

# Washington State NIATx/DDCAT Pilot 2008-2010



# Acknowledgements

- NIATx 200 NPO- Alice Pulvermacher and Dr. Jay Ford
- DASA- David Dickinson & Robin Roberts
- NFATTC- Denna Vandersloot and Dr. Steve Gallon
- Dartmouth Medical School- Dr. Mark McGovern
- Project Manager: Janet Bardossi

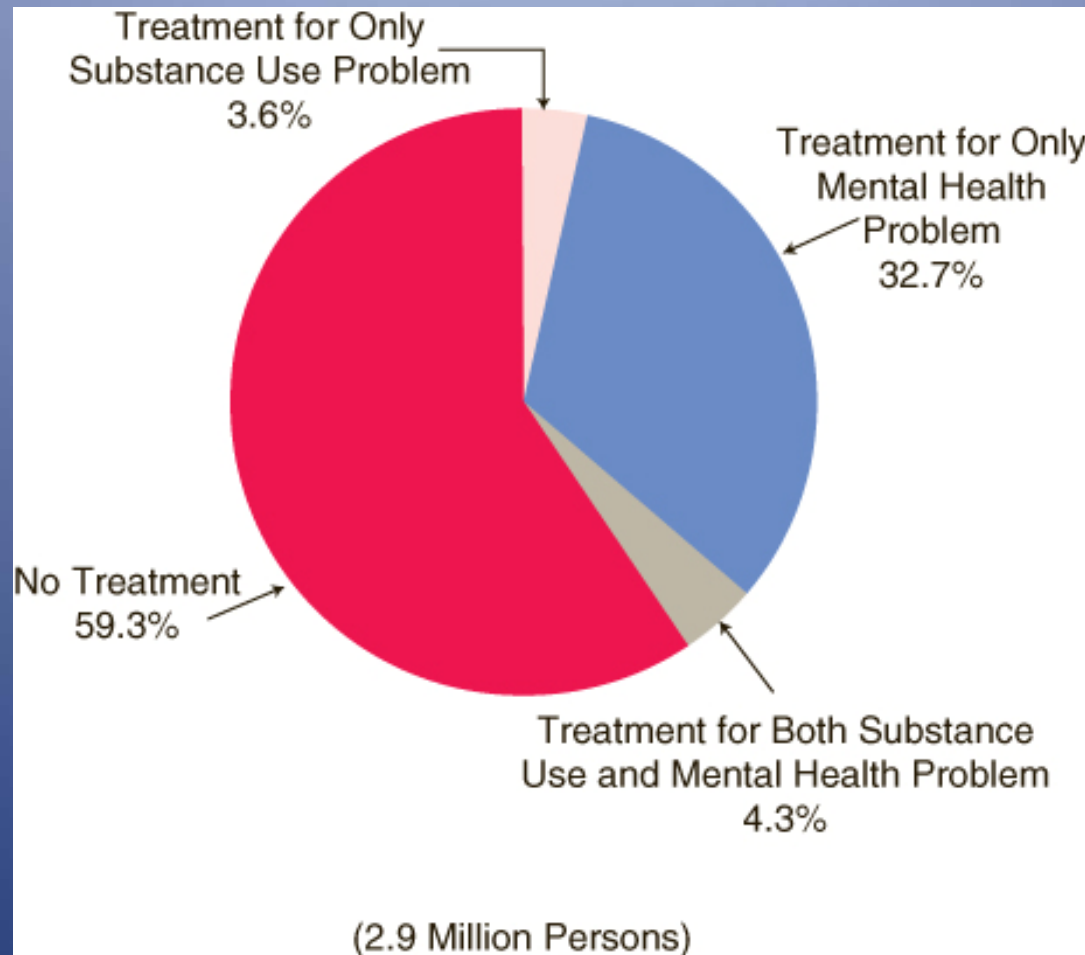


# What's this all about?

## The DDCAT-NIATx Pilot Project



# Past Year Treatment\* among Full-Time Employed Adults Aged 18 to 64 with Co-Occurring Serious Psychological Distress (SPD) and a Substance Use Disorder: 2004 and 2005



# The challenge in getting there

What is “there”?

The lack of a shared  
measure

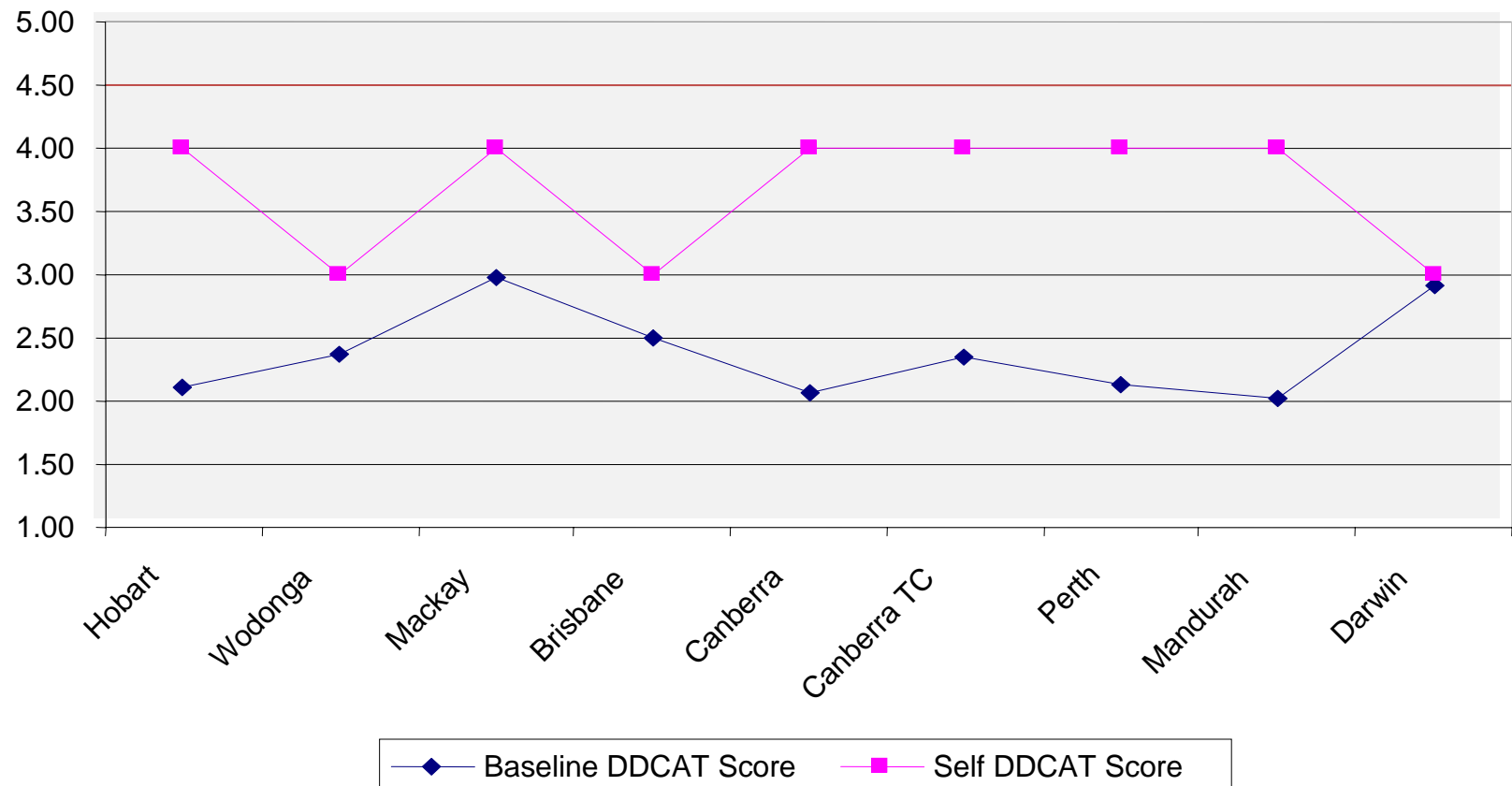
Using the DDCAT  
measure



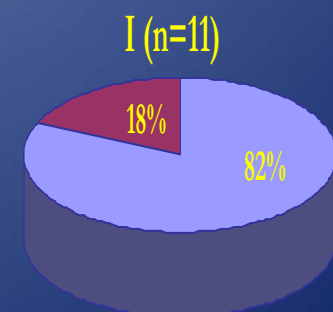
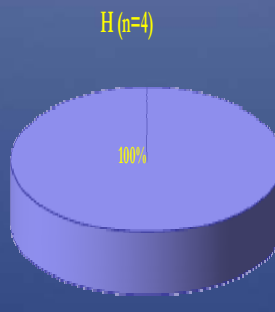
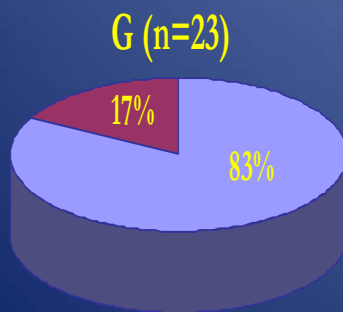
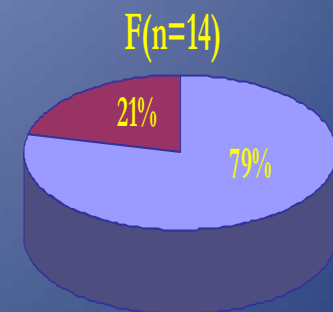
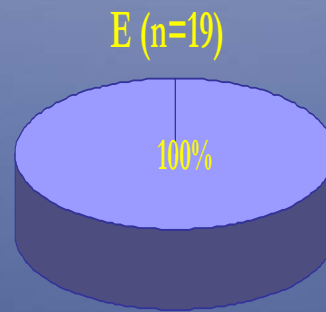
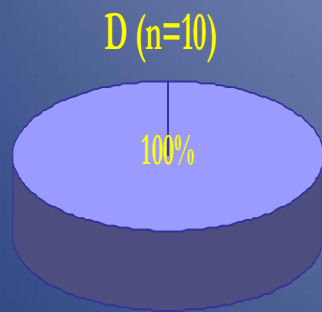
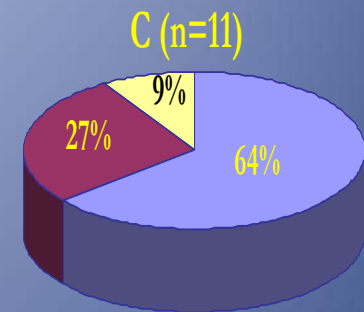
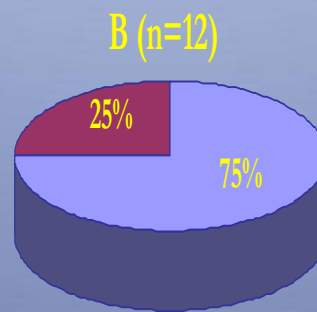
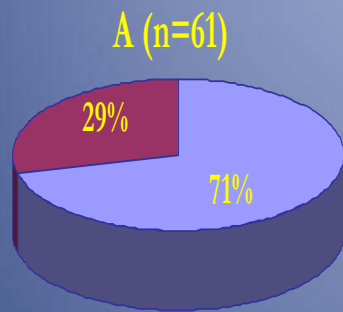
# DDCAT & DDCMHT (3.2): 7 DIMENSIONS & CONTENT OF 35 ITEMS (McGovern, 2008)

	Dimension	Content of items
I	Program Structure	Program mission, structure and financing, format for delivery of mental health or addiction services.
II	Program Milieu	Physical, social and cultural environment for persons with psychiatric or substance use problems.
III	Clinical Process: Assessment	Processes for access and entry into services, screening, assessment & diagnosis.
IV	Clinical Process: Treatment	Processes for treatment including pharmacological and psychosocial evidence-based formats.
V	Continuity of Care	Discharge and continuity for both substance use and psychiatric services, peer recovery supports.
VI	Staffing	Presence, role and integration of staff with mental health and/or addiction expertise, supervision process
VII	Training	Proportion of staff trained and program's training strategy for co-occurring disorder issues.

# DDCAT: SELF VS. INDEPENDENT RATINGS (n=14 agencies in Australia)



# DDCAT PROGRAM CATEGORIES: BASELINE ASSESSMENTS ACROSS 9 STATES (McGovern M., 2008)



■ AOS ■ DDC ■ DDE

# The challenge in getting there

How to integrate  
services using existing  
resources

- NIATx and Process Improvement



# Overview

## DDCAT-NIATX Pilot Project

- Use the DDCAT as a baseline measure
- Take the information from this review and develop a strategic plan based on DDCAT measures
- Use NIATx Process improvement as a vehicle of change





- Introduce DDCAT tool/NIATx Model-



- Baseline Fidelity Review



- Targeting Improvement in Two Dimensions



- Agency Specific Learning and Change Strategies- NIATx



- Solution Focused Interagency Collaboration



- Fidelity Review to evaluate impact of change process and gather recommendations



- Review findings and recommendations for state COD strategic planning

# Phase I Project Activities and Timelines

## Agency Recruitment

– October 2008- January 2009

## Initial Fidelity Review and Onsite Training

– February 2009

## Onsite TA

– March 2009

## Learning Session

– May 2009

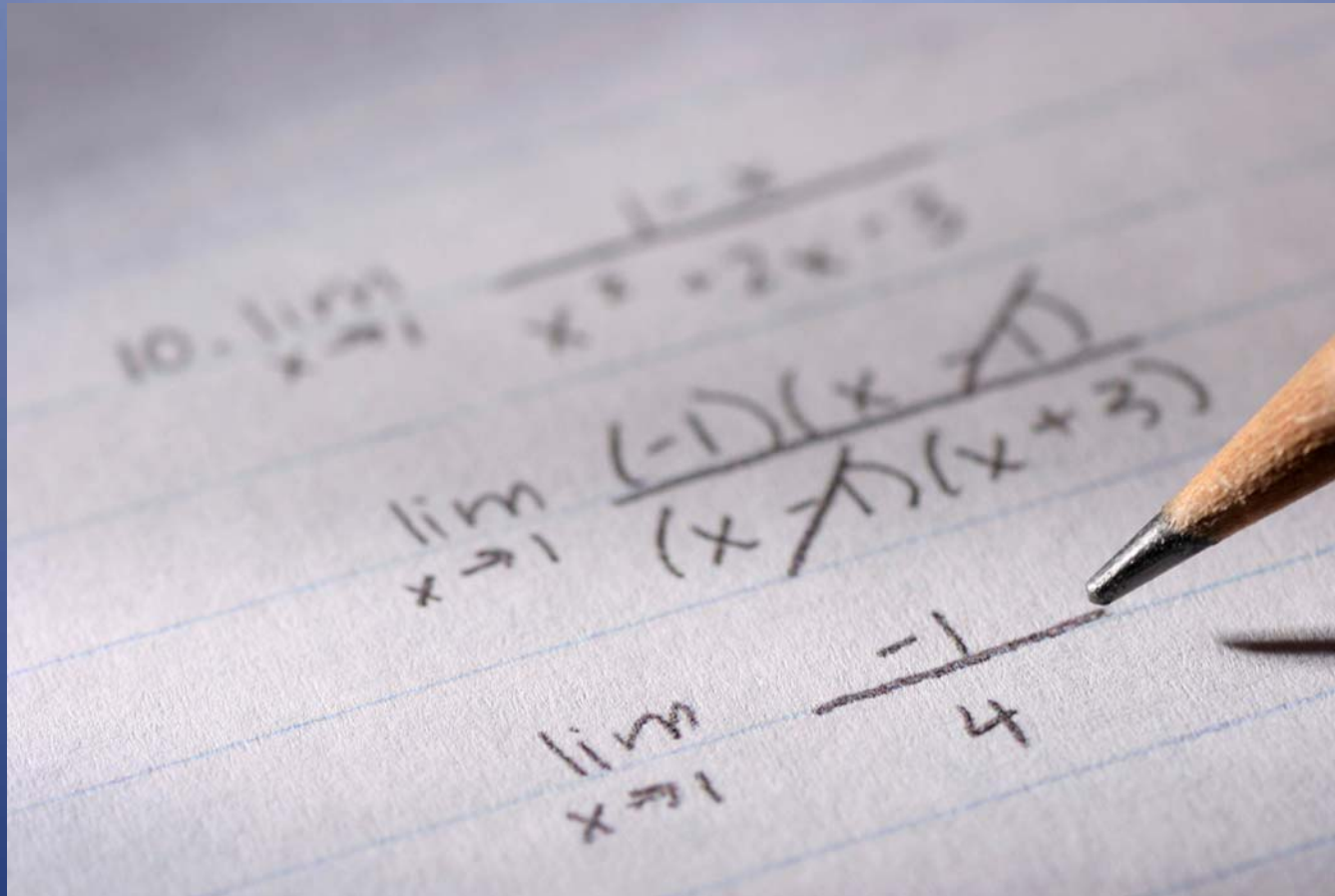
## Final Review

– July 2009 and August 2009

- Monthly Calls



# Outcomes and Project Data

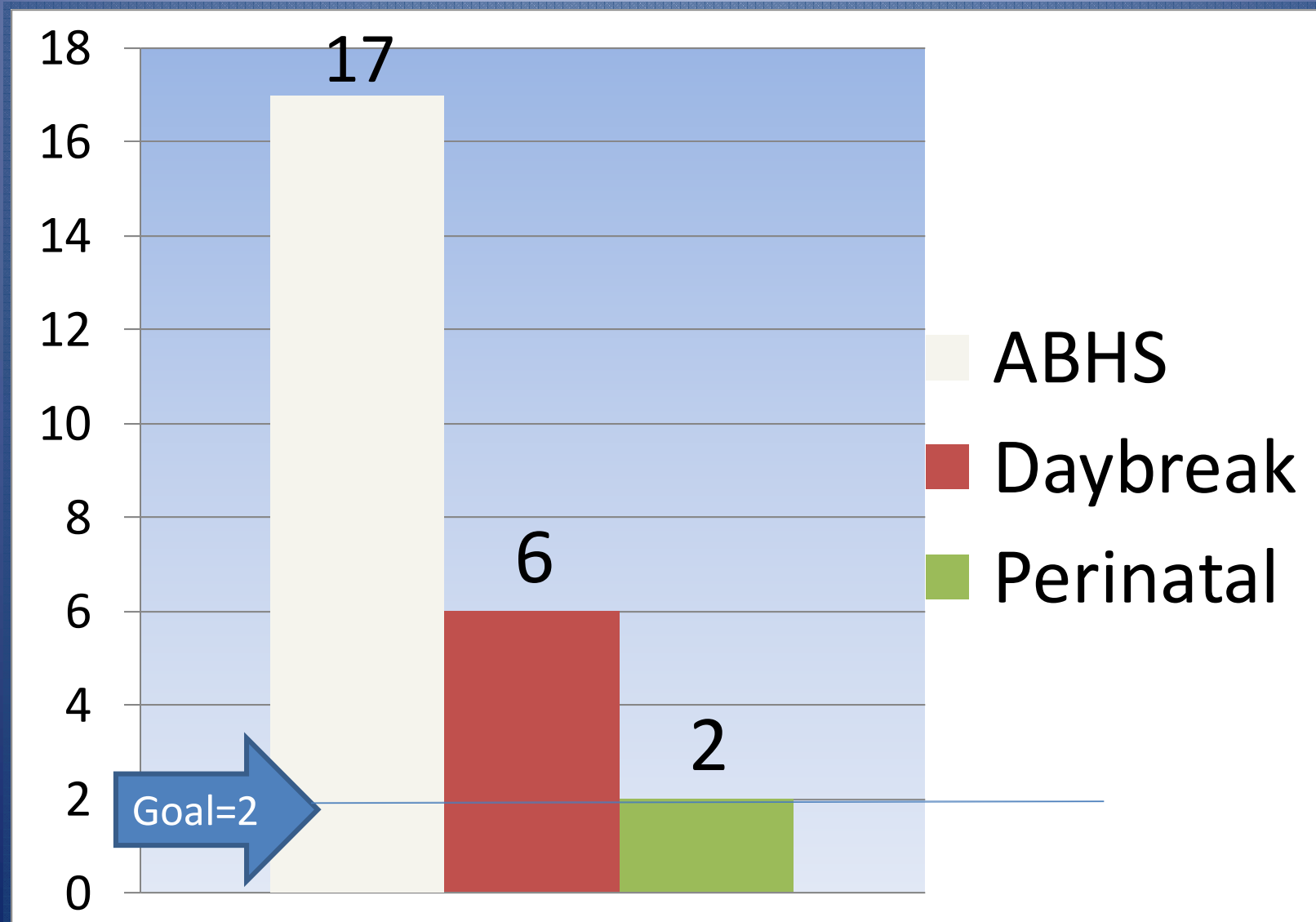


# The Goal of The Project

- Demonstrate improvement in two measures



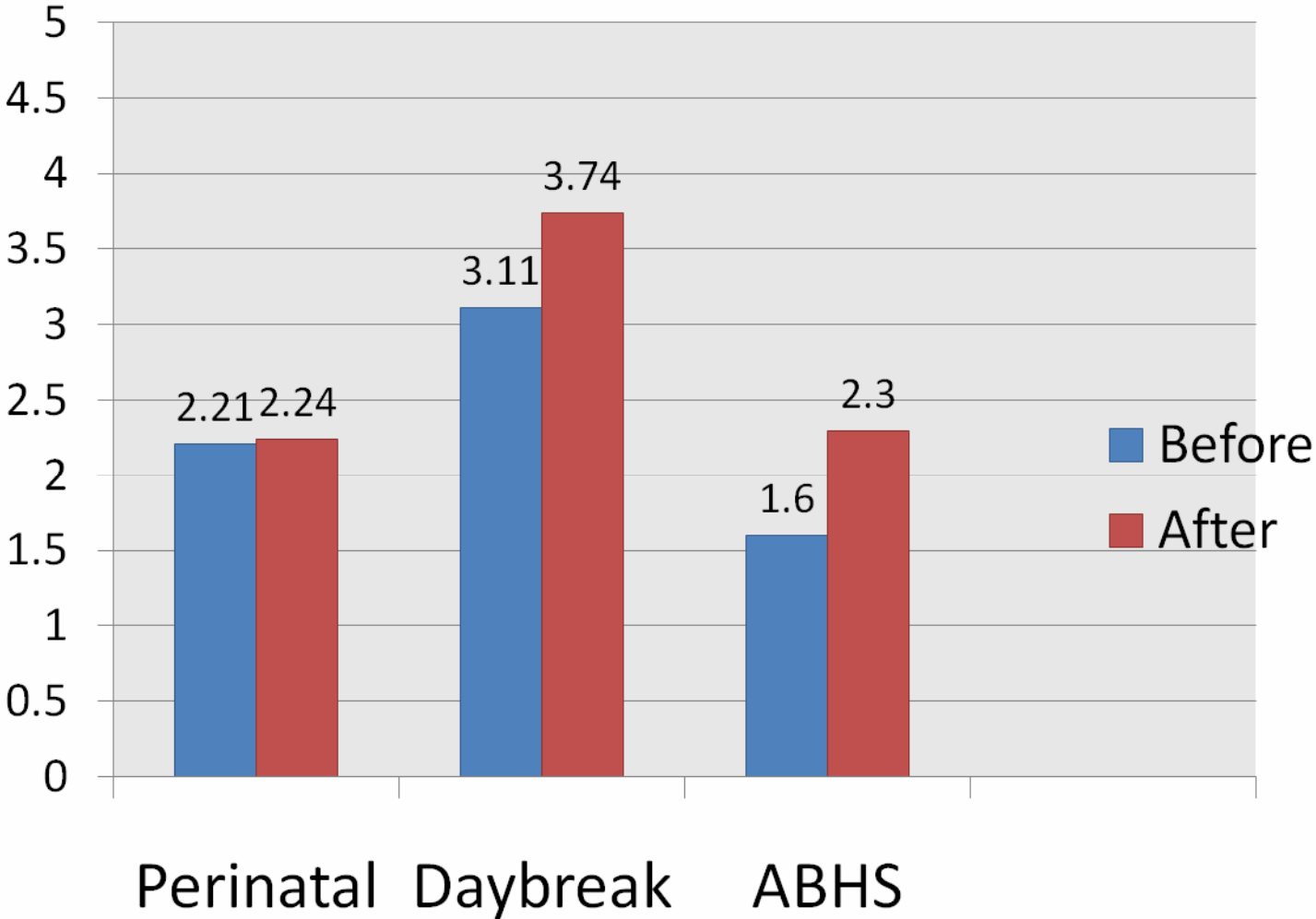
# Washington State-DDCAT-NIATx Project 2009 Number of Measures Changed



Long term goal  
Help agencies move towards  
integration



# Washington State DDCAT-NIATx Project Initial and Final Composite Scores



# Level of Integration

**Perinatal**

**AOS/DDC to AOS/DDC**

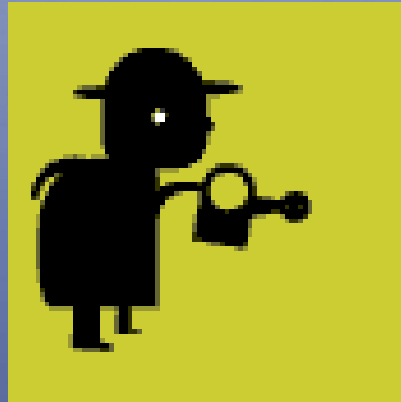
**ABHS**

**AOS to AOS/DDC**

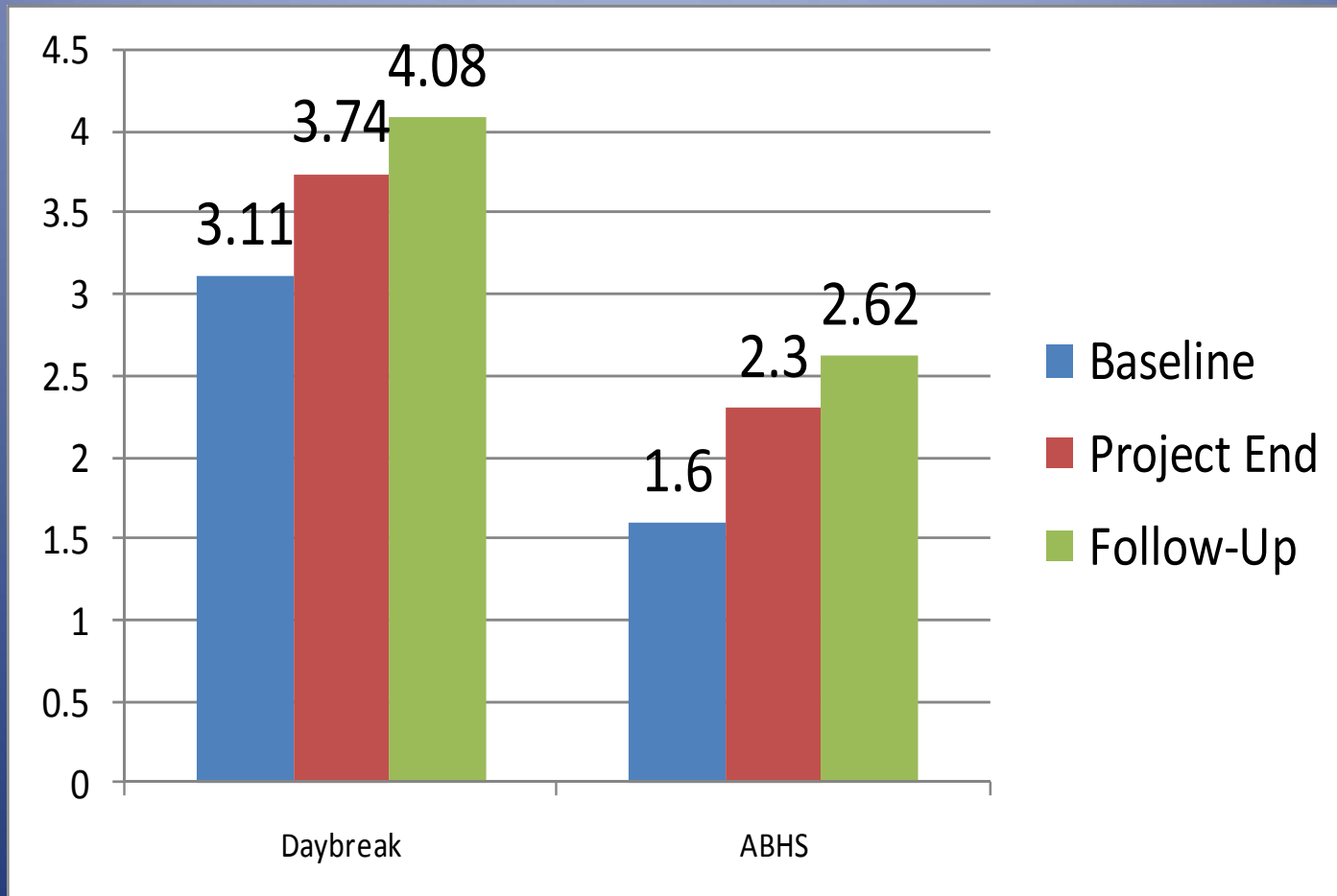
**Day Break**

**DDC to DDC/DDE**

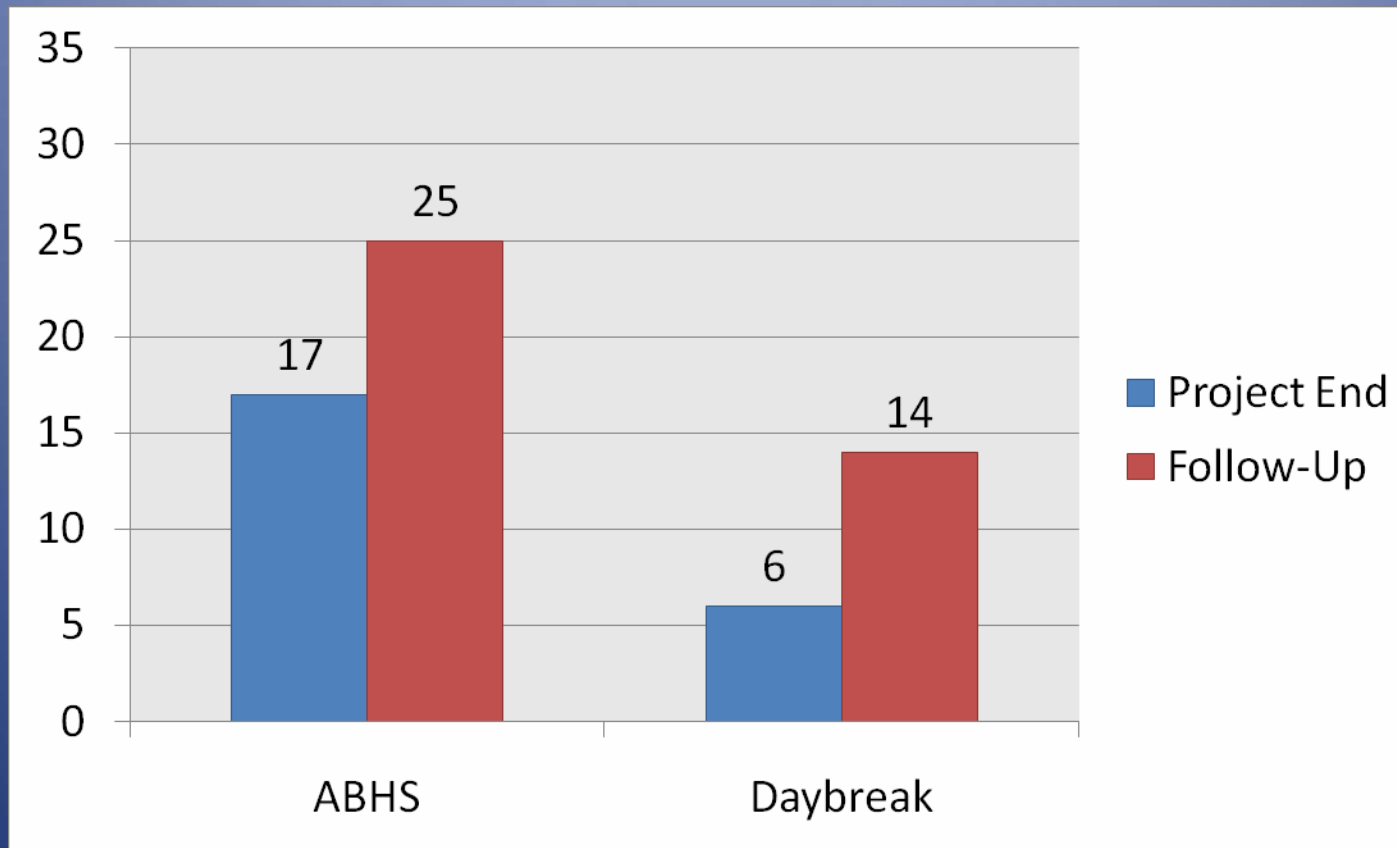
# Follow Up Results- March 2010



# Aggregate Scores February/July 2009 Follow Up March 2010



# Number of Measures Changed July 2009 to March 2010

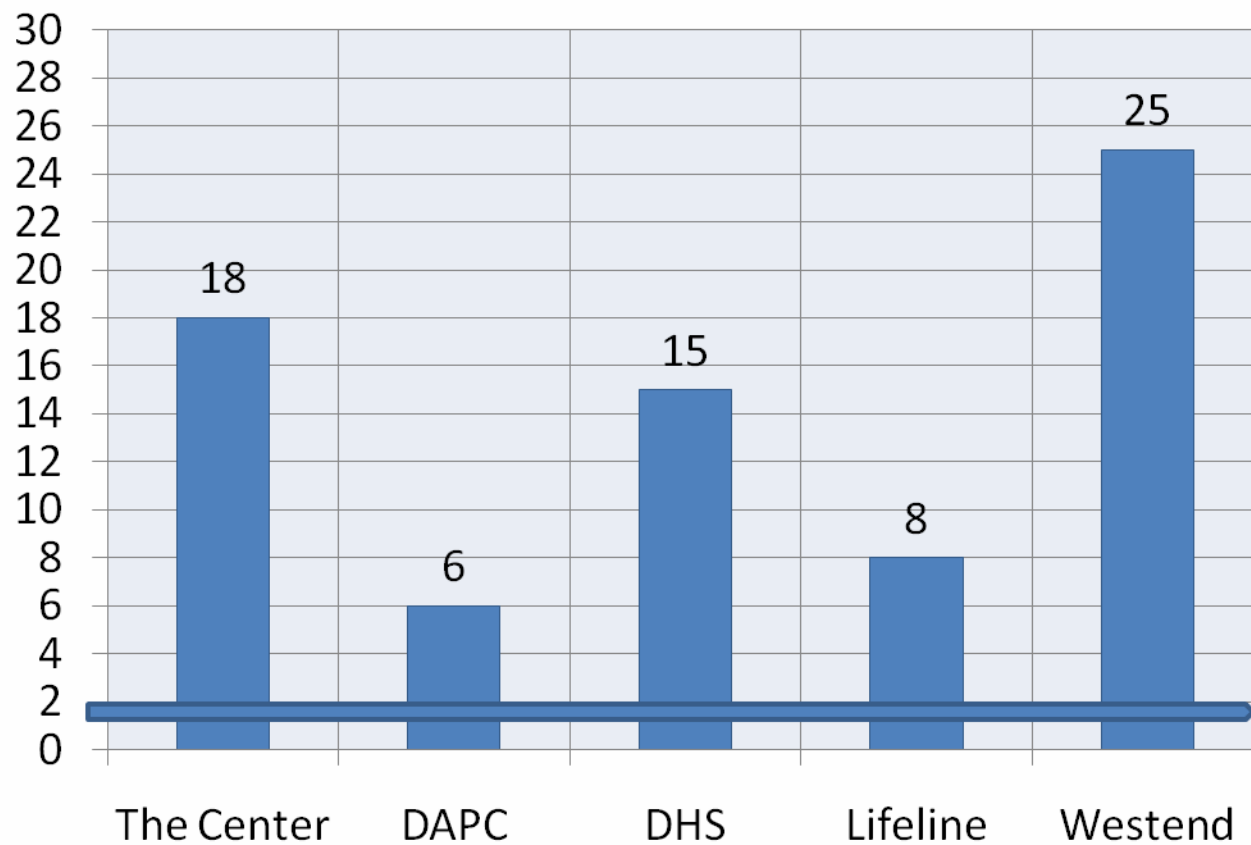


# DDCAT- NIATx Phase II

- Phase II began with program selection in December and January 2010.
- January/February 2010 a baseline review using the DDCAT
- The final DDCAT reviews were conducted in May 2010 and demonstrated dramatic and positive results for all agencies.
- Six agencies selected- one drop out

# DDCAT Phase II

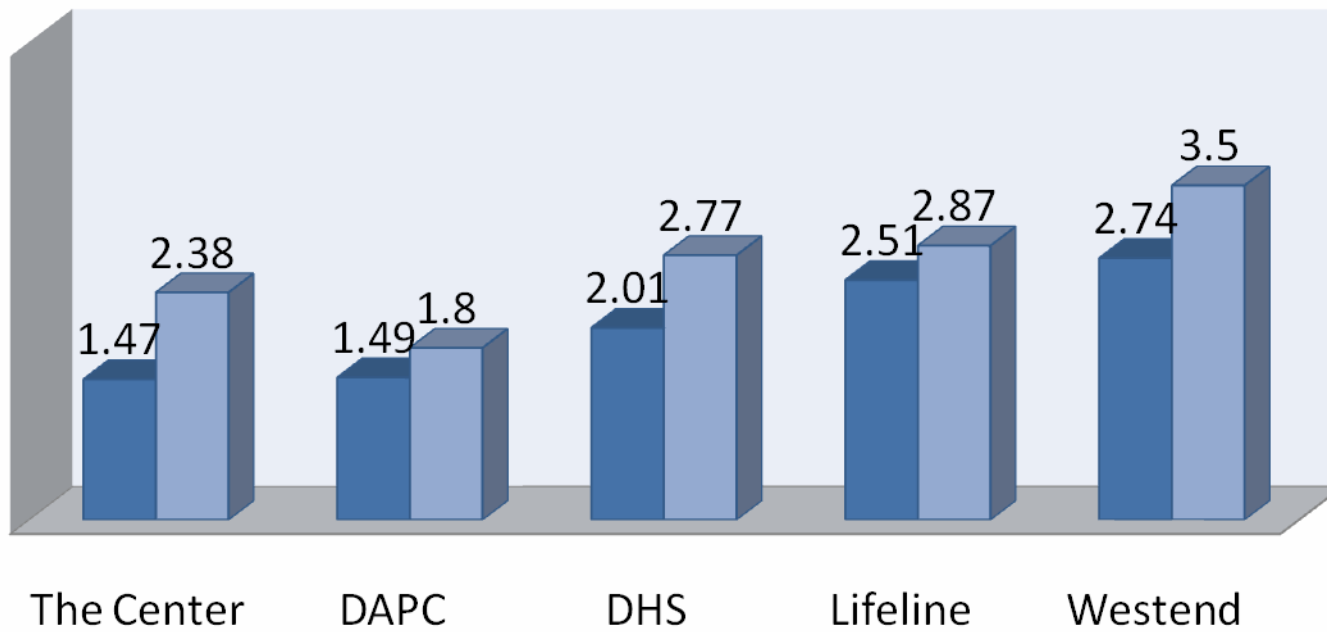
## Number of Improved DDCAT Measures



# DDCAT Phase II

## DDCAT Score Average

■ Baseline ■ Follow-Up





# The Value of the Walk Through



Structure and Leadership  
may help sustain change during  
difficult times



# Turnover impacts treatment



# Value of Partnership with SSA

- Created a feedback loop to State regarding financial and licensing barriers to integrated treatment
- Linked providers with key state personnel for trouble-shooting financial/resource access issues

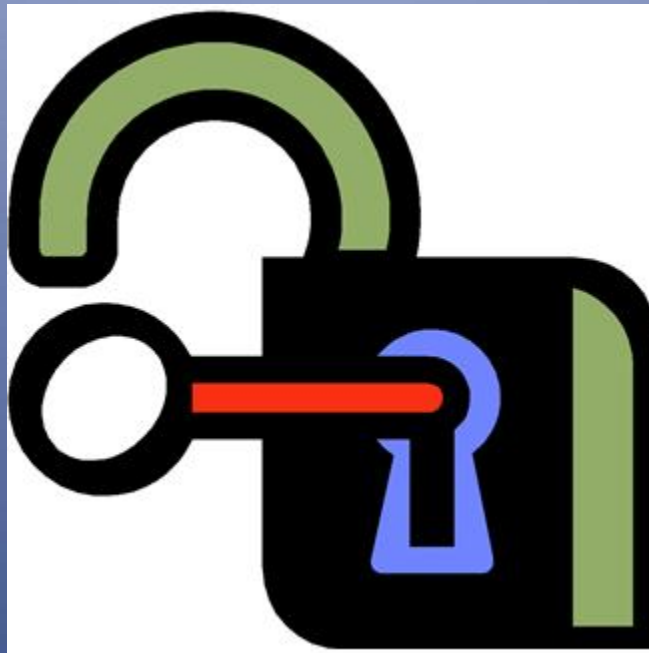


# Provider Quote of the Day



“Without regulations or rewards is it worth it?”

DDCAT as a baseline measure for defining integrated services is key!



# Questions & Discussion



# Contact Information

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