What you need to know

Overview: Licensed nursing, assisted living and residential care facilities that qualify are required to accommodate limited indoor visitation as of November 2, or shortly thereafter if additional time is needed for the facility to prepare. Appointments may be utilized as there are limits on the total number of residents who may have visitors at the same time.

Limited outside visitation and compassionate care policies still apply. Outside visitation, using all the required safeguards, remains the preferred visitation option when possible.

Facilities that qualify:

- No current or suspected COVID-19 cases within the last 14 days
- Located in a county with a low to medium COVID-19 exposure (Facilities, not potential visitors, are responsible for determining if a facility meets Oregon Department of Human Services qualifications)

Facility requirements:

- Provide approved indoor visitation area
- Log all visitors including the visitor’s name, address and phone number as contract tracing may be needed in the event of a COVID-19 outbreak
- Clean and disinfect frequently touched surfaces and designated visitation areas after each visit
- Allow no more than 5 residents at a time, or 20% of all residents in a facility (whichever is lower) to have visitors inside the building (Facilities are responsible for determining how this requirement is met)
- Prohibit visitors with any exposure to COVID-19 in the past 14 days, including those with confirmed infections or a potential infection
Visitor rules:

- No more than 2 visitors per resident at one time
- Adhere to facility guidelines including, when needed, requiring appointments for indoor visitation, limiting the length of stay and scheduling staggered visits to be fair to all residents
- Enter only approved areas designated by the facility
- Pass the facility’s health screening process, wear personal protective equipment, practice recommended hand hygiene and maintain 6 feet of physical distance from other individuals at all times

Resources:

For more information on ODHS requirements for limited indoor visitation see a copy of the policy issued and the corresponding guidance from the Centers for Medicare & Medicaid Services.

Facilities must use one of two resources in determining whether they are in a county that is in a high-risk area for COVID-19 and if limited indoor visitation is allowed. Those two resources are: CMS COVID-19 Positivity Rates and OHA COVID-19 Positivity Rates.

Visit this ODHS webpage for lists of facilities reporting cases of COVID-19 that would not be able to adopt limited indoor visitation. Links to the lists are near the bottom of the page.

See related policies including: the policy for compassionate care visits, the policy for limited outdoor visitation and the guidance issued for residents who leave and return to a licensed long-term care facility.

Long-term care providers, residents and family members with questions should reach out to: SOQ.LTCInfo@dhsoha.state.or.us.

To report abuse of an older adult or an adult with a disability, please call the Oregon Department of Human Services’ Safeline at 1-855-503-SAFE (7233).

You may obtain this document in other languages, large print, braille or a format you prefer. Contact the DHS Office of Aging and People with Disabilities at APD.Communications@dhsoha.state.or.us.