

Updated Protocol for In-Person Parent/Child Family Time During COVID-19



[Per the Governor's lifting of the state of emergency due to COVID-19:](#)

Face Coverings

- **Parents, children, relatives and other family supports attending Family Time:**
 - **As of 3/12/22:** face coverings, while encouraged, will no longer be required for Family Time in ODHS offices, other indoor settings, or outdoor settings.
 - If a child has a compromised immune system diagnosed by their healthcare provider, masks will be required for all participants in Family Time.
 - For indoor settings other than an ODHS office, please follow local protocols regarding face coverings.
 - If a parent, relative and other family support person arrives for family time with visible respiratory symptoms, they should be offered a N95 or KN95 mask to wear.
- **ODHS Staff:**
 - **As of 3/12/22:** face coverings are encouraged but no longer required for Family Time in ODHS offices or outdoor settings.
 - State employees who are required to wear N95 or KN95 masks because they received an accommodation for the vaccine requirement will still need to wear a mask until 4/1/22.
 - State employees must follow COVID-19 guidelines when accompanying a caseworker from a Tribe and/or while on Tribal lands.

Pre-screening

- **As of 3/12/22** people testing positive for COVID-19 will be required to isolate for 5 days from the date symptoms began and wear a mask in the presence of others for 5 additional days.
- ODHS staff will contact the parent(s) and the child(ren)'s resource parent to screen for symptoms of COVID-19 the day prior to the scheduled in-person Family Time. ODHS staff participating in or supporting the Family Time will also screen themselves. **If the parent(s), relative or other family support person or child(ren) involved in the Family Time visit report symptoms of COVID-19 as described by the CDC, the scheduled in-person Family Time must be rescheduled to virtual Family Time.**
 - a. Symptoms may appear within 2-5 days after exposure to the virus. People with these symptoms or combinations of symptoms may have COVID-19:
 - i. Cough
 - ii. Shortness of breath or difficulty breathing
 - iii. Fever
 - iv. Chills
 - v. Repeated shaking with chills
 - vi. Muscle pain
 - vii. Headache
 - viii. Sore Throat
 - ix. Recent loss of taste or smell

- b. Ensure that symptoms are new and are not related to a chronic illness diagnosis-such as, asthma or allergies.
 - c. Encourage a parent with symptoms to consider testing for COVID-19.
 - d. The nurse consultant 503-979-9789 or Nurse Manager 503-871-6662 are available for consultation, as needed.
- If a parent, relative, or other family support person attending the visit or resource parent reports they or the child(ren) have tested positive for COVID-19, 5 days of isolation beginning the date of onset of symptoms must be completed before Family Time can resume and a mask must be worn for five additional days. Unmasked Family Time can resume after 10 days from the date of the onset of symptoms. If the person is asymptomatic and has received a positive test results, their isolation period begins the date test was taken (day zero).

Cleaning

Indoor locations

Given the airborne transmission of COVID-19, influenza and the common cold, branches should ensure that there is adequate air circulation and ventilation in rooms where Family Time occurs during the cold weather season.

- Must be disinfected before and after Family Time
- All ODHS staff must wash their hands between each contact/Family Time.

Disinfecting State Vehicles

All state vehicles should be disinfected prior to and after each use. Branch offices will provide spray bottles or containers of wipes of disinfectant for cleaning of cars. Use all products according to package instructions.

- Wipe down all hard, non-porous surfaces (hard seats, arm rests, door handles, seat belt buckles, light and air controls, doors and windows, and grab handles) with disinfectant available from the regional facilities team.
- Do not use a Sodium Hypochlorite (bleach) based product on the fabric in cars because it will degrade and discolor the fabric.
- When time allows spray disinfectant and allow to air dry.
- Make sure to wipe down car seats before and after use.

These updates are a step toward moving from managing COVID-19 as an emergency and shifting to the next chapter of the pandemic. We strongly encourage all employees to take any necessary steps they deem appropriate to protect themselves, their family, their co-workers, and their community from COVID-19. If any employee would like to continue to wear a mask in their workplace, they are welcome to and are fully supported in doing so. Embracing a positive and respectful workplace is crucial.