

**Transition Checklist for Individuals discharging from the Oregon
State Hospital**
(update 3/16/2021)

**FOR USE IN TRANSITION COORDINATION BETWEEN OSH SOCIAL WORKER
AND CME STAFF.**

OSH DISCHARGE CHECKLIST (*needed 30 days prior to release/discharge*)

- Benefits (if not already available or on file)
 - Social Security- re-apply- up to 120 days prior to *discharge (discussed during IDT meetings?)*
 - Oregon Health Plan application and selection of CCO/MH
- Birth Certificate (not required for .370 admissions)
- Social Security Card (not required for .370 admissions)
- Immunization forms
 - (OSH can administer specific tests to determine specific immunizations; PPD – to see if there is active TB. Done at discharge. Will provide copies)
- DME needs and orders
 - If OHP/CCO denies a DME item or items necessary for discharge, Social Worker asks case manager about eligibility for 1915(k) Diversion Transition funding availability
 - *OSH Utilization Managers - will be coordinating DME. UM's will ensure that patients leave with what they need, then coordinate cost over to CCO*
- Physical exam results within the last 90 days.*
- Physicians orders for all medication needs (14-30 days of medication and script for prescription)*
 - *.370 gets 3 days of medication and pharmacy card for another 30 days of medication after leaving jail (jails responsible for administration of medication while they are in jail)*
- Any psychotropics injections?*
 - *OSH to administer psychotropic injection prior to discharge.*
 - *Urgent care is location for injections if no prescriber available at time of next need*
 - *Discuss during IDT meeting who and how this will be arranged and coordinated*
- Prescribing physician and appointment
 - May be at a walk-in clinic rather than specific date/time

- Medication
 - .370 = 3 days medication (bottle of pills) and card for refill (additional 14 days medication)
 - If they are leaving for another reason it is 30 days.
 - Discharging physician prints avatar prescription list. Prescriber and SW work together to figure out the number of days the prescription is needed for. Discussion must occur prior to asking physician for release prescriptions.
- Mental Health appointment scheduled?
 - May not be specific date/time appointment but rather at an open clinic