



Oregon

Kate Brown, Governor

Department of Human Services
Office of Developmental Disabilities Services
500 Summer St. NE E-09
Salem, OR 97301-1073
Voice: 503-945-5811
Fax: 503-373-7274
TTY: 800-282-8096

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The most important thing to the Office of Developmental Disabilities Services is your safety, health and well-being.

We have information that one of your caregivers or housemates may be sick with COVID-19, a virus that can cause someone to become very sick. We feel it is important for us to tell you this.

Call your doctor to tell them about this notice and ask them what to do, especially if you are not feeling well. Please do not go to the doctor's office without calling first.

If you want to learn about how not to get sick, or what you can do if you don't feel well, you should watch our YouTube video. Search ODDS COVID-19 Info on YouTube or go to: <https://youtu.be/Ikb0awBbSZQ>

You can also find a lot of information here: <https://www.oregon.gov/DHS/SENIORS-DISABILITIES/DD/ODDS%20Resource%20Library/Additional-Covid-Resources-People-with-Disabilities.pdf>

Please call your Services Coordinator or Personal Agent if you have questions or need help with your supports.

Sincerely,