Choose the Right Mask for the Right Situation

Guidance for people with intellectual and developmental disabilities (I/DD) and those who support them.

**Cloth Face Covering**
Covers your mouth and nose. May help reduce spread of virus, prevent those with virus but no symptoms from passing it to others.

- **Required** that any agency staff providing care to people with I/DD wear cloth mask, face covering or surgical mask (see below). Strongly recommended for anyone providing direct care to people with I/DD.
- Can be homemade
- People with I/DD should wear a cloth mask or face covering when they go out in public, or if they are showing signs of illness
- **Not for use with COVID-19 positive individuals**

**Snug & Comfortable**
**Ties or Ear loops**
**Multiple layers**
**Able to be laundered/dried**

**Surgical Mask**
Minimum protection required for suspected or positive COVID-19 cases. Covers your mouth and nose. May help reduce spread of virus, prevent those with virus but no symptoms from passing it to others. May be used instead of a cloth mask or face covering when providing direct service to a person with I/DD.

**Snug & Comfortable**
**Ties or Ear loops**
**Multiple layers**
**Disposable**

**N95**
Ideal protection required when working with an individual suspected or positive for COVID-19 in any setting.

- Identified by having “N95” stamp
- Follow OSHA guidance for fit testing
- Must be used for aerosolizing procedures for anyone who has COVID-19

**Other Personal Protection**
Those working with people with I/DD who have COVID-19 or in environments where the disease is present may have a safety plan that includes other PPE like gloves and goggles.

Remember: Wash or sanitize your hands before touching your eyes, nose or mouth.

May 21, 2020