

MILITARY SEXUAL TRAUMA

- Irritability
- Sleep Disturbances
- Physical Health Problems
- Depression and Apathy
- Difficulty Feeling Safe
- Self Medication with Drugs or Alcohol

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CALL FOR AN APPOINTMENT

800-692-9666

Visit ODVA online for more information at www.oregon.gov/odva

Military Sexual Trauma (MST) is the term used to describe unwanted sexual attention, uninvited sexual advances or forced sex while in the military.

Both women and men can experience sexual harassment or sexual assault during their military service. Like other types of trauma, MST can negatively affect a person's mental and physical health.

If you or someone you know has experienced Military Sexual Trauma, please contact the Oregon Department of Veterans Affairs and ask to speak to a veterans service officer who can provide assistance that may make a difference.

You're not alone – your fellow veterans care about you!