

Respiratory specimens submitted to the Oregon State Public Health Laboratory (OSPHL) for influenza surveillance are part of the Centers for Disease Control and Prevention (CDC)-World Health Organization collaboration. Selected specimens are submitted to CDC for further characterization. The project helps generate a comprehensive understanding of the influenza viruses circulating internationally and informs vaccine development. Your participation in this program is requested and greatly appreciated!

We understand there will be situations when timing of collection or storage and transport conditions mean that a specimen may not be viable once you are able to send it to us; please try to submit as many qualifying specimens as you are able.

Complete instructions for specimen submission can be found at [www.bitly.com/flu-orlab](http://www.bitly.com/flu-orlab), and are summarized here for convenience.

## Specimen Selection:

Oregon Health Authority asks that all Oregon hospitals submit influenza-positive specimens to OSPHL:

1. For all **hospitalized patients**.
  - For the purposes of this surveillance, “hospitalized” is defined as patients admitted to your facility and those who would typically be admitted but who are instead boarded in emergency departments due to hospital capacity constraints.
2. For any specimen exhibiting **atypical features** (e.g., un-subtypeable) for further characterization.

## Specimen Collection:

1. Collect specimens within 3-5 days of symptom onset, and no later than 7 days after onset.
2. Collect an approved specimen type.<sup>1</sup> Use swabs made with a Dacron polyester tip or a flocked swab on a plastic shaft.
  - The following are not accepted for testing: wooden shaft swabs; cotton tip swabs; swabs with calcium alginate.
3. Place swab in the Universal Transport Media (UTM), Viral Transport Media (VTM), or sterile saline tube. **Do not** submit Molecular Transport Media (MTM) because it inactivates the virus and cannot be used for public health surveillance.
  - Break off the shaft, leaving the swab tip inside the tube. If using dual swabs<sup>1</sup>, place both swabs inside the same vial.
  - Tightly secure the cap of the container of media containing the specimen.

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<sup>1</sup> Acceptable Specimen Types:

- Upper Respiratory: nasopharyngeal swab (preferred), nasal swab, throat swab, combination swabs (2 swabs from accepted specimens in one tube).
- Lower Respiratory: nasal aspirate, nasal wash, bronchoalveolar lavage, bronchial wash, tracheal aspirate, sputum, lung tissue.

- Failure to break off swabs will cause media to leak and the specimen will be unsatisfactory for testing.
4. Label the specimen tube.
    - Each tube must be labeled with at least **two** unique patient-specific identifiers (e.g., full patient name, date of birth, patient ID, or medical record number)
    - The identifiers on the tube must match the identifiers provided on the Test Request Form.
  5. Complete the OSPHL Virology/Immunology Test Request Form, available at [www.bitly.com/phl-forms](http://www.bitly.com/phl-forms).

### Test Request Form:

Complete the OSPHL Virology/Immunology Test Request Form, available at [www.bitly.com/phl-forms](http://www.bitly.com/phl-forms). Complete one request form for each specimen tube.

1. **Complete all required fields marked with an asterisk.**<sup>2</sup>
2. For this surveillance, in the Specimen Information section, complete the “Hospitalized?” box.
3. In the “Tests Requested” section, in the “Molecular” box, choose “MOL IA/IB QUAL: Influenza RT-PCR Screen.”<sup>3</sup>

### Specimen Preparation, Storage, Handling:

1. Place the specimen tube in the sealable pocket of the specimen biohazard bag.
  - Be sure that the cap on the specimen tube is securely fastened.
2. Fold requisition for one specimen in half and place it in the outer pocket of the specimen biohazard bag with the patient information facing outward.
  - **Do not** place requisitions in the same compartment as the specimen.
3. Store specimens at **refrigerated temperatures (2-8°C) for up to 3 days** pending transport. Transport the specimen in a container which can maintain 2-8°C during transport, such as a Styrofoam or hard sided cooler with a frozen gel pack.
  - If specimen cannot be tested at OSPHL within three (3) days of collection, freeze the specimen(s), preferably at -70° C, and ship on dry ice as soon as possible.
  - Note: Even though specimens collected into UTM/VTM can often be stored at room temperature, surveillance specimens must maintain cooler temperatures because they may be forwarded to CDC for further characterization, including cell culture.

### Shipping & Contact Information:

#### Oregon State Public Health Laboratory

Virology/Immunology Testing Section

7202 NE Evergreen Pkwy; Suite 100

Hillsboro, OR 97124

503-693-4100

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<sup>2</sup> Required fields include: patient name; date of birth; sex/gender; county of residence; submitting facility; ordering clinician; date of collection; specimen source; test requested

<sup>3</sup> This is the best selection currently on the test request form. However, the CDC SARS-CoV-2 & Influenza A/B Multiplex Real-Time RT-PCR with reflex to sequencing or subtyping or lineage will be performed.