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July 22, 2022

To: All ODDS staff and partners
From: Lilia Teninty, Director, Office of Developmental Disabilities Services
Subject: Resources for extreme heat

According to the National Weather Service, many parts of Oregon are expected experience extreme heat beginning Monday, July 25, and lasting through the week. Highs are expected to reach dangerous levels, including up to 105 in parts of southern, central and eastern Oregon, and 100 in the Portland area and Willamette Valley.

The Office of Developmental Disabilities Services (ODDS) wants to make sure people with intellectual and developmental disabilities (I/DD) and their families are safe during this time. Case management entities (CMEs) and providers should check in with individuals in services and make sure people are safe and comfortable, and if not, assist the person to get to a cooling center or another location in accordance with your emergency plans.

CMEs should follow their emergency plans related to heat and possible power outages. CMEs also should communicate with their local emergency operation centers in case of an emergency. The contact information for local emergency centers is [online](#).

Personal support workers can transport individuals to cooling stations and stay with them during the process, if needed. This may mean a temporary increase in hours and mileage. Both are pre-approved and can be authorized via email. Email the ODDS Funding Review team at odds.fundingreview@odhsoha.oregon.gov if hours go beyond what can be approved by the CME.

Other resources include:

- [Preventing Heat-related Illnesses \(OHA\)](#)
- [Extreme Heat \(CDC\)](#)
- [Warning Signs and Symptoms of Heat-related Illness \(CDC\)](#)
- [211 tool for finding local cooling centers](#)

Sincerely,

A handwritten signature in black ink, appearing to read "Lilia". The signature is fluid and cursive, with a large loop at the beginning.

Lilia Teninty
Director
Office of Developmental Disabilities Services

*Previous ODDS Director's Messages are available
at [http://www.oregon.gov/DHS/SENIORS-
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