



Services and Programs

History of Empowerment Initiatives

- 100% Consumer/Survivor Managed and Staffed
- Non-Profit agency
- Supplement to mental health services
- Serving Clackamas and Multnomah Counties
- Multnomah County Brokerage
- Sustainable Housing Brokerage
- Peer Mentor Programs

Our Philosophy

Freedom

Support

Authority

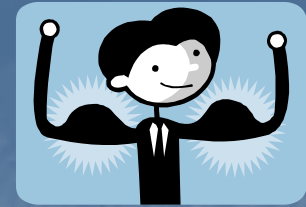
Responsibility

Empowerment Initiatives' Mission



To be a catalyst providing individuals with mental health diagnoses opportunities for choice and development of personal goals, using the principles of self-determination: freedom, authority, responsibility, and support.

OUR VALUES



- People are the masters of their own lives. Each individual has the power and responsibility for self-healing.
- People gain independence through self-discovery by making personal choices free from coercion.
- Self-discovery includes the freedom to make mistakes and to learn from one's personal journey.
- The community has the responsibility to broaden horizons and break down barriers to include all people. Inclusion means that civil rights of all citizens is respected.
- Change is possible for individuals and society. Hope is powerful.



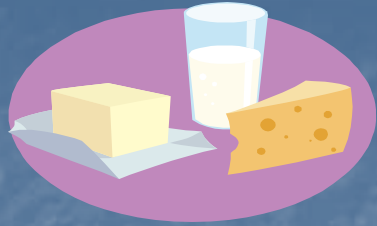
Multnomah County Brokerage

We're reaching our dreams



Meet Selection Criteria

- At least 18 years of age
- Live in Multnomah County
- Diagnosed with a psychiatric disability
- Eligible for Medicaid (Multnomah County Verity insurance)
- Lives in independent community housing (not in group home/
foster home)



Helping Participants...

- Recover from mental health challenges
- Become more independent
- Achieve their goals



THE RESULTS



Independence

Satisfaction

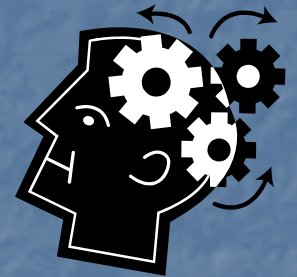
Achievement

Capacity

Using Self-directed Support Funds

Questions to ask yourself:

- Does this promote recovery?
- Does it lead to greater independence?
- Is it cost effective? Could a less expensive purchase or service provide the same outcome?
- Can some other entity pay for this purchase?

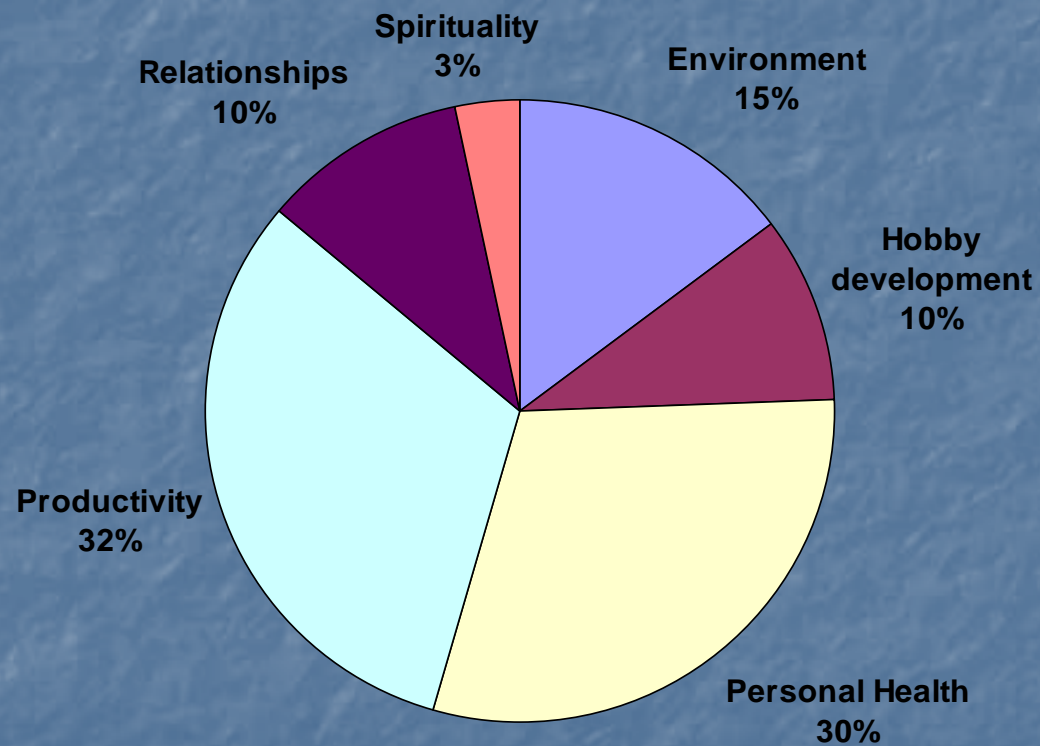


Goal Categories for Services

- Personal Health
- Home Environment
- Productivity (Work/School/Volunteer)
- Spirituality
- Relationships
- Hobbies



Goal Categories for Services

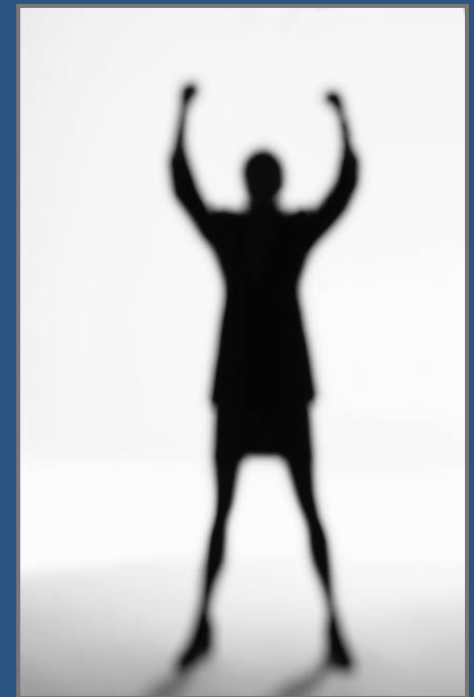


Reaching a goal



- Transportation
- School
- Equipment to start your own business
- Hiring someone to teach you new skills
- Recreational costs to develop friendships
- Alternative therapy such as acupuncture, massage, etc.

The Path



Mental Health Wellness



- What does recovery look like for me?
- What steps do I need to take for me to have hope in the future?
- Which of your strengths, gifts and capabilities can you focus on?
- Are you using your wellness toolbox to feel empowered?



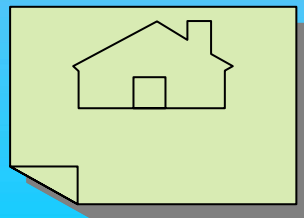
Sustainable Housing Brokerage

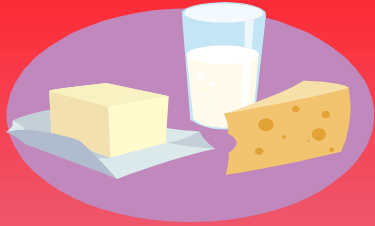
We're reaching our dreams



Selection Criteria

- Living in an Extended Care Management Unit residential placement and interested in transitioning to more independent living
OR
- Aged 16-24 with an institutional history or diagnosis of serious mental health and in need of an independent stable living situation in the community
AND
- His or her own guardian
- No incidence of physical violence in the past year
- No documented history of predatory behavior in the past five years
- No clinically significant disruption in any core area of functioning due to substance abuse in the past year
- Not under the jurisdiction of the Psychiatric Service Review Board (PSRB)





Wellness for Recovery

- Recovering from your mental health and challenges
- Becoming more independent
- Achieving your goals
- Transitioning to more independent living



THE RESULTS



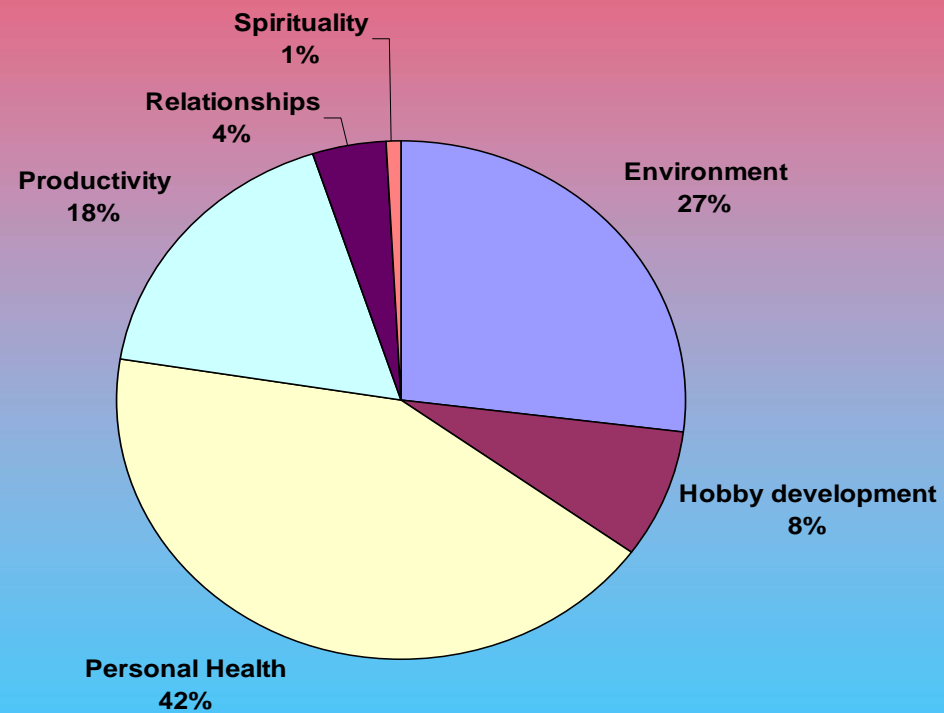
Independence

Satisfaction

Achievement

Capacity

Goal Categories for Services



Rental Subsidy

- Equivalent to the Section 8 for up to two years.
- Create sustainable rental situation within two years.



Peer Mentor Programs



Providing Peer Services in the Villebois Community

- On the former Damasch Property
- Five housing sites for people with mental health diagnoses
 - Two Group Homes
 - Three apartment complexes with varying levels of on-site support

SERVICES PROVIDED

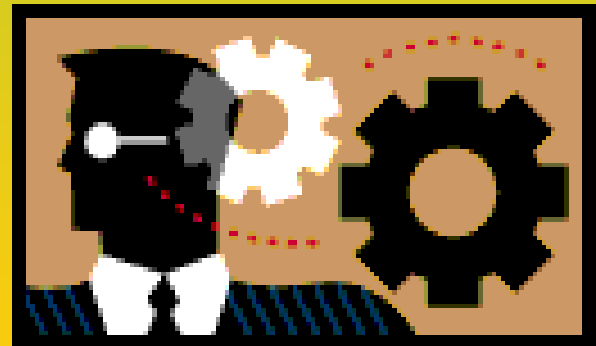
- Office Open 24 hours a day – Graveyard coverage by Homewatch Caregivers
- Phone support available 24 hours a day
- Groups and Activities
 - Movie Nights
 - Art Groups
 - Self-Help Groups
 - Basketball Night

Most Utilized Service: Face to Face Peer Support

- Contacts for support, problem solving, crisis management
- Information and assistance for accessing community resources
- Discussing Relationships and Boundaries
- Stress Management Techniques
- Eviction Prevention Assistance

Tailored Supports

- Person-Directed Plans
- 1:1 Peer Mentor Relationships
- Group Co-Facilitation



Outcomes

- Dramatic decrease in 911 calls/emergency vehicle usage
- Decrease in incident reports
- Increase in housing stability



Contact Us



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