



Developmental Disabilities/Mental Health (DD-MH) Committee – Meeting Minutes

Wednesday, January 5th, 2021 – 10:00 AM to 11:30 AM

Attendance		
Committee Members	Title/Organization	By Phone/Absent
Marsha Wentzell	Commissioner	Present
Ruth Geislinger	Consumer – Chair	Present
Rebecca Hill	Family Member	Present
Katie Rose	Advocate	Present
Marilyn Schuster	Family Member	Absent
Shelly Reed	ODDS	Present
Wrex Holcomb	Umatilla County CDDP	Ab
Joy'e Willman	SEIU, PSW	Present
Rebecca (Becky) Smallwood	ODDS	Present
Elizabeth Collins	PSW, Parent	
John Griffiths	Advocate	
Ewnetu	Tsegaw	

Guest	Title	By Phone/Absent
Whitney and her team	APD Provider Time Capture Operations and Policy Analyst	
Staff	Title	By Phone/Absent
Dale Mayuiers	OHCC Training and Development Specialist	Present
Massarra Eiwaz-Ransom	Chair/OHCC DD-MH Coordinator	Present
David	Workers' Compensation and CPR Program Coordinator	Present
Nancy Janes	ERC Coordinator	Present



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Agenda Item	Presenter/Facilitator
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Introductions / Dinamica	Ruth Geislinger, Chair
Adoption of Meeting Agenda	Ruth Geislinger, Chair
Review / Approval of Minutes /	Ruth Geislinger, Chair
OHCC Training Updates	Roberta Lilly, OHCC Training Manager
OHCC & Carewell Course - Developmental Delays and Intellectual Disability	David Vining, OHCC Program Analyst
Carewell’s Planned Course Development for 2022	Whitney Taylor, Curriculum Development Manager at Carewell SEIU 503 Training RISE Partnership
OHCC & SEIU 503 Bargaining update	Joy’e Willman, DD/MH Committee Member
Updates from Committee Members	All
Announcements / Resources	All
Organization Chart for PSW Discussion	Ruth Geislinger, Chair Massarra Eiwaz-Ransom, Chair/OHCC DD-MH Coordinator

Review / Approval of Minutes /

The Committee voted to approve the minutes from last month.

OHCC Training Update, Dale Mayuiers, OHCC Training and Development Specialist

Dale shared with us the Training monthly report.

- There were about 69 courses in November
- Providers can sign to enhanced training and enhanced renewal and VDQ
- Registered providers for the month 1049
- Only one class canceled
- Largest class SAE 73 attendees – substance abuse course
- Cohorts are offered in different languages
- Enhanced – 4 weeks course and now through PACE the OHCC training are offering a blended course. Rather than going to the 8 sessions now they can go to instructor lead



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and another part of it is on PACE people can do it on their own time. This will be available soon.

- You will see more additional courses popping up on PACE for providers to do on their own.

OHCC & Carewell Course - Developmental Delays and Intellectual Disability

David walked us through some IDD general course materials that is being developed now and the areas that have been worked on:

- General objectives,
- Definitions of the disease,
- History of the disease,
- Knowledge checks sprinkled all through the modules,
- Talking about symptoms and how the diagnosis is made by the medical professional and the medical team and what everyone does,
- There is a great discussion about IDD on the spectrum and how people are different and how it is important to know the person,
- Talking about the levels of disparities,
- Common traits.
- What are adaptive behaviors are,
- Compounding challenges instead of using co-morbid,
- Intersectionality and being in marginalized communities can also affect the person's life situation and needs
- Physical things that we might need to know in IDD, and common learning challenges and language,
- The aspect of social connections,
- Challenging behaviors, not looking at just the action, looking at what said in the behavior and the need and seeing it as a mean of communication and not being judged,
- Behaviors social constructed in order to hear the person as an individual as they are presenting themselves aside from their culture of background,
- When abuse is occurring and when we should be aware of that and reporting,
- Looking at co-morbid risks with mental health risk,
- Access to care and receiving services or going to appointments,
- Socializing and being in the community and what that means for people with IDD,
- What the PSW are going to be providing vs. What the doctors and primary care staff are providing. Treatments that are being provided should be person centered care. Discussion of what these treatments should look like. How might PSW help with medical support or



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behavioral support and the types of trainings or certifications they need to meet that need/support, and

- Additional reproduces for people with IDD.

Question from committee members:

- Q: Challenges of becoming seniors for people with IDD?
 - A: This might fall under ageism legislation; this is for remembering to think about intersectionality and maritized communities and people identifies. It is also awareness raising in terms of cultural competency. We can though think of adding this concept of ageism legislation.
- How many courses we are talking about?
 - There are 8 general courses on: Autism, Down syndrome, Fetal Alcohol Syndrome, Fragile X Syndrome, Prader-Willi Syndrome, Rett Syndrome, Traumatic Brain Injury, and IDD.
 - They will each take about half an hour for providers to get through.

The review Process of a course–

1. Carewell submits to the OHCC all the modules that they want them to be reviewed right away for a time frame – four hours of review of modules
2. Those modules get to be reviewed by the internal review committee, this group provide comment on the contents and making sure it is in line with the program
3. People in the committee above reach out to the subject matter experts for their comments as well, the modules go to them and they provide their feedback on it and once they have 5 business days to do that and they send that back to individuals in the reviewing Committee.
4. David compiles all of the comments and gets it ready and sends the first group of comments to Carewell, they have some time to work on it and incorporate the comments and if there are questions, they set up meetings to go over the questions and clarifications or things need to be expanded on.
5. Carewell makes the final edits after the meeting, and they send these edits back to David as a second round and then David sends that to the internal reviewing
6. The internal review committee makes their comments and David complies them and sends them to Carewell
7. Carewell takes on the comments and they work on a third round and submits it to the internal review committee.

*Typically, the first round is when everything is caught



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8. Then this goes to commissioners for approval and the commissioners are given the materials to review it with the recommendations, then it gets approved by everyone, if not approved then it goes back to Carewell so they will make additional changes.

Questions/Suggestions/Comments from Committee Members:

- **Question:** Becky asked if training on the life-course philosophy is being provided or being taught?
 - Whitney answered, because of the breath of the program, there is no way to introduce it well. It can be a continuing education course since it is quite involved. There were a lot of discussions about including it. It is listed as a resource on certain modules. We can't speak from a place of authority; we have to look at if we are going to do it then we would need to do it well.
- **Suggestion:** Becky suggested that one of the things they started doing is looking at the training in the lens of life-course, addressing the why. And addressing it in the service equity lease.
- **Suggestion:** Shelly Reed, we have to look at it from the PSW perspective, how the life-course framework work affects the day-to-day activities with the consumers they support.
- **Comment/Suggestion:** Katie, wanted to appreciate the process and the work and the deep thinking. And in terms of the training the life course, since it is it is a framework, we are all working on implementing, it is not about you get it and you are done, I think as we develop trainings we can use the concepts of the framework as we are approaching the trainings in terms of PSWs supporting people's lives whether they are supporting kids or adults. It is about understanding their consumer trajectory and how they are providing the services and support; it can be super basic stuff. We don't anticipate PSW knowing that before they start working with individuals, so that will help with the next level of understanding goals and interacting with the consumers and how to move from a goal to the next.
- **Comment:** Shelly, agrees with Katie and adds that the plan and the task is and the goal the consumer have and how to gain independence and how to get someone from here to there.
- **Suggestion:** Massarra- asks the group if the "The life course training" subject is of interest to committee members to explore about how to make it possible for our PSWs to get exposed to it. Massarra asked the committee members if it is a subject we want to bring back to the committee.
- **Comment:** The group is interested in supporting the life course training and having future discussions about how to implement it in trainings with Carewell and the OHCC.



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Carewell's Planned Course Development for 2022, Whitney Tylor, Curriculum Development Manager at Carewell SEIU 503 Training | RISE Partnership

Continuing education – none of the courses that will be shared today will be required.

- Food safety – help prepare food and help prepare meals for consumer
- The IDD courses that David talked about earlier
 - If there are any additional courses that the committee thinks we should add, we can suggest that to them.

The courses that they are currently working on:

- House keeping
- Lifting and positioning
- Transfer and assistance devices
- Medical terminology for care providers
- Drug abuse and overuse in the home care setting
- Stress management for care providers
- Properly putting and taking off PEE
- Identity – Cultural competency
- Body system course

Whitney will have a course catalog, same as the one she has shared with the Commission last year, she will share that with us once it is done.

Questions/Suggestions/Comments from Committee Members:

- **Question:** Marsha, there was a course about nutrition, what happened with that one?
 - Answer: There is still a course about nutrition as part of the orientation. There was a cooking class that now got moved out of the picture since we were trying to do cooking in it, it is still on the list but not actively working on it.
- **Question:** food courses as Marsha was taking about, is there going to be options to get a food handlers card?
 - Answer: in the food safety course there is a link about how to get a food handler card. Their research reveals that it is complicated to give one way of giving food handler card, but it is different from one county to another, so it is hard to give people direction of how to obtain it.

Planned courses for 2022



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- **Providing Strength Base Services Course** - They have been working on creating companion course that is about providing strengths base services. This is also a great place for the life course training to live or for the concept to be introduced.
 - Needing input on this course:
 - Whitney explained how she and her team want to move the collaboration earlier in the process of these courses to make sure that they are on the right track. Making sure if this is all the information they need to see.
 - Committee Members:
 - **Suggestion:** Katie- life course has a ready-made material for this. It is important to have an understand of what a diagnosis phase and the bases of eligibility is and what you may encounter and what to look for in terms of behaviors. And in terms of what I use, is the life course it is why you start with this or that and it has been relative to her as working with people. It is a great way to end this course.
 - **Suggestion:** Marsha- resource for providers, not just informational content, but also providing a list of movies set would highlight this that you can possibly find on your Netflix or books or audio books so that providers use it in their own fun time rather than study time. And it can provide conversation among other people.
 - **Comment:** Rebacca – agree with Katie
- Working with non-verbal consumers Course – the goal of this course is to give care providers information and tools on how to support individuals who communicate non-verbal.
- Setting Yourself up for Success Starting Work with a New Family Course – the goal of this course is to give care providers information and tools they can use when starting to work with a new family. To make the expectations clear and helping folks to go through that.
- Working with Employer Representatives Course – the goal of this course is to help care providers better understand the role of the employer needs, and how it impacts the person center perspective. There will be a lot of scenarios in this course.
- Person-centered service and the Child Consumer Course – the goal of this course is to help care providers better understand how to provide person-centered service to a child. Working through a sticky scenario.
- Providing Care for Family and Loved Ones Course – the goal to better understand how to navigate challenges around boundaries and person-centered services when providing care for a family member or a loved one.



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- Working with older Adults Course – the goal of this course is to understand what some of the common things and common challenges faced when providing care for older adults. Also working with older adults with IDD and other types of disabilities.
- Diabetes Course – the goal of this course is to provide an overall description of diabetes, what is it, and to give care providers information on how it impacts consumers and what their role may look like regarding it.

Questions/Suggestions/Comments from Committee Members:

- **Comment:** Rebacca - Thank you Whitney. That goes right along with the work that the Employer Resource Connection Programs do to support Employers in expressing their expectations and boundaries they have for their workers. Great to hear that this is being shared from the worker side.
- **Question:** Joye – speaking of diabetes and things like that, delegated service tasks, do we have any trainings on what delegated services tasks are?
 - Whitney – It is in orientation; we don't have a specific training for delegated services. The provider would need to talk to their case manager.
- **Suggestion:** Katie - I just love these topics, well done! On the diabetes front, I would recommend incorporating a bit of the Health At Any Size philosophy to support PSW learning.
- **Question:** Rebecca – caring for family members course, how is it different from OHCC course that was creating for family and care givers. Worried about the work being duplicated. I see it as a barrier for the care givers to have to choose which course to take with the two systems.
 - Whitney doesn't know anything about that course and would like to see that course come out. Whitney doesn't know if OHCC course are going to count as continuing education requirements.
 - David, the course about providing care for family members is going to be tied to PDC and that is how it is going to be linked to continuing education requirements. People who obtain their PDC then they will be able to be add that to their continuing education.

Final Comments

No time for bargaining updates today

No time for Committee members updates today

No time for Organizational Chart – will work on that next month



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Meeting adjured at 11:30am