

***Alcohol and Drug Abuse Prevention:
Promoting healthy lifestyles, families, communities***



***Alcohol and Drug Abuse
Prevention Coordinator***

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Prevention in Siletz

All across the country, adults are concerned about healthy development of young people. In searching for answers to the behavior problems of alcohol and other drug abuse, delinquency, violence, school drop out, and teen pregnancy, researchers have shown there are number of **risk factors** that increase the chance of adolescents developing health and behavior problems and there are **protective factors** that give youth resilience to problems. Oregon supports county and tribal governments in their strategic plans to prevent alcohol and drug abuse.

Confederated Tribes of Siletz Indian's Alcohol and Drug Abuse Prevention Program is using Center for Substance Abuse Prevention (CSAP) strategies to address alcohol and drug abuse. Confederated Tribes of Siletz Indians coordinates alcohol and drug abuse prevention services in 11 counties.

3, 050 participants attended prevention activities addressing Risk and Protective Factors in 2008. This number includes Siletz Tribal members, members of other tribes and non tribal members. Programs included:

- **Strengthening Families Program**
- **Underage Drinking Prevention**
- **Daughters of Tradition**
- **W.I.S.H (Women Interested in Stopping HIV)**
- **Protecting You/Protecting Me**
- **CEDARR Community Coalition**
- **Leadership Activities**
- **A.S.I.S.T.**
- **Q.P.R**
- **Alcohol Tobacco and Other Drug Free Activities**
- **School Based Prevention Education**
- **C.A.B. (Community Accountability Board)**
- **Meth Awareness Program**
- **Drug Awareness Program- LINT**

CEDARR

Community Efforts Demonstrating the Ability to Rebuild and Restore

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Confederated Tribes of Siletz alcohol and drug abuse programs are addressing risk and protective factors.

Community Laws and Norms

Healthy Beliefs and Clear Standards

Low neighborhood attachment

Opportunities for prosocial involvement

Attachment to peers with healthy belief sand clear standards

Recognition for prosocial involvement

Favorable parental attitudes and involvement in problem behaviors

Family history of problem behavior