

# *Problem Gambling Services*

## **Critical Program Updates**

*This is our primary communication tool to provide state-funded Program Gambling Services providers with **Critical Program Updates**. Please take time to ensure that you are up to date on clarifications and changes to our system that will appear here.*

## ***From the desk of Paul D. Potter:***

A draft of the fifth edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-5)* has been released by the American Psychiatric Association (APA) and is now available for public review and comment on the *DSM-5* Web site ([www.dsm5.org](http://www.dsm5.org)) until April 20. After that it will be further reviewed and refined before the APA conducts 3 phases of field trials to test some of the proposed diagnostic criteria in real-world settings before the final version is published in May 2013.

The proposed revisions include the following:

- Creating a new category of behavioral addictions in which gambling will be the sole disorder (this means that gambling will no longer be classified as an “impulse control disorder”); the term “pathological” will be replaced with “disordered”
- New suicide scales for adults and adolescents to help clinicians identify those individuals most at risk; and
- Elimination of the current categories of substance abuse and dependence and replacing them with the new category addiction and related disorders.

This is a significant step for the DSM committee to take and I applaud the effort to bring gambling addiction more in line with where it belongs in the DSM. I realize not everyone agrees, but these disagreements often keep us from the primary issue, that is, services to clients that desperately need them. They do not care what we decide it should be called they only know they need help. That should be our focus as well. Please do take the time and effort to provide your feedback into the system as you see it.

Budget Update: As many of you will remember I announced at the last PGS Web Meeting that I would be hosting a March 11<sup>th</sup> Web Meeting to specifically deal with the budget. I now believe there is a better way to proceed. I plan to document for each contract the budget numbers for 09-10 and 10-11 for Service Elements, 80,81 and LA-01. It will be clear and in writing what the intended allocation for your program will be. Further, when and if requested, I will meet with any individual providers to review the plans and to discuss further as needed.

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### Prevention Tip Sheet

**NOTE: Our problem gambling prevention coordinator's resource website has a new URL**  
what was located at <http://lanecounty.org/prevention/pgs/> is now at:

**problemgamblingprevention.org**

please make note of it and put it in your bookmarks or favorites. It's a great resource that Julie Hynes helps us with, so check it out at the new address and use it often!

### **Mark Your Calendar**

The next Prevention Coordinator's Web Meeting is Thursday, March 18 from 1:30 – 3 pm; the agenda and callin/login instructions will be emailed soon!

### **Oregon Problem Gambling Awareness Week: March 7 - 13**

Time to start gearing up for OPGAW, if you haven't already done so! Here are a few notes and reminders:

- You should have received a copy of the 2010 Community Resource Guide--it has updated facts, figures, stats and new info as well so check it out and be sure to update your powerpoints, handouts, website info, etc.
- A copy of the Governor's Proclamation declaring March 7-13 as OPGAW was included in the email with this newsletter.
- The art search is underway and we hope many of you are promoting that activity in your area--we sent you electronic and hard copies of the flyers awhile ago--let us know if you

need more. As in the past, we will be issuing a statewide press release on the art search and if we get any entries from your local areas we will let you know. This year Lane County is sponsoring a new activity--video messages created by youth--which is open for statewide participation as well -- go to [www.preventionlane.org/videos.htm](http://www.preventionlane.org/videos.htm) for details.

- If you're looking for OPGAW ideas, go to the OPGAW section of the pg prevention coordinators' website (see new URL above) and you'll see what's been done in the past.
- Each year the National Council asks us to report on activities and efforts undertaken as part of PGAW, so we'll be asking you to report to us any OPGAW-related activities or events so we can include them.

*Note: there is an error in 2010 PG Awareness Calendars: PG Awareness Week should be March 7 - 13. When we went to press with the 2010 pg awareness calendar in late summer we were told that PGAW would be the first week in March, so that's what we put on the March calendar page; unfortunately, some time after that a decision was made at the national level to use March 7-13...so the calendars show PGAW as a week ahead of the national observance dates. All other materials we have developed (community resource guide, pg coordinators website, Governor's Proclamation which is in the works) show the correct dates.*

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## **National Conference Volunteers**

There are a limited number of volunteer positions available for the upcoming National Problem Gambling Conference and they will be filled on a first-come, first-served basis. Please contact Wendy Hausotter if you are interested. The \$75 registration fee (this is a special rate for Oregon state-funded providers) is waived for volunteers, but you must commit to at least 5 hours each day assisting with various duties including CEU scanning, registration desk support (note: most jobs will not interfere with conference sessions; in fact, the majority of our volunteers will be asked to scan for CEUs for sessions they attend.) FYI--conference registration materials, etc. should be available around March 10 and will be shared as soon as we have them.

## **Family Treatment**

The Family Treatment Team has been hard at work over the past year. Many of you attended Part One of the Family Treatment training webinar on February 9, 2010 (Part Two will take place in

March). The trainings are one of the many issues the Family Treatment Team has been working on and a full list of recommendations from the team will be coming soon. If you have any questions regarding family treatment or trainings, please contact Jackie Fabrick.

## **Client Discharge**

Discharge criteria is one of the many things we look at during the site review. I find a review of the criteria can be helpful. There are three things that must be in place for a successful discharge:

- Completion of a minimum of 75% of the short-term treatment goals

- A wellness or relapse prevention plan

- Lack of engagement in problem gambling behaviors for at least 30 days prior to discharge

If these three components are in place, the client can be discharged successfully. It can be helpful to complete a wellness plan or relapse prevention plan early in treatment, which can be modified as necessary.



National Council  
*on* Problem Gambling

**The Comprehensive Problem Gambling Act will be introduced in the Senate by Senators Brownback (R-KS) and Merkley (D-OR) on Monday, March 8, in conjunction with NPGAW. This is the companion bill to HR 2906 in the House. For the **first time ever** there will be legislation in both chambers of Congress to provide funds for the prevention and treatment of problem gambling**



If you'd like to see past issues of this newsletter, go to:

<http://www.oregon.gov/DHS/addiction/gambling.shtml> scroll down to "Problem Gambling Services Announcements"

<b>Problem Gambling Services Staff</b>		<b>Helpline website: 1877mylimit.org</b>	
<b>DHS Problem Gambling Services web site: <a href="http://www.oregon.gov/DHS/addiction/gambling.shtml">http://www.oregon.gov/DHS/addiction/gambling.shtml</a></b>			
<b>Contact</b>	<b>Title</b>	<b>Phone</b>	<b>Email</b>
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**Staff changes?** Please notify **Patricia** ASAP so we can keep our records current!  
[patricia.alderon@state.or.us](mailto:patricia.alderon@state.or.us) or **503-945-9710**