

Choose the Right Mask for the Right Situation

Guidance for people with intellectual and developmental disabilities (I/DD) and those who support them.



Cloth Face Covering

Covers your mouth and nose. May help reduce spread of virus, prevent those with virus but no symptoms from passing it to others.

- **Required** that any staff (who do not live with the supported person) providing care to people with I/DD wear cloth mask or surgical mask (see below). Spit guards are not an acceptable face covering.
- Can be homemade
- People with I/DD should wear a cloth mask or face covering when they go out in public, or if they are showing signs of illness
- **Not for use with COVID-19 positive individuals**



Snug & Comfortable



Ties or Ear loops



Multiple layers



Able to be laundered/dried



Surgical Mask

Minimum protection required for suspected or positive COVID-19 cases. Covers your mouth and nose. May help reduce spread of virus, prevent those with virus but no symptoms from passing it to others. May be used instead of a cloth mask or face covering when providing direct service to a person with I/DD.



Snug & Comfortable



Ties or Ear loops



Multiple layers



Disposable



N95

Ideal protection required when working with an individual suspected or positive for COVID-19 in any setting.

- Identified by having “N95” stamp
- Follow OSHA guidance for fit testing
- Must be used for aerosolizing procedures for anyone who has COVID-19



Other Personal Protection

Those working with people with I/DD who have COVID-19 or in environments where the disease is present may have a safety plan that includes other PPE like gloves and goggles.

Remember: Wash or sanitize your hands before touching your eyes, nose or mouth.