Behavioral Health Strategic Plan  
Town Hall Meeting  
Seaside, OR  
June 6, 2014  

Discussion Summary  

1) What are the most significant challenges and needs in your community related to the prevention and treatment of mental health disorders, substance use disorders and problem gambling? Are there particular populations facing specific challenges in your community?

- Access to services  
- Lack of crisis services  
- Lack of resources (school based health centers, counselors onsite, etc.) in schools  
- No Gamblers Anonymous in the area  
- Communities need to have a safe room  
- Transitions from hospital to appropriate level of care too slow  
- Medicaid billing system does not allow for flexible, comprehensive care  
- Transportation barriers in the rural areas  
- Poverty related barriers  
- Redundant rule-driven care – shift to outcome based system

2) When you think about behavioral health services in your community, what are the success stories that others can learn from? Are there successes specific to particular populations?

- Evidence-based practices  
- Wraparound services for individuals and families  
- Trauma-informed care  
- School-based services
• Pain management clinic
• Community partnerships
• Tobacco cessation programs
• DHS using multi-disciplinary approach in child welfare
• Family planning services in schools
• Family housing program

3) **How can the Oregon Health Authority better support communities in their efforts to provide the right care at the right time? What do you see as the most appropriate role for the state in the Behavioral Health system?**

• Provide resources at the community level
• Initiate programs and training to reduce stigma
• Establish evidence-based programs
• Develop resources and capacity
• Train communities on prevention
• Provide leadership to other agencies that don’t understand behavioral health
• Develop a system that is responsive to crisis and ongoing needs of each community
• Base funding on needs, not the size of the community
• Facilitate understanding of what resources there are and how to access them
• Ease the documentation burden on providers

4) **As you consider a vision and priorities for the state’s behavioral health system, what are the values and principles that should govern how the system is structured? What guiding criteria should we use to determine priorities and services?**

• Brain health, not behavioral health
• Involve the whole family
• Least restrictive
• Recovery is possible
• Share and pool resources as much as possible
• Integration of care
• Peer wellness