## Risk 302 - Gestational Diabetes

## **Risk description**

A pregnant woman who has been diagnosed with gestational diabetes by a health care provider. Gestational diabetes is defined as any degree of glucose or carbohydrate intolerance that first appears during pregnancy. Gestational diabetes usually resolves following delivery. This diagnosis can be self reported.

## **Reason for risk**

Women with gestational diabetes during pregnancy have a greater risk of birth complications and of developing diabetes mellitus after pregnancy. Babies born to women with diabetes are at greater risk of health complications.

Category	Pregnant Women
Risk level	High
At risk if:	Health care provider diagnosed gestational diabetes during this pregnancy
Not at risk if:	Woman has not been diagnosed by a health care provider OR
	Woman had diabetes before pregnancy began (see Risk 343 – Diabetes Mellitus)
How is risk assigned?	Certifier selected from risk list in the data system.
Additional documentation	Referral to the RD is required.