

# Risk 363 - Pre-Diabetes

## Risk description

A postpartum woman (breastfeeding or non-breastfeeding) with a diagnosis of pre-diabetes as diagnosed by a health care provider. This diagnosis can be self reported.

Pre-diabetes is defined as impaired fasting glucose or impaired glucose tolerance characterized by hyperglycemia (high blood sugar) that does not meet the diagnosis of diabetes mellitus.

## Reason for risk

A pre-diabetes diagnosis indicates a high risk of development of diabetes and cardiovascular disease.

<b>Category</b>	Postpartum women
<b>Risk level</b>	High
<b>At risk if:</b>	Pre-diabetes has been diagnosed by a health care provider in any past pregnancy.
<b>Not at risk if:</b>	Pre-diabetes was not diagnosed by a health care provider in any past pregnancy.
<b>How is risk assigned?</b>	Certifier selected from risk list in the data system.
<b>Additional documentation</b>	Referral to the RD is required.