

Knowing Your Rights during COVID-19: ODDS List of Resources

If you need help because you believe you are not receiving adequate care based on your disability, and you believe your rights may have been violated, you can contact your services coordinator or personal agent, or the following:

Oregon Bureau of Labor and Industries, Civil Rights Division:

<https://www.oregon.gov/boli/CRD/pages/index.aspx>

Health and Human Services Office for Civil Rights:

<https://www.hhs.gov/ocr/complaints>

Oregon Medical Board: You can file a complaint here:

<https://www.oregon.gov/OMB/Investigations/Pages/How-to-File-a-Complaint.aspx#:~:text=If%20you%20have%20a%20question,complaint%20information%20through%20e%2Dmail.>

Advance Directive: You can find an advance directive online for free

at: <https://www.oregon.gov/oha/HSD/OHP/Pages/Forms.aspx>

Appointing a Health Care Representative (Alternative to Advance Directive):

<https://static1.squarespace.com/static/5995c457d482e90a1ff3bd4a/t/5e34cd8a2eda975271f470f6/1580518794396/WINGS+++Health+Care+Rep.pdf>

Oregon POLST™: <https://oregonpolst.org/>. On this website you will find numerous resources including a copy of a POLST form and a guidebook for the use of the POLST with persons with disabilities who are near the end of their life:

<https://static1.squarespace.com/static/52dc687be4b032209172e33e/t/5f283100885c1c045abad9cd/1596469514312/POLST+for+DD+2020+rev.+v7.2+08.03.2020.pdf>.

Disability Rights Oregon, COVID-19 resources:

<https://www.droregon.org/covid-19-resources>

Oregon Health Authority Non-Discrimination Guidance:

<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le2288R.pdf>

Oregon Self-Advocacy Coalition and OHSU's Center of Excellence in Developmental Disabilities: Taking Charge of My Health Care Toolkit.

<https://www.ohsu.edu/oregon-office-on-disability-and-health/taking-charge-my-health-care>

Coalition for Compassionate Care of California resources, including guide to Supporting and Improving Healthcare Decision-Making and End-Of-Life Planning for People with Intellectual and Developmental Disabilities: <https://coalitionccc.org/tools-resources/people-with-developmental-disabilities/>

ODDS Sample Tool for Documenting Medical Treatment Preferences: <https://www.oregon.gov/dhs/SENIORS-DISABILITIES/DD/ODDS%20Resource%20Library/Sample-Form-Preferences-Medical-Treatment.docx>

Your Right to Direct Your Health Care Needs from Wisconsin's Department of Health Services:

<https://www.dhs.wisconsin.gov/publications/p6/p62025.pdf>

Stony Brook University guidance on Preparing Individuals with Intellectual/Developmental Disabilities for Medical Treatment at Hospitals:

<https://you.stonybrook.edu/disabilitycovid19forms/2020/04/08/preparing-individuals-with-intellectual-developmental-disabilities-for-medical-treatment-at-hospitals/>

Communication First Rights Toolkit:

<https://communicationfirst.org/covid-19/>

Patient-Provider Communication Forum, with the support of the United States Society of Augmentative and Alternative Communication (USSAAC):

<https://www.patientprovidercommunication.org/>

Safeguarding Against Disability Discrimination During COVID-19:

<https://www.ucucedd.org/wp-content/uploads/2020/04/Center-for-Dignity-in-Health-Care-fact-sheet-on-rights-for-people-with-disabilities.pdf>