

CPMS¹ Messenger



A timely newsletter for those completing the CPMS forms

FEBRUARY 2011

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Vol. 18, No. 2

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The only constant is change!

The only constant is change, continuing change, inevitable change, that is the dominant factor in society today. No sensible decision can be made any longer without taking into account not only the world as it is, but the world as it will be.

— Isaac Asimov

With new leadership for our beloved State will come new rules, regulations and guide lines. I cannot predict everything that is coming in the near future but one thing I do know is the coming of a web based data gathering system.

The application you will be presented first is the Web based version of the E-form. We have recently started testing the first few forms and the results are promising. For us “old-timers” who started in this business before the PC era and still know the paper forms by heart, things will become more and more different. The “look and feel” of the paper forms we kept in the current version of the E-form along with the episodic set-up, will slowly but surely disappear. The first step will be made to move from all information in one place to relational connections between clients and episodes. This version of the Web E-form will still be connected to the CPMS Mainframe, and can be considered phase 1 in the process of replacing the old CPMS system. With the new application there will be some new codes and code changes requested by the Federal Government.

This means for the programs that do not use our E-form, but their own system, will have to make some changes. The current codes used for Frequency of Self Help Attendance (Z- none, M-1-3 times /mo, O-1-2 times /wk, T-3-6 times/wk, D-daily) will become the following:

A - No Attendance in the Past Month

B - 1-3 Times in Past Month (< once per week)

R - 4-7 Times in Past Month (once per week)

Y – 8-15 Times in Past Month (2 or 3 per week)

T – 16-30 Times in Past Month (4+ per week)

N - Some attendance in Past Month, Frequency unknown



¹ Client Process Monitoring System (data system for mental health and chemical dependency treatment services).

Newsletter Design

We designed this newsletter for both Mental Health and Alcohol and Drug Treatment Providers. The articles pertain to both Mental Health and Alcohol and Drug unless otherwise noted.

Thank you for taking the time to read this important piece of communication. Please **circulate** to all those who fill out or review CPMS forms.



To . . .

Close Your Clients

It is vital that you close clients out of CPMS if they are no longer in active treatment. Active treatment is defined as a treatment contact once every **30** days for Alcohol and Drug or once every **90** days for Mental Health. We run reports for all levels of Management in State and Federal Government and want to be sure we are reporting accurate information.

Mental Health Crisis Q&A



Q) What if I get a Crisis phone call and I handle it over the phone. Do I need to fill out the CPMS Crisis/Evaluation form?

A) We do not need you to fill out the CPMS Crisis/Evaluation form if you do not see the client. It would be very difficult for you to get the information to fill out the form without a face-to-face contact.

Q) Do I need to fill out a Crisis/Evaluation form each time the same client is in and out of crisis while in my program? How soon should I send them in?

A) If the break in services between crisis episodes is less than one day, you can just use one form. If the time between crisis' episodes is one day or greater, fill out another Evaluation form for that new episode. Please send them in within seven (7) days of the last contact date. Even if the client is already enrolled in your Basic Services program, you need to fill out the Crisis CPMS form also, if they have a crisis. This helps us determine where additional services are needed.

Q) What if there are multiple crisis episodes close in time, but not related to each other?

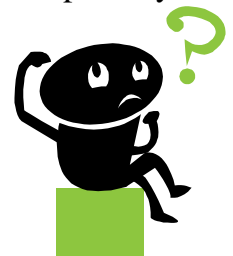
A) In this case you would treat the multiple crisis episodes that are close in time (less than one day) as one episode.

Q) If the client that is enrolled in Crisis has private insurance, do we still need to fill out the CPMS?

A) Yes, CPMS Evaluation forms must be filled out on all clients receiving crisis services, regardless of the insurance type or primary payer.

Q) Are "Screenings" considered Crisis Evaluations? Do I need to fill out a CPMS form?

A) If a client is not in Crisis, and you are doing a screening to determine if the client is appropriate for mental health treatment, you do not need to fill out the CPMS Crisis/Evaluation form. However, once the client enters treatment, that client must be enrolled on CPMS under basic services or residential services.



Q) What is a definition for "short-term" support as used to decide on whether or not to fill out a crisis form?

A) Short-term support is 5 days or less.

Thank you for taking the time to read through this newsletter. If you have ideas or questions you want addressed in future newsletters, please let me know. – Piet Vermeer, Research Facilitator, AMH, 503-945-5960 or piet.j.vermeer@state.or.us