

# Kapasen eureur me sekining ngeni ekewe chon wisen anganga ei angangen insurens

Porous sipwe esinei ngeni ekewe chon neuneu  
OHP me ekewe ekkoch re neuneu Medicaid ren  
angangen for sefanin ekewe aninis ngenir



**KEEP  
COVERED**

Tumunufichi me  
neuneueoch ngeni  
noumwe aninisin  
medical ika

## **Tonong non kinikinin ekei tetenin porous:**

Osonapen porousan non ewe ToolKit ngeni ekewe chon anganga ei angang (nge ren om background information, kosap pwan mwut ngeni ekkoch repwe sinei)

- Met sia menei faniten ekewe aramas mi wor neur OHP me pwan ekewe ekkoch aninisin Medicaid
- Met sia menei faniten ekewe aramas ese chiwen torir ewe aninis
- Met sia menei faniten ekewe aramas remi nom won Medicare ika ekewe ra keran chok tori ier 65
- Met sia menei faniten ekewe aramas remi nom won ekewe long term services me aninis
- Met sipwe sinei faniten ekewe aramas mi wor neur aninisin mwongo.

Kapas esinesin ngeni ekewe aramas

Neuneun kapasen won fon nupwen ar fos ngeni aramas

Kinikinin porous ren ekewe simpung ika email

Chunga me porous auchea akan katou won asepan ngeni aramas

Kapas/Porous won nouch kewe mecha (website) won fon (text/SMS) me pwan nenien porous won nouch kewe mecha nefinen aramas apwan iten (chatbot)

Esinesin won ekewe flyer faniten porous auchea me ren ekewe sukun open houses, me kunokun angang noun ekewe rakan wisen aninis, me pwan ekewe ekkoch.

# **Menapen porous ren ekewe community partners: (chiechiach kewe rakan aninis ne anganga non community)**

Ekei porous epwe faniten an epwe anisi chiechiach kewe rakan aninis non ewe community, nge esapw ngeni ekewe aramas (ika members).

## **Met mi fis ren faniten chiechiach kewe chon aninis ne anganga non ewe community**

Nupwen fansoun ewe COVID-19 public health emerechensi, ewe federal government a mutatai Oregon epwe awora ekewe ekkoch aninis ngeni ekewe aramas. Aramas ra angei watten aninis mwongo mi katou ngenir non ewe fansoun, ra chok pwan sopwenoi ne neuneu nour kewe insurance non ewe fansoun samaw ter, ina mwo ika pwe reser chiwen nom non uruurun met repwe fori.

## **For sefanin ewe anisinin Medical**

Ewe ennukun non ewe fansoun samaw ter a mwuchuno fan ewe April 2023. Sia menei nge meinisin re nom non Oregon repwe for sefani nour kewe Oregon Health Plan (OHP), Medicare Savings Programs me Medicaid Long Term Care Services me aninis ngeni ekewe aramas remi ter inisir me ekewe aramas ra kan mwukeno. Ei toolkit epwe ngeni kich chomong information ika porous auchea fanitan ekei programs me epwe ifan om kopwe tongeni anisi ekewe aramas ne for sefani nour kewe anisinin insurance me pwan ekewe ekkoch aninis mi tou ngenir.

Oregon mi fori an anganga an epwe anisi chomong aramas repwe tumwun. Napengeni aramas repwe chok chiwen sopweno ewe aninis ngenir, nge ren ekkoch aramas iwe epwene ekesiwin ika mwuchuno. Mi pwan wor ekkoch sokkun ekiek faniten ekei aramas remi need anisinin medical. Nge aramas repwe anganga met repwe fori faniten ar repwe angei ekei tufich ika aninis mi kawor.

Aramas mi wor neur ewe OHP ika ekewe ekkoch anisinin Medical repwe apungufichi ar kewe address, pwe sipwe tongeni kokkorir ika tour ngenir ach sipwe kapas ngenir faniten ar angangen for sefan nour kewe insurens.

Ika pwe a tori ena fansoun ekewe aramas repwene for sefan, ina epwe torir echo ika napeseni echo taropwe fengen me porousan ar kewe case ren kewe aninis mi totorir. Ewe taropwe epwe afata ew me nein ekei metoch mi afat fan ei, ren met ekewe aramas repwe fori mwirin:

1. Epwe apunganoi ika pwe ekewe aninis ngenir epwe chok sopwosopwono. Iwe ese pwan need repwe ponuwani sefani ewe taropwe a torir.
2. Epwe eureurok faniten met kopwe fori ren ekewe aninis ekan kawor ngonuk. Ei mi tongeni epwe 2 sokkun taropwe, ew naman epwe fen eureurok ren ekewe aninis afen for sefan nge kechok need kopwe tinanong ekkoch taropwe (information) remi need repwe wanong non noumwe insurens, iwe ena echo epwe aporousa-eochu met ekewe metochun (taropwe) ika information kopwe send, iwe epwe ifan sokkun om kopwe tongeni sentini ika tinanong non ekewe offes.
3. Ew epwe fen taropwen faniten an epwene ekesiwin ekewe aninis ngenir ika epwene fen mwuchuno, iwe a eureurer repwene pwan kuta ew insurensin aninis me nukun epwe a keukuno senir, ika ewe rese chiwen neuneu.

Mi fokkun eucha ekei aramas meinisin remi nom won ei insurens repwe en me pusin katon-eoch en me noun taropwen case summary, faniten ika epwe wor met repwe esinenong non ewe offes ren met epwe ekesiwin ika repwe fen apungufichi ar kewe information. Awewe chok ren ar income (moni tonong), ren ar address (ian ewe ra nonomw ie non ei fansoun), ika pwe mi pwan wor ew insurens me nukun ewe OHP remi kan neuneu seni, me fitemon chochon non imwer kewe.

Ekewe taropwe afen poputa ne katou seni iei, iwe epwe tori nukanapen ier 2024. Chiechiach kewe chon aninis non ewe community, community partners ra tongeni katon won ewe Medical Renewals Experience [Timeline \(ew website, non fosun Merika, epwe aiti ngenir met epwe fis non ena fansoun angangen for sefanin ekei aninis\)](#) Sipwe weweiti ewe ranin ekewe metoch epwe fis me angangan non ekan raan mwach. Ekei ranin a for faniten ekewe chon aninis non ach kewe community rakan iteni assisters, ra angei ar sukun me awesi ar training faniten ar repwe aninis non ei angangen for sefan ren ewe insurens me pwan ekewe ekoch aninis. Ei esapw ngeni ekewe aramas (members) pwe ngeni chok ekewe chok remi train (assisters).

## **Ekesiwinin won ewe aninisin Mongo**

Non ewe fansoun COVID-19 ewe samaw ter, aramas rakan angei watten aninis mwongo, mi nap seni met remi kan akangei me akkomw. Ekei aninisin mwongo a mwuchuno. Ekoch ekewe aninisin Supplement Nutrition Assistance Program (SNAP) a mwo keukuno iwe nge epwe pwan poputa sefan.

*Ach onotan ika anean epwe faniten aramas chomong repwe chok sopweno ne torir ekei aninis ren ewe insurens health plan. Kich mi etiwa kemi me menei ami aninis.*

## **Sekining an ekewe (community partner) chon aninis non ewe community ika sopw me neni.**

Wisn ekewe chon aninis non ewe community, mi wor auchean wisomwe ne aninis ngeni ekewe aramas faniten ar repwe chok sopweno ne torir ewe aninisin insurens. **Ikei met ka tongeni fori om kopwe aninis:**

- Kopwe nengen fichi ngeni ekewe aramas repwe apungufichi ar kewe mailing address, nampan nour fon, ar kewe email address. Pwe sipwe sinei pwe mi toureoch ngenir nour kewe taropwen for sefanin ekewe aninis.
- Achema ngenir repwe checheki nour taropwe seni State. Tungorer repwe aneani nour kana taropwe inet chok fansoun a torir, iwe fori met eureurer me non masowan ekewe taropwe a apasa. Ekei taropwe afen poputa katou seni iei epwe tori nukanapan enan ier 2024.
- Aronga ngeni ekewe aramas ifan anen ar repwe kuta aninis ren ar repwe for sefani, ika kokonong ren met mi need epwe ekesiwin.
  - Tota online won ena [benefits.oregon.gov](https://benefits.oregon.gov)
  - Kokkori ena nampa 800-699-9075 non weekdays seni 7am nesosor ngeni 6pm nekunion. Kich mi etiwa chon kokonong mi wor ar tufichingawen kapas, ika pung seninger. Kuta kewe nampan fon ika ke mi need aninis non fosun fonuwomwe pusin won ena [benefits.oregon.gov](https://benefits.oregon.gov). Mi eoch kopwe chok koko me nesosor nap seni om koko nanowas feino ngeni nukunion.

- Kuta ew kewe local offes, ika community partner me won na [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov)
  - Ekewe chon aninis non ewe community remi tongeni neuneu ekei direct links ar repwe kuta ekewe aninis online.
    - Faniten ekewe local offes: [oregon.gov/dhs/offices/pages/one-services.aspx](https://oregon.gov/dhs/offices/pages/one-services.aspx)
    - Faniten ekewe (chon angang non ewe community ika ewe sopw) community application assisters: [oregonhealthcare.gov/gethelp](https://oregonhealthcare.gov/gethelp)
- Anisi ekewe aramas repwe fori met nour kewe taropwe a eureurar repwe fori. Iei pachenong ar repwe amasowa ika awora porousen ar kewe information (iter, nour nampan fon, ian ra nonom ie), amasouwa ewe taropwen for sefanin insurens, ika fen fori ew ranin repwe chufengen me emon ekewe chon angang ren ar repwe interview ika porous won nour kewe taropwe.
- Achema ngeni meinisin ar repwe katon ar kewe case summary ika porousen nour kewe insurens, me met mi ekewin won. Awewe chok ren ena mi wor ekewin won, repwe awora met mi ekewin won ren ar moni tonong, ar address ika ia ra nonom ie non ei fansoun, ika pwe apwan wor ew nour insurens me nukun ei OHP, me fitemon chochon non imwer kewe.
- Pwan sopwei ne kuta ekewe ekkoch aninis ngeni ekewe aramas ren ar repwe kuta ekei anisin insurens me won ewe Oregon Health Insurance Marketplace ika aninis mwongo me non ewe sopw (ra tongeni repwe kuna me won ei [needfood.oregon.gov](https://www.needfood.oregon.gov)) ika pwe ekewe aninis ngenir epwe fen kouno ika kukununo ekewe aninis mei totou ngenir.

## **Pwan ekkoch porous auchea ekewe chon angang non ewe sopw ika community repwe sinei:**

### **Met mi eoch sipwe sinei me weweti faniten ekewe aramas mi wor nour OHP me ekewe ekkoch anisin Medicaid:**

Non Oregoniei mi sopweno ne nengeni fichi ion mi chiwen tufichin nounou ewe insurens seni ewe popun maram April 2023 ngeni nukunapan ier 2024.

- Aramas repwe chok chiwen sopweno ne angei ekewe aninis insurens tori an epwe pwan wor angangan for sefan.
- Napengeni ekewe aramas remi chok tufichin sopweno nour kewe aninis insurens
  - Ekkoch aramas rese chiwen tongei tufichin nounou ewe insurens iwe ra tongeni repwe kuta ew ne apply ew pwan insurens me nukun ei.
  - Ekkoch aramas sipwe mwut ngenir tamenon fansoun epwe kan tou ngenir ewe aninis tori fan nan maram June ier 2024
  - Esapw meinisin aramas epwe katou ngenir ekei taropwe fan ew chok. Ekewe chon aninis non ekewe community ika sopw/neni repwe tongeni sinei fitemon keukun ekewe aramas repwe for sefan nour kewe insurens. Ika pwe esapw en emon ekewe assister ika chon aninis won ekei insurens ngeni aramas, ka tongeni tota kuta aninis won ei [oregonhealthcare.gov/gethelp](https://oregonhealthcare.gov/gethelp).



Aramas io mi wor noun ei OHP me pwan ekewe ekkoch aninis Medicaid epwe wor nour taropwe me porousen nour kewe insurens ngeni ar kewe pwor ika mail seni ewe mwun Oregon “State of Oregon” nefinen ewe popun maram April 2023 me nukanapan ier 2024. **Mi auchea pwe aramas epwe apungueochu ar kewe mailing address (ian ra nonom ie/ika ian ekan sa ngeni ian nour taropwe), nour nampan fon, me email address pwe epwe tongeni toureoch ngenir ekei taropwe.** Kopwe katon met mi afat me asan non nouch ei taropwe om kopwe sinei met kopwe fori om kopwe apungu om kewe information.

- Ekei taropwe epwe eureurok met repwe fori mwirinon.
  - Ekokoch aramas ese pwan wor met repwe fori, non nour kana taropwe ina epwe pusin era non.
  - Ekokoch aramas ina epwe afata pwe ewe aramas epwe awora ika wanong porous mi need repwe pachenong non nour kewe taropwen insurens.
  - Ekokoch aramas repwe amasow sefan ewe taropwen insurens.
  - Ekokoch aramas epwene wesino ika mwuchuno ewe aninis insurens ngenir, iwe repwene kuta ew insurens me nukun ei.
- Meininis aramas repwe katon ar kewe case summary ika porousen nour kewe insurens, me met mi ekesiwin won. Awewe chok ren ena mi wor ekesiwin won, repwe awora met mi ekesiwin won ren ar moni tonong, ar address ika ia ra nonom ie non ei fansoun, ika pwe apwan wor ew nour insurens me nukun ei OHP, me fitemon chochon non imwer kewe.
- Ekewe aramas mi kan tou ngenir ekei aninis remi tongeni pwan angei ar aninis ne fiti met eureuren nour kei taropwe, repwe fiti met ekei mi afat me asan.

## **Met ekei aramas repwe weweiti me sinei ren ika pwe a mwuchuno ekei aninis mi tou ngenir:**

Meininis epwe torir echo taropwen esinesin non 60 raan mwemwan ika pwe epwene wor ekesiwin won nour ewe insurens ika epwene fen mwuchuno ewe aninis ngenir.

- Ika mwo pwe ekewe aramas rese chiwen tufichin neuneu ewe OHP ika pwan ekewe ekkoch aninisin Medicaid seni ewe state, iwe nge mei pwan wor ekoch aninis. Mi auchea repwe ponueni nour kewe taropwe pwun ewe state epwe anisi ngenir ekewe ekoch aninis.
- Aramas repwe katon fichi nour kana taropwe ren met masowan. Ika pwe mi wor met mi mwan me won, repwe mwitir kokori ONE customer service center a nampani 800-699-9075 ar repwe apungueochu met mwemwen an ete fen mwuchuno ewe aninis ngenir. (meininis chon kokonong seni ekewe mi kan wor tufichingawen inisir, ren ar kapas me rong ngeni kapas, iwe kich mi pwan etiwa. Kuta aninis non fansoun ekis won ena [benefits.oregon.gov](https://benefits.oregon.gov).)
- Ika pwe met porousan won ekewe taropwe nge mi pung ngeni om uruwonieochu porousan, nge ke nuku nge mi fich ngonuk om kopwe neuneu ei aninisin insurens, iwe kopwe ereni ewe state pwe epwe wor ar apung won. Ren om kopwe fori ei, iwe erenir pwe epwe wor om arongorong won ei wewe. Ren tichikin porousan iei en mi tongeni katon ikei [oregon.gov/oha/HSD/OHP/Pages/Appeals-Hearings.aspx](https://oregon.gov/oha/HSD/OHP/Pages/Appeals-Hearings.aspx)
- Ekokoch aramas repwene mwuchu senior ekewe aninisin meomeon Medicaid ren ekewe rakan aninis ngenir ekewe mi kan need aninis non imwer ika non ekan nenien tumun akan iten Long-term services, me aninis seni ewe mwun Oregon ren ewe Oregon Department of Human Services. Aramas ion mi nonom won ena Long-term services nge ika mi wor ar kapaseis ika osukosuk ren ekena services ika epwene kouno senior, iwe repwe fos ngeni nour kewe case manager ika ekewe chon anisir.

Aramas mi pwan wor ekkoch ekiem repwe tongeni fori faniten nour kewe insurens:

- **Ekewe aramas remi tongeni tufichin neuneu ewe Medicare.** Kokori ewe Social Security Administration a nampani 800-772-1213 om kopwe tongeni tota ika emon epwe anisuk om kopwe neuneu, kokonong om kopwe fori om ranin appointment non ew ar kewe local offes. Aramas rapwan tongeni apply won line (online) won ei [ssa.gov/medicare/sign-up](https://ssa.gov/medicare/sign-up). Ika remi tongeni no ngeni ena [OregonHealthcare.gov/GetHelp](https://OregonHealthcare.gov/GetHelp) ar repwe kuta emon ekewe ra kan aninis won ena Medicare insurance ika emon ekewe rakan aninis non ewe Senior Health Insurance Benefits Assistance Program (SHIBA). Ika repwe fen kokori SHIBA a nampani 800-722-4134.
- **Aramas ion rese tufichin nom won Medicare repwe cheki ika pwe chochon non imwer kewe remi neuneu insurens seni ar kewe nenien angang nge mi meo-eoch ese meomwong.** Repwe fos ngenir nour kewe meinap ika ewe offesin Human Resources Department mwemwen epwe mwuchuno nour ewe insurens OHP. Epwe pusin wor na fansoun katonongen ren aramas repwe neuneu insurens, ika pun rese chiwen neuneu ewe OHP.
- **Aramas ion rese tufichin neuneu Medicare ika an ewe aramas ewe nenien angang remi tongeni meoni ew kewe insurens mi meo-eoch seni ewe Oregon Health Insurance Marketplace.** Ei niwin mi tongeni tori chok \$1 ew maram. Mi tongeni epwe meoni unumach safei, ach churi nouch tokter, ach no ngeni ekewe clinic non chok ewe ranin, me pwan ach nuwing pioing me pwan ekewe ekkoch.
- **Aramas ion ese chiwen neuneu ewe OHP, ra tongeni tota sign up ren ena Marketplace inet chok fansoun a mwuchuno nour ewe insurensin OHP.** Aramas ra chok tongeni apply chok memwan epwe fen mwuchuno ewe OHP, pwe esapw pwan wor pwangenon nefinen ewe aninis epwe kouno me poputan ewe ew insurens repwene neuneu non ewe fansoun, iwe nge ra tongeni apply poputa seni iei tori fan July 31, 2024.
  - Ren om kopwe sinei tichikin, tota won ei [OregonHealthCare.gov](https://OregonHealthCare.gov) ika kokori 833-699-6850 (ese kamo, kich mi pwan etiwa ekewe chon kokonong mi wor terin inisir ren ar rongorong me kapas).
  - Remi pwan tongeni no ngeni ewe community partner ika emon ekewe ra kan wisen aninis won insurens ar repwe churi ren ewe insurens ika fen kokori chok ewe chon angang. Om kopwe tongeni kuta ion ika ian ekei ra arap ngonuk ika, kopwe tota won ei [OregonHealthCare.gov/GetHelp](https://OregonHealthCare.gov/GetHelp).

## **Met kopwe sinei ren ekewe aramas remi neuneu Medicare ika ion kewe ra tori ier 65 non ewe fansoun samaw ter**

Medicare ew insurens noun ekewe aramas ra ier 65 me ekewe ra mwukeno ika ekewe mi pwan wor tufichingawen inisir (disabled). Ekkoch aramas remi tongeni wor nour OHP me pwan ekewe ekkoch aninisin Medicare.

- Ekkoch aramas remi nom won OHP iwe mwirin ra poputa ne nounou ei Medicare atun ewe fansoun samaw ter. Remi neuneu ei OHP seni non ewe fansoun samaw ter, ei sa kan eita ngeni “full dual” ei aninis pokiten ra neuneu me ruu Medicare me ewe “full” OHP insurens.
- Aramas remi tongeni repwe pwan neuneu ewe aninis ren Medicare Savings Programs mi tongeni epwe anisi ne meoni ekewe meomeon Medicare.

Meininis remi need repwe for sefani nour kewe insurens. Chomong aramas repwe interview ika churi emon ekewe aramas chon angang ar repwe porous fengen won met sokkun aninis remi tongeni ika tufichin neuneu.

- Remi tongeni repwe angei anininis meon Medicare Part B premiums, ren oruen aninis ngenir, nge mi chok sopwosopwono ar chok nom won ewe dual mi pachenong chekin safeien/ tumunun ngii me ekewe nonemerechensi ren chitosa ika waan ewe aramas ngeni an safei me non ekewe pioing ika clinic.
- Ika en mi need aninis ren om nom non imwomw ika ekewe nenien tumun, iwe kopwe kapas eis ren ena rakan eita ngeni long term care services and support.

Ekewe aramas ese chiwen wor nour OHP ra tongeni no kuta pwan ew aninis won OregonHealthcare.gov/GetHelp. Ikena ra tongei kuna pwan ian emon insurens agent ika chon aninis won insurens ika emon ekewe rakan pwan aninis me non ewe Senior Health Insurance Benefits Assistance Program (SHIBA). Remi tongeni kokori ewe nampan SHIBA a nampani 800-722-4134. Ekei aramas ra kan wisen aninis ra tongeni kuta ngenir meni insurens epwe eochu ngenir repwe neuneu ren Medicare.

Aramas ion re need repwe sign up ar repwe neuneu ei Medicare ra pwan tongeni kokori ewe Social Security Administration a nampani 800-772-1213 ar repwe chok apply won fon ika fen chunong non ew ekewe local offes. Ra pwan tongeni apply Medicare won line ika mi tufich, [ssa.gov/medicare/sign-up](https://ssa.gov/medicare/sign-up).

- Mi auchea an aramas repwe sign up ika neuneu ei Medicare insurens non ei fansoun katonongen chon neuneu, ren ekewe 7 maram a no, nge repwe poputa 3 maram mwemwan repwe ier 65. Remi pwan tongeni sign up repwe neuneu 6 maram mwemwen epwe mwuchuno nour ewe OHP.
  - Ika emon aramas ese tikeri na fansoun re sign up won Medicare nupwen a tori ier 65, iwe epwene chok mwtir sign up me iei. Ika pwe ese tikeri an epwe sign up nupwen a ier 65, ika non ewe fansoun 6 maram a mwuchuno noun ewe OHP, iwe ina epwene pwan meoni meon me nukun ika pakingin an mang ne sign up, ra kan eita ngeni late enrollment penalty.
- Ika pwe mi wor nour insurens seni ar kewe nenien angang iwe rese pwan need repwe meoni ena paking ika meomeon ar mang ne sign up won ei Medicare. Kose mochen kopwe kokori Medicare ren om kopwe sineieochu porousan ren ei.
- Cheki ren om kopwe sinei tichikin porousan won ei [medicare.gov/basics/costs/medicare-costs/avoid-penalties](https://medicare.gov/basics/costs/medicare-costs/avoid-penalties).

## **Met kopwe sinei ren aramas remi nom won ewe long term services and supports ren ekewe chinap ika ra mwukeno mi pwan wor tufichingawen inisir:**

Medicaid long-term care mi pachenong ekewe angangen anisi aramas ren nukun inis, anisi ren pekin safeien/tumunun tupwu, me ar ekiek pwan anisir ren tufichingawen inisir ren mokutun inisir ren nonomwur non ar nonom anein manawer. Ei aninis epwe anisir iteitan ren nonomwur non imwer me met remi need fansoun meinisin, met rese tufich ngenir ar repwe pusin anis ngenir.

- Aramas ra tongeni angei ika tour ngenir ekei aninis me non imwer kei ika non ewe sopw, ika non ekewe nenien tumwun, nenien tumwun chinap, me ekewe rakan pwan anomwur ekewe rakan mang ar ekiek.



Ekei aramas remi neuneu ei Medicaid long-term care services remi need repwe for sefani nour kewe OHP ren ekewe aninis me long term care services. **Ekei aramas repwe apungu fichi ar kewe contact information (itt, nampan fon, me address) pwe sipwe tongeni tour ngenir ika sipwe kapas ngenir faniten nour kei insurens.** Repwe checheki nour taropwen for sefanin OHP non ar kewe pworun posto.

- Ewe aramas mi tongeni epwe makei/ ika era pwe emon “Authorized Representatives” emona a wesen nuku pwe as a friend (chiechian) ika chochon non imwan pwe epwe kan anisi ngeni ne fori noun na renewal taropwe ika taropwen for sefanin ewe OHP. Ika pwe ewe aramas a makei emona pwe epwe wisen kakapas fanitan, iwe epwe wisen kokonong faniten ewe aramas ne apungu an contact information (*itt, nampan fon, ian e nonom ie*).
  - Taropwen Authorized representative non fosun Merika:  
[sharedsystems.dhsola.state.or.us/DHSForms/Served/me0231.pdf](https://sharedsystems.dhsola.state.or.us/DHSForms/Served/me0231.pdf)
  - Taropwen Authorized representative non fosun Spanish:  
[sharedsystems.dhsola.state.or.us/DHSForms/Served/ms0231.pdf](https://sharedsystems.dhsola.state.or.us/DHSForms/Served/ms0231.pdf)
- Aramas ion mi nom won ena long term care mi wor nour case manager. Ra tongeni pwan kokori nour kewe case manager pwe repwe anisir.
- Mwirin an a for sefan nour kewe insurens, ekewe aramas repwe churi ekei metoch mi afat me faan:
  - Ika pwe remi chiwen tufichin neuneu ewe insurens, epwe tufich pwe epwe wor ekewin won nour kewe long-term care services, nge nour kewe insurens ren OHP epwe chok sopwosopwono.
  - Ika pwe rese chiwen tufichin neuneu ewe insurens OHP ren an akon wate ar moni tonong, iwe neur ewe OHP me pwan ekewe ekoch aninis me ewe long- term care services epwene mwuchuno.
- Ika pwe mi kisino ika epwene mwuchuno ewe aninis ngeni nge ewe aramas mi nuku pwe ewe state e mwanino ren met ita re ekieki ngeni noun ewe aramas ewe insurens, iwe ewe aramas epwe fori ew an arongorong ika pwe ese tipe ew ngeni. Ikei met mi tongeni fori me ikei won line: [oregon.gov/oha/HSD/OHP/Pages/Appeals-Hearings.aspx](https://oregon.gov/oha/HSD/OHP/Pages/Appeals-Hearings.aspx)
- Ika pwe a wor ekewin ngeni noun ewe aramas ewe insurensin OHP ika ewe long-term care services iwe mi tongeni epwe pwan ouosukosuka ren imwer ewe ika housing. Ekewe aramas remi nom non ekewe nenien long-term care ika non ekewe nenien remi mumunong non, ika nom non ekewe nenien in-home caregivers, iwe repwe fos ngeni nour kewe case manager ren anen ar repwe tongeni chok anomwu me sopweno chok ekewe services ika aninis ngenir.

## **Met kopwe sinei ren ekewe aramas mi totou ekewe mongon aninis ngenir:**

Non ewe fansoun COVID-19 Public Health Emergency ekoch aramas ra kan tou ngenir mwongon aninis mi fen somwono ika wate seni met remi akangei me akomw. Ekei prokramen mwongon emerchensi a mwuchuno ika wesino:

- **SNAP Emergency Allotments:** Ekewe aramas mi kan tou nour SNAP Emergency Allotments iteiten maram seni ewe April 2020 – February 2023. Ekei aninis a mwuchuno fan ewe March 2023. Ikei tichikin porousan ikei:  
[oregon.gov/dhs/ASSISTANCE/FOOD-BENEFITS/Pages/Emergency-Allotments.aspx](https://oregon.gov/dhs/ASSISTANCE/FOOD-BENEFITS/Pages/Emergency-Allotments.aspx))

- **Pandemic EBT me Summer P-EBT:** Ekei aninisin mwongo ewe ekan tou ngeni ekewe semirit, pokiten epwe anisi nonomwun ekewe semirit epwe torir mongo mi eoch non ewe fansoun semwenin COVID-19 a wor. Ei aninis saingon an katou, iwe fan ewe May 31, 2023 a mwuchuno. Ikei tichikin porousan ikei:  
[oregon.gov/dhs/ASSISTANCE/FOOD-BENEFITS/Pages/P-EBT.aspx](https://oregon.gov/dhs/ASSISTANCE/FOOD-BENEFITS/Pages/P-EBT.aspx).)

Ekoch ekewe met kewe remi kan need repwe fori faniten ar repwe neuneu SNAP, mi mwo kouno non ewe fansoun COVID-19 Public Health Emergency. Iwe iei ekei ennu apwan ekesiwin:

- **Keukun fansoun ei SNAP:** Ren ewe rekan angang faniten an epwe chok sopwosopwono an tou ewe aninisin SNAP ngenir kewe aramas, iwe a poputa sefan, iei ewe a kan iteni (ABAWD) ika Able-bodied Adult without Dependents, epwene **poputa seni July 1, 2023**. Ekei aramas re nom won ei repwe chok fori wiser ne angang ika tiwenon chok met rese tongeni angang ren — faniten ar repwe angei wate seni non 3 maram non ewe unungat ier. Ekoch neni me ekewe Tribal Lands rese pwan need repwe angang. Ikei tichikin porousan ikei:  
[oregon.gov/dhs/ASSISTANCE/FOOD-BENEFITS/Pages/P-EBT.aspx](https://oregon.gov/dhs/ASSISTANCE/FOOD-BENEFITS/Pages/P-EBT.aspx).
- **Tiwenon chok ekewe chon sukun mi wate ar sukun ren nour SNAP:** Ekewe ennu ekan anisi chomong chon sukun ren aninisin ener mongo a mwuchuno.
  - **Minafon cases** (minafon katonong) repwe chok chiwen tipitipin nom won ekewe ennu tori fan June 10, 2023. Nge ongoing cases **ekewe remi fen pusin nom neuneu ewe aninis** remi tongeni neuneu tori mwuchunon June 30.
  - Mwirinon July 1, 2023, ekewe cases mi chok sopwosopwono remi chiwen chok sopweno ne neuneu ika cover, fan nurun ekewe ennu ren chok non ewe mwochomwochen fansoun, tori an epwe pwan tori fansoun for sefan.

Sipwe tingor ngeni ekei aramas repwe no ngeni ena [needfood.oregon.gov](https://needfood.oregon.gov) me [alimentos.oregon.gov](https://alimentos.oregon.gov) ar repwe kuta kewe aninisin mwongo ngeni won sopwur kewe ika ekewe neni ra nonom ie. Ekei website mei wor ekan flyer me social media cards chienach kewe chon angang ei angang repwe pwan ineti fetanei ika esine fetanei. Mi pwan wor ekan communications toolkit fengen me sakkopaten aninis non kapasen fonu.

*Faniten ekewe aramas mi kan ter inisir ika ekewe aramas mi tufichingawen kapas non merika, sa tongeni awora ekewe porous non ekoch taropwe mi maken non pusin fonuwer, me ekewe taropwe mi mesemwong ika braille. Kokkori 503-945-5488 (kich mi pwan anisi ekewe chon kokonong rese tongeni rong kapas ika rese tongeni kapas) ika tota won ena [feedback@odhsoha.oregon.gov](mailto:feedback@odhsoha.oregon.gov).*

## Porous faniten ekewe aramas re neuneu OHP me ekewe chon neuneu pwan ekkoch aninis

Kose mochen atoura fetan ei porous ngeni ekewe aramas re nom won OHP me ekewe re angei aninis Medicaid, an epwe anisir ar repwe sopweno ne tumunu fichi ekewe aninis an epwe chok sopwosopwono ngenir esapw ukuno:

- For sefanin ekewe insurens ren Oregon Health Plan (OHP) me ekewe ekkoch aninisin Medicaid. Iei Oregon mi anganga an epwe anisi ekewe aramas repwe chok tufichin sopweno ne neuneu ewe insurens. Napengeni ekewe aramas repwe chok chiwen sopweno ne neuneu ewe aninis. Mi wor fitu ekiem faniten ekewe aramas remi need repwe neuneu ewe aninisin medical. Nge mi eoch repwe mwitir anganga ne fori.
- Mi wor noum OHP ika ekewe aninisin Medicaid, usun Medicare Savings Program ika pwan ekewe ekkoch aninis ren ekewe aramas ra mwukeno me ekewe mi kan wor terir? **Kopwe cheki fichi pwe ewe state Oregon mi anomwu aomwe address. Iwe noum kewe taropwe seni ewe state Oregon, omw kopwe for sefani noumwe insurens coverage, iwe kopwe mwitir ngeni ne fori mine met ra eureura ngonuk kopwe fori.**

### Sopwosopwun chok pwan tichikin ren met repwe fori:

- Ewe kon auchean met kopwe fori, **iwe kopwe cheki omwe address epwe pung, pun ewe state Oregon epwe tin ngonuk noum taropwen for sefanin ewe insurens.**
  - *(ngeni chienach kewe chon anganga ei angang: Ika pwe en emon kewe certified assister rakan wisen aninis won ei OHP me Medicaid, iwe kopwe esine ngeni ekewe aramas repwe apungufichi ar kewe address) won nour kewe information won met e mak won nour kewe insurens.*
  - Ka tongeni angei ekewe porous ren om kopwe ifa ngeni ne apungusefani om ewe address me kuta ew offes ika emon ekewe chon ekewe community partner non ewe sopw mi arap ngonuk, tota won ei [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov).
    - Ei website anomwu meinisin ekewe porous tichikin ren nampan fon me pwan ekewe sakkopaten links kopwe tongeni no ngeni en mi need kopwe weweiti me sinei.
  - Ka pwan tongeni repotei met epwe ekesiwin me ponuwani ekewe taropwen for sefanin insurens won line won ei [benefits.Oregon.gov](https://www.benefits.Oregon.gov).
  - Ika, ka pwan tongeni kokori 800-699-9075 non weekdays seni 7 a.m ngeni 6 p.m. Meinisin chon kokonong ren ekewe mi tufichingaw ren inisir ren ar pekin rongorong me kapas, kich mi etiwa. En mi pwan tongeni tungor aninis ren pusin kapasen fonuomw won ei [benefits.oregon.gov](https://www.benefits.oregon.gov). (Ren chon kokonong non fosun merika, iwe epwe mwochomwoch fansoun utiwit ika pwe e koko kunok 7 nesosor me kunok 8 nesosor.)
- **Kopwe chok checheki omwe pworun posto iteitan**, ren noum taropwe seni ewe state Oregon. Ekei taropwe a tou chok seni ewe iei feino ngeni nukunapan nan ier 2024. Esapw meinisin repwe angei nour kei taropwe non ew chok fansoun ika atun. Kopwe chok sopweno ne cheki noum taropwe tori an a toruk noum.

- Ika pwe a war noumwe taropwe, **kopwe mwitir fori met ewe taropwe a mak kopwe fori**. Ei epwe anisuk esapw pwan wor nusunon nefinen ewe aninis epwe tou ngonuk. Ka tongeni kuta aninis ese kamo ren om kopwe weweiti fichi noum kewe taropwe, iwe ka fori met repwe erenuk kopwe fori. No ngeni na [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov) Ika kokori 1-800-699-9075 om kopwe sinei ian kopwe tongeni kuta aninis me ian.
  - *(Ngeni ekewe chon anganga ei angang: ika pwe en emon certified assister ren om aninis ren OHP me Medicaid, anisir om kopwe anisir ne anea ngenir nour kewe taropwe, iwe ar repwe pwan ponuwani nour kewe taropwe)*

## Sopwosopwun tichikin porous ren ekewe taropwe ren met epwe fis mwirin:

Epwe toruk ewe taropwe me ewe case summary, ina epwe aporousok ren met ekewe aninis kopwe angei seni noumwe insurens. Anea-eochu ewe case summary ren noun emon me emon chochon non imwomwe.

Noum na taropwe ina epwe afata ekei metoch non:

- A fen for sefan noumwe OHP ika ekewe ekoch aninis Medicaid. Katon fichi ekewe information won ika mei pung. Esine ngeni kich ika pwe mi wor met mi sokono me non, ika met mi need epwe fen siwin me non.
- Ke need kopwe awora pisekin pwarata ren information ika pwe kopwe chiwen tufichin neuneu ei aninisin insurens. Ina epwe afata met sokkun information kopwe awora ika fen ew fansoun repwe churuk/kapas ngonuk ren interview ren noumwe insurens. Epwe tufich pwe epwe napeseni echo chok taropwe. Remi ngonuk 90 raan om kopwe ponuwani noumwe taropwe. Ena taropwe epwe eureurok met kopwe fori.
- Noumwe OHP ika ekewe pwan ekoch aninisin Medicaid a ekewin, ika kose fen chiwen tufich neuneu. Ika pwe e fis ngonuk ei, iwe epwe toruk akomw ew taropwen esinesin, 60 raan memwan epwe mwuchuno noumwe OHP. Sipwe tini ngonuk ekoch pwan porous om kopwe pwan tufichin kuta ew aninisin insurens me nukun ei ika kose tongeni chiwen neuneu.

**Ika pwe en ika chochon non omwe famini rese chiwen tongeni neuneu ei OHP**, iwe epwe akomw toruk echo taropwen esinesin 60 raan memwen epwe mwuchuno ewe aninis, Ika pwe fis ngeni kemi ei, iwe ikei met ekoch ekiek sa mochen nge kopwe fori:

- **Epwe tufich pwe kopwene tongeni neuneu Medicare**. Kokori ewe Social Security Administration a nampani 800-772-1213 om kopwe apply won fon ika fen chunong non ew ar kewe local offes. En mi pwan tongeni tota amasow won line [ssa.gov/medicare/sign-up](https://ssa.gov/medicare/sign-up). Ka pwan tongeni no ngeni [OregonHealthcare.gov/GetHelp](https://OregonHealthcare.gov/GetHelp) ren om kopwe kuta emon chon angang ngeni ekewe pekin insurens ika emon seni ekewe Senior Health Insurance Benefits Assistance Program (SHIBA). Ika repwe fen kokori SHIBA a nampani 800-722-4413.
- **Ika pwe kose tufich nom won ei Medicare, iwe kopwe katon ika epwe fen wor noum insurens seni om we nenien angang epwe eoch meomeon om meoni**. Kopwe awora om fansoun kopwe fos ngeni noumwe meinap ika chon non ewe offesin Human resources department memwen epwe fen mwuchuno noumwe OHP.
- Ika pwe ese pusin wesen tufich om kopwe neuneu insurens seni Medicare me seni omwe nenien angang, **ka tongeni kuta ew kewe insurens seni ewe Oregon Health Insurance Marketplace**, ka tufichin chok meoni keukun \$1 no ew maram.

- Ngeni ekewe aramas ra mwuch senir nour OHP, ra tongeni sign up ren Marketplace inet chok fansoun a arap epwene mwuchuno nour kewe OHP. Aramas ra tongeni apply chok me iei, memwen epwe mwuchuno ewe OHP, pwe esapw pwan wor pwangenon nefinan ewe aninis mi tou ngeni aninisin ekei aramas, iwe ra tongeni apply seni iei tori July 31, 2024.
- Ekei insurens aninis a tongeni epwe anisi kich ren meon unumach safei, om churi noum tokter, om nuwing pioing me pwan ekewe ekkoch. Ren tichikin porous, tota won ei [OregonHealthCare.gov](https://OregonHealthCare.gov) ika kokori 1-833-699-6850 ( ese kamo, nge kich mi pwan etiwa chon kokonong, ekewe mi wor tufichingawen inisir ne kapas me rongech fos.) Ka pwan tongeni churi ew ekewe community partner ika chon angangen ewe insurens ren ar repwe anisuk, ese kamo om kopwe churir won inis, ika koko chok won fon. Ren om kopwe kuta ekewe mi arap ngonuk non ewe neni ka nom ie, tota won ei [OregonHealthCare.gov/GetHelp](https://OregonHealthCare.gov/GetHelp).
  - *(ngeni ekewe chon ani ei angangen OHP assister: kopwe fokkun aniniseoch ngeni ekei tapin non ewe community ika pwe mi wor chon need aninis faniten ekei)*

## Kapasen won Fon/ Nounoun kapas kopwe neuneu won Fon

*Mi wor noum chon angang a wisen kan ponuweni chon kokonong ren Oregon Health Plan (OHP) ika ekewe ekoch aninisin Medicaid. Kopwe neuneu ei kapasen won fon an epwe anisi ekewe aramas rakan anisir ren for sefanin nour kewe insurens.*

Angangen for sefanin ewe insurens Oregon Health Plan (OHP) me pwan ekewe ekkoch aninisin Medicaid. Oregon mi anganga an epwe tumunu meinisin chomong aramas ika pwe mi tufich. Chomong aramas repwe chok chiwen sopweno ne wor nour ewe aninisin insurens. Mei wor ekkoch ekiek faniten ekewe aramas remi need aninisin medical, nge mi eoch kopwe anganga me fori.

En mi mochen kopwe neuneu ewe OHP me pwan ekewe ekkoch aninisin Medicaid, pwan usun chok ewe Medicare Savings Program? Ekei aninis ngeni ekewe mi ter me ekewe ra mwukeno, usun rakan anisir ekei aramas mi need an ekkoch repwe tumunur iteitan raan me non imwer ika ekewe nenien tumun?

***(Ika pwe Ewer):*** Iwe kopwe apungufichi me cheki-eochu omwe address chon ewe state ren Oregon re sinei. Iwe ika pwe a tori noum ewe taropwen kopwe for sefan ren insurens, kopwe mwithir fori mine a mak kopwe fori.

### En mi mochen kopwe sopweno ne kaeo?

1. **Epwe a fen siwin omwe addressin posto, ika noum nampan fon ika email address seni fan ewe April 2020?** Ika pwe ewer, Iwe upwe eureurok ifan om kopwe apungufichi om kewe contact information. En mi mochen kopwe chok sopweno ne kaeo? (ika ewer, katon “an aramas, ion mi mochen repwe apungu ika ekewini ar kewe contact information,” fan ei) *aneani ena a mak faan nouch ei taropwe ren ei wewe.*
2. **Cheki omwe pworun posto ren noum taropwe seni ewe state Oregon.** Noumwe taropwe me case summary epwe erenuk met kopwe fori. Ekei taropwe a tou iei, epwe pwan sopwo-sopwono tori nukunapan nan ier 2024. Esapw meinisin aramas epwe tou nour taropwe fan ew chok non ei fansoun, nge ina popun kopwe chok nom ne checheki omwe pwor ren taropwe mi eueha.



**3. Fori mine met ewe taropwe a mak fanitan.** Ewe taropwe epwe aporousok met kopwe fori. Ika mwo pwe kose chiwen nom won ei OHP me pwan ekewe ekkoch aninisin Medicaid, mi auchea kopwe chok pwan ponuwani ekei taropwe seni state. Ir mei tongeni anisuk ar repwe kuta ngonuk pwan ew aninisin insurens me nukun ei.

- Ika pwe a tour ngonuk noum taropwe, ka tongeni kuta aninis seni ekewe chon wisen anganga me aninis faniten ei insurens, ese pwan kamo. Ren om kopwe weweiti eochur me sinei met kopwe fori ngeni. Ka tongeni kuta emon aramas ra kan anisi aramas, ika kokorir chok won fon. Ka tongeni kuta ekewe aninis mi chok arap ngonuk won ei [KeepCovered.Oregon.gov](http://KeepCovered.Oregon.gov).
- Ika pwe en mi need aninis nge ke mochen fos ngeni emon faniten noumwe OHP me pwan ekewe ekkoch aninisin Medicaid, ka tongeni angei emon chochon non omwe famini ika emon chiechiom, epwe wisen anisuk. Mi tongeni epwe wisen noumwe “authorized representative”.

### **Faniten ekewe aramas mi mochen aninis ren ar repwe siwini ar kewe contact information (*iit, address me nampan fon*):**

Mi wor om internet access?

- Kopwe repotei met mi ekewin won line ikei [benefits.Oregon.gov](http://benefits.Oregon.gov). Ka pwan tongeni sign up won na pwe epwe kan wor text ika email epwe esine ngonuk ren inet ra tini noumwe taropwe, iwe ka sinei inet kopwe cheki ika epwe tour ngonuk. Nupwen a tour ngonuk noumwe taropwe, ka pwan mwitir ponuwani.
- No ngeni na [KeepCovered.Oregon.gov](http://KeepCovered.Oregon.gov) ren anen om kopwe kuta emon epwe anisuk, ika online ika won fon.
- Ka pwan tongeni kuta ew ekewe offes ika community partner ra arap ngonuk [KeepCovered.Oregon.gov](http://KeepCovered.Oregon.gov).

Ika, ka pwan tongeni:

- Kokori 800-699-9075 non weekdays seni kunok 7a.m ngeni 6 p.m. Meinsin chon kokonong, kich mei etiwa, pwan mwo ekewe mi wor tufichingawen inisir ne kapas me rongorong. Kich mi pwan tongnei anisi ion aramas, non fansoun meni fonu a mochen. --- Kuta ewe nampan fon ren aninisin non kapasen ekkoch fonu me nukun kapasen merika, won ei [benefits.oregon.gov](http://benefits.oregon.gov). Om koko chok me kunok 7 a.m me 8 a.m pwan ina mwitirin ar anisuk pwokiten epwe mwochomwoch fansoun om kopwe uti an emon epwe anisuk won ewe fon.

Ika kemi mochen pwan sinei tichikin porous ren ese nifinin me pwan menei sokopaten aninis iwe, kopwe no won ei [KeepCovered.Oregon.gov](http://KeepCovered.Oregon.gov).

## **Ifa usun om kopwe aea ewe email ika taropwen news:**

### **Itenapemwongun won ewe email ika ewe taropwen news:**

Mi wor noum ewe OHP ika pwan ekewe ekkoch aninisin Medicaid? Anganga pwan tumunu ewe aninisin insurens, om kopwe chok sopweno ne neuneu.

## Kapasen ewe Email ika Taropwen news:

Mi wor noum ewe OHP ika pwan ekewe ekkoch aninisin Medicaid, usun pwan chok ewe Medicare Savings Program ika ekewe services me supports faniten ekewe aramas mi teer me ekewe ra mwukeno?

Angangen for sefanin ewe insurens iei a poputa ren ewe Oregon Health Plan (OHP) me pwan ekewe ekkoch aninisin Medicaid. Oregon mi achocho ngeni an epwe tumunu aramasen non Oregon unus, ika epwe tufich ngeni. Napengeni aramas repwe chok chiwen sopwosopwono ne neuneu ei aninis. Mi pwan wor ekkoch ekiem ngeni ekewe aramas remi mochen repwe pwan neuneu ei aninis, nge mi eoch repwe anganga pusin.

Kopwe cheki eochu ika pwe mi pung om na address, ena chon ewe state Oregon ra kan sinei. Iwe epwe pwan tour ngonuk noum taropwen for sefanin ewe aninisin insurens seni ewe State Oregon, iwe ka mwitir fori mine met ra makei kopwe fori.

**Ewe kon euechan metoch kopwe fori, iwe kopwe chok apungufichi om na address**, pwokiten ewe state repwe tongeni tour ngonuk ren porous. Ka tongeni fori ei pusin won om ika kuta ekewe aninis ese pwan fokkun kamo ar repwe anisi ngonuk ifa sokun.

- Kuta ew kewe offes ika community partner a arap ngonuk won ei [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov).
- (Ngeni ekewe chon angang ngeni ei pekin insurens: ika pwe en emon certified assister, kuta ewe bullet a nom asan ren ewe invitation ren ar repwe kokoruk ren aninis.)
- Kopwe repotei won line won ei [benefits.Oregon.gov](https://www.benefits.Oregon.gov).
- Kokori 800-699-9075 non weekdays seni kunok 7a.m ngeni 6 p.m. Meinsin chon kokonong, kich mei etiwa, pwan mwo ekewe mi wor tufichingawen inisir ne kapas me rongorong. Kich mi pwan tongnei anisi ion aramas, non fansoun meni fonu a mochen. --- Kuta ewe nampam fon ren aninisin non kapasen ekkoch fonu me nukun kapasen merika, won ei [benefits.Oregon.gov](https://www.benefits.Oregon.gov). Om koko chok me kunok 7 a.m me 8 a.m pwan ina mwitirin ar anisuk pwokiten epwe mwochomwoch fansoun om kopwe uti an emon epwe anisuk won ewe fon.
- Call 800-699-9075 weekdays from 7 a.m. to 6 p.m. All relay calls accepted. You can get help in many languages — find help in your language at [benefits.Oregon.gov](https://www.benefits.Oregon.gov). Wait times are shortest between 7 a.m. and 8 a.m.

**Cheki omwe pworun posto ren noum taropwe seni ewe state Oregon.** Ika pwe a war, **fori mwitir mine met a mak non kopwe fori.** Ekei taropwe a poputa ne tou seni iei epwe tori nukanapan enan ier 2024. Esapw meinsin aramas epwe tou nour taropwe fan ew chok. Ina ren, kopwe cheki omwe pworun posto iteitan. Ka tongeni kopwe anamwota ekei aninis mi mak faan ei, ese pwan kamo mi free, ren chok kopwe weweiti fichi met ekewe taropwe a kapas fanitan, iwe kopwe fori met a mak non kopwe fori.

No ngeni ena [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov) ren om kopwe kaeo me sinei ifa sokkun om kopwe pwan kuta aninis nge ese pwan kamo mi free, ika fen kokori ena nampa **1-800-699-9075**.

Ika pwe en mi need aninis nge ke menei kopwe fos ngeni emon ren noum OHP ika pwan ekewe ekkoch aninisin Medicaid, ka tongeni pwan neuni emon chochon non omwe famini ika emon chiechiomw kewe repwe wisen anisuk. Remi tongeni repwe noum “authorized representative” -chon wisen kakapas fanitom.

Ika pwe mi wor om kapas eis, kopwe mochen kopwe esine ngeni kich!

## Social media posts me graphics:

Iei ei chungu/nios ka tongeni kapini iwe pachenong won omw na post won social media. Ka tongeni neuneu ususun chok met masowan non ei sasing, ika en mi pwan tongeni pacheta ika wata met ke mochen epwe pachenong non ei nios.

Iei met sia menei pwe kopwe aea ei nios won omwe post. Ka tongeni neuneu ekei nios ika chungu won ese nifinifin post. Tiki won ei chungu om kopwe tongeni download.

En me chóchón non imwomwe mi wor noumi Oregon Health Plan (OHP) ika ekewe ekkoch aninisin Medicaid? Ika pwe mi wor, kopwe anganga me fori om kopwe chok chiwen tufichin sopweno ne neuneu ewe aninis ren omw safei. Angangen taropwen fór sefan a poputa seni iei tori nukanapen – ier 2024.

Ikei met sa menei kopwe fori:

- Kopwe nengeni fichi me apungu fichi omwe address epwe pungu ngeni ena ka kan aea non ei fansoun. Ka tongeni pusin fori ei won omw, ika kuta ian ikewe rakan aninis ese kamo. Ka tongeni pwan pusin fori online, won fon ika om kopwe chunong pusin non ekewe neni.

- Cheki om ewe mail ren ewe taropwen om kopwe fór sefan. Nupwen a tour ngonuk, kopwe fori mine met ewe taropwe a eureura ngonuk kopwe fori.

No ngeni ena [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov) ren tichikin sokopaten porous me aninis ese kamo.

#KeepCovered



For sefanni noumwe OHP me pwan ekewe ekkoch aninisin Medicaid!  
[KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov)

Ika en mi mochen kopwe tumunu inisumw me pwan chóchón non omwe famini. Ke mochen nge om kewe anean nge epwe maase ngeni met en mi fen ani ekiek ika kókkót non ekan raan mwach. Noum na Oregon Health Plan (OHP) ika ekewe ekkoch aninisin Medicaid mi tongeni anisuk.

A tori fansoun ekesiwin. Taropwen fór sefan a katou seni iei tori nukanapan ier – 2024. Anganga ne fori sefani om kopwe chok chiwen tufichin sopweno ne neuneu ewe aninis insurens ren om safei.

No ngeni ena [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov) ren tichikin porous me aninis ese kamo.

#KeepCovered



For sefanni noumwe OHP me pwan ekewe ekkoch aninisin Medicaid!  
[KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov)

Tumunun me pochokunen inisumw a auchea ngonuk. Ina popun, kopwe aponueta om tumunu inisum ren om kopwe safei nupwen fansoun kopwe mefi nge inisum mi need. A tori fansoun ekewin ika fór sefanin Oregon Health Plan (OHP) me ekewe ekkoch aninisin Medicaid. Anganga me fori sefani ewe aninis pwe kopwe chok pwan chiwen tufichin neuneu ekewe aninis.

No ngeni ena [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov) ren sokopaten tichikin porous.

#KeepCovered



A tori fansoun ekewin ika fór sefanin Oregon Health Plan (OHP) me ekewe ekkoch aninisin Medicaid. Kopwe nengeni fichi ika cheki eochu ika pwe om na mailing address mi pung pwe epwe toureoch ngonuk noum ewe taropwen fór sefanin insurens. No ngeni ena [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov) ren om kopwe sinei tichikin me ifa om kopwe anganga ne fori mine om kopwe chok chiwen tufichin sopweno me neuneu ewe aninisin insurens.

#KeepCovered





Esinesin ngeni ekewe chon neuneu ewe Oregon Health Plan (OHP) me pwan ekewe ekkoch aninisin Medicaid! Mi pung om kewe contact information ren itom me om address me nampan noum fon? A tori fansoun ekewin ika fôr sefan. Ekewe taropwen fôr sefan a katou seni iei tori nukanapan ier -2024.

Om kopwe cheki me apungufichi om kewe contact information, kopwe no ngeni ena [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov) ika kokkori 800-699-9075. Iwe tiki 5. Ereni na chon ponuwenuk meni sokkun kapasen fonu ke mochen. Mi murino kopwe koko kunok 7a.m me 8 a.m nesosor pwe e mwochomwoch fansoun om kopwe uti emon epwe anisuk. Ei mwo ekis metoch kopwe fori, mi tongeni anisi om kopwe chok chiwen sopweno ne neuneu ewe aninisin insurers!

#KeepCovered



For sefanni noumwe OHP me pwan ekewe ekkoch aninisin Medicaid!  
[KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov)



For sefanni noumwe OHP me pwan ekewe ekkoch aninisin Medicaid!  
[KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov)



For sefanni noumwe OHP me pwan ekewe ekkoch aninisin Medicaid!  
[KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov)



# Website, SMS/Text me chatbot copy

## Copy won Website

A tori fansoun kopwene for sefani noumwe Oregon Health Plan (OHP) me pwan ekewe ekkoch aninisin Medicaid. Oregon iei mi anganga an epwe tumunu aramasen non Oregon ika chon nonom non Oregon ika epwe tufich. Napengeni aramas repwe chok chiwen sopwosopwono ne neuneu ei aninisin medical. Nge mi eoch kopwe pwan anganga om kopwe chok sopweno ne angei ei aninis.

- Kopwe cheki fichi omwe address ika mi pung
- Mwirin ka cheki noum taropwe iteitan, nge epwe seni ewe state Oregon. Ka fori mine a mak kopwe fori.
- Aninis ese kamo, om kopwe kuta pusin kapasen fonuwomwe ren om kopwe weweiti fichi met mi kapas usun ren ekei aninis. No ngeni ena [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov) ika kokori 1-800-699-9075 ren om kopwe sinei me kaeo pwan kuta ekewe neni repwe tongeni anisuk, meni a arap ngonuk.

## SMS ika Text Message:

- A tori fansoun kopwene for sefani noumwe Oregon Health Plan (OHP) me pwan ekewe ekkoch aninisin Medicaid. Ewe state Oregon epwe tin ngonuk noum taropwe non omwe pworun posto. Kopwe cheki fichi pwe epwe pung omwe address, ren an epwe toureoch ngonuk noum taropwe. No ngeni ena [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov) ren tichikin porousan ika kokori 1-800-699-9075.
- Mi wor noum Oregon Health Plan (OHP) ika pwan ekewe ekkoch aninisin Medicaid, usun chok pwan ewe Medicaid Savings Program ika services me supports faniten ekewe aramas mi teer me ekewe ra mwukeno? Kopwe chekifichi omwe address epwe pung ngeni ewe chon ewe state Oregon ra sinei, pwe repwe tin ngonuk noum na taropwen for sefanin noumwe aninisin insurens. No ngeni ena [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov) ren omw kopwe sinei tichikin porousan ika kokori 1-800-699-9075.

## Kapasen won Chatbot

Nupwen om ka chiwen nom... kopwe apungufichi omwe address epwe pung ngeni ewe chon ewe state Oregon ra sinei. Ren na wewe, iwe ka tongeni angei noum taropwe senir ren taropwen for sefanin noumwe Oregon Health Plan (OHP) ika pwan ekewe ekkoch aninisin Medicaid. Nouch kei taropwe afen poputa ne katou seni iei tori nukanapan nan ier 2024. Ika pwe ese pung omwe address chon state Oregon re sinei, iwe epwe tufich pwe kosapw chiwen neuneu ei aninisin insurens. Ren om kopwe sinei tichikin porous me om kopwe ifan ne anganga, no ngeni na [KeepCovered.Oregon.gov](https://www.KeepCovered.Oregon.gov) ika kokori 1-800-699-9075.

# Taropwen esinesinen met ewe epwe fis non ew neni

Ka tongeni pwan aea ewe flyer iei mi pwarata ikei om kopwe esinei fetanei porousan ren inet atun katonongen ekei metoch ren open houses, inet kunokun fansoun an kewe chon anganga ei insurens rekan angang, me pwan ekewe ekkoch metoch epwe fis, an aramas repwe sinei ra no kutar repwe anisir.

Ekei flyer (esinesin) mi wor non PPT document fanitom om kopwe tongeni download me wanong om kewe information. [Tiki ikei an epwe download.](#)



## Angangen for sefanin insurens ren Oregon Health Plan (OHP) iei a poputa, fiti fengen me ekewe pwan ekkoch aninisin Medicaid.

Anganga me tumunu ewe aninisin insurens pwe epwe chok sopwosopwono.

1. Apungueochu om kewe contact information (iit, om address, nampan fon) won ei **KeepCovered.Oregon.gov** ika kokkori 800-699-9075. **Inet:**
2. Cheki omwe pworun posto iteitan ren noum taropwen for sefanin insurens seni ewe state Oregon. Ika a toruk noum, ka mwithir fori mine a mak pwe kopwe fori. **Ian:**

**Tichikin porousan:**

**Tichikin porous me kuta aninis mi free:**

Place logo here and delete this box



**KeepCovered.Oregon.gov**

Faniten ekewe aramas mi kan ter inisir ika ekewe aramas mi tufichingawen kapas non merika, sa tongeni awora ekewe porous non ekoch taropwe mi maken non pusin fonuwer, me ekewe taropwe mi mesemwong ika braille. Kokkori 503-945-5488 (kich mi pwan anisi ekewe chon kokonong rese tongeni rong kapas ika rese tongeni kapas) ika tota won ena [feedback@odhsoha.oregon.gov](mailto:feedback@odhsoha.oregon.gov)



**KeepCovered.Oregon.gov**

Faniten ekewe aramas mi kan ter inisir ika ekewe aramas mi tufichingawen kapas non merika, sa tongeni awora ekewe porous non ekoch taropwe mi maken non pusin fonuwer, me ekewe taropwe mi mesemwong ika braille. Kokkori 503-945-5488 (kich mi pwan anisi ekewe chon kokonong rese tongeni rong kapas ika rese tongeni kapas) ika tota won ena [feedback@odhsoha.oregon.gov](mailto:feedback@odhsoha.oregon.gov)