

**Mission:** To protect the public by supervising occupational therapy practice and assuring safe & ethical delivery of occupational therapy services.

# OTLB News

Occupational Therapy Licensing Board



October 2021

## BOARD MEMBERS

- Sybil Hedrick Park, OTR/L, CHT, CSCS, Board Chair
- Max Perkins, OTR/L
- Kari Hill, COTA/L
- Erion Moore, Public Member, Vice Chair
- Clyde Jenkins, Public Member

## BOARD STAFF

- Nancy Schuberg  
Executive Director
- Rachel Cillo  
Licensing Specialist

## INSIDE THIS ISSUE

2021 OTAO Virtual Conference	1
OTLB Presentation: What is Resilience?	1
OTLB honors Sybil's Service; Welcomes new OT member.	2
Filing OTA Supervision with the Board	2
Scam Alert	3
Covid-19 Updates	5
Next License Renewals: March 1—May 31	6

## Don't miss the 2021 OTAO Conference!



Courtesy of the OTAO Conference Committee

### The OTAO Conference 2021 is virtual and it will be one not to miss!

Courses offered will serve all OT practitioners across the lifespan and settings, including meeting cultural competency requirements for licensure and self-care classes.

The auction sponsoring student scholarship fundraising will be on the [OTAO Website](#)

The OTAO Regional Directors will be hosting a Networking Event in conjunction with the virtual connection platform.

### Registration

Your registration will include access to live sessions available October 9th and then up to 30-days access to all sessions on-demand. \$200 Non-member Practitioner / \$175 Member Practitioner

[OTAO Virtual Conference Registration](#)  
[OTAO Conference Main Page](#)

### Continuing Education Credits

Up to 24 hours available! OTAO CE courses and hours will be accepted by the Oregon Occupational Therapy Licensing Board. A course completion

certificate will be issued to registrants upon completion of the course survey.

### OTAO Business Meeting

The OTAO Business meeting will be held live via the WHOVA platform from 12:15-12:45 pm. Recorded options will be made available on the OTAO website for those who cannot attend live.

### Silent Auction

Thank you for supporting the OTAO Scholarship Fund! All proceeds benefit current OT and OTA students. Silent Auction will be open Wednesday, September 8th. Click [here](#) to start shopping.

### **OTLB Presentation: Occupational Therapy Practitioner Well-Being: What is Resilience?**

Connects the Occupational Therapy Practice Framework 4th Ed. to strategies for addressing practitioner well-being. Content connects to the physical, intellectual, emotional, and social needs to address self-care and resiliency. This includes contextual interventions and resources to support habits, routines, and rituals.



Presenter: Varleisha D. Gibbs PhD, OTD, ASDCS, OTR/L

## OTLB Honors Sybil; Welcomes New OT member, Whitney



**Sybil Hedrick Park, OTR/L, CHT, CSCS,  
Outgoing OT Board Member**

At the August 5th board meeting, Board Chair **Sybil Hedrick Park** was honored for her 8 years of service to the Board and the State of Oregon. Sybil's first term began on 10/15/13 and her final term will end on 10/14/21.

With over 25 years OT experience, along with her former role as OTA president, Sybil was very influential in all decision-making. She is highly respected by her counterparts and her leadership on the board has helped shape the profession of occupational therapy in the state. Many, many thanks Sybil! For your wisdom, dedication and your countless contributions to the OT Licensing Board.

With Sybil's departure, Public Member Erion Moore will assume the role of Board Chair and OTA member Kari Hill will become the Vice Chair of the board.

**OT Whitney Hooker** has been appointed to the OTLB by the Governor and is set to be approved by the Legislature in November.

Whitney has served the occupational therapy profession since 2012. She spent the first four years of her career in skilled nursing facilities and expanded her expertise in neurocognitive disorders. She held leadership roles in Hood River, and Eugene as Director of Rehab. More recently, she has worked in home health in an expansive five county territory in OR and WA which strengthened her passion for the unique needs of rural healthcare. During this time she became a certified lymphedema therapist. Currently, Whitney is dividing her time between outpatient therapy and acute care/inpatient rehabilitation in The Dalles. She hopes to complete her CHT in the next 2 years.

Whitney's extensive background especially in rural settings will be a tremendous asset to the Board. Welcome Whitney!



**Whitney Hooker, OTR/L, CLT  
Incoming OT Board member**

### ***Filing OTA Supervision with the Board***

Any person who is licensed as an occupational therapy assistant may assist in the practice of occupational therapy only under the supervision of a licensed occupational therapist. Before an OTA can start working they must file their OT Supervisor with the board.

OTA's can update their OT Supervisor electronically through the OTLB [License Portal](#). No longer do you have to send in a form. Log in and Click on Supervisor/Supervision Tab, add the name of the OT Supervisor, the Site of Supervision, the Start date and click SAVE. **The OT Supervisor must then log in and change the approval status to "approve"**. Once this is done, the OT Supervisor is on file with the board.

[Step-by-step instructions on how to file supervision in the License Portal](#)

[OAR 339-010-0035 Supervision of an Occupational Therapy Assistant](#)

## **SCAM ALERT! Therapists please be aware!**

Dear Licensees: The board was recently notified by one of your OT colleague that she was contacted by someone claiming that he was an investigator from the OT Board and she was under investigation. The number that appeared on her caller ID was the actual OT Board number, and the caller identified himself as the Board investigator. Thank goodness she checked with the board before giving out any personal information.

If this happens to you the DEA (Drug Enforcement Administration) wants the information to be sent to them: [https://www.deadiversion.usdoj.gov/pubs/pressreleases/extortion\\_scam.htm](https://www.deadiversion.usdoj.gov/pubs/pressreleases/extortion_scam.htm).



### **DEA Warns Public of Extortion Scam by DEA Special Agent Impersonators**

The Drug Enforcement Administration is warning the public, including the DEA registrant community, about criminals posing as DEA Special Agents, DEA Investigators, or other law enforcement personnel as part of an international extortion scheme.

The criminals call the victims (who in most cases previously purchased drugs over the internet or by telephone) and identify themselves as DEA agents or law enforcement officials from other agencies. The impersonators inform their victims that purchasing drugs over the internet or by telephone is illegal and that enforcement action will be taken against them unless they pay a fine. In most cases, the impersonators instruct their victims to pay the "fine" via wire transfer to a designated location, usually overseas. If victims refuse to send money, the impersonators often threaten to arrest them or search their property. Some victims who purchased their drugs using a credit card also reported fraudulent use of their credit cards. **Another scheme involves criminals contacting doctors and pharmacists and stating that they are the subject of an investigation and demanding money to clear up the matter.**

The public should be aware that no DEA agent will ever contact members of the public by telephone to demand money or any other form of payment.

For more information, visit [https://www.deadiversion.usdoj.gov/pubs/pressreleases/extortion\\_scam.htm](https://www.deadiversion.usdoj.gov/pubs/pressreleases/extortion_scam.htm).

### ***The OT Licensing Board will now accept CE on Self Care:***

**339-020-0020 CE Categories and Points**

**(18) Personal Development/Self-Care: Up to four points.**

If audited, the Licensee must be able to describe how the CE relates to their practice. All CE must be at the professional level.

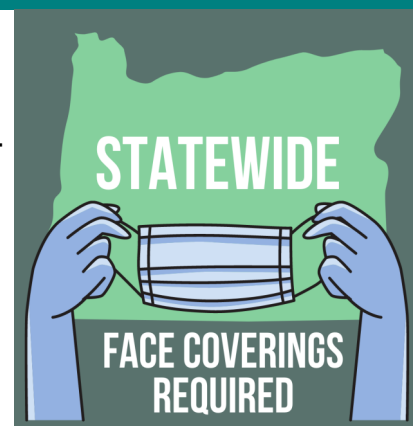
For more information on CE requirements, rules and tips: Click [here](#).

## COVID-19 Resources and Links:

Sept. 9, 2021: Mental and Emotional Health resource for Health Professionals: Safe+Strong: <https://www.safestrongoregon.org/>

August 27, 2021: [OHA Vaccination Requirement FAQ's](#)

August 26, 2021: OHA has published additional information, including forms, related to the newly updated [Vaccine Requirement Rule](#) on the [OHA's COVID-19 Website for Healthcare Partners](#). Please be sure to visit this site for the most recent information.



August 25, 2021: The Oregon Health Authority has published revised temporary rules requiring all health care workers to be vaccinated per direction from the Governor. | [PDF PH 38-2021.pdf](#)

August 25, 2021: The Oregon Health Authority has published temporary rules relating to vaccination requirements to control COVID-19 for Schools and School-based Programs. | [PDF PH 39-2021.pdf](#)

August 25, 2021: [Due to the state's current hospital capacity crisis, nursing facilities may temporarily utilize the services of occupational therapists and other healthcare workers to account for up to 25% of the required minimum staff required at nursing facilities, effective immediately.](#)

August 20, 2021: [The Oregon Health Authority has passed temporary rules requiring masks in healthcare settings.](#)

August 19, 2021: [Governor Brown modified the direction to Oregon Health Authority; now requiring all health care workers to be fully vaccinated by October 18 or six weeks after full FDA approval, whichever is later.](#)

### 5 Self-care tips to Help Reduce Stress:

Courtesy of IBH Monitoring

- 1. Make self-care a priority.** Exercise daily, get plenty of rest, address your own needs and feelings regularly, and make an effort to eat healthy.
- 2. Start a mindfulness practice.** Mindfulness can help develop self-awareness and the ability to cope with feelings of stress. Pay attention to the present moment with openness, slow down, connect with your breath to relax your mind and body.
- 3. Create a resilience routine.** Take a proactive approach to dealing with stress. Make exercise, meditation, yoga and other relaxation techniques part of your daily routine.
- 4. Make time for activities you enjoy.** Read a good book, watch a comedy, play a fun game, or make something—it doesn't matter what you do, as long as it takes you out of your worries.
- 5. Remember to laugh.** Laughter is the best medicine and it's free. Laughter can reduce the pain you feel, both body and mind, and help to minimize the issue at hand.

**Lend your skills in an emergency...**

**State Emergency Registry of  
Volunteers in Oregon  
(Serv-OR)**

SERV-OR is a statewide registry system to help health care professionals volunteer their services during emergencies with significant health impacts.

For more info, visit:  
<https://www.serv-or.org/>

## WHAT'S COMING UP

### 2021

Oct. 9 OTAO conference  
Nov. 5 Board Meeting

### State Holiday Closure Schedule

Nov. 11 Veterans Day  
Nov. 25 Thanksgiving  
Nov. 26 Day after TG  
Dec. 24 Christmas

### Occupational Therapy Licensing Board

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-or-

[rachel.cillo@otlb.oregon.gov](mailto:rachel.cillo@otlb.oregon.gov)

## Next License Renewals: March 1—May 31, 2022

All licensees must have 30 points of CE within the 2 years preceding the date of renewal **or** be NBCOT certified when they renew. To check if your NBCOT certification is current, click [here](#).

ALL Licensees must have completed 1 hour of CE on Cultural Competency.

### Visit the [License Portal](#)

- Update your Contact Information
- Submit a name change request
- OTA 's can file their OT Supervisor with the board. ([The OT Supervisor must log in to confirm](#))
- Enter your Pain Management CE
- Request a verification to be sent to another state
- Update your work location
- View and print any invoices or receipts
- Print a copy of your License
- Renew your license in 2022

## **\*New\*** Cultural Competency CE Requirement

Effective July 1, 2020, ALL licensed Occupational Therapists and Occupational Therapy Assistants are required to complete at least one hour on Cultural Competency per renewal period. This requirement is in compliance with HB 2011 (2019).

**This new requirement does apply to 2022 renewals.**

Link to rule: [339-020-0025 CE in Cultural Competency](#)

The Board leaves it up to the discretion of the practitioner to choose a course that would be most beneficial to his/her practice. The OHA list of courses below are available but it is not required that you choose a course from this list.

**OHA List of Approved CCCE Training:**  
[Click here](#)

**OHA CCCE website:** [Click here](#)

**AOTA course: Diversity in Health Care for OT:** [Click here](#)

## Self-reporting Requirements

If you are arrested you must notify the Board within **10 working days** of a conviction of a misdemeanor, or an arrest for or conviction of a felony. OAR 339-010-0020 (5)(d).



## Did your Legal Name Change?

**To change your name:** Go to [www.oregon.gov/otlb](http://www.oregon.gov/otlb) for the name change form or send an email to [board staff](#). Email or fax us the legal document showing the name change. OAR 339-010-0018

## Keep your Contact Info Current—It's the Law!

**Change your contact information within 30 days:** Go to [www.oregon.gov/otlb](http://www.oregon.gov/otlb) and complete the address change form, send an email to [board staff](#) or to Log in to the License Portal—click [here](#). OAR 339-010-0018

**To order a verification to be sent to another state:** click [here](#). We do not need their form. We will email you back when it is done. Fee is \$25.