**BRAIN: Beginning Rule: Attachment Is Necessary**

**Sing-Along # 1**
To the tune of “Hokey Pokey”

It is used to emphasize the effect of shaking and rough handling on the developing brain and to go along with a discussion of shaken baby syndrome--It also summarizes the three primary areas of the brain.

You put your brainstem in  
You put your brainstem out  
You put your brainstem in  
And, you DON’T shake it!!!!!

You put your limbic system in  
You put your limbic system out  
You put your limbic system in  
And, you DON’T shake it!!!!

You put your cortex in  
You put your cortex out  
You put your cortex in  
And, you DON’T shake it!!!!

**Sing-Along # 2**
Warm up first by singing this traditional song  
Use voices and finger pointing  
It summarizes the three primary areas of the brain.

Head, shoulders, knees and toes, knees and toes  
Head, shoulders, knees and toes, knees and toes  
Eyes and ears and mouth and nose  
Head, shoulders, knees and toes, knees and toes

Now try the new “Brain” version  
Again, use voices and finger pointing

Brainstem, Limbic System, Cerebral Cortex, Cerebral Cortex  
Brainstem, Limbic System, Cerebral Cortex, Cerebral Cortex  
Reptilian and Mammalian and Human Brains Too  
Brainstem, Limbic System, Cerebral Cortex, Cerebral Cortex