

Job Aid

Risk Summary

This is a list of all approved nutrition risk criteria.

All applicable risks must be selected for each participant at each certification.

All assigned risks must be supported by documentation in the participant's record.

Key Definitions

Risk Number: The USDA assigned number for each risk

Risk Name: The name of each risk criteria

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Additional Action/Documentation: Indicates when additional information must be documented and/or a high-risk referral needs to be made

How Assigned: How the risk gets assigned in the data system

- **TWIST-selected** - The data system assigns risk based on measurement data
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Risk Number	Risk Name	Category	Risk Level	Additional Action/Documentation	How Assigned
101	Underweight Women	Women	Medium	No	TWIST-selected
103	Underweight Infants and Children	Infants, Children	High	Referral to the RD	TWIST-selected
111	Overweight Women	Women	Medium	No	TWIST-selected
113	Overweight Children – 2 to 5 years	Children (2 to 5 years)	Medium	No	TWIST-selected
114	At Risk for Overweight Children - 2 to 5 years	Children (2 to 5 years)	Medium	No	TWIST-selected
115	High Weight for Length Under Age 2 Years	Infants, Children (under 24 months)	Medium	No	TWIST-selected
121	Short Stature	Infants, Children	Low	No	TWIST-selected
131	Low Prenatal Weight Gain	Pregnant Women	Medium	No	TWIST-selected
133	High Maternal Weight Gain	Women	Medium	No	TWIST-selected
134	Failure to Thrive	Infants, Children	High	Referral to the RD	CPA-selected

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135	Infant Weight Loss Birth to 6 months	Infants	High	Referral to the RD	TWIST-selected
141	Low Birth Weight	Infants, Children (under 24 months)	High	Referral to the RD	TWIST-selected
142	Preterm or Early Term Delivery	Infants, Children (under 24 months)	Medium	Document the weeks gestation	TWIST-selected
151	Small for Gestational Age	Infants, Children (under 24 months)	Low	No	CPA-selected
152	Low Head Circumference	Infants, Children (under 24 months)	Low	No	TWIST-selected
153	Large for Gestational Age Infants	Infants	Low	No	TWIST-selected
201	Low Hemoglobin or Hematocrit	ALL	Medium or High	Change risk level to HIGH when appropriate	TWIST-selected
211	Elevated Blood Lead Levels	ALL	High	Referral to the RD	TWIST-selected

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301	Hyperemesis Gravidarum	Pregnant Women	High	Referral to the RD	CPA-selected
302	Gestational Diabetes	Pregnant Women	High	Referral to the RD	CPA-selected
303	History of Gestational Diabetes	Women	Low	No	CPA-selected
304	History of Preeclampsia	Women	Low	No	CPA-selected
311	History of Preterm or Early Term Delivery	Women	Low	No	CPA-selected
312	History of Low Birth Weight	Women	Low	No	CPA-selected
321	History of Fetal or Neonatal Loss	Women	Low	No	CPA-selected
331	Pregnancy at a Young Age	Women	Medium	No	TWIST-selected
332	Closely Spaced Pregnancy	Women	Low	No	CPA-selected
334	Lack of or Inadequate Prenatal Care	Pregnant Women	Low	Document the number of visits and weeks gestation	CPA-selected
335	Multiple Fetus Pregnancy	Women	Medium	Document number of fetuses	CPA-selected

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336	Fetal Growth Restriction	Pregnant Women	Low	No	CPA-selected
337	History of a Birth of a Large for Gestational Age Infant	Women	Low	No	CPA-selected
338	Pregnant Woman Currently Breastfeeding	Pregnant Women	Low	No	CPA-selected
339	History of a Birth with a Congenital Birth Defect	Women	Low	Document specific condition	CPA-selected
341	Nutrient Deficiency or Disease	ALL	High	Document specific condition. Referral to the RD	CPA-selected
342	Gastrointestinal Disorders	ALL	High	Document specific condition. Referral to the RD	CPA-selected
343	Diabetes Mellitus	ALL	High	Referral to the RD	CPA-selected
344	Thyroid Disorders	ALL	Medium	Document specific condition.	CPA-selected
345	Hypertension and Prehypertension	ALL	High	Referral to the RD	CPA-selected
346	Renal Disease	ALL	High	Document specific condition. Referral to the RD	CPA-selected

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347	Cancer	ALL	High	Document specific condition. Referral to the RD	CPA-selected
348	Central Nervous System Disorders	ALL	High	Document specific condition. Referral to the RD	CPA-selected
349	Genetic and Congenital Disorders	ALL	High	Document specific condition. Referral to the RD	CPA-selected
351	Inborn Errors of Metabolism	ALL	High	Document specific condition. Referral to the RD	CPA-selected
352A	Infectious Diseases - Acute	ALL	High	Document specific condition. Referral to the RD	CPA-selected
352B	Infectious Diseases - Chronic	ALL	High	Document specific condition. Referral to the RD	CPA-selected
353	Food Allergies	ALL	Medium	Document specific allergy.	CPA-selected
354	Celiac Disease	ALL	High	Referral to the RD	CPA-selected
355	Lactose Intolerance	ALL	Low	Document the symptoms caused by ingestion of dairy products.	CPA-selected
356	Hypoglycemia	ALL	Low	No	CPA-selected
357	Drug Nutrient Interactions	ALL	High	Document specific drug and symptom. Referral to the RD	CPA-selected
358	Eating Disorders	Women	High	Document specific condition. Referral to the RD	CPA-selected

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359	Recent Major Surgery, Physical Trauma or Burns	ALL	Low	Document specific type of surgery, trauma or burns.	CPA-selected
360	Other Medical Conditions	ALL	High	Document specific condition. Referral to the RD	CPA-selected
361	Depression	Women	Medium	Document type of depression and treatment.	CPA-selected
362	Developmental, Sensory or Motor Delays Interfering with Eating	ALL	High	Document specific type of condition. Referral to the RD	CPA-selected
363	Pre-Diabetes	Postpartum Women	High	Referral to the RD	CPA-selected
371	Nicotine and Tobacco Use	Women	Low	Document type of nicotine or tobacco use	TWIST-selected
372	Alcohol and Substance Use	Women	Medium	Document specific type of alcohol or drug use.	TWIST-selected
381	Oral Health Conditions	ALL	Low	Document specific condition.	CPA-selected
382	Fetal Alcohol Spectrum Disorders	Infants, Children	High	Document type of disorder. Referral to the RD	CPA-selected
383	Neonatal Abstinence Syndrome	Infants	High	Document type of drug exposure and symptoms. Referral to the RD	CPA-selected

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401	Presumed Dietary Eligibility for Women and Children 2 to 5 years	Women, Children (2 to 5 years)	Low	No; not to be assigned if any other risks have been assigned	CPA-selected
411.1	Use of Substitutes for Breast Milk or Formula	Infants	Low	Document specific substitute offered.	CPA-selected
411.2	Inappropriate Use of Bottles or Cups	Infants	Low	Document specific inappropriate use.	CPA-selected
411.3	Early Introduction of Beverages or Solid Foods	Infants	Low	No	CPA-selected
411.4	Inappropriate Feeding Practices	Infants	Low	Document specific inappropriate feeding practice.	CPA-selected
411.5	Feeding Potentially Harmful Foods	Infants	Low	Document specific food.	CPA-selected
411.6	Incorrect Dilution of Formula	Infants	Low	Document specific issue with formula dilution.	CPA-selected
411.7	Infrequent Breastfeeding	Exclusively Breastfed Infants	Medium	No	CPA-selected
411.8	Feeding Very Low Calorie or Nutrient Diet	Infants	Low	Document specific diet.	CPA-selected
411.9	Improper Handling of Expressed Breast	Infants	Low	Document specific issue.	CPA-selected

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	Milk or Formula				
411.10	Inappropriate Use of Dietary Supplements	Infants	Low	Document specific inappropriate use.	CPA-selected
411.11	Inadequate Fluoride or Vitamin D Supplementation	Infants	Low	No	CPA-selected
425.1	Inappropriate Beverages as Milk Source	Children	Low	Document specific beverage.	CPA-selected
425.2	Feeding Sweetened Beverages	Children	Low	Document specific sweetened beverage	CPA-selected
425.3	Inappropriate Use of Bottles, Cups or Pacifiers	Children	Low	Document specific inappropriate use.	CPA-selected
425.4	Inappropriate Feeding Practices	Children	Low	Document specific inappropriate feeding practice.	CPA-selected
425.5	Feeding Potentially Harmful Foods	Children	Low	Document specific food.	CPA-selected
425.6	Feeding Very Low Calorie or Nutrient Diet	Children	Low	Document specific diet.	CPA-selected
425.7	Inappropriate Use of Dietary Supplements	Children	Low	Document specific inappropriate use.	CPA-selected
425.8	Inadequate Fluoride or Vitamin D	Children	Low	No	CPA-selected

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	Supplementation				
425.9	Pica - Child	Children	Low	Document specific non-food items eaten.	CPA-selected
427.1	Inappropriate Use of Dietary Supplements	Women	Low	Document specific inappropriate use.	CPA-selected
427.2	Eating Very Low Calorie or Nutrient Diet	Women	Low	Document specific diet.	CPA-selected
427.3	Pica - Women	Women	Low	Document specific non-food items eaten.	CPA-selected
427.4	Inadequate Iron, Iodine or Folic Acid Supplementation	Women	Low	No	CPA-selected
427.5	Eating Potentially Harmful Foods	Pregnant Women	Low	Document specific food.	CPA-selected
428	Presumed Dietary Eligibility for Infants and Children 4 to 23 months	Infants, Children (4-23 months)	Low	No; not to be assigned if any other risks have been assigned	CPA-selected
502	Transfer of Certification	ALL	Low	No	CPA-selected
601	Breastfeeding Mother of Infant at Nutritional Risk	Women	Low	No	CPA-selected

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602	Breastfeeding Complications or Potential Complications for Woman	Women	Medium	Document the specific type of breastfeeding problem.	CPA-selected
603	Breastfeeding Complications or Potential Complications for Infants	Infants	Medium	Document the specific type of breastfeeding complication	CPA-selected
701	Infant Up to 6 months Old of WIC Mom or WIC Eligible Mom	Infants (under 6 months)	Low	If the mom was not on WIC during her pregnancy, document the risk(s) that would have qualified her for WIC.	CPA-selected
702	Breastfeeding Infant of Woman at Nutritional Risk	Breastfeeding Infants	Low	No	CPA-selected
801	Homelessness	ALL	Low	No	CPA-selected
802	Migrancy	ALL	Low	No	CPA-selected
901	Recipient of Abuse	ALL	Low	No	CPA-selected

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902	Woman or Infant/Child of Primary Caregiver with Limited Ability to Make Feeding Decisions or Prepare Food	ALL	High	Document specific type of problem. Referral to the RD	CPA-selected
903	Foster Care	ALL	Low	No	CPA-selected
904	Environmental Tobacco Smoke Exposure	ALL	Low	No	CPA-selected

