



Oregon

# ebp news

OREGON DEPT OF HUMAN SERVICES; ADDICTIONS & MENTAL HEALTH DIVISION

EBP : Evidence Based Practices

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MARCH 2010



## Addictions and Mental Health Division Integrated Conference *Hope, Resilience, Recovery*

**May 25-27, 2010**  
Red Lion Hotel  
Salem, Oregon

Continuing Education Units (CEUs) available

### KEYNOTE PRESENTERS:

- Katharine Cahn, Ph.D., MSW and Christine Stolebarger - Sustaining the Momentum for Change ... Hope, Resilience and Recovery Is for Leaders too! (*May 27, 2010*)
- David Granirer, counselor and stand-up comic - Stand up for Mental Health: Using Humor To Fight The Stigma (*May 27, 2010*)
- Darryl S. Inaba, PharmD., CADC III - The Evolving Science of Relapse and Recovery (*May 25, 2010*)
- Charles Martinez, Jr., Ph.D - Supporting Strong Latino Children and Families in Oregon: Links between Acculturation and Behavioral Health (*May 25, 2010*)
- Gabor Maté, M.D. The Hungry Ghost: A Biopsychosocial Perspective on Addiction, from Heroin to Workaholism (*May 26, 2010*)

**INTENDED AUDIENCE:** Children and adult mental health treatment providers, community coalitions, individuals and family members of those served by the mental health and substance- use treatment system, people in recovery, substance abuse prevention and treatment providers

**WORKSHOP AREAS:** Prevention and Treatment for Specific Populations, Peer-Delivered Services, Psychiatric Security Review Board (PSRB) Guidelines, NIATx, Recovery-Oriented Services, Rules, Trauma Informed Services, Wellness and More

Electronic registration will begin about April 1, 2010. **Due to space limitations, and to encourage as many providers and community members to attend, you will be able to register for a maximum of two days.**

Visit the AMH Conference Webpage to register, for lodging information and general information on the conference:

<http://www.oregon.gov/DHS/addiction/2010amh-conference.shtml>

*"Nothing is more dangerous than an idea when it is the only one you have"*

**Emile Chartier,  
philosopher**





**Focus On:  
EBPs Added to AMH Approved List**



**Screening, Brief Intervention, Referral Treatment (SBIRT)**

SBIRT is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders. Primary care centers, hospital emergency rooms, trauma centers, and other community settings provide opportunities for early intervention with at-risk substance users before more severe consequences occur.

**S**creening quickly assesses the severity of substance use and identifies the appropriate level of treatment.

**B**rief Intervention focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change.

**R**eferral to **T**reatment provides those identified as needing more extensive treatment with access to speciality care.

A key aspect of SBIRT is the integration and coordination of screening and treatment components into a system of services. This system links a community's specialized treatment programs with a network of early intervention and referral activities that are conducted in medical and social service settings. For more info go to: <http://sbirt.samhsa.gov/index.htm>



**Helping Women Recover/Beyond Trauma**

Beyond Trauma: A Healing Journey for Women is an integrated curriculum for women's services based on theory, research, and clinical experience. While the materials are designed for trauma treatment, the connection between trauma and substance abuse in women's lives is a theme throughout. The program has been developed for use in residential and outpatient treatment settings, domestic violence programs, mental health clinics, and criminal justice settings.

Helping Women Recover - A Program for Treating Addiction is an innovative gender-responsive and trauma-informed program that integrates theories of women's psychological development, trauma, and addiction. It contains evidence-based data as well as proven techniques to meet the needs of chemically dependent women.

The practices were reviewed and approved for use together. For more information go to: <http://www.stephaniecovington.com/books.asp>

***“Pay attention to the questions you need to ask not the answers you want to hear”***

***Leonard Hirsch***

## Substance Abuse Prevention Specialist Training

April 21-23, 2010 from 8 am to 5 pm

Eugene, Oregon

Cost: \$75 CEUs provided

**"How do I stay on top of what's going on with EBPs in Oregon?"**

Sign up to receive EBP-related emails at:

[https://service.gov.delivery.com/service/subscribe.html?code=ORDHS\\_98](https://service.gov.delivery.com/service/subscribe.html?code=ORDHS_98)

This training has been designed for those who are interested in Prevention Specialist Certification as well as those who want to make sure their community prevention efforts are based solidly in prevention science. For more information go to

<http://www.oregon.gov/DHS/addiction/prevention.shtml#training>

### Children's Wraparound Initiative

Below is an excerpt from the latest communique on this important project; the full text and lots more information on the initiative is available at <http://www.oregon.gov/DHS/mentalhealth/wraparound/main.shtml>. You can sign up there to receive ongoing updates via email.

As the Department of Human Services (DHS) moves closer to choosing demonstration project sites for the Children's Wraparound Initiative, the department would like to share one of many success stories that keep staff motivated and inspired.

Two years ago Roger was adopted from foster care by a family out of state. When the adoption failed he was sent back to Oregon with his behavioral and emotional problems untreated. At 9 years old, Roger had a lot to deal with. Then he was referred to Wraparound Oregon in Multnomah County where caring professionals drafted a plan.

His facilitator and parent partner quickly went to work to locate any family Roger might have. They found his grandmother only three blocks from his residential placement. The team, along with grandma, worked on an individual plan of care which included moving into a foster home, going to public school and playing sports. Today Roger is thriving. He's in school, out of trouble, playing sports and has a new home. His foster father is adopting him.

DHS wants more success stories like Roger's. That is the purpose of the Statewide Children's Wraparound Initiative passed into law in June of 2009. The law charges DHS to develop an integrated system of care in order to maximize positive outcomes for children with behavioral health care needs who are also in the custody of DHS. While great work is already underway DHS is now moving towards a statewide implementation.

**Want to learn more about evidence-based practices for problem gambling prevention and treatment?** Join us for the 2010 National Council on Problem Gambling Annual Conference, this year to be held in Portland on June 9 - 12.



National Council  
on Problem Gambling

**SAVE THE DATE!**

24th Annual Conference on Problem Gambling Prevention,  
Research, Recovery & Treatment:  
**Innovation, Integration, Implementation**

June 9-12, 2010 • Portland, Oregon  
Hilton Portland & Executive Tower  
[www.ncpgambling.org/conference](http://www.ncpgambling.org/conference)



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## Independent Peer Review Process for 2009

The Substance Abuse Prevention and Treatment (SAPT) Block Grant requires an Independent Peer Review (IPR) process. Fourteen addiction treatment providers and eight addiction treatment agencies participated.

The goals of the project were to use reviewers as consultants, focus on outcomes, increase the use of the "AMH Reports" database, increase retention by using NIATx principles, and meet the grant requirement.

The following are highlights of the agencies' review:

- Focus on EBPs has helped agencies achieve significant outcomes in helping clients transition into the community and reducing recidivism
- Clients' perception of care is that they had a positive, safe and successful treatment experience
- Commitment to community and individuals served was evident in programs' processes and provider/individual served interactions
- Strong partnerships with the community

The 2009 IPR process provided information for policy and procedure development. A complete copy of the 2009 IPR process report can be view on the AMH web site at

<http://www.oregon.gov/DHS/mentalhealth/data/ipr-final-report.pdf>.

If you are interested in being a reviewer or hosting agency for the 2010 IPR process, contact Diane Lia at 503-945-6197.

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### AMH's EBP Driver Committee

Not many of AMH providers are aware that AMH has an EBP Driver Committee (so named because it provides recommendations to AMH EBP "Steering" Committee). The Driver Committee has:

- identified practices that meet the AMH EBP definition
- reviewed applications submitted for EBP approval
- participated in fidelity reviews
- made recommendations regarding EBP policies

The Driver Committee's draft goals for 2010-2011 include:

1. developing training/resources, including an online EBP "library";
2. developing methods and materials to help providers "tie" EBPs with outcomes and demonstrate effectiveness of EBPs; and
3. integrating EBP efforts into program reviews

For more information on the EBP Driver Committee contact Greta Coe ([greta.l.coe@state.or.us](mailto:greta.l.coe@state.or.us)).