

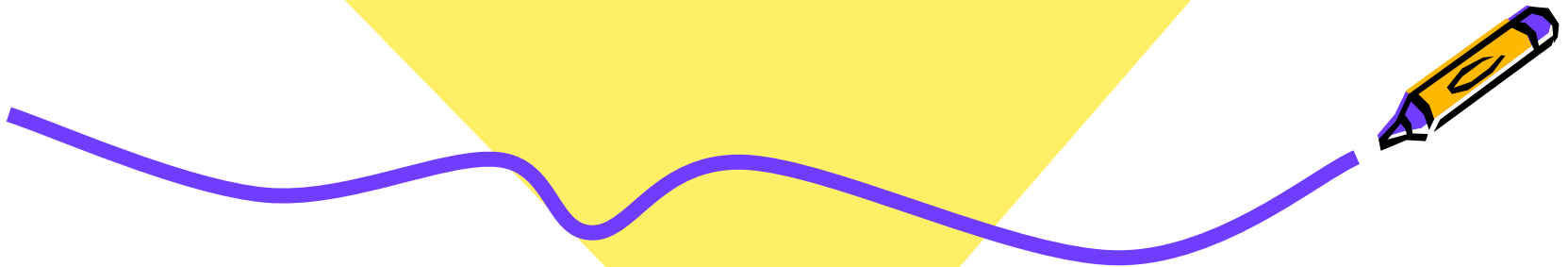
Parent
Child
Interaction
Therapy

AMH Spring Conference
May 26, 2010

Presenters

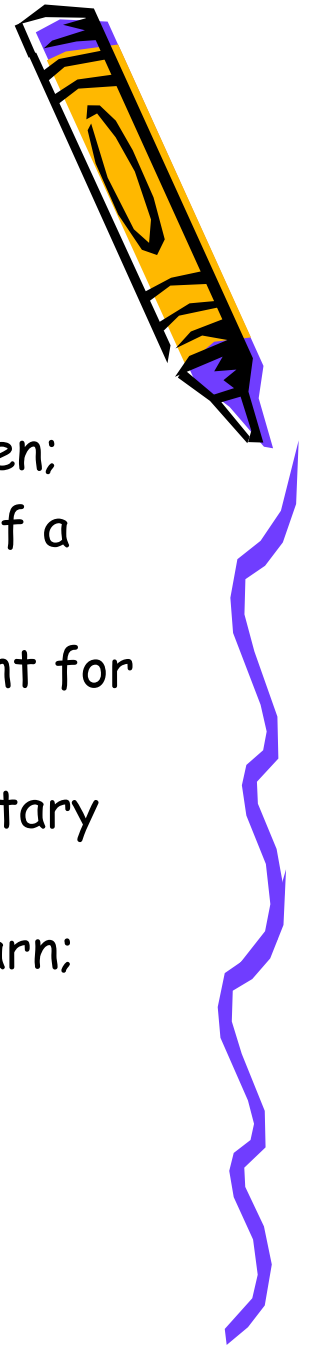


- Gwen Kraft
- Erin Sewell
- Christine Hall
- Laurie Theodorou
- Viridiana Pozos
- David Cano
- Katie Curtis
- Gonzalez Romero
- Sierra McDonald
- Kathy Seubert



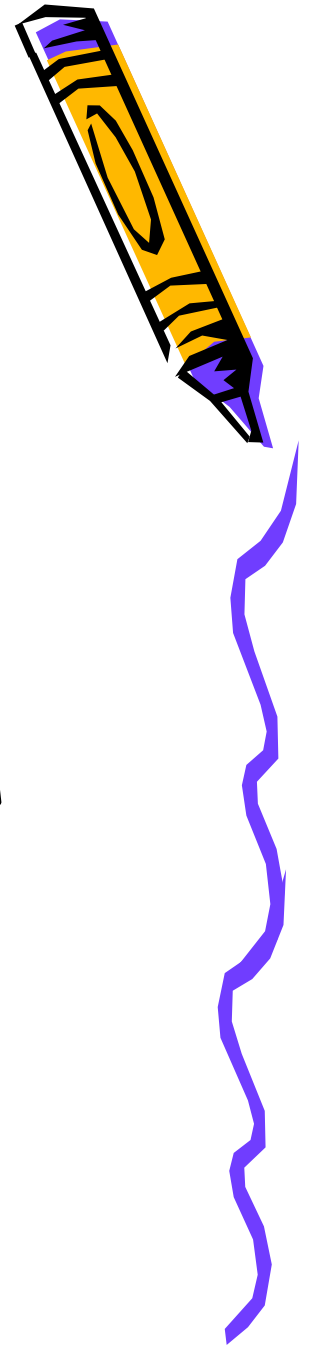
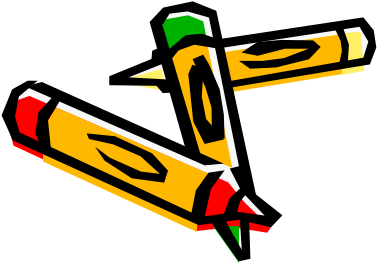
Oregon Children's Plan Goals

- Prevent child abuse and neglect;
- Improve the health and development of young children;
- Promote bonding and attachment in the early years of a child's life;
- Support parents in providing the optimum environment for their young children;
- Link and integrate services and supports in the voluntary local and statewide early childhood system;
- Ensure that children are entering school ready to learn; and
- Ensure that children receive quality service delivery.



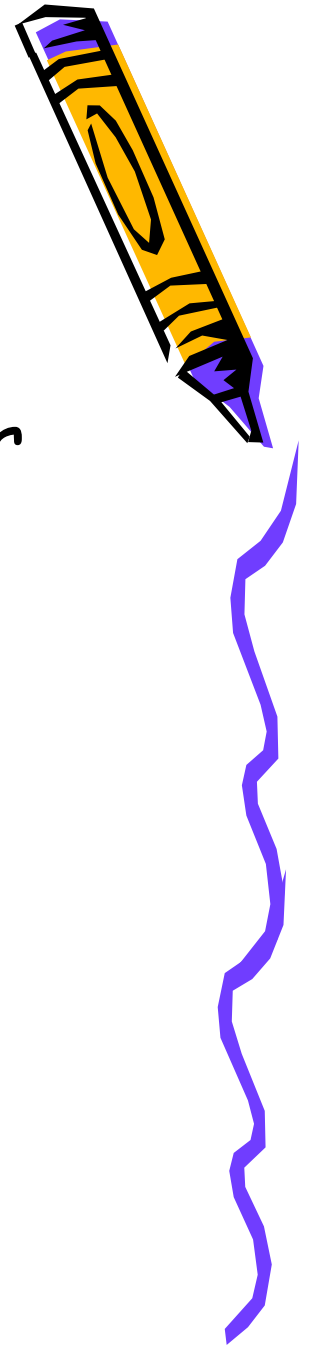
Data Collection Tools

- Eyberg Child Behavioral Inventory (ECBI)
- Parent Stress Index - Short Form
- Dyadic Parent-Child Interaction Coding System-III
- Homework / Check in

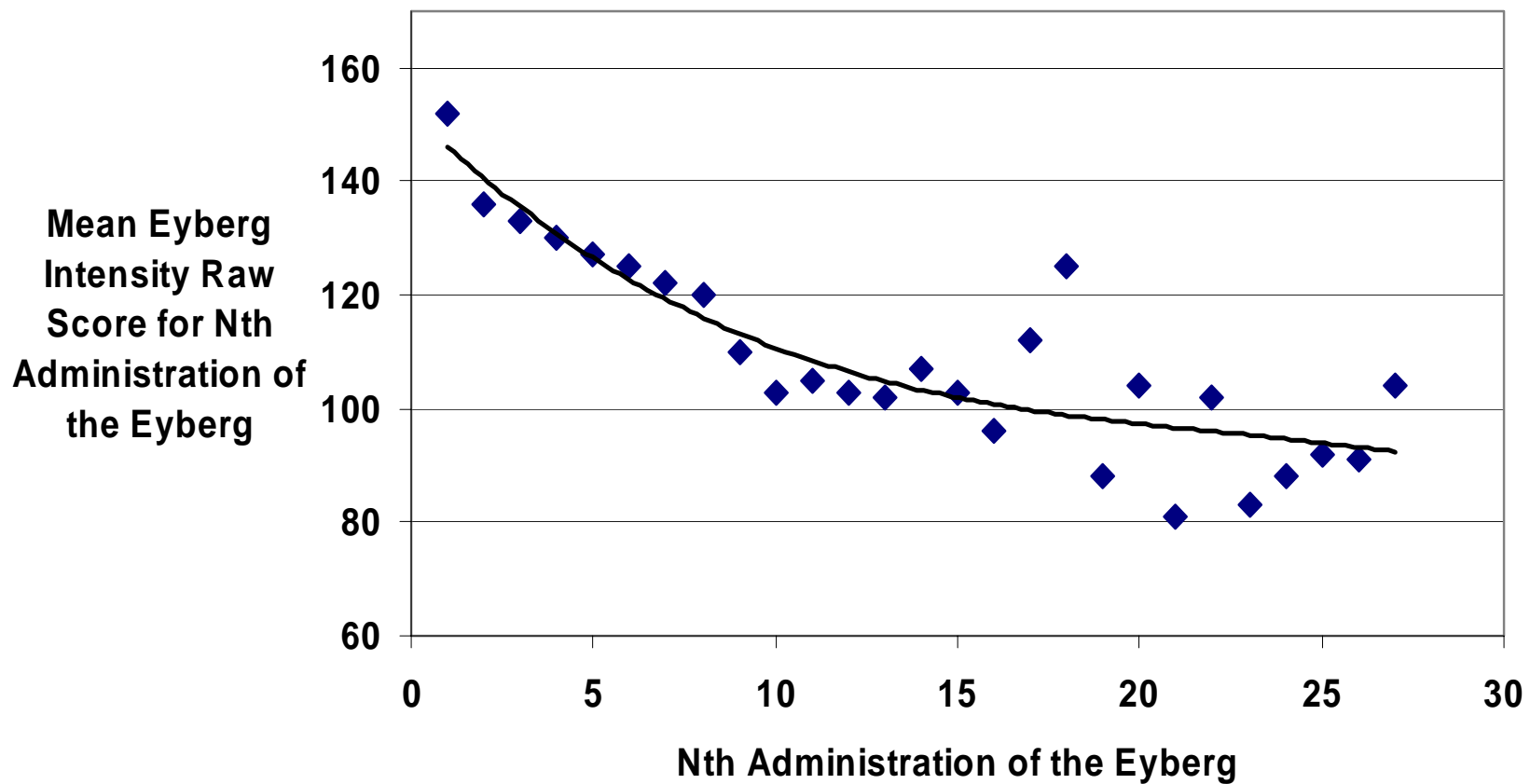


OCP - PCIT Data

- 255 Clients served Sept 2008-Mar 2010
- 99 Hispanic clients
- 92 girls, 163 boys

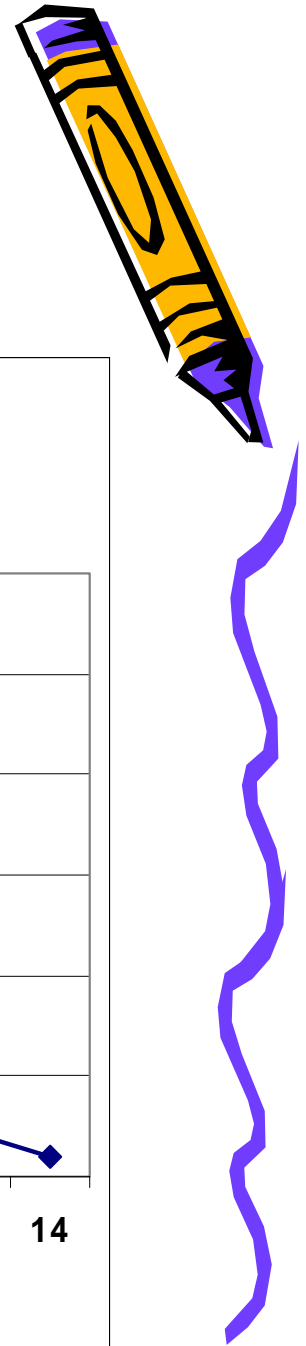
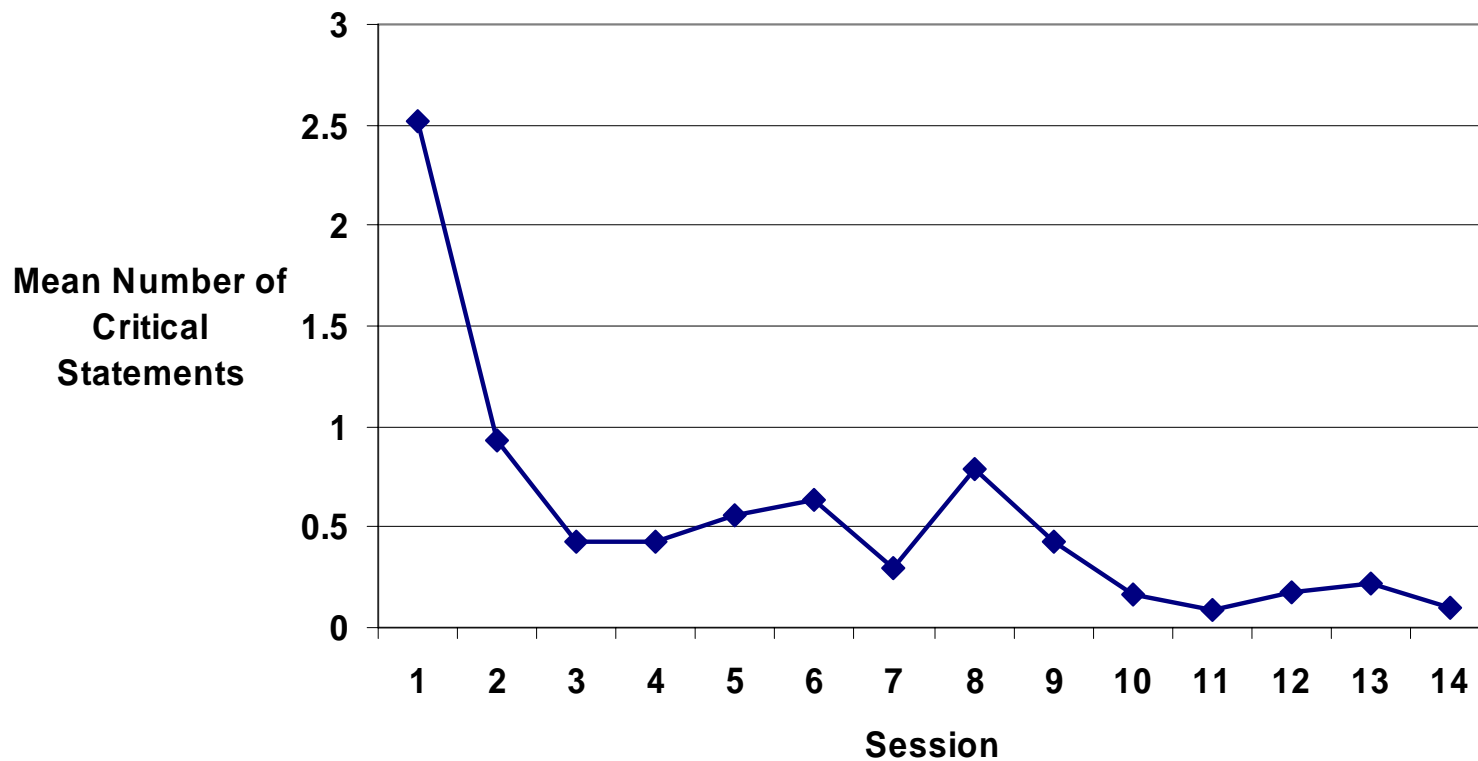


Trend in Intensity Raw Score (Eyberg) from First to 27th Administration of the Instrument: Data include Lifeworks, Morrison, La Clinica del Valle, Jackson County, and Josephine County

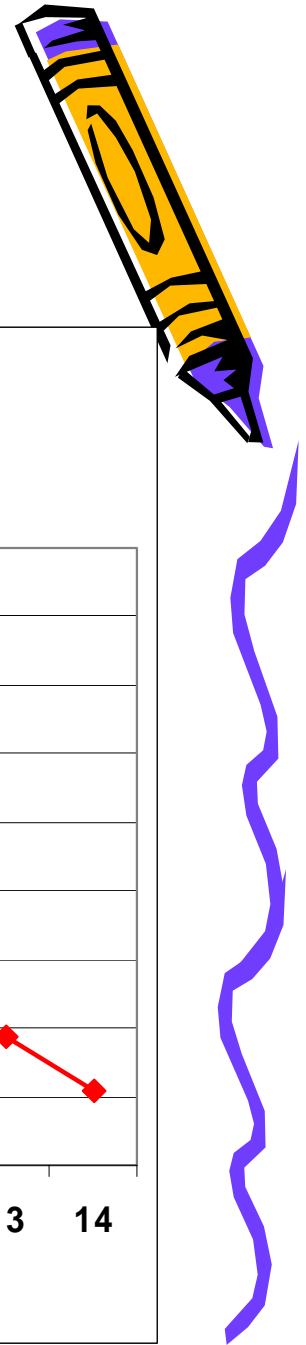


Critical Statements tend to decrease with time

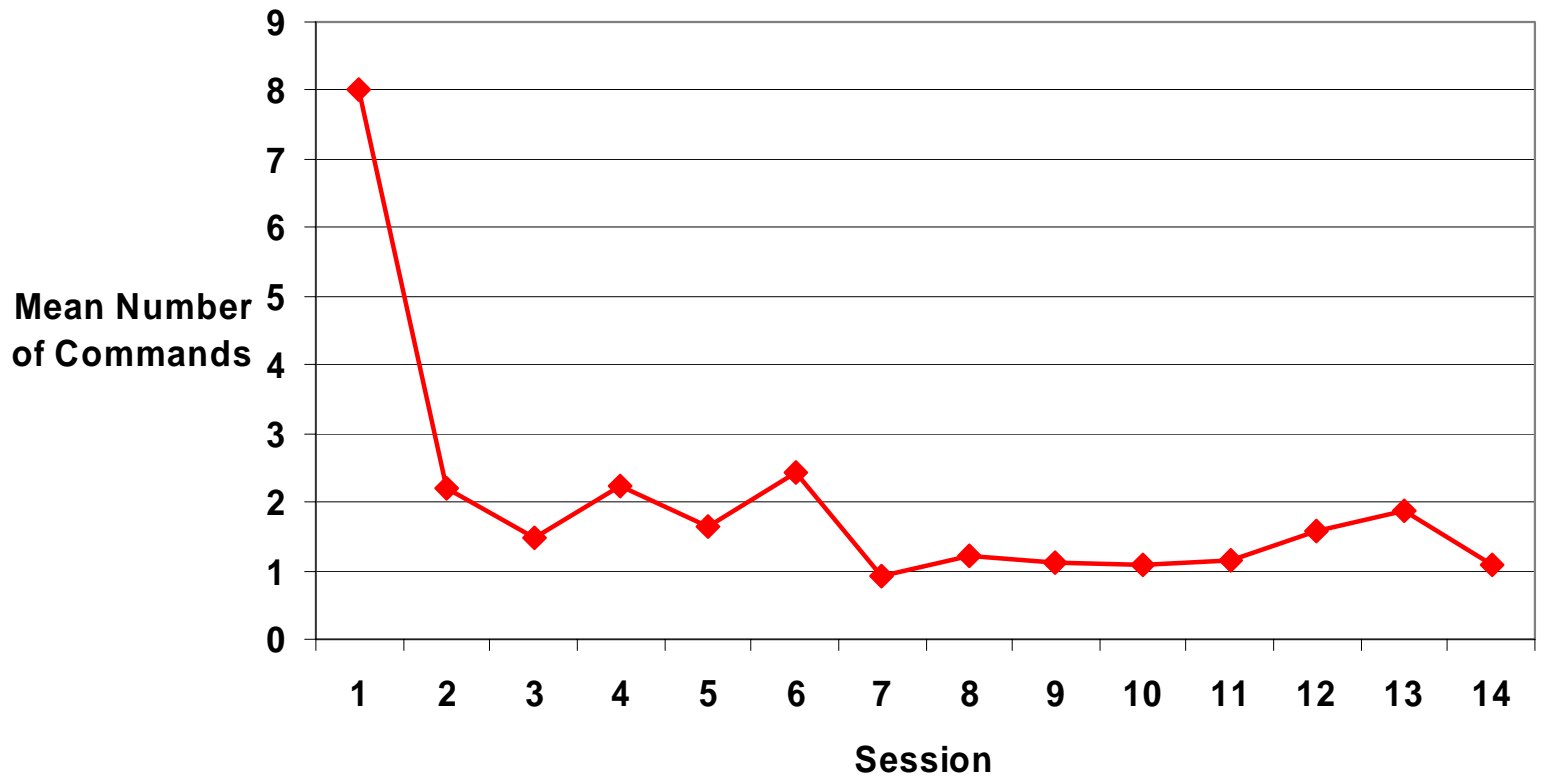
Change in Mean Number of Critical Statements / Negative Talk, From Session 1 to Session 14



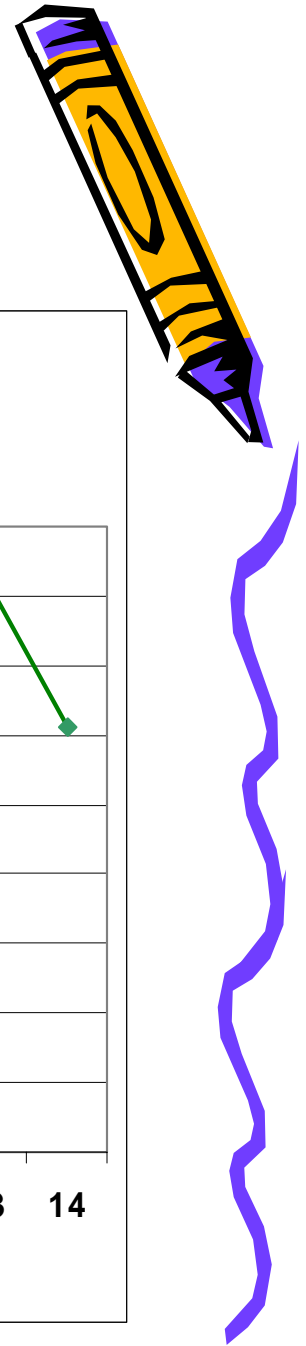
Commands tend to decrease with
time.



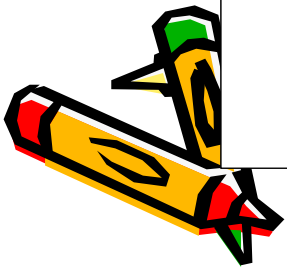
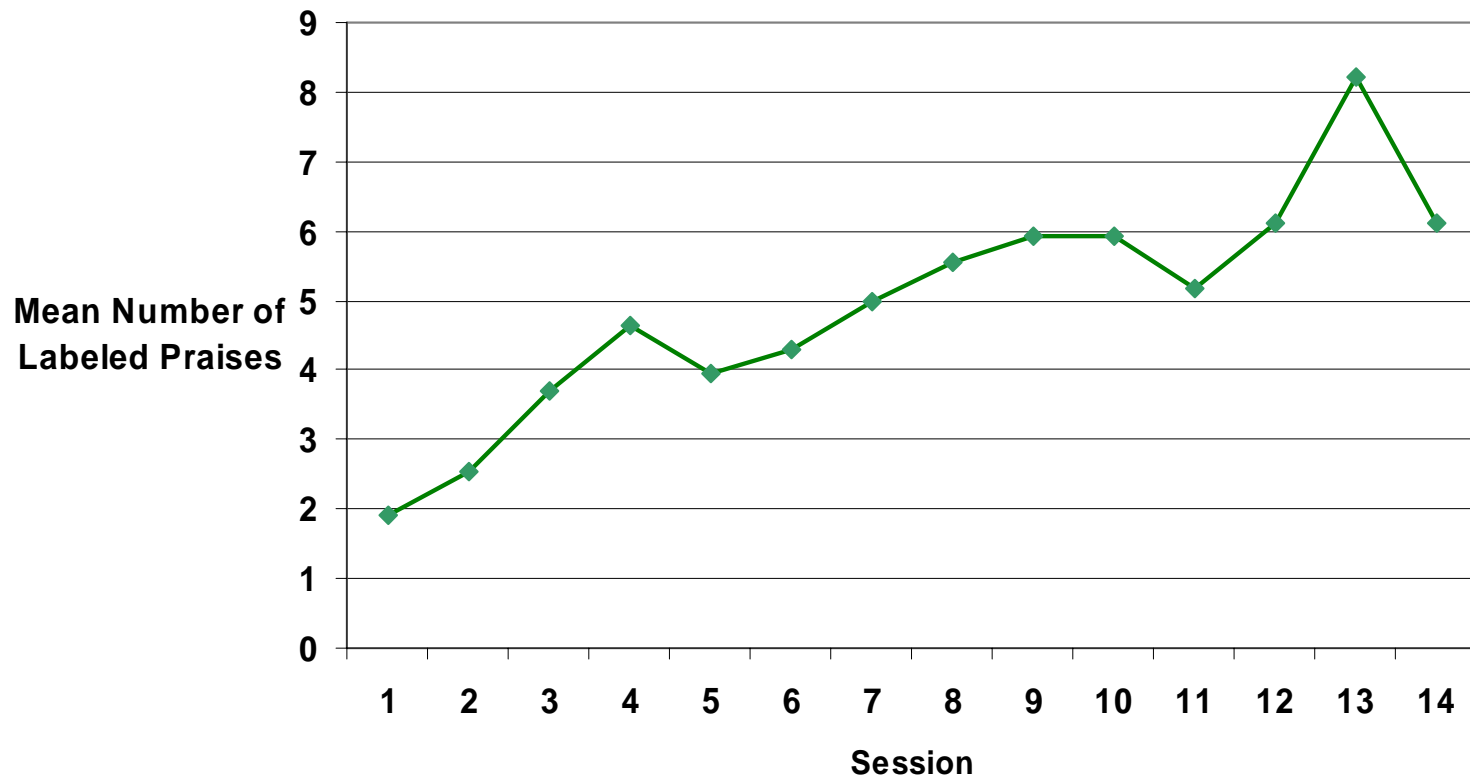
Change in Mean Number of Commands, From Session 1 to
Session 14



Labeled Praises tend to increase with time

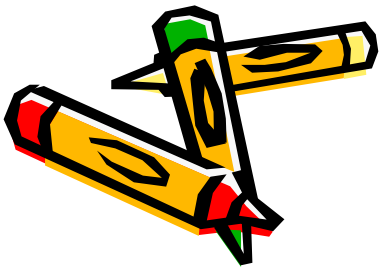


Change in Mean Number of Labeled Praises,
From Session 1 to Session 14



What is PCIT?

PCIT is an evidence based, short term, intensive treatment program designed to work with the parent-child dyad to enhance the quality of the relationship and to teach parents skills to manage their child's severe behavior problems.



Therapy

Dual Focused Therapy

Child Directed Interaction (8-12 sessions)

Relationship stage

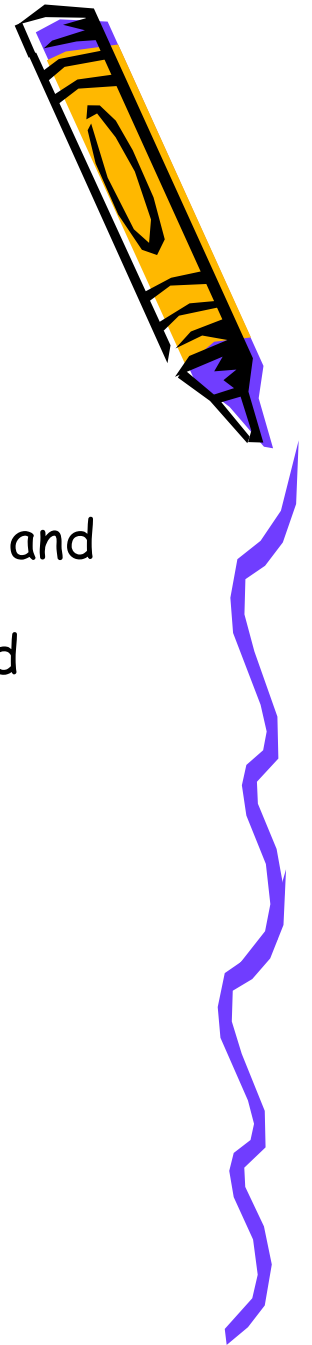
- Establish warm, loving relationship between the parent and child
- Increase positive experiences between parent and child

Parents Directed Interaction (5-8 sessions)

Discipline stage

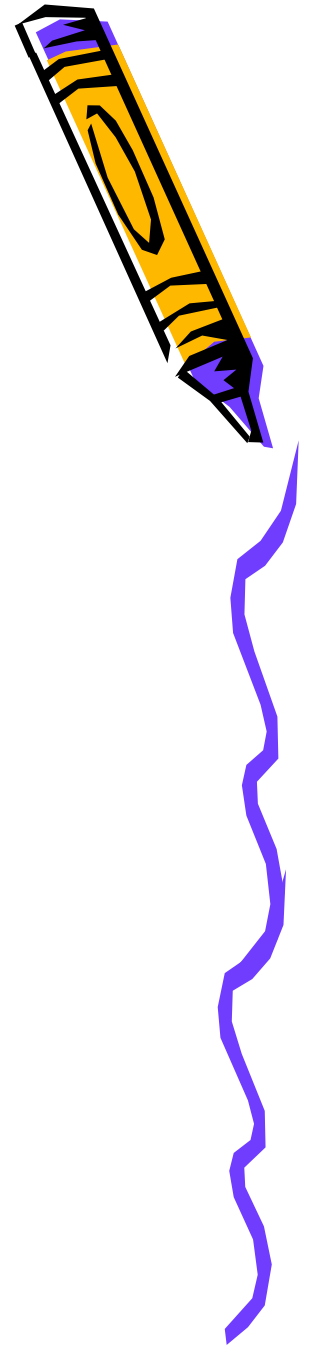
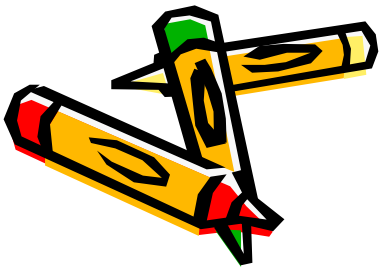
Parents learn

- to give effective directions
- to give consistent consequences
- to generalize skills to community and home



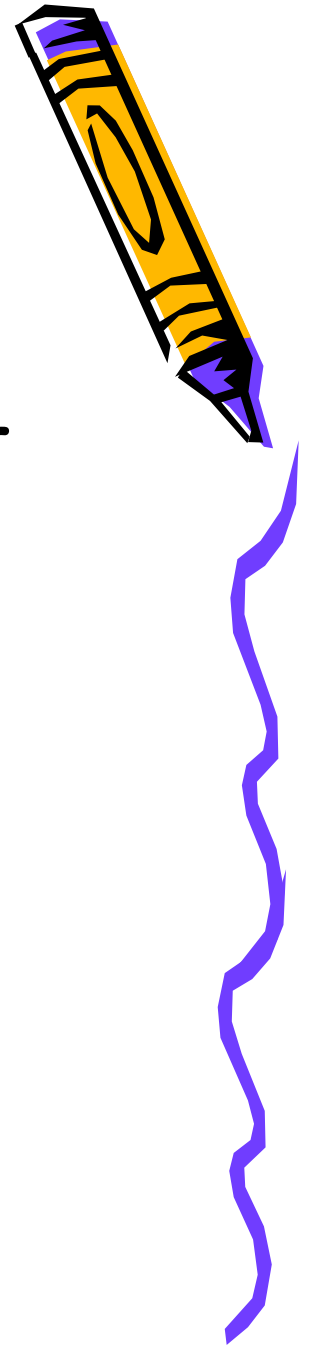
Developer

- Sheila M. Eyberg, Ph.D. began developing PCIT when she was at OHSU in the 1970's
- www.pcit.org



Trainers

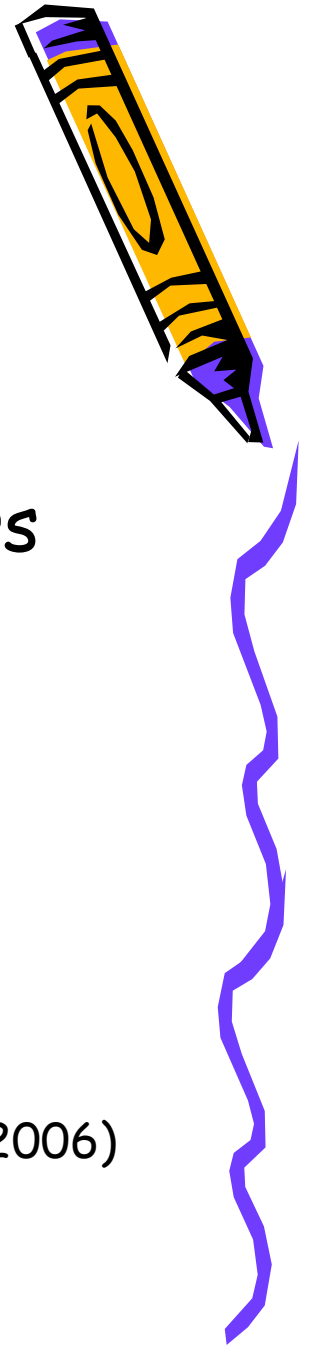
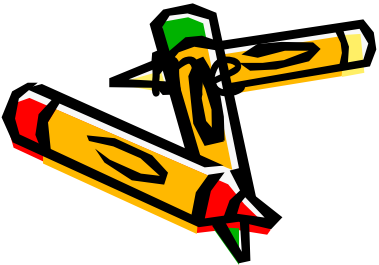
- Cheryl McNeil, University of West Virginia
- Nancy Zebell, UC Davis
- Beverly Funderburk and Melanie Nelson, University of Oklahoma



Theory

- Emphasis on restructuring parent-child patterns, not modifying target behaviors
- Parents are not blamed, but are given responsibility for improving the child's behavior.
- Parents are coached with a "bug-in-the-ear" from behind a one-way mirror.
- Direct coaching parents

(UC Davis PCIT Training Materials, 2006)

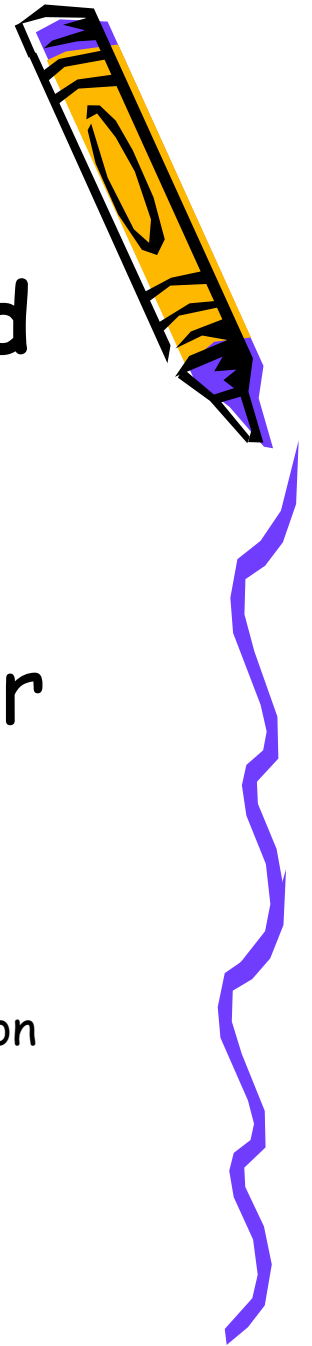


Who is PCIT for?

Children from 2 - 7 years old

"Therapy during the preschool years may be more effective than treatments initiated after age seven."

Hembree-Kigin, T. L., & McNeil, C. B. (1995). *Parent-Child Interaction Therapy*. New York: Plenum Publishing Corporation



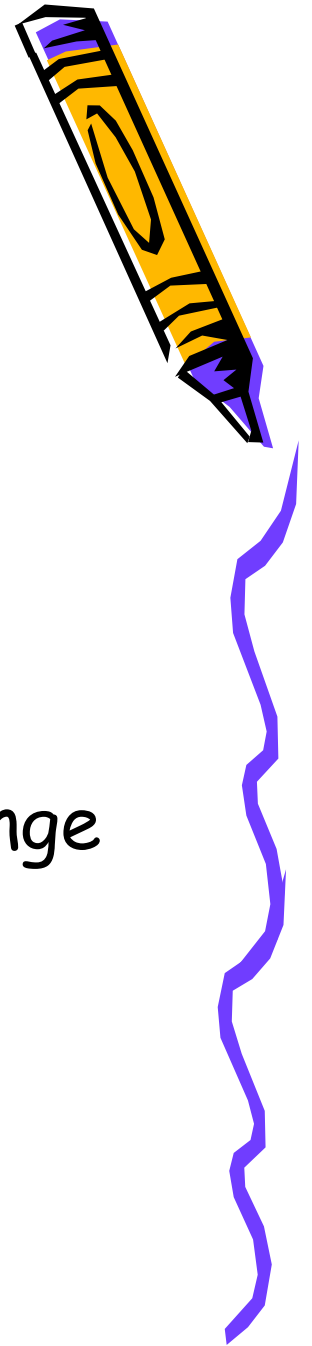
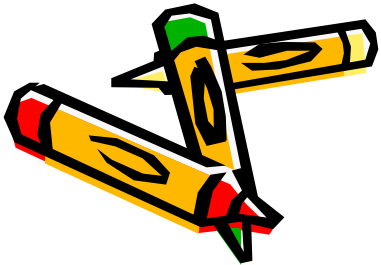
Children whose behaviors include

- Aggression
- Noncompliance
- ADHD
- Destructive Behaviors
- Anxiety
- Limited Expressive Language
- Tantrums
- Difficulties in school, daycare
- Developmental Delays
- History of Trauma/Neglect
- FASD



Parent and Children need to spend sufficient time together each week so that:

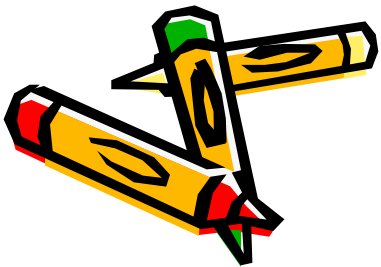
- Homework can be completed (special play time)
- Parent has more time to practice skills
- Parent-Child relationship can enhance
- Parent-Child negative patterns can change to more positive patterns
- Skills can be generalized to home & community



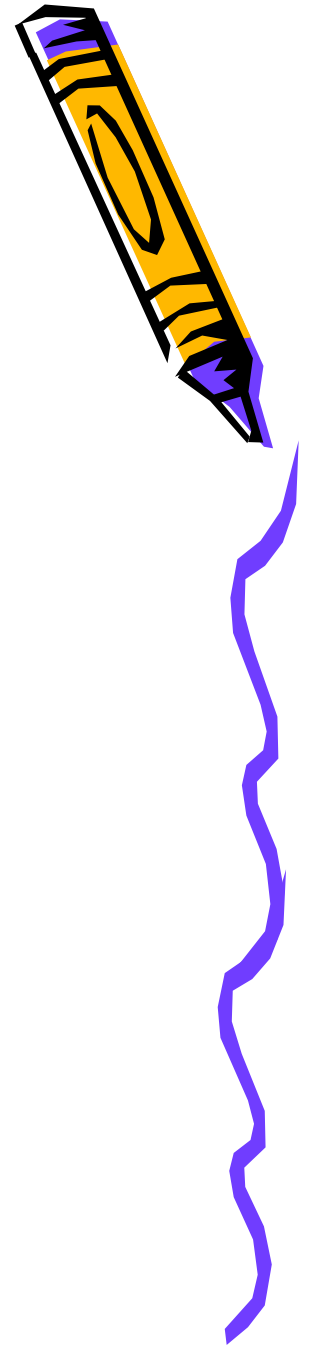
National Training Guidelines

Clinician

- Master's degree or higher
- Licensed or receiving supervision from a licensed person trained in PCIT
- Actively working with children and families

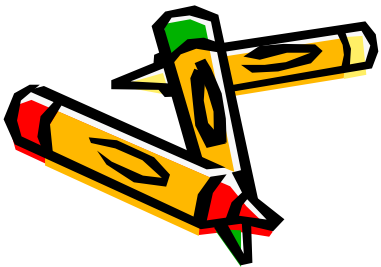


PCIT National Training Guidelines May 2009



National Training Guidelines cont.

- 40 hours face to face with PCIT trainer
- Advance live training
- Case Experience- completion of two cases
- Skills review - signing off on skill criteria

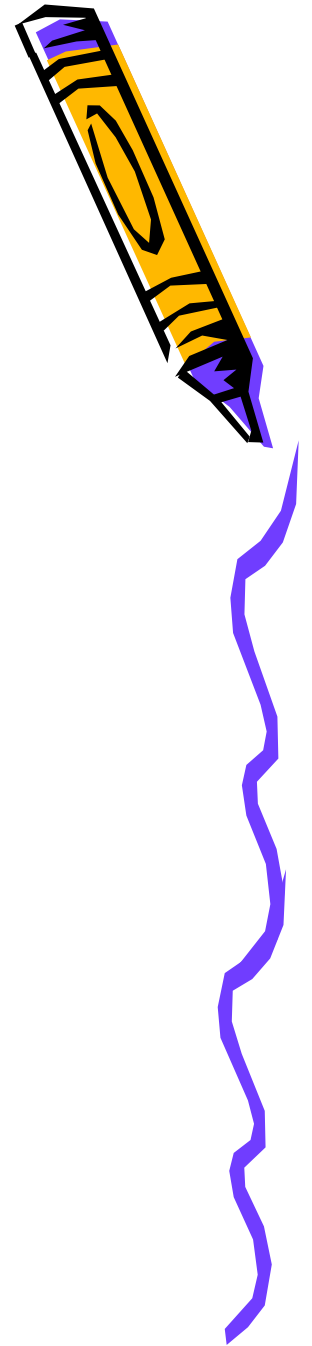


National Guidelines

Agency

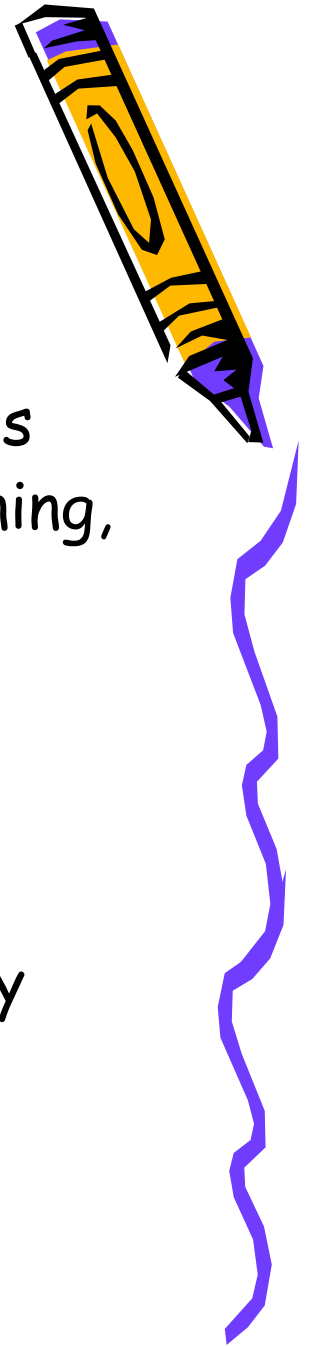
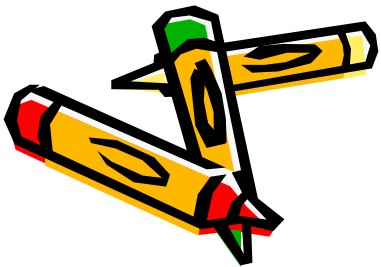
- Needs to have appropriate space and equipment
- Serve 2-7 year old population
- Allow time for ongoing training and consultation of staff

PCIT National Training Guidelines May 2009



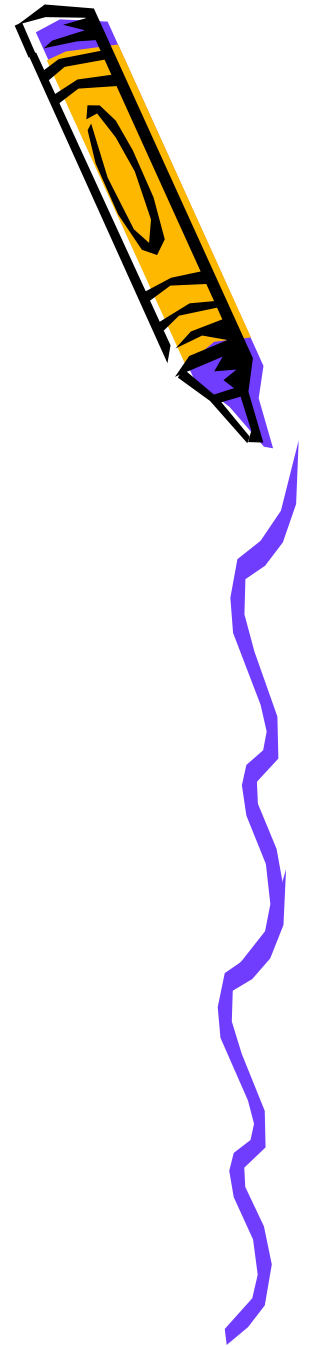
Supports in Oregon

- Supervision and supports with national trainers
- Video review for certification or ongoing training, including consent to tape and releases of information
- Annual fidelity review
- Live coaching
- Case consultation
- National trainer's protocols, including integrity checklists



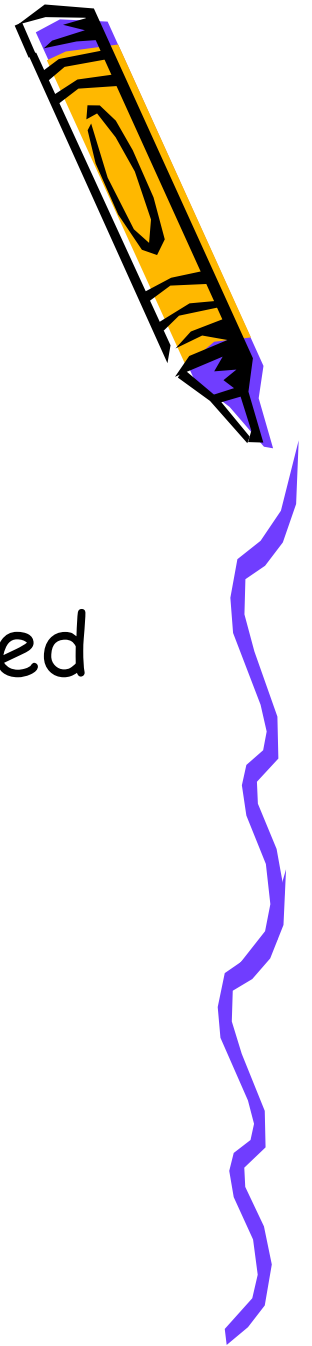
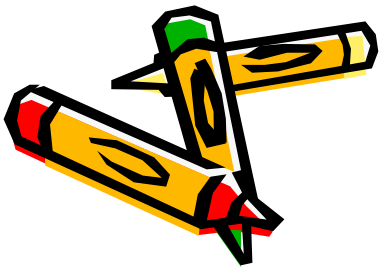
Family Experience

Sierra McDonald
Gonzalez Romero



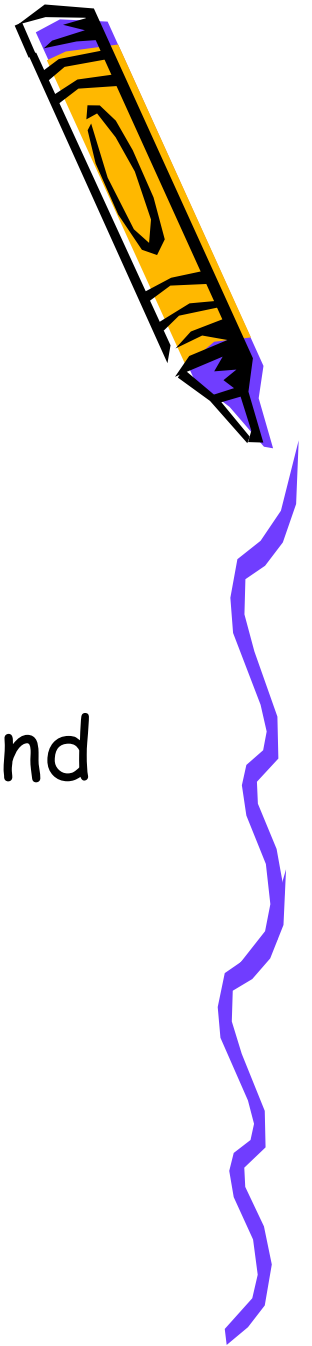
Promotores

- The Oregon Children's Plan has a focus on a cultural, linguistic or ethnic populations. All sites selected to focus on the Hispanic / Latino population.
- Description of outreach to this population



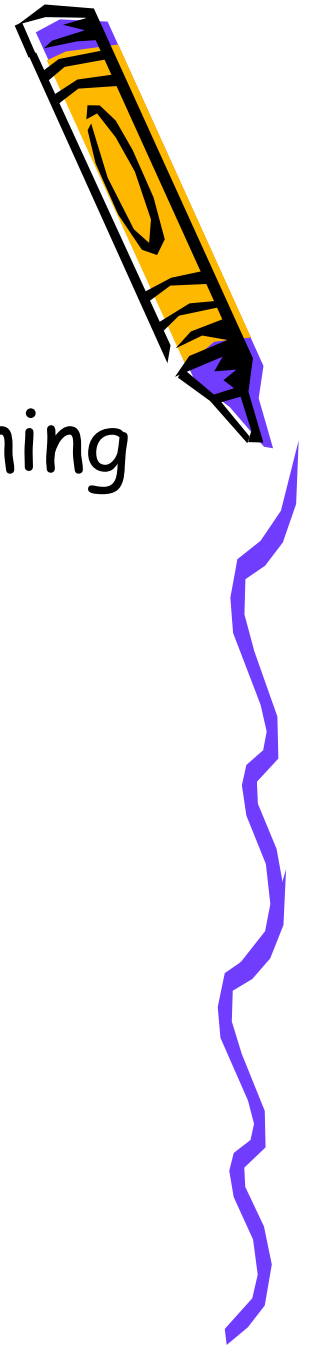
Clinicians Working With Diverse Cultures

- Language is important
- Culture and family values are important
- Examples of training and background of clinicians working with the Hispanic / Latino population
- Variety of family structures



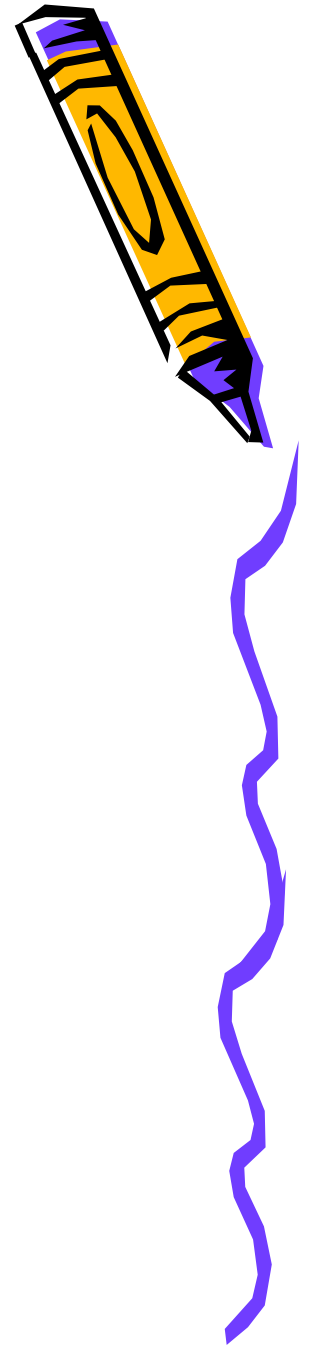
PCIT Consortium

- Coordinate with the National Training Committee
- Support implementation and maintaining fidelity to the PCIT model

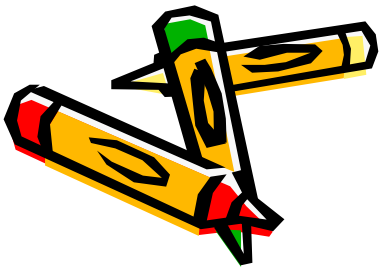
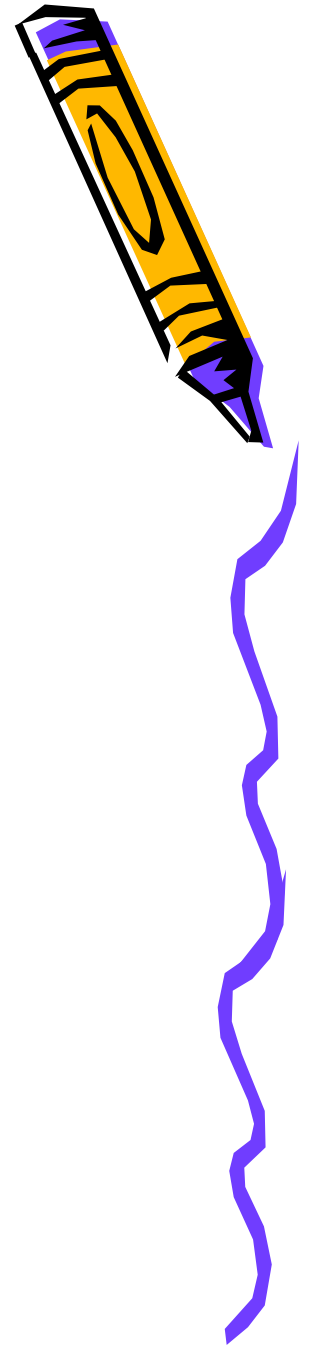


PCIT Consortium

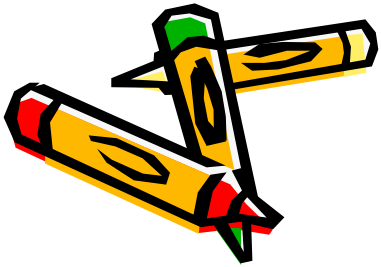
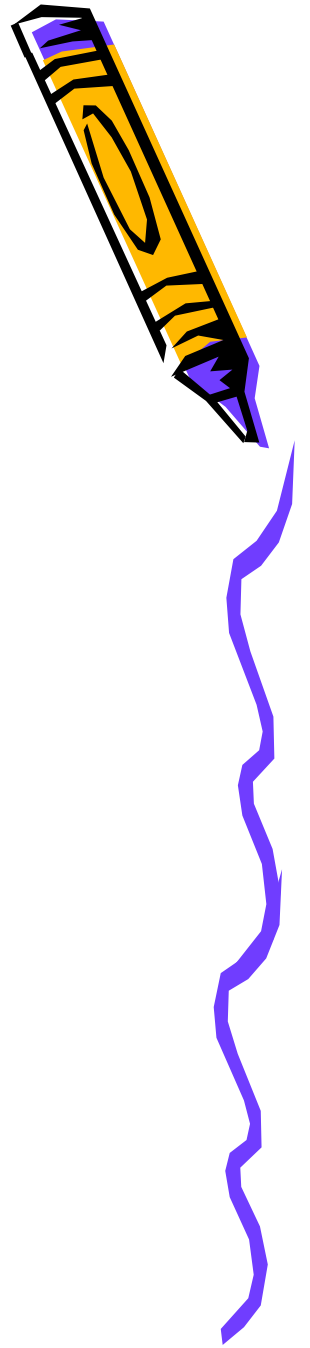
- How to apply
 - Clinician
 - Agency



Questions?



Thank you



References

U C Davis Training Materials (2006).
www.pcittraining.tv

University of California Davis website
www.pcittraining.tv

University of Florida website www.pcit.org

