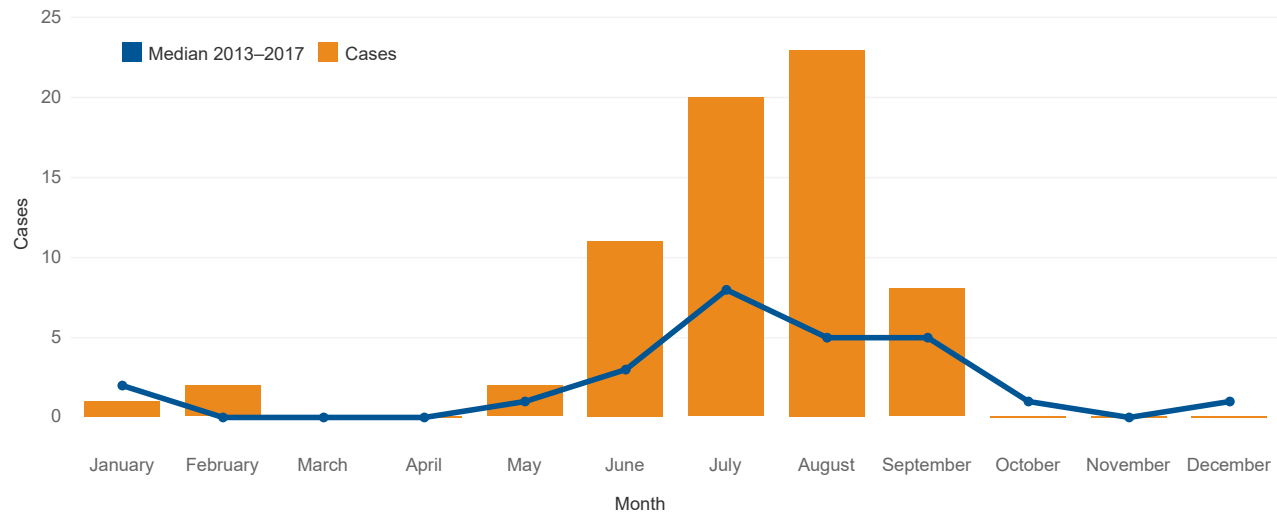


Disease overview	Disease overview (continued)	<b>Incidence by year and month</b>	Incidence by age and sex and in Oregon vs. nation..	Vibriosis cases by species	Disease prevention
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### Incidence of vibriosis by year: Oregon, 1999–2018

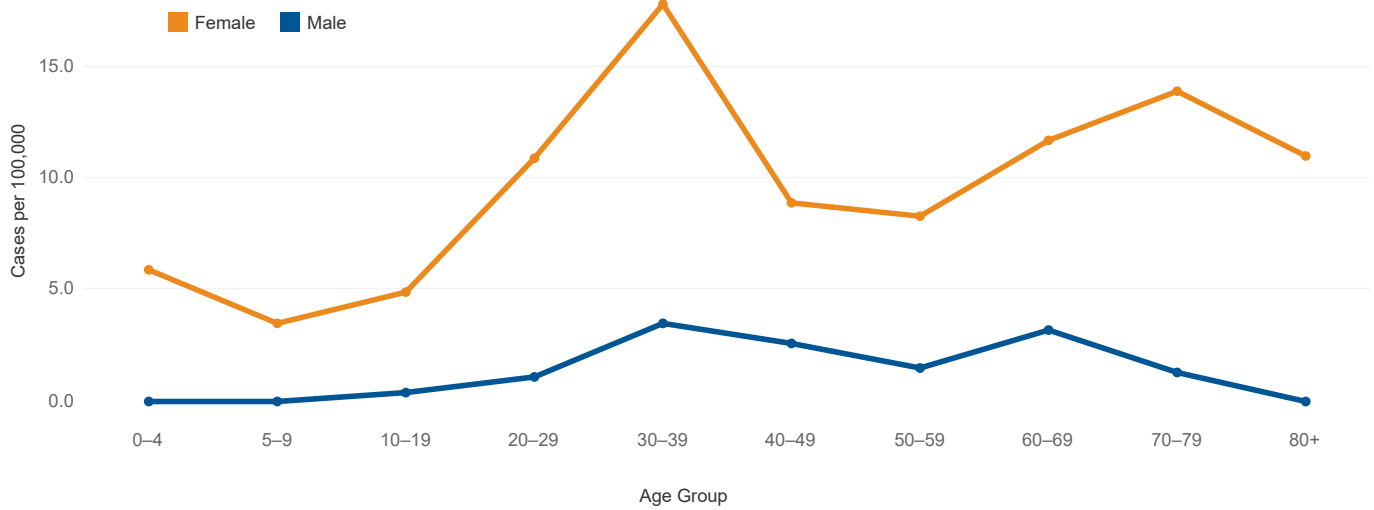


### Incidence of vibriosis by month: Oregon, 2018

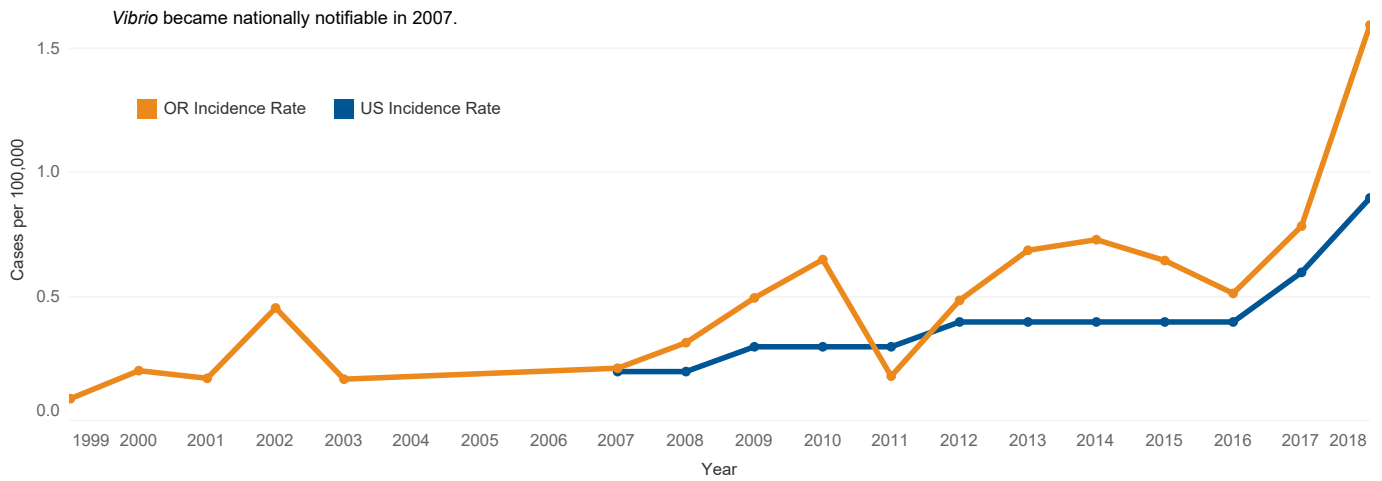


Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Vibriosis cases by species	Disease prevention
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### Incidence of vibriosis by age and sex: Oregon, 2018



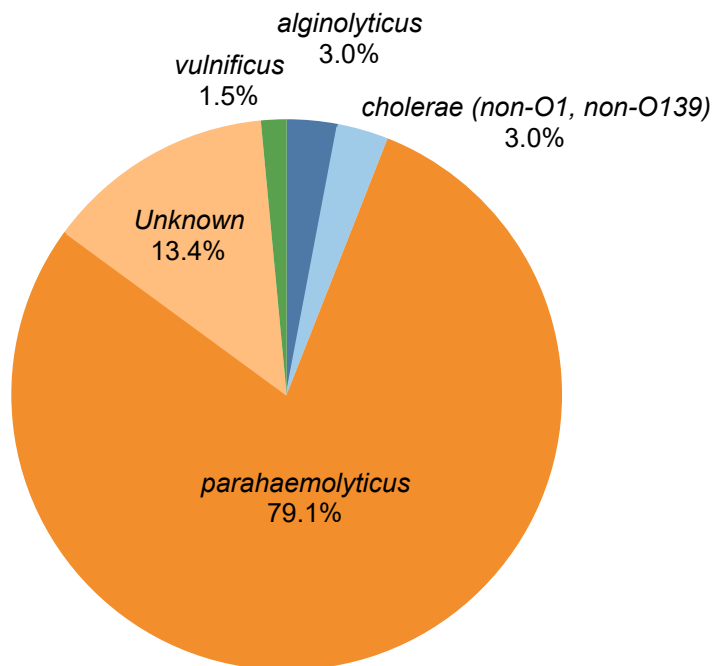
### Incidence of vibriosis: Oregon vs. nationwide, 1999–2018



Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	<b>Vibriosis cases by species</b>	Disease prevention
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### Vibriosis by species: Oregon, 2018

Hover over a section of the pie chart to see historical data.



- Species
- alginolyticus*
  - cholerae (non-O1, non-O139)*
  - parahaemolyticus*
  - Unknown
  - vulnificus*

Disease overview	Disease overview (continued)	Incidence by year and month	Incidence by age and sex and in Oregon vs. nation..	Vibriosis cases by species	Disease prevention
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## Prevention

- Avoid eating raw oysters or other raw shellfish.
- Cook shellfish (oysters, clams, mussels) thoroughly.
- Cook shellfish (oysters, clams, mussels) to an internal temperature of 145°F. If you don't have a food thermometer, shucked shellfish (clams, mussels and oysters without shells) become plump and opaque when cooked thoroughly, and the edges of the oysters start to curl. Shellfish in shells should open when cooked. Throw out shells that don't open during cooking.
- Uncooked spoiled seafood can have an ammonia odor. This odor becomes stronger after cooking. If you smell an ammonia odor in raw or cooked seafood, do not eat it.
- Read more:
  - › <https://www.fda.gov/food/resourcesforyou/consumers/ucm077331.htm>
  - › <https://www.fda.gov/food/foodborneillnesscontaminants/buystoreervesafefood/ucm255180.htm>

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Disease overview	Incidence by year and month	Incidence by county	West Nile virus cases by species	Disease prevention
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# West Nile virus

West Nile virus (WNV) first appeared in the United States on Long Island in 1999 and then moved westward across the country. In Oregon, the first indigenous case was reported in 2004. West Nile virus is a mosquito-borne *Flavivirus* that affects both animals and humans. Corvid birds (crows, ravens, jays, magpies) are the reservoir; humans and other animals are considered “dead-end” hosts — i.e., they may be infected and develop symptoms, but they do not transmit the infection further. Of human beings infected, only approximately one in five will have any symptoms at all — typically flu-like symptoms such as fever, headache and muscle aches. However, approximately one in 150 infected persons will have symptoms of central nervous system infection that may include neck stiffness, stupor, disorientation, tremors, convulsions, muscle weakness, paralysis and coma.

The risk of getting West Nile virus in Oregon has been very low. Though most cases were in those aged 20–50 years, those >50 years of age have the highest risk of developing serious illness. Incidence is highest in the summer months.

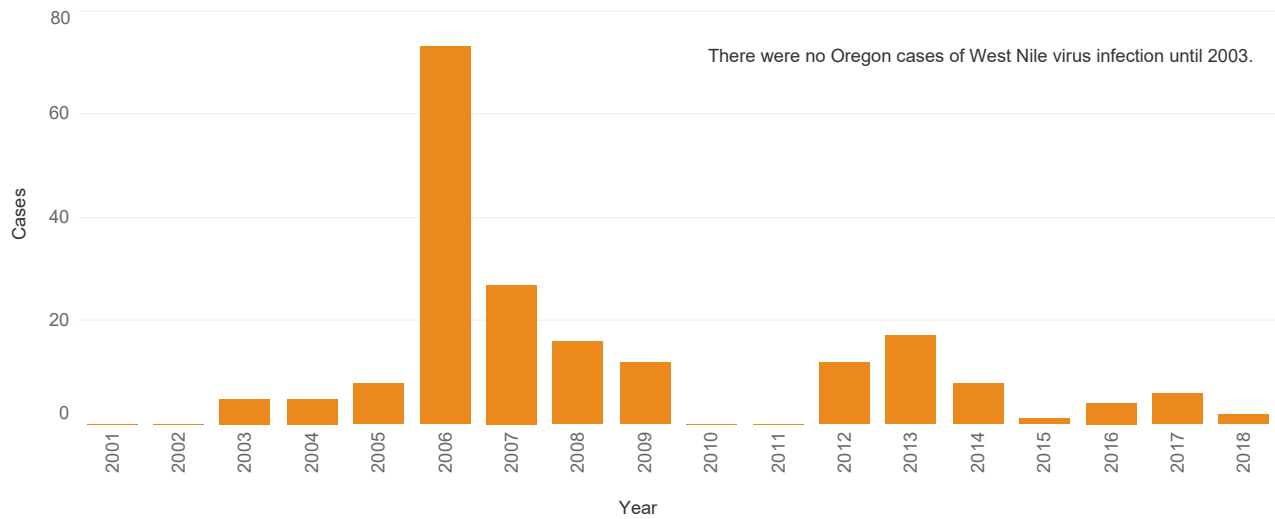
In 2018, two human cases of West Nile virus occurred in Oregon. In addition, 58 mosquito pools, one bird and two horses tested positive for WNV infection.



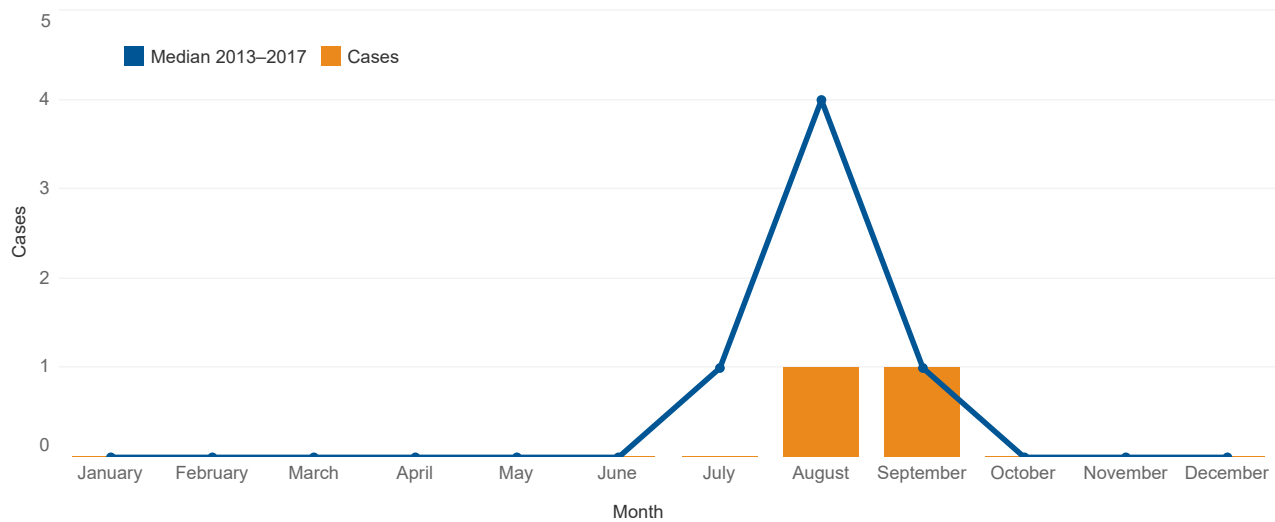
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Disease overview	<b>Incidence by year and month</b>	Incidence by county	West Nile virus cases by species	Disease prevention
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### Incidence of West Nile virus infection by year: Oregon, 2001–2018

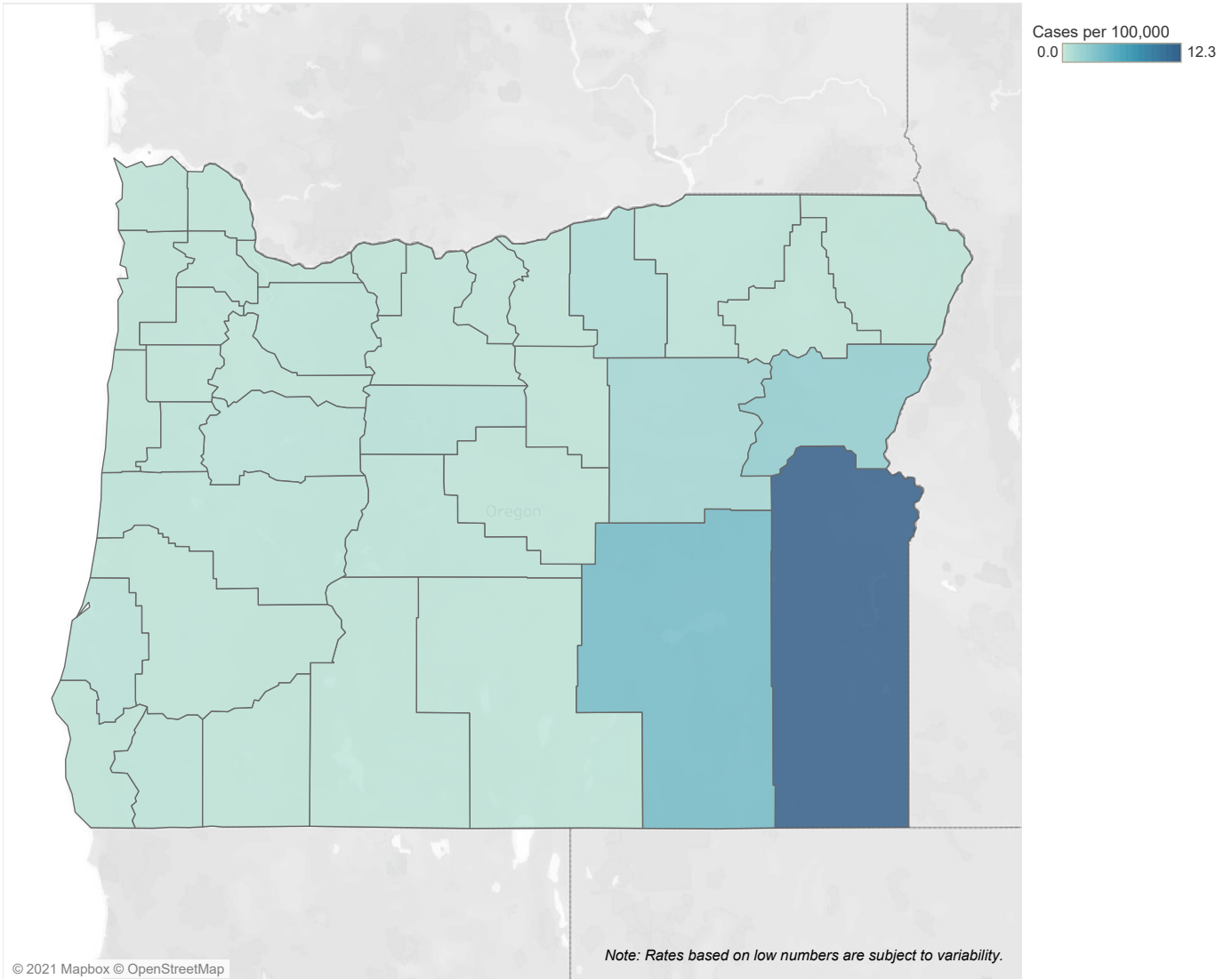


### Incidence of West Nile virus infection by month: Oregon, 2018



Disease overview	Incidence by year and month	<b>Incidence by county</b>	West Nile virus cases by species	Disease prevention
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### Incidence of West Nile virus infection by county of residence: Oregon, 2009–2018





2018 Selected Reportable Communicable Disease Summary

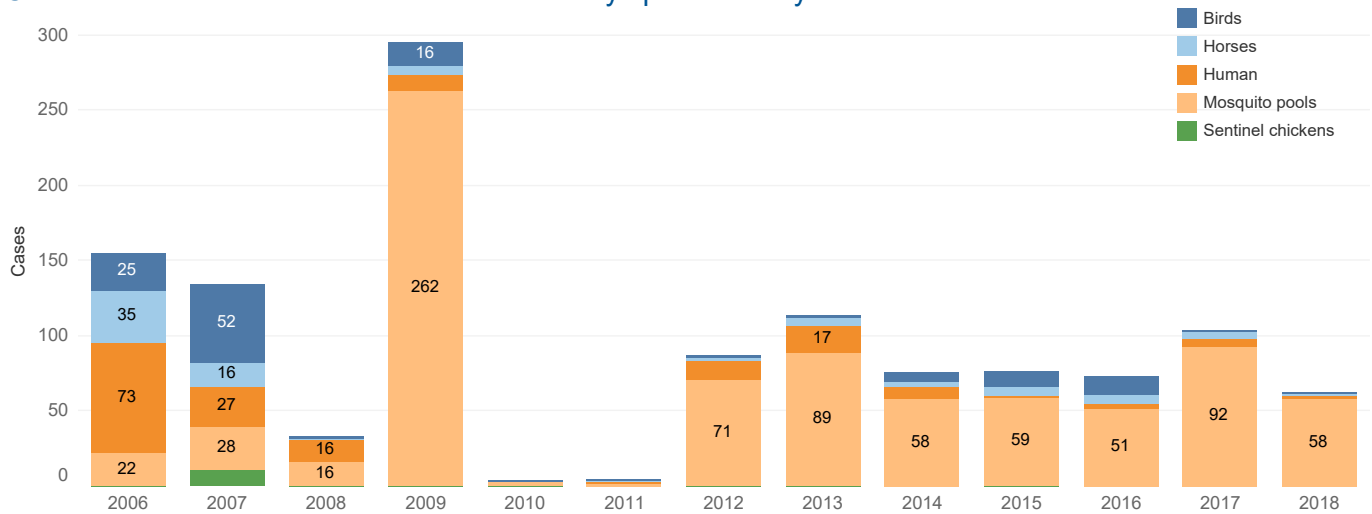
Disease overview	Incidence by year and month	Incidence by county	<b>West Nile virus cases by species</b>	Disease prevention
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Confirmed WNV infection in Oregon, 2006–2018

Click on rows in the table to filter the chart below.

Group	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Human	73	27	16	12	0	0	12	17	8	1	4	6	2
Horses	35	16	0	5	0	2	2	6	3	6	6	5	2
Birds	25	52	2	16	0	0	2	2	7	11	12	1	1
Mosquito pools	22	28	16	262	4	3	71	89	58	59	51	92	58
Sentinel chickens	0	11	0	0	0	0	0	0	0	0	0	0	0

Confirmed cases of West Nile virus infection by species and year



Source: Oregon State University Veterinary Laboratory and Oregon State Public Health Laboratory.

Disease overview	Incidence by year and month	Incidence by county	West Nile virus cases by species	Disease prevention
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# Prevention

- Avoid mosquito bites:
  - › Use insect repellents when you go outdoors. Repellents containing DEET, picaridin, IR3535, and some oil of lemon eucalyptus and para-menthane-3,8-diol products provide longer-lasting protection. To optimize safety and effectiveness, repellents should be used according to the label instructions.
  - › When weather permits, wear long sleeves, long pants and socks when outdoors.
  - › Take extra care during peak mosquito-biting hours.
- Mosquito-proof your home:
  - › Install or repair screens on windows and doors to keep mosquitoes outside. Use your air conditioning, if you have it.
  - › Reduce the number of mosquitoes around your home by regularly emptying standing water from flowerpots, gutters, buckets, pool covers, pet water dishes, discarded tires and birdbaths.
- Report dead birds to local authorities.

Disease overview	Incidence by year and by age and sex	Incidence by county	Disease prevention
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# Yersiniosis


Yersiniosis is a bacterial infection characterized by (sometimes bloody) diarrhea, vomiting and abdominal pain. The main reservoir for *Yersinia* is the pig.

Transmission occurs by the fecal-oral route through contaminated food and water, or through contact with infected people or animals. Preventive measures include cooking food thoroughly, avoiding cross-contamination with raw food of animal origin and washing hands after handling food.

The incidence of yersiniosis in Oregon was fairly stable until 2013, when case counts began to rise. The increase in cases spans all ages, races and sex categories. Yersiniosis occurs throughout the year with no seasonality. The most common species is *Y. enterocolitica*. In 2018, 41 cases occurred in Oregon. All cases were sporadic; no outbreaks were reported. Of the 38 cases with known subtype, the majority were *Yersinia enterocolitica* (29), four were *Y. frederiksenii*, three were *Y. intermedia* and there was one each of *Y. kristensenii* and *Y. pseudotuberculosis*.

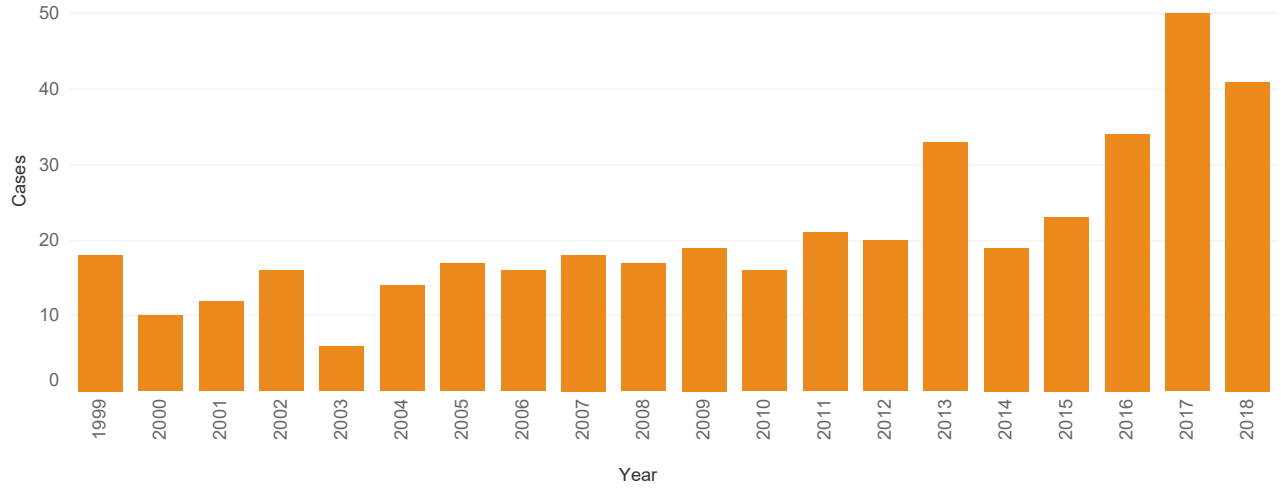
Infection with *Yersinia pestis*, also known as “plague,” is counted separately from other cases of yersiniosis.



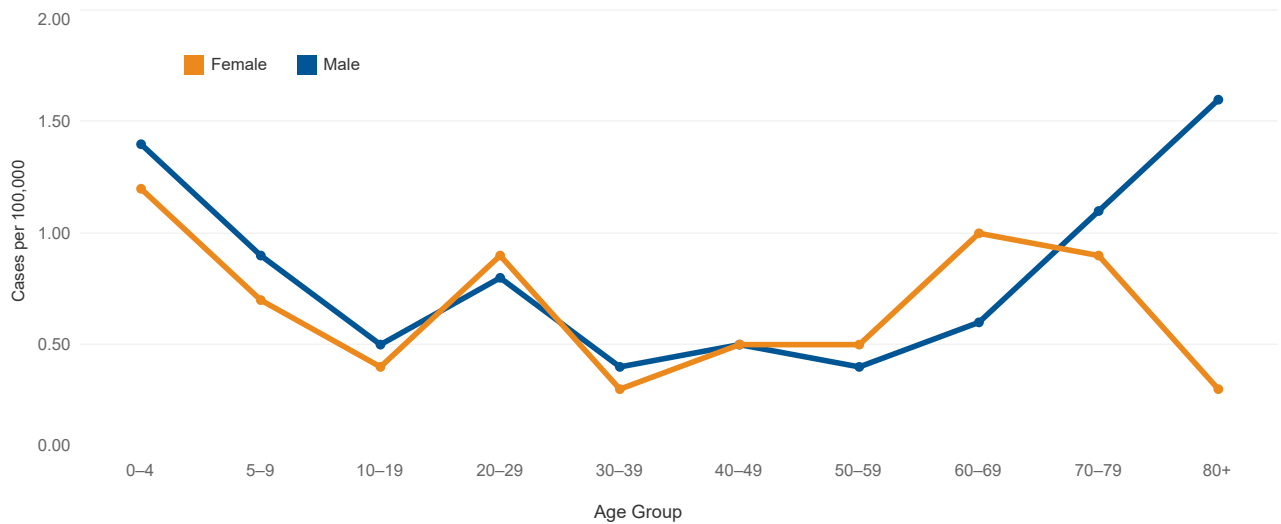
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Disease overview	<b>Incidence by year and by age and sex</b>	Incidence by county	Disease prevention
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### Incidence of yersiniosis by year: Oregon, 1999–2018

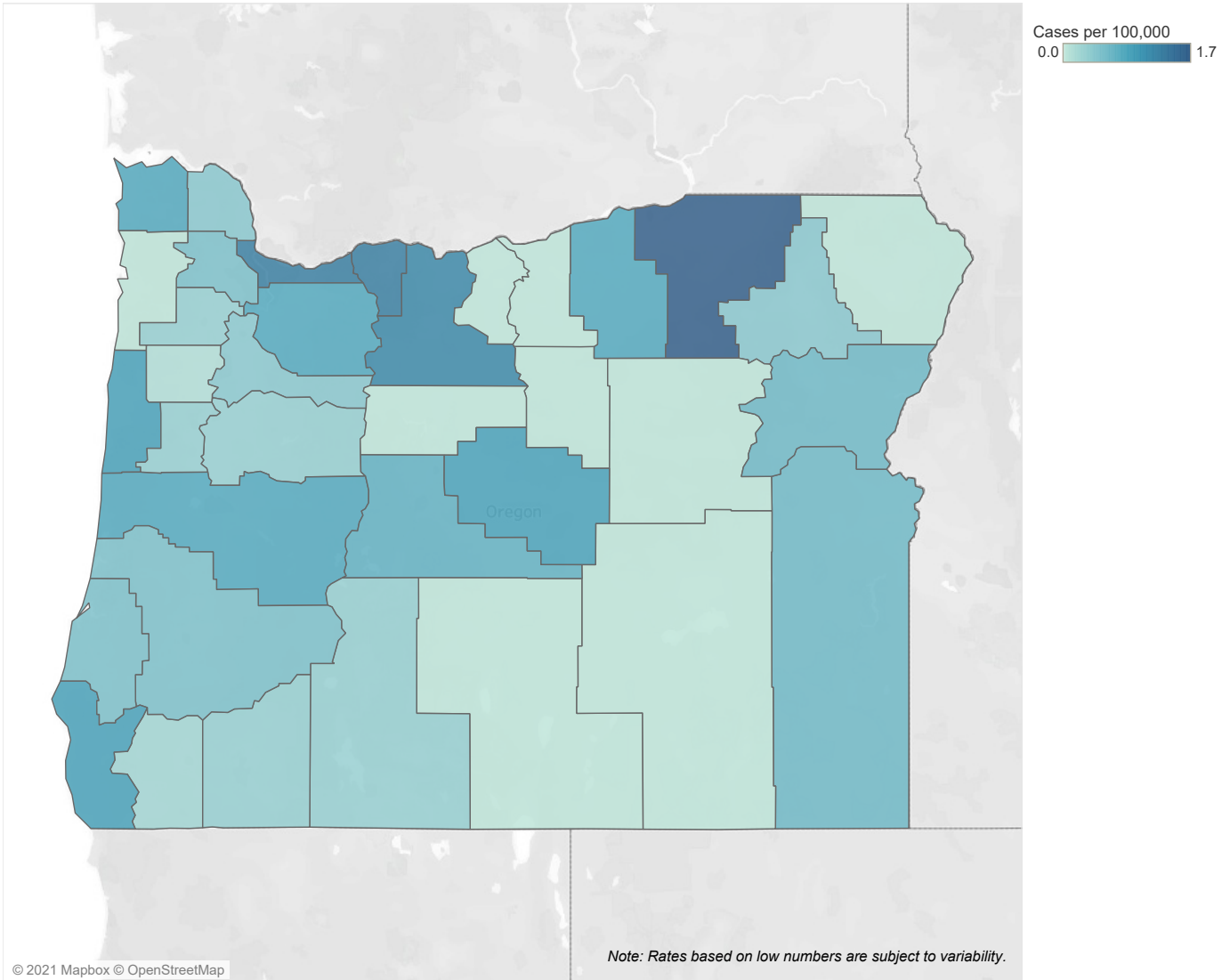


### Incidence of yersiniosis by age and sex: Oregon, 2009–2018



Disease overview	Incidence by year and by age and sex	<b>Incidence by county</b>	Disease prevention
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### Incidence of yersiniosis by county of residence: Oregon, 2009–2018



Disease overview	Incidence by year and by age and sex	Incidence by county	Disease prevention
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# Prevention

- Avoid eating raw or undercooked pork.
- Consume only pasteurized milk or milk products.
- Wash hands with soap and warm water before eating and preparing food, after contact with animals and after handling raw meat.
- After handling raw chitterlings, clean hands and fingernails scrupulously with soap and water before touching infants or their toys, bottles or pacifiers.
- Prevent cross-contamination in the kitchen; use separate cutting boards for meat and other foods. Carefully clean all cutting boards, countertops and utensils with soap and hot water after preparing raw meat.
- Dispose of animal feces in a sanitary manner.

Disease overview	Disease overview (continued)	Incidence by year	Disease prevention
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# Zika virus

Zika is a primarily mosquito-borne viral infection caused by a *Flavivirus* (related to West Nile, dengue and yellow fever viruses). Zika virus was first discovered in 1947. Before 2015, sporadic outbreaks were reported in Africa, Southeast Asia and the Pacific Islands. In spring 2015, Brazil reported an outbreak, resulting in the rapid spread of Zika in the Western hemisphere. By early 2016, Zika had continued to spread and concern heightened for the virus's effects on pregnant women and their infants. In 2017, the number of Zika cases started to decline and in 2018 there were no reports of local Zika virus transmission in the United States.

Zika infection is primarily caused by mosquito bites but can be spread through sexual transmission and blood transfusions. Additionally, a pregnant woman can pass Zika virus to her fetus during pregnancy.

In Oregon, there is no evidence of mosquito transmission; the typical vectors, *Aedes albopictus* and *Aedes aegypti*, are not native to Oregon. However, these mosquitoes do live just over the border in California.



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Disease overview	Disease overview (continued)	Incidence by year	Disease prevention
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Zika infection was considered a mild, self-limiting illness with the most common symptoms reported as fever, rash, headache, joint pain and conjunctivitis. Four of five individuals are asymptomatic. However, Zika infection during pregnancy can cause birth defects, including microcephaly and other neurological abnormalities. Initial reports also identified an increased risk of developing Guillain-Barré syndrome, a neurological disorder that can cause muscle weakness and paralysis. Treatment for Zika infection is supportive; no vaccine exists.

Due to the concerns of birth defects among infants born to Zika-infected mothers, the CDC recommended testing pregnant women who do not have symptoms. The CDC also established the U.S. Zika Pregnancy Registry to monitor Zika-infected pregnant women and their infants for the first three years of life and are continuing to study the full effects of Zika virus on these infants.

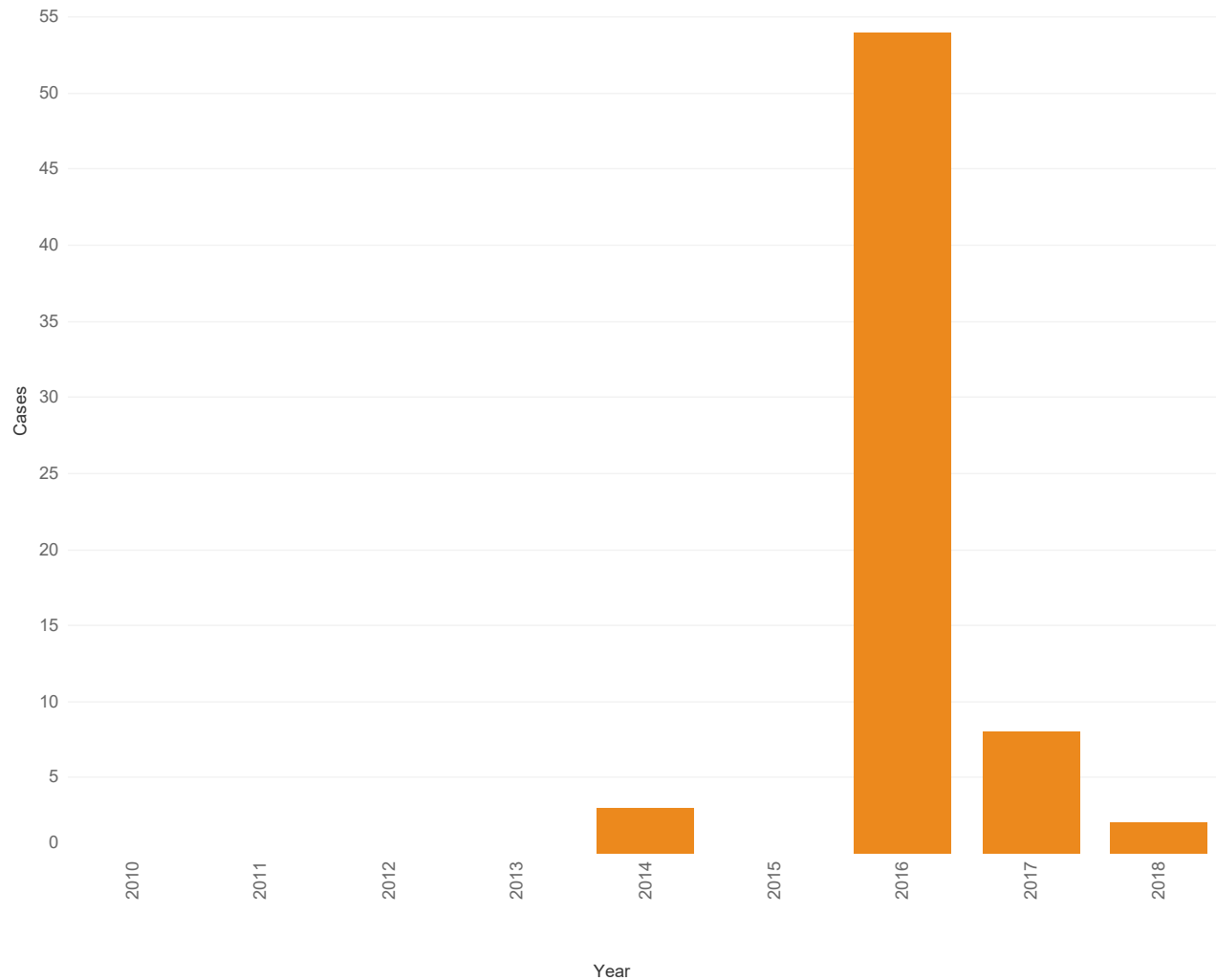
Only two cases of Zika virus disease were reported among Oregon residents in 2018, a declining trend from the number of cases seen during the Zika outbreaks. This decrease reflects trends seen in the United States and globally in regions where Zika outbreaks had occurred.





Disease overview	Disease overview (continued)	<b>Incidence by year</b>	Disease prevention
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### Incidence of zika virus by year: Oregon, 2010 - 2018



Disease overview	Disease overview (continued)	Incidence by year	Disease prevention
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# Prevention

- The best way to prevent Zika is to protect yourself from mosquitoes:
  - › Use mosquito repellent.
  - › Wear long sleeves, long pants, shoes and socks when outside.
  - › Avoid outdoor activities when more mosquitoes are out — at dawn, dusk.
- You can also prevent Zika transmission by using condoms or avoiding sex after returning from travel for eight weeks or six months for females and males, respectively.
- If you are pregnant:
  - › Do not travel to any area with a risk of Zika virus infection.
  - › If travel is unavoidable, avoid mosquito bites and unprotected sex with others in the affected area.
  - › Avoid sex or use condoms for the duration of the pregnancy if you or your partner recently visited a Zika-affected area.
- Individuals with symptoms of Zika or laboratory evidence of Zika infection should avoid donating blood for six months.

## Disease outbreaks

Oregon state and local health departments investigated 349 acute and communicable disease outbreaks in 2018, down 15% from 409 in 2017. Thirty percent (104) of these were outbreaks of calicivirus gastroenteritis. Twenty-seven outbreaks were foodborne, 137 were respiratory, 116 were due to person-to-person transmission, two were due to animal contact, one was waterborne, and four were the result of some other mode of transmission. The mode of transmission was undetermined in 62 outbreaks. Sharing of respiratory secretions caused outbreaks of influenza (100), pertussis (12), respiratory syncytial virus (10) and measles (2).

Foods contaminated with a variety of *Salmonella* and *Escherichia coli* made folks ill at a variety of venues. Almost every outbreak reinforces the tried-and-true public health mantras of “wash your hands” and “cover your cough.”

Gastroenteritis is by far the most commonly reported type of outbreak in Oregon, accounting for 176 (50%) of outbreaks investigated in 2018. Of note, in 2018, influenza-like illness was a close second, accounting for 29% (100) of all outbreaks.

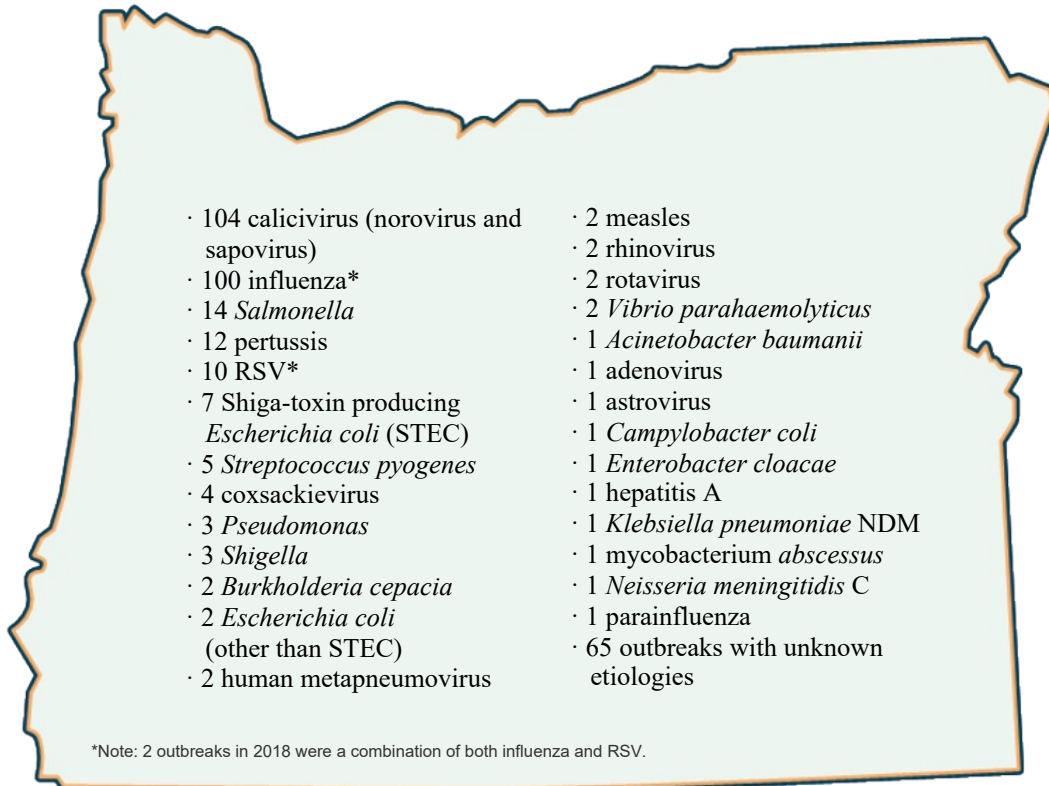
Thanks to rigorous specimen collection by local health investigators, 227 (65%) of all outbreaks recorded in 2018 were confirmed. Sixty-six percent (117/176) of gastroenteritis outbreaks had disease-causing agents identified, mostly caliciviruses (norovirus and sapovirus). The Oregon State Public Health Laboratory (OSPHL) routinely tests for sapovirus, astrovirus and rotavirus when stool specimens are norovirus-negative.



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Outbreaks  
overview

List of outbreaks in  
Oregon in 2018



# Gastrointestinal outbreaks

Of the 176 gastroenteritis outbreaks in 2018, person-to-person transmission was responsible for 90 outbreaks and foodborne transmission for 27. Waterborne transmission and animal contact were responsible for one and two outbreaks of gastroenteritis, respectively. Transmission was undetermined (we couldn't figure it out) or unknown (we didn't have enough data to figure it out) in 56 of the outbreaks. More than 92% of person-to-person outbreaks happened in institutional cohorts, especially among those in long-term care facilities (LTCFs).

In 2013, the case definition of a norovirus outbreak was modified to be more in line with national standards. Some outbreaks previously classified as indeterminate were reclassified as suspect norovirus. The new classification includes outbreaks where symptoms were classical of norovirus, but a positive specimen was not documented.

Fifty-three percent of gastroenteritis outbreaks reported from 2012 to 2018 occurred in LTCFs for the elderly.

## Lab-confirmed norovirus and suspect norovirus outbreaks: Oregon, 2012–2018

	2012	2013	2014	2015	2016	2017	2018
<b>Confirmed norovirus</b>	101	102	82	79	73	90	67
<b>Suspect norovirus</b>	28	36	54	25	39	49	32

Note: Lab-confirmed norovirus outbreaks include any outbreak with two or more lab-confirmed cases of norovirus.

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Norovirus  
outbreaks overview

Norovirus  
outbreaks by  
sequence

Norovirus  
outbreaks in  
long-term care fac..

# Norovirus outbreaks in long-term care facilities

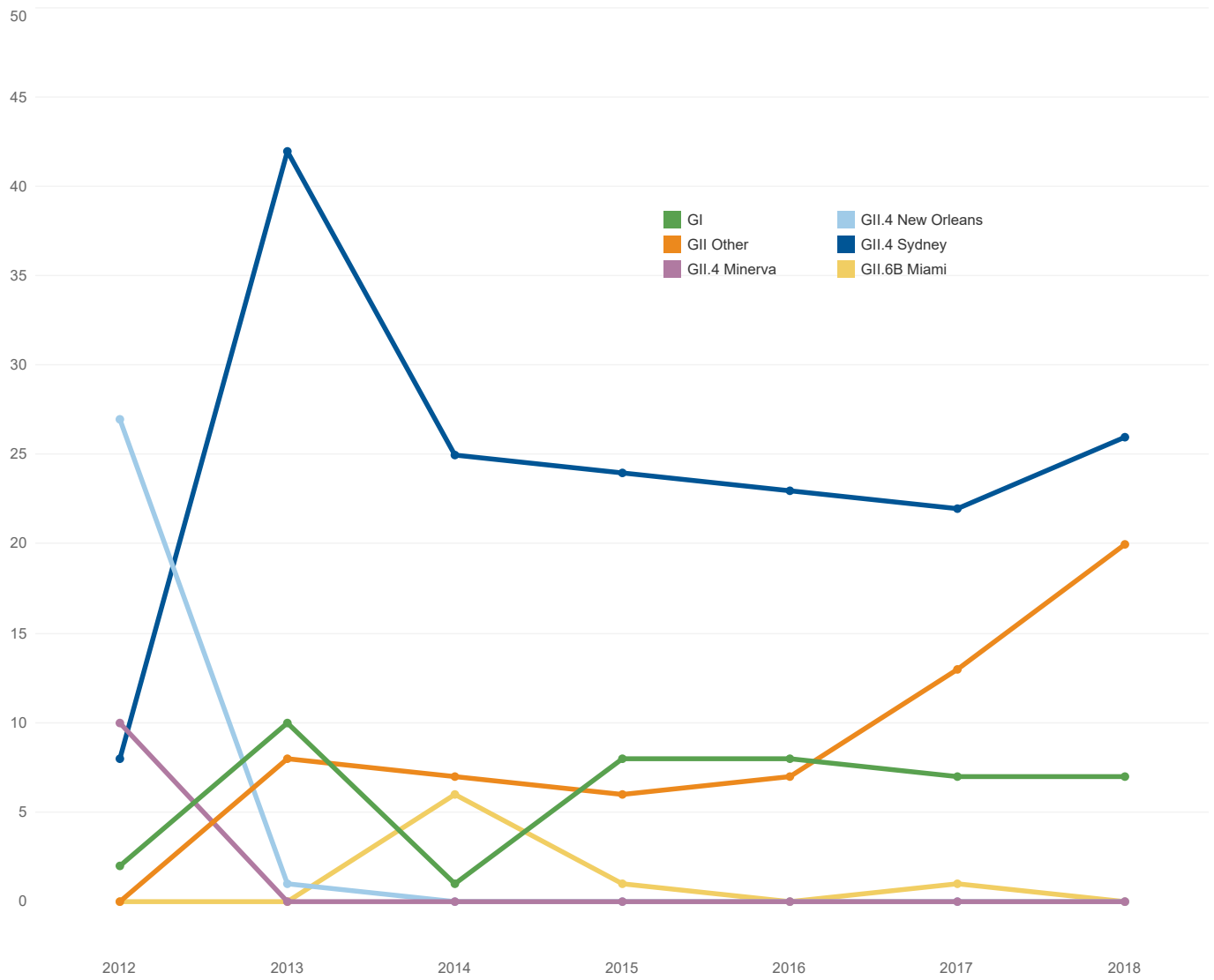
Norovirus infection causes nausea, vomiting, diarrhea, muscle aches, fever and abdominal cramps, which can result in dehydration. Symptoms typically resolve within a day but can remain for up to three days. Norovirus is highly transmissible and persons typically get norovirus by eating contaminated food containing infected stool or vomit particles.

The Oregon State Public Health Laboratory (OSPHL) began genotyping specimens associated with gastrointestinal outbreaks in late 2012. As shown in the figure on the next page, norovirus genogroup GII genotype 4 New Orleans was predominant in 2011 and 2012, accounting for 31 (25%) of 123 total confirmed norovirus outbreaks among Oregon LTCFs. In late 2012, a new norovirus strain of genogroup GII, genotype 4 originating in Sydney, Australia (GII.4 Sydney 2012), became the predominant norovirus strain and caused a severe norovirus season globally and in the United States. In 2013, GII.4 Sydney was responsible for 42 (48%) of 87 confirmed norovirus outbreaks among Oregon LTCFs. GII.4 Sydney has remained the dominant outbreak strain since 2013 and accounted for 24 (32%) of 74 confirmed norovirus LTCF outbreaks in 2018. In 2015, we saw an increase in other GI genotype outbreaks and GI genotypes accounted for 7 of 74 (9%) of confirmed norovirus LTCF outbreaks in 2018.



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### Norovirus sequences in Oregon LTCFs, 2012-2018



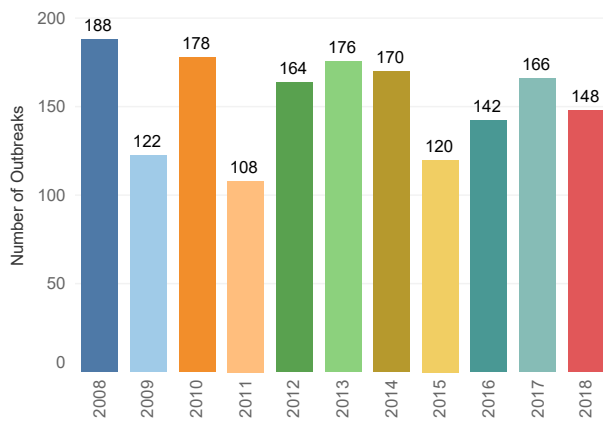
Norovirus outbreaks overview	Norovirus outbreaks by sequence	Norovirus outbreaks in long-term care fac..
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### Norovirus outbreaks in LTCFs by county of occurrence and year of investigation, 2008-2018

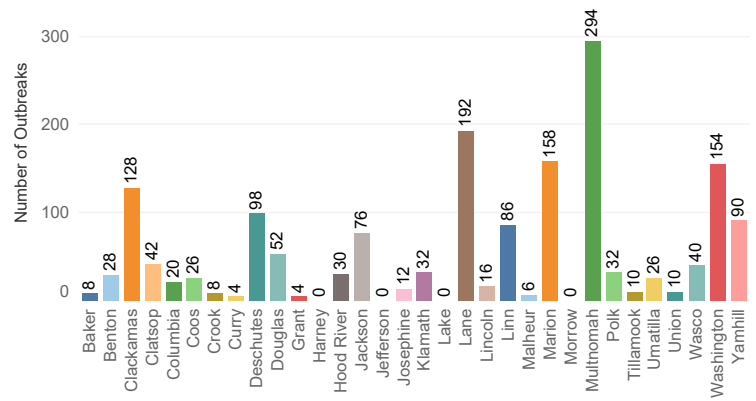
County	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	Total
Baker	0	0	0	0	2	1	0	0	0	1	0	4
Benton	3	1	1	1	0	5	0	1	0	0	2	14
Clackamas	10	3	14	3	4	4	2	3	11	4	6	64
Clatsop	1	2	5	1	2	1	1	2	2	2	2	21
Columbia	1	1	1	0	0	2	1	0	0	4	0	10
Coos	2	2	2	0	1	2	2	0	1	1	0	13
Crook	1	1	0	0	0	2	0	0	0	0	0	4
Curry	0	0	0	0	0	1	0	1	0	0	0	2
Deschutes	5	5	3	3	10	3	1	7	2	6	4	49
Douglas	3	0	4	2	1	4	1	1	1	6	3	26
Grant	1	0	0	0	0	0	1	0	0	0	0	2
Harney	0	0	0	0	0	0	0	0	0	0	0	0
Hood River	1	2	1	1	2	2	2	1	0	2	1	15
Jackson	4	6	3	2	3	2	5	3	5	1	4	38
Jefferson	0	0	0	0	0	0	0	0	0	0	0	0
Josephine	2	0	0	0	0	1	0	0	0	1	2	6
Klamath	2	0	2	4	1	1	1	1	3	0	1	16
Lake	0	0	0	0	0	0	0	0	0	0	0	0
Lane	6	8	10	3	8	6	14	6	10	15	10	96

Click on the column and row headers in the above table to change the charts below.

Norovirus outbreaks by year for selected county



Norovirus outbreaks by county for selected year





2018 Selected Reportable Communicable Disease Summary

Cases by year, 1999–2018	Cases of low-incidence disease by year	Cases by disease and county of residence
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Selected cases of notifiable diseases by year: Oregon, 1999–2018

Disease	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010
Campylobacteriosis	599	568	599	575	597	660	651	652	729	700	732	8
Carbapenem-resistant Enterobacteriaceae	0	0	0	0	0	0	0	0	0	0	0	
Coccidioidomycosis	0	0	0	1	0	0	1	1	3	1	2	
Cryptococcosis	0	0	0	0	0	2	3	1	3	8	15	
Cryptosporidiosis	35	23	60	41	37	32	69	85	164	65	224	2
E. coli(STEC)	68	136	97	209	105	70	158	107	85	68	84	1
Extrapulmonary NTM	0	0	0	0	0	0	0	0	0	1	0	
Giardiasis	794	672	536	432	407	445	418	426	463	451	429	4
H. influenzae	53	33	43	63	44	54	58	56	73	58	58	
Hepatitis A	249	165	109	61	62	66	46	46	35	27	19	
Hepatitis B (acute)	125	124	167	127	118	119	105	80	61	47	50	
Hepatitis B (chronic)	493	482	566	502	443	518	445	447	500	525	414	4
Hepatitis C (acute)	26	18	15	13	15	15	20	27	21	32	24	
Hepatitis C (chronic)	31	65	59	78	149	174	2,659	6,208	6,500	6,419	5,627	5,4
Legionellosis	1	1	4	9	17	8	15	22	14	18	19	
Listeriosis	17	6	12	9	5	7	11	13	8	6	19	
Lyme disease	13	14	16	15	18	28	27	28	34	48	44	
Malaria	22	41	15	14	10	19	13	15	17	4	12	
Measles	9	0	3	0	3	0	2	2	2	1	0	
Meningococcal disease	76	71	64	44	60	64	57	41	32	38	41	
Mumps	0	0	0	0	0	0	0	22	2	1	2	
Pertussis	60	103	66	192	439	614	622	111	131	174	255	2
Rabies, animal	4	7	4	14	7	6	8	25	12	14	11	
Salmonellosis	417	296	280	335	424	414	414	424	332	429	440	5
Shigellosis	102	159	115	106	211	87	127	121	87	93	56	
Vibriosis	3	7	6	16	6	12	9	19	8	12	19	
West Nile virus	0	0	0	0	5	5	8	73	27	16	12	
Yersiniosis	18	10	12	16	6	14	17	16	18	17	19	

2018 Selected Reportable Communicable Disease Summary

Cases by year, 1999–2018	Cases of low-incidence disease by year	Cases by disease and county of residence
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Selected low incidence disease case counts by year: Oregon, 2009–2018

Disease	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Babesiosis	1	0	0	0	0	1	4	2	5	8
Botulism	0	1	3	6	4	1	3	3	4	5
Brucellosis	3	1	0	0	2	1	0	1	3	4
Colorado tick fever	1	0	1	1	0	1	0	1	0	5
Cyclosporiasis	0	0	0	1	0	1	0	1	2	2
Dengue Fever	4	9	2	4	4	6	5	8	7	11
Ehrlichiosis	1	0	1	0	0	0	1	3	1	0
Hantavirus pulmonary	2	3	2	2	1	1	0	1	1	1
Leishmaniasis	0	0	0	0	1	0	0	0	1	2
Leprosy	2	0	0	0	0	0	0	0	0	0
Leptospirosis	0	0	1	0	0	2	0	2	2	6
Measles	0	0	3	1	6	5	1	0	0	5
Plague	0	2	1	2	0	0	2	0	0	0
Q fever	4	3	1	4	3	9	2	4	8	8
Relapsing fever	3	0	0	3	1	4	3	3	0	2
Rickettsia	0	1	0	1	2	2	5	7	5	4
Rubella	0	0	0	0	1	0	0	0	0	0
Taeniasis	50	3	5	5	2	3	4	3	2	3
Tetanus	0	0	0	0	1	0	1	0	2	1
Tick paralysis	0	0	0	0	0	0	0	0	1	0
Tularemia	1	3	5	0	3	4	6	4	2	9
Zika virus	0	0	0	0	0	3	0	54	8	2

2018 Selected Reportable Communicable Disease Summary

Cases by year, 1999–2018	Cases of low-incidence disease by year	Cases by disease and county of residence
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Selected Oregon communicable disease case counts by county of residence, 2018

	Campylobacteriosis	Carbapenem-resistant Enterobacteriaceae	Cryptococcus	Cryptosporidiosis	Shiga toxin-producing E. coli	Giardiasis	Haemophilus influenzae	Hepatitis A	Hepatitis B (acute)	Hepatitis B (chronic)*	Hepatitis C (acute)	Hepatitis C (chronic)*	Legionellosis	Listeriosis	Lyme disease	Meningococcal Disease
Baker	4	0	0	1	1	1	0	0	0	0	0	44	0	0	1	0
Benton	20	2	0	12	9	7	0	0	0	3	0	79	0	0	3	0
Clackamas	94	10	10	30	33	23	14	3	1	30	0	354	4	2	10	1
Clatsop	8	0	0	5	1	6	1	0	2	1	0	71	0	0	0	0
Columbia	11	3	1	3	8	4	2	0	0	1	1	72	0	0	1	0
Coos	12	2	1	0	4	3	1	0	1	4	1	174	0	0	2	0
Crook	12	3	0	6	5	1	0	0	1	0	1	40	0	0	0	0
Curry	2	0	0	1	0	4	0	0	0	4	0	53	0	0	1	0
Deschutes	94	7	14	14	36	20	4	0	0	5	0	203	3	0	4	1
Douglas	36	9	2	11	11	16	7	0	0	4	1	224	0	0	5	0
Grant	4	2	0	2	1	2	0	0	0	0	0	12	0	0	0	0
Harney	1	1	0	0	2	0	0	0	0	0	0	12	0	0	0	0
Hood River	5	0	0	0	1	1	0	0	0	1	0	11	0	0	0	0
Jackson	49	8	6	10	20	6	4	6	1	11	0	394	2	0	11	3
Jefferson	12	3	1	2	3	2	0	0	0	1	0	30	0	0	0	0
Josephine	19	7	0	0	4	2	3	0	0	7	0	192	3	0	9	0
Klamath	17	3	0	9	2	5	2	0	0	2	0	78	0	0	6	0
Lake	2	1	0	0	0	0	1	0	0	0	0	18	0	0	0	0
Lane	54	11	7	17	15	30	6	2	3	33	5	495	2	1	3	0
Lincoln	10	2	2	9	1	4	2	0	0	1	0	98	1	0	1	0
Linn	26	5	0	18	3	8	2	0	0	3	0	194	0	0	0	2
Malheur	14	0	0	0	5	0	1	0	0	2	0	107	0	0	0	0
Marion	72	23	9	15	13	21	6	1	1	37	4	476	2	2	2	2
Morrow	4	0	0	0	1	0	1	0	0	1	0	17	0	0	0	0
Multnomah	208	15	11	64	55	94	14	9	6	150	8	1,102	10	3	11	4