

## Intensive Treatment and Recovery Services (ITRS)



### *What is it?*

Intensive Treatment and Recovery Services (ITRS) for addicted families is an initiative funded by the 2007 Legislature. The initiative is a collaborative effort between AMH and Children, Adults and Families (CAF). Funds were provided to increase the following services:

- Residential treatment for parents and dependent children who go to treatment with an addicted parent;
- Intensive outpatient treatment;
- Regular outpatient treatment;
- Case management; and
- Clean and sober housing options for addicted families.

### *Impact:*

- Over 140 children have been reunited with their parents and are no longer in family foster care. Their parents have accessed addiction treatment and recovery services with ITRS providers (as reported by CAF).
- A majority of these parents remain in treatment and recovery services (as reported by AMH).
- \$1,974.33 per month is the average cost of caring for a child in family foster care in Oregon during 2007-2009. This amount includes food, clothing, shelter, and caseworker time involved in the case management (as reported by CAF).
- \$276,406.20 a month is the cost-offset in family foster care for these children.

### *Outcomes:*

1,440 parents have accessed addiction treatment and recovery services (as reported by contractors). A majority of these parents are still engaged in services.

- 97 parents have successfully completed treatment and recovery services (AMH).
- 8 of 35 contractors have met or exceeded their contractual utilization requirements as of February 2009. AMH continues to track utilization on a monthly basis and this information is reported to contractors via electronic mail.

## Why treatment and recovery services:

Treatment and recovery support services enable individuals in a parenting role to recognize and learn:

- How to manage their own recovery along with the challenges of parenting: and
- Skills to be better parents and develop healthy relationships with their children.

Research shows that access to and retention in treatment are the greatest predictors of successful recovery. AMH developed performance standards as part of the contractual agreement with each contractor. These standards offer contractors, providers, AMH and CAF effective ways to plan for, institute, and measure improvements in parent/child reunification, retention in treatment and meeting utilization requirements as defined in each contract.

### Oregon Successes

"Jane", a mother with six kids in foster care, had an extensive legal history and many years of cocaine and marijuana dependence. She entered ITRS treatment in Marion County in September of 2008 and began learning skills to manage her condition and the stressors of daily living. After locating safe and stable housing for herself and her children they were reunited before Christmas. She continues in her treatment and is parenting her children. Jane has over five months of recovery, and is involved in church and community support systems. Her treatment provider says she is an inspiration to the group as she battles serious health conditions as well.

### TREATMENT § RECOVERY HOUSING § HEALTHY FAMILIES



For more information on about ITRS contact Therese Hutchinson, ITRS Coordinator at 503 945-5765 or [therese.hutchinson@state.or.us](mailto:therese.hutchinson@state.or.us).

To learn more about substance use disorders and recovery visit the Department of Human Services, Addictions and Mental Health website: <http://egov.oregon.gov/DHS/addiction/recovery.shtml>