

News Release

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Increased emergency SNAP benefits continue in November

Need to know

- Most Oregonians who receive SNAP benefits will continue to receive increased emergency food benefits in November
- Find resources to meet your basic needs: Dial 2-1-1, or text your zip code to 898-211, www.211info.org
- [Oregon Department of Human Services COVID-19 help center](#)

(Salem) – Most Oregonians who receive Supplemental Nutrition Assistance Program (SNAP) benefits will receive emergency allotments in November.

The federal government has approved emergency allotments every month since March 2020. This gives SNAP recipients additional support during the COVID-19 pandemic.

In November, approximately 398,400 SNAP households will receive approximately \$63 million in extra food benefits in addition to their regular SNAP benefits.

“We are grateful to have the opportunity to provide emergency benefits to most SNAP households in Oregon,” said Dan Haun, director of the Oregon Department of Human Services (ODHS), Self-Sufficiency Program. “We also know that many Oregonians are still struggling to meet their basic needs due to the COVID-19 pandemic, and we encourage them to contact our partners at 211 and the Oregon Food Bank for support during this difficult time.”

Emergency allotments will be available on Nov. 11 for current SNAP households. New SNAP households will receive the emergency allotments Nov. 30 or Dec. 2.

SNAP recipients do not have to take any action to receive these supplemental benefits as they will be issued directly on their EBT cards.

More information about emergency allotments is available at <https://www.oregon.gov/dhs/ASSISTANCE/FOOD-BENEFITS/Pages/About-SNAP.aspx>.

Questions about your SNAP benefits should be directed to the ONE Customer Service Center at 1-800-699-9075.

If you are a SNAP household and your income or the number of people in your household has changed, it could impact your benefits. It is important to make sure ODHS has the most up-to-date information.

You can report any changes to your income or household in many ways:

- Online at: [ONE.Oregon.gov](https://www.oregon.gov/dhs/ASSISTANCE/FOOD-BENEFITS/Pages/About-SNAP.aspx)
- By mail at: ONE Customer Service Center, PO Box 14015, Salem, OR 97309
- By fax at: 503-378-5628
- By phone at: 1-800-699-9075 or TTY 711

Resources to help meet basic needs

- Find a food pantry: [foodfinder.oregonfoodbank.org](https://www.foodfinder.oregonfoodbank.org)
- Learn about government programs and community resources for older adults and people with disabilities: Aging and Disability Resource Connection of Oregon at 1-855-673-2372 or www.adrcforegon.org.
- Dial 2-1-1, or text your zip code to 898-211, www.211info.org
- [Oregon Department of Human Services COVID-19 help center](#)

Administered by ODHS, SNAP is a federal program that provides food assistance to approximately 1 million eligible, low-income families and individuals in Oregon, including many older adults and people with disabilities. Oregonians in need can apply for benefits, including SNAP, child care, cash assistance and Medicaid. Learn more at <https://govstatus.egov.com/or-dhs-benefits>. For local resources in your area, such as food or shelter, please call 2-1-1 or reach out to the state's Aging and Disability Resource Connection (ADRC) at 1-855-ORE-ADRC or 1-855-673-2372.

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