

THE ROLE OF THE LICENSING BOARD IS TO:

Protect Consumers:

- The state of Oregon has a Board of Examiners. The Board regulates Licensed Dietitians.
- The Board answers to the public about the practice of dietetics by Licensed Dietitians.
- The Board receives and investigates complaints.

Enforce National Education Standards:

- The Licensed Dietitian must have a Bachelor's Degree in Dietetics.
- The Licensed Dietitian must have passed the National Dietetics Exam regulated by The Commission on Dietetic Registration (CDR).
- The Licensed Dietitian must have been through a Dietetic Internship program.
- The Licensed Dietitian must continue to learn through education programs approved by the CDR.

Enforce Ethical Standards:

- The Licensed Dietitian follows a code of ethics and standards of practice.

How to find a Licensed Dietitian

OREGON BOARD OF EXAMINERS
OF LICENSED DIETITIANS:

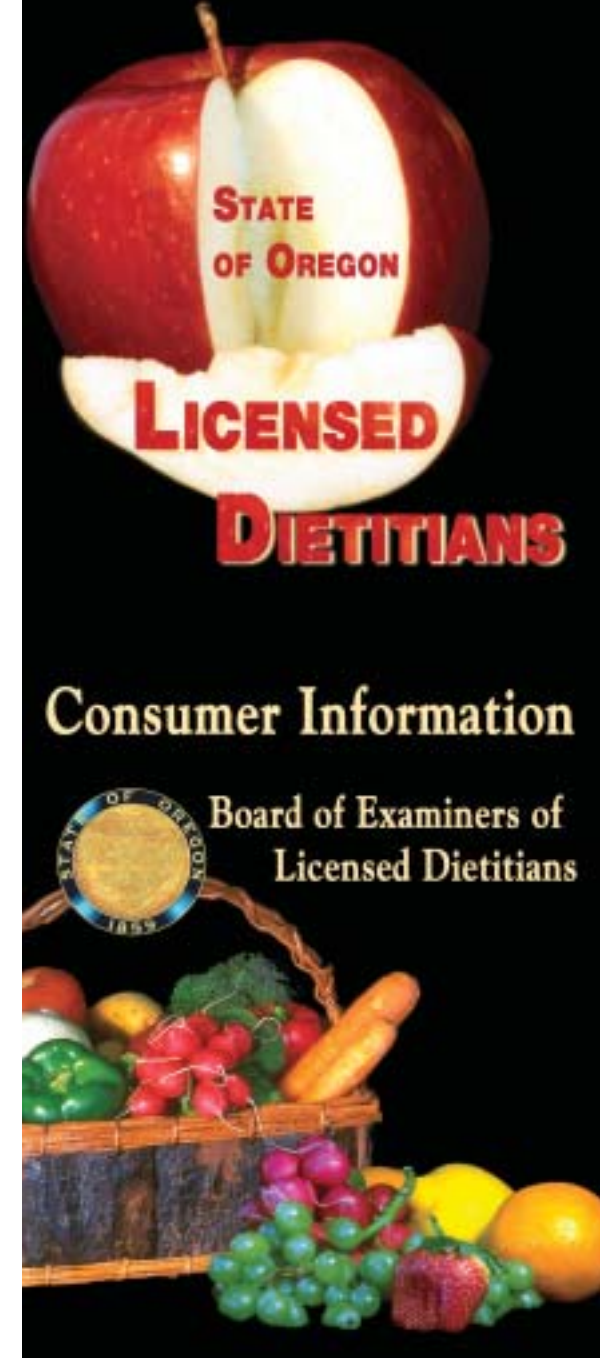
www.bld.state.or.us

Your local contact:



Website: www.bld.state.or.us
(971) 673-0190

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REASONS TO CONSULT A LICENSED DIETITIAN

Credibility:

- The Licensed Dietitian is educated.
- The Licensed Dietitian is experienced.
- The Licensed Dietitian is recognized as a qualified expert in food and nutrition by:
 - The State of Oregon.
 - The professional medical community.
 - The Medicare system. Diet counseling for diabetes and kidney disease must be provided by a Licensed Dietitian who is also a registered Medicare provider.

Expertise:

- The Licensed Dietitian helps you with life's changing nutritional needs. These include the dietary needs of childhood, pregnancy and the senior years.
 - The Licensed Dietitian works with your doctor to help you with your nutrition.
 - The Licensed Dietitian gives you hands-on tips for shopping, cooking and eating for good health.
- The Licensed Dietitian helps you use diet to manage: cancer, diabetes, obesity, heart disease, eating disorders, food allergies, intestinal and kidney problems.
- The Licensed Dietitian helps you sort diet and nutrition facts from fiction.
- The Licensed Dietitian manages food and nutrition services in hospitals, schools, government agencies and the food industry.

Consumer Safety:

- The job of the Board of Examiners of Licensed Dietitians is to protect the public.
- **The Licensed Dietitian (LD) is the only nutrition professional licensed by the State of Oregon.** This protects the consumer.
- Persons called **nutritionists**, even those called **licensed** or **certified nutritionists**, are not licensed by the State of Oregon. The consumer is not protected.
- You may file a complaint if you think you have received harmful nutrition advice.
- Use the Licensed Dietitian Board's website to:
 - Find a Licensed Dietitian.
 - Find information on nutrition services and products.
 - Avoid dangerous, expensive or misleading nutrition advice.
 - File a complaint.



*Licensed Dietitians
do make a difference.
They give you sound
advice about good
nutrition.*

**OREGON BOARD
OF EXAMINERS
OF LICENSED DIETITIANS**
800 NE Oregon Street,
Suite 407
Portland, OR 97232

Phone:
(971) 673-0190

Website:
www.bld.state.or.us

