

SYSTEMS OF CARE/ FINANCING MODEL

STATEWIDE APPROACH – ARIZONA’S CHILD AND FAMILY TEAM MODEL

Target Group – Began with Pilot for 200 children with serious emotional disturbance focusing on children in out-of-home placements, multi-system involved families or children whose service plans have been unsuccessful. The intent is to extend the availability of the Child and Family Team process to every child enrolled in the mental health system.

Funding Approach – Arizona has an 1115 waiver that allows for the enrollment of Medicaid eligible persons in a statewide system of health plans. The State Medicaid Agency, Arizona Health Care Cost Containment System, contracts with the Arizona Dept. of Health Services Division of Behavioral Health to operate a behavioral health carve-out for mental health and substance abuse services. The Arizona Department also receives federal block grants and state appropriations. Regional Behavioral Health Authorities (RHBAs) operate as capitated managed care entities.

Care Management – Care Managers who work for Value Options are assigned to families. The Child and Family Team, wraparound process, is utilized for care planning. One member of the team is selected as the single point of contact. A parent partner acts as a co-partner with the team facilitator. There is also a clinical liaison, a behavioral health technician or other mental health professional to support the family, facilitate the assessment process, to coordinate with the child’s health care provider.

Caseload size for case managers is between 1:12 and 1:15 and does not exceed 20 children per manager.

Benefit Plan – Includes a broad array of services available through State Plan but also expands available services such as team planning process, flex funds and other covered services and supports designated in the child’s plan.