

## ATAB 1: Mental Health, Crisis Lines and Child Welfare Office Contacts

County	Mental Health Organization	General Access Number	Crisis Number	DHS Child Welfare
<b>Clackamas</b>	Behavioral Health Division	503-742-5335	503-655-8585	503-731-3404 N. Clackamas 971-673-7200 Oregon City
<b>Clatsop</b>	Clatsop Behavioral Healthcare	503-325-5722	503-325-5724	503-325-9179
<b>Columbia</b>	Columbia Community Mental Health	503-397-5211	866-866-1427 (after hours)	503-397-3292
<b>Multnomah</b>	Multnomah County Behavioral Health	503-988-5887	503-988-4888	971-673-6800 Alberta 971-673-2100 East County 503-674-3610 Gresham 971-673-1800 Midtown
<b>Tillamook</b>	Tillamook Family Counseling Center	503-842-8201	503-842-8201 or 800-962-2851	503-842-5571
<b>Washington</b>	Washington County Behavioral Health	503-846-4528	503-291-9111	503-646-7234 Beaverton 503-648-8951 Hillsboro
<b>Yamhill</b>	Yamhill County General Behavioral Health	503-434-7523	844-842-8200	503-472-4634

### Parenting Support, Early Childhood and Family Services

**211info**

Parenting support, early childhood, and family services  
 CALL: **211** or **1-866-698-6155** and listen for the “parenting” option  
 TEXT: “children” or “ninos” to **898211**  
 EMAIL: [children@211info.org](mailto:children@211info.org)  
 WEBSITE: <https://www.211info.org/family/>

**Oregon Family to Family Health Information Center**

Children and youth with special health needs  
 CALL: **855-323-6744** (English) **503-931-8930** (Español)  
 EMAIL: [contact@oregonfamilytofamily.org](mailto:contact@oregonfamilytofamily.org)  
 WEBSITE: <https://www.ohsu.edu/oregon-family-to-family-health-information-center>



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Oregon and National Crisis Lines	
<p><b>988 Suicide &amp; Crisis Lifeline</b>                      Available 24/7: suicide prevention and crisis resources                      CALL/TEXT: <b>988</b> (English &amp; Español)                      CHAT: <a href="https://988lifeline.org/chat/#specialized_services">https://988lifeline.org/chat/#specialized_services</a> (available to all, but especially useful for persons who are deaf or hard of hearing)</p>	<p><b>YouthLine</b>                      Available 24/7: teen-to-teen crisis and help line                      Teens respond 4-10pm Monday-Friday                      CALL: <b>877-968-8491</b>                      TEXT: “<b>teen2teen</b>” to <b>839863</b></p>
<p><b>The Trevor Project</b>                      Available 24/7: crisis intervention and suicide prevention for LGBTQ young people under 25                      CALL: 1-866-488-7386                      TEXT: “<b>START</b>” to <b>678678</b></p>	<p><b>Veterans Crisis Line</b>                      Available 24/7: suicide prevention and crisis resources                      CALL/TEXT: <b>988</b> (English &amp; Español)                      CHAT: <a href="https://988lifeline.org/chat/#specialized_services">https://988lifeline.org/chat/#specialized_services</a> (available to all, but especially useful for persons who are deaf or hard of hearing)</p>

