



## Kein jibañ in Kōmadmōd Fentanyl im Opioid ñan Jikuul ko Jambol in letā/email ñan rijikuul im baamle ko

**Kōjerbal letā/email in ñan jibañ am kōlablok melele kin uwōta ko remaron walok jen riabin batin ko emōj karre fentanyl im uwōta ko rej walok jen kōjerbal opioid.** Ba lok bwe rijikuul im baamle ko ren jelā ta ritel ro an jikuul rej kōmmāne ñan kejbarok im jibañ jodikdik, im bareinwōt ia eo ren etal nañe ñan ebōk jibañ im melele ko relablok.

**Jikin naan in melele eo kwōmaron likūti:** Melele kin Uwōta ko Rej Walok jen Fentanyl im Riabin Wūno Batin ko

Ñan Rijikuul im Baamle ro,

Jikuul in ad ej kaurok ejmour im ainemmon an rijikuul ilo aoleb jermal ko kim ej kōmmāni. Kim ej jeje waj in kwalok abnōnō ko kin wūno kajur in fentanyl im opioid. Wūno kajur kein rej kakkure armij ro ilo jukjukinbed in ad. Kim ej kōjatdikdik melele in enaj jibañ kejbarok rijikuul.

**Ta uwōta eo?** Kajojo wiik, tarrin 5 armij in Oregon rej mij jen aer jorrāān jen wūno kajur. Ilo tōrre in, riabin wūno batin in opioid ewōr fentanyl rej likūt iloan ewōr ilo aoleben Oregon in. Riabin wūno batin kein elukkun lab aer kauwōtata. Juon wūd in wūno batin emaron kōmman an lab joñan an armij eo ej bōke.

**Ta in opioid?** Opioids rej wūno kajur ko rej kadiklok an armij emenono im kōmman an armij mejki. Ekoba morphine, oxycodone, dilaudid, im heroin iloan opioid ko. Fentanyl ej bar juon opioid eo ekajur: joñan eo edik einwōt jet mōttan pok in iar ko remaron kamije juon armij.

**Etke armij rej kōjerbal opioid ko?** Taktō ro remaron kōmelim bōk opioid ñan wūno in metak. Jet jodikdik ak likao im jiroñ rej kajeoñ wūno kajur kinke rekōnaan jelā kake. Jet armij rej kōjerbal wūno kajur bwe renjab enjaake lomnak ko rej inebata kaki. Opioid ko rej kōmman añur.

**Ta in naloxone? Naloxone (einwōt ad bar jelā ej Narcan) ej juon wūno eo rej lelok kin butik ilo boti ak wā ñan an mokaj an jibañ an juon armij eo ediklok an maron emenono** ak ebojrak an emenono kin an lab an kar bōk fentanyl, opioid ko taktō ear kōmelim an bōki ak heroin. Ej jino walok Naloxone iloan 2-3 minit im emaron bed iomwin 30-90 minit. Jet ien rej lelok naloxone eo kein karuo elañe aikuj ñe kakōlkōl ko rebar walok kin an lab joñan aer bōke wūno kajur in. Ñe kwōjelā kajeen juon armij eo ej kōjerbal opioid ko, jouj im lomnak ak jibwe juon Narcan ibbam im lolorjak an wōr mweo imōm. Kwōmaron bōk melele ko relablok kin wāween am bōke Narcan im wāween am kōjerbale ijin: [Jibañ kin Narcan ñan Ro Emōj aer Jorrāān jen Opioid](#).

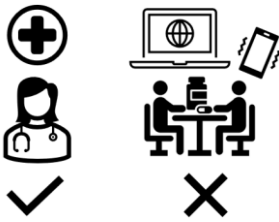

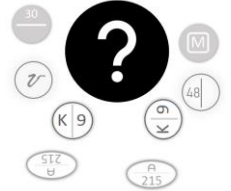
**Ta eo jemaron kōmmāne?** Jouj im kenono kin abnōnō ko am ibben rijikuul ro nejum im ro jet raurok ibbam. Ewōr melele ko raurok ilo letā in, im melele in kajinet kin wāween am kōmadmōd ñe elab joñan an bōke, im link ko ñan mennin jibañ ko. Jouj im kwalok melele kein ibban jabdewōt eo emaron aikuji.

Elab am kea kin ejmour im kejbarok eo an kajojo rijikuul ilo jukjukinbed in jikuul in ad. Kim jelā ke ebin kenono kin men kein. Armij eo emmontata am kebaak elañe ewōr am kajitōk ej:  
**(Likūt Woñ ñan Kebaak ilo Jikuul).**

Lewaj iakwe eo emaanan,

**(Likūt etan Burinjibal/Ritel eo an Elab an Jikuul in Kien/Rijerbal eo ej Kōmadmōd Jerbal in Jibañ ko ikijen Ejmour an Jikuul)**

## Eñin ej jet melele ñan kwalok ibben rijikuul im baamle ko:

	<p><b>Wūno batin ko jen ro mōttam, im wūno batin ko kwōj wia online ak jen social media, rejab men ko renaj kejbarok kwe.</b></p>	<ul style="list-style-type: none"> <li>• Ñe wūno batin eo ej itōk jen jabdewōt armij eo ejab taktō ak rijerbal in jikin wia wūno, jab bōke. Emaron riabin wūno batin.</li> <li>• Ejellok wāween kejbarok raibin wūno batin ko. Kajojo wūno batin ko emaron oktak joñan wūno kobban. Aoleb kajojo riabin wūno batin ej mennin uwōta.</li> </ul>
	<p><b>Wūno batin ko taktō ej kōmelim ñan juon armij aikuj armij eo wōt ej kōjerbale, im ilo jejjetin joñan im ien an taktō eo kwalok.</b></p>	<ul style="list-style-type: none"> <li>• Jab bōki wūno batin ko emōj an taktō kōmelim ñan bar juon armij ak ro kwōj bōki jen ro mōttam ak jikin ko jet.</li> <li>• Oktak aoleb armij. Juon wūno batin eo emmon ñan an juon bōke emaron kauwōtata ñan bar juon.</li> <li>• Jabdewōt wūno batin emaron kauwōtata ñe ebōd bōke, einwōt ñe elab joñan ak elab an ikūt.</li> </ul>
	<p><b>Riabin wūno batin ko rej einwōt molin wūno batin ko.</b></p>	<ul style="list-style-type: none"> <li>• Juon riabin wūno emōj karre fentanyl emaron jabdewōt kalor in. Ekkā aer kalor būlu, kuriin, ak kalor mera ko.</li> <li>• Jet riabin wūno batin ko ewōr kakōlle ko ie einwōt molin wūno batin ko. Jet rej kakōlle kin “M30,” “K9,” “215,” ak “V48.” Riabin wūno batin ko emaron wōr kakōlle ko jet ie ak ejellok kakōlle.</li> </ul>



**Jikuul im baamle ko rekōnaan jibañ.**

- Ejellok bōd kajitōk jibañ.
- Rijikuul ro rej ba ñan kim rej kōjerbal wūno kajur, ak kajitōk jibañ, ebañ wōr kaje ñan er.
- Rijikuul ro remaron kenono ibben  
**\_\_\_\_\_ (Likūt etan rijerbal: koonjelor eo an jikuul, rijerbal in social work eo an jikuul, nōōj eo an jikuul, burinjibol, rijerbal ro an SBHC),** ak bar juon rūtto eo remaron kenono ibben.
- Ñe juon rijikuul ewōr an lomnak kin an bed ilo uwōta ak ejelā kajeen juon eo ej lomnak ebed ilo uwōta, remaron kwalok inebata ko aer ilo aer etal ñan [safeoregon.com](https://www.safeoregon.com) ak kūrlok ak text 844-472-3367.

**Eñin ej kōmadmōd ko ñan bōki ñe kwōnaj kamool an juon jorrāan jen wūno kajur ilo mweo imōm ak jukjukinbed:**

**KILE: Jelā kakōlle ko kin an lab an juon bōke opioid:**

- Diklok iju in māj
- Dik, merā, ak ejab emenono
- Rokrok ak nortak
- Ebin an ruj ak ejab ruj
- Elab joñan an addeboulul
- Molo im tutu kilin
- Kalor kurae ak būlu kilin, akiin bein ak tien

**KŌMADMŌD: Ñe ewōr lomnak elab an juon kar kōjerbal opioid, kūrlok 9-1-1 ilo ien eo wōt.**

Im bareinwōt kōmmāne laajrak ko ñe kwōmaron:

- Lale joñan paam im emenono eo an armij eo ejajelokijen.
- Kaju jinoe am lelok CPR elañe ejellok paam ak ejab emenono.
- Lelok naloxone (Narcan) ilo ien eo emokajtata.

Kwōmaron bōk melele ko relabok kin wāween am ebōk naloxone (Narcan) im wāween am kōjerbale ilo am lale peij eo an Oregon Health Authority [Narcan Rescue for Opioid Overdose \(Jibañ kin Narcan ñe Elab Kōjerbal Opidoid\)](#) .

**Eñin ej jet website ko remaron jibañ:**

## Jibañ ñan rijikuul im baamle ko

- 8 Melele in Jibañ ñan am Kenono ibben Jodikdik eo Nejum kin Arkool im Wūno Kajur ko Jet ear kōmman jen ibben Safety First.
- Jorrāān ko ibben Jodikdik Jen Aer Kōjērbal Wūno Kajur mennin jibañ kin kōmadmōd im kemourour jen Oregon Health Authority
- Jibañ an Baamle ko Lelok Jibañ (Helping Families Help) Mennin jibañ ko, kumi ko, katak in kaminene, im jibañ ko jet ñan jibañ baamle ko kin añur
- Burokraam ko ilo Oregon ñan Bōbrae an Jodikdik Jab Bōk Mour ko aer Make

## Melele kin opioid ko, fentanyl, im jibañ kin naloxone/Narcan

- [Riabin im Kōmman Mij](#): Kōtōbar im melele ko kin fentanyl/riabin wūno ear kōmman jen Beaverton School District (Bukon in Jikuul eo an Beaverton)
- [Emōj Karre im Rej Kōmman Mij](#): Kōtōbar eo an Bukon eo an King, Washington ear kōmman ñan katakin jodikdik ro kin uwōta ko ilo aer wia wūno batin im bouta ko remaron karre kin fentanyl
- [Song for Charlie](#): Juon doulul in jibañ juon baamle ej kōmadmōde im ejab bijnej ear jutak ñan an leto letak melele kin “fentapills.”
- [Peba in Melele kin Uwōta ñan Jukjukinbed Ebrol 2022](#) jen Oregon High Intensity Drug Trafficking Area (Jikin eo ej lale ito tak in wūno kajur ko relab ilo Oregon, HIDTA)
- [Jibañ in Naloxone ñan ro elab aer kōjērbal opioid](#) mennin jibañ ko jen Oregon Health Authority

## Lain in Jibañ

- Lain in Bōbrae jen an Armij Bōk Mour ko aer Make an Aoleben Aelon eo iomwin 24 awa (Lines for Life ej kōmadmōde): 1-800-273-8255
- Kebaak **Lines for Life**: ilo am text “273TALK” ñan 839863 (ewōr jibañ ko ikijen text jen Mande – Bolaide 2-6 awa alikin raelab, awa in Pacific).
- **Lain in Text ilo len Jorrāān 24/7**: Text “OREGON” ñan 741741.
- [Youthline](#) ej juon lain in jibañ ilo ien jorrāān ñan an jodikdik eo kenono ibben bar juon jodikdik. Kall ae 1-877-968-8491 ñe ejab text “teen2teen” ñan 839863.

Kwōmaroñ bōk beba in ilo bar jet kajin, jeje ko relab, jeje ko an ribilo ak ilo juon wewein ko kwōkōṇaan. Kebaak Ashley Thirstrup ilo 503-720-2557 ak [ashley.thirstrup@dhsosha.state.or.us](mailto:ashley.thirstrup@dhsosha.state.or.us). Kimij ebōk aolep kall ko rej itok kin kein jibañ ak kwōmaroñ jibed 711.