

*Mid-Valley Behavioral  
Health Care Network*



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**New Solutions High-Fidelity  
Wraparound Model**

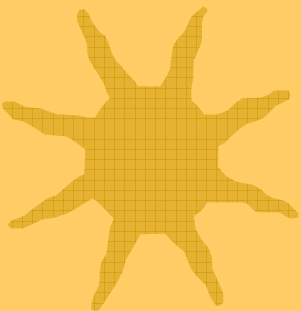
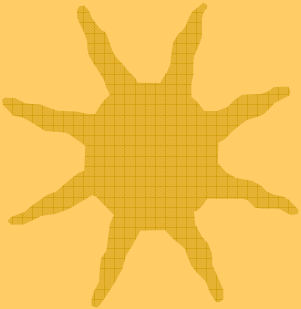
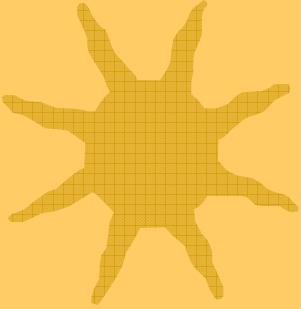


# *Why do High-Fidelity Wrap?*

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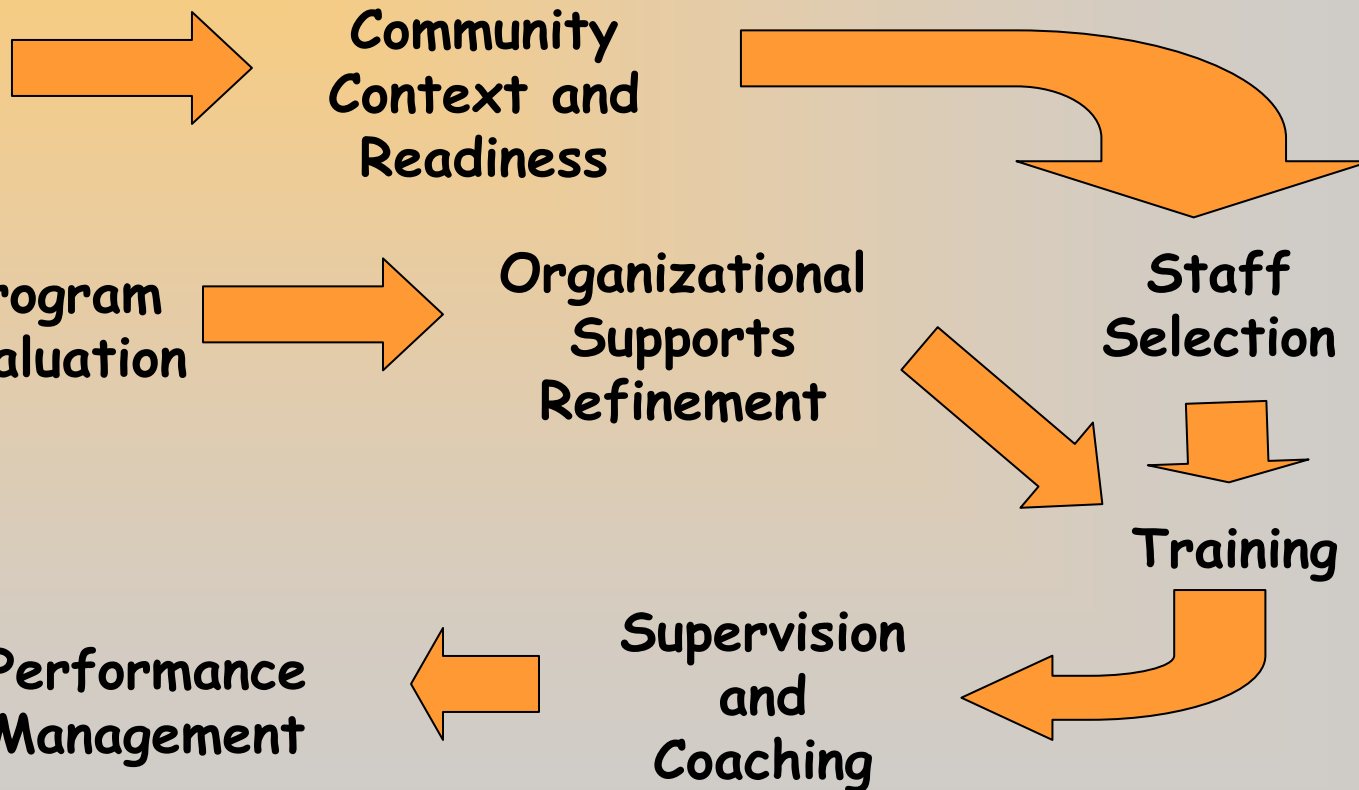
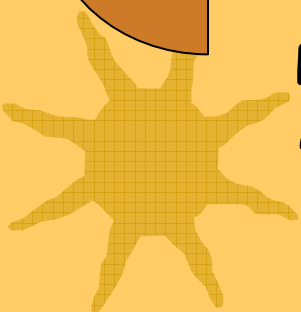
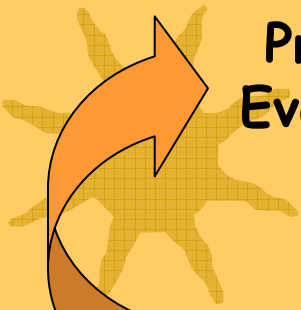
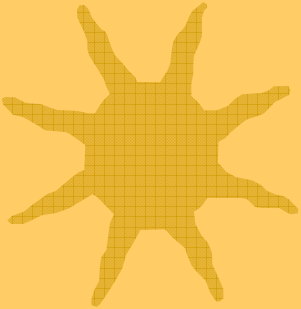
High Fidelity Wraparound produces significantly better outcomes for high-needs children and families than traditional approaches

- Increased permanency and stability for children
- Decreased restrictiveness of residential environments
- Improved behavior and mental health symptoms
- Improved school and early care outcomes
- Decreased family and child safety issues and risk factors
- Increased family and child protective factors
- Increased family engagement and satisfaction with services
- Increased family resources to support their own children





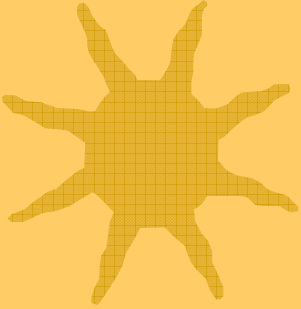
# *Wraparound Fidelity Process*





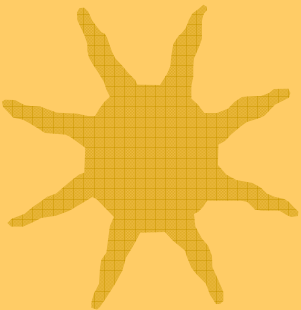
## *6 Components of Fidelity Wrap: How we keep from “drifting”*

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★ Training

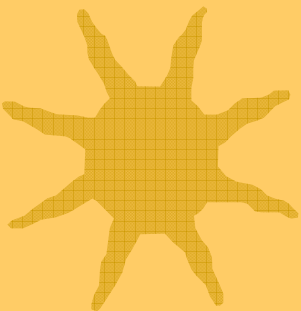
★ On-going Coaching



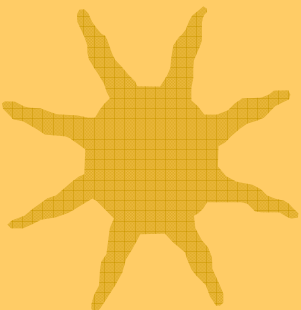
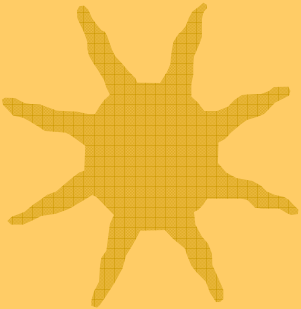
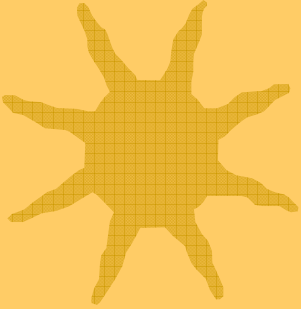
★ Annual Community Care Coordination Committee Infrastructure Survey

★ 6-Month Fidelity Reviews

★ Annual Wraparound Fidelity Index



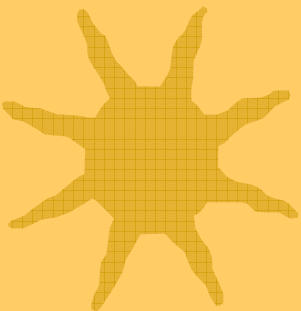
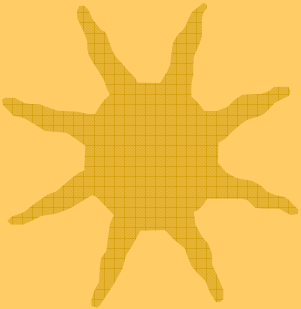
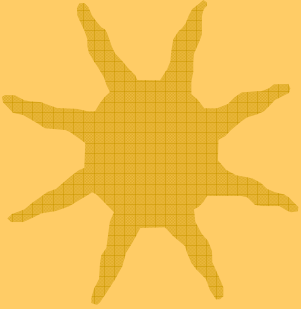
★ Integral part of MVBCN’s Quality Plan



# *Training*

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- ★ Facilitated by a credentialed trainer.
- ★ New staff receive 4 days of training.
- ★ Initial training over 6-8 weeks.
- ★ Focus on a) wrap principles/practices, b) 4 stages of wrap, c) theory of change.
- ★ Observation and practice between training days.
- ★ Training is a combination of reading, presentation and behavioral rehearsals.



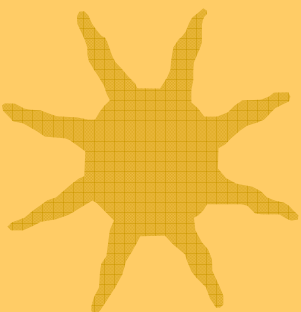
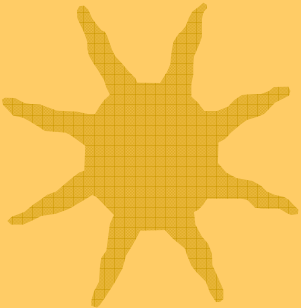
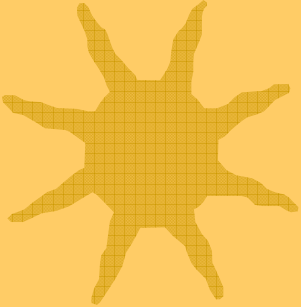
# *Coaching*

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- ★ Newly-learned behavior is crude compared to performance by a master practitioner.
- ★ Newly-learned behavior is incomplete and will need to be shaped to be most functional in a service setting.
- ★ Newly-learned behavior is fragile and needs to be supported in the face of reactions from consumers and others in the service setting.
- ★ Coaching occurs 1:1 and in small groups and is based on the needs/strengths of the wrap facilitator and an assessment of their learning style.



# *Credentialing Process*



- ★ Document Review and Meeting Observation is done to:
  - Communicate expectations to new staff
  - Assess their performance
  - Provide information to guide coaching
  - Identify when basic criteria has been met

- ★ Staff must “pass” 3 of each type document:
  - SNCD
  - Functional Behavioral Assessment
  - Crisis Plan
  - Wrap Plan
  - Transition Plan
  - Set of Progress Notes
- ★ Staff are observed facilitating meetings and must “pass” 1 of each type of meeting:
  - Initial Meeting with Family
  - Initial Child & Family Team Meeting
  - Crisis Plan Meeting
  - Implementation Meeting



## Documentation Form Four Crisis Plan

Wraparound Facilitator: \_\_\_\_\_ Site: \_\_\_\_\_  
 Reviewer: \_\_\_\_\_ Date: \_\_\_\_\_  
 Child ID # \_\_\_\_\_

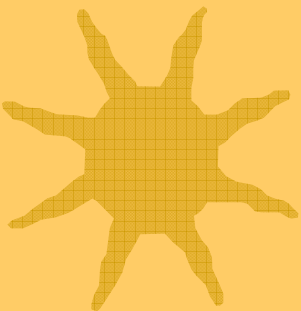
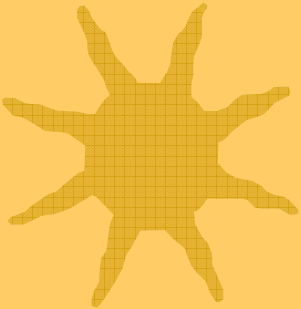
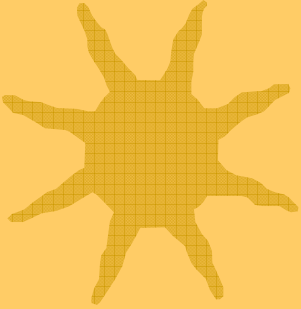
Code    M            Met  
           P            Partially Met  
           U            Unmet  
           DNA        Does Not Apply

Standard	Rating	Comments
1. The crisis plan identifies and prioritizes the most likely crises based on severity and likeliness of occurrence (Skills 49 and 50)	M P U DNA	
2. The Crisis Plan is based on a comprehensive functional assessment that begins with a brief, clear statement of the crisis behavior or situation, (Skill 51)	M P U DNA	
3. The plan defines action steps designed to prevent the crisis behavior or situation from happening by modifying what occurs before the crisis. (Skill 58)	M P U DNA	
4. The plan identifies signs or behaviors that indicate the crisis is beginning. (Skill 59)	M P U DNA	
5. The plan identifies ways to deescalate crisis situations before they become severe. (Skill 59)	M P U DNA	
6. The plan provides a detailed and sequential set of action steps to be followed by the team if the predicted crisis behavior or situation does occur. (Skill 60)	M P U DNA	
7. The crisis plan includes specific goals that are measurable. (There is a method for evaluating the progress toward desired goals/outcomes). (Skill 43)	M P U DNA	
8. The crisis plan options are based on family and youth strengths and culture. (Skill 45)	M P U DNA	
9. The action plan specifies who will do what, how often, and when action steps should be completed. (Skill 47)	M P U DNA	
10. The plan is a mix of natural supports and formal services. (Skill 44)	M P U DNA	

Record other comments on the back of the page or attach extra sheets. If using the back or extra sheets check here \_\_\_\_\_.



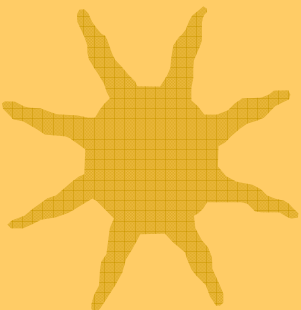
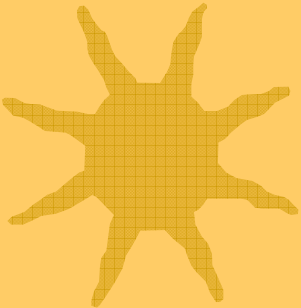
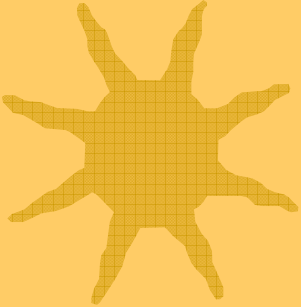
## *Community Care Coordination Infrastructure Survey*



- ★ Conducted annually in each of the 5 counties.
- ★ Focus changes based on outcome of each survey. Current focus is:
  - The degree to which the committee is safe and welcoming to families and focused on strengths, not just needs.
  - The level of collaboration among community partners
  - The diversity of the group.
  - The extent to which the committee supports the development of natural supports.



# *6-Month Fidelity Reviews*



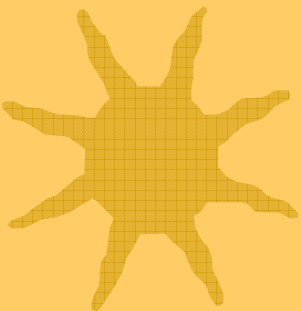
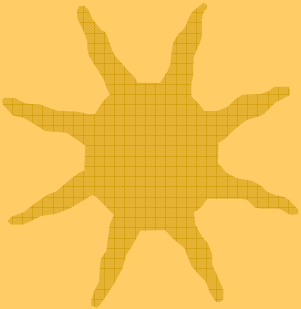
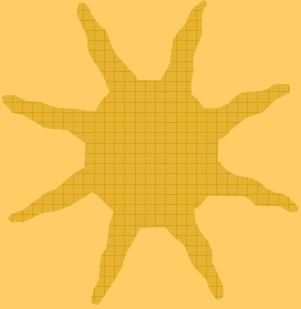
- ★ On-going Review of Credentialed Wrap Facilitators
- ★ Coach reviews 3 files
- ★ Focus on most current Wrap Plan, Crisis Plan and Progress Notes
- ★ One Meeting is also observed and scored
- ★ Feedback given to staff and program, identifying strengths and needs
- ★ Counties develop work plan to meet identified needs.

- ★ Additional Focus on:
  - % of Natural Supports on the Team
  - Youth Involvement on Teams
  - Transition to family-led Wrap Teams



## *Wraparound Fidelity Index*

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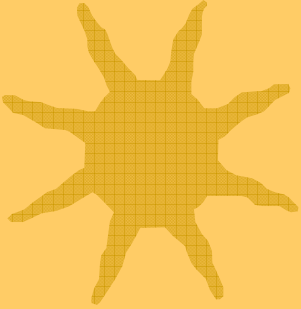


- ★ Evidence-Based Survey conducted annually
- ★ Assesses the extent to which our services adhere to the 10 principles and 4 phases of wrap.
- ★ Consists of 10-20 minute phone interviews with parents/caregivers, youth, the Wrap Facilitator and another team member.
- ★ Includes questions related to family voice/choice, natural supports, strength-based process and persistence.
- ★ Highlights strengths and areas of need.

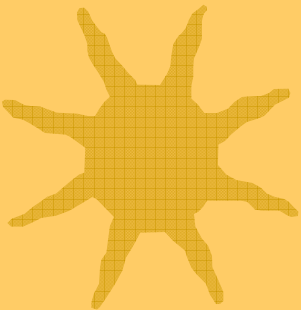


## *MVBCN Quality Plan*

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★ Goals related to fidelity wrap embedded in annual quality plan



★ Focus on youth involvement and development of natural supports

