

# VACCINE RESOURCES: PROTECT YOU AND BABY

## LEARN ABOUT VACCINES

### Vaccine safety

- Article: Safety of [recommended pregnancy vaccines](#)
- [FAQ](#): Vaccine safety during pregnancy
- Video: [Are vaccines safe?](#)
- [Parents' guide](#): Vaccine safety
- Article: are [COVID-19 vaccines safe](#) during pregnancy?

### How vaccines work

- Video explaining [how vaccines do their job](#)
- Articles on [what vaccines do](#) and [how they are made](#)

### Vaccine workshops for parents

- [Free community workshops](#) where you can ask a medical provider anything and everything about vaccines

### More vaccine resources

- Vaccine info videos & FAQs ([click and scroll down](#))
- Vaccine [resource bank](#)



### Recommendations from:



## I'M PLANNING FOR...



### BEFORE OR DURING PREGNANCY

#### Why get vaccinated?

- [Why vaccinate](#) while pregnant?
- Common [questions from parents](#)

#### Recommended vaccines

- Find my [vaccine record](#)
- Thinking about pregnancy? [Before-pregnancy vaccines](#)
- Vaccines to get [during your pregnancy](#)
- [Information](#) about recommended vaccines (and [more info!](#))
- COVID-19 vaccines and pregnancy: [What to know](#)

#### Vaccinating [other members](#) of my family

What do [naturopathic doctors](#) say about vaccines during pregnancy?



### AFTER BIRTH

#### Vaccines & breastfeeding

- [COVID vaccine recommendation](#) for breastfeeding
- [Story from a breastfeeding doctor](#) about her vaccine decision

#### Vaccines for babies

- [Why](#) vaccinate babies?
- [Vaccine schedule](#) from 0-15 months