



**Yakima Valley  
Farm Workers Clinic**

somos *familia*

**Integrated Behavioral Health in Primary Care:  
Our story in engaging the underserved**

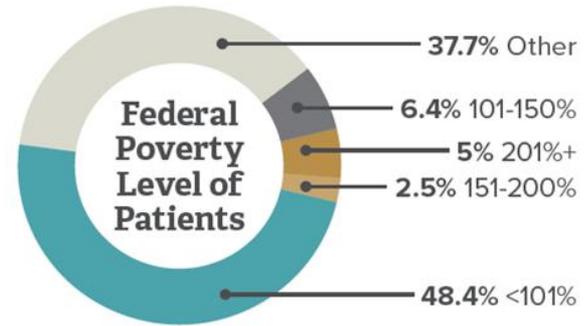
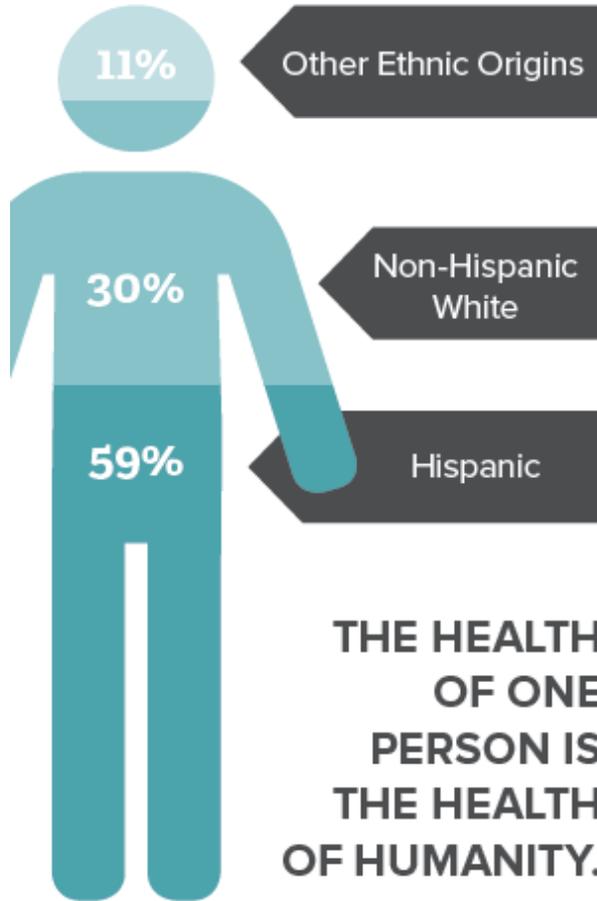
**Brian E. Sandoval, Psy.D.**

Program Manager, Primary Care Behavioral Health

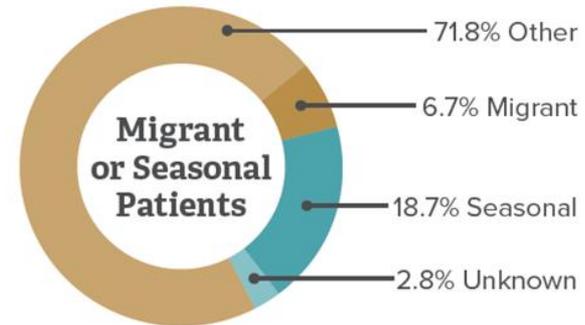
**Dinorah Lopez**

Patient, Salud Medical Center

# Our Population



**46.4%** of our patients speak Spanish as their primary language.



# Yakima Valley Farm Workers Clinic

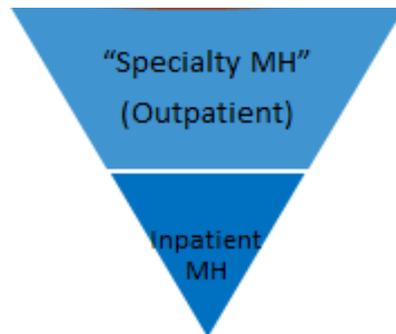
- Large FQHC with 16 clinics in Oregon and Washington
- **2012**
  - Began process of PCPCH and NCQA
  - Primary Care BH Pilot – 2 sites
- **2013**
  - Primary Care BH expanded to 4 sites
- **2014**
  - PCPCH and NCQA achievement
  - Primary Care BH expanded to 8 sites



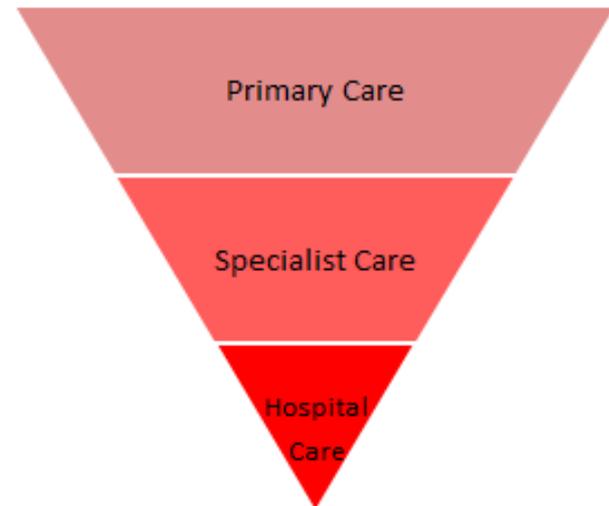
# Why Integrate?

Traditional system does not support patient needs

## Behavioral Health Care



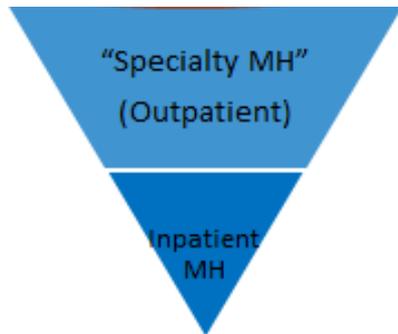
## Medical Care



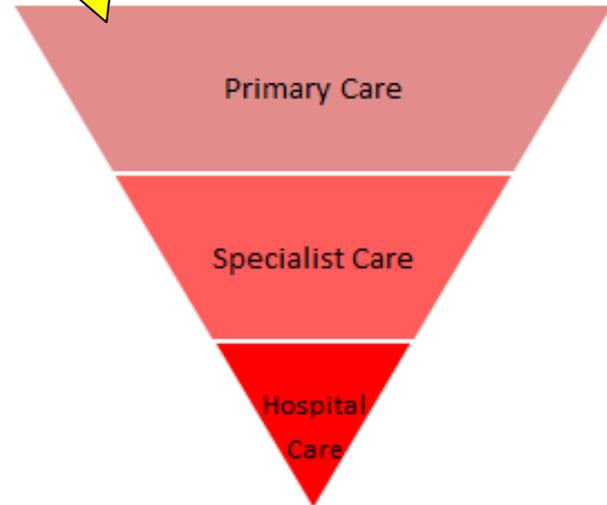
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50-70% of PCP visits have a psychosocial component

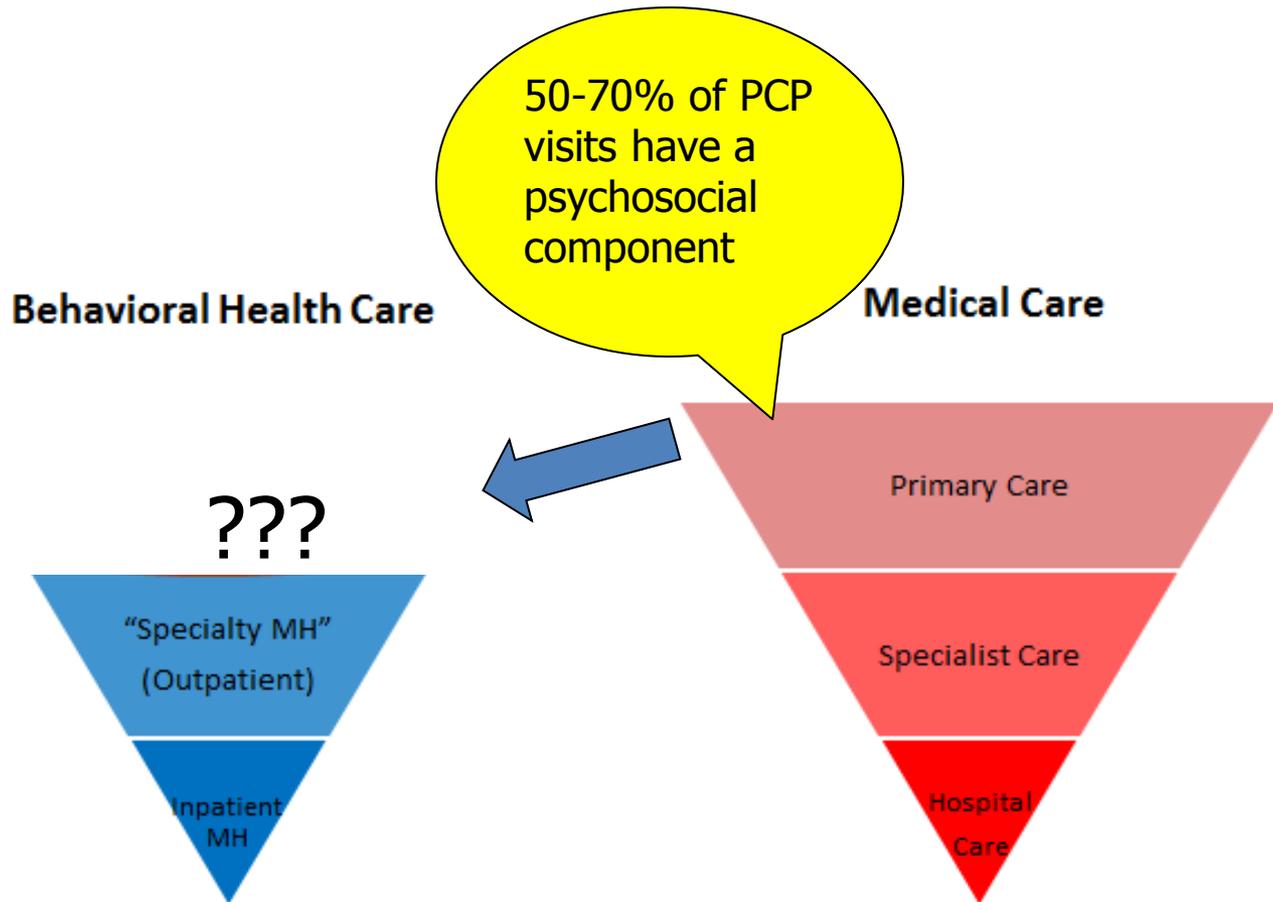
**Behavioral Health Care**



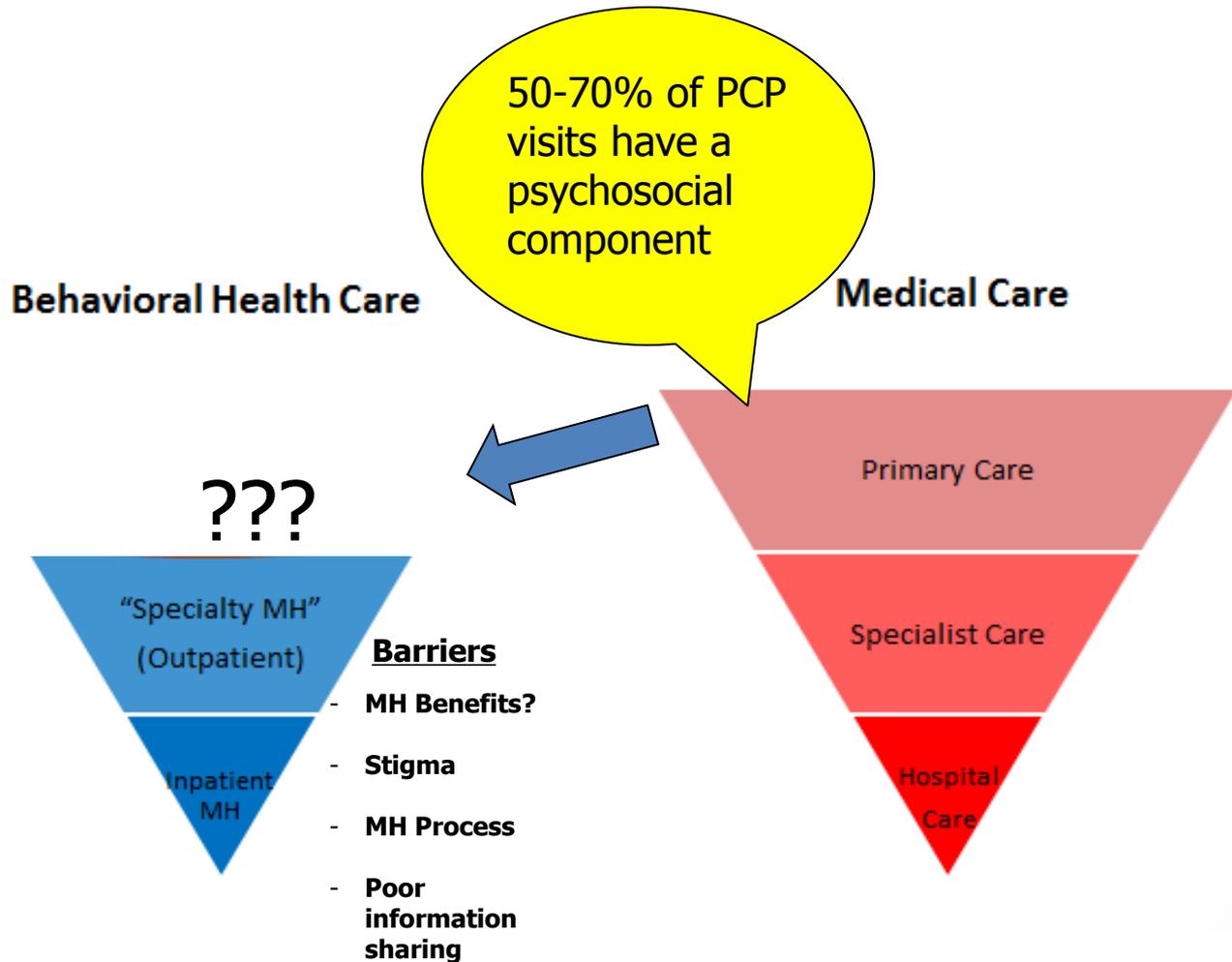
**Medical Care**



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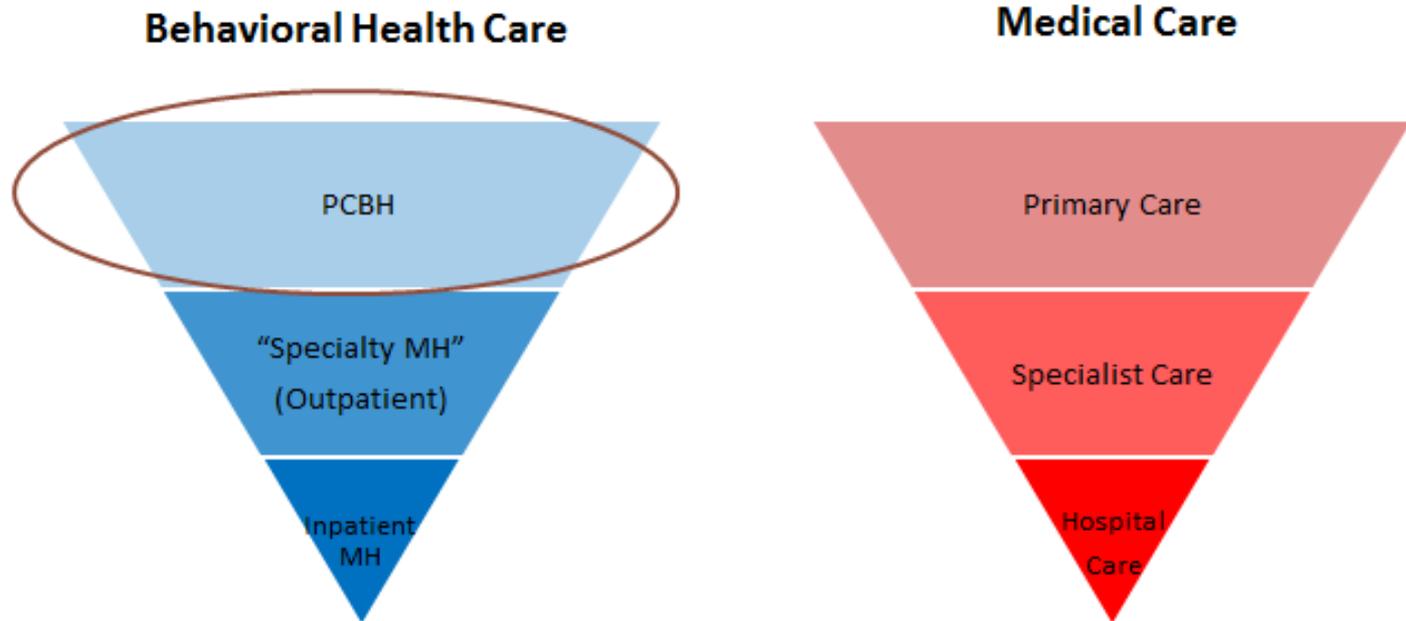


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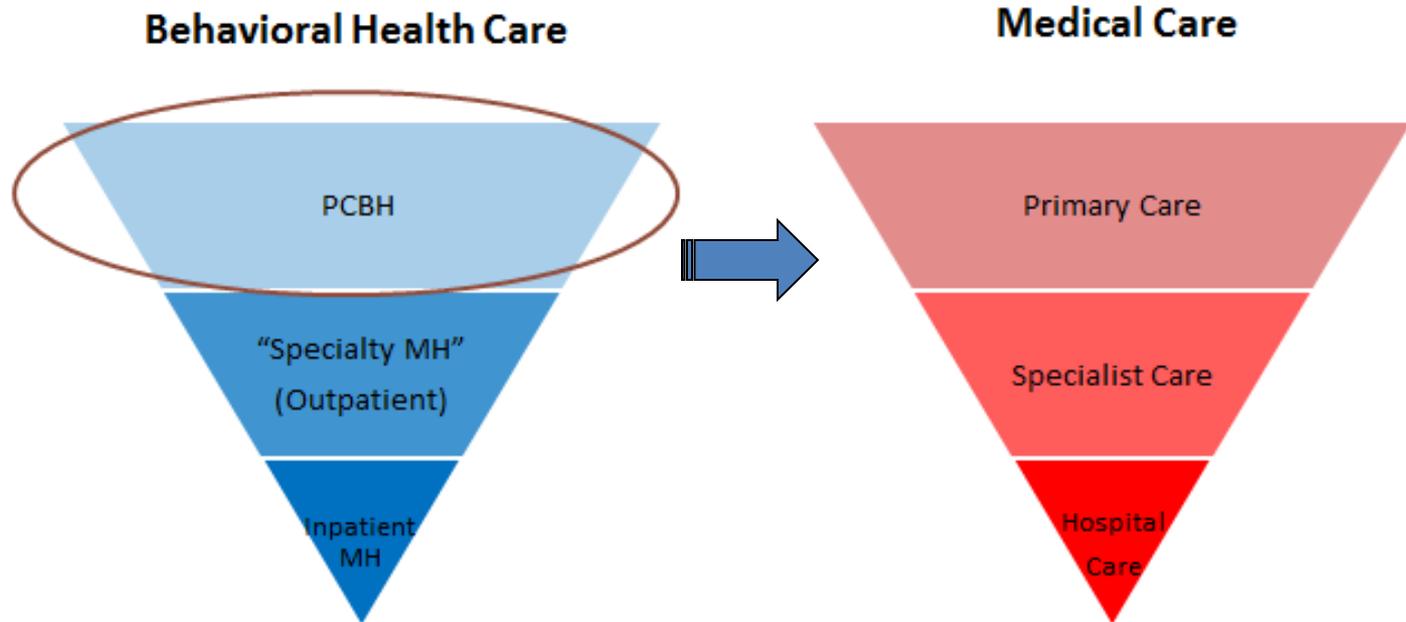
# Primary Care Behavioral Health: The logical solution

Population-based BH service delivery to match community need



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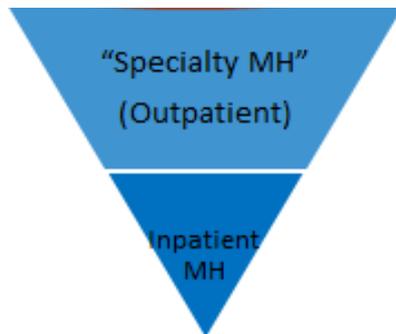
Population-based BH service delivery to match community need



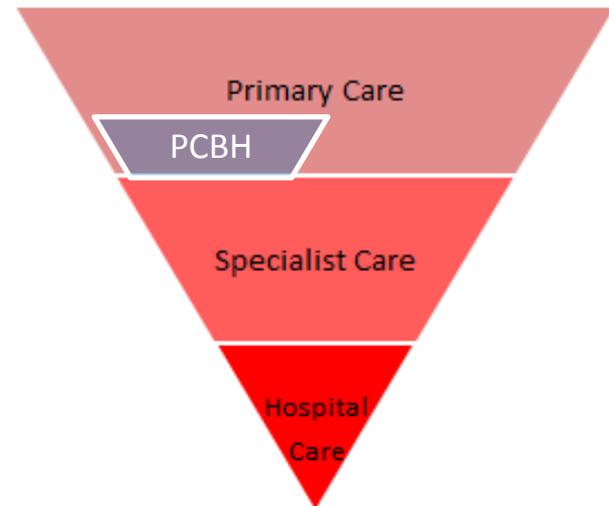
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## Behavioral Health Care



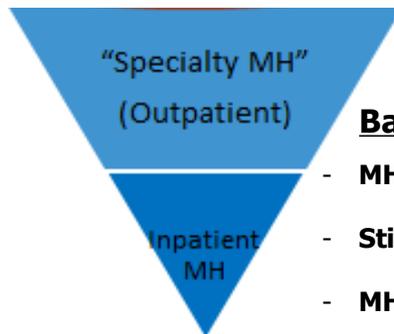
## "Health" Care



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Population-based BH service delivery to match community need

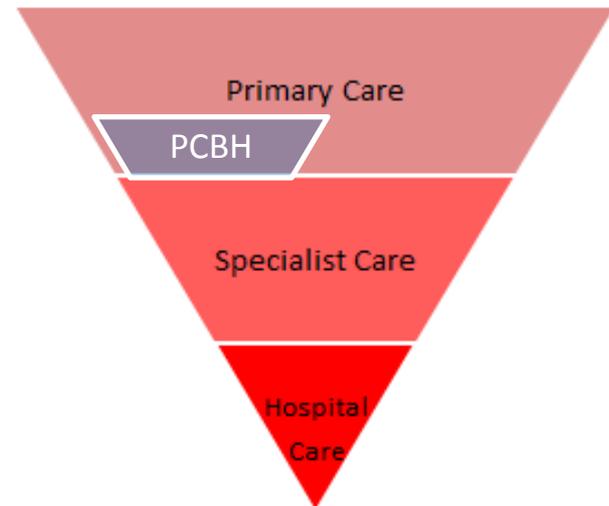
## Behavioral Health Care



### **Barriers**

- **MH Benefits?**
- **Stigma**
- **MH Process**
  
- **Poor information sharing**

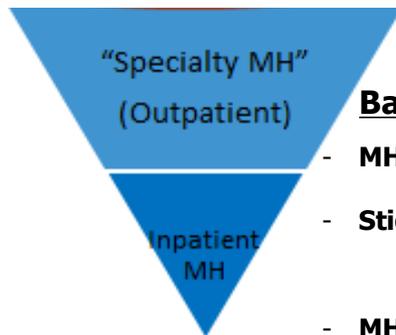
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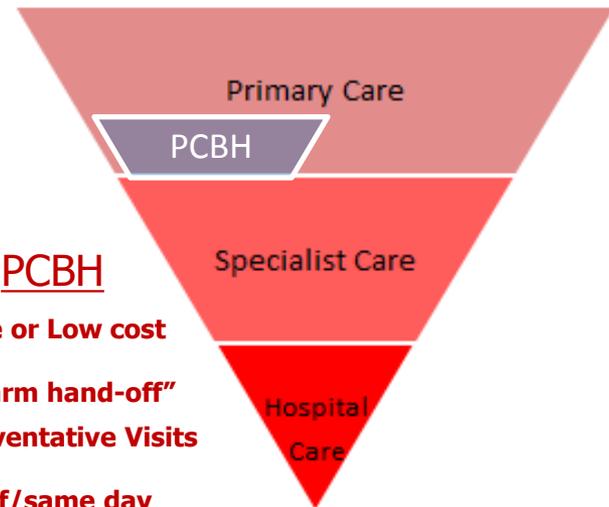
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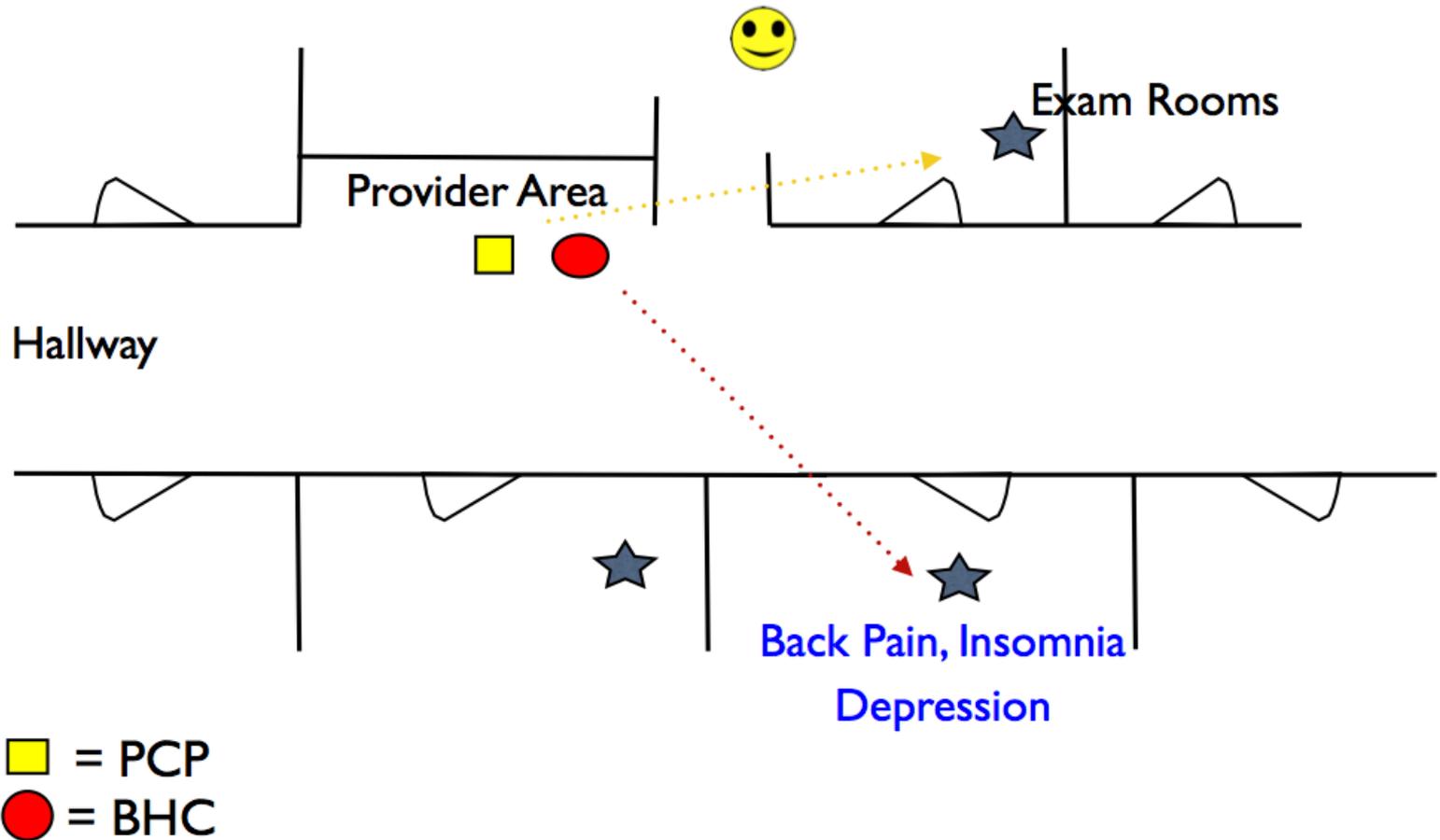
## "Health" Care



### **PCBH**

- **Free or Low cost**
- **"Warm hand-off"**
- **Preventative Visits**
- **Brief/same day intervention**
- **Short/episodic care**
- **Verbal consultation with care team**
- **Shared documentation in EMR**

# PCBH Workflow



# Does it Work?

- **Population Impact**

Our BHCs Average:

≈ 1300 Patient visits per year

≈ 800 Unique patients seen per year

≈ 8-12% of clinic population seen

- **Outcomes (PHQ-9, GAD-7, ORS)**

- 81% "Treatment Response" (1 measure/1 visit)

- 60% "Global Improvement" (2+ measures/ 1 visit)

- 88% "Sustained Global Improvement"

The Patient Perspective:

Dinorah Lopez