Babies First! Outcomes for High-Risk Children up to Age 5

**Babies First!** is a statewide public health nurse home visiting program for families with babies and young children up to age 5 years old. The goal is to identify high-risk infants (based on social, emotional and medical risk factors) and improve the health outcomes of these vulnerable children through prevention and early intervention.

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Compared to Medicaid, children that received Babies First! Medicaid nurse home visits had

# **Immunizations**

significantly\* higher rates of:

Immunizations save lives and improve quality of life.

Babies First! annual flu immunization rates were 69% higher than Medicaid children in 2010 and 78% higher in 2011. For children that turned two years old during the year, Babies First! up-to-date immunization rates were 30% higher than Medicaid in 2010 and 21% higher in 2011.

# **Annual well-child visits**

Well-child visits are routinely scheduled preventive visits for children. Well-child visits are essential for maintaining long term positive health for children. Babies First! children were 37% more likely to receive an annual well child visit than other Medicaid children in 2010 and 36% more in 2011.

### **Annual dental visits**

Developing good dental habits and routines early in life is important for long term health. Babies First! clients were 18% more likely to receive an annual dental visit than other Medicaid children in 2010 and 10% more likely in 2011.

# **Babies First! Potential Medicaid Cost Savings**

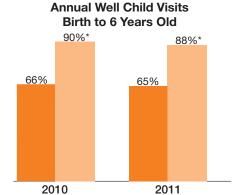
Immunizations: Immunizations generate significant economic benefits. The Centers for Disease Control and Prevention (CDC) estimates for every dollar spent on immunizations about \$6 dollars in direct medical costs are saved. The higher Babies First! immunization rate may therefore result in considerable Medicaid savings.

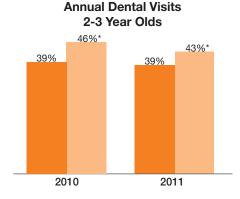
Medicaid hospital costs: A recent study indicates that Babies First! visits were associated with a 10% reduction in Medicaid hospitalization compared to clients who did not receive nurse home visits. The national average cost of a child's hospital visit is \$5,200, indicating substantial potential Medicaid savings.

#### Flu Immunizations **Up-to-Date Immunizations** Birth to 5 Years Old 2 Year Olds 70%\* 65% 58% 50%\* 50% 48%\* 29% 28% 2010 2011 2010 2011

**Babies First!** 

Oregon Medicaid





\*Chi-square significant at .05 or less

Information provided by:
Oregon Health Authority:
Department of Medical
Assistance Programs
Immunization Program
Maternal and Child Health

# At a glance:

Babies First! clients are more likely than other Medicaid clients to be upto-date on immunizations.

Children involved with Babies First! access important early dental care.

"Our nurse was the best. She was compassionate, capable, knowledgeable, and caring. I learned so much about parenting, health and safety issues from her."

-Babies First! Client

