

## DSP Approved Core Competency

Below is a list of DSP Core Competency trainings that have been approved by ODDS to meet the annual training requirement as specified in [OAR 411-345](#). These trainings are available at iLearn.

iLearn: <https://ilearn.oregon.gov/Default.aspx>.

### Block A=4 CECs

It will take approximately 4 hours to complete all 8 training in Block A. Several of the trainings in this block are approximately 15 minutes long. All trainings must be completed in this block to get 4 CECs or 4 hours of training credit.

DHS-DD-DSP 104: Confidentiality Standards

DHS-DD-DSP 106: Dignity, Respect, and Person-Centered Language

DHS-DD-DSP 111: Medication Administration and Documentation

DHS-DD-DSP 108: Understanding Common, serious health risks

DHS-DD-DSP 127: Incident Report Requirements

DHS-DD-DSP 202: Preventing Abuse, Neglect, and Exploitation

DHS-DD-DSP 206: Supporting people to Increase Independence

DHS-DD-DSP 210: Introduction to employment services in Oregon

### Block B=8 CECs

It will take approximately 8 hours to complete all 17 trainings in Block B. Many of the trainings in this block are approximately 15 minutes long. All trainings must be completed in this block to get the 8 CECs or 8 hours of training credit.

DHS-DD-DSP 103: Basic Civil and Human Rights

DHS-DD-DSP 105: Understand the Complaint and Procedure and its uses for people you support

DHS-DD-DSP 109: Demonstrate Awareness of and Understand How to Maintain Adaptive Equipment

DHS-DD-DSP 113: Method of Non-Physical Intervention

DHS-DD-DSP 119: Demonstrate Ability to Properly Respond to Emergency Situations

DHS-DD-DSP 120: Basic Components of an ISP

DHS-DD-DSP 123: Guardianship and Health Care Representative

DHS-DD-DSP 203: Legal guardianships

DHS-DD-DSP 205: Understand the Importance of Self-Determination

DHS-DD-DSP 207: Supporting people to be productive citizens

DHS-DD-DSP 208: Support People to be Active Members of their Community

DHS-DD-DSP 209: Effective Communication Skills and Strategies

DHS-DD-DSP 212: Responding to Non-Emergency Changes in Health

DHS-DD-DSP 213: Responding to person to person or person to property incidents

DHS-DD-DSP 214: Maintaining Important Relationships/Importance of Belonging

DHS-DD-DSP 215: Basic Principles of Person-Centered Practices and Planning

DHS-DD-DSP 217: Documentation Standards