

# SERV-OR Bulletin

## Issue #16: Show Us How You Don, Doff, and ShakeOut!

October 6, 2021

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### Project Firstline: Infection Control Healthcare Worker Survey **NEW**

The Centers for Disease Control and Prevention (CDC) and Oregon Health Authority (OHA) have launch Project



Firstline, a new education program for healthcare infection control. OHA's first goal is to understand which training topics and formats will be most useful for Oregon's healthcare workers, and they want to hear from you!

Let OHA know what kind of infection control training you need. The survey should take approximately 10 minutes to complete, and your responses are anonymous.

Scan this QR code with your smartphone camera to access the Oregon Project Firstline survey.

**OR click below for a direct link to the survey.**

<https://www.surveymonkey.com/r/ProjectFirstlineOR>

### Oregon's Healthcare Worker Vaccine Mandate **NEW**

October 18 is quickly approaching which is the final deadline for all SERV-OR volunteers to be fully immunized against COVID-19 to continue volunteer activity. SERV-OR Organizations/Admins will validate your vaccine status before allowing you to deploy on any missions after October 18, 2021.

**ACTION REQUESTED:** Visit your SERV-OR profile and update your vaccination status in the Deployment Preferences section.

- ✓ For more information:
  - [Governor Kate Brown's announcement on the statewide vaccination requirement](#)

### UPDATES COLUMN

#### Oregon's 2021 Volunteer Activity

Unit	Hours	Deployed Volunteers <small>Duplicative of members who deployed multiple times.</small>	Value of service
State Managed Volunteer Pool	7,932	640	\$184,232
Medical Reserve Corps	32,943	4,977	\$1,400,573
<small>Nothing new to report since last publication (6/4/21).</small>			
<b>Total Oregon</b>	<b>40,875</b>	<b>5,561</b>	<b>\$1,584,805</b>

- ✓ COVID-19 Vaccine Facts can be found [here](#)
- ✓ Vaccination updates can be found [here](#).
- ✓ COVID talking points [here](#). (updated: 09/20/2021)
- ✓ [Subscribe](#) to COVID-19 Health talking points
- ✓ [Request](#) a SERV-OR member badge
- ✓ We want to hear your [stories of service!](#)
- ✓ [Join our development team](#) and let us know ways we can improve the bulletin!
- ✓ [News](#) from the national Medical Reserve Corps office

- **Ruling 333-019-1010**, COVID-19 Vaccination Requirement for Healthcare Providers and Healthcare Staff in Healthcare Settings
- **OHA Healthcare Provider and Healthcare Staff Vaccine Rule FAQs**

## Trusted Messengers: Flu Shot Talking Points **NEW**

By Isna Waqas

Fall is rolling in and the time is here to amplify the importance of flu vaccines! During most influenza seasons, typically running from November to April, **between 10% - 20% of the population is infected with influenza viruses.**

Getting vaccinated is a safe, easy way to prevent seasonal flu, which can lead to severe health issues, missed school and workdays and, in serious cases, hospitalization. Preventing the flu is especially important with Oregon's health system under extraordinary pressure and strain for resources. Flu Bites, Oregon's weekly influenza surveillance report, can be accessed throughout influenza season, October-April. See the final Flu Bites report from the 2020-2021 influenza season [here](#).

### Other resources:

- **Hospital Surveillance Data on Influenza-related hospitalizations in the Portland Tri-County area**
- **HAI Publications and Maps: Healthcare-Associated Infections report**
- **CDC Weekly Influenza Report**
- **Influenza Reporting in Oregon**
- **OHA Flu Prevention**
- **OHA Influenza Surveillance**
- **Oregon Surveillance Data**

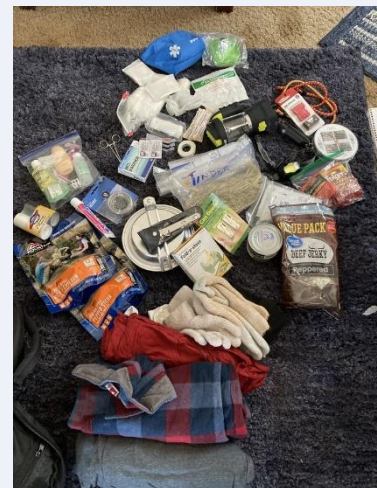
## Stories of Service: Staying Prepared All Year 'Round! **NEW**

By Renee' Menkens, Jeff Rubin

September was National Preparedness Month, but Coos County MRC and CERT leaders are keenly aware that preparing for disasters and less catastrophic disruptions is a year-round activity. Kat Burgess, MRC Team Leader, points out, "We can get complacent in our busy lives and not pay attention to our own need to be prepared for disasters. If a disaster occurs, we will not have time to find our list and put a "go bag" together. We each need to be prepared for ourselves, our family and pets, and our community." Michael Burton, Coos County Public Health Emergency Preparedness Assistant, agrees. He notes that "as leaders, we are responsible for teaching others about preparedness and to be ready!" Kim Singh, CERT Team Leader, adds how important it is "to be ready for an emergency or local disaster anytime."

SERV-OR volunteers should be ready to respond, recognize commonly utilized supplies or equipment while staffing emergency shelters – or simply by caring for their community during and after disasters.

Disruption of routine healthcare adds to and can even exceed the death and injury toll from the initial event.



*Kat Burgess, MRC Team Leader's Bug out Bag*

Instead of a generic emergency kit, focus on *your* needs and aim for being at least **2 Weeks Ready**. Effectively preparing for emergencies and disasters includes:

- Keeping *current* medical histories and medication lists for everyone in the household (many EMS providers offer free forms)
- Identifying personal vulnerabilities (e.g., mobility impairment, dependence on medications)
- Building a reserve of prescription meds
- Storing shelf-stable food that meets your specific dietary needs



*Building a reserve of prescriptions medications for the 2 weeks ready emergency kit John/MTSofan (CC-BY-NC-SA)*

Check out additional information from **OHA**, **OEM**, **Consumer Reports**, and your local services.

## The Great Oregon Shakeout **NEW**

By Isna Waqas

The Great Oregon ShakeOut is an annual opportunity to practice being safer during big earthquakes. The ShakeOut is **organized** to encourage you, your community, or your organization to review and update emergency preparedness plans and supplies, and to **secure your space** in order to prevent damage and injuries.



**This year International ShakeOut Day is October 21!**

- ✓ Find information on how your preparedness organization can participate in the Great Shakeout: **Preparedness Organizations**
- ✓ **Start here** to join the 2021 Great Oregon ShakeOut!
- ✓ You can also find information in **Español**
- ✓ **Frequently Asked Questions**

**These materials are available to you or your organization to support your participation in the ShakeOut and to promote awareness and preparedness.** GSO is an international event and there are so many local takes on earthquake awareness/preparedness. For example, here is a resource created by the city of Vancouver, B.C.: **City of Vancouver: Are You Prepared for an Earthquake?**

- **Drill Manuals and Other Planning Document**
- **Multimedia**
- **Posters/Flyers**
- **Additional Flyers**
- **Web and Social Media Banners**
- **Educational Resources**

## Online Training Modules **Updated**

Find training opportunities **here** which will be updated regularly. Please continue to check it throughout the month!

You can also visit the [SERV-OR Trainings page](#) for links to the foundational training series for Disaster Medicine and Public Health Core Competencies, FEMA Incident Command courses, and more!

## Volunteer and Job Opportunities Updated

- **Mental Health Supervising Registered Nurse - Oregon State Hospital** (Salem) Fulltime, Application deadline- 10/17/2021
- **Licensed Practical Nurse - Oregon State Hospital Junction City Campus**, Fulltime, Application deadline-10/13/2021
- **Behavioral Health Data Analyst (Research Analyst 3)**, (Portland) Fulltime, Application deadline- 10/11/2021
- **RDPO Weekly Update**, contains information on current job openings. (Application closing dates vary depending on week)
- **Oregon Health Authority State and County jobs** (Dates vary depending on openings)
- For more volunteer opportunities, events, and petitions near you check out [Made to Save](#)

## SERV-OR FAQs: Booster Shots Updated

Provided by Sophie Miller-Desart and Isna Waqas

- ✓ Updates on COVID-19 Booster Shots?
  - Vaccines continue to be the safest and most effective way to protect from COVID-19 hospitalizations and deaths. The following people who were vaccinated with the Pfizer vaccine are now eligible for a booster six months after their second shot:
    - People 65 and older should get a booster
    - People living in a long-term care facility should get a booster
    - People 50-64 with underlying medical conditions should get a booster
    - People ages 18-64 with underlying medical conditions or who are a higher risk of exposure to the COVID-19 virus due to where they live, or work may get a booster
  - Boosters are not yet recommended for people who received the Moderna or Johnson & Johnson vaccines. A CDC decision about Moderna and Johnson & Johnson boosters is expected soon
    - [English website](#)
    - [Spanish website](#)

*Contributors to this bulletin include Isna Waqas, Renee' Menkens, Jeff Rubin, Daniel Hughson, Paul Kaplan, and Sophie Miller-Desart. Thank you so much to this team for all their efforts!*

### SERV-OR Mission

The mission of the State Emergency Registry of Volunteers in Oregon (SERV-OR) and Oregon's MRC network is to ensure health and well-being, educate, and protect all people in Oregon by recruiting, registering, training, exercising, and deploying licensed volunteer health professionals to support local, tribal, and statewide public health initiatives, health and medical needs during public health crises, and to improve access to preparedness education and resources for all individuals and communities.