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Sept. 8, 2022

To: All ODDS participants, partners and staff
From: Lilia Teninty, director, Office of Developmental Disabilities Services
Subject: Monkeypox awareness

Oregon Health Authority (OHA) recently [declared an outbreak of hMPXV disease](#), commonly known as monkeypox. This is a concern, because anyone can get monkeypox. Here are some resources to assist you.

National resources

According to the [Centers for Disease Control and Prevention \(CDC\)](#):

- Monkeypox is a disease that can cause flu-like symptoms and a rash.
- Human-to-human transmission of monkeypox virus occurs by direct contact with lesions or infected body fluids, or from exposure to respiratory secretions during prolonged face-to-face contact.
- A person is considered to be infectious until there is full healing of the rash with formation of a fresh layer of skin.

The [\(CDC\) monkeypox website](#) has a number of resources in English and [Spanish](#) including [guidance for congregate living facilities where monkeypox is present](#).

Oregon resources

To stay up to date about monkeypox in Oregon, [go to the OHA monkeypox website](#). OHA provides:

- English and Spanish resources.
- Treatment guidance.
- Testing and vaccine information.
- Current case counts in Oregon.

- OHA updates.
- Information for partners including Tribal and local public health, health care providers and community partners.

Questions and if you're feeling sick

If you're feeling sick and notice [new rashes and symptoms](#), avoid close skin-to-skin contact, talk to your health care provider or call 211.

Please direct questions about monkeypox to your health care provider.

Sincerely,

A handwritten signature in black ink that reads "Lilia". The signature is fluid and cursive, with a large loop at the beginning of the word.

Lilia Teninty
Director
Office of Developmental Disabilities Services

Previous ODDS Director's Messages are available at <http://www.oregon.gov/DHS/SENIORS-DISABILITIES/DD/Pages/messages.aspx>

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