



Autism Treatment Benefit and Applied Behavior Analysis

The Nitty Gritty Basics Every Case Manager Should Know

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Services Office of Developmental Disabilities Services



Autism Treatment Benefit

Implemented January 1, 2015

Requires Medicaid and Private Insurance Companies to provide “Medically Necessary” Autism Treatment.

Applied Behavior Analysis is a nationally recognized form of Autism Treatment



Medical Necessity

- Is determined by a physician or psychologist who has experience with autism.
 - Based on a clinical determination of autism – as used for DD eligibility.
 - Educational determination only does not qualify
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Applied Behavior Analysis

Utilizes evidence based practices – nationally recognized standards.

Some of the practices used under the ABA umbrella may be similar or the same as those utilized by ODDS behavior consultants.

ABA can be used to treat other conditions , but the autism treatment benefit requires the individual to meet eligibility criteria as determined by the physician or psychiatrist.

ODDS does not pay for or deliver ABA services, the benefit is covered under the individuals medical coverage.

Autism Treatment (ABA) and Behavior Consultation

A side by side comparison

	Autism Treatment	Behavior Consultation
Funding Source	OHP or Private Insurance	Medicaid – K Plan
Determination of Need	Referral to CCO from physician or psychiatrist with ASD experience based on the medical necessity of the individual.	Need determined through functional needs assessment with ISP team discussion and approval.
Support Determined	Through assessment provided by a Board Certified Behavior Analyst (BCBA)	Through authorization of initial functional behavior assessment which determines need for formal behavior supports or interaction guidelines
Length of Service	Time limited. Up to 20 - 40 hours per week of direct treatment for usually 3-6 months. Supports fade over time based on ongoing assessment of efficacy of treatment.	Based on the assessed needs of the individual- may be short term (interaction guidelines) or long term – not disability specific
Plan Development	BCBA develops the treatment plan	Qualified Behavior Consultant completes FBA/ BSP – interaction guidelines
Plan Implementation	A BAI under supervision of a BCBA or a BCBA provides direct 1:1 treatment to the individual.	BC develops and trains to the plan, which is implemented by a supporting agency or PSW.
ADL/ IADL supports	1:1 CAS may provide some incidental ADL/ IADL supports as determined in the treatment plan.	Provided during behavior intervention / implementation of BSP.
Provider Qualifications	BCBA – Master level degree BCBA-D – Doctorate level Licensed by Behavior Analysis Regulatory Board BAI – Certified by the Oregon Health Licensing Office – under the supervision of a BCBA	OAR 411-330-0070 (6)



Autism Treatment (ABA) and Behavior Consultation A side by side comparison

Notes:

- Autism treatment is most effective in younger children but there is no age limit on the benefit – must meet **medical necessity**.
- ABA screener will ask if individual has DD services or behavior supports in place requires clear coordination as some ABA methods are not part of ODDS approved interventions.
- A behavior consultant may have the credentials to provide autism treatment; however behavior consultation is NEVER to be used for this purpose.
- A BCBA or BAI may meet the criteria as a BC – but may not provide ABA as a BC. Would need to get PEAA and enroll to deliver K plan behavior consultation services.
- BCBA = Board Certified Behavior Analyst Masters Level
- BCBA-D = Board Certified Behavior Analyst Doctorate Level
- BAI = Behavior Analyst Interventionist
- ABA training for family members may be provided during treatment or not as determined in the individual's treatment plan.



Behavior Supports Across Systems

Individuals can access behavior supports in many ways and under different funding sources.

School, can provide ABA and behavior interventions for the purposes of supporting the individual in the educational setting.

Individuals may receive mental health services that also address behavioral concerns.

CCO's approve funding for ABA medically necessary treatment

ODDS may approve funding for behavior supports to be provided in the home or community, as based on individual need identified in the ISP.



Behavior Supports Across Systems

An individual may receive a combination of supports that may or may not include mental health services, educational supports, autism treatment and behavior consultation.

PLANNING IS EVERYTHING!

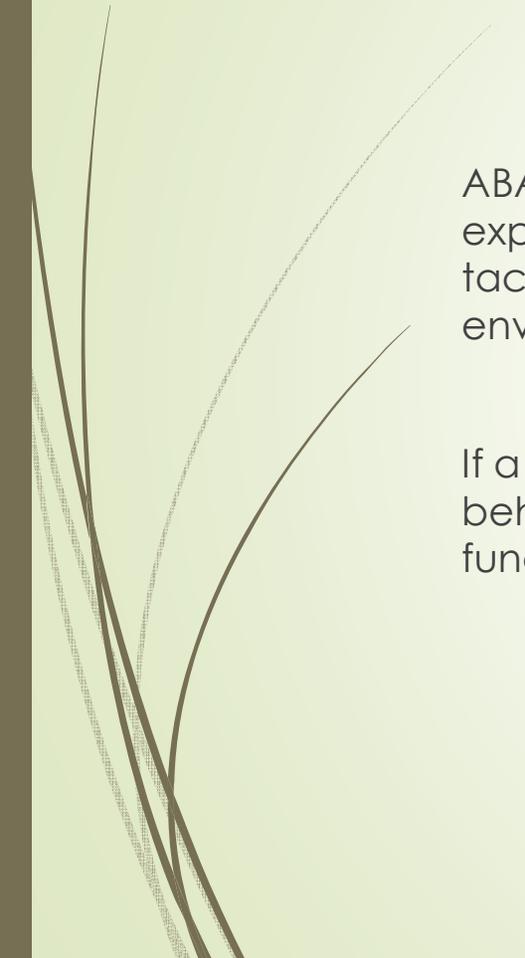
When an individual is approved for the autism treatment benefit, the screening therapist will ask the individual if they are receiving the above services to assure coordination across systems and environment.

Coordination assures:

- avoidance of any interventions that are at cross purpose, or are not ODDS approved
- appropriate planning to assure ongoing interventions that may be used are reflected in a BSP or interaction guidelines, if treatment is no longer needed, but maintenance supports are. All interventions must meet ODDS standards.



ABA or Behavior Supports



ABA treatment is medically approved by a physician and individuals typically experience a high level of self injurious behavior, or other activity such as tactile stimulation that prevents the individual from interacting with their environment.

If a person does not have those significant needs but exhibits challenging behavior then ODDS funding may be appropriate based on the individuals functional needs assessment.



Access Issues

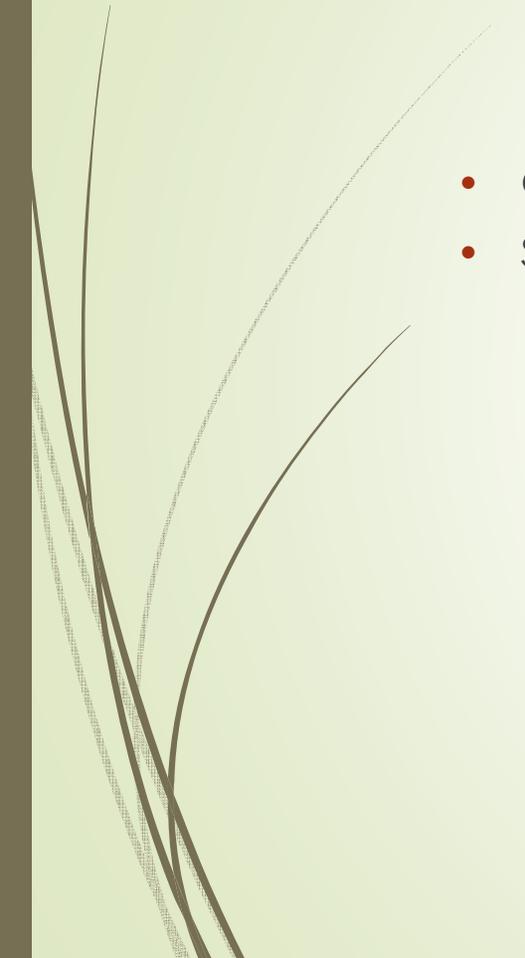
Statewide effort for workforce development to increase provider capacity.
Geographical barriers may exist due to limited provider capacity.

* Medical transportation may be needed for access

Unlike ODDS behavior consultation, individuals are referred to a clinician by their doctor instead of direct interview with family or individual to select a behavior consultant.



Final Discussion

- Questions and Answers
 - Shared Experiences – positive or not so much
 - Access issues
 - Family / individual satisfaction
 - What's working and What's Not
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Thank You For Participating!!!

