



Fact Sheet

July 29, 2019

Bleeding Control Training and Response in Oregon

WHAT: The Oregon Health Authority's (OHA) Health Security, Preparedness and Response (HSPR) program with the Oregon Emergency Medical Services and Trauma Systems (EMS/TS) program are endorsing the skills and principles of bleeding control with curriculum developed by BleedingControl.org called Stop the Bleed (STB). The Stop the Bleed campaign was created to inform, educate and empower civilians to recognize life-threatening bleeding. STB trains civilians to rapidly respond by treating with direct pressure, wound packing and a tourniquet.

WHO: This course is designed for anyone physically capable and willing to perform proper bleeding control techniques. Victims of severe hemorrhage from a work or household injury to an active threat event, can die from uncontrolled bleeding in a matter of minutes. Trained civilians can act as an immediate responder and save lives.

HOW/WHERE: Training may be conducted by a wide-range of medical personnel (www.bleedingcontrol.org/about-bc/faq) who have attended STB training and registered as an instructor at BleedingControl.org. Some Medical Reserve Corps (MRC) members and many EMS and fire service agencies in Oregon have received STB training. Please contact your local MRC unit (<https://mrc.hhs.gov/FindMRC>), EMS or fire service agency, or local hospital to inquire about trainers and trainings in your community. You may also find a bleeding control course in your area on the class search page (cms.bleedingcontrol.org/class/search).

FAQs:

I have taken a first aid course, isn't that enough? While many first aid courses touch on bleeding control, STB is a two-hour course that focuses solely on controlling massive bleeding with the use of direct pressure, wound packing and tourniquets. The STB course would build upon training received in a first aid course.

How can I get a bleeding control kit? You may create your own kit using materials recommended by BleedingControl.org that you purchase or may already have available. You may also purchase pre-assembled kits from the BleedingControl.org website or other medical supply vendors and retailers.

Where should bleeding control emergency response kits be located? It is recommended that a bleeding control kit be located with an Automated External Defibrillator (AED). If you work or

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volunteer in a space (with or without an AED) and do not have a bleeding control kit, you may start the conversation about adding a bleeding control kit to your first aid equipment. Individuals may also carry bleeding control kits on their person (i.e. in their car, purse or backpack).

Do classes or instructor certifications cost anything? No. There is no charge for training or for course materials, which are available for download at BleedingControl.Org. Registering as an instructor is also free, once you have taken a STB course and qualify as an instructor (please see the website for details).

I am an instructor, but I do not have a training kit. How can I get one? OHA has provided each Area Trauma Advisory Board (ATAB) with a training kit. Kits have also been awarded to several rural law enforcement agencies and Medical Reserve Corps groups. Please visit [Training on Lifesaving Treatment Protocols -Stop the Bleed](#) to see a list of where the kits are.