

Contra Costa County Juvenile Probation/ Mental Health Subsystem

Populations ↔ Values/Principles ↔ Strategies ↔ Outcomes

Greatest Number of Children & Adolescents

Shared Juvenile Probation/Mental Health Populations

Increasing Level Of Child & Family Need

Decreasing Level Of Child & Family Need

- ✓ Flexibility of response
- ✓ Common goals
- ✓ Collaboration across organizations and organizational levels
- ✓ Services should reflect needs of population
- ✓ Information, evaluation and accountability-based analysis and decision making
- ✓ Family & children as participants in planning and service delivery
- ✓ Least restrictive/most appropriate

County-Wide Strategies

- Juvenile Hall
- Day Treatment
- Chris Adams/Summit
- Other Out of home placements



Impact Pipeline back to Community

Impact Pipeline flow to deep-end

Organized relationship between strategies

Community-Based Strategies

- Regional (outpatient, therapy)
- Neighborhoods
- Schools (probation in schools)



Individual Level

- ✓ Reduce initial arrest
- ✓ Reduce recidivism
- ✓ Increase school success
- ✓ Increase school attendance
- ✓ Increase job readiness
- ✓ Increase life skills

System Level

- ✓ Efficient/effective use of resources
- ✓ Reduce length of stay in out of home placements
- ✓ Reduce out-of-county placement
- ✓ Build least restrictive placements
- ✓ Least restrictive/most appropriate

Information, Evaluation, Analysis (Population Based) Quality Improvement

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CHILDREN'S SERVICES BOARD

Improving the Well-Being of Children

CONTEXT
Where are we ?

- Challenges**
- Duplication of services.
 - Gaps in services.
 - Funding is categorized.
 - Incidence of abuse & neglect of children.
 - Children & families living in poverty.
 - Substance abuse impacting children/families/ neighborhoods.
 - Education issues impacting children & families.
 - Children facing health risks.
 - Safety is impacted by violence in families & communities.

- Assets**
- Neighborhood resources
 - Increasing levels of agency collaboration
 - Awareness of and general political support for prevention focus in the county
 - Family strengths
 - Wraparound and extensive number of service providers
 - Significant categorical funding streams
 - Awareness of community challenges

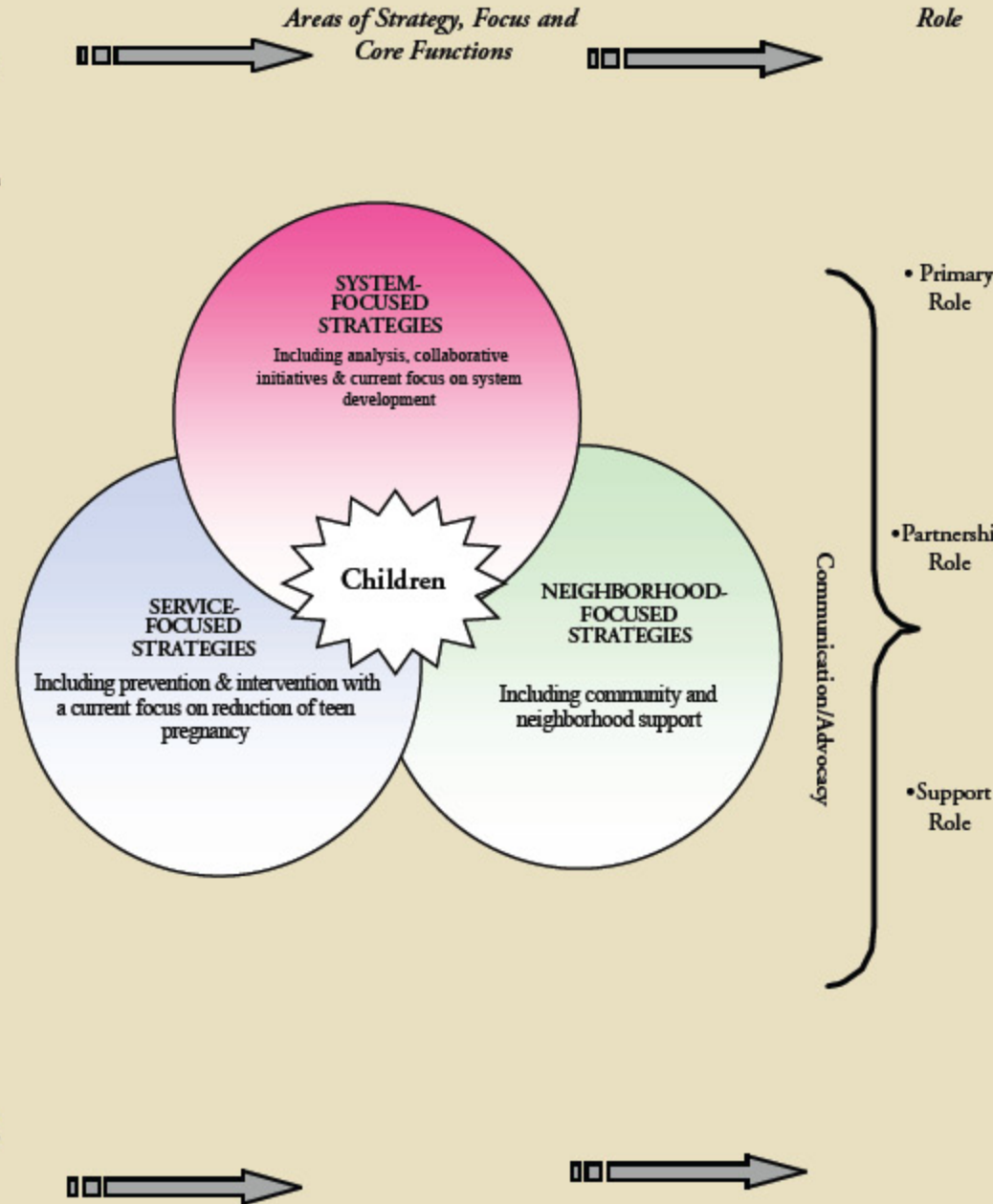
Guiding Principles

The Children's Services Board is committed to targeting resources on programs, systems and services that:

- Utilize effective prevention and intervention approaches that address the needs of at-risk children and families as early as possible;
- Focus on children in the context of their families, and on families in the context of their communities;
- Empower individuals, families and communities by capitalizing on their assets and seeking their participation in all decision-making that affects them;
- Provide quality service by skilled, well-trained, committed and caring staff and volunteers;
- Are comprehensive, coordinated and take a holistic approach to meeting the needs of children and their families;
- Have both a short-term and long-term outcome orientation that focuses on the results we are trying to achieve for children and families;
- Pursue the delivery of services, the recruitment of staff and volunteers, and other activities, in a manner which assures equal opportunity and is without regard to race, gender, disability, age, national origin or religion.

And is also committed to serving as a catalyst and advocate for improving the well being of children and families.

STRATEGIES
What are we doing ?



GOALS
What do we want to achieve?

- Support and Build a Responsive and Caring Community
 - Support and Build Responsive and Caring Neighborhoods
 - Support and Build Responsive and Caring Families
- } Improve Well-being of Children

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Context

Challenges

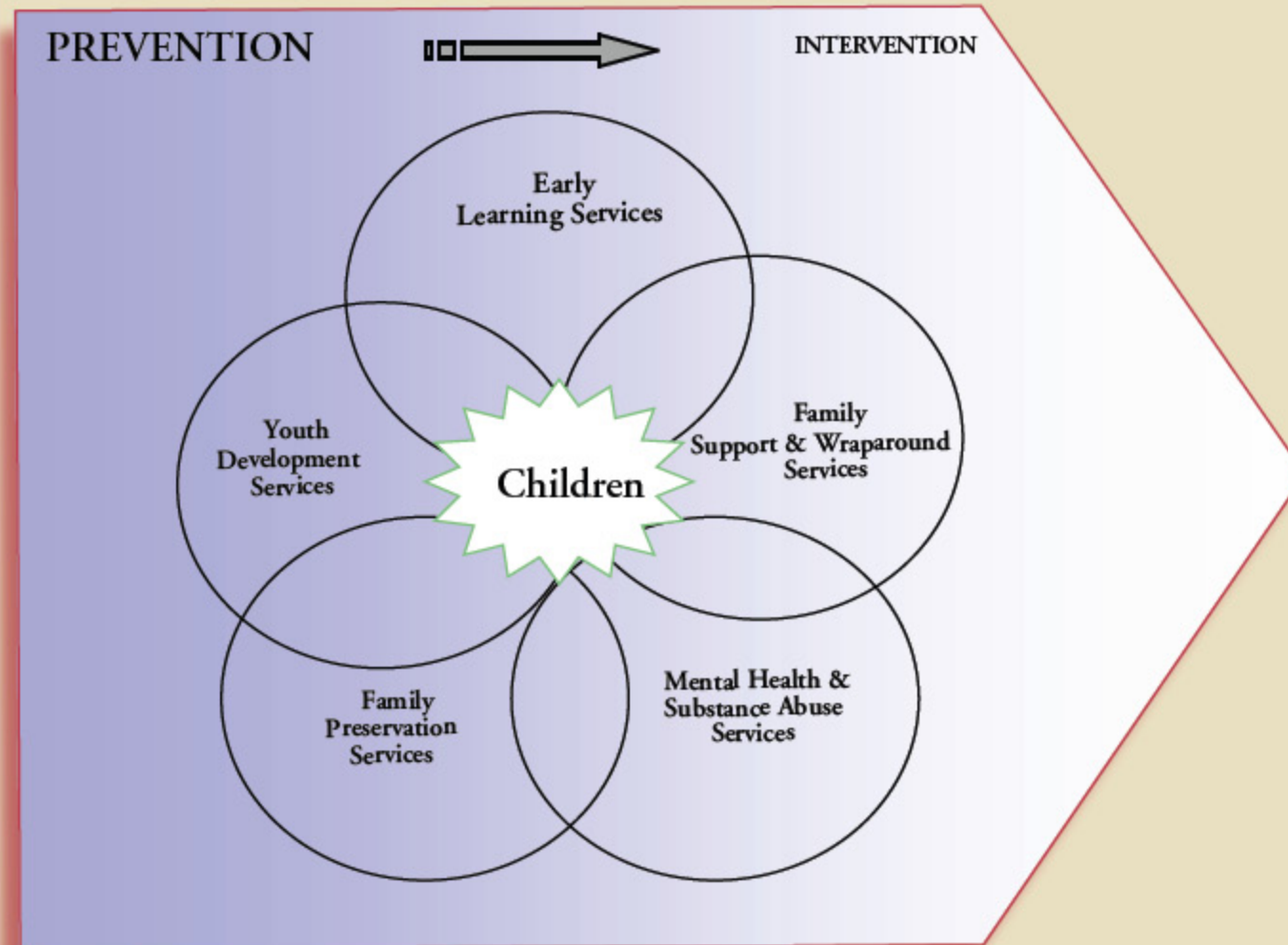
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Assets

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Strategies

The service-focused strategies of the Children's Services Board are based on the belief that the provision of prevention and early intervention services is the best strategy for assuring that all children have a meaningful opportunity to achieve their full potential.



Outcomes

- Healthy Births
- School Readiness
- School Success
- Positive Social and School Adjustment
- Optimal Family Development

Especially For Girls

Mission Statement: *Especially for Girls* seeks to strengthen protective factors in girls by developing problem solving skills, caring relationships, strengthening their sense of identity in order to equip them to confidently and competently move through adolescence, and aims to supplement girls existing developmental strengths by engaging them and their families in activities which promote healthy lifestyles leading to self-sufficiency.

CHALLENGES

- Lack of empowerment and personal responsibility in girls
- Negative and unsupportive environment
- Need for safe place to explore issues
- Lack of programs that are flexible and responsive to the gender specific needs of girls
- Need for programs during vulnerable times (3-6pm)
- Lack of age specific and developmentally appropriate programs
- Lack of comprehensive services
- Lack of neighborhood based services
- Need for geographically specific services
- Lack of family-centered and inclusive services
- Need for advocacy and awareness of issues of girls

ASSETS

- Focus on primary prevention of teenage pregnancy
- Existing collaborative efforts

POPULATION PARAMETERS

- At least 60 girls and their families
- Girls 10-14
- Services are delivered at three sites in the East Bay and King Clusters

Values and Principles:

- Neighborhood based
- Geographically specific
- Family centered and inclusive
- Positive and supportive environment
- Safe place to explore issues
- Designed around empowerment and personal responsibility
- Flexible and responsive to needs of girls

STRATEGIES

Working with Neighborhoods & Community

Creating awareness of issues and needs of girls

- Participation in committees, groups and councils
- Public speaking
- Target Specific Neighborhoods

Implementing collaborative agreements

- Service outreach and access
- Service delivery based on mutually identified needs/strengths of clients and expected outcomes
- **Implement collaborative agreements with other agencies as evidenced by reporting of goal(s), collaborative partners and number of clients benefiting**

Working with Families

Educational experiences

- Parenting workshops (36 hrs. provided)
- Role modeling of positive parent/child interaction

Supportive services

- Daily communication and interaction with families
- Individual and family counseling (72 hrs. for 12 girls & their families)
- Crisis intervention
- Informal and on-going support
- Information and referral

Group membership & decision-making activities (20 family activities)

- Family fun nights
- Celebration and recognition of accomplishments
- Planning and taking field trips
- Planning and doing community service projects
- Planning and doing mother/daughter activities
- Door prizes/food/refreshments

Working with Girls

Educational experiences

- Psycho-educational groups twice weekly (648 hours)
- Didactic discussions
- Guest speakers and demonstrations
- Social skill building and role modeling opportunities
- Planned curricula (includes health/sex education)
- Provide family planning information to 80% of girls

Supportive services

- Crisis intervention
- Individual counseling (up to 12 girls)
- Sexual abuse services available
- Role modeling and relationship building/mentoring
- Encourage personal growth based on strengths of girls
- Informal, on-going support

Group membership & decision-making activities

- Role playing activities
- Planning and doing community service and volunteerism
- Celebrations and recognition of accomplishments

GOALS

- Healthier relationships of girls
- Improve self-esteem and social skills
- Improve self-discipline and problem-solving skills
- Improve family communication and wellness
- Stronger family bonds
- Increase community responsibility of girls
- Increase number of self-sufficient families with healthy lifestyles
- Reduce teen pregnancy in targeted neighborhoods
- Reduce teen pregnancy in Hillsborough County
- Increase community awareness of needs of girls

OUTCOMES

- Decrease juvenile justice delinquency referrals for 90% of participants
- Improve school achievement in 50% of participants as evidenced by grade promotion or graduation
- Increase skills for stable functioning in 80% of participants

Monitoring and Data Collection

Context

Strategies

Goals