

# Help with the Basics to Help You Recover

If you have been impacted by the Oregon fires, the Oregon Department of Human Services is here to help.

[Govstatus.egov.com/or-dhs-benefits](https://govstatus.egov.com/or-dhs-benefits) is your one-stop online resource for Oregon Department of Human Services programs that will meet your needs.



Supplemental Nutrition Assistance Program (SNAP)

Meals for older adults



Foster family resources



Cash Assistance

Child Care/Employment Related Day Care (ERDC)



Resources for domestic violence

Assistance for people with disabilities



Access to medical care



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For additional resources: Dial 2-1-1, Text your zipcode to 898-211, 211info.org

You can get this document in other languages, large print, braille or a format you prefer. Contact 2-1-1 at 1-866-698-6155 or email [help@211info.org](mailto:help@211info.org). We accept all relay calls or you can dial 711.

