Oregon based resources

Oregon WIC Breastfeeding Staff Resources -

https://www.oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/breastfeedi ng.aspx

Oregon WIC Breastfeeding Peer Counseling Resources https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/Breastfeedin g-Peer-Counseling-Resources.aspx

Oregon Health Authority – Breastfeeding -

https://www.oregon.gov/oha/ph/HealthyPeopleFamilies/Babies/Breastfeeding/Pages/ind ex.aspx

Oregon Breastfeeding Laws https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/BABIES/BREASTFEEDI NG/Pages/Laws.aspx

La Leche League Oregon – <u>https://lalecheleagueoregon.webs.com/</u>

Nursing Mothers Counsel of Oregon - https://nursingmotherscounsel.org/

Northwest Mothers Milk Bank - https://www.donatemilk.org/

OWLA - Oregon Washington Lactation Association https://www.oregonwashingtonlactation.org/

Government organizations' breastfeeding pages

CDC - Centers for Disease Control and Prevention - https://www.cdc.gov/breastfeeding/

USDA Office on Women's Health - https://www.womenshealth.gov/breastfeeding/

USBC - United States Breastfeeding Committee - http://www.usbreastfeeding.org/

WHO – World Health Organization Breastfeeding page - <u>https://www.who.int/health-topics/breastfeeding#tab=tab_1</u>

USDA – WIC Breastfeeding Support - https://wicbreastfeeding.fns.usda.gov/

Breastfeeding and medications

LactMed drug and chemical database for breastfeeding -<u>https://www.ncbi.nlm.nih.gov/books/NBK501922/</u> Hale's Medications and Mother's Milk - <u>https://www.halesmeds.com/</u> Mommymeds app - <u>https://mommymeds.com/</u>

Breastfeeding organizations

- ILCA International Lactation Consultant Association https://ilca.org/
- IBCLE International Board of Lactation Consultant Examiners https://iblce.org/
- BFHI Baby Friendly Hospital Initiative USA https://www.babyfriendlyusa.org/
- LLL La Leche League International https://www.llli.org/
- HMBANA Human Milk Bank Association of North America <u>https://www.hmbana.org/</u>
- WABA World Alliance for Breastfeeding Action https://waba.org.my/

Breastfeeding education reference books

The Womanly Art of Breastfeeding, La Leche League International - <u>https://www.llli.org/resources/womanly-art-breastfeeding/</u>

Breastfeeding and Human Lactation https://www.jblearning.com/catalog/productdetails/9781284151565

The Breastfeeding Atlas (Barbara Wilson-Clay) - https://www.breastfeedingmaterials.com/products/breastfeedingatlas

Core Curriculum for Interdisciplinary Lactation Care https://www.jblearning.com/catalog/productdetails/978128411163

Breastfeeding websites for parents

Kellymom – breastfeeding information from a mom who is also a lactation consultant - <u>https://kellymom.com/</u>

USDA – WIC Breastfeeding Support - https://wicbreastfeeding.fns.usda.gov/

Postpartum Support International - https://www.postpartum.net/

Breastfeeding resources

Stanford videos about breastfeeding with Dr. Jane Morton http://med.stanford.edu/newborns/professional-education/breastfeeding.html Breastfeeding Materials (Barbara Wilson-Clay) https://www.breastfeedingmaterials.com/ Praeclarus Press - http://praeclaruspress.com/ Noodle Soup - https://www.noodlesoup.com/ Childbirth Graphics - https://www.childbirthgraphics.com/ WIC Works Resource System (USDA) - https://wicworks.fns.usda.gov/ Baby Gooroo - https://babygooroo.com/ Breastfeeding art (local artist)- https://www.kmberggren.com/

Breastfeeding Coalitions

Massachusetts Breastfeeding Coalition - <u>https://massbreastfeeding.org/</u> San Diego County Breastfeeding Coalition - <u>https://www.breastfeeding.org/</u> Breastfeeding Coalition of Washington - <u>http://www.wabreastfeeding.org/</u>

Physician association websites

Academy of Breastfeeding Medicine - https://www.bfmed.org/

ABM Statement for Physician Education

American Academy of Family Physicians https://www.aafp.org/about/policies/all/breastfeeding.html

Family Physicians Supporting Breastfeeding Position Paper

American Academy of Pediatrics - <u>https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Breastfeeding/Pages/default.aspx</u>

AAP Position Paper – Breastfeeding and the Use of Human Milk

Infant Risk Center – Texas Tech University Health Sciences Center http://www.infantrisk.com/categories/breastfeeding

Jack Newman, MD - https://www.breastfeedinginc.ca/

Dr. Jay Gordon, MD, FAAP - https://www.drjaygordon.com/

Other professional breastfeeding websites

Breastfeeding online (Cindy Curtis RNC, IBCLC, CCE, CD) - <u>http://breastfeedingonline.com/</u>

Bright Future Lactation Resource Centre (Linda Smith, MPH, FACCE, IBCLC, FILCA) - <u>https://bflrc.org/</u>